

ADVISORY BOARD PRE-MEETING

June 7th, 2016

12:10-12:50PM

North Sound Behavioral Health Organization

Alternatives to Jail (Adult)

Ron Coakley

Skagit County



WILL REICHARDT, SHERIFF
SKAGIT COUNTY

Public Safety Building – 600 South Third – Mount Vernon, WA 98273
Phone: (360) 416-1911 Fax: (360) 416-1924 sheriff@co.skagit.wa.us

Don McDermott
Undersheriff

Tom Molitor
Chief Criminal Deputy

Chad Clark
Chief of Field Services

Charlie Wend
Chief Corrections Deputy

Jackie Brunson
Chief Administrative Services

Jail Alternative Programs

History

- 1935: 35 Bed jail installed on top of courthouse
- 1980: Plan, fund and construct Jail
- 1984: Current Jail opened, max capacity 83
- 2004: 80% Capacity horizon

Reality

1987: 80% capacity

1989: 100% capacity

1990: ADP 109 (98 men, 11 women)

1993: added 40 beds; max capacity 123

1995: ADP 127 (111,16)

1999: added 30 beds; max capacity 153

2000: ADP 166 (142,24)

2004: added 20 female beds; max capacity 173

laundry & kitchen expansion

2005: ADP 217 (180, 37)

2010: ADP 245 (203, 42)

2013: Stringent booking restrictions put in place

2015: ADP 205 (166, 39)

Jail Alternatives

- Reduce Jail Population
- Incarceration Cost Reduction
- Allow offenders to retain some normalcy
 - Employment
 - Housing
 - Treatment
 - Family Relationships
 - Community Involvement

Screening

- Sentenced by Judge
 - Allowed to do Alts
 - Risk assessment
 - Charges
 - Criminal History
 - Substance History
 - Age
 - Physical Condition
 - Financial circumstances
 - Drug/Alcohol Testing
 - Program Determination
 - State Law
 - Court Order

Types of Alternatives – Outside of Jail

– Electronic Home Monitoring

- Standard – Ankle bracelet monitors when offender leaves residence
- GPS – Location tracking via satellite and/or cell signal
- Alcohol Monitoring – Samples sweat for presence of alcohol
- Home Detention – Offender must remain in residence





Types of Alternatives – Outside of Jail

- **Community Service Work**
 - Litter Crew
 - Day Reporting – SCSO, Parks
 - Other Agency Programs – MVCWP, SWCWP, ACWP
- **One Day Offender**
 - Minimum security
 - Substance Evaluation, ADIS
 - CSW @ Fairgrounds

Types of Alternatives – Inside of Jail

- **Work Release**
 - Work
 - School
- **Inmate Workers**
 - Kitchen
 - Laundry
 - Cleaning
- **Work Detail**
 - Skagit Transit
 - Skagit Co Parks
- **RSAT**
 - Residential Substance Abuse Treatment

Types of Alternatives – Therapeutic Courts

- **Adult Felony Drug Court**
- **Adult Felony Mental Health Court**
 - Charged with felony
 - Intensive 2 year treatment Program
 - Pay restitution



SHERIFF
COUNTY

NO SMOKING

NO
SMOKING

NOTICE
SEE FOR THE EXISTING
AND FILING THE
MAY BE CLASSIFIED
BY THE COUNTY CLERK
TO MAKE EVERYTHING
TO BE IN THE
TEXT TO INQUIRE
DO NOT USE
OR ANY OTHER
METHODS TO OBTAIN
THE INFORMATION





Community Service Workers wash cars for many Skagit County Agencies





Skagit County Sheriff Jail Alternative Programs Section 2015 Yearly Report

The varied duties of the personnel in the Alternative Programs Section include Inmate Work and Treatment Programs, Courthouse Security, Trial Security Planning, Therapeutic Court Liaison, Fugitive Extradition and monetary obligation collections. The Programs Section encompasses numerous diverse programs, including inmates that are employed and continue to work during their sentence, those who do community service, jail internal operations work and even substance treatment. Staffing for this section in 2015 consisted of 1 Sergeant, 1 Court Deputy, 2 Program Deputies, 1 RSAT Deputy and 1 civilian Court Coordinator.

In November 2015, the New Jail Team was activated, incorporating 2 Sergeants, including the Programs Sergeant into that role. The Jail Team will participate in all aspects of the transition into the new jail; including planning, construction, training and finally occupation.

The Programs staff deals with defendants from immediately after their conviction until their sentence has been completed. Each defendant undergoes an initial screening to determine appropriate sentence resolution, followed by a specific program-oriented interview, booking, supervision while completing the sentence and release from control. Programs inmates are tested for alcohol and drug use prior to commencement and randomly during their sentence. All Programs inmates are "booked in" and are carried on the Skagit County Jail Roster.

Programs staff processed 2010 court commitments, conducted 324 interviews and 450¹ bookings.

The Programs staff also maintains the turn-in schedule of those defendants who must serve straight jail time and is responsible for court notification if the defendant fails to report for their sentence.

82 referrals were submitted for failure to comply with commits, 81 failure to comply cases were resolved, resulting in defendants spending an additional 212 jail days more than their original sentences.

The Court Coordinator (CC) position was instituted to impact and reduce the jail population in both the short and long-term outlook. The CC determines if in-custody defendants have cases pending in Skagit County, other than the immediate ones they are held on. The CC informs the legal community about the status of these defendants, with the anticipation that this information will result in resolution of all of the defendants' pending criminal cases.

In the short term, consolidation and resolution of cases means that defendants spend less time in jail, with the resultant decrease in costs. In the long term, the effect of this program is felt even more. The vast majority of these defendants are sent to prison, and leaving here with pending cases may result in warrants being issued for non-appearance. Prison inmates with outstanding warrants often are not allowed to participate in certain beneficial programs, including treatment for addiction and mental illness, as well as vocational programs. Studies have shown that programming in prison results in less recidivism, therefore less jail population. Since inception, the CC has made a significant impact in reducing the number of inmates having to return to the community to deal with cases that would have been left pending. The CC has also taken on several projects for the jail, assisting with RSAT and Programs data collection and analysis, and a study of felony sentence compliance.

The Court Coordinator worked with 280 inmates with a total of 915 criminal cases.

Residential Substance Abuse Treatment Program (RSAT) is a comprehensive Intensive Outpatient Treatment Program, run inside the jail, with a goal of reducing offender recidivism. In 2012, a competitive process was used to determine which RSAT program in Washington would continue to receive the federal funding. Skagit County was selected to continue receiving this money, based upon the spectacular results that Skagit County has had with the RSAT Program. In 2013, the RSAT Deputy also took on the role of assisting inmates with placement into treatment centers outside of the jail. Defense attorneys, prosecutors and treatment professionals all come together to provide treatment opportunities for inmates. 166 inmates participated in the RSAT program and 59 applications for outside treatment were completed.

Electronic Home Monitoring (EHM)

Inmates live at a private residence and wear an electronic anklet that records when they leave and return to the premises. These inmates are allowed to go to their job, treatment appointments, self-help meetings (AA, NA, etc.) and some other limited destinations. All instances of leaving the premises must be approved by Programs Staff. These inmates pay a daily

¹ Total bookings for the Skagit County Jail in 2015 were 4100.

Skagit County Sheriff Jail Alternative Programs Section 2015 Yearly Report

fee to participate in this program. We also utilize the Transdermal Alcohol Detection (TAD) program, which is a continuous alcohol detection system in conjunction with the EHM system, sampling alcohol intake from the perspiration of the offender.

148 defendants participated on EHM, serving 5662 days.

Alternative Interview Bookings (AIB)

Some defendants are allowed by the sentencing Judge to serve their sentence in a program administered by agencies other than the Skagit County Jail. These defendants must meet the same screening criteria as Programs inmates, to ensure that the basic participation criteria are met, as well as generating the appropriate tracking paperwork so the proper information is submitted to the Courts and State. Legislative changes in July 2015 dramatically affected this program, resulting in a significant decrease. 22 defendants were authorized to participate in other agency programs.

One Day Offender Program

Minimum security inmates spend their required hours in custody at a location other than the jail. During this time they may receive an alcohol/drug evaluation, attend Alcohol Information School, attend the DUI Victim Impact Panel or complete Community Service work. These inmates pay a fee to participate in this program, \$3810 was collected. 79 defendants participated in the ODO, serving 101 days.

Work Release

Inmates live in the jail and are released daily to continue to work at their job in the community. These inmates pay a daily fee to participate in the program. 61 inmates (56 male, 5 female) participated on Work Release, serving 2614 days.

In 2015, 310 defendants/inmates served a total of 8377 days on Alternative Programs.

Out of Custody Worker Programs (not housed in the jail):

1. Litter Crew – Joint program with Skagit County Public Works, Sheriff, Health Department, Washington Department of Corrections, Washington Department of Ecology. (The Litter Crew was reinstated after a long hiatus, and a new Supervisor was hired. Ramping up to full time required some time, but as of September 2015, the Litter Crew is once again fully operational.)

23 defendants participated on the Litter Crew, serving 856 hours.

2. Community Service Workers at:

City of Mt Vernon, City of Sedro Woolley; Town of Lyman; Washington State University Extension Office; Skagit County Departments (Facilities, Sheriff's Office, Law Library, Prosecutor's Office, Parks, Records)

203 defendants participated in CSW, serving 6448 hours.

In-Custody Worker Programs (housed in jail):

1. Skagit Transit – Contractual compensation agreement to provide workers 6 nights a week.

60 inmates participated on Skagit Transit Crews, serving 6136 hours.

2. Inmate Workers – Kitchen, laundry and cleanup workers for interior jail operations.

Inmates participating in trustee duties served 50,000 hours.

In 2015, defendants/inmates worked 63,440 hours on Jail Programs.

Trial Security

The Programs Sergeant is responsible for the planning and staffing of court proceedings which may pose security risks. This includes trials which are high-profile, proceedings having an in-custody defendant or defendants, domestic issues or any other heightened security matters.

Courthouse Security

Security for the courthouse complex is provided in two ways; visitor screening by contract security personnel and uniformed deputies patrolling the complex. Whatcom Security Agency provides personnel who run 2 checkpoints, one each in the Superior Courthouse and the Public Safety Building. The WSA personnel also provide security checkpoint control for

Skagit County Sheriff Jail Alternative Programs Section 2015 Yearly Report

after-hours activities in the courthouse complex, including DUI and Domestic Violence Victim Impact Panels and Small Claims Court.

The Court Deputy patrols 3 buildings, maintaining a uniformed presence in the corridors, outside premises and the 6 courtrooms and 3 hearing rooms. The Deputy's primary responsibility is maintaining security and order within the courtrooms. The Deputy also assists with security of inmates being transported to hearings, fingerprint defendants upon conviction, perform DNA sample collections and arrest defendants with outstanding warrants or when ordered by a Judge. The Court Deputy is responsible for preparing and disseminating the weekly Superior Court criminal in-custody calendar. This includes coordinating the transport to court of juveniles charged in adult court but held in Juvenile Detention. The Court Deputy made 186 arrests, fingerprinted 447 defendants and conducted 228 DNA sample collections.

Along with the courts, the campus houses the Clerk's Office, District Court Probation, Office of Assigned Counsel, Family Law Facilitator, Law Library and Public Defender.

178,698 visitors entered the two courthouses through the security checkpoints and 50² after-hours events requiring security were held. 671³ prohibited items were abandoned at the checkpoints.

Therapeutic Court Liaison

The Programs Sergeant is the Sheriff's representative on the Skagit County Drug Court & Mental Health Court teams. These innovative programs combine supervision and treatment for offenders whose criminal actions are a result of their mental illness or dependence on drugs. Once an offender is admitted to a Therapeutic Court, they begin a two year treatment plan. Clients make monthly restitution payments and in order to graduate are required to attain certain treatment and life goals, including education, continuing sobriety, treatment and employment. Successful completion of the Program results in the charges being dismissed.

The teams consist of a Superior Court Judge (or Commissioner), Court Coordinator, treatment professionals (Skagit Recovery Center, Compass Health), legal professionals (Prosecutor, Public Defender) and law enforcement (Mount Vernon Police Department and Sheriff's Office). As the liaison, the Programs Sergeant is responsible for ensuring good communication between Courts, Jail and Sheriff's Office. Other duties include security for the courts, arranging transport for any in-custody clients, taking sanctioned clients into custody and reporting on client's behavior while in custody. 173 in-custody clients were transported to Therapeutic Courts and 50 taken into custody for transport to the Jail.

Fugitive Extradition

The Programs Sergeant is the Sheriff's representative to the Northwest Cooperative Shuttle Prisoner Transport System and also arranges extradition and transport of fugitives to and from Skagit County from around the state and country. 33 fugitive extraditions were arranged.

Monetary Obligation Collections

In 2013, efforts were increased to collect on debts owed to the Sheriff's Office and Jail. The Programs Sergeant and SO Accountant instituted several processes to notify people of their debts and encourage them to pay. These debts include a \$125 court ordered restitution for each DUI processed by the Sheriff's Office. Prior to this year, no effort was made to collect on these unpaid obligations. In excess of \$3700 was actually collected for DUI restitution.

Alternative Programs Section Goals for 2016

1. Increased substance testing of Program participants, particularly Work Detail and Home Monitoring clients
2. Continued expansion of the One Day Offender Program
3. Continued expansion of the Transdermal Alcohol Detection program for sentenced inmates & pre-trial defendants
4. Assist in transition of new Litter Crew Supervisor and continuation of that program
5. Expansion of all inmate programs vis a vis new jail agreement, with emphasis on worker programs
6. Continue and increase successful efforts of Case Coordinator

² DUI & DV panels, Small Claims court, late jury or hearings

³ Prohibited items include knives, scissors, etc. These items are destroyed by the SCSO Evidence technician.

**Skagit County Sheriff
Jail Alternative Programs Section
2015 Yearly Report**

7. Jail Team succession and addition to staffing.

North Sound Behavioral Health Organization
301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273

ADVISORY BOARD AGENDA

June 7th, 2016

1:00 pm – 3:00 pm

CALL TO ORDER & INTRODUCTIONS

REVISIONS TO THE AGENDA

ANNOUNCEMENTS

Behavioral Health Conference

APPROVAL OF MINUTES FROM PREVIOUS MEETING

- Approval of May Minutes.....TAB 1

EXECUTIVE/FINANCE COMMITTEE REPORT

Approval of the May Expenditures.....TAB 2

PRE MEETINGS

Pre Meetings.....TAB 3

STANDING COMMITTEE REPORTS (Briefs from Each Committee Attached)

- Planning Committee (No May Meeting)
- Quality Management Oversight Committee (QMOC)TAB 4

EXECUTIVE DIRECTOR’S REPORT & ACTION ITEMS

Executive Director’s Report Items

- Report from Joe (available at meeting)TAB 5

Executive Director’s Action Items

- Action Items/Memorandum (available at meeting)TAB 6

OLD BUSINESS

- Lake Whatcom Center – Picnic
- Lake Whatcom Center - Tour
- July RetreatTAB 7
Skagit Resort July 5th, 2016
 - 5984 North Darrk Lane, Bow, WA 98232, Phone: 877-275-2448

NEW BUSINESS

REPORT FROM ADVISORY BOARD MEMBERS

ADVISORY MEMBERS' COUNTY REPORTS

Island

San Juan

Skagit

Snohomish – A Brief Comment on the Snohomish County Drug Court – Marie Jubie

Whatcom

BRIEF COMMENTS OR QUESTIONS FROM THE PUBLIC

REMINDER OF NEXT MEETING

- Retreat July 5th, 2016 at Skagit Resort 5984 North Darrk Lane, Bow, WA 98232

ADJOURN

North Sound Behavioral Health Organization

301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273

ADVISORY BOARD MINUTES

May 3rd, 2016

1:00 p.m. – 3:00 p.m.

ATTENDANCE

Advisory Board Members Present

Island: Candy Trautman

San Juan: Peg Leblanc

Skagit: Susie Spencer

Snohomish: Carolyn Hetherwick Goza, Greg Wennerberg, Fred Plappert, Carolann

Sullivan, Jennifer Yuen, Marie Jubie, Joan Bethel

Whatcom: David Kincheloe, Mark McDonald

Excused Advisory Board Members

Island:

San Juan:

Skagit: Ron Coakley, Joan Lubbe

Snohomish:

Whatcom: Michael Massanari, Rachel Herman

Absent Advisory Board Members

Island:

San Juan:

Skagit: Faviola Lopez

Snohomish:

Whatcom:

NSBHO Staff Present

Joe Valentine (Executive Director)

Joanie Williams (Advisory Board Coordinator)

Maria Arreola (Administrative Assistant)

Michael McAuley (Quality Specialist)

Linda Cruthers (SUD Quality Specialist)

Christy Sundholm (SUD Quality Specialist)

Guests Present

Jack Eckrem (Snohomish County Alcohol & Drug Board Member)

Pat O'Maley Lanphear (Snohomish County Alcohol & Drug Board Member)

Betty Rogers (Island County)

CALL TO ORDER & INTRODUCTIONS

The Chair called the meeting to order at 1:00 p.m. and initiated introductions.

REVISIONS TO THE AGENDA

DRAFT not Approved by Advisory Board

The Chair inquired regarding changes to the agenda. No changes were mentioned.

ANNOUNCEMENTS

New Prospective Members

- Jack Eckrem, Snohomish County; Pat O'Maley Lanphear, Snohomish County and Betty Rogers, Island County, spoke of their interest to serve on the North Sound BHO Advisory Board. AB Members were in favor of their membership.
- Joan Bethel spoke regarding Senior Mental Health funding. The topic will be further discussed at a future meeting.
- Candy spoke about the American Foundation for Suicide Prevention (AFSP). The AFSP will be sponsoring *Out of the Darkness* in Everett in October. An informational flyer was passed around.
- David presented Mark McDonald with a recognition plaque. The acknowledgment was for two years of dedicated service as The Chair to the North Sound BHO AB.

UPCOMING PRE MEETING TOPIC/QUESTIONS

Pre Meeting for June

- Ron Coakley will present in June. The topic will be Alternatives to Jail (adult).

Site Visits

Discussion took place for a site tour and picnic at Lake Whatcom Treatment Center (LWTC). The site tour and dates for the picnic are to be determined. The anticipated timeframe is June.

Pioneer Center North (PCN) tour is anticipated for June or possibly August, depending the site tour/picnic at LWTC.

STANDING COMMITTEE REPORTS (Briefs from Each Committee Attached)

- Planning Committee (No April Meeting)
- Quality Management Oversight Committee (QMOC) Report

EXECUTIVE DIRECTOR'S REPORT & ACTION ITEMS

Executive Director's Report

BUDGET/LEGISLATIVE HIGHLIGHTS

The Governor has signed the 2016-2017 Supplemental Budget Bill as well as other pieces of legislation that impact behavioral health services. The legislative budget bill also requires DSHS to set maximum reserve levels.

Some other key budget highlights:

- **Expansion of Mobile crisis teams** – funding for both new teams and to expand existing teams. The preliminary recommendation was that the sites would be Thurston-Mason, King and North Central.
- **Housing and Recovery Services** – funding for 4 new teams similar to the HARPS program in North Sound and two other regions. Funding will be for King, Pierce, Salish and Spokane.
- **Peer Bridging Services** – funding for a pilot program for BHOs to hire 22 Peer Bridger staff that will be incorporated into the state psychiatric hospital liaison teams. Each region will be receive funding.
- **Suicide Threat Response** – funding for the provisions of 2SHB 1448 to cover the costs of increased referrals for mental health services.

Legislative highlights

- 2SHB 1448 Requires all law enforcement agencies to adopt criteria and procedures by July 1, 2017, for an officer to refer a person to a mental health agency after receiving a report of the person's threatened or attempted suicide.
- ESHB 1713 Creates an integrated set of behavioral health administrative requirements, funds secure detox facilities and supports the full integration and full state funding of the chemical dependency involuntary treatment act.
- SB 6656 Establishes a planning process to explore the option of changing current financing structure and financial incentives for state hospital civil bed allocation by charging BHOs and equivalent entities in full integration regions for each day of care provided at the state hospital, within state funds instead of providing state hospital bed allocations.

GOVERNORS “BEHAVIORAL HEALTH INTEGRATION WORKGROUP”

The Governor’s workgroup to advise the Governor on the financial and structural changes needed at the state and regional level to support the movement towards fully integrated managed care by 2020 has met twice. I am one of two “county” representatives that have been invited to participate in this group along with Commissioner Shelly O’Quinn from Spokane.

Three sub-groups have been formed to:

- Identify organizational changes at the state level, specifically moving responsibility for behavioral health programs from DSHS to the Health Care Authority;
- Examine how crisis and non-Medicaid services should be structured using the SW Washington Early Adopter model as an example; and,
- Explore the interface between a fully integrated system and the tribes.

BHO PLANNING UPDATE

DRAFT not Approved by Advisory Board

All of our contracts are now in place and both outpatient and residential services are being authorized and paid for by the BHO.

One of our next major goals related to expansion of SUD services, will be working with the counties on the expansion of Medication Assisted Treatment and Opiate Addiction outreach programs. On May 12, we will be meeting with Dr. Rick Ries, Caleb Banta-Green from the University of Washington, Cammy Hart Anderson and other Snohomish County Human Services Department staff, and Dr. Gary Goldbaum, the Snohomish County Health Officer, to begin identifying initiatives that can be funded and/or expanded using BHO fund sources.

NORTH CASCADES BEHAVIORAL HEALTH FACILITIES RE-LOCATION

Our attorney, Brad Furlong, continues to work with Snohomish, Skagit, and Whatcom counties on the terms of has drafted a “refundable grant agreement” regarding the capitol dollars we have contracted to Snohomish, Skagit, and Whatcom counties as seed money for future behavioral health facilities.

“SAME DAY ACCESS KICK-OFF MEETING”

On April 20, the contractor we have been working with to reduce wait times and work towards “same-day access” for treatment appointments, MTM, held a “kick-off” meeting with our providers to get ready for the second phase of the project.

Quality Review Team Discussion (Betsy Kruse)

Betsy convened discussion regarding participation of the Quality Review Team (QRT).

Under WAC 388-865-0266 Behavioral health organizations--Quality review teams. “ A behavioral health organization (BHO) must establish and maintain unencumbered access to and maintain the independence of a quality review team as described in this section and in the contract between the BHO and the division of behavioral health and recovery (DBHR). The Quality Review Team must include individuals who currently receive or have in the past received behavioral health services, and may also include the family members of such individuals.”

July 1st, 2016 is a target date to have the specifics in the creation of the Quality Review Team. It was requested to have those interested in a formation group to assist the frame and role of the QRT. Those whom are interested are to contact Joanie. Joanie will forward the names to Betsy.

Executive Director’s Action Items

Joe reviewed each of the Action Items with the Advisory Board. A motion was made to move the Action Items to the Board of Directors. Motion was seconded and approved. Motion approved to forward the Action Items to the Board of Directors.

OLD BUSINESS

Advisory Board Advocacy Priorities

Priorities will be further discussed at the July retreat

Conferences

Scholarship Committee formed

- Betty, Peg, and Pat, Fred, and Mark volunteered to be on the Scholarship Committee.

Advisory Board Members that will attend the Behavioral Health Conference in June

- Joan B., Mark, Fred, Greg, Peg

Advisory Board Members that will attend the NAMI Conference

- Greg, Mark, and Jennifer

Those who are interested in the conferences are to contact Joanie to be added to the list.

Bylaws Draft

Motion was made to adopt the Bylaws; all in favor except Marie, who voiced concern over Article 10.

Visual Art & Poetry Contest

Details were discussed and adopted.

July Retreat

A determination was made for the Retreat to be held on July 5th, 2016, with a tribal owned facility. Tim Corey will be invited to facilitate with the creation of the North Sound BHO Mission Statement. Topics were identified. A Motion was made to have Tim Corey as the facilitator at the July Retreat. Motion was seconded, Motion approved.

Topics to be discussed at the retreat

- Mission Statement
- Bylaws
- Advocacy Priorities
- Strategic Priorities
- Mark Smith from Housing Consortium of Everett & Snohomish County

EXECUTIVE/FINANCE COMMITTEE REPORT

Approval of the April Expenditures

The April Expenditures were reviewed and discussed. A motion was made to move the April expenditures to the Board of Directors for approval. Motion was approved.

NEW BUSINESS

REPORT FROM ADVISORY BOARD MEMBERS

Fred – Snohomish County spoke about an event for children’s mental health which is taking place this Saturday at Evergreen Middle School.

ADVISORY MEMBERS' COUNTY REPORTS

Meeting adjourned prior to the County Report agenda topic

Island

San Juan

Skagit

Snohomish

Whatcom

BRIEF COMMENTS OR QUESTIONS FROM THE PUBLIC

Name

Name

ADJOURNMENT

The Chair adjourned the meeting at 3:05 p.m.

NEXT MEETING

The next **Pre-Meeting** will be at 12:00 p.m. on June 7th, 2016 in the Snohomish Conference Room

The next **Advisory Board meeting** will be 1:00 p.m. on June 7th, 2016 in the Snohomish Conference Room

**Advisory Board Budget
May 2016**

	Total	All Conferences Project # 1	Board Development Project # 2	Advisory Board Expenses Project # 3	Stakeholder Transportation Project # 4	Legislative Session Project # 5
Budget	\$ 42,000.00	\$ 16,736.00	\$ 1,910.00	\$ 19,329.00	\$ 225.00	\$ 3,800.00
Expense	(8,994.90)			(7,729.69)		(1,265.21)
Under / (Over) Budget	\$ 33,005.10	\$ 16,736.00	\$ 1,910.00	\$ 11,599.31	\$ 225.00	\$ 2,534.79

BHC , NAMI, COD, OTHER	BOARDS SUMMIT (RETREAT)	Costs for Board Members (meals mileage, misc.)	Non- Advisory Board Members, to attend meetings and special events	Shuttle, meals, hotel, travel
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Behavioral Health Organization, LLC
Warrants Paid
May 2016

	Type	Date	Num	Name	Memo	Amount
Advisory Board						
Supplies						
	Bill	05/03/2016	61604	Haggen Inc	Batch # 114281	289.70
	Bill	05/11/2016	5/3/16-99733	Haggen Inc	Batch # 114416	362.93
Total Supplies						<u>652.63</u>
Travel						
	Bill	05/03/2016	April2016	AA Dispatch	Batch # 114281	649.25
	Bill	05/03/2016	March-April2016	McDonald, Mark	Batch # 114281	165.94
	Bill	05/03/2016	April2016	Yuen, Jennifer	Batch # 114281	97.20
	Bill	05/11/2016	Nov15-Mar16	Hetherwick-Goza, Carolyn	Batch # 114416	232.47
	Bill	05/11/2016	Apr/May2016	Kincheloe, David	Batch # 114416	108.00
	Bill	05/11/2016	March2016	Sullivan, Carolann	Batch # 114416	47.52
	Bill	05/11/2016	Mar-Apr-May2016	Trautman, Candy	Batch # 114416	108.00
Total Travel						<u>1,408.38</u>
Miscellaneous						
	Bill	05/18/2016	547828	Mister T Trophies	Batch # 114487	67.27
Total Miscellaneous						<u>67.27</u>
Total Advisory Board						<u>2,128.28</u>
						<u>2,128.28</u>
						<u><u>2,128.28</u></u>

2016 Pre-Meetings, Site Visits, Conferences and Advocacy

Date	Pre-Meeting Topics	Note
January 5th, 2016	SUD Opioid Epidemic and Strategies	Dr. Gary Goldbaum
February 2nd, 2016	SUD/Juvenile Justice/Recovery Services	Lisa Tremblay and Lex Rivers
March 1st, 2016	Phoenix Recovery Center - SUD Services	Corky Hundahl
April 5th, 2016	Adult and Youth Access to Care Standards & SUD	Julie de Losada & Sharon Toquinto
May 3rd, 2016	Northwest Youth Services Housing/Homelessness	Riannon Bardsley
June 7th, 2016	Alternatives to Jail	Ron Coakley
July	<i>Retreat/No Pre-Meeting</i>	
August (Pending)	North Sound BHO Tribal Coordination	Joe Valentine
September(Pending)	Pioneer Center North (Focus on SUD)	
Oct or Nov	Housing Consortium Mark Smith	
Oct or Nov	Seamar Co-Occurring Compass	
Oct or Nov	Mukilteo E&T Remodel	
December	Holiday Potluck - No Pre Meeting	
	Tele-Psychiatry Webinar	
	Dispute Resolution	Chuck Davis and Pat Morris
	Evergreen Detox Center	
	Tribal Centric Behavioral Health System	
	Lummi and Tulalip Tribes BHO Programs	
	Qualifying Factors of a Co-Occurring Disorder	
	Center for Human Services (Children)	
	Phoenix Recovery Center	
	Therapeutic Health Services	
	Peer Support Model Presentation	
	Crisis Redesign	
	Everett De-Tox Center	
	North Sound BHO Funded School Based MH Services	
	Co-Occurring Disorders	
	Eating Disorders	
	LGBT Committee	
	Tribal Mental Health Overview	
	Joel's Law	
	Involuntary Treatment Act	
	Psychological First Aid Training	
	Peer Specialist and Recovery Coach Integration	
Date	Site Visits	Note
	Pioneer Center North	June or August
	Lake Whatcom Treatment Center Site Tour (Open House?)	TBD in June
Possibly June	Lake Whatcom Treatment Center/Picnic	TBD in June
Date	Advocacy	Note
February 23 & 24	Legislative Session Visit	
Date	Conferences	Location
June 23-24	Behavioral Health Conference	Yakima
Sept. 30 - Oct. 2	NAMI Conference - The Road to Recovery: Mental Health Matters	Red Lion Hotel - Port Angeles
Sept. 7-8	Tribal Conference - Building Community Resiliency	Skagit - Bow
Oct. 3- 4	Co-Occurring Disorders Conference	Yakima



North Sound Behavioral Health Organization, LLC

301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273
<http://northsoundbho.org> • 360.416.7013 • 800.684.3555 • F 360.416.7017

QMOC Brief May 25, 2016

Policy 1574 – State and SABG (Substance Abuse Block Grant) Funding Plan

North Sound BHO must have a policy that identifies how State and SABG funding is used. The policy was updated to reflect the addition of priority populations and services allowed for SABG funding. Another notable change was to align the income guidelines for all priority populations; the income threshold is now 220% regardless of age or type of service, mental health or substance use, requested. Former restrictions on use of State funds related to PACT and Rehabilitation Case Management were also eliminated from the policy. This policy was approved by QMOC as written.

Policy 1522 – Out of Network

This policy was updated to reflect the addition of Substance Use Disorders. Included in the policy updates is the addition of using the *Out of Network Notification Form* and the *Out of State Request Form*. The *Out of Network Notification Form* was designed for two purposes, 1) inform the BHO of initial subcontracts and 2) for providers to submit the required 6 month updates on the subcontracts per policy. The *Out of State Request Form* will be used by providers to request out of state services through the BHO. This policy and the additional forms were approved by QMOC as written.

Access to services – timeline tracking issues

This was a follow-up conversation to April QMOC's discussion about the Request for Service (RFS) date. A determination needs to be made regarding how to track access timelines under the open access model. As agencies continue to adopt the open access model of access to services, the traditional methods of tracking RFS, first offered assessment and first accepted assessment dates do not always make sense. North Sound BHO has determined that as noted in the new SERI, "information and referral" calls should not constitute a RFS. A RFS should be submitted 1) When an intake appointment is *scheduled*; 2) When an individual walks into an agency with Open Access (regardless if they are seen that day). It was also noted that, as always, a RFS is made by the individual with the ability to consent for treatment. Discussion ensued and the general consensus of the group is that this still needs to be an ongoing conversation as it is still too early into the Open Access model.

Open Forum

Due to remaining time, the following question was posed for the Open Forum: *As we add SUD providers, are there questions regarding QMOC?* Discussion ensued regarding the adjustment SUD providers to the BHO.

North Sound Behavioral Health Organization

Advisory Board

July Retreat

Date: July 5th, 2016

Location: Skagit Resort

5984 North Darrk Lane, Bow, WA
98232

Hours: 9:00 a.m. – 4:00 p.m.

Breakfast, lunch, and snacks will be provided

July Retreat Discussion Topics:

- Bylaws
- Mission Statement
- Advocacy Priorities
- Strategic Priorities

[NEWS01](#)

Published: Sunday, May 22, 2016, 12:01 a.m.

Everett police get special training to help people in crisis

By [Diana Hefley](#)

Herald Writer



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EVERETT — The Everett Police Department has become the second metropolitan law enforcement agency in the state to require its officers to complete 40 hours of crisis intervention training.

The specialized training is meant to help police officers recognize the signs and symptoms of mental illness and to provide them with advanced communication skills to avoid escalating interactions with people in crisis, such as someone experiencing a psychotic break. The course also gives police officers information about community resources that may be alternatives to hauling someone to jail or an emergency room.

An estimated 2 million people living with mental illness are booked into the nation's jails every year. Mental illness is more prevalent among jail inmates than the general population. County jails and state prisons have become the country's largest mental health institutions since the systematic closure of state psychiatric hospitals in the 1980s.

Crisis intervention training has been around since the late 1970s and is becoming more popular among police departments, whose officers often are the first to respond to someone in a crisis, whether it's drug-induced or stemming from a mental illness.

“We know that out on the street officers have been encountering more untreated and unmedicated people with mental illness,” [Everett Police](#) Chief Dan Templeman said. “It was clear to me that it was time to arm our officers with the tools and techniques that will help them be successful dealing with these individuals.”

The first 40-hour session wrapped up Friday for about 20 officers, including some rookies and a handful of veterans with 20-plus years. Classes are scheduled once a month for the rest of the year.

Legislators last year passed a [law](#) requiring all police officers to obtain eight hours of crisis intervention training by 2021. Officers also must receive a two-hour refresher course every year.

The state [Criminal Justice Training Commission](#) already is providing eight hours of the training to new recruits. It'll be up to local police departments to train anyone who graduated from the Basic Law Enforcement Academy before June 2014.

The new legislation also recommends that the training commission provide a 40-hour class to 25 percent of the state's officers assigned to patrol.

The law was named after Doug Ostling, a Bainbridge Island man who was shot to death by police in 2010. Ostling, who lived with mental illness, had called 911 and yelled into the phone. Two officers were escorted to Ostling's studio apartment above the garage at his parents' home.

Ostling came to the door with an ax that he'd used to chop kindling. The officers said Ostling advanced on them. An electric stun gun was discharged but to no effect. One officer opened fire. Ostling bled to death while police waited more than an hour to check on his condition.

A federal jury later [awarded](#) Ostling's family \$1 million, concluding that the police department failed to properly train its officers.

Since 2008 the state training commission has teamed up with police departments to educate officers on crisis intervention, said Bill Graham, the commission's program manager for Crisis Intervention Teams.

Snohomish County sheriff's detectives organized [volunteer sessions](#) here around the same time, but those courses were sporadic and fell off, mainly because of funding. King County has had a program since 2010, using proceeds from sales tax.

Many agencies cut back on the training when the recession hit, Graham said.

Back in November there were about 4,000 officers statewide who'd received at least eight hours of crisis intervention training. There are about 10,000 police officers in Washington. The state is on track to meet the new mandate well before the 2021 deadline, Graham said. "We're averaging about 200 officers a month," he said.

The Spokane Police Department was the first in the state to require its officers to receive at least 40 hours of crisis intervention training.

That makes Everett the second, Graham said.

Templeman said his priority is for patrol officers to graduate from the course first. Many officers already have at least eight hours of the crisis intervention training, he said.

Snohomish County Sheriff Ty Trenary will not require more than eight hours from his deputies at this point. He said part of the proposed public safety tax would be dedicated to providing more crisis intervention training to deputies and corrections officers working in the jail.

"I think we need a lot more than eight hours a year," Trenary said. "We'd absolutely love to provide more, but it's about the funding."

Often departments must pay overtime to backfill for the officers attending the class. The commission can provide some financial assistance, Graham said.

Everett partnered up with the state training commission and the sheriff's office to create curriculum specific to the county. The 40-hour class is open to all law enforcement agencies in the region and eventually will be offered to emergency medical responders and mental health professionals, Everett police Sgt. Trevor Townsend said.

Often officers here have been going to King County for the training, but that course focuses on resources that aren't in Snohomish County.

Templeman said he tasked his training unit to develop the curriculum that was specific to the resources that are available here, such as the triage center or the Crisis Prevention and Intervention Team. The course also includes speakers from the [Snohomish County chapter of the National Alliance on Mental Illness](#), which advocates for families and their ill loved ones.

NAMI's involvement allows "an opportunity to provide officers with context and perspective through interactions with caregivers as well as direct exchange with persons living with a mental illness," the group's president Keith Binkley said.

He is hopeful that will lead to greater care and compassion on the part of police officers.

Townsend said the training doesn't impact the fundamentals critical to law enforcement. It's advanced training that

builds on what officers already do, he said.

“We're always dealing with people in crisis, whether it's mental illness or domestic violence. We want to recognize that there's more to it than arresting our way out of the problem,” Townsend said. “We want officers to see what's involved.”

A primary benefit to the training is learning what social service agencies are available to those in need, he said. There hasn't always been collaboration between police and mental health professionals. That is improving in Snohomish County.

Officers on Thursday spent most of the day hearing from [Ellis Amdur](#), a certified mental health counselor and veteran crisis intervention educator.

“You're not looking around for mentally ill people, right?” he asked the class. “There will be a 1,000 people with severe mental illness that you never contact.”

When officers must engage it's important to assess whether intervention is even necessary, Amdur said. There's a difference between a man mumbling to himself who's not causing any trouble, and someone in crisis, screaming at passersby.

The approach is crucial, Amdur said.

He advised officers not to validate a person's delusions. Don't argue with him, but don't pretend to see or hear something that's not there, Amdur explained.

“I don't see it, but I believe you do. I'm not calling you crazy,” he suggested. “You may be the lifeline back to the world they're exiled from.”

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