

# ADVISORY BOARD PRE-MEETING

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January 7<sup>th</sup>, 2019

12:10-12:50PM

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**North Sound Behavioral Health Organization**

**Alice Lind**

Health Care Authority

# Monitoring Methods for Integrated Managed Care

*Alice Lind*  
Health Care Authority

# New System: Whole-Person Care

- For Apple Health clients, physical health, mental health and substance use disorder services will be managed by one managed care plan that is responsible for keeping them well – both mind and body.
- A single MCO will coordinate care for their clients, across the full continuum of physical and behavioral health services.
- Access to Care standards no longer apply; care is provided based on level of care guidelines and medical necessity.
- MCOs are held to HCA network adequacy standards and must have an adequate network including essential behavioral health provider types.
- Medical and behavioral health providers will be contracted with the same payers (MCOs) and can move towards integrated clinical models that are supported by value-based and innovative payment methodologies.

# Methods for Monitoring the IMC Model

Through the development of the IMC model within each region, and on an ongoing basis, HCA has a number of avenues to ensure a smooth transition and ongoing system improvement:

- Interlocal Leadership Structures
- Early Warning System Processes
- MCO and BH-ASO Contract Monitoring
- Maintaining Channels for Community Voice
- Monitoring Outcomes

# Interlocal Leadership Structure

- House Bill 1388 passed in 2018, and included language regarding Interlocal Leadership Structures.
- Section 4062 states:
  - (1) The authority shall, **upon the request of a county authority or authorities within a regional service area, collaborate with counties to create an interlocal leadership structure...** The interlocal leadership structure must include representation from physical and behavioral health care providers, tribes, and other entities serving the regional service area as necessary.
  - (2) The interlocal leadership structure... **must be chaired by the counties and jointly administered by the authority, managed health care systems, and counties.** It must design and implement the fully integrated managed care model for that regional service area to assure clients are at the center of care delivery and support integrated delivery of physical and behavioral health care at the provider level.

# Early Warning System Processes

- The Early Warning System (EWS) processes use both data and regular communication to track the transition to integrated managed care (IMC) regionally, enabling rapid feedback and identification of potential transition-related issues.
- Regional EWS Workgroups are responsible for overseeing the EWS at the local level.
- Specific tasks of a regional EWS Workgroup include, but are not limited to:
  - Reviewing standard indicators that HCA will collect and report on for each region.
  - Discuss additional indicators to include in the EWS, to be collected, analyzed, and reported at the local level.
  - Collecting baseline data for any selected “non-standard” indicators.
  - Participating in IMC check-in calls beginning after “go-live”
  - Participating in monthly webinars to review/discuss the EWS data.

# HCA Contract Monitoring of MCOs

- Routine Reports from MCOs, e.g.
  - Initial Health Screen
  - Grievance and Appeal, Critical Incidents
  - Network submission, BH Network analysis
- Routine Reports from BH-ASO, e.g.
  - Expenditures
  - Crisis call response time
- Annual Monitoring:
  - Onsite monitoring visit with corrective action as needed

# Channels for Community Voice

- HCA values the knowledge of consumers and communities to inform system change, as they hold critical information about the strengths and needs of the system.
- Examples of ways in which HCA obtains this information include:
  - Regional Behavioral Health Advisory Boards
  - Regional Ombuds
  - Family Youth System Partner Roundtables (FYSPRT)
  - Accountable Communities of Health (ACH)
  - Participation in local collaborative efforts and workgroups
  - Annual satisfaction surveys



# Ongoing Monitoring of Outcomes

- HEDIS measures (e.g.):
  - Use of services including ambulatory care, inpatient utilization, mental health utilization
  - Quality of care; health outcomes
- Research and Data Analysis (RDA) Measures (e.g.):
  - [Integrated managed care preliminary findings](#)
  - Psychiatric hospitalization readmission rate
  - Substance use disorder treatment engagement and penetration
  - Mental health treatment penetration
- Value-Based Purchasing including BH measures

Questions?

## Contact Information

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North Sound Behavioral Health Organization

Advisory Board

Agenda

January 7<sup>th</sup>, 2019

1:00 p.m. – 3:00 p.m.

Call to Order and Introductions

Revisions to the Agenda

Approval of December Minutes.....TAB 1

Announcements

Brief Comments or Questions from the Public

Executive/Finance Committee Report

— Approval of December Expenditures .....TAB 2

Executive Director’s Report .....TAB 3

Executive Director’s Action Items .....TAB 4

Old Business

— Draft Legislative Session Speaking Points.....TAB 5

— 2019 Pre-Meetings.....TAB 6

— Update on Distribution of Calendars

— Update of Plaques

New Business

— Pre-Meeting Analysis .....TAB 7

Report from Advisory Board Members

Reminder of Next Meeting

Adjourn



## North Sound Behavioral Health Organization

### Advisory Board

December 4, 2018

1:00 – 3:00

### Advisory Board Meeting Minutes

#### Members Present:

- Island County: Candy Trautman, Christy Korrow, Chris Garden
- San Juan County: Theresa Chemnick
- Skagit County: Ron Coakley, Duncan West
- Snohomish County: Marie Jubie, Fred Plappert, Joan Bethel, Pat O'Maley-Lanphear, Jim Bloss, Jack Eckrem
- Whatcom County: Arlene Feld, Mark McDonald, Michael Massanari, Kara Mitchell

#### Members Excused:

- Island County:
- San Juan County:
- Skagit County: Joan Lubbe
- Snohomish County: Jennifer Yuen, Ashley Kilgore, Carolann Sullivan
- Whatcom County:

#### Members Absent:

- Island County:
- San Juan County:
- Skagit County:
- Snohomish County:
- Whatcom County:

Staff: Joe Valentine; Executive Director, Margaret Rojas; HR/Contracts Manager, Maria Arreola; Advisory Board Coordinator, Bill Whitlock; Fiscal Officer

**Guests: Katelyn Morgan; Behavioral Health OMBUDS Specialist, Marci Bloomquist; Community Health Plan of Washington North Sound Regional Manager**

### **Call to Order and Introductions**

The meeting was called to order by Chair O'Maley-Lanphear at 1:04 p.m.

### **Revisions to the Agenda**

Chair O'Maley-Lanphear inquired regarding revisions to the Agenda. None mentioned.

### **Approval of Minutes from the Previous Meeting Minutes**

Motion made to approve the November minutes as written. Motion seconded. All in favor.

### **Standing Committee Reports**

#### **— Quality Management Oversight Committee (QMOC)**

- The North Sound BHO QMOC has been suspended until further notice. Members will be notified of any further changes.

### **Executive/Finance Committee Report**

The October and November Expenditures were reviewed and discussed. A motion was made to move the Expenditures to the County Authorities Executive Committee for approval. Motion seconded. Motion approved. All in favor.

### **Announcements**

- Chair O'Maley-Lanphear announced the January 2019 meeting date change. The January meeting will be held on Monday, January 7<sup>th</sup>, 2019. Maria will send out an email reminder to members.
- Chair O'Maley-Lanphear announced the passing of David Kincheloe, Whatcom County Advocate. David served on the Board for 8 years. A moment of silence took place to honor David. Members shared memories and reflection of the positive impact David had for what was right. A memorial plaque will be made and placed at the North Sound BHO office.

### **Brief Comments from the Public**

- Katelyn spoke of Boone Sureepisarn accepting the Manager position for the OMBUDS.

### **Executive Director Report**

Joe Reported

- Transition to Integrated Care
- WISe Expansion
- Development of Long-Term Psychiatric Treatment Beds
- New System for Tracking Availability of Psychiatric Treatment Beds

## Action Items

Joe reviewed each of the Actions Items with the Advisory Board

- A motion was made to move the Action Items to the County Authorities Executive Committee for approval. Motion was seconded. All in favor.
- Motion approved to forward the Action Items to the County Authorities Executive Committee for approval.

## Old Business

Draft 2019 – 2020 Work Plan

- Motion was made to have a standing agenda item to focus on the pre-meeting presentations to develop action steps. Motion seconded. All in favor. Motion carried.
- Motion was made to approve the focus areas in the Work Plan. Motion seconded. All in favor. Motion carried.

2019-2020 Vice-Chair Vote

- Members voted for the 2019-2020 Vice-Chair. Candy; Chair of the Nominating Committee announced Ron Coakley will remain Vice-Chair and Pat O'Maley-Lanphear will remain Chair.

## New Business

Draft Legislative Session Speaking Points

- Members reviewed the draft legislative speaking points document
- Members provided feedback
- A revised document will be brought back to the Board during the January meeting
- Members that will be attending this year are Marie, Ron, Chris, Arlene, Christy and Pat
- New dates determined are January 31<sup>st</sup> – February 1<sup>st</sup>
- Marie will begin scheduling the appointments

2019 Site Visits

- It was determined to tour the Iron Gate Residential Program in Whatcom County and the Diversion Program in Snohomish County. Maria will begin setting up dates and times.

## Report from Advisory Board Members

Michael spoke about Snohomish County Coordinator working to get Advisory Board members back on the behavioral health boards.

## Reminder of Next Meeting






The next Advisory Board meeting is January 7<sup>th</sup>, 2019 in Conference Room Snohomish.

## Adjournment

Chair O'Maley-Lanphear adjourned the meeting at 3:02 p.m.

**North Sound BHO Advisory Board Budget  
December 2018**

		All Conferences	Board Development	Advisory Board Expenses	Stakeholder Transportation	Legislative Session
	Total	Project # 1	Project # 2	Project # 3	Project # 4	Project # 5
Budget	\$ 42,000.00	\$ 16,000.00	\$ 3,545.00	\$ 20,200.00	\$ 255.00	\$ 2,000.00
Expense	<b>(32,499.15)</b>	<b>(5,468.26)</b>	<b>(3,545.00)</b>	<b>(21,235.89)</b>	<b>(250.00)</b>	<b>(2,000.00)</b>
Under / (Over) Budget	<b>\$ 9,500.85</b>	\$ 10,531.74	\$ -	\$ (1,035.89)	\$ 5.00	\$ -

BHC , NAMI, COD, OTHER	BOARD SUMMIT (RETREAT)	Costs for Board Members (meals mileage, misc.)	Non- Advisory Board Members, to attend meetings and special events	Shuttle, meals, hotel, travel
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**North Sound Behavioral Health Organization, LLC**  
**Warrants Paid**  
**December 2018**

<b>Type</b>	<b>Date</b>	<b>Name</b>	<b>Memo</b>	<b>Amount</b>
<b>Advisory Board</b>				
<b>Supplies</b>				
Bill	12/04/2018	Mister T Trophies	Batch # 126204	20.07
Credit	12/04/2018	Mister T Trophies	Batch # 126204	-41.18
Bill	12/11/2018	LithtexNW	Batch # 126291	1,367.08
Bill	12/11/2018	LithtexNW	Batch # 126291	3,157.01
Bill	12/18/2018	Shutterstock	Batch # 126424	98.00
Total · Supplies				<b>4,600.98</b>
<b>Travel</b>				
Bill	12/11/2018	AA Dispatch	Batch # 126291	370.25
Bill	12/11/2018	McDonald, Mark	Batch # 126291	30.52
Bill	12/18/2018	City Cab, Inc.	Batch # 126424	184.70
Total · Travel				<b>585.47</b>
<b>Miscellaneous</b>				
Bill	12/11/2018	Farmhouse Inn Restaurant	Batch # 126291	634.73
Bill	12/18/2018	Farmhouse Inn Restaurant	Batch # 126424	324.09
Total · Miscellaneous				<b>958.82</b>
Total · Advisory Board				<b>6,145.27</b>

## **For Ratification**

### **Dedicated Marijuana Account (DMA)**

#### **Summary:**

These Contract Amendments extend the contract through June 30, 2019 and provide funding for six months, January 1, 2019 through June 30, 2019. The DMA funds are used for youth drug prevention, intervention and brief SUD treatment in schools. BHO Medicaid funds are added to the contracts which requires a 9% match of local funds by the respective counties.

#### **Motion #**

- North Sound BHO-Island County-PSC-18-19 Amendment 1 to increase funding by \$35,489 DMA funds and \$41,483 Medicaid funds for a new maximum consideration of \$76,972 with a new term of July 1, 2018 through June 30, 2019.
- North Sound BHO-San Juan County-PSC-18-19 Amendment 1 to increase funding by \$35,489 in DMA funds and \$32,588 in Medicaid funds for a new maximum consideration of \$68,077 with a new term of July 1, 2018 through June 30, 2019.
- North Sound BHO-Skagit County-PSC-18-19 Amendment 1 to increase funding by \$ for a new maximum consideration of \$ with a new term of July 1, 2018 through June 30, 2019.
- North Sound BHO-Snohomish County-PSC-18-19 Amendment 1 to increase funding by \$153,375 in DMA funds and \$9,898 in Medicaid Funds for a new maximum consideration of \$152,357 with a new term of July 1, 2018 through June 30, 2019.
- North Sound BHO-Whatcom County-PSC-18-19 Amendment 1 to increase funding by \$ for a new maximum consideration of \$ with a new term of July 1, 2018 through June 30, 2019.

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### **Health Care Authority (HCA)**

#### **Summary:**

Contract Amendments extending the contract through June 30, 2019 and allocating the 6 months funding for the following HCA contracts with the North Sound BHO.

- Prepaid Inpatient Health Plan (Medicaid Funds)
- Behavioral Health State Contract (State Funds)
- Mental Health Block Grant (Federal Block Funds)
- Substance Abuse Block Grant (Federal Block Funds)

**Motion #**

- HCA-North Sound BHO-PIHP-18-19 Amendment 1 to extend the contract and provide the Medicaid rates for six months with a new term of July 1, 2018 through June 30, 2019.
- HCA-North Sound BHO-BHSC 18-19 Amendment 1 to extend the contract by 6-months and provide funding in the amount of \$10,251,873 for a new maximum consideration of \$20,887,326 with a new term of July 1, 2018 through June 30, 2019.
- HCA-North Sound BHO-MHBG-18-19 Amendment 1 to extend the contract by 6-months and provide funding in the amount of \$552,740 for a new maximum consideration of \$2,204,000 with a new term of July 1, 2017 through June 30, 2019.
- HCA-North Sound BHO-SABG 18-19 Amendment 1 to extend the contract by 6-months and provide funding in the amount of \$1,644,719 for a new maximum consideration of \$11,838,287 with a new term of April 1, 2016 through June 30, 2019.

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**Transitional Housing**

**Summary:**

- Lake Whatcom Center has doubled its transition bed capacity for individuals discharging from Western State Hospital.
- Compass Health will continue providing transitional bed capacity in Snohomish County for individuals discharging from Western State Hospital.

**Motion #**

- North Sound BHO-LWC-Housing PSC-19 to continue transitional housing services in Whatcom County. The maximum consideration on this contract is \$36,000 with a term of January 1, 2019 through June 30, 2019.
- North Sound BHO-Compass Health-Housing PSC-19 to continue transitional housing services in Snohomish County. The maximum consideration on this contract is \$15,000 with a term of January 1, 2019 through June 30, 2019.

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**Whatcom County Health Department**

**Summary:**

- Whatcom County has requested Medicaid funding to furnish the Whatcom County Crisis Stabilization facility. The funding will purchase furniture for one of the two units at the facility. The county will be matching the Medicaid funds with 31% local funds.

**Motion #**

- North Sound BHO-Whatcom County-PSC-19 to purchase furniture for the Whatcom Crisis Stabilization Facility. The maximum consideration on this contract is \$138,000 with a term of January 1, 2019 through June 30, 2019.

# NORTH SOUND BEHAVIORAL HEALTH ADVISORY BOARD

## 2019 LEGISLATIVE PRIORITIES

### 1. Maintain Current Level of Funding for the Behavioral Health Crisis System

- With the transition to Integrated Managed Care, Medicaid funding and State General Funding [GF-S] for Crisis Services will come from two different sources: Medicaid funding from the Apple Health Managed Care Organization [MCOs] and GF-S from the Health Care Authority [HCA] based on legislative appropriation.
- New Behavioral Health Administrative Services Organizations [BH-ASOs] will replace the existing regional Behavioral Health Organizations and will be responsible for overseeing and funding Crisis Services.
- ~~Ensure there is sufficient funding to both Mmaintaining~~ the existing continuum of crisis services as well as ~~nd expanding opportunities for diverting people from jails and hospitals will be critical.~~ However, under the new model, there is no guarantee that the existing levels of Medicaid funding will still be available to the BH-ASOs.
- ~~Please ensure that enough GF-S is allocated to maintain the stability of the existing crisis system and to make sure that the ability to expand diversion opportunities~~ for diversion from jails and hospitals and that this funding is not solely dependent on the business decisions of the MCOs.

### 2. Enforce Accountability Standards for the Managed Care Organizations

- Please ensure that state agencies hold the MCOs accountable to meet the performance standards for the funding they are receiving to provide integrated managed care.
- Please ask the state agencies to work with local communities, including the regional Behavioral Health Advisory Boards, in monitoring the performance of the MCOs.
- Please support legislation to maintain the ability of counties to have oversight of Crisis and Non-Medicaid services as well as regional county chaired Interlocal Leadership Structures

### 3. Support the North Sound Counties' Request for the Additional Capital Funding to Complete the Projects Partially Funded in the 2018 Capital Budget.

- In 2017, the North Sound counties submitted a capital funding request to address the significant shortage of behavioral health treatment beds in the North Sound region.
- The 2018 Capital Budget provide partial funding to begin these projects. These included: Two Substance Use Disorder [SUD] Treatment Facilities in Everett, a new Mental Health Crisis Center and a new SUD Detox Center in Bellingham, a new Evaluation & Treatment Facility and a new SUD Detox Facility in Skagit County to replace the E&T and SUD treatment facilities in Sedro Woolley that will lose their leases, and a new Crisis Center in Island County.
- The necessary land sites have been procured and building designs have been completed for all these projects. *An additional \$221.59 million is needed to bring them to completion.*
- See attached summary.

## North Sound Behavioral Health Organization

### 2019 Behavioral Health Facilities Capital Funding Request

- In 2017, the North Sound Region Counties submitted a capital funding request to address the significant shortage of behavioral health treatment beds in the North Sound Region.
- The 2018 State Capital Budget provided enough funding to begin development of most of the projects prioritized for the 2017 – 2019 biennium.
- **Development of all the facilities that received funding are now underway: there are secured sites for each facility and the initial schematic designs, detailed cost estimates, and environmental assessments completed.**
- Three of the funded projects will need additional funding to complete construction.
- The Skagit Stabilization Campus projects received only partial funding in 2018 contingent on the procurement of land to locate the facilities. A parcel of land has now been purchased by Skagit County for these projects.
- An additional 8 bed wing of SUD treatment and detox beds is proposed for the Skagit Stabilization Campus to be designed and partially funded in partnership with North Sound Tribes.
- The SUD Residential Treatment Centers that will occupy the re-purposed Denny Juvenile Justice Center will need an additional \$5.1 million but Snohomish County will be covering \$2.1 million with local millage dollars. The request for 2019 Capital Dollars would be for the remaining \$3 million.
- Even with the opening of the new facilities, the North Sound region will still have an insufficient number of SUD residential treatment beds to meet current needs, and this need will grow over the next 5 years with the continued growth in population.
- Attached is an updated bed need projection based on the projections that two different planning consultants did in 2016 and 2017. Population growth has continued at a steady pace to support these projections. [see attached bed need projection].

The additional funding being requested is:

Project	Total Cost	Current Funding	Additional Funding Needed
<b>1. Skagit Stabilization Campus</b> a) Evaluation & Treatment b) Secure Detox c) North Sound/Tribal Treatment Facility <sup>1</sup> <b>Total</b>	\$ 8.4 million \$ 8.4 million \$ 4.2 million <b>\$ 21 million</b>	<b>\$ 4 million:</b> <ul style="list-style-type: none"> <li>• \$1.5 million State</li> <li>• \$2.5 million BHO</li> <li>• \$400,000 provided by Skagit County to purchase land</li> </ul>	<b>\$ 16.6 million</b>
<b>Island County Triage/Sub-Acute Detox Center</b>	<b>\$ 7.5 million</b>	<b>\$ 5 million:</b> <ul style="list-style-type: none"> <li>• \$4 million State</li> <li>• \$1 million BHO</li> <li>• \$200,000 provided by Island County to purchase land</li> </ul>	<b>\$ 2.3 million</b>
<b>Snohomish County SUD Residential Treatment</b>	<b>\$ 18 million</b>	<b>\$ 15 Million:</b> <ul style="list-style-type: none"> <li>• \$ 10 million State</li> <li>• \$ 3 million BHO</li> <li>• \$ 2 million provided by Snohomish County</li> </ul>	<b>\$3 million</b>
<b>Total 2019 Funding Request</b>	<b>\$ 46.5 million</b>	<b>\$ 24 million</b>	<b>\$21.9 million</b>

<sup>1</sup> This project could be delayed until 2020 depending on the interest and commitment of North Sound Tribes





# NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION ADVISORY BOARD

## 2019-2020 Work Plan

## Focus Areas

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### → Accountability

- What are the Accountable Community of Health measures?
- MCOs living up to the standards Washington Administrative Code and Revised Code of Washington
- Did integrated care live up to the promise?
- Actively monitoring Behavioral Health (BH) impact through indicators
  - Working with leadership to develop metrics
    - Ratings scorecard
- Stoplight – Early Warning Signs

### → Communication

- Members feedback to counties
- County relationships
- County communication to members regarding issues within the community
  - Community based public education issues
- Lack of communication between systems. How will communication take place with the five MCOs?

### → Crisis System – Supporting System Delivery

- Continuity of care
- Care coordination
- Funding to serve everyone/regional
- Unified street level care
  - Connecting with individuals that are in crisis in the community before they end up in the criminal system or in the hospitals
  - Advocate for these individuals with the MCOs to make sure they get the care they need
- Look at cross county needs advocate – support
- Working with justice system, law enforcement, correctional agencies to advocate behavioral healthcare services for incarcerated individuals

## Positive Outcomes

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- Care Is Improving
- Efficiencies In System Delivery
- Better Coordination Between Systems
- Lives Have Improved
- Healthier Communities
- Communities Are Holding MCOs Accountable



# North Sound Behavioral Health Organization, LLC

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## INTEROFFICE MEMORANDUM

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**TO:** ALL NSMHA STAFF  
**FROM:** JOE VALENTINE   
**SUBJECT:** MILEAGE REIMBURSEMENT  
**DATE:** 01/02/2019

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Mileage reimbursement for travel after January 1, 2019 will be paid at the rate of 58.0 cents per mile. This rate is accordance with current IRS guidelines.

If you have any questions, please contact the fiscal department.