NORTH SOUND MENTAL HEALTH ADMINISTRATION BOARD OF DIRECTORS MEETING

NSMHA Conference Room Mount Vernon, WA September 13, 2007 1:30 PM

AGENDA

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1.	Call to Order; Introductions – Chair Gossett
2.	Revisions to Agenda – Chair Gossett
3.	Approval of Minutes- Chair Gossett (motion #07-117)6-16 • To review and approve the minutes of the August 9, 2007
4.	Comments & Announcements from the Chair
5.	Reports from Board Members
6.	Comments from the Public
7.	Report from the Advisory Board – James Mead, Chair
8.	Report from the Executive/Personnel Committee -
9.	Report from the Quality Management Oversight Committee - Gary Williams, Chair
10.	Report from the Planning Committee - Janelle Sgrignoli, Chair
11.	Report from the Executive Director - Chuck Benjamin, Executive Director
12.	Report from the Finance Officer – Bill Whitlock, Fiscal Officer
13.	Report from the Finance Committee – Kirke Sievers, Chair
14.	Consent Agenda – Dave Gossett, Chair

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

Motion #07-118

To review and approve North Sound Mental Health Administration's claims paid from August 1, 2007 through August 31, 2007 in the amount of \$(will be available at the meeting). Payroll for the month of August

in the amount of \$(will be available at the meeting) and associated employer paid benefits in the amount of \$(will be available at the meeting).

Motion #07-093

To review and approve the NSMHA-Island-Jail Services Contract 0-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-094

To review and approve the NSMHA-San Juan-Jail Services Contract 07-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-095

To review and approve the NSMHA-Skagit-Jail Services Contract 06-07. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-096

To review and approve the NSMHA-Snohomish-Jail Services Contract 07-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-097

To review and approve the NSMHA-Whatcom-Jail Services Contract 07-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-115

To review and approve contract NSMHA-LAKE WHATCOM-PACT-07-09. The contract is for the provision of a half a PACT team in Whatcom County. This is a fidelity based program funded through state only funds. The term of this contract is September 13, 2007 to June 30, 2009. Funding for this program is from the Program for Alternative Living (PALS) savings. The distribution is as follows;

Start up funding \$175,000 12 month funding \$700,000 8 month funding \$466,667

The maximum consideration for this contract \$1,341,667

15. Action Items Motion #07-098

To review and approve NSMHA-COMPASS-DDD-07-08 effective 10/01/07 to 6/30/09. This contract is to improve short-term, episodic crisis prevention, interventions and stabilization mental health services to registered DDD clients. The term of this contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

To review and approve contract NSMHA-COMPASS HEALTH-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Compass and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

Motion #07-100

To review and approve contract NSMHA-COMPASS HEALTH-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Compass and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding is for this contract is unavailable at this time.

Motion #07-101

To review and approve contract NSMHA-bridgeways-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by bridgeways and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

Motion #07-102

To review and approve contract NSMHA-bridgeways-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by bridgeways and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding is for this contract is unavailable at this time.

Motion #07-103

To review and approve contract NSMHA-SUNRISE SERVICES-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Sunrise and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

Motion #07-104

To review and approve contract NSMHA-SUNRISE SERVICES-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Sunrise and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding is for this contract is unavailable at this time.

Motion #07-105

To review and approve contract NSMHA-CATHOLIC COMMUNITY SERVICES-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid children and youth enrollees based on the transition plan mutually agreed upon by Catholic Community Services and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

Motion #07-106

To review and approve contract NSMHA-CATHOLIC COMMUNITY SERVICES-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid children and youth population and for the provision of non-Medicaid covered mental health services Medicaid children and youth enrollees based

on the transition plan mutually agreed upon by Catholic Community Services and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding is for this contract is unavailable at this time.

Motion #07-107

To review and approve contract NSMHA-SEA MAR-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Sea Mar and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

Motion #07-108

To review and approve contract NSMHA-SEA MAR-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Sea Mar and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding is for this contract is unavailable at this time.

Motion #07-109

To review and approve contract NSMHA-INTERFAITH-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Interfaith and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

Motion #07-110

To review and approve contract NSMHA-INTERFAITH-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Interfaith and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

Motion #07-111

To review and approve contract NSMHA-LAKE WHATCOM-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Lake Whatcom and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

Motion #07-112

To review and approve contract NSMHA-LAKE WHATCOM-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Lake Whatcom and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

Motion #07-113

To review and approve contract NSMHA-WHATCOM COUNSELING AND PSYCHIATRIC CLINIC (WCPC)-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by WCPC and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

To review and approve contract NSMHA- WHATCOM COUNSELING AND PSYCHIATRIC CLINIC (WCPC)-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by WCPC and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Estimated funding for this contract is unavailable at this time.

16. Introduction Items

Motion # 07-119

To review for approval NSMHA-NAMI-FBG-06-07(1)AMENDMENT for the purpose of expending unspent FBG funds in the total amount of \$30,000 to provide a 4 month lease on the new drop in center facility in Skagit County. The maximum consideration for this contract is \$45,000.

Motion # 07-120

To review for approval for NSMHA-WCPC-FBG-07 for the purpose of expending unspent FBG funds in the total amount of \$15,000 to provide for the allowable purchase of appliances to improve the kitchen facility at the Rainbow Center. The maximum consideration for this contract is \$15,000.

Motion #07-121

To review for approval DSHS-NSMHA-PIHP-0769-26002-07-09 for the provision of Medicaid services to enrollees of the North Sound Region. This agreement takes effect October 1, 2007 through September 30, 2009. Following the end of the annual legislative session, MHD will offer an amendment with the proposed rates for the next Fiscal Year.

Motion #07-122

To review for approval DSHS-NSMHA-SMHC-0769-26028-07-09 for the provision of state funded services to citizens of the North Sound Region. This agreement takes effect October 1, 2007 through September 30, 2009. Following the end of the annual legislative session, MHD will offer an amendment with the proposed rates for the next Fiscal Year. The estimated funding for this contract is \$40,777,852.

Motion #07-123

To review and approve DSHS-NSMHA-DDD-07-09 for the provision of crisis prevention and stabilization services to developmentally disabled individuals in the North Sound Region. This agreement takes effect October 1, 2007 through June 30, 2009. The estimated funding for this contract is \$628,346.25.

17. Adjourn

NOTE: The next Board of Directors meeting will be held on FRIDAY, October 12, 2007, at 1:30 p.m. in the Wild Iris Conference Room in La Conner, Washington.

NORTH SOUND MENTAL HEALTH ADMINISTRATION BOARD OF DIRECTORS MEETING

NSMHA Conference Room Mount Vernon, WA August 9, 2007 1:30 PM

MINUTES

Board Members Present:

Dave Gossett, Snohomish County Council member, NSMHA Board of Directors Chair Mike Shelton, Island County Commissioner
Bob Myhr, San Juan County Council member
Ken Dahlstedt, Skagit County Commissioner
Gary Williams, designated alternate for Whatcom County Council member, Ward Nelson Janelle Sgrignoli, designated alternate for Snohomish County Executive, Aaron Reardon Regina Delahunt, designated alternate for Whatcom County Executive, Pete Kremen June LaMarr, The Tulalip Tribes
Andrew Davis, NSMHA Advisory Board

Staff Present:

Chuck Benjamin, Bill Whitlock, Margaret Rojas, Laura Davis, Annette Calder

Guests:

Jackie Henderson, Anne Deacon, Andy Byrne, Rochelle Clogston, Mike Watson, Deborah Moskowitz

1. Call to Order; Introductions - Chair Gossett

Chair Gossett called the meeting to order at 1:30 p.m.

2. Revisions to Agenda – Chair Gossett

Chair Gossett said it was suggested with exception to motions 07-075, 07-085 and 07-092 move all motions under Action Items to the Consent Agenda.

3. Approval of Minutes-Chair Gossett

Chair Gossett asked if there were any revisions to the minutes of July 12, 2007; there were none. Mr. Myhr moved approval of **motion 07-070**, seconded by Mr. Shelton, all in favor, **motion carried.**

4. Comments & Announcements from the Chair

Chair Gossett announced NSMHA just completed the annual State Audit with no audit findings or recommendations; everything was perfect. Chair Gossett said Bill Whitlock, NSMHA Fiscal Officer, should stand up for a round of applause. Group applause followed.

Chair Gossett addressed the group regarding the Board Retreat and Board meeting in October. He stated the Board meeting usually takes place on a Thursday, however this year the proposal is to start the Retreat on Thursday, October 11 and then go into the morning of October 12th and then have the Board meeting on Friday the 12th in the afternoon. Mr. Williams moved approval to change the Board meeting from October 11th to October 12th, seconded by Ms. Sgrignoli, all in favor, **motion carried** (#07-116).

Chair Gossett discussed Commissioner Shelton leaving; stating he was pleasantly surprised to see Mike here today; he had heard Mike had already left for his new job in Olympia. Chair Gossett said Mike has been a great guy to work with. He has been on this Board a long, long time and personally, he has been very good to work with, to be a partner with and for the RSN, there is nobody on this Board who puts in the time and the energy and cares about as much about making mental health better for people as Mike does; he is an incredible leader. And to cap it all off, they just passed the 1/10th of 1% sales tax in Island County.

Chair Gossett stated we have a plaque for Mike and read it aloud: Mike Shelton, with gratitude and appreciation for your service to the North Sound Regional Support Network, your unwavering advocacy has helped us to maintain our vision of hope and provide paths to recovery. Thanks to your inspiring efforts persons with mental illness have benefited throughout our Region and throughout the State of Washington. Chair Gossett told Mike Shelton he would be really missed.

Mike Shelton thanked Chair Gossett, stating it is an exciting time. He said young persons look forward to change. He said they have lived on the island for 37 years, in the same house for 28 years and his wife has worked for the school district for 28 years. He said currently there are a lot of changes in their life and believe it is the right thing to do now but that doesn't mean that they are not leaving without a lot of sadness. Over the years the RSN has been the source of a great amount of frustration and also a lot of gratifying experiences. Regardless of whether it has been satisfying or frustrating, the people that have been associated with the mental health industry have stayed focused in our Region with the belief that we are here to serve the people that need our services and that we need to do that to the best of our ability. Mike stated he is really proud to have been a part of this organization for as long as he has been and he is really going to miss everyone. Mike added he was approached some time ago by his constituents about the 1/10th of 1% and he told them that they needed to be very specific about what the funds would be used for. He said a very good program was developed to meet the needs of Island County. Both meetings held regarding the 1/10th of 1% and were well attended; no one testified against the tax. He said the Commission only had to vote yes, but the real credit should go to Jackie, Mike and their task force. If a county chooses to go down that path he is recommending putting together a citizens group with county staff representation to figure out how much money will be generated and how it will be spent; and he thinks the public will be receptive to that kind of thing.

Gary Williams stated having shared this journey with Mike Shelton he thinks it is important to note that when this RSN was formed it was five separate counties with five separate views of the world and the elected officials were grasping at what this Region was and were concerned with how it would how it would affect counties; Gary said he sees Mike as one of the folks that really was one of the firm hands on the tiller for the other elected officials through that process to get us where we are today. As one of the elected officials Mike has been invaluable to the region in talking to his peers about where we are, where we need to go and give it an historical perspective; it's an amazing contribution, and thank you.

Commissioner Dahlstedt commented that he has been here for seven years and that Commissioner Shelton has been a great mentor as far as the efforts that go on here at the RSN. Not only here, Mike has been a past president of Washington Association of Counties (WSAC) so his commitment has not only been to his own county and his greater community which is what we are a part of, and the state and national level as well. He said he believes Mike has gotten a well deserved opportunity at the state level and thanked him for everything he has done here. Commissioner Dahlstedt said it has been a pleasure to work with Mike and he wishes him well.

Janelle Sgrignoli stated she has been with the RSN in various roles since its inception and has been on the Board for the last two years with Mike and he is leaving a legacy and it is going to be nearly impossible to fill his position. He has been an unwavering advocate for the people we serve in the communities and is always

speaking up for the people we serve and making sure we do what is right, not what is easy. Janelle said Mike is an inspiration to all of us and we are going to miss you.

Chuck said he has worked with Mike in a couple of different capacities, first as a Board member and second as the Executive Director. He said when on the Board they both served on the Executive Personnel Committee and really dealt with a lot of delicate issues. What Mike brings to the table is not just his actions of serving people with disabilities but also his ability to really reason things out, look into the facts and give good guidance. Chuck said he found this to carry over in his role as Director and said he is really going to miss Mike and their phone calls. One thing he has told Mike is that he travels to Olympia more than he wants to but now he has another reason to go, and that is to be able to visit Mike and is looking forward to that.

Mike said as a citizen, if the legislature starts going awry in regards to mental health he will be there to testify on our behalf.

Commissioner Dahlstedt commended Commissioner Shelton on Island County implementing the 1/10th of 1% tax and really wants to thank Island County for stepping up and doing that to take care of the families in our counties.

Councilman Myhr stated he is the new kid on the block and that Mike has really helped him to have a better understanding of what this is all about and has always impressed him with the wonderful and appropriate questions he asks. Councilman Myhr said from talking to his friends in Island County that he knows Mike is really going to be missed there and here at the RSN. Councilman Myhr thanked Mike for his service and dedication.

5. Reports from Board Members

None

6. Comments from the Public

Jackie Henderson said this is a very hard thing for her to do, but that she wanted to come and publicly thank him. She has worked with him since he was first elected, and what a lot of people do not know is that since he first started he encouraged hiring people with developmental disabilities, and now there are several people with developmental disabilities working for Island County and between that and passing the 1/10th of 1% sales tax, what he has done for the people of Island County there are too many things to mention. She said we know a lot of elected officials, present company excluded, don't like to work with the messiness of people, they would prefer to work with roads, jails, septic systems and Mike has never wavered in all of his years with the county has believed the county has a role in making sure that people that can't always speak for themselves had what they needed. Jackie said she will always be grateful to Mike for that. He is not only a respected colleague but a dear friend and she is going to miss him terribly. ON the day that the email came out the all the county employees that Mike was resigning it was like there was a death in the family. She said she didn't know if Mike knew that, but everywhere you went that day it was "have you heard about Mike, what are we going to do?" She said in formal situations he is referred to as Commissioner Shelton but to most everyone on the Island he is just Mike and that speaks volumes. She has a dear friend, a consultant from Virginia named David Potoniac; he goes around the country working with a lot of people who provide support to people with developmental disabilities and mental illness. One of the things he always says is when the going gets tough, during good times and bad times, when money is good and when money is bad, you just need to keep showing up. For 14 years Mike has kept showing up every single time. From Jackie's heart and from those in Island County who cannot speak for themselves, you (Mike) were never too busy or never too uncomfortable to talk to all kinds of people; and for all of them I just thank you for showing up.

You could see and feel the friendship, sincerity and appreciation; I don't think there was a dry eye in the room.

7. Report from the Advisory Board - Andrew Davis, Vice Chair

Andrew Davis reported:

- The meeting was held on August 7th and there was a pre-meeting presentation give by David Brenna regarding the Transformation Grant.
- Russ gave a brief summary about Wellness in Recovery Action Plan (WRAP) training.
- The Advisory Board could take no action at this meeting due to no quorum; therefore, all action was postponed to the next meeting.
- Rebecca Clarke gave a County Coordinator's report.
- The Vice Chair mentioned site visits the Advisory Board would be doing during the coming months.
- Margaret Rojas gave the Executive Director's report in Chuck's absence.
- The Finance Committee and Executive Committee were canceled due to the lack of a quorum.
- Chuck Davis gave an updated Ombuds report.
- Margaret Rojas mentioned there would be Federal Block Grant (FBG), Medicaid, State Mental Health Contract (SMHC), Jail Services, new Wellness Recovery Action Plan (WRAP), Lake Whatcom Program for Assertive Community Treatment (PACT) and Compass-DDD-07-08 contracts going before the Board of Directors on Thursday.
- Tom Richardson expressed disappointment in the lack of attendance for the Advisory Board and said this should be addressed.
- The meeting was adjourned at 2:50 and it was requested that the date of the September meeting be changed. The new date will be announced once the meeting has been rescheduled.

Mr. Davis was thanked for his report.

8. Report from the Executive/Personnel Committee - Mike Shelton, Chair

Mr. Shelton stated the committee did meet but nothing to report.

9. Report from the Quality Management Oversight Committee – Gary Williams, Chair None

10. Report from the Planning Committee - Janelle Sgrignoli, Chair

Janelle Sgrignoli reported the Planning Committee met on August 3rd, and reviewed the following:

- Children's Short Term High Intensity Treatment program
- Reallocated FBG funding due to errors made in the allocation process and one of Sea Mar's programs will be funded
- Half PACT program
- Capital Fund balance allocation
- E&T workgroup on operations and planning will be formed by NSMHA to make sure we are
 providing appropriate services to the customers we are serving, covering the liability to NSMHA and
 the five counties,

Ms. Sgrignoli was thanked for her report.

11. Report from the Executive Director - Chuck Benjamin, Executive Director

Chuck Benjamin reported:

- RFQ implementation going well have discovered some timeline issues and have discussed with providers
- Bridgeways planning to do a drop-in center in Skagit County
- PACT teams, fidelity model doesn't apply to the half-PACT planned for Whatcom County

- Wraparound training, 10 days of training to occur over the next month
- Eating Disorders training being held in Mount Vernon September 5-7
- Resiliency and Recovery Conference will focus on Children and is being held on September 26th at McIntyre Hall in Mount Vernon
- Annual Poster Contest coming up and the theme will be around stigma reduction
- Chair Gossett reported on the State Auditor's report
- At the direction of the Executive Committee meetings have been scheduled with the Prosecuting Attorney's, Risk Manager's and County Coordinators around contract terms; met this morning and feels it went very well.

Thanked for his report.

12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer Bill Whitlock reported:

• The revenues are in line with the budgets. However, the Federal Block Grants have a negative variance of \$114,884The revenues are in line with the budgets. However, the Federal Block Grants have a negative variance of \$114,884. The PACT (Program for Assertive Community Treatment) has a negative variance of \$211,251 and PATH (Projects for Assistance in Transition from Homelessness) has a negative variance of \$28,288. All of these are timing variances at this time. The PALS (Program for Assisted Living Skills) was not part of the original budget. The Jail Service negative variance of \$1,040 is a permanent variance. The administrative expenditures are in line with the current budget. The Agency/County/Other Service Provider's expenditures have a budget variance of \$4,802,316. Most of the variance is due to inpatient expense from last year and the current year. We started the "pay as you go" inpatient system in September 2006. We did not receive any expenses until January 2007. We are also paying out a lot of our deferred revenue from last year. We had \$1.7 million in deferred revenue at December 31, 2007.

- The State Fiscal Auditors completed most of their audit of the 2006 financial statement.
- We have come to an agreement with the APN agencies on the state budget wage earner proviso. We will make our first payment to them next week. We are still working with Sea Mar.
- We are in the process of finalizing the transition plans for the RFQ process and converting them into
 monthly budgets for contracting. We still have a lot of work to do to get the new system up and
 running.
- We have completed a budget for the Whatcom County half PACT program. (Attached to file copy). Mr. Whitlock was thanked for his report.

13. Report from the Finance Committee – Kirke Sievers, Chair

Bob Myhr reported:

- Met today and reviewed and approved all claims, payroll, and benefits before the Board,
- Recommendation to move funds between accounts (motion # 07-064) MOTION DROPPED Mr. Myhr was thanked for his report.

14. Consent Agenda - Dave Gossett, Chair

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

To review and approve North Sound Mental Health Administration's claims paid from July 1, 2007 through July 30, 2007 in the amount of \$4,138,100.01. Payroll for the month of July in the amount of \$95,515.68 and associated employer paid benefits in the amount of \$40,586.95.

Motion #07-072

For introduction and approval NSMHA-CURRY-SCHWARTZ-EATING DISORDERS-07 for the provision of a three day training on eating disorders to the North Sound providers. The contract is from September 1, 2007 to September 30, 2007. The maximum consideration for this contract is \$11,500.

Motion #07-073

To introduce for review NSMHA-bridgeways-FBG-07-08. The purpose of the contract is for the expansion of services for the Unit 9 outreach project in Snohomish County. The maximum consideration for this contract is \$44,851.

Motion #07-074

To introduce for review NSMHA-COMPASS HEALTH SKAGIT-FBG-07-08. The purpose of the contract is to expand services for adults and older adults in Skagit County. The maximum consideration for this contract is \$74,000.

Motion #07-076

To introduce for review NSMHA-COMPASS HEALTH ISLAND-FBG-07-08. The purpose of the contract is to provide prevention of children/youth hospitalization and out of home placements. The maximum consideration for this contract is \$40,000.

Motion #07-077

To introduce for review NSMHA-EVERETT HOUSING AUTHORITY HOPE OPTIONS-FBG-07-08. The purpose of the contract is for an Intervention Specialist working with vulnerable adults with mental illness in Snohomish County. The maximum consideration for this contract is \$33,000.

Motion #07-078

To introduce for review NSMHA-SAN JUAN COUNTY HEALTH AND COMMUNITY SERVICES-FBG-07-08. The purpose of the contract is for mental health services in the school setting for children and families in San Juan County. The maximum consideration for this contract is \$20,000.

Motion #07-079

To introduce for review NSMHA-SENIOR SERVICES OF SNOHOMISH COUNTY-FBG-07-08. The purpose of the contract is for in-home Geriatric Depression Screening for adults over 60 years in Snohomish County. The maximum consideration for this contract is \$36,360.

Motion #07-080

To introduce for review NSMHA-SNOHOMISH COUNTY HUMAN SERVICES-FBG-07-08. The purpose of the contract is short-term case management and prevention services for people with high utilization of emergency services in Snohomish County. The maximum consideration for this contract is \$66,000.

To introduce for review NSMHA-TULALIP TRIBES-FBG-07-08. The purpose of the contract is to provide holistic traditional and mental health services to children and families. The maximum consideration for this contract is \$81,840.

Motion #07-082

To introduce for review NSMHA-TRAINING RESOURCES IN PARTNERSHIP-FBG-07-08. The purpose of the contract is to provide parent support/empowerment groups and individual coaching. The maximum consideration for this contract is \$37,000.

Motion #07-083

To introduce for review NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC DD-FBG-07-08. The purpose of the contract is to provide a skill building group with people with developmental disabilities. The maximum consideration for this contract is \$5,000.

Motion #07-084

To introduce for review NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC GATEKEEPER -FBG-07-08. The purpose of the contract is to provide the elder Gatekeeper project providing mental health and support services to at-risk older adults in Whatcom County. The maximum consideration for this contract is \$33,309.

Motion #07-086

To introduce for review NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC OUTREACH-FBG-07-08. The purpose of the contract is to provide outreach and engagement services to the un-enrolled in acute care settings and at the Behavioral Health Triage in Whatcom County. The maximum consideration for this contract is \$106,000.

Motion #07-087

To introduce for review NSMHA-CATHOLIC COMMUNITY SERVICES SKAGIT-FBG-07-08. The purpose of the contract is to provide an extension of service hours for groups in the elementary and middle school in the eastern geographic area of Skagit County. The maximum consideration for this contract is \$18,000.

Motion #07-088

To introduce for review NSMHA-NORTHWEST YOUTH SERVICES-FBG-07-08. The purpose of the contract is to provide an expansion of mental health services to children/youth and families in Whatcom County. The maximum consideration for this contract is \$36,640.

Motion #07-089

To introduce for review NSMHA-STILLAGUAMISH TRIBE-FBG-07-08. The purpose of the contract is to provide an expansion of mental health services and life skills training. The maximum consideration for this contract is \$35,000.

Motion #07-090

To introduce for review NSMHA-SUN COMMUNTY SERVICES-FBG-07-08. The purpose of the contract is to provide housing and mental health supports to consumers discharged from inpatient facilities and jails. The maximum consideration for this contract is \$48,000.

To introduce for review NSMHA-MEAD-FBG-07-08. The purpose of the contract is to provide three Wellness Recovery Action Plan (W.R.A.P.) trainings in the north sound region. The maximum consideration for this contract is \$15,000.

Mr. Williams moved approval of the Consent Agenda, seconded by Mr. Myhr, all in favor, motion carried.

15. Action Items Motion #07-075

To introduce for review NSMHA-COMPASS HEALTH SNOHOMISH-FBG-07-08. The purpose of the contract is for transition services from jails and inpatient facilities into outpatient for adults and children in Snohomish County. The maximum consideration for this contract is \$154,035.

Mr. Benjamin addressed the group about the reallocation. He thanked the FBG selection committee for their hard work and said this is not a reflection on the selection committee. He provided background information and stated that there were mistakes made in this process by both NSMHA and Sea Mar. He had discussions with the providers who had funding reduced due to this and they understood what happened and were supportive of the reallocation.

Mr. Shelton moved approval, seconded by Mr. Dahlstedt, all in favor, motion carried.

Motion #07-085

To introduce for review NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC RAINBOW-FBG-07-08. The purpose of the contract is to provide an extension of operational hours to meet the International Clubhouse Certification Development Standards at Rainbow Center. The maximum consideration for this contract is \$30,888.

Mr. Dalhstedt moved approval, seconded by Mr. Myhr, all in favor, motion carried.

Motion #07-092

To introduce for review NSMHA-SEA MAR-FBG-07-08. The purpose of the contract is to provide integrated care in a health care setting in Whatcom County. The maximum consideration for this contract is \$54,077.

Mr. Shelton moved approval, seconded by Mr. Myhr, all in favor, motion carried.

Mr. Williams stated he served on the selection committee and he wants Sea Mar to report in the future on how this position is used and valued in Whatcom County as the application did not address this and he believes future funding will be sought for this.

16. Introduction Items

Motion #07-093

To introduce for review the NSMHA-Island-Jail Services Contract 0-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-094

To introduce for review the NSMHA-San Juan-Jail Services Contract 07-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail.

The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-095

To introduce for review the NSMHA-Skagit-Jail Services Contract 06-07. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-096

To introduce for review the NSMHA-Snohomish-Jail Services Contract 07-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-097

To introduce for review the NSMHA-Whatcom-Jail Services Contract 07-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-098

To introduce for review NSMHA-COMPASS-DDD-07-08 effective 10/01/07 to 6/30/08. This contract is to improve short-term, episodic crisis prevention, interventions and stabilization mental health services to registered DDD clients. The term of this contract is October 1, 2007 to June 30, 2008. Maximum consideration for this contract is unavailable at this time.

Motion #07-099

To introduce for review contract NSMHA-COMPASS HEALTH-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Compass and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-100

To introduce for review contract NSMHA-COMPASS HEALTH-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Compass and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-101

To introduce for review contract NSMHA-bridgeways-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by bridgeways and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-102

To introduce for review contract NSMHA-bridgeways-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by bridgeways and

NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-103

To introduce for review contract NSMHA-SUNRISE SERVICES-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Sunrise and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-104

To introduce for review contract NSMHA-SUNRISE SERVICES-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Sunrise and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-105

To introduce for review contract NSMHA-CATHOLIC COMMUNITY SERVICES-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid children and youth enrollees based on the transition plan mutually agreed upon by Catholic Community Services and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-106

To introduce for review contract NSMHA-CATHOLIC COMMUNITY SERVICES-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid children and youth population and for the provision of non-Medicaid covered mental health services Medicaid children and youth enrollees based on the transition plan mutually agreed upon by Catholic Community Services and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-107

To introduce for review contract NSMHA-SEA MAR-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Sea Mar and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-108

To introduce for review contract NSMHA-SEA MAR-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Sea Mar and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-109

To introduce for review contract NSMHA-INTERFAITH-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Interfaith and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

To introduce for review contract NSMHA-INTERFAITH-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Interfaith and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-111

To introduce for review contract NSMHA-LAKE WHATCOM-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Lake Whatcom and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-112

To introduce for review contract NSMHA-LAKE WHATCOM-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Lake Whatcom and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-113

To introduce for review contract NSMHA-WHATCOM COUNSELING AND PSYCHIATRIC CLINIC (WCPC)-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by WCPC and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-114

To introduce for review contract NSMHA- WHATCOM COUNSELING AND PSYCHIATRIC CLINIC (WCPC)-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by WCPC and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-115

To introduce for review contract NSMHA-LAKE WHATCOM-PACT-07-09. The contract is for the provision of a half a PACT team in Whatcom County. This is a fidelity based program funded through state only funds. The term of this contract is September 13, 2007 to June 30, 2009. Funding for this program is from the Program for Alternative Living (PALS) savings. The distribution is as follows;

Start up funding \$175,000 12 month funding \$700,000 8 month funding \$466,667

The maximum consideration for this contract \$1,341,667

17. Adjourn

Meeting adjourned at 2:14 p.m.

Respectfully submitted: Annette Calder Executive Assistant