



## **Advisory Board**

**Pre-meeting**

**March 3, 2009**

**12:15 - 1:00**

**Presented by**

**Training Resources in Partnership (T.R.I.P.)**

## MEMORANDUM

DATE: February 23, 2009  
TO: NSMHA Advisory Board  
FROM: Chuck Benjamin, Executive Director  
RE: March 12, 2009 Board of Director's Agenda

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Please find for your review the following that went before the NSMHA Board of Directors at the February 12, 2009, meeting.

***NOTE:*** At the time of packet creation there were no items available for the memorandum. If anything comes forth prior to the meeting, a revised memorandum will be available at the meeting.

cc: Charles R. Benjamin  
County Coordinators  
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
ADVISORY BOARD MEETING**

**Agenda**

**March 3, 2009**

**1:00 PM**

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the February 2009 Meeting Minutes, Chair – 5 minutes
4. County Coordinator Report
5. Ombuds Report
6. Comments from the Public –5 minutes
7. Correspondence and Comments from the Chair – 5 minutes
8. New Business:
  - a. *bridgeways* Open House for Sparrow House, March 19, 2009, from 3:00 – 6:30 pm
  - b. Regional Crisis Public Relations Plan
9. Monthly Committee Reports
  - a. Executive Director's Report – Chuck Benjamin – 5 minutes
  - b. Finance Committee – Mary Good – 5 minutes
  - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
  - d. QMOC Report – Mary Good – 5 minutes
10. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
  - a. Consent Agenda
  - b. Action Items
  - c. Introduction Items
11. Comments from County Advisory Board Representatives – 15 minutes
  - a. Island
  - b. San Juan
  - c. Skagit
  - d. Snohomish
  - e. Whatcom
12. Comments from Public – 5 minutes
13. Other Business
14. Adjournment

NOTE: The next Advisory Board meeting will be April 7, 2009, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)  
MENTAL HEALTH ADVISORY BOARD**

**February 3, 2009**

**1:00 to 3:00**

<b>Present:</b>	Mary Good, Otis Gulley, Terry Ann Gallagher, Candace Trautman, Andrew Davis, James Mead, Marie Jubie, Mary Ann Slabaugh, Arthur Jackson, Russ Sapienza and Charles Albertson
<b>Excused Absence</b>	
<b>Absent:</b>	Catherine Ellis, Darcy Hocker and Joan Lubbe
<b>Staff:</b>	Chuck Benjamin and Rebecca Pate
<b>Guests:</b>	Judy Mead, Mark Gallagher, Chuck Davis and Susan Lange

***MINUTES***

<b><i>TOPIC</i></b>	<b>DISCUSSION</b>	<b><i>ACTION</i></b>
<b>CALL TO ORDER, INTRODUCTIONS</b>		
Chair Davis	Andrew called the meeting to order at 1:02 pm and introductions were made. The pre-meeting presentation was done by Sea Mar.	Informational
<b>REVISIONS TO THE AGENDA</b>		
Chair Davis	Andrew added the combination of Finance/Executive Committee and meeting time. Russ suggested regarding representation to Olympia. Andrew questioned the mention by Otis regarding ghost writers.	Informational
<b>APPROVAL OF MINUTES</b>		
Chair Davis	The December minutes were reviewed. James made a motion to approve the minutes as amended, James seconded and motion carried with one abstention.	Informational  Motion carried
<b>COUNTY COORDINATOR REPORT</b>		
Rebecca Clark	Rebecca gave her report from all the counties.  <i>San Juan</i> She said Maryanne Slabaugh has returned to San Juan and was appointed to the NSMHA Advisory Board. They will start collecting the 1/10 revenues on April 1 <sup>st</sup> . They are working on transitioning the oversight of the process to our Advisory Board per our agreement with the County Council. Their plan out of the gate is to work with the schools to provide mental health services to children and provide mental health services to the uninsured. San Juan has the highest rate of uninsured people under age 65 of all counties in the state (30%).  <i>Snobomish</i>	Informational

	<p>They are getting together member for a Chemical Dependency/Mental Health Program Advisory Board to serve in an advisory capacity regarding implementation and use of the 1/10 sales tax. The Board will include representation from the Mental Health Advisory Board, Alcohol and Drug Abuse Advisory Board, Council of Aging, Children’s Commission, Veteran’s Assistance Fund Executive Board, County Jail, Superior Court, provider of chemical/drug dependency or mental health services to individual clients and law enforcement. Individual Boards will be providing names of their representative to the Human Services Director.</p> <p><i>Island</i> They opened their transitional housing program for folks with a mental illness or substance abuse issue who are coming out of jail, prison, or treatment facility. They have three people in the program so far. They are hiring 5.5 Mental Health Professionals for their school based mental health program. This is one of our programs funded by the 1/10 money. They should have it all in place by mid-February.</p> <p><i>Whatcom</i> They will hold a Stakeholder’s Forum February 24<sup>th</sup> at St. Luke’s Educational Center to complete the assessment of need for the 1/10 of 1% sales tax. They are sending out invitations with the date and time. The Mental Health and Substance Abuse Advisory Boards continue to hold joint monthly meetings to improve communication and partnering and develop mutual priorities.</p> <p><i>Skagit</i> We have moved to our new office at 309 S. 3<sup>rd</sup> Street, Mount Vernon. We organized a meeting of stakeholders to discuss need for a protocol to respond to community mental health crises. Approximately 29 people attended from a variety of agencies. We will meet again in March to continue planning. We are beginning discussion with NSMHA and providers in response to requests from Anacortes community members to locate services there.</p> <p>Rebecca mentioned discussions have been held through a mental health crisis meeting to coordinate a central point of contact for consumers when a crisis occurs in the region.</p> <p>Rebecca was thanked for her report.</p>	
<b>OMBUDS REPORT</b>		

<p>Chuck Davis Susan Lange</p>	<p>Chuck and Susan provided the Ombuds snapshot for January and February.</p> <p>Susan mentioned they are working with an Opportunities Industrialization Centers (OIC) person to translate brochures and information into Spanish for distribution. Chuck added the OIC person is being set up today with a desk and computer to assist in handling/translating Spanish voice mails.</p> <p>Susan and Chuck stated they are working at being a viable presence at every clubhouse for easy access to consumers.</p>	<p>Informational</p>
<p><b>COMMENTS FROM THE PUBLIC</b></p>		
<p>Chair Davis</p>	<p>Andrew asked if there were any comments from the public and Otis mentioned crisis occurring in the news lately. Otis stated he mentioned a program called Snap and would like to see something similar through public service announcements to make the public aware of available services. He added he is currently under Group Health through his wife’s insurance and commended them regarding their services.</p> <p>Terry Ann thanked Marie for doing an excellent job of coordinating individuals for NAMI Day in Olympia.</p>	<p>Informational</p>
<p><b>COMMENTS AND CORRESPONDENCE FROM THE CHAIR</b></p>		
<p>Chair Davis</p>	<p>Andrew appointed Marie Jubie as the Parliamentarian for the Finance/Executive Committee. Andrew asked Otis, Mary and Charles to serve on this committee and they accepted.</p> <p>Andrew will also request Snohomish and Whatcom Counties to appoint new members to fill the vacancies on the NSMHA Advisory Board. He requested Marie to ask for volunteers from Snohomish County.</p> <p>Otis requested having the ladies regarding employment services through Compass Health come and conduct a pre-meeting presentation. Otis said Nancy Clark is one of these individuals. Otis made a motion to invite Nancy and her peer come do a pre-meeting for April, seconded and motion carried.</p> <p>It was requested to have Compass Health come in April and Sandy in May with Tribes in June. James made a motion that the above mentioned pre-meeting schedule be accepted, Arthur seconded and motion carried.</p>	<p>Informational</p> <p>Motion carried</p> <p>Motion carried</p>
<p><b>NEW BUSINESS</b></p>		
<p>Chair Davis</p>	<p>Andrew introduced MaryAnn Slabaugh as a new</p>	<p>Informational</p>

	<p>member from San Juan County. She was a former member but moved out of region and has now returned.</p> <p>Andrew requested a site visit to Sea Mar in Bellingham. Arthur made a motion to conduct a site visit to Sea Mar, seconded and motion carried. Marie suggested not on a Wednesday.</p> <p>Otis commended Walmart for their efforts in assisting him in filling out a job application. Otis made a motion that the chair draft a letter via Margaret in assisting a person with a disability with a job application, Terry Ann seconded and motion carried with one abstention by Marie.</p>	<p>Motion carried</p> <p>Motion carried</p>
<b>MONTHLY COMMITTEE REPORTS</b>		
	<b>Executive Director’s Report</b>	
<p>Chuck Benjamin</p>	<p>Chuck said his report will be centered on the budget cuts of \$1.45 million by June of this year and potential \$1 million dollar cuts in future years. He mentioned NSMHA has conducted a stakeholders meeting to review these cuts and how they will impact providers. He reviewed services the state has said NSMHA can/cannot cut. He stated he is recommending Medicaid B3 funding not be cut. He reviewed the financial spreadsheet utilized to prioritize budget cuts. He added it will be up to NSMHA to take these recommendations and use them as a guide in proposing the revised budget and future budgets. He added more cuts may come forth in March that will affect these proposed cuts in April – June. He mentioned there will be at least one other stakeholder meeting to inform them regarding upcoming changes. Chuck added there is a document in members folders that describe the programs mentioned in the spreadsheet.</p> <p>Chuck said NSMHA is the only Regional Support Network (RSN) that currently requires a Child Mental Health Specialist (CMHS) conduct an assessment on a child; however, with the proposed budget cuts NSMHA will probably have to revert back to having Designated Crisis Responders (DCR) respond to child requests for assessment.</p> <p>Chuck affirmed this is sad news but expects more to come in the future with the economic situation. He knows there will be impacts to the region but assured the members the region will work together to make these impacts as seamless as possible for our providers and consumers.</p>	<p>Informational</p>

	<p>Chuck added the Secure Detox Facility has been ordered to close by Department of Alcohol and Substance Abuse (DASA) no later than February 26<sup>th</sup>. He added it was only one of two in the state.</p>	
	<p><b>Finance Committee</b></p>	
Mary Good	<p>Mary gave the Finance Committee report. She added the committee made a motion to approve the expenditures. A motion was made to accept this motion and move the expenditures forward to the Board of Directors, seconded and motion carried.</p>	<p>Informational</p> <p>Motion carried</p>
	<p><b>Executive/Agenda Committee</b></p>	
Andrew Davis	<p>Andrew said the Executive Committee made a motion to request a site visit to Tulalip and/or Lummi health clinic. A motion was made to accept, seconded and motion carried.</p> <p>A motion was brought forth from Executive Committee to combine Finance and Executive Committees together and meet from 10:30 – 12:00. Charles said this was an excellent choice. Andrew requested acceptance of this motion, seconded and motion carried. Otis volunteered to serve on this committee.</p> <p>The committee also made a motion that rollover funds be submitted as the 5.42% budget cut and the 2009 budget remain \$28,950. A motion was made to accept, seconded and motion carried.</p> <p>The committee made a motion that Margaret will set up a committee to develop some public service announcements regarding crisis line, suicide intervention, etc. Arthur asked Marie to amend her motion to include additional information regarding Ombuds information and other resources available to the public. Marie agreed to accept this amendment. Marie made a motion for Margaret to set up a meeting with appropriate parties for public service announcements regarding crisis services and expand to general information/resources available for public use, seconded and motion carried.</p>	<p>Informational</p> <p>Motion carried</p> <p>Motion carried</p> <p>Motion carried</p> <p>Motion carried</p>
	<p><b>Quality Management Oversight Committee (QMOC) Report</b></p>	
Mary Good	<p>No report available and postponed to the next meeting.</p>	<p>Informational</p>
<p><b>ITEMS BROUGHT TO THE BOARD OF DIRECTORS</b></p>		
	<p><b>Introduction and Action Items</b></p>	
Chuck Benjamin	<p>Chuck mentioned the contract amendment that will go</p>	<p>Informational</p>



	<p>before the Board of Directors regarding the proposed budget cuts. Chuck stated NSMHA is asking the Advisory Board to recommend approval of the proposed contract amendment. He added the reductions will have to be passed down to providers.</p> <p>Otis asked when providers would know what cuts were proposed. Chuck said it is hoped by Friday through a Planning Committee recommendation to the Board of Directors. Arthur volunteered to sit on the Planning Committee. James made a motion to recommend acceptance of the amended contract by the BOD, Arthur seconded and motion carried.</p>	Motion carried
<b>COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS</b>		
Island	No report.	Informational
San Juan	Mary Ann stated she was glad to be back but had no further report.	Informational
Skagit	Mary said everything discussed was previously mentioned in the County Coordinator report.	Informational
Snohomish	Arthur said they had a preliminary meeting regarding expenditures of the 1/10 of 1% funds. He added more meetings are forth coming. Arthur said an amendment is coming forth to remove the supplanting language for a certain amount of time on the initiative funds to assist in areas where funding is being currently cut. Chuck said if you do not want this language removed to let your legislators know through communication. Chuck suggested some form of communication be developed for all the use so everyone is on the same page regarding discussions.	Informational
Whatcom	Andrew stated budget cuts and supplanting language was discussed. He mentioned that Betty Scott thought the initiative funds could be used outside the mental health focus and it cannot. Russ added the combined Executive Committee discussed the budget cuts and how it will affect Whatcom County. He added what is needed to make to initiative funds effective was discussed. Andrew said Whatcom County Mental Health Advisory Board and Substance Abuse meetings have combined to discuss budget cuts.	Informational
<b>COMMENTS FROM THE PUBLIC</b>		
Chair Davis	Andrew asked for any other comments.	Informational
<b>OTHER BUSINESS</b>		
Otis Gulley James Mead Chair Davis	Otis said he had a concern regarding email correspondence. He asked if it was okay to receive assistance in putting his words together in the appropriate manner through NSMHA staff. Chuck	Informational

	<p>said this is okay but added budget cuts will effect available assistance.</p> <p>James mentioned this Board needs to appoint someone to take his place on the Snohomish County PACT Advisory Board. Andrew requested it be added to the agenda for next month.</p> <p>James read his official letter of resignation to the NSMHA Advisory Board.</p> <p>Andrew presented James with a going away card and plaque for his service in the region and on the Advisory Board. The members expressed their sincere best wishes to James for his future.</p>	
<b>ADJOURNMENT</b>		
Chair Davis	<p>A motion was made to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 3:05 pm.</p> <p>The next meeting will be held on Tuesday, March 3, 2009, in the NSMHA Conference Room.</p>	Informational Motion carried