Advisory Board

Pre-meeting

October 2, 2012

12:15

By

Brad Berry & Jeff Reynolds

Consumer Voices Are Born (CVAB)

Skagit REACH Peer Center

# NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

## Agenda

## October 2, 2012 1:00 PM

1.	Call to Order - Introductions, Chair		
2.	Revisions to the Agenda, Chair	TAB 1	
3.	Comments from the Public		
4.	Ombuds Snapshot (bi-monthly) (available at the meeting in binder)	TAB 2	
5.	Approval of the September Meeting Minutes, Chair	TAB 3	
6.	Finance/Executive Committee Report		
7.	Standing Board of Directors Committee Reports	TAB 4	
	<ul><li>a. Planning Committee</li><li>b. Quality Management Oversight Committee (QMOC)</li></ul>		
8.	Old Business		
9.	Executive Director		
10.	Action Items Being Brought To The Board of Directors	TAB 5	
	<ul><li>a. Action Items</li><li>b. Introduction Items</li></ul>		
11.	New Business	TAB 6	
	a. 2013 Meeting Schedule		
12.	Comments from County Advisory Board Representatives		
	<ul><li>a. Island</li><li>b. San Juan</li><li>c. Skagit</li><li>d. Snohomish</li><li>e. Whatcom</li></ul>		
13.	Other Business		
14.	Adjournment		

<u>NOTE:</u> The next Advisory Board meeting will be November 6, 2012, in the NSMHA Conference Room.

### North Sound Mental Health Administration (NSMHA) MENTAL HEALTH ADVISORY BOARD September 11, 2012

1:00 - 3:00

Present:	Island: Candace Trautman
	Skagit: Joan Lubbe and Susan Ramaglia
	Snohomish: Fred Plappert
	Whatcom: Mark McDonald, Larry Richardson and Russ Sapienza
<b>Excused Absence:</b>	Whatcom: David Kincheloe
Absent:	Snohomish: Carolann Sullivan
Staff:	Joe Valentine, Margaret Rojas, Greg Long and Rebecca Pate, recording

**MINUTES** 

TOPIC	DISCUSSION	ACTION
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CALL TO ORDE	R AND INTRODUCTIONS	
Chair Trautman	The Chair convened the meeting at 1:07 and introductions were made. A pre-meeting presentation was given by Kamilia Dunsky of Senior Services of Snohomish County regarding their Geriatric Depression Screening Project. Candy mentioned she would like to have Kamilia come back for more conversation.	Informational
REVISIONS TO	THE AGENDA	
Chair Trautman	The Chair asked for any revisions to the agenda and nothing was mentioned.	Informational
COMMENTS FR	OM THE PUBLIC	
Chair Trautman	The Chair asked for any comments from the public and none were present.	Informational
APPROVAL OF 1	MINUTES	<u>,                                      </u>
Chair Trautman	The Chair asked for any revisions to the minutes. Fred made a motion to approve the minutes as amended, seconded and motion carried.	Informational
EVECUTIVE DI	DECTODIC DEPORT	
	RECTOR'S REPORT	
Joe Valentine  MONTHLY COM	Joe postponed his report until the "items going before the board".  MMITTEE REPORTS	Informational
112011111111111111111111111111111111111	Finance/Executive Committee	
Fred Plappert	Finance Committee  The committee recommended the expenditures move forward to the Board of Directors for full approval. Candy called for the vote to approve motion from committee regarding expenditures. The full Board approved expenditures moving forward. A motion is being brought forward to charter 20 passenger mini-bus for the COD Conference for \$2,485. Larry made a friendly amendment to approve this motion with the alternative of finding less costly transportation, if possible. Rebecca will check on alternative transportation. Fred will have 2013 budget ready to review on October 2 <sup>nd</sup> .	Informational  Motion carried

Chair Trautman	Executive Committee  Candy said the committee discussed and decided to change the October meeting to October 2 <sup>nd</sup> . Candy stated she will not be present and Mark will reside over the meeting.  Planning Committee	
	The following brief was provided for members to read at their convenience.	Informational
	NSMHA Strategic Plan – The Plan is being developed for 2013-2016 and the current draft of the plan includes 7 goal areas.  NSMHA wants to update the goal categories to category A and B. In category A would be the top three goals chosen from input with the top three strategies under each of those. This would be the focus of the plan. The other goals chosen to go under category B would be worked on as time allows.	
	Health Care Homes – NSMHA was given the go ahead by the Board to submit a letter of intent to become part of a Health Care Home Network. This is a step in implementing care integration for dual eligibles where an organization oversees the healthcare and behavioral healthcare of an individual for coordination of care. By submitting this letter of intent NSMHA is able to participate in the process and make sure that we are included in future planning.	
	2013 Draft RFQ – This updated draft was presented to Planning Committee for their approval to send back to the Advisory Board for further input and approval to forward to the Board of Directors in their September meeting. Feedback has been incorporated as applicable and the timeline is on target for a release date of October 30, 2012.	
	Fee for Service Rate Increase – Agencies had asked NSMHA to consider a rate increase with the fund balance reserve so NSMHA conducted a rate survey and came up with a proposal of a 6.2% or \$1.5 million rate increase to take effect October 1, 2012. There has not been a rate increase since 2007 and it is NSMHAs hope that provider agencies will use this to support a better wage structure within their agency. This rate increase is sustainable with the current funding.	
	Regional Health Alliance Task Force – NSMHA proposes to create a task force as a mechanism for local input and accountability as the state contracts with managed care organizations. We would bring together all the systems that provide care to make sure that county input is part of the system. Joe briefed the members that discussion is occurring and a letter of intent has been submitted for the North Sound Region to become a Health Home Network. A steering committee is being developed to discuss the possibility of a regional Health Home Network. Discussion followed.	

	Quality Management Oversight Committee (QMOC) Report	
Greg Long	The following brief was provided for members to read at their convenience. Greg highlighted issues to be aware of by members.	Informational
	<b>Customer Satisfaction Survey</b> – This is the second annual survey and will be handed out by provider agencies from October 15 <sup>th</sup> through October 26 <sup>th</sup> . This survey is based on a national survey and is being used to determine an individual's satisfaction with outpatient services in the region. The first survey was conducted in October 2011 and NSMHA is aiming to improve overall participation by 15% over last year's 45% overall participation rate.	
	Semi-annual Critical Incident and Second Opinion Reports Kurt presented the two reports; the critical incident report contained the data on incidents involving consumers that is reported to the state such as abuse, neglect or violence. A committee at NSMHA reviews these to determine if any quality management recommendations can be made.	
	Second Opinions are requested by an individual around things such as medical necessity or a question regarding a diagnosis. This report tracks the requests per quarter and if they were completed within 30 days. This report was for the first and second quarter of 2012. There were two requests and they were both completed within the 30 days.	
	These reports are available for review at the website in the QMOC packet.	
	Proposed NSMHA Training NSMHA will be holding a second session of motivational interviewing training in the region. There will be training for 100 provider staff and it will begin in October. There will also be a refresher course for the last training for the supervision staff.	
	Integrated Crisis Response Services - ICRS Policy and Crisis Module  There is a revision of Policy 1707 – Clinical Dispute that was up for approval. It is a policy to address any issues and conflicts that come up with the different systems interacting to serve an individual. It was approved as revised.	
	The NSMHA Crisis Module provides an overview for new clinicians to introduce the principles of the crisis system and makes them aware of processes, resources and requirements. This is a significant revision and has been worked on over many months. This module revision was approved.	

	Color and Cortain De la	
	Grievance System Review The report that is sent to the state that tracks appeals, grievances	
	and fair hearings was presented to QMOC for the period of October 2011 through March 2012.	
	Transferring between Providers	
	This topic came as a reminder to provider agencies that must assist an individual that wants to transfer to a different provider and they must leave their episode of care open during this process and maintain coordination of care.	
	Requests for Readmission NSMHA has asked for feedback to address the issue of individuals who use intake resources when they have been recently denied or recently closed. It appears to be those who are seen at intake and then do not engage further or those who were denied that try again and again. NSMHA will also look at more data to see if that sheds any light on solutions.	
OLD BUSINESS	an) 28 ne on conduction	
Lisa Grosso	2013 Request for Qualifications (RFQ)	Informational
Margaret Rojas	Lisa presented the revised DRAFT of the RFQ. She requested the Advisory Board approve moving forward to Board of Directors for final approval. The object of the RFQ is to allow providers that have never been contracted to bid on the services and also allow former providers to bid. Discussion followed.	
	Susan mentioned "gravely disabled" needs to be added to the third paragraph under #4 Evaluation and Treatment (E&T) Center.	
	Fred made a motion to recommend approval of the draft 2013 RFQ to advance to the Board of Directors for consideration, Russ seconded and motion carried.	
	Revised By-Laws  Margaret discussed/reviewed the revised By-Laws with the Board.  Susan made a motion to approve the revised By-Laws, seconded and motion carried.	Motion carried
ACTION ITEMS	BEING BROUGHT TO THE BOARD OF DIRECTORS	
Joe Valentine	Joe presented the following items going before the Board of Directors as "Introduction" and "Action" items.	Informational
	Margaret elaborated details on the Introduction item regarding "Fund Balance" requests received.	
	ACTION ITEMS:	
	MENTAL HEALTH BLOCK GRANT (MHBG)	
	DSHS-DBHR-NSMHA-MHBG-11-12 AMENDMENT 1 for the	
	provision of extending the current Mental Health Block Grant	
	Agreement by nine (9) months for a new end date of June 30, 2012. The consideration for this Agreement is increased by	
	\$825,563 for a new maximum consideration of \$1,926,313.	

NSMHA-COMPASS HEALTH-MHBG-11-12 AMENDMENT 1 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$113,787 for a new maximum consideration of \$265,503.

NSMHA-COMPASS HEALTH BAILEY PEER CENTER-MHBG-11-12 AMENDMENT 1 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$112,500 for a new maximum consideration of \$262,500.

NSMHA-CONSUMER VOICES ARE BORN (CVAB)-MHBG-11-12 AMENDMENT 1 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$112,500 for a new maximum consideration of \$262,500.

NSMHA-HOPE OPTIONS-MHBG-11-12 AMENDMENT 2 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$27,138 for a new maximum consideration of \$71,322.

NSMHA-ISLAND COUNTY-MHBG-11-12 AMENDMENT 2 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$44,625 for a new maximum consideration of \$59,047.

NSMHA-OPPORTUNITY COUNCIL ADULT-MHBG-11-12 AMENDMENT 2 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$35,175 for a new maximum consideration of \$84,325.

NSMHA-OPPORTUNITY COUNCIL YOUTH-MHBG-11-12 AMENDMENT 2 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$35,175 for a new maximum consideration of \$83,125.

NSMHA-SAN JUAN COUNTY-MHBG-11-12 AMENDMENT 2 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$21,750 for a new maximum consideration of \$38,750.

NSMHA-SENIOR SERVICES-MHBG-11-12 AMENDMENT 2 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$30,750 for a new maximum consideration of \$82,194.

NSMHA-SKAGIT COUNTY-MHBG-11-12 AMENDMENT 2 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$39,413 for a new maximum consideration of \$98,963.

NSMHA-SNOHOMISH COUNTY-MHBG-11-12 AMENDMENT 1 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$47,250 for a new maximum consideration of \$130,250.

NSMHA-SUN COMMUNITY-MHBG-11-12 AMENDMENT 1 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$44,250 for a new maximum consideration of \$103,250.

NSMHA-TULALIP TRIBES-MHBG-11-12 AMENDMENT 1 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$48,750 for a new maximum consideration of \$113,750.

NSMHA-WCPC RAINBOW RECOVERY-MHBG-11-12 AMENDMENT 2 for the provision of amending the contract by an extension of nine (9) months for a new end date of June 30, 2013 and to amend the maximum consideration by an increase of \$112,500 for a new maximum consideration of \$270,834.

### <u>PREPAID INPATIENT HEALTH PLAN</u> (PIHP/MEDICAID)

DSHS-DBHR-NSMHA-PIHP-11-13 AMENDMENT 3 for the provision of technical and substantive changes to the requirements in the contract. Review of new contract terms is underway and we are anticipating it will have an impact on service providers and counties. The term of the agreement and the funding allocation remain the same.

NSMHA-BRIDGEWAYS-MEDICAID-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule and any requirements of the provider based on the NSMHA PIHP amendment with DSHS. The term of the agreement remains the same, ending on September 30, 2013. The maximum consideration is increased by \$74,610 for a new maximum consideration of \$1,719,731.

NSMHA-CCSNW-MEDICAID-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule and any requirements of the provider based on the NSMHA PIHP amendment with DSHS. The term of the agreement remains the same, ending on September 30, 2013. The maximum consideration is increased by \$24,246 for a new maximum consideration of \$3,970,972.

NSMHA-COMPASS HEALTH-MEDICAID-11-13 AMENDMENT 3 for the provision of amending the budget to include the approved NSMHA fee schedule and any requirements of the provider based on the NSMHA PIHP amendment with DSHS. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-INTERFAITH-MEDICAID-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule and any requirements of the provider based on the NSMHA PIHP amendment with DSHS. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-LAKE WHATCOM CENTER-MEDICAID-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule and any requirements of the provider based on the NSMHA PIHP amendment with DSHS. The term of the agreement remains the same, ending on September 30, 2013. The maximum consideration is increased by \$31,608 for a new maximum consideration of \$1,901,208.

NSMHA-SEA MAR-MEDICAID-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule and any requirements of the provider based on the NSMHA PIHP amendment with DSHS. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-SUNRISE SERVICES-MEDICAID-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule and any requirements of the provider based on the NSMHA PIHP amendment with DSHS. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-WHATCOM COUNSELING & PSYCHIATRIC-MEDICAID-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule and any requirements of the provider based on the NSMHA PIHP amendment with DSHS. The term of the agreement remains the same, ending on September 30, 2013. The maximum consideration is increased by \$67,941 for a new maximum consideration of \$4,958,192.

### STATE MENTAL HEALTH CONTRACT (SMHC)

NSMHA-BRIDGEWAYS-SMHC-11-13 AMENDMENT 1 for the provision of amending the budget to include the approved NSMHA fee schedule. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-CCSNW-SMHC-11-13 AMENDMENT 1 for the provision of amending the budget to include the approved NSMHA fee schedule. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-COMPASS HEALTH-SMHC-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-INTERFAITH-SMHC-11-13 AMENDMENT 1 for the provision of amending the budget to include the approved NSMHA fee schedule. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-LAKE WHATCOM CENTER-SMHC-11-13 AMENDMENT 1 for the provision of amending the budget to include the approved NSMHA fee schedule. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-SEA MAR-SMHC-11-13 AMENDMENT 1 for the provision of amending the budget to include the approved NSMHA fee schedule. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

NSMHA-SUNRISE-SMHC-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule. The term of the agreement remains the same, ending on September 30, 2013. The maximum consideration is increased by \$30,798 for a new maximum consideration of \$981,302.

NSMHA-WHATCOM COUNSELING & PSYCHIATRIC-SMHC-11-13 AMENDMENT 2 for the provision of amending the budget to include the approved NSMHA fee schedule. The term of the agreement remains the same, ending on September 30, 2013. There is no change to the maximum consideration.

# PROGRAM OF ASSERTIVE COMMUNITY TREATMENT (PACT)

**NSMHA-COMPASS HEALTH-PACT-12-13** for the provision of a half PACT team (50 participants) in Skagit County. The term of this Agreement is October 1, 2012 through September 30, 2013 for a maximum consideration of \$577,264.

## PROJECT for ASSISTANCE in TRANSITION FROM HOMELESSNESS (PATH)

DSHS-DBHR-NSMHA-COMPASS HEALTH PATH-12-14 for the provision of PATH services in Snohomish County. The term of this Agreement is October 1, 2012 through June 30, 2012 for a maximum consideration of \$138, 820.

DSHS-DBHR-NSMHA-WHATCOM COUNSELING & PYSCHAITRIC-PATH-12-14 for the provision of PATH services in Whatcom County. The term of this Agreement is October 1, 2012 through June 30, 2012 for a maximum consideration of \$45,452.

NSMHA-COMPASS HEALTH PATH-12-14 for the provision of PATH services in Snohomish County. The term of this Agreement is October 1, 2012 through June 30, 2012 for a maximum consideration of \$138, 820.

NSMHA-WCPC PATH-12-14 for the provision of PATH services in Whatcom County. The term of this Agreement is October 1, 2012 through June 30, 2012 for a maximum consideration of \$45,452.

### MOTIVATIONAL INTERVIEW TRAINING

NSMHA-OHSU-PSC-12 for the provision of regional Motivational Interviewing training to commence on October 11, 2012 with completion by December 31, 2012. The term of this Agreement is October 1, 2012 through December 31, 2012 with a maximum consideration of up to \$25,000.

### **TRIBAL**

**Background:** The State contract has historically required RSNs to formally invite regional Tribes to join the Advisory Board membership. NSMHA has made invitation inquiries, however the Tribes never expressed an interest in a seat on the Advisory Board. However, they did request seats on the Board of Directors, which resulted in adding three Tribal seats to the Board of Directors with one (1) shared vote. Most recently, the Tribes have indicated an interest in a seat on the Advisory Board and have made a formal request for said seat. The Advisory Board discussed the request at their July meeting and has made the following recommendation in form of a motion:

To approve the NSMHA Advisory Board recommendation of inviting three (3) Tribal representatives to the Advisory Board Membership with one (1) shared vote.

### **CRISIS TRIAGE/CENTERS**

NSMHA-COMPASS HEALTH-CRISIS TRIAGE-11-13 AMENDMENT 1 for the provision of amending the budget to provide capital funding to upgrade the kitchen at the facility. The amount of increase is \$202,780 for a new maximum consideration of \$2,565,035. The term of the Agreement remains the same.

NSMHA-PIONEER HUMAN SERVICES-CRISIS CENTER-11-13 AMENDMENT 1 for the provision of amending the budget to provide fifty percent (50%) of the capital funding to upgrade the facility, Skagit County is providing the remaining fifty percent (50%) of costs. The amount of increase is \$137,050 for a new maximum consideration of \$1,045,332. The term of the Agreement remains the same.

NSMHA-WHATCOM COUNSELING & PYSCHIATRIC-TRIAGE CENTER-11-13 AMENDMENT 2 for the provision of amending the budget to provide funding for the crisis stabilization beds. The amount of increase is \$223,117, of one time funding, for a new maximum consideration of \$1,315,268. The term of the Agreement remains the same.

### **INTRODUCTION ITEMS**

Release an RFQ to select providers for NSMHA funded Outpatient, Medication and Intensive Outpatient Services. The RFQ will be released by October 30, 2012 and the new contracts will begin October 1, 2013. See draft documents.

NEW BUSINESS	Adopt the 2013-2016 NSMHA Strategic Plan which includes 7 goals divided into 2 categories: Priority A and Priority B. Priority A will include 3 of the goals and for each of the Priority A goals 3 strategies and a specific work plan will be implemented and regular progress reports made to the Board.  To approve the allocation of the NSMHA Fund Balance dollars for the specific programs and authorize NSMHA Executive Director, Joe Valentine, to negotiate specific contract terms with each of the provider agencies. See list of recommended allocations  Candy requested a motion to approve action items. Fred made a motion to recommend approval of action items going before the Board of Directors for approval, Russ seconded and motion carried.  Joe reviewed the introduction item regarding the Strategic Plan and asked for input on any other changes desired. Lengthy discussion followed regarding the "Peer Support and Consumer Involvement Initiatives" section. This will be brought back next month for approval so if anyone has any additional input please provide it. Joe stated the ideas mentioned today are excellent.	
Chair Trautman	Systems of Care Institute (SOCI) Conference  Mark said overall the conference was good.	Informational
	Candy stated this was her first time to attend. Candy stated it was geared more to children/youth and a great resource for information. She said she attended on session on the foster system that was really good. She said the session on Autism was very interesting. She mentioned the presentation by Swil was excellent and should be considered as a future speaker. She stated some challenges was the lunch presentation which was not very well presented. She mentioned the push for evidenced based practices is challenging. She said the overall conference was good.	
	Revision of Discussion Form  The Board reviewed the discussion form. Fred made a motion to accept this format for the discussion form, Susan seconded and motion carried.	
COMMENTS FRO	OM COUNTY ADVISORY BOARD REPRESENTATIVES	
Island	Candy stated Joe visited last month. They had their annula review of the school based program. She mentioned more new programs are beginning. Crisis Intervention Training (CIT) will be held this fall. An Early Child Mental Health Program will start soon. It will dove-tail with the school based mental health program.	Informational
San Juan	No representative present and no report was submitted.	Informational

Skagit	Susan said they met yesterday jointly with Substance Abuse. They are conducting Crisis Intervention Training (CIT) today. The children's behavioral health contract was awarded to Northwest Education Service District. Starting in October the jail transition will be handled by a provider outside the county. Pioneer Human Services runs to Crisis Center. She encouraged people to be sure and register to vote. They are starting open access on Wednesday and Thursday.	Informational
Snohomish	Snohomish County Council unanimously voted in support of a motion directing the Human Services Department to continue to negotiate with the state around the Duals (Medicaid and Medicare) population.  Snohomish County Sales Tax Board has formed a subcommittee to review performance of subcontractors and make recommendations back to the full board regarding continued funding.	Informational
	Efforts are underway to analyze data from various entities including hospitals, emergency medical services, triage, etc. to identify high utilizers in multiple systems. This information will be used to design system improvements that will provide improved care and reduce costs.	
Whatcom	The Whatcom Community Triage Center changed the phone number over the Labor Day weekend due to a scamming event. The new number is 360-676-2020.  We're developing an ordinance to integrate our mental health and	Informational
	substance abuse advisory boards.  A Request for Proposals for Jail and Juvenile Court Behavioral Health services will go out to the public on September 12th.	
	Russ stated Northwest Youth Services is having an open house on October 11 <sup>th</sup> . He and Mark were at the Spark Museum and discussed a housing project for homeless. He mentioned concerns have been expressed.	
OTHER BUSINESS		
Chair Trautman ADJOURNMENT	No other business was mentioned.	Informational
Chair Trautman	Joan made a motion to adjoun the meeting, seconded and motion carried. The meeting was adjourned at 3:05. The next meeting will be October 2, 2012.	Informational

# North Sound Mental Health Administration

Regional Support Network for Island, San Juan, Skagit, Snohomish, and Whatcom Counties Improving the mental health and well being of individuals and families in our communities

117 North First Street, Suite 8 • Mount Vernon, WA 98273

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# Planning Committee Brief September 21, 2012

**NSMHA Strategic Plan** – Auditors have been back and are pleased that we are in process of updating our plan. This has been vetted with Advisory Board, County Coordinators, Staff, Planning Committee and Board of Directors. We are entering our final cycle of review and hope to have it approved by the Board at their October meeting. Joe addressed the changes made since this was last presented to Planning Committee, noting that NSMHA broke the goals up into two sections, Category A and Category B and has also prioritized the strategies and consolidated some. We now have 3 strategies under each of the goals.

NSMHA Fund Balance Request for Proposal (RFP) Update – Margaret addressed the group regarding the recommended funding list with the Committee. NSMHA will have contract negotiation meetings with the programs that were recommended. Bill Whitlock added that NSMHA is looking at the funding ratios between Medicaid and State-only to see if NSMHA can spend more money on the programs

**NSMHA's Plan for Increasing Employment Amongst People Receiving Mental Health Services** – Tom Yost addressed the group regarding increasing employment amongst people receiving mental health services. Tom noted several NSMHA providers already do employment services and briefly touched on Sunrise Services, Whatcom Counseling and Psychiatric Clinic, Bridgeways, Compass Health, the peer centers, etc. and their programs.

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## QMOC Meeting Brief September 26, 2012

**Customer Satisfaction Survey** –An update was given on the NSMHA Customer Satisfaction survey noting it will start on October 15<sup>th</sup>.

**2012 Critical Incident Report Committee Policy & Procedure and Provider Reporting Form** – A presentation was received on the upcoming changes to the Critical Incident reportable events and the new form that will be used due to changes made by the state.

**Regional Employment Plan** – Tom Yost distributed a flyer in increasing employment and discussed it with the committee. Tom said NSMHA is looking at increasing regional employment. He said that we lost the B3 waiver funding and NSMHA has used other funding to support the fidelity employment but do not have any other funds to put towards increasing employment. Another thing NSMHA has done is created a page on the NSMHA website for employment, <a href="https://www.nsmha.org">www.nsmha.org</a> and click the "Going To Work" tab on the left side of the page.

**Expedited Assessment Requests** – Greg Long provided an explanation of expedited assessments and how the process takes place. He said NSMHA started tracking this a couple of years ago when there was a vast increase of the number of expedited assessments requested. He reviewed the data with the group and said that our system does an average of 500 assessments every month.

Another thing that has changed is that a couple of agencies have moved to the Open Access model and people can be seen the same day. Greg said that NSMHA staff feels it is important to review the policy as some are still not meeting the requirements of the policy.

**Motivational Interviewing Training** – Greg Long noted that the trainings start in October and thanked Compass Health for providing training facilities. Greg encouraged the group to have staff call in and sign up for the trainings.

**Open Forum** – Group discussion regarding the delay in getting provider staff licensed in a timely manner by the state and staff not being able to work and bill for services until the licensure is received.

Different but related, Larry noted the same issue with hiring peer counselors and noted that if someone is signed up for the peer counselor training and has a job offer, they can be moved up on the list to get licensed.

#### **MEMORANDUM**

DATE: September 28, 2012

TO: NSMHA Advisory Board

FROM: Joe Valentine, Executive Director

RE: October 11, 2012, Board of Director's Agenda

Please find for your review the following that will go before the NSMHA Board of Directors at the October 11, 2012, meeting:

### **CRISIS TRIAGE:**

The following motion is amended to provide the Skagit Triage capital funding to Skagit County and not to Pioneer Human Services.

### TO AMEND SEPTEMBER 14, 2012 MOTION #12-035 REPLACING THE ORIGINAL LANGUAGE:

NSMHA-PIONEER HUMAN SERVICES-CRISIS CENTER-11-13 AMENDMENT 1 for the provision of amending the budget to provide fifty percent (50%) of the capital funding to upgrade the facility, Skagit County is providing the remaining fifty percent (50%) of costs. The amount of increase is \$137,050 for a new maximum consideration of \$1,045,332. The term of the Agreement remains the same.

### WITH THE LANGUAGE BELOW:

NSMHA-SKAGIT COUNTY-ADMIN-12 AMENDMENT 1 for the provision of amending the budget to provide fifty percent (50%) of the capital funding to upgrade the facility, Skagit County is providing the remaining fifty percent (50%) of costs. The amount of increase is \$137,050 for a new maximum consideration of \$192,214. The term of the Agreement remains the same.

#### **SMHC**

NSMHA-WCPC-SMHC-11-13 AMENDMENT 3 for the provision of increasing WCPC's flex fund budget by \$15,000 for a new maximum consideration on this Agreement of \$1,863,055. The term of this Agreement remains the same.

cc: Joe Valentine, Executive Director County Coordinators NSRSN Leadership Team

### **Advisory Board** 1:00-3:00/1st Tuesday bi-monthly Lead Staff - Margaret Support Staff – Rebecca

January 8 February 5 March 5 April 2 May 7 June 4 July 2

August 6
September 3 – day after the Labor Day holiday
October 1 – could interfere with COD Conference should it be continued

November 5 December 3