

ADVISORY BOARD PRE-MEETING

March 6th, 2018

12:10-12:50PM

North Sound Behavioral Health Organization

Managed Care Organizations

United Healthcare

Shelly Ray and Ken Anderson

Amerigroup

Caitlin Safford



photo sourced online from flickr.com

February 6, 2018 - Mount Vernon, WA



UNITEDHEALTH GROUP®



OUR VALUES

Integrity

Compassion

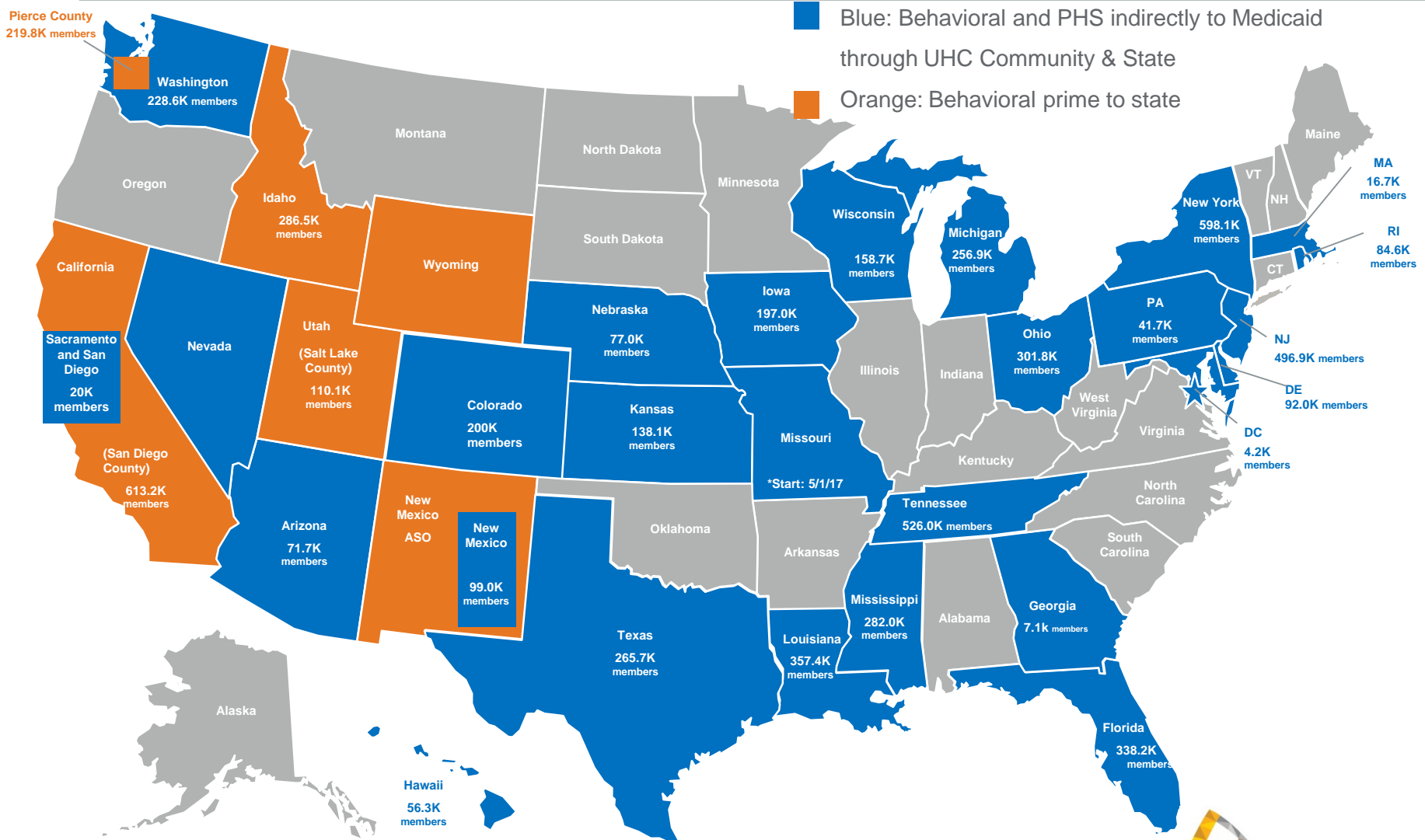
Relationships

Innovation

Performance



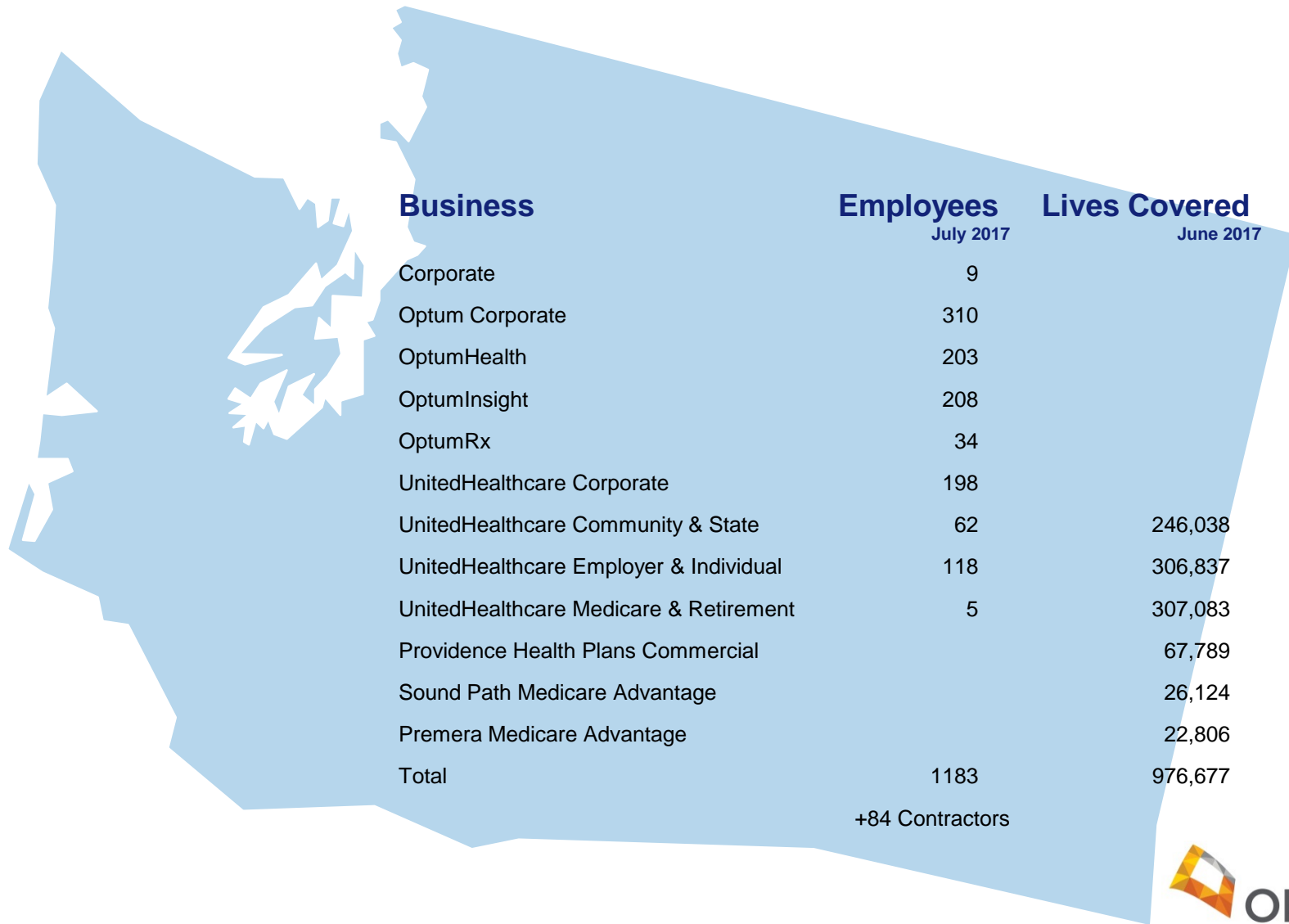
Behavioral Clients & Population Health Solutions (PHS)



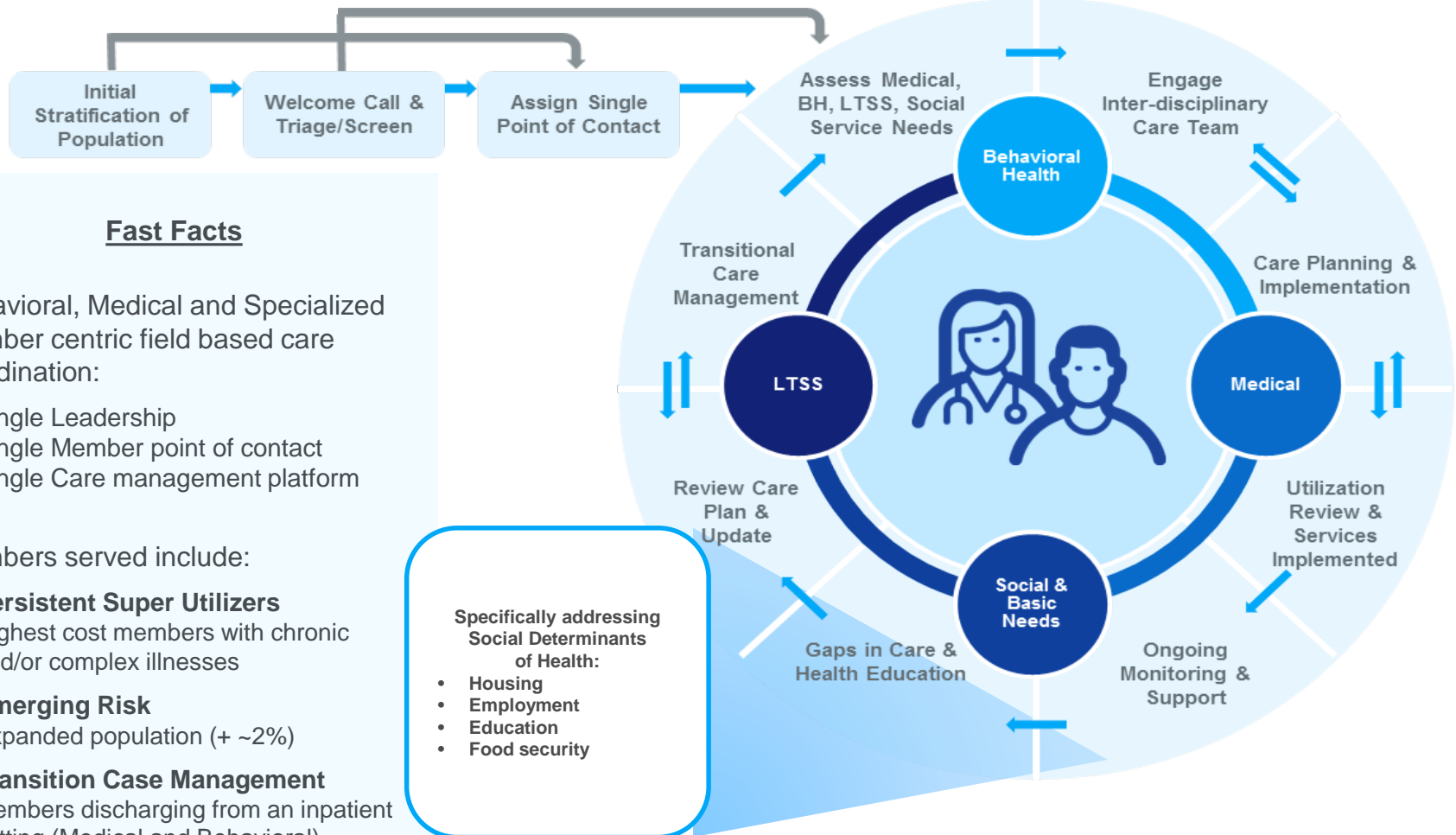
NOTE: Map denotes January 2017 membership



Our Footprint in Washington



Addressing the Whole Person



Fast Facts

Behavioral, Medical and Specialized member centric field based care coordination:

- Single Leadership
- Single Member point of contact
- Single Care management platform

Members served include:

- **Persistent Super Utilizers**
Highest cost members with chronic and/or complex illnesses
- **Emerging Risk**
Expanded population (+ ~2%)
- **Transition Case Management**
Members discharging from an inpatient setting (Medical and Behavioral)
- **Direct Referrals**
Identified through Health Risk Assessment, Health Plan or Providers

Specifically addressing Social Determinants of Health:

- Housing
- Employment
- Education
- Food security

Care Coordination

Components of Care Coordination

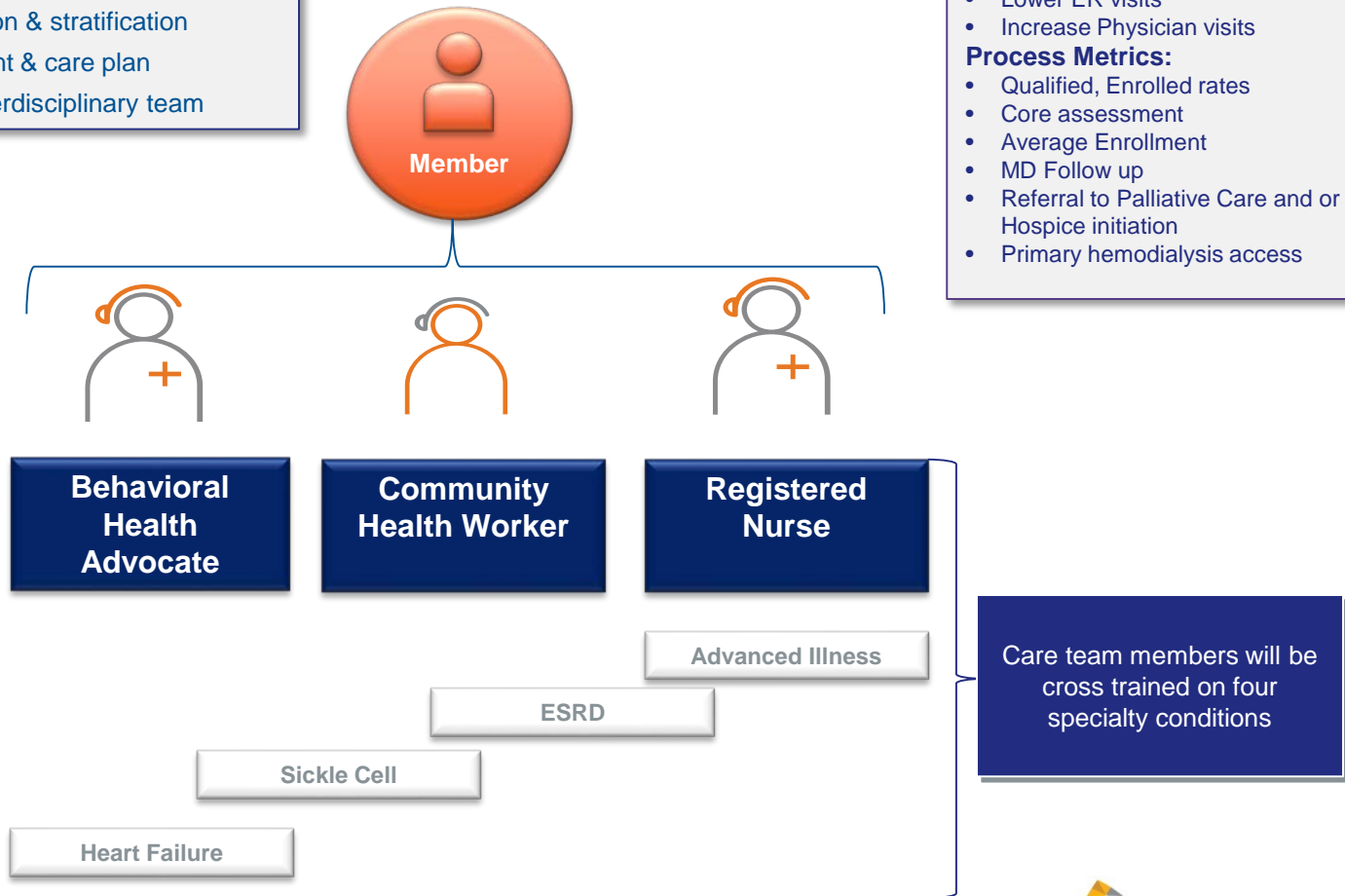
- Single point of contact
- Single identification & stratification
- Single assessment & care plan
- Locally based interdisciplinary team

Targeted Outcome:

- Lower Inpatient Admits
- Lower ER visits
- Increase Physician visits

Process Metrics:

- Qualified, Enrolled rates
- Core assessment
- Average Enrollment
- MD Follow up
- Referral to Palliative Care and or Hospice initiation
- Primary hemodialysis access



Core care team will continue to be supported by physicians, pharmacists and community resources.



- BHO experience
 - Optum has successfully managed Pierce County BHO for 7+ yrs
<https://www.optumpiercebho.com/content/ops-opubsect/pierce-county-bho/en.html>
 - Optum has worked with several WA RSN/BHOs for the last 10+ yrs
 - Utilization management
 - Care management/Care Coordination
 - Contract & Compliance audits
 - RFP support
 - Optum is currently contracted with Spokane BHO
 - UHC Community health plan working closely on a couple of jail transition and projects regarding shared members with a couple of BHOs



Optum Pierce BHO provides crisis services to the entire Pierce County population and partners with providers to offer services, programs, and resources for mental health and substance use disorders to Medicaid members in the Pierce County public behavioral health system.

Strategies and Programs

- Certified Peer Support Specialists
- Critical Partnerships - Tacoma-Pierce County Public Health, City of Lakewood, City of Tacoma, law enforcement, emergency services, consumers/family members
- Primary Care Integration
- Independent Housing
- Criminal Justice
- Hospital / ER Diversions
- Redesigned Crisis System
- Outpatient Penetration

58.0%	increase in individuals served annually
31.9%	reduction in hospitalizations, \$12.1 million estimated cumulative 5-year savings
32.6%	reduction in Involuntary Treatment Act admissions, \$8.4 million estimated cumulative 5-year savings
32.1%	reduction in 30-day readmission rate \$1.1 million estimated cumulative 3-year savings
22.5%	below state average for inpatient bed days/1,000, \$12.8 million estimated cumulative 5-year savings

Source: Optum analysis of redesigned regional support network, G. Dolezal and F. Motz, 8/1/13. Reduction in hospitalizations, ITS reductions, and reduction in 30-day readmission rate percentages are calculated as the average reduction over the 3-year period compared to the prior year benchmark. Bed days per 1,000 is calculated as bed days divided by total covered county population. Average length of stay and daily unit cost based upon the base period experience.

Describe in concrete terms what steps you will take to integrate physical and behavioral health care to persons with serious mental illness and substance use disorders?

- Integration begins at the member level (whole person view), Plan operations (multi-disciplinary teams and coordination tools) and then Point of Service
- With respect to CoCM, in both Community Health Clinic's and Community Mental Health Agencies, tools and technical assistance: practice assessment, provision of AIMS registry, assistance with attestation submission, side-by-side training on billing/claims/encounter submission, onsite coaching by Integration Advocates, telepsychiatry consultation and support, brokering primary care and BH provider partnerships. Note: CoCM can be deployed at CMHAs as well as FQHCs which then can focus on individuals with SMI and/or SUD and co-occurring medical conditions.
- Contracting: VBP incorporating BH as well as PH measures, innovative VBPs which allow shared savings between separate BH and PH organizations (esp helpful with rural providers)
- Focus on efforts to integrate services within health care settings and behavioral health settings. Training, practice transformation collaboration tools
- Ultimately it is about commitment and communication

What is your experience in working with community advisory boards? How would you work with the North Sound Behavioral Health Advisory Board?

- We have been participating at each of the Regional ACH meetings
- Working with the Interlocal groups in specific regions, including North Sound
- Have a Community Advisory Board with our Pierce BHO
- Have experience with Advisory Boards in other parts of Country, and specifically San Diego and Salt Lake
- Need to understand the relationship of the BH ASO and the Advisory Board, the ACH and the Interlocal going forward, as well as County specific health improvement efforts
- Understand the need for a BH planning and input entity to relate with the BH ASO, the MCOs and Counties for system needs and performance review – input from consumers and families
- Would expect that other community engagement efforts will be from an integrated services perspective

How is integrating care for persons with serious behavioral health disorders different from integrating care persons with mild disorders?

- Mild disorders can often be managed by the PCP who should be supported with specialist consultation and in-office or collocated counseling. The behavioral services are generally more time limited. The integration focus should be to ensure good screening for disorders (depression for instance as well as substance use often presented as sleep disruption); good PCP training around Med management and early identification; easy access to psychiatric consultation, coordinated counseling; and strong community resource connections. Children behavioral health needs generally first identified through Pediatric visits
- Integration for people with serious behavioral health issues is where there needs to be really close communication between the PCP and the behavioral health providers...including integrated medical and prescription records, a care management resource that helps facilitate physical and BH engagement; practitioners that are aware of the medical-psychiatric interface (whole person view)...and finally easy accessibility for the individual who needs medical care (ie – co-location at the BH site). Significant opportunity for Peer Specialists to work in a whole health coaching role
- Severe mental illness and significant substance is in many ways a long-term (chronic disease) condition and Recovery is the individuals journey. Often it is accompanied by significant social impacts that require a more comprehensive support network to maintain health and quality of life. Communication, coordination and consistency are critical factors.

What are the lessons learned from other areas where your MCO has been involved in integrating physical and behavioral health care, e.g., in the Southwest and North Central regions or in other States?

- Not currently an MCO in Southwest or North Central
- Have integrated Medicaid plans in Kansas, Tennessee, Louisiana, Iowa, Ohio, Colorado (in development), Nebraska, Ohio, to name a few
- Member engagement is critical – trust improves service planning
- Generally first wave of point of service integration is at FQHCs, CMHCs tend to lag somewhat
- Substance Abuse services are always underfunded and slowest to integrate at point of service
- Information sharing across systems takes a lot of work
- All are interested in Social Determinants of Health – can be a point of organizing and collaboration
- Takes time and is evolutionary – keep at it
- Payment reform as much as anything will drive change

Thank you!

Ken Anderson, Vice President Public Sector Business Development
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Shelly S. Ray, Behavioral Health Director
Shelly.s.ray@optum.com **952-687-3304**





Amerigroup
RealSolutions[®]
in healthcare



North Sound BHO Advisory Board

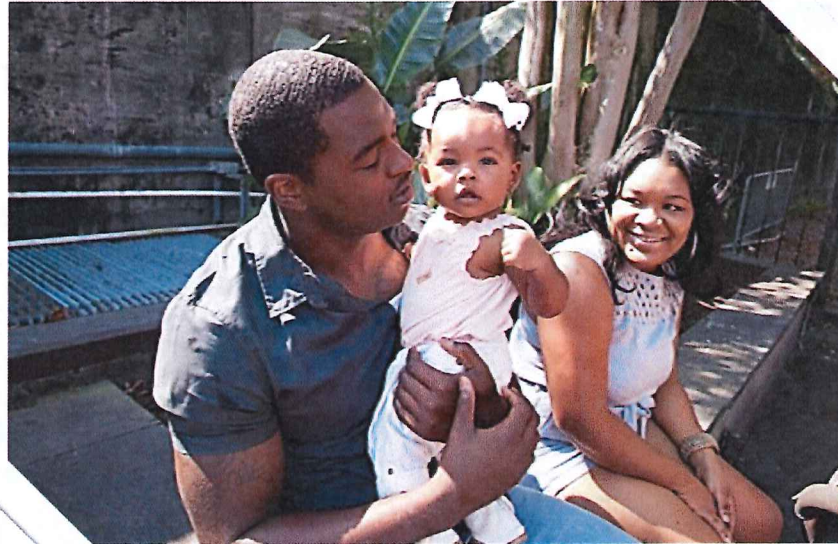
March 6th, 2018



Who We Are

We help provide access to health care for over 150,000 people in Washington State and 6 million nationwide

We are committed to whole person care and create value-added services designed to support people in improving their health and wellbeing



We have health plans in 17 states that fully integrate physical and behavioral health programs and draw upon our national expertise and local experience to develop integrated care models that work in the region



A Closer Look at Amerigroup Washington

Connect with
Community Needs

Provider-led
Innovative Projects

Committed to
positively affecting
social
determinants

Consistently
employ cultural
sensitivity and
humility



Our Extra Benefits Support “Whole Person Care”



Our Approach to Integration

- Three pillars to our approach
 - Trauma-informed
 - Strengths-based
 - Person-Centered
- Accomplished through:
 - Integrated, multi-disciplinary teams at the health plan
 - Community-based case management and care coordination
 - Supporting our providers in clinical integration and whole-person, population health management



New Service Lines Just Came Online

IMC in North Central

- Went live 1/1/18
- No major issues with providers

Foundational Community Supports

- Went live 1/2/18 for Phase 1
- Supportive Housing/Supported Employment Services
- Phase 2 planned for Q2



Provider Contracting Process

Amerigroup Contracting Goals in the Greater Columbia Region

- Replicate Current BHO Network
- Ensure all essential behavioral health services are included in each county
- Maintain current referral patterns

Amerigroup Contracting Process

- Request current W-9 form
- Ask provider to complete checklist of services provided
- Create contract to include all BH services offered
- Send contract for provider signature
- Upon receipt, send credentialing documents for credentialing
- Once credentialed, set effective date and countersign Agreement
- Load provider in online Directory



Implementation Team

- Craig Smith, CEO and Plan President
- Stuart Battersby, COO/CFO
- Lani Spencer, Regional VP of Care Management
- Caitlin Safford, Director of Government Relations
- Kathleen Boyle, Director of Behavioral Health
- Jacquie Owens, Director Network and Provider Relations
- Donnell Folta, Director of Operations
- Ashley Rodgers, Senior Documentation Analyst



Implementation Activities

- **Define success for implementation** with providers, community stakeholders, and our fellow MCOs
- **Collectively understand** the potential gaps in the continuum of care and determine how they will be filled
- **Finalize contracts with providers** and enroll them in the Amerigroup systems, including billing and training modules
- **Identify provider education and training needs** to effectively work with managed care health plans
- **Align processes** with our fellow MCOs in partnership with providers and their needs
- **Additional hiring** for operational and provider support
- **Configure provider IT systems** to bill health plans for services



Committed to Continued Community Outreach

- Public forums to encourage accountability
- Committed to our partnerships with county commissioners and county facilities (i.e., courts and jails)
- Continued work with the ACH to further the regional goals around integrated care
- Work with neighboring regions to ensure continuity of care



Contact Information

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Director of Network Management and Provider Solutions

Jacquie.Owens@Amerigroup.com



North Sound Behavioral Health Organization

301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273

ADVISORY BOARD AGENDA

March 6th, 2018

1:00 p.m. – 3:00 p.m.

CALL TO ORDER & INTRODUCTIONS

REVISIONS TO THE AGENDA

APPROVAL OF MINUTES FROM PREVIOUS MEETING

Approval of February Minutes.....TAB 1

ANNOUNCEMENTS

2018 Tribal Behavioral Health Conference.....TAB 2

2018 North Sound Behavioral Health Organization County Authorities Executive Committee Appointees

Advisory Board Site Tour – Swinomish Wellness Center.....TAB 3

OMBUDS

Ombuds Semi Annual Report.....TAB 4

BRIEF COMMENTS OR QUESTIONS FROM THE PUBLIC

STANDING COMMITTEE REPORTS (Briefs from Each Committee Attached)

- Quality Management Oversight Committee (QMOC) (No February Meeting)

EXECUTIVE/FINANCE COMMITTEE REPORT

Approval of the February Expenditures.....TAB 5

2017 Year End Budget.....TAB 6

EXECUTIVE DIRECTOR’S REPORT & ACTION ITEMS

Executive Director’s Report Items

- Report from Joe.....TAB 7

Executive Director’s Action Items

- Action Items/MemorandumTAB 8

OLD BUSINESS

2018 Strategic Goals.....TAB 9

2018 Pre-Meetings.....TAB 10

NEW BUSINESS

2018 North Sound BHO Advisory Board Legislative Session – Marie Jubie

REPORT FROM ADVISORY BOARD MEMBERS

REMINDER OF NEXT MEETING

- The next scheduled meeting is April 3rd, 2018 in the Conference Room Snohomish

ADJOURN

FINAL Approved by Advisory Board

North Sound Behavioral Health Organization

301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273

ADVISORY BOARD MINUTES

February 6th, 2018

1:00 p.m. – 3:00 p.m.

ATTENDANCE

Advisory Board Members Present

Island: Chris Garden, Betty Rogers

San Juan: Theresa Chemnick (Phone)

Skagit: Duncan West, Ron Coakley

Snohomish: Marie Jubie, Jack Eckrem, Fred Plappert, Joan Bethel, Pat O'Maley-Lanphear, Jennifer Yuen, Jim Bloss, Carolann Sullivan (Phone)

Whatcom: David Kincheloe, Mark McDonald, Arlene Feld, Stephen Jackson, Natasha Raming, Michael Massanari

Excused Advisory Board Members

Island: Candy Trautman

San Juan:

Skagit:

Snohomish:

Whatcom:

Absent Advisory Board Members

Island:

San Juan:

Skagit: Joan Lubbe

Snohomish:

Whatcom:

NSBHO Staff Present

Joe Valentine (Executive Director)

Maria Arreola (Administrative Assistant II)

Guests Present

Katelyn Morgan – Behavioral Health Ombuds Specialist

Amanda Sloan – Behavioral Health Ombuds Specialist

Boone Sureepisarn – Behavioral Health Ombuds Specialist

Connie Mom-Chhing, Community Health Plan of Washington; Director, Fully Integrated Managed Care

Dorothy Hardin – Molina Healthcare; IMC Program Director

Vicki Evans – Molina Healthcare; Director of Behavioral Health

Ruth Bush – Coordinated Care; Director Behavioral Health Integration

Kayla Down – Coordinated Care; Manager External Relations

FINAL Approved by Advisory Board

CALL TO ORDER & INTRODUCTIONS

The Chair called the meeting to order at 1:50 p.m. and introductions were made.

REVISIONS TO THE AGENDA

The Chair inquired regarding revisions to the Agenda. None mentioned.

APPROVAL OF MINUTES FROM PREVIOUS MEETING MINUTES

January minutes were approved by a motion and vote.

STANDING COMMITTEE REPORTS (Briefs from Each Committee Attached)

- Quality Management Oversight Committee (QMOC) Report (Meeting held after Advisory Board Meeting. No report available)

ANNOUNCEMENTS

Jim Bloss Snohomish County

Jim spoke to his interest in serving on the Board. Members voted in favor of his Membership. All in favor.

Advisory Board Site Tours 2018

The two site tours were announced. Swinomish Wellness Center March 23rd, 2018 and the Lynwood Detox Center June 6th, 2018. Arlene requested to be added to the Lynwood Detox Center. Natasha and Jack requested to be added to both site tours. Maria will send out informational flyers to Members.

EXECUTIVE DIRECTOR'S REPORT & ACTION ITEMS

Executive Director Report

Joe reported on

- Legislative Report
- Integration Planning
- Opioid Summit Follow Up
- Behavioral Health Facilities Update

Action Items

Joe reviewed each of the Action Items with the Advisory Board

- A motion was made to move the Action to the County Authorities Executive Committee for approval. Motion was seconded all in favor.

OLD BUSINESS

2018 Legislative Advocacy Priorities

The final document was reviewed with the requested changes from the January meeting. Marie spoke on the scheduled appointments for the Legislative Session Trip February 22 – 23rd. The appointments with legislators have individual efforts related to the advocacy priorities.

FINAL Approved by Advisory Board

NEW BUSINESS

2018 – 2019 Strategic Goals Completed/2018 Goals

Joe reviewed the document with the Board. Vote will take place during the March meeting.

Advisory Board Retreat

It was announced the July Retreat will be on Tuesday, July 10th, 2018. It was determined to have the Retreat held at the Skagit Resort Conference Center. Maria will send out an informational flyer.

2018 Washington Behavioral Healthcare Conference

Conference will be June 20 – 22nd, 2018 in Kennewick. Members interested in attending are Mark, David, Marie, Jack, Natasha, Fred, Chris, Betty, and Duncan. Maria will coordinate transportation, lodging and registrations to the conference.

ACTION ITEMS

Executive & Finance Committee

The January Expenditures were reviewed and discussed. A motion was made to move the Expenditures to the County Authorities Executive Committee for approval. Motion was approved.

REPORT FROM ADVISORY BOARD MEMBERS

Duncan reported of Skagit County approved the drug take back program

Natasha reported the next Leadership Council will be held next month

BRIEF COMMENTS OR QUESTIONS FROM THE PUBLIC

None

ADJOURNMENT

The Chair adjourned the meeting at 2:57 p.m.

NEXT MEETING

The next **Advisory Board meeting** is March 6th, 2018 in Conference Room Snohomish



Fran James, Lummi Nation

STRENGTH IN TRADITION

2018 Tribal Behavioral Health Conference
May 16th & 17th, 2018 · Bow, WA

KEYNOTES



Harlan Pruden



Theda New Breast

**The North Sound Region Tribes and the
North Sound Behavioral Health Organization
Are honored to present the**

2018 Tribal Behavioral Health Conference

Skagit Resort, 5984 North Darrk Lane, Bow, WA

SAVE THE DATE!

Registration Details will be available on our website soon:
www.northsoundbho.org/Tribal
Contact: tc2018@northsoundbho.org

Swinomish Wellness Center

March 23rd, 2018

1:00 – 2:30

8212 S. March Point Road, Anacortes, WA



North Sound Behavioral Health Ombuds 2017 Semi-Annual Report

GRIEVANCE CATEGORIES	January-June	July-December	TOTAL
Access	6	4	10
Dignity & Respect	14	4	18
Quality/Appropriateness	16	3	19
Phone Calls Not Returned	5	0	5
Services Intensity, Not Available or Coordination of Services	4	0	4
Participation in Treatment	4	1	5
Physicians, ARNPs, and Medications	7	3	10
Financial and Administrative	2	0	2
Residential	3	2	5
Housing	2	0	2
Transportation	0	0	0
Emergency Services	4	3	7
Violation of Confidentiality	2	1	3
Other Rights Violated	2	1	3
Other	0	2	2
TOTAL	71	24	95

BHA/BHO GRIEVANCES	January-June	July-December	TOTAL
Behavioral Health Agency	34	8	42
Behavioral Health Organization	5	3	8
TOTAL	39	11	50

OTHER	January-June	July-December	TOTAL
Administrative Hearing	1	0	1
Appeals	2	1	2
Second Opinion	4	0	4
TOTAL	7	1	8

North Sound Behavioral Health Ombuds 2017 Semi-Annual Report

DESCRIPTION	January-June	July-December	TOTAL
Potential Grievances	31	60	91
Other/Family Contacts	35	N/A	35
Additional Non-BHA/BHO Issues	23	N/A	23
TOTAL	89	60	149

GENDER	January-June	July-December	TOTAL
Male	23	7	30
Female	16	4	20
TOTAL	39	11	50

AGE	January-June	July-December	TOTAL
0-13	1	1	2
13-21	1	0	1
21-65	37	10	47
65+	0	0	0
TOTAL	39	11	50

ETHNICITY	January-June	July-December	AVERAGE
Non-Caucasian	36%	9%	23%
Caucasian	52%	64%	58%
Non-Identified	12%	27%	20%
TOTAL	100%	100%	100%

SERVICE TYPE	January-June	July-December	AVERAGE
Mental Health	97%	82%	90%
Substance Use Disorder	0%	9%	5%
Co-Occurring	0%	0%	0%
WISE	3%	9%	6%
TOTAL	100%	100%	100%

North Sound Behavioral Health Ombuds 2017 Semi-Annual Report

Summary:

January-June 2017

During this reporting period, Ombuds services have remained consistent in the number of BHA level grievances filed and a slight decrease in the number of BHO level grievances filed on the behalf of those we serve. This is due to Ombuds working with individuals and services providers to resolve their concerns at the lowest level possible. At the same time, phone contacts have increased slightly as we continue to offer support, resources, and advocacy to a wide variety of individuals. Additionally Ombuds staff have been preparing for an administrative hearing, and changes in both Support and Ombuds staff. Recruitment continued during this review period.

Top three grievance categories reported this period were:

Quality/Appropriateness: 16

- Unreasonable expectation
- Quality of the staff's skill level
- Timeliness of services provided

Dignity & Respect: 14

- Rude Staff
- Not listening to needs
- Retaliation

Physicians, ARNPs, and Medications: 7

- Requests were ignored
- Concerns not taken seriously
- Not meeting individual needs
- Not considering individuals' medical history

North Sound Behavioral Health Ombuds 2017 Semi Annual Report

Summary:

July-December 2017

Number of grievncs filed had decreased during this report period. It went down from 39 to 11. Ombuds were able to help resolve 73% of the grievances at the Behavioral Health Agency level. Due to changes in the data base, Ombuds was unable to track the number of Other/Family Contacts and Additional Non BHA-BHO Issues accurately, therefore, this data is not included on this report.

Ombuds services experienced several changes during this reporting period; Boone Sureepisarn joined North Sound Behavioral Health Ombuds in July, we relocated our office in September to a much better space, we provided 27 outreaches to various community mental health and chemical dependency treatment agencies, and community support services, and we revised/updated our forms to better align with policies. Overall, Ombuds has had a successful 2017.

Top grievance categories reported this period were:

Access: 4

Not seen by prescriber when urgent need arises
Too long of a wait for appointments

Dignity and Respect: 4

Experienced hostile attitude from staff
Condescending tone used by staff

Quality/Appropriateness: 3

Not client centered

Emergency Services:3






Not allowed to smoke at the E&T
Difficulty scheduling follow -up appointments for out-patient services

Physicians, ARNPs, and Medications: 3

Not addressing concerns related to side effects of medications
Inappropriate and verbal abuse by staff

**North Sound BHO Advisory Board Budget
February 2018**

	Total	All Conferences Project # 1	Board Development Project # 2	Advisory Board Expenses Project # 3	Stakeholder Transportation Project # 4	Legislative Session Project # 5
Budget	\$ 42,000.00	\$ 16,000.00	\$ 3,545.00	\$ 20,200.00	\$ 255.00	\$ 2,000.00
Expense	(3,553.69)			(3,158.69)		(395.00)
Under / (Over) Budget	\$ 38,446.31	\$ 16,000.00	\$ 3,545.00	\$ 17,041.31	\$ 255.00	\$ 1,605.00












BHC , NAMI, COD, OTHER	BOARD SUMMIT (RETREAT)	Costs for Board Members (meals mileage, misc.)	Non- Advisory Board Members, to attend meetings and special events	Shuttle, meals, hotel, travel
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**North Sound Behavioral Health Organization, LLC.
Warrants Paid
February 2018**

Type	Date	Name	Memo	Amount
Travel				
Bill	02/06/2018	AA Dispatch	Batch # 122400	755.00
Bill	02/13/2018	Betty Rogers	Batch # 122508	32.81
Total · Travel				<u>787.81</u>
Miscellaneous				
Bill	02/13/2018	Avenue Catering	Batch # 122508	376.86
Bill	02/13/2018	Haggen Inc Adv Travel	Batch # 122508	189.68
Bill	02/28/2018	Legislative	Batch # 122657	395.00
Total · Miscellaneous				<u>961.54</u>
Total · Advisory Board				<u><u>1,749.35</u></u>

**Advisory Board Budget
January through December 2017**

		All Conferences	Board Development	Advisory Board Expenses	Stakeholder Transportation	Legislative Session
	Total	Project # 1	Project # 2	Project # 3	Project # 4	Project # 5
Budget	\$ 42,000.00	\$ 15,000.00	\$ 3,545.00	\$ 22,765.00	\$ 255.00	\$ 435.00
Expense	(31,629.85)	(8,335.67)	(3,507.36)	(19,352.00)		(434.82)
Under / (Over) Budget	\$ 10,370.15	\$ 6,664.33	\$ 37.64	\$ 3,413.00	\$ 255.00	\$ 0.18
						

BHC , NAMI, COD, OTHER	BOARDS SUMMIT (RETREAT)	Costs for Board Members (meals mileage, misc.)	Non- Advisory Board Members, to attend meetings and special events	Shuttle, meals, hotel, travel
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North Sound BHO Executive Directors Report
For the North Sound Behavioral Health Advisory Board
March 6, 2018

Legislation and Budget

a) Legislation

Only a few behavioral health bills remain active.

b) Budget

b.1) OPERATING BUDGET

- Both the Senate and House Operating Budgets include new State G-S funds that would be allocated to BHOs transitioning to Behavioral Health – Administrative Services Organization [BH-ASOs] to support stabilizing the Crisis Services system during the transition to BH-ASO status: \$15 million in the House Budget and \$14.5 million in the Senate Budget.
- The House Budget includes an additional \$70.2 million [\$26 million from GF-S] for “enhancements in services provided by behavioral health organizations” to create new community based alternatives to long-term psychiatric treatment”. BHOs may elect to use 20% of this to increase non-Medicaid funding. The remainder would be used to enhance Medicaid rates. BHOs must submit and have approved a plan that includes measurable goals by June 2.
- The House Budget also includes a total of \$14.4 million to support and expand a variety of Opioid Addiction treatment and prevention programs.

b.2) CAPITAL BUDGET

- With the final passage of the **2017 Capital Budget**, the requested funding for the new *SUD Residential Treatment Facilities* at the re-purposed Denny Juvenile Justice Center and the proposed *Whatcom County Triage and Acute Detox Facilities* is now available.
- The **2017 Capital Budget** also includes funds to be allocated on a competitive basis for supportive housing projects serving persons with behavioral health disorders (\$24.3 million) and for Crisis Stabilization and Diversion Facilities (\$11.4 million).
- An amendment to the **2018 House Capital Budget** includes \$4 million of the proposed *North Sound Tri-County Triage/Sub-Acute Detox Facility* and \$1.5 million for the *Skagit Stabilization Campus*.

Integration Planning

- The Health Care Authority [HCA] Request For Proposal [RFP] for Integrated Care was released on February 14. A bidder’s conference was held on February 27 that we called into.

- The RFP identifies the North Sound and King County regions as the two regions that the “transition year” option will be used. This means that the MCOs will contract back with those BHOs as they transition to BH-ASOs to manage their existing network of Behavioral Health Services until July 1, 2019. [see attached timetable].
- At that time, contracting for outpatient services will transition to the MCOs. In October 2019, contracting for all other behavioral health services will transition to the MCOs **except for those services and functions which the MCOs choose to continue to contract with the BH-ASO for.**
- The MCOs have until **April 12** to submit their bids. For the North Sound and King, this will include an Memorandum of Understanding [MOU] agreeing to negotiate the contracts for the transition year services.
- We’ve already been negotiations with some of the MCOs on these MOUs.
- The subsequent MCO-BHO contracts for the transition year need to be finalized by **September 15.**
- One of the issues that need to be resolved in order for them to contract with us is our ability to meet NCQA [National Committee for Quality Assurance] standards for delegated entities. The MCO’s have collectively developed a checklist for these standards that we are working through with them on.
- We have developed a detailed cost analysis of what the true cost would be for providing the required BH-ASO services and functions based on our current cost data. This has been sent to HCA to support our subsequent discussion with them about what level of state GF-S we will need for ongoing operating funds.
- We have reached an agreement with HCA on the wording for the mid-adopter Interagency Agreement. The only outstanding issue is what level of funding would be provided to support the transition of the BHO to a BH-ASO. The proposed legislative funding would help address this concern.
- All of the MCO “field trips” to each of the 5 counties have been completed. Most of the MCOs were able to attend all 5.

County Transition Plans

The BHO administrative contracts with the five counties have been amended to include a new requirement and funding to develop and implement detailed “transition plans” to support the transition to Integrated Managed Care. Attached is a sample reporting template they are to use. [attachment – county transition plan template]

Behavioral Health Facilities Update

- With the approval of the 2017 Capital Budget, we are working with Snohomish and Whatcom counties on the next steps to begin accessing the allocated funds. This includes submitting a form to the State Archeologist to confirm that the projects will not disturb possible Tribal burial remains or artifacts.
- The North Sound Regional Behavioral Health Facilities Planning Group met on February 26 to review the status of all of the planning regional projects and to discuss next steps. We also discussed the specific project management and fiscal accounting structure that needs to be in

place to draw down state capital funds from the Department of Commerce. Whatcom and Snohomish county will explore whether they can use their existing county structures for capital projects to manage the draw down of these funds.

- Skagit County is in conversation with the Upper Skagit Tribe about using some of the Tribe's property off Cook Rd. in Sedro Wooley as the possible location for the future Skagit Stabilization Campus.

1713 Implementation [Ricky's Law]

- Starting April 1, 2018, Washington State's Involuntary Treatment Act (ITA) will be extended to individuals who, as a result of their substance use disorder, are a danger to self or others. The new law, enacted in 2016 by the state legislature, expands current laws under the umbrella of RCW 71.05 and 71.34, to now provide an ITA evaluation for adults and youth who may need to be detained because of their substance use disorder.
- This is similar to the pilot that North Sound BHO was involved in some years ago (Pioneer Center North).
- Secure detoxification facilities are being developed across the state to support this expansion. On April 1, three will open, 2 for adults and one for youth. These facilities are for statewide referrals.
- Designated Mental Health Professionals (DMHPS) have been attending trainings throughout the state and starting April, will become Designated Crisis Responders (DCRs), able to perform this change in duties.
- In order to transition smoothly and understand the changes, our regional Crisis Managers, VOA, and North Sound BHO are meeting with each regional ED to address the process. A major change in the law requires the DCR to respond to all requests from the EDS for both substance and mental health cases requiring an involuntary evaluation.
- Coordination, especially around medical clearance issues, are critical in this discussion, to better support the evaluation request.
- As noted above, the resources to effect these changes are not adequate at this time. For mental health evaluations, there have been the use of single bed certifications, that provide a temporary ability for the individual to remain in the hospital making the referral as long as there is support by the hospital.
- For Substance Use cases, single bed certifications are not allowed. In these situations, the individual seen, will need to be left in the facility for follow up care. They will be evaluated but not detained, if there is not bed available in a secure setting.
- Follow up coordination for individuals left in the ED, will be the focus for the crisis system and the EDS in an attempt to address the gap.
- There will also not be local court involvement at this time, as there is not a facility.
- Individuals who are able to be transported to one of these secure facilities will work with that facility and their local communities for follow up care.

3.4.2. A pass/fail methodology will be applied to the network scoring for both medical and behavioral networks in every region. This includes Klickitat and Okanogan counties, where adequacy has not previously been determined via the previous two (2) IMC RFPs. Please note in the SWWA region, one (1) additional MCO will be awarded for all three (3) counties. If the Bidder is interested in contracting for SWWA and has not previously been awarded a contract there, network capacity must be passed for all three (3) counties. HCA will review the content of the contracts with essential BH providers during the readiness review and will determine whether the contracts are adequately specific for covering the complete set of BH services, with a specific and appropriate provider rate, by the date established in the Section 4.6.

3.4.3. Due dates for submitting the medical and BH networks are as follows:

RSA	Networks Due	Region-specific requirements
2019 full integration, including: <ul style="list-style-type: none"> Spokane, Greater Columbia, Pierce 	Medical and BH Network due with the RFP on April 12, 2018.	For Spokane and Greater Columbia RSAs, an MOU detailing the delegation agreement between the Bidder and the BH-ASO. Submission of attestation described in section 4.3.
SWWA Region	Medical and BH Network due with the RFP on April 12, 2018.	Full network required for all three (3) counties if the Bidder is new to the region. Current SWWA region MCOs are required to submit networks for Klickitat County only.
Okanogan County	Medical and BH Network due with the RFP on April 12, 2018	Note: Only current NC region MCOs are eligible to bid.
North Sound Region	Medical network: April 12, 2018; MOU with BH-ASO: April 12, 2018; September 15, 2018: Signed contract due between each MCO and North Sound BH-ASO and the submission of all providers subcontracted through the BH-ASO according to HCA's typical network submission standards (Exhibit F, Provider Network(s) Submission).	Direct contracts between MCO and Outpatient BH (except for WISE, PACT, E&T and withdrawal management services): due January 1, 2019; Direct contract between MCO and all other BH services: May 1, 2019. Long-term delegation proposals are due May 1, 2019.
King County Region	Medical network: April 12, 2018 MOU with BH-ASO: April 12, 2018; September 15, 2018: Signed contract due between each MCO and King County's BH-ASO and the submission of all providers within the BH-ASO network according to HCA's typical network submission standards (Exhibit F, Provider Network(s) Submission). Additionally, MCOs submit all	Long-term delegation proposals are due May 1, 2019.

Contract North Sound BHO – XXXXX County – County Transition

July 1, 2018 – June 30, 2020

DELIVERABLES

DESCRIPTION	DUE DATES	CONTRACT REFERENCE
1. Assist with the development of principles for integrated care <ul style="list-style-type: none"> a. Participation in the Interlocal Leadership Structure b. Participation in the North Sound ACH Bi-Directional Integration demonstration project 	Participation Plan- 7/1/2018 Progress Reports- 1/1/2019, 7/1/2019	
2. Assist in the development of the BH-ASO role <ul style="list-style-type: none"> a. Participation in the Interlocal Leadership Structure b. Identify and report on county priorities for BH-ASO allied system coordination 	Participation Plan- 7/1/2018 Progress Reports- 1/1/2019, 7/1/2019	
3. Align with other Medicaid demonstration activities <ul style="list-style-type: none"> a. Participation in the Accountable Communities of Health demonstration projects b. Work with Amerigroup in support of the 1115 supportive housing and employment waiver 	Participation Plan- 7/1/2018 Progress Reports- 1/1/2019, 7/1/2019	
4. Assist with the development of the communication plan <ul style="list-style-type: none"> a. Participation in the Interlocal Leadership Structure Stakeholder Engagement Workgroup b. Assist with the identification of a target audience c. Update local contact and referral information for Medicaid clients to the new contracted MCO d. Update local contact and referral information for the new role of the BH-ASO (crisis services and potentially other services to be determined) for local emergency service responders, law enforcement and agencies that refer to treatment services e. Identify and report on local opportunities and stakeholders to communicate changes to f. Arrange for local community forums as appropriate 	Participation Plan- 7/1/2018 Progress Reports- 1/1/2019, 7/1/2019	
5. Assess readiness for integration transition <ul style="list-style-type: none"> a. Assess county readiness to work with MCOs and BH-ASO on common interest projects and/or services b. Identify and report on county priorities for ongoing MCO coordination with local allied systems 	Participation Plan- 7/1/2018 Progress Reports- 1/1/2019, 7/1/2019	
6. Assist with the development of a clinical integration model <ul style="list-style-type: none"> a. Participate in Interlocal Leadership Structure in the development of a crisis model and coordination protocols for transitioning individuals into the community b. Participate in the regional review and enhancement of crisis services – identify areas for improvement in crisis services 	Participation Plan- 7/1/2018 Progress Reports- 1/1/2019, 7/1/2019	

<p>7. Capital investment planning and community capacity</p> <ul style="list-style-type: none"> a. Work with the MCOs and BH-ASO on identifying gaps in capacity and services to develop the network of services b. Provide project management support to implementation of projects funded in the state Capital budget c. Provide supporting documentation to support future Capital funding requests d. Participate in the identification of sites for future behavioral health facility projects 	<p>Participation Plan-7/1/2018 Progress Reports-1/1/2019, 7/1/2019</p>	
<p>8. Early Warning System Metrics</p> <ul style="list-style-type: none"> a. Participation in the Interlocal Leadership Structure Early Warning System workgroup to identify indicators to measure the impacts of integration b. Develop a plan for monitoring early warning system data at the county level 	<p>Participation Plan-7/1/2018 Progress Reports-1/1/2019, 7/1/2019</p>	
<p>9. Mid-adopter incentive funds</p> <ul style="list-style-type: none"> a. Participate in the Interlocal Leadership Structure to assist with the development of recommendations for the allocation of mid-adopter incentive funds 	<p>Participation Plan-7/1/2018 Progress Reports-1/1/2019, 7/1/2019</p>	
<p>10. MCO procurement</p> <ul style="list-style-type: none"> a. Serve as a panel member for the procurement of the Managed Care Organizations that would serve the North Sound RSA b. Provide county specific information to the MCOs selected by the procurement 	<p>Participation Plan-7/1/2018 Progress Reports-1/1/2019, 7/1/2019</p>	
<p>11. Conceptual fiscal model for braiding of funds</p> <ul style="list-style-type: none"> a. Participation in the Interlocal Leadership Structure b. Identify and share with the Interlocal Leadership Structure ongoing opportunities to coordinate local funds with state Medicaid funds, e.g., for school based services. 	<p>Participation Plan-7/1/2018 Progress Reports-1/1/2019, 7/1/2019</p>	
<p>12. Complete a planning process for reduction in funding from the BHO</p> <ul style="list-style-type: none"> a. Estimate the reduction in Medicaid administrative funds the county receives and the impact it will have on administrative functions b. Estimate the impact that the loss of state funded outpatient services will have and potential alternatives for those services to clients c. Notify the local courts that only clients that have Medicaid eligibility will be seen in outpatient treatment for mental health and SUD services 	<p>Participation Plan-7/1/2018 Progress Reports-1/1/2019, 7/1/2019</p>	

MEMORANDUM

DATE: March 6th, 2018

TO: North Sound BHO Advisory Board

FROM: Joe Valentine, Executive Director

RE: March 8th, 2018 County Authorities Executive Committee Agenda

Please find for your review the following that will go before the North Sound BHO County Authorities Executive Committee Meeting at the March 8th, 2018 meeting:

Outpatient Behavioral Health Contracts

Outpatient Medicaid and State Funded Contracts expiring on March 31, 2018 are being extended through December 31, 2018. Funding is added for the period of April 1, 2018 through December 31, 2018. Any funding being allocated through the legislative process will be in contract through an amendment on July 1, 2018.

Motion #18-22

- North Sound BHO- American Behavioral Health Services (ABHS)-Medicaid-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Department of Corrections Behavioral Health Services covered under this contract. The increase to this contract is **\$720,000** for a new maximum consideration of **\$1,920,000** with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018
- North Sound BHO- American Behavioral Health Services (ABHS)-BHSC-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Department of Corrections Behavioral Health Services covered under this contract. The increase to this contract is **\$28,800** for a new maximum consideration of **\$76,800** with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO- Bridgeways-Medicaid-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is **\$287,523** for a new maximum consideration of **\$1,054,251** with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO- Bridgeways-BHSC-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$35,982 for a new maximum consideration of \$131,934 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO- Catholic Community Services NW (CCS NW)-Medicaid-16-18 Amendment 3 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$7,474,635 for a new maximum consideration of \$27,406,995 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO- Catholic Community Services NW (CCS NW)-BHSC-16-18 Amendment 4 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$684,486 for a new maximum consideration of \$2,509,782 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO- Center for Human Services (CHS)-Medicaid-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$963,000 for a new maximum consideration of \$3,531,000 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO- Center for Human Services (CHS)-BHSC-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$82,350 for a new maximum consideration of \$301,950 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO- Compass Health-Medicaid-16-18 Amendment 10 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$22,478,226 for a new maximum consideration of

\$78,450,126 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO- Compass Health-BHSC-16-18 Amendment 11 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$4,831,780 for a new maximum consideration of \$16,673,181.98 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO- Evergreen Recovery Centers-Medicaid-16-18 Amendment 6 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$ for a new maximum consideration of \$ with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018. Funding will be available at the CAEC meeting.

- North Sound BHO- Evergreen Recovery Centers-BHSC-16-18 Amendment 7 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$ for a new maximum consideration of \$ with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018. Funding will be available at the CAEC meeting.

- North Sound BHO-Ideal Balance-Medicaid-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$360,000 for a new maximum consideration of \$1,000,000 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-Ideal Balance-BHSC-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$12,800 for a new maximum consideration of \$40,000 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-Lake Whatcom Residential and Treatment Center (LWC)-Medicaid-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018

and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$2,613,330 for a new maximum consideration of \$8,779,098 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO- Lake Whatcom Residential and Treatment Center (LWC)-BHSC-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$468,495 for a new maximum consideration of \$1,667,895 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO-Phoenix Recovery Services LLC-Medicaid-16-18 Amendment 4 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$911,709 for a new maximum consideration of \$3,298,194 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO-Phoenix Recovery Services LLC-BHSC-16-18 Amendment 5 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$288,684 for a new maximum consideration of \$1,054,080 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO-Sea Mar Community Health Centers-Medicaid-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$4,646,436 for a new maximum consideration of \$17,025,545 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO-Sea Mar Community Health Centers-BHSC-16-18 Amendment 3 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$945,064 for a new maximum consideration of \$3,886,377 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-Therapeutic Health Services (THS)-Medicaid-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$2,925,000 for a new maximum consideration of \$10,725,000 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO-Therapeutic Health Services (THS)-BHSC-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$307,098 for a new maximum consideration of \$1,126,026 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO-Unity Care NW-Medicaid-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$509,229 for a new maximum consideration of \$1,867,173 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO-Unity Care NW-BHSC-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$41,760 for a new maximum consideration of \$153,120 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO-Volunteers of America (VOA)-Medicaid-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$1,988,163 for a new maximum consideration of \$7,249,738 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO-Volunteers of America (VOA)-BHSC-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$507,024 for a new maximum consideration of \$1,839,292 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-WCHS Inc. dba Canyon Park Treatment Solutions-Medicaid-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$333,000 for a new maximum consideration of \$1,073,000 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-WCHS Inc, dba Canyon Park Treatment Solutins-BHSC-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$24,750 for a new maximum consideration of \$79,750 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

Substance Use Disorder Residential Contracts

Contracts expiring on March 31, 2018 are being extended through December 31, 2018. Any funding being allocated through the legislative process will be in contract through an amendment on July 1, 2018

Motion #18-23

- North Sound BHO-American Behavioral Health Services (ABHS)-Residential-16-18 Amendment 4 for the purpose of extending the contract through the end of 2018 and continuing the current bed rates for the provision of Residential Behavioral Health Services covered under this contract. With the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-Daybreak Youth Services-Residential-16-18 Amendment 3 for the purpose of extending the contract through the end of 2018 and continuing the current bed rates for the provision of Residential Behavioral Health Services covered under this contract. With the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-Evergreen Recovery Centers-Residential-16-18 Amendment 5 for the purpose of extending the contract through the end of 2018 and continuing the current bed rates for provision of Residential Behavioral Health Services covered under this contract. With the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-Lifeline Connections-Residential-16-18 Amendment 4 for the purpose of extending the contract through the end of 2018 and continuing the current beds for Residential Behavioral Health Services covered under this contract. With the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-New Horizons-Residential-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and continuing the current bed rates for Residential Behavioral Health Services covered under this contract. With the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-Olalla Recovery Centers-Residential-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and continuing the current bed rates for Residential Behavioral Health Services covered under this contract. With the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-Pioneer Center North and East-Residential-16-18 Amendment 5 for the purpose of extending the contract through the end of 2018 and continuing the current bed rates for provision of Residential Behavioral Health Services covered under this contract. With the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO-Sea Mar Visions-Residential-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and continuing the current bed rates for of Residential Behavioral Health Services covered under this contract. With the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018

- North Sound BHO-Sundown M Ranch-Residential-16-18 Amendment2 for the purpose of extending the contract through the end of 2018 and continuing the current bed rates for Residential Behavioral Health Services covered under this contract. With the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

Triage, Crisis Center and Evaluation and Treatment Contracts

Contracts expiring on March 31, 2018 are being extended through December 31, 2018. Funding is added for the period of April 1, 2018 through December 31, 2018. Any funding being allocated through the legislative process will be in contract through an amendment on July 1, 2018.

Motion #18-24

- North Sound BHO-Compass Health-Triage-16-18 Amendment 4 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$4,007,691 for a new maximum consideration of \$114,134,867 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO- Compass Health-Mukilteo Evaluation and Treatment Center-16-18 Amendment 6 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$4,208,158 for a new maximum consideration of \$14,388,074 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

- North Sound BHO- Pioneer Human Services (PHS)-Skagit Crisis Center-16-18 Amendment 3 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$3,019,314 for a new maximum consideration of \$10,674,850 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.

Integrated Dual Disorder Treatment (IDDT)

This Contract expires on March 31, 2018 and is being extended through December 31, 2018. Funding is added for the period of April 1, 2018 through December 31, 2018. Any funding being allocated through the legislative process will be in contract through an amendment on July 1, 2018

Motion #18-25

- North Sound BHO- Sunrise Services-IDDT-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract. The increase to this contract is \$598,502 for a new maximum consideration of \$2,232,010 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018



Program for Assertive Community Treatment (PACT)

Contracts expiring on March 31, 2018 are being extended through December 31, 2018. Funding is added for the period of April 1, 2018 through December 31, 2018. Any funding being allocated through the legislative process will be in contract through an amendment on July 1, 2018

Motion #18-26

- North Sound BHO- Compass Health-PACT-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the PACT Behavioral Health Services covered under this contract in Snohomish and Skagit Counties. The increase to this contract is \$2,531,631 for a new maximum consideration of \$9,282,647 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO- Lake Whatcom Residential and Treatment Centers (LWC)-PACT-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the Behavioral Health Services covered under this contract in Whatcom County. The increase to this contract is \$1,078,326 for a new maximum consideration of \$4,013,730 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018

Wraparound with Intensive Services (WISe)

Contracts expiring on March 31, 2018 are being extended through December 31, 2018. Center for Human Services (CHS) is extended through June 30th, 2018 to coincide with current funding. Funding is added for the period of April 1, 2018 through December 31, 2018. Any funding being allocated through the legislative process will be in contract through an amendment on July 1, 2018

Motion #18-27

- North Sound BHO- Catholic Community Services NW (CCS NW)-WISe-16-18 Amendment 2 for the purpose of extending the contract through the end of 2018 and allocating additional funding to continue providing the WISe Behavioral Health Services covered under this contract in Skagit and Whatcom Counties. The increase to this contract is \$2,662,200 for a new maximum consideration of \$9,639,000 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through December 31, 2018.
- North Sound BHO- Center for Human Services (CHS)-WISe-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 funding under this contract currently runs through June 30, 2018 for the WISe Behavioral Health Services in Snohomish County. The term is being extended from October 1, 2017 through March 31, 2018 to October 1, 2017 through June 30, 2018.

Geriatric Inpatient Transition Team (GTT)

This Contract expires on March 31, 2018 and is being extended through June 30, 2018. Any funding being allocated through the legislative process will be in contract through an amendment on July 1, 2018

Motion #18-28

- North Sound BHO- Sunrise Services- GTT-16-18 Amendment 1 for the purpose of extending the contract through June 30, 2018 to continue providing the Geriatric Transition Team Behavioral Health Services covered under this contract. Funding in this contract currently runs through June 30, 2018. The term is being extended from July 1, 2016 through March 31, 2018 to July 1, 2016 through June 30, 2018.

Jail Transition Services

Contracts expiring on March 31, 2018 are being extended through June 30, 2018. Funding is added for the period of April 1, 2018 through June 30, 2018.

Motion #18-29

- North Sound BHO- Island County-16-18 Amendment 1 for the purpose of extending the contract through June 30, 2018 and allocating additional funding to continue providing Jail Transition Services covered under this contract. The increase to this contract is \$10,874.94 for a new maximum consideration of \$97,874.46 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through June 30, 2018
- North Sound BHO- Skagit County-16-18 Amendment 1 for the purpose of extending the contract through June 30, 2018 and allocating additional funding to continue providing Jail Transition Services covered under this contract. The increase to this contract is \$11,930.01 for a new maximum consideration of \$107,370.09 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through June 30, 2018
- North Sound BHO- Snohomish County-16-18 Amendment 2 for the purpose of extending the contract through June 30, 2018 and allocating additional funding to continue providing Jail Transition Services covered under this contract. The increase to this contract is \$52,467.75 for a new maximum consideration of \$511,209.75 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through June 30, 2018
- North Sound BHO- Whatcom County-16-18 Amendment 1 for the purpose of extending the contract through June 30, 2018 and allocating additional funding to continue providing Jail Transition Services covered under this contract. The increase to this contract is \$17,843.70 for a new maximum consideration of \$160,593.30 with the term being extended from April 1, 2016 through March 31, 2018 to April 1, 2016 through June 30, 2018

Dedicated Marijuana Account (DMA) Funds

Contracts expiring on March 31, 2018 are being extended through June 30, 2018. Any funding being allocated through the legislative process will be in contract through an amendment on July 1, 2018

Motion #18-30

- North Sound BHO- Island County-Interlocal Agreement-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 to spend down the funds allocated in this contract for the provision of Evidence Based/Promising Practice Behavioral Health Services covered under this contract. The term is being extended from December 1, 2016 through March 31, 2018 to December 1, 2016 through June 30, 2018

- North Sound BHO- San Juan County-Interagency Agreement-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 to spend down the funds allocated in this contract for the provision of Evidence Based/Promising Practice Behavioral Health Services covered under this contract. The term is being extended from December 1, 2016 through March 31, 2018 to December 1, 2016 through June 30, 2018

- North Sound BHO- Skagit County-Interlocal Agreement-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 to spend down the funds allocated in this contract for the provision of Evidence Based/Promising Practice Behavioral Health Services covered under this contract. The term is being extended from December 1, 2016 through March 31, 2018 to December 1, 2016 through June 30, 2018

- North Sound BHO- Snohomish County-Professional Service Contract -16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 to spend down the funds allocated in this contract for the provision of Evidence Based/Promising Practice Behavioral Health Services covered under this contract. The term being extended from December 1, 2016 through March 31, 2018 to December 1, 2016 through June 30, 2018

- North Sound BHO- Whatcom County-Interlocal Agreement-16-18 Amendment 1 for the purpose of extending the contract through the end of 2018 to spend down the funds allocated in this contract for the provision of Evidence Based/Promising Practice Behavioral Health Services covered under this contract. The term being extended from December 1, 2016 through March 31, 2018 to December 1, 2016 through June 30, 2018

North Sound BHO Strategic Plan

North Sound BHO has updated the 2018-19 Strategic Plan to reflect the transition of Behavioral Health Services and strategies to strengthen our system of care. The Goals are listed below:

- Develop and Implement Integrated Managed Care Transition Plan
- Review and Strengthen system of Crisis Services
- Develop and Implement Staff Retention Strategies
- Implement a Regional Plan to Reduce Opioid Addiction
- Review and Strengthen It/IS Strategic Plan (assess and develop)
- Support the Development of new Behavioral Health Facilities
- Work with the Counties to Coordinate Supportive Housing Services
- Expand WISE Capacity and Strengthen School Based Services

Motion: #18-31

- Approve the North Sound BHO 2018-19 Strategic Plan as written.

For Executive Committee Ratification

For County Authorities Executive Committee Ratification

American Behavioral Health Services (ABHS) has created two new entities for Residential Substance Use Disorder Facilities.

- Specialty II is an adult 16-bed intensive Inpatient facility in Clallam County with a bed rate of \$195 per bed day
- Specialty III is an Adult 16-bed Sub-Acute Detox Facility in Clallam County with a bed rate of \$190 per bed day

Motion #18-32

- North Sound BHO-Specialty Services II-Residential-18 for the purpose of providing the Residential Behavioral Health Services covered under this contract, with a term of January 1, 2018 through December 31, 2018
- North Sound BHO-Specialty Services III-Residential-18 for the purpose of providing the Residential Behavioral Health Services covered under this contract, with a term of January 1, 2018 through December 31, 2018

Action Item for the North Sound BHO County Authorities Executive Committee Meeting on 3/8/2018

Memorandum of Understanding (MOU)

North Sound BHO will be entering into Memorandum's of Understanding (MOU) with the Managed Care Organizations (MCO) for the transition of behavioral health services and defining the delegated functions between the MCOs and the BHO during the 2019 transition year. This motion will allow the Executive Director the authority to negotiate the MOUs with the individual MCOs. The MCOs must have their MOUs in place by April 12th.

Motion #18-33

Authority for the Executive Director to negotiate Memorandums of Understanding with each of the five Managed Care Organizations.

2016 - 2017 Strategic Plan Dashboard Year Two Update

Strategy	Accomplishments	Percent
Goal # 1 Continue Implementation of Behavioral Health Integration Plan		
01.01 Complete the tasks outlined in the BHO transition plan	All tasks outlined on the April 2016 Behavioral Health Integration Plan have been completed.	100%
Goal # 2 Implement the Behavioral Health Facilities and Recovery System of Care Plan.		
02.01 Seek capital funding from the legislature	Capital funding request was submitted in March 2017. Partial capital funding included in 2017 Capital Budget for Snohomish and Whatcom projects. Capital funding request has been submitted for tri-county facility in Oak Harbor.	100%
02.02 Develop and implement facility specific implementation projects	Project plans and specifications were developed for Snohomish and Whatcom Projects. Architectural firm was hired and specifications were developed for the Skagit and Tri-County facilities.	100%
Goal # 3 Develop proposals for a Fully integrated Managed Care Plan that incorporates the BHO system		
03.01 Submit a legislative amendment	BHOs submitted a legislative amendment to create County Administered Interlocal Leadership Structures. Although legislation never passed, a subsequent Governor's directive adopted the proposed language to develop the Interlocal Leadership Structure.	100%
Goal # 4 Implement a regional plan to reduce Opioid addictions		
04.01 Develop and get support for a regional plan	Regional plan adopted with broad support from counties and other stakeholders.	100%
04.02 Prioritize activities and identify funding options	Specific activities were prioritized by the Regional Opioid Workgroup. A successful regional Opioid Summit was held in October 2017 that led to increased engagement from regional stakeholders. Specific funding and activities are being identified in the post-summit workplan.	75%
04.03 Select and implement BHO supported strategies	Specific activities were prioritized by the Regional Opioid Workgroup. A successful regional Opioid Summit was held in October 2017 that led to increased engagement from regional stakeholders. Specific funding and activities are being identified in the post-summit workplan.	75%
Goal # 5 Increase access to services for San Juan and Island Counties		
05.01 Island County strategies	Access to Relias was provided to county staff. The needs of counties were included in the Tele-Psych needs assessment. North Sound worked with Island County to purchase property and develop a plan for a Crisis Stabilization Center. North Sound will be contracting with the NW regional council which will support mental health outreach to seniors.	50%
05.02 San Juan County strategies	A plan was developed for providing capacity payment for school-based, crisis and outreach services developed and implemented. The use of the family support center as one location for services was identified but does not fully meet need. The plan for Crisis Stabilization center in Oak Harbor to also serve San Juan County was developed.	50%
05.03 Skagit County strategies	We've continued to work with Skagit County on identifying facility requirements for a future Skagit Stabilization campus.	50%
05.04 Snohomish County strategies	North Sound BHO has continued to provide support to Snohomish County initiatives to reduce Opioid addiction. We have supported the development of specific facility design requirements for a future SUD facility. We have continued to participate in meetings with Fairfax Hospital to address ITA coordination problems.	50%
05.05 Whatcom County strategies	North Sound BHO staff participated in the jail diversion task force. North Sound BHO has provided support for the creation of new crisis and detox facilities. We have supported Whatcom County's opioid reduction strategies.	50%
Goal # 6 Implement a Tele-Psych system		
06.01 Phase one- vendor conducts a needs assessment	Needs assessment was completed by vendor.	100%
06.02 Phase two- implement plan	Tele-Psych was implemented with the initial agencies requesting participation.	100%
Goal # 7 Develop infrastructure to support value based payments		
07.01 Finalize charter and launch North Sound VBP workgroup	Charter was completed and internal workgroup was developed.	100%
07.02 Conduct focus group with providers	Providers completed survey in August 2017 around possible VBP outcome tools.	100%
07.03 Develop plan for phase in	Phase in plan is in the process of revision to include joint development with MCOs in preparation for integrated care.	25%
Goal # 8 Enhance coordination of services with tribal authorities		
08.01 Review and update the "Coordination of Implementation of Services Plan" on a quarterly basis	Plan was reviewed and updated every quarter.	100%
08.02 Continue work with Tribal Authorities on Crisis Services	Meetings held with all Tribes and a special meeting of Tribes and Crisis Services providers was hosted by North Sound BHO.	100%
08.03 Develop coordination agreements with Tribal Authorities related to the mental health carve out	North Sound BHO contact persons were provided to Tribes to troubleshoot individual case situations. Formal agreements for the carve out are between the Tribes and State.	100%
08.04 Begin planning for the 2018 Tribal-BHO Summit	Planning has begun with a date and location identified and a draft agenda with guest speakers developed.	100%

2018-2019 Strategic Plan Dashboard

Strategy	Accomplishments	Percent
Goal # 1 Develop and implement IMC transition plan		
1.01 Develop the overall vision for integrated care		0%
1.02 Develop criteria for RFP Addendum	RFP addendum questions were developed with stakeholder input.	100%
1.03 Develop and implement communication plan		0%
1.04 Assess provider readiness for IMC		0%
1.05 Develop clinical integration model		0%
1.06 Develop and implement IMC implementation plan		0%
1.07 Assess regional health information and develop performance system		0%
1.08 Identify gaps in the system		0%
1.09 Identify outpatient system for non-Medicaid individuals		0%
1.10 Work with counties to identify gaps in services for non-Medicaid individuals		0%
Goal # 2 Review and strengthen system of crisis services		
2.01 Undertake statistical review of crisis system gaps and needs		0%
2.02 Continue the work with San Juan County		0%
2.03 Review CPIT structure		0%
2.04 Expansion of 911 concept and warm transfer		0%
2.05 Youth		0%
2.06 Technology infrastructure		0%
2.07 DCR consistency		0%
2.08 VOA Placement Coordinators		0%
Goal # 3 Develop and implement staff retention strategy		
3.01 Retention Strategies		0%
3.02 Professional development		0%
Goal # 4 Implement a regional plan to reduce Opioid addictions		
4.01 Raise awareness and knowledge of the possible adverse effects of opioid use, including overdose, among opioid users.		0%
4.02 Prevent opioid misuse in communities, particularly among youth.		0%
4.03 Expand access to and utilization of opioid use disorder medications in communities.		0%
4.04 Increase capacity of syringe exchange programs (SEP) to effectively provide overdose prevention and engage clients in support services, including housing.		0%
4.05 Identify and treat opioid abuse during pregnancy to reduce withdrawal symptoms in newborns		0%
4.06 Facilitate the development or enhancement of regional treatment support services		0%
4.07 Educate individuals who use heroin and/or prescription opioids, and those who may witness an overdose, on how to recognize and appropriately respond to an overdose.		0%
4.08 Make system-level improvements to increase availability and use of naloxone.		0%
4.09 Monitor progress towards goals and strategies and evaluate the effectiveness of our interventions.		0%
Goal # 5 Review and strengthen IT/IS strategic plan- assess and develop		
5.01 Contract to conduct IS Technology and Infrastructure Assessment		0%
5.02 Contract to conduct Update to Phase 1 of OCR HIPAA Security Risk Assessment		0%
5.03 Follow up on Technical/Non-Technical Testing Mitigation Plan		0%
5.04 Upgrade of Technology Infrastructure		0%
Goal # 6 Support the development of new BH facilities		
6.01 Work with Snohomish and Whatcom County on development of facilities on implementation of 2017 Capital Budget funded projects		0%
6.02 Work with Island County to continue development on planning for Oak Harbor facility and submit a Capital Budget funding request		0%
6.03 Work with Skagit County to identify and procure land for future facility		0%
Goal # 7 Coordinate supportive housing services		
7.01 Continue to work with counties to coordinate and develop housing support		0%
7.02 Work with Amerigroup for coordinating 1115 housing support in concert with HARPS		0%
Goal # 8 Expand and strengthen school based services		
8.01 Continue to work with counties and school districts to build system		0%
8.02 Identify opportunities to enhance SUD system		0%
8.03 Implement Wise services in San Juan County		0%
8.04 Work with MCOs to transition funding to integrated care model		25%

