



Advisory Board

Pre-meeting

October 12, 2010

12:15

Bridgeways

Federal Block Grant Projects

By

Nathalie Gauteron

MEMORANDUM

DATE: September 28, 2010
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: October 14, 2010, Board of Director's Agenda

The following items will go before the Board of Director on October 14, 2010, for approval:

To approve DBHR-NSMHA-PATH-10-12 for the provision of PATH services in Whatcom County. This is a homeless outreach grant with Whatcom Counseling & Psychiatric Clinic. The term of this Agreement is October 14, 2010 through June 30, 2012. The maximum consideration for this grant is \$45,453.

To approve DBHR-NSMHA-PATH-10-12 for the provision of PATH services in Snohomish County. This is a homeless outreach grant with Compass Health. The term of this Agreement is October 14, 2010 through June 30, 2012. The maximum consideration for this grant is \$138,820.

To approve NSMHA-WCPC-PATH-10-12 for the provision of PATH homeless services in Whatcom County. The term of this Agreement is October 14, 2010 through June 30, 2012. The maximum consideration for this grant is \$45,453.

To approve NSMHA-COMPASS HEALTH-PATH-10-12 for the provision of PATH homeless services in Snohomish County. The term of this Agreement is October 14, 2010 through June 30, 2012. The maximum consideration for this grant is \$138,820.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

October 12, 2010

1:00 PM

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the September 2010 Meeting Minutes, Chair – 5 minutes
4. Ombuds Report
5. Brief Announcements – 3 minutes
6. Correspondence and Comments from the Chair – 5 minutes
7. New Business:
 - a. Nomination Committee
 - b. November meeting – cancel or not (no Board of Directors meeting)
 - c. QMOC Alternates
8. Old Business:
9. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Arthur Jackson – 5 minutes
 - d. QMOC Report – 5 minutes
10. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
11. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
12. Comments from Public – 5 minutes
13. Other Business
14. Adjournment

NOTE: The next Advisory Board meeting will be November 2, 2010, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD**

September 7, 2010

1:00 – 3:00

Present:	Island: <i>Candace Trautman and Terry Ann Gallagher</i> Skagit: <i>Mary Good and Susan Ramaglia</i> Snohomish: <i>Marie Jubie and Otis Gulley</i> Whatcom: <i>Mark McDonald, Larry Richardson, Hill Cummings and Russ Sapienza</i> San Juan: <i>Mary Ann Slabaugh</i>
Excused Absence:	Snohomish: <i>Fred Plappert and Arthur Jackson</i>
Absent:	Skagit: <i>Joan Lubbe</i>
Staff:	<i>Chuck Benjamin, Greg Long, Margaret Rojas and Rebecca Pate, recording</i>
Guests:	<i>Charles Albertson and Carol Ann Sullivan</i>

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER AND INTRODUCTIONS		
Vice Chair Jubie	The Vice Chair convened the meeting at 1:00 pm and introductions were made. The Vice Chair acknowledged and welcomed the two new representatives from Whatcom County, Mark McDonald and Howard “Hill” Cummings. The Vice Chair mentioned that Fred Plappert, representative from Snohomish County, will be on medical leave for an extended period.	Informational
REVISIONS TO THE AGENDA		
Vice Chair Jubie	The Vice Chair asked for any revisions to the agenda and nothing was mentioned.	Informational
APPROVAL OF MINUTES		
Vice Chair Jubie	The Vice Chair asked for any revisions to the August minutes. Russ corrected the spelling of “syboxone” to “suboxone”. A motion was made to approve the minutes as amended, seconded and motion carried.	Informational Motion carried
OMBUDS REPORT		
Kim Olander	Was unable to be present due to a traffic delays. The snapshot information was available in the members manila folder.	Informational
BRIEF ANNOUNCEMENTS		
Vice Chair Jubie	The Vice Chair asked for any announcements and Russ thanked Charles for the cake.	Informational
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Vice Chair Jubie	The Vice Chair said she had nothing.	Informational
NEW BUSINESS		
Vice Chair Jubie	The Vice Chair asked for any new business and Otis thanked all for the opportunity to attend the NAMI WA State Conference. He said the conference had about 150 attendees with an art show and some excellent speakers. He said he shared his personal recovery and a mother/daughter shared their trauma recovery journey. A film called “Unlisted” about a father and child was	Informational

	<p>shown and he recommended viewing it. A deputy was present regarding Crisis Intervention Training (CIT) and shared how families can assist law enforcement in dealing with individuals. Otis said the only negative thing he noticed was mothers/dads there representing their children and speaking on their behalf which did not allow enough time for those present to speak for themselves. He said the spiritual time was a unique experience for those that took advantage of it and the facilities were excellent.</p>	
OLD BUSINESS		
Vice Chair Jubie	The Chair asked for any old business and nothing was mentioned.	Informational
MONTHLY COMMITTEE REPORTS		
Executive Director's Report		
Chuck Benjamin	<p>Chuck said we need to remain focused on “Vision of Hope and Path to Recovery” and service to people with mental illness. He thanked the Advisory Board for recommending approval of NSMHA re-organization and based upon the recommendation the Board of Directors (BOD) approved it. He added it is a work in progress, which will result in changes throughout NSMHA.</p> <p>He mentioned expected budget cuts of 4-7% in 2010 and an additional 10% in 2011. He said this would entail \$24.5 million statewide with \$3.5 million for NSMHA. He said a phone conference was held this morning with Dale Jarvis and Barbara Mauer (consultants that conducted stakeholder meetings) to discuss what could be accomplished. Chuck stated he fears the cuts will be larger than the initial 4-7% and 10%. He said if we do not take care of the gravely disabled who will. Mark asked what the 10% would entail for NSMHA. Chuck said stakeholder meetings were held during the last round of cuts and recommendations were made. He added he asked the Planning Committee and BOD if NSMHA could utilize the priorities recommended by the stakeholders at the previous meetings. It was agreed to utilize the recommendations. He said all provisos may be cut and this would end Program for Assisted Living Skills (PALS), Expanded Community Services (ECS), and Jail Services with the possibility of other programs being cut in the future. He said PALS individuals include undocumented aliens and other more seriously ill individuals which would not be covered and/or are hard to place.</p> <p>Candace mentioned the jails are working harder to identify individuals with mental health issues. Discussion followed.</p> <p>Candace mentioned a mobile stabilization team is something being explored in Island County to go out and de-escalate a situation before it becomes a 911 call.</p> <p>Chuck mentioned last year mental health was scheduled to be cut drastically; however, law enforcement went to the Governor</p>	Informational

	<p>asking it not be cut as much and this helped prevent the cuts from being so drastic. He said law enforcement would be a good venue to address budgets cuts for mental illness. Terry Ann said Island County is at a standstill regarding getting law enforcement CIT because they claim they do not have the funds to send anyone to training. She said several people have been arrested which may have been prevented if Island County law enforcement had CIT. She said if someone could just come and talk with them it could be helpful. Discussion followed.</p> <p>Larry asked if any of the stimulus money was applied to mental health. Chuck said some match money was included on both state and federal side but it is continuing on a decreasing scale. Chuck said some FMAP funding was extended. Chuck said on the national level there is some lobbying occurring.</p> <p>Otis asked if the 1/10 funds could be helpful with all the cuts. Chuck said it is filling some gaps; however, this funding is controlled by the Counties and the current economy is causing the available funds to not be as high as expected/hoped.</p>	
	Finance Committee	
Mary Good	Mary said the committee met this morning and reviewed the expenditures. She said the committee is bringing forward a recommendation to approve the expenditures move forward to the BOD for approval and motion carried.	Informational Motion carried
	Executive/Agenda Committee	
Vice Chair Jubie	<p>Marie said the committee met and approved last month's minutes. Chuck proposed the Chair of the Advisory Board be a standing member of the Management Council. The group meets on an as needed basis and reviews any documents that cannot reach consensus for approval from QMOC. QMOC cannot change anything recommended by the Management Council but can recommend approval of any recommendations for BOD approval.</p> <p>Marie requested the "Nomination Committee" be put on the agenda next month.</p>	Informational Add Nomination Committee to November agenda
	Quality Management Oversight Committee (QMOC) Report	
Otis Gulley	<p>Otis provided the following QMOC report.</p> <ol style="list-style-type: none"> 1. The meeting was held August 25, 2010, and no action was taken during this meeting as a quorum was not present. 2. The following announcements were made: <ol style="list-style-type: none"> a. An invitation was extended to providers to attend the next HCS/AAA/NSMHA meeting on September 1st from 10:00 to 12:00. b. Anne mentioned the Office of Fiscal Management released a statement predicting more budget cuts of a 	Informational

	<p>minimum of 7%.</p> <ul style="list-style-type: none"> c. Greg mentioned the federal stimulus package was extended for another six months. d. David mentioned Sea Mar has two new program managers in Mount Vernon and Lynnwood starting September 13th. <p>3. Old Business:</p> <p>4. The following Quality Issues were discussed:</p> <ul style="list-style-type: none"> a. QMOC Process b. Core Performance Indicators c. Semi-annual Critical Incident Report d. New Critical Incident Reporting Requirements e. Crisis Response by Intensive Outpatient Program (IOP) Teams f. Criteria for Policies that “Comply With” or are “Consistent With” NSMHA Policies <p>5. The next meeting will be September 22, 2010, from 1-3.</p>	
ITEMS BROUGHT TO THE BOARD OF DIRECTORS		
	Introduction and Action Items	
<p>Chuck Benjamin</p>	<p>Chuck reviewed Motions 10-070 through 10-085 which are all FBG contracts/amendments. Margaret said there were two programs that decided not to renew contracts which left an additional \$50,805 funds available. She said 11 proposals were received for these funds and the committee reviewed them and scored according to state requirements. Candace said one was flex funds for housing through Hope Options for an additional \$10,000 and another for \$40,805 through Opportunity Council which was new for outreach to homeless individuals. Chuck mentioned all the FBG contracts will go out for proposals in 2011. Otis made a motion to recommend approval of Motions 10-070 through 10-085 that includes the additional \$50,805 funds, seconded and motion carried with two abstentions.</p>	<p>Informational</p> <p>Motion carried with two abstentions</p>
COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS		
<p>Island</p>	<p>Candace mentioned a lot of work is going on regarding housing. She mentioned state and federal funding would be bundled together through a new grant to be established within each county. Candace said the school counselors within schools have been very successful and other states/counties may be looking at Island County’s program.</p> <p>Candace mentioned a letter drafted by Washington State Association of Counties that was distributed addressed to Susan Dreyfus about budget changes, as well as, healthcare reform and how to make it more effective. She mentioned Jackie Henderson supports this letter and Chuck stated all RSNs also support this letter.</p>	<p>Informational</p>

San Juan	Mary Ann mentioned training was done on healthcare reform. Consultants are working with NSMHA to re-work healthcare reform. She mentioned Medicare rates will be higher by 2019. A scheduled meeting working on implementation for uninsured will occur.	Informational
Skagit	Mary said they did not have a meeting.	Informational
Snohomish	Discussions have occurred at the Chemical Dependency (CD)/Mental Health (MH) Sales Tax Board meetings around program design needs that must occur before additional steps towards the creation of a Triage Facility can be completed. Program design questions include police drop-off capacity and sub-acute detox configuration. It was agreed that a committee of board members and Human Services staff will be formed to determine the desired program components. The board determined that all interested board members, as well as other interested parties, should tour the Pierce County Crisis Stabilization Unit (CSU), Compass Health's crisis respite program in Everett and their Evaluation and Treatment facility in Mukilteo. A group went down to the CSU in August and was impressed by the facility and what it offers the community. Snohomish County Human Services Mental Health Programs are in the midst this week of their yearly audit by NSMHA. Marie said they will meet next week.	Informational
Whatcom	Russ said they did not have a meeting. Their next meeting is September 13 th at noon. This Thursday NAMI Whatcom will conduct their forum. They had their first mental health training module, which helps determine if a person is going through a mental health crisis. Hill said some people will be working with law enforcement to make contact with people that are homeless. Larry said budget cuts will continue to be discussed at their next meeting.	Informational
COMMENTS FROM THE PUBLIC		
Vice Chair Jubie	The Vice Chair asked for any comments from the public. Charles Albertson stated he is hoping to have it announced that he has written some documents. He said his version of "The Lion King" is about a person's recovery.	Informational
OTHER BUSINESS		
Vice Chair Jubie	The Vice Chair asked if anyone had any other business and nothing was mentioned.	Informational
ADJOURNMENT		
Vice Chair Jubie	Otis made a motion to adjourn, Larry seconded and motion carried. The meeting was adjourned at 2:23 and the next meeting will be October 12, 2010.	Informational Motion carried