NORTH SOUND MENTAL HEALTH ADMINISTRATION BOARD OF DIRECTORS MEETING March 12, 2015 1:30 PM

AGENDA

1.	Call to Order; Introductions – Chair Dahlstedt
2.	Revisions to the Agenda – Chair Dahlstedt
3.	Approval of Minutes of February 12, 2015, Motion #15-18 – Chair Dahlstedt
4.	Comments & Announcements from the Chair
5.	Report from Board Members
6.	Comments from the Public
7.	Report from the Advisory Board – Mark McDonald, Chair
8.	Committee Reports
9.	Report from the Executive/Personnel Committee – Chair Dahlstedt
10.	Report from the Executive Director
11.	Report from the Finance Officer
12.	Report from the Finance Committee – Ken Stark, Chair

13. Consent Agenda – Finance Committee, Motion #15-19

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

To review and approve the North Sound Mental Health Administration's claims paid from February 1, 2015 through February 28, 2015 in the amount of \$7,275,327.43. Payroll for the month of February in the amount of \$144,469.64 and associated employer benefits in the amount of \$81,615.99.

14. Action Items

The following amendments are to increase funding to Compass Health Whatcom due to a shortfall occurring after the merger of Whatcom Counseling and Psychiatric Clinic. This is one time funding.

Motion #15-20

To approve the following contracts: NSMHA-COMPASS HEALTH-WHATCOM-MEDICAID-13-15 Amendment 4 NSMHA-COMPASS HEALTH-WHATCOM-SMHC-13-15 Amendment 4

Contract details for motion #15-20:

NSMHA-COMPASS HEALTH-WHATCOM-MEDICAID-13-15 Amendment 4 for the purpose of increasing Medicaid funding by \$348,197 for a new maximum consideration of \$7,954,837, with the term of this agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-COMPASS HEALTH-WHATCOM-SMHC-13-15 Amendment 4 for the purpose of increasing State funding by \$34,437 for a new maximum consideration of \$2,311,810.69, with the term of this agreement remaining the same October 1, 2013 through September 30, 2015.

Housing Assistance through Peer Support (HARPS)

- This contract is to provide HARPS in Snohomish County. This is a Medicaid demonstration project with DBHR to establish HARPS as a Medicaid reimbursable service
- The funding is for a 12 month period

Motion #15-21

To approve NSMHA-COMPASS HEALTH-HARPS-15 for the purpose of establishing a team in Snohomish County to provide housing subsidies and housing peer support. The maximum consideration for this contract is \$190,440 with the term of the agreement February 1, 2015 through June 30, 2016.

Sunrise Services Whatcom County Expansion

• Sunrise Services will be hiring and developing the infrastructure needed to begin providing outpatient services in Whatcom County

Motion #15-22

To approve NSMHA-SUNRISE SERVICES-PSC-15 for the purpose of expanding mental health outpatient services into Whatcom County. The maximum consideration on this agreement is \$279,450 with the term of the agreement March 12, 2015 through September 30, 2015.

Personnel Recommendations

NSMHA is recommending that the Western State Hospital (WSH) Coordinator continue to provide supervision to the WSH Liaison as a permanent function of the position. Due to the nature of the work NSMHA has determined that the WSH Coordinator is in a better position to supervise the WSH Liaison, previously the supervision was the responsibility of the Deputy Director. The WSH Coordinator will continue to be supervised by the Deputy Director.

NSMHA is recommending the WSH Liaison position be reclassified from Salary Range 22 to Range 21. This position is unique to the needs of individuals at Western State Hospital. To recruit for this position we have determined a higher rate of pay is necessary to be competitive. The step will be negotiated upon hire, full salary range is \$57,329-\$69,725.

NSMHA is recommending the Board of Directors approve the creation of a Chemical Dependency (CD) Coordinator position to work on the development and design of Co-Occurring and CD services in the region. This position will also conduct monitoring and oversight of services. The step will be negotiated upon hire, full salary range is \$61,898-\$75,283.

Motion #15-23

To approve the following personnel changes:

- Permanent placement of the WSH Coordinator at Range 20 Step D.
- Reclassification of the Western State Hospital Liaison to Range 21.
- The creation and hiring of a CD Coordinator position at Range 20.
- To authorize the Executive Director to negotiate the salary step for the Deputy Director within the designated Range 13, within the parameters of \$88,409-\$107,635.21.

Motion #15-24

To approve cancelling the RSN working capital advance with the counties. The advances will be left with the counties to be spent on the public mental health system. Current advances are:

Snohomish County	\$346,989
Skagit County	\$ 4,612
Island County	\$ 6,922
Whatcom County	\$ 16,488

DBHR

- The State amendment is allocating an additional \$230,400 for bed utilization and additional bed capacity in response to the single bed certification lawsuit
- The Medicaid amendment is consolidating the previous amendments into one document, NSMHA has not received the amendment, we anticipate its arrival forthcoming
- Both contracts are aligning and cleaning up language from previous versions
- Both contracts have an amended end date of June 30, 2015

Motion #15-25

To approve the following contracts:

- DBHR-NSMHA-SMHC-11-15 Amendment 10
- DBHR-NSMHA-PIHP-11-15 Amendment 9

Contract Details for Motion #15-25:

To approve DBHR-NSMHA-SMHC-11-15 Amendment 10 for the purpose of increasing funding by \$230,400 for inpatient costs due to the Single Bed Certification lawsuit. The new maximum consideration on this agreement is \$5,670,549.00 with the term of the agreement being amended to reflect a new end date of June 30, 2015, with a new term of October 1, 2011 through June 30, 2015.

To approve the Executive Director signing the following contract when received by NSMHA

DBHR-NSMHA-PIHP-11-15 Amendment 9 for the purpose of consolidating the previous amendments and amend the end date from December 31, 2015 to June 30, 2015, with a new term of October 1, 2011 through June 30, 2015.

15. Introduction Items Electronic Health Record

• The following contracts are being amended to increase funding to advance the work being completed on the provider's electronic health record infrastructure.

NSMHA-SEA MAR-PSC-12-15 Amendment 2 for the purpose of providing additional funding for the development and implementation of an Electronic Health Record. The increase to this contract is \$145,728 for a new maximum consideration of \$246,186 with the term of the agreement November 1, 2012 through June 30, 2015.

NSMHA-LWC-PSC-12-15 Amendment 2 for the purpose of providing additional funding for the development and implantation of an Electronic Health Record. The increase to this contract is \$145,147 for a new maximum consideration of \$189,378 with the term of the agreement November 1, 2012 through June 30, 2015.

Crisis/Triage Centers

- All three Crisis/Triage Center providers are receiving additional funding to cover nursing services
- Compass Snohomish Triage is receiving additional funding to support stabilization services
- Medicaid and State funding ratio is changing from 50/50 to 67% Medicaid and 33% State

NSMHA-COMPASS HEALTH WHATCOM-TRIAGE-13-15 Amendment 2 for the purpose of increasing funding for nursing services. The increase to this contract is \$491,358 for a new maximum consideration of \$2,543,670 with the term of the agreement October 1, 2013 through September 30, 2015.

NSMHA-PHS-CRISIS CENTER-13-15 Amendment 2 for the purpose of increasing funding for nursing services. The increase to this contract is \$225,675 for a new maximum consideration of \$2,163,723 with the term of the agreement October 1, 2013 through September 30, 2015.

NSMHA-COMPASS HEALTH-SNOHOMISH TRIAGE-13-15 Amendment 2 for the purpose of increasing funding for nursing and stabilization services. The increase to this contract is \$467,529.97 for a new maximum consideration of \$4,100,500.03 with the term of agreement October 1, 2013 through September 30, 2015.

Medicaid

• This contract is being amended to increase the Medicaid funding for residential services based on actual costs

NSMHA-LWC-MEDICAID-13-15 Amendment 3 for the purpose of increasing funding for residential services. The increase to this contract is \$25,425 for a new maximum consideration of \$4,950,918 with the term of the agreement October 1, 2013 through September 30, 2015.

State

• This contract is being amended to increase State funding for residential services based on actual costs

NSMHA-LWC-SMHC-13-15 Amendment 1 for the purpose of increasing funding for residential services. The increase to this contract is \$6,372 for a new maximum consideration of \$1,089,237 with the term of the agreement October 1, 2013 through September 30, 2015.

North Sound Evaluation and Treatment Center

- The evaluation team is recommending that NSMHA enter into negotiations with Telecare Corporation for the North Sound E&T in Sedro Woolley
- Estimated annual costs of \$3,600,000
- Telecare Corporation currently operations two (2) Evaluation and Treatment Centers in Washington State, in Clark and Pierce counties. Due to their experience in operating E&Ts and familiarity with Washington WACs/RCWs, we anticipate Telecare to be poised to open the E&T by the target date of July 1, 2015.

NSMHA-TELECARE-E&T-15-18 for the purpose of reopening the Evaluation and Treatment Center in Sedro Woolley. The maximum consideration on this contract is estimated to be \$11,400,000 with the term of the agreement April 1, 2015 through June 30, 2018.

16. Adjourn

Next Meeting: April 9, 2015

NORTH SOUND MENTAL HEALTH ADMINISTRATION BOARD OF DIRECTORS MEETING February 12, 2015 1:30 PM

MINUTES

Board Members Present:

Ken Dahlstedt, Skagit County Commissioners, NSMHA Board of Directors - Chair of the Board Jill Johnson, Island County Commissioner, NSMHA Board of Directors - Vice Chair Jamie Stephens, San Juan County Council member Ken Mann, Whatcom County Council member Cammy Hart-Anderson, designated alternate for Snohomish County Executive, John Lovick Regina Delahunt, designated alternate for Whatcom County Executive, Jack Louws Mark McDonald, NSMHA Advisory Board Chair

Staff Present:

Joe Valentine, Bill Whitlock, Lisa Grosso, Angella Greenwell, Annette Calder

Guests: Joined in session by Jackie Henderson

1. Call to Order; Introductions

Chair Dahlstedt opened the meeting at 1:30 and welcomed everyone; introductions were made.

2. Revisions to the Agenda

None

3. Approval of Minutes of January 8, 2015

Chair Dahlstedt asked if there were any changes to the minutes of January 8, 2015; there were none. Motion to approve by Jill Johnson, seconded by Mark McDonald, six in favor, one abstention, and the **motion** carried, #15-07.

4. Comments & Announcements from the Chair

None

5. Report from Board Members

None

6. Comments from the Public

Chair Dahlstedt asked if there were any comments from the public. Joe said he would like to take this opportunity to introduce Angella Greenwell as the newest staff member at NSMHA and that she will

primarily serve as receptionist and added we are very happy to have Angella join our staff. Angella said she had worked at NSMHA temporarily as needed since September and was hired fulltime as of February 2nd, and said she is happy to be here. The Board welcomed Angella.

7. Compliance Officer Semi-Annual Report

Lisa Grosso addressed the Board regarding the semi-annual Compliance Officer report, providing an overview of the highlights of the report. Lisa noted that she recently received certification in Compliance and discussed the compliance cases she has handled over the last year. A question and answer period followed and Lisa was thanked for her report.

8. Report from the Advisory Board

Mark McDonald said the Advisory Board met on February 5th and the meeting brief is included behind Tab 1.

9. Committee Reports Quality Management Oversight Committee – Anji Jorstad, Chair Planning Committee – Anne Deacon, Chair

Joe stated the reports from the Quality Management Oversight Committee and Planning Committee are located behind Tab 2. Joe added NSMHA is working with our contracted agencies to expand our WISe program.

10. Report from the Executive/Personnel Committee

Chair Dahlstedt said the committee met today and covered the compliance report and financial review. Chair Dahlstedt also noted that the committee reviewed requests to reclassify staff and those motions are included under Action Items as motions #15-16 and #15-17.

11. Report from the Executive Director

Joe Valentine directed the group to Tab 3 and reviewed his report with the Board; discussion took place throughout and Joe was thanked for his report. Jamie Stephens said San Juan County Council would welcome the same presentation and Joe said he would be happy to do so noting Annette would work with County Council staff to schedule.

12. Report from the Finance Officer

Bill Whitlock addressed the Board noting that there is not a revenue and expense report for January however the warrant register is included behind Tab 4. Bill discussed the Utilization Management amendment for Volunteers of America before the Board today as well as the Electronic Health Records costs incurred by providers and how NSMHA is assisting with the cost overruns.

13. Report from the Finance Committee

Chair Dahlstedt noted the committee met prior to this meeting and reviewed claims and payroll for January as well as all Action Items before the Board today.

14. Consent Agenda – Finance Committee, Motion #15-08

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

To review and approve the North Sound Mental Health Administration's claims paid from January 1, 2015 through January 31, 2015 in the amount of \$5,174,045.23. Payroll for the month of January in the amount of \$171,926.18 and associated employer benefits in the amount of \$85,076.26.

Ken Mann moved approval of the Consent Agenda, seconded by Jill Johnson, all in favor, motion carried, #15-08.

15. Action Items

2013-2016 Strategic Plan Dashboard Motion #15-09

To approve the 2013-2016 Strategic Plan and the proposed deliverables for 2015 as presented.

Joe said he presented this last month and asked if there were any questions. Jill Johnson stated she was not here for the presentation and said this was developed before the BHO plan was started and asked how the BHO impacted this. Joe noted that some goals would be adjusted going forward. Jill Johnson moved approved, seconded by Ken Mann, all in favor, motion carried, #15-09.

Electronic Health Record Motion #15-10

NSMHA-CCSNW EHR-PSC-12-13 Amendment 1 for the purpose of covering unanticipated costs of implementation of an Electronic Health Record system. The increase in funding is \$259,370 for a new maximum consideration of \$321,340, with an end date of December 31, 2014.

Jamie Stephens moved approval, seconded by Cammy Hart-Anderson, all in favor, motion carried, #15-10.

Utilization Management

The following amendment is to increase staffing to Volunteers of America (VOA) by three (3) FTE to increase capacity in the Utilization Management department. Adding these three (3) positions will allow 24/7 coverage and decrease the demand for Triage Clinicians to fill in for UM, freeing up the Triage clinicians to focus solely on Triage calls. The need for the capacity is due to the increase in abandonment rates. The target for call abonnement rates is less than 5%, currently VOA is at 5% and rising.

Motion #15-11

To approve the following contract amendments: NSMHA-VOA-MEDICAID-13-15 Amendment 3 NSMHA-VOA-SMHC-13-15 Amendment 4

Jill Johnson moved approval, seconded by Jamie Stephens, Chair Dahlstedt called for the vote, 6 in favor, 1 opposed, motion carried, #15-11.

Contract details for Motion #15-11:

NSMHA-VOA-MEDICAID-13-15 Amendment 3 for the purpose of increasing Medicaid funding for the increased capacity in the Utilization Management function. The increase in funding is \$141,210.16 for the increase in staffing. The new maximum consideration will be \$4,009,673.58, with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015. The crisis triage program has an update to the cost allocation 67% Medicaid 33% state funds. This affects the overall Medicaid and state contract total.

NSMHA-VOA-SMHC-13-15 Amendment 4 for the purpose of increasing State funding for the increased capacity in the Utilization Management function. The increase in funding is \$13,965.84 for the new increase in staffing. The maximum consideration will be \$664,017.16, with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015. The crisis triage program has an update to the cost allocation 67% Medicaid 33% state funds. This affects the overall Medicaid and state contract total.

Illness Recovery Management Training:

The following amendment is to provide additional Illness Recovery Management Training in the North Sound.

Motion #15-12

To approve NSMHA-GINGERICH-PSC-15 Amendment 1 for the purpose of increasing the number of training and consultation events to accommodate an additional 50 participants. The increase to this agreement is \$10,400 for a new maximum consideration of \$21,400 with the term of the agreement being extended for a new end date of June 30, 2016.

Joe explained the motion for Illness Recovery Management Training and discussion followed. Jill Johnson moved approval, seconded by Ken Mann, all in favor, motion carried, #15-12.

NSMHA Medical Director Services:

The following amendment is to increase the number of hours and the availability of Keith Brown, M.D. our consulting psychiatrist.

Motion #15-13

To approve NSMHA-BROWN-PSC-15 Amendment 1 for the purpose of increasing the hours and availability of consulting services to NSMHA. The increase to this agreement is \$24,000 for a new maximum consideration of \$60,000. The term of the agreement remains the same, January 1, 2015 through December 31, 2015.

Joe explained the need to increase the number of hours we contract for medical director services. Mark McDonald moved approval, seconded by Regina Delahunt, all in favor, **motion carried, #15-13**.

Training

The following amendment is to increase training opportunities for our contracted providers in Assessing and Managing Suicide Risk (AMSR), Clinical Supervision Training, Adult Mental Health First Aid (AMHFA) and Youth Mental Health First Aid (YMHFA).

Motion #15-14

To approve NSMHA-COMPASS HEALTH-PSC-14-15 Amendment 2 for the purpose of increasing the funding on this agreement in the amount of \$39,115 for a new maximum consideration of \$74,448. The term of the agreement extending by six (6) months from March 14, 2014 through December 31, 2015.

Joe discussed the reasons for increasing this training contract. Motion to approve by Ken Mann, seconded by Regina Delahunt, all in favor, motion carried, #15-14.

Legal Services

Legal Service Agreement (LSA) with Ken Kagan PLLC for legal services on HIPAA and privacy policy issues that arise.

Motion #15-15

KAGAN-NSMHA-LSA-15 for the purpose of providing consultation on legal matters pertaining to HIPAA and privacy policy issues and/or compliance. The hourly rate for attorney services is \$375 per hour. This agreement will remain in effect until one or both parties terminate.

Joe explained that our healthcare attorney has left his previous firm and started his own, thus requiring a new contract. Discussion followed and Jill Johnson moved approval, seconded by Ken Mann, all in favor, motion carried, #15-15.

Reclassification of NSMHA staff positions

NSMHA has had difficulty recruiting a Database Programmer and is concerned that the salary range set is too low to recruit qualified candidates. In the recent salary survey NSMHA's classification for programmer is well below the market value. We are requesting the Developer Analyst and Database Programmer positions be reclassified from Range 21 to Range 19.

Range 21 salary steps- \$57,329 - \$69,725 Range 19 salary steps- \$65,001 - \$79,057

NSMHA recommends the reclassification of all Programmer positions, from Range 21 to Range 19.

Motion #15-16

To reclassify the NSMHA Programmer positions from salary Range 21 to salary Range 19.

- Advertise the Database Administrator position at \$65,000-\$68,292 DOE
- Reclassify the Developer Analyst Programmer position from Range 21 Step D to Range 19 step A

Joe explained the reason for these reclassifications. Ken Mann moved approval, seconded by Jamie Stephens, all in favor, **motion carried**, **#15-16**.

NSMHA is requesting the part-time Western State Liaison position be moved to a full time position. Currently the position is a .67 FTE and will move to a 1.0 FTE. The salary range will remain the same at Range 22.

Motion #15-17

To move the Western State Liaison position from a .67 FTE to a 1.0 FTE with the salary remaining at Range 22.

Joe explained the need for this increase. Ken Mann moved approval, seconded by Jamie Stephens, all in favor, motion carried, #15-17.

16. Introduction Items

The following amendments are to increase funding to Compass Health Whatcom due to a shortfall occurring after the merger of Whatcom Counseling and Psychiatric Clinic. This is one time funding.

NSMHA-COMPASS HEALTH-WHATCOM-MEDICAID-13-15 Amendment 4 for the purpose of increasing Medicaid funding by \$348,197 for a new maximum consideration of \$7,954,837, with the term of this agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-COMPASS HEALTH-WHATCOM-SMHC-13-15 Amendment 4 for the purpose of increasing State funding by \$34,437 for a new maximum consideration of \$2,311,810.69, with the term of this agreement remaining the same October 1, 2013 through September 30, 2015.

Joe and Bill discussed this issue with the Board and action will be taken at the March meeting.

17. Adjourn

Chair Dahlstedt adjourned the meeting at 2:30

Next Meeting: March 12, 2015



Advisory Board Brief, March 11, 2015

The Advisory Board met on March 3rd and the following items were discussed/approved:

- Pre-Meeting: Dr. Keith Brown spoke to the Advisory Board regarding his role with NSMHA. A question and answer session followed.
- System of Care Conference: NSMHA's Children's Mental Health Coordinator gave an overview of the upcoming System of Care Conference taking place on May 5th & 6th.
- Conferences: Members discussed the System of Care Conference and the Tribal Conference. Additional conference attendance and scholarships will be discussed during April's meeting.
- Advisory Board Advocacy Plan: Discussion took place addressing the Legislature regarding Bills and Issues. Post cards will be sent with member opinions on specified issues. Additional advocacy methods, such as emails and phone calls were discussed. Members talked about determining Legislative priorities in December or January to stay ahead of the issues.
- Letter to Compass Health: A motion was passed to send a letter to Tom Sebastian, inviting him to the Advisory Board to speak about a bus shelter being placed at the Bailey Center.

The following reports were given:

• Executive Director:

- > The Action Items were passed and recommended for approval to the Board of Directors.
- Joe reported on multiple topics to include an update on the Behavioral Health Organization, Sedro Woolley Evaluation and Treatment Center, expansion of Mobile Outreach Teams and the Federal Mental Health Block Grant.
- Finance/Executive Committee
 - The January and February Expenditures were passed and recommended to the Board of Directors for approval. (The February meeting did not have a quorum present to forward January expenses).
 - A motion was made to request additional funding from the Board of Directors regarding additional funding for the NAMI National Conference being held in San Francisco July 6-9. (March 11th update: interested members decided not attend conference after all).
 - Jennifer Yuen was approved to participate on the Quality Management Oversight Committee (QMOC). An additional member spoke about a NAMI affiliate interested in applying for a seat on QMOC.
 - > Planning Committee appointment and re-appointments will take place during the April meeting.



QMOC Meeting Brief February 25, 2015

Policy 1518 Mental Health Advance Directives

This policy was due for update and revisions included updating to the WAC to include medical piece. QMOC recommended some slight clarifications be added in and it was approved with the changes.

Policy 1557 Safety Policy

This policy was due for update and minor revisions were made. QMOC recommended some slight clarifications be added in and it was approved with the changes.

Reauthorization Review Requirements

This was brought back to QMOC for discussion as providers had issues with the requirements. Discussion around the conflicting timelines for completing the recovery/resiliency plan resulted in the 180-day timeline going back to NSMHA for review.

State Funding Policy-Priority Populations

NSMHA brought this to QMOC as provider staff has some confusion on the priorities for using state funding. Those discharging from long term inpatient and those on court ordered releases are the priority. Individuals that transfer to another provider must be coordinated by transferring agency through complete transfer.

Notices

NSMHA brought this back to QMOC because the process of agencies issuing notices began in November and there has been only one agency issued notice received to date. Agencies would issue a notice when denying access to an intensive program or in cases of disagreement with treatment plans. Discussion revealed that all agencies are aware of the policy; there has not been any more instances where one was needed.

Grievance Reporting to DBHR

NSMHA reported to QMOC the latest report sent to DBHR that outlined recommendations on the shortage of expertise in specialty areas, further work on dignity and respect and progress toward a portal to report grievance system activity electronically.

North Sound Mental Health Administration Regional Support Network for Island, San Juan, Skagit, Snohomish, and Whatcom Counties *Improving the mental health and well being of individuals and families in our communities* 117 North First Street, Suite 8 • Mount Vernon, WA 98273 360.416.7013 • 800.684.3555 • Fax 360.416.7017 • Email nsmha@nsmha.org • Web Site http://nsmha.org

Planning Committee Brief February 20, 2015

Update on Behavioral Health Organization (BHO)

Planning is moving forward and at the state level workgroups are working on what the requirements will be for BHOs with the CD residential piece being the most complex. NSMHA is working on our plan which is due to the state at the end of October. The state is due to release its proposed rate for CD services and there is a planning meeting coming up on March with Dale Jarvis our consultant on the financial model and Dr Reis for the clinical piece. The interlocal agreements with the counties must also be changed; NSMHA is looking at a proposal to change to an LLC (Limited Liability Corporation).

Co-Occurring Disorders Pilot

The NSMHA Board of Directors has approved funding for pilots to increase capacity for treatment as we head toward a BHO. NSMHA will seek concept papers from providers that will steer the development of a Request for Proposals to begin pilot projects. The plan is to have contracts starting in July 2015 with an estimated \$10-14 million for 2-3 year pilots.

Mental Health Block Grant Priorities

The current block grant contracts expire in June and NSMHA is looking to narrow the scope of what we fund to align with becoming a BHO. The funding is expected to remain the same and NSMHA is seeking feedback on where to prioritize the funding and if funding levels by county should remain the same or not. We want to fund recovery programs that result in outcomes. Some ideas are law enforcement integration, Co-Occurring pilots, more housing case management and getting no show rates down. The biggest change would be to reduce funding to the Peer Centers. Discussion shows a desire to make sure the dollars stay in the county and a shifting of priorities is agreeable; though NSMHA will need to meet with county coordinators and providers as there is concern over the impact of reduced funding for Peer Centers.

NSMHA Executive Directors Report: March 12, 2015

North Sound E&T

We received proposals from Compass Health and TeleCare. The review panel recommended that the proposal from TeleCare be selected. TeleCare also operates E&Ts in Pierce and Clark counties. A contract negotiation meeting is scheduled for March 19th. As a result of the potential leasing of the Northern State grounds to the Janicki Bioenergy company, we will also need to begin working with Skagit County on exploring alternate locations for both the E&T and Pioneer Center North when the current proposed lease agreements expire 3 ¹/₂ years from now.

RFP for Mental Health "Voluntary Emergency Services"

The responses to the RFP to contract for expanded Voluntary Emergency Services have been reviewed and the review panel is recommending that Compass Health be awarded the contracts for Snohomish and Whatcom counties. At the same time, the review panel did not feel that any of the proposals to provide integrated mental health/CD crisis services in Skagit County fully met the requirements. NSMHA and Skagit County staff will be meeting with the 2 bidders, Compass Health and Pioneer Human Services, to see if a collaborative model could be agreed to.

Federal Mental Health Block Grant Priorities

NSMHA needs to submit its priorities to the state for the next round of Federal Mental Health Block Grant by April 1. We have worked with the Planning Committee and the County Coordinators to narrow the categories of programs we fund, to have a more concentrated focus on strategic priorities. The 4 areas of focus will be: Supportive Housing Services, Peer Recovery Support Programs, Mobile Outreach Crisis Services, and Tribal Healing Programs. Rather than NSMHA conducting a region wide RFP, the County Coordinators have requested that the FMHBG funds be allocated proportionally to each county. The individual counties will then appropriate the funding between the 3 priority categories, conduct their own procurement process, and select and monitor the contractors. However, a common set of outcome measures will be developed for each of the 3 program areas that counties will have to collect and report data on.

See attached description of the proposed plan and allocations. Note: this plan will need to be approved by the Advisory Board before we can submit it to the state.

Update on Behavioral Health Organization (BHO) planning - North Sound

A Clinical Design workshop has been scheduled with Providers and County Coordinators for March 20. The purpose of the workshop is to outline the ideal requirements for an integrated system so that we can translate these requirements into a fiscal model. We are working with Dale Jarvis to develop the fiscal rates.

Update on Behavioral Health Organization (BHO) planning - State

The state has just released the draft regional level rates for the future BHO level CD and Mental Health services. Their goal is to release the integrated rates by the end of March. Based on our preliminary analysis, the region will receive about somewhere between **\$6-15 million more in Medicaid** funds for **CD services** than what the 5 counties now receive. However our Medicaid rates for **mental health services** will be adjusted downward resulting in

a **loss of up to \$8.4 million**. This adjustment is due to the fact that persons in the "newly eligible" category have not resulted in as many costs as first projected.

Although there will be significantly more Medicaid dollars for CD services, it's not likely there will be any more state or substance abuse block grant dollars than there are now, and it is these non-Medicaid funds that pay for services in CD Residential Treatment facilities with more than 16 beds [most of them!].

This means that we need to look at increasing resources for community outpatient services, and develop community based resources to decrease the need for lengthy placements in residential treatment.

The RSN Administrators have also been working on joint agreement on how contracting would be done with the CD Residential Treatment facilities. We have tentatively agreed that each BHO would hold the contracts with the facilities in its region and other regions would re-reimburse that BHO for use of the beds in the facilities in its region.

Legislative Update

See attached.

Status of hiring into NSMHA positions:

Three candidates were interviewed for the Deputy Director position. One County Coordinator and one Advisory Board member also participated on the interview panel. One of the 3 candidates was recommended for a 2nd round interview – Betsy Kruse. I have completed my interview with Betsy and have tentatively offered her the positon pending approval from the Board to negotiate a higher staring salary than Step 1. I believe that Betsy has outstanding skills and experience and will prove to be a valuable asset for NSMHA.

Other positions for which hiring are still underway include: Quality Improvement Coordinator, a Quality Specialist for Health Care Integration Coordinator, Database Administrator, IT Provider Liaison, and a Children's Mental Health Quality Specialist.

Letter to the Board of Directors

A letter from June LaMarr regarding serving on the Board of Directors is attached to this report.

Priority Services

Island, Snohomish and Whatcom Counties

- Permanent Supportive Housing
 - Island County Human Services provides a full time staff to work with homeless individuals and families in accessing housing
 - Opportunity Council in Whatcom County offers adult and youth supportive housing services (using Evidence Based Model)
 - Everett Housing Authority (Hope Options) helps older adults access/maintain their housing
- Recovery housing
 - Sun House in Whatcom County is a transitional housing for individuals discharging from Western State Hospital, community hospitals or jail

Skagit, Snohomish and Whatcom Counties

- Recovery Support Center Services
 - REACH Recovery Center in Skagit, Bailey Peer Center in Snohomish and Rainbow Recovery Center in Whatcom (all Centers will need to transition to the REACH model of service provision)
- Acute Inpatient Services
 - Snohomish County will be working with the City of Everett in a pilot project imbedding a social worker with the Everett Police Department

Tulalip Tribes

- Traditional Healing Services
 - Tulalip Tribes Youth Services provides traditional activities, education and language lessons to youth and their families

Non-priority services

San Juan Island

- Community Support-Continuing Care
 - Non-Medicaid individuals, there have been very low numbers served, 7 over the period of 6 months, no referrals from October-December 2014;
- Engagement Services
 - Assessments for court ordered treatment; there were no referrals over the period of this contract period. District Court has discontinued the program

Snohomish County

- Recovery Support/Services-Peer Support
 - Senior Services of Snohomish County provides peer support for seniors struggling with isolation, this is not the same as Certified Peer Counselors;
- Engagement Services-Service Planning
 - In home Geriatric Depression Screening for senior citizens in Snohomish County referred from the Information and Referral line, this program also provides time limited therapeutic interventions;

- Outreach
 - East Snohomish County outreach program designed to engage individuals and transition them onto Medicaid. The program was refocused after the Oso mudslide to provide concentrated efforts in Darrington and Oso. They are also providing outreach in Sultan and Sky Valley. NSMHA is recommending the funding be reduced.

	Allocation Based	on Population			
County	2014 Population Estimate*	2014 Population % Estimate	**Distribute \$769,313	NSMHA proposed allocations	Adjusted %
Island	80,000	6.87%	\$52,852	\$55,000	7.15%
San Juan	16,100	1.38%	\$10,617	\$30,000	3.90%
Skagit	119,500	10.26%	\$78,932	\$76,561	
Snohomish	741,000	63.65%	\$489,668	\$474,745	
Whatcom	207,600	17.83%	\$137,169	\$133,006	
Region	1,164,200	100.00%	\$769,313	\$769,313	Tulalip, Island and San Juan funding is carved out; balance of \$684,313 is divided between the remaining counties
	WA OFM estimate stribution 7/1/15-				

Mental Health Related Legislation – Updated March 12, 2015

Bill Number	Description	Status
EHB 1258	Also known as "Joel's Law" - would allow a family	Passed both in
[SSB 5629]	member or guardian to petition the court to re-consider a	House and in
	decision by a DMHP to not detain someone. Fiscal	Senate
	Notes: about \$14 million in State General Funds	
HB 1287	Allows the court to extend a less restrictive order to one	May not have
	year rather than 180 days	survived cut-off
SHB 1348	Requires the Criminal Justice Training Commission to	Passed in House
[SSB 5311]	provide crisis intervention training to new full-time law	but not in Senate
	enforcement officers hired after July, 2017.	
SHB 1448	Creates a process allowing a law enforcement officer to	Passed in House
[SB 5781]	prompt a mental health assessment of a person who has	but not Senate
	threatened or attempted suicide, through notation in an	
	incident report or by other means. "Sheena's Law".	
SBH 1450	Allows a person who meets the definition of "in need of	Passed in both
[SSB 5649]	assisted outpatient treatment" to be ordered into	House and Senate
	involuntary mental health treatment.	
	The Senate version of this bill however, establishes	
	burdensome reporting requirements for immediately	
	reporting when an E&T bed can't be found and	
	describes RSNs as being in "breach of duty" if they	
	are not able to provide an adequate number of E&T	
	beds.	
SHB 1536	Allows a hospital or other facility to hold a person	Passed in House
	delivered by law enforcement for 12 hours from the	
	time of medical clearance, rather than 12 hours from	
	arrival, for an initial determination by a DMHP.	
SHB 1597	Encourages DSHS to develop alternative locations for	Passed in Senate
[SSB 5177]	competency restoration. Alternative facilities may	but not House
	include community mental health providers or other	
	local facilities. County or municipal jails may be used	
	for restoration treatment during the 2015-2017 biennium	
	if DSHS determines that there is an emergent need for	
	beds and documents the justification. If a jail is used,	
	patients must be physically separated from other jail	
	populations, the model of treatment services must be	
	substantially equivalent to that provided in the state	
	hospitals, and restoration services must be provided in a	
	therapeutic environment.	
GUD 1710		Passed in House
SHB 1713	Requires DSHS to combine the functions of a DMHP	I asseu III House
SHB 1/13	Requires DSHS to combine the functions of a DMHP and designated CD Specialist by establishing a	I assed in House

Note: the cut-off to move out of house of origin is March 11

SBH 1721	Directs the state to develop protocols and funding mechanisms so that EMS can transport persons to mental health or chemical dependency facilities rather than an ED when appropriate	Passed in House, Schedule for hearings in Senate Health Care Committee on March 12
SHB 1916	Administrative provisions related to state and local programs for substance use disorder services are re- codified in the same chapter governing the administration of the community mental health program	Passed inHouse
SHB 2060 [SSB 5889]	 Maximum time limits are established for the provision of competency-related evaluation and restoration services: 14 days for inpatient competency-related evaluation and restoration services; and 14 days for completion of a competency evaluation in jail, with the option to extend another seven days About a \$26 million fiscal note 	Passed in both House and Senate
SSB 5078	Requires 22% of the funds distributed to the Basic Health Plan from marijuana excise taxes and fees to be used to fund evidence-based or research-based community interventions for persons with mental illness or co-occurring mental illness and chemical dependency disorders.	May not have survived cut-off
SB 5645 [HB 1401]	Requires a DMHP to submit a report to DSHS within 24 hours when the DMHP determines that a person meets involuntary detention criteria but there are no E&T beds available.	Passed the Senate but did not receive a hearing in House

Elizabeth (Betsy) Ann Kruse Seattle, WA Residence: 206-784-6774 Cell: 206-817-6227 <u>krusedrummond@gmail.com</u>

SUMMARY OF QUALIFICATIONS

- Demonstrated leadership for over 30 years in successfully developing innovative models for mental health, substance abuse, care management and aging long term care services.
- Licensed Occupational Therapist, Licensed Mental Health Counselor and Geriatric Mental Health Specialist.
- Supervision of 60 multi-disciplinary clinical and support staff in multiple programs.
- Budget development and management.
- Extensive knowledge of and experience with Washington State, King County and City of Seattle mental health, aging and disability service systems, home health and Medicare and Medicaid including regulatory compliance.
- LEAN Project facilitation and participation experience.
- Effective development and maintenance of strong working relationships in the community with providers, referral sources, and contractors. Leadership and participation in provider groups and coalitions.

Director, Behavioral Health Services and Evergreen Care Network

EvergreenHealth (King County Public Hospital District #2) Kirkland, WA1986 - 2014Community Home Health Care (acquired by EvergreenHealth in 1995)1986 - 1995Programs Managed:
Mental Health Services and Medicare funded Psychiatric Home Health services, Geriatric
Regional Assessment Team (mobile crisis services for older adults), Substance Abuse Services,
Caregiver Counseling, and Evergreen Care Network (State Aging and Disability Services Case
Management, Discretionary Case Management, Respite Care, T-Care Assessment)

<u>Funding:</u> Medicare, Medicaid/King County Prepaid Health Plan, Third Party Insurance, Seattle King County Aging & Disability Services, Private Pay

<u>Responsibilities:</u> Day to day operations management of programs with a 5 million dollar budget and 60 employees; budget development and management; assure programs meet state, federal regulations, develop new lines of business, negotiate and maintain contracts; develop and write policies and procedures; strategic planning and decision making to assure programs meet commitments; lead the program in continuous performance improvement activities to assure delivery of quality services; supervise and partner with staff to maintain excellent employee relations and job satisfaction; work with fellow providers and City of Seattle, King County and State of Washington. Legislative advocacy and education.

Elizabeth (Betsy) Ann Kruse

Manager, Rehabilitation Services

Visiting Nurse Services Everett, WA

Directed staff of 14, physical, occupational and speech therapists, medical social workers, and 16 home health aides in a large home health agency; supervised and delegated management activities to senior physical therapists, home health aide supervisor; community relations; designed and implemented interdisciplinary team system; clinical staff supervision, hiring and firing; prepared and managed department budget and staff productivity level; quality assurance; Medicare review and appeal of denials; referral assignment and scheduling; developed policies and procedures.

Coordinator

Kitsap Mental Health ServicesBremerton, WA1978-1984Developed and managed a countywide program of mental health services for the elderly.Provided clinical services to adults and older adults

Program Manager

Central Washington Comprehensive Mental HealthYakima, WA1977-1978Managed geriatric day health program and staff, also served as program Occupational Therapist.Provided direct mental health services and consultation and education to nursing homeresidents and staff.

Education

Masters in Business Administration (MBA), City University, Bellevue, WA Bachelors of Science, Occupational Therapy, University of Puget Sound, Tacoma, WA

Professional Licenses

Occupational Therapist, Registered/Licensed Licensed Mental Health Counselor Geriatric Mental Health Specialist

Awards

John Piacitelli Lifetime Achievement Award for exemplary service on behalf of older adults with serious mental illness - 2005

Boards, Provider Groups, and Coalitions

Washington Community Mental Health Council Board – 2007- 2014 King County Mental Health Providers Association - 1986-2014 Multiple Sclerosis Association Board - 2000 – 2006 Alzheimer's Association Education Committee - 1993-1999 Home Care Advisory Board, Group Health Cooperative - 1985-1987 Program Chairperson, Annual Conference Committee – 1985 Washington Occupational Therapy Conference Camp Fire, Board of Trustees Kitsap County – 1984 - 1989

Hospice of Kitsap County, Founding Board of Trustees –1984 - 1989

1984 - 1986

March 11, 2015

Dear NSMHA Board of Directors,

As you may have heard, I no longer work for the Tulalip Tribes and therefore, will no longer be serving as a member of the NSMHA Board.

I would like to express my appreciation to all of you for making my tenure on the Board a pleasant and rewarding experience. I especially have enjoyed observing the dedication and commitment shown by all the board members in support of the clients and community you serve. I would also like to express my appreciation to the wonderful, kindhearted staff who work tirelessly to serve the mental health community. I will miss you all!

Joe, I have to admit I was pretty bummed when Chuck Benjamin retired. I knew that I was going to miss him. However, I have to say that you have done a fantastic job and I am happy that NSMHA has you as their executive director.

Thank you all for making my time on the Board a pleasant experience.

Sincerely,

Dr. June La Marr

Note: If you would like to contact me, here is my email: lamarrjune@gmail.com

By the way, you haven't heard the last of me. Although, I am so-o-o-o enjoying being home. I suspect that I will tire of it someday and will get back to work...or not.

North Sound Mental Health Administration March 12th, 2015 Board Meeting Financial Notes

- This is the February 2015 financial report. The Federal Block Grant has a negative variance of \$20,333 and the miscellaneous revenue has a negative variance of \$3,333. All other revenue accounts have positive variances. The Medicaid funds have a \$2.1 million positive variance.
- We have negative variances in following categories of the NSMHA Operating Budget; Office Supplies \$ 11,974, Small Tools \$344, Advertising \$2,672. Overall we are under budget \$3.1million.
- We completed our Department of Social and Health Services (DSHS) fiscal review and do not have any findings. We will probably have some recommendations and we are still working with the DSHS auditor.
- The chemical dependency actuary rates ranges have been released. Based on information we received we will get somewhere between \$22.8 and \$24.6 million annually in Medicaid funds to do those services.
- The updated mental health actuary rates ranges have been released. Based on that information the maximum cut we will receive is an 8.4% reduction. We will only receive the maximum cut if the state places all of our payment at the bottom of the payment range. Most of the reduction is in the newly eligible population.

			Total \$'s			
Lower Rate Rage	new rate	people	Monthly	Annual \$'s	Change	% Change
non-disabled children	\$ 9.37	103,275	\$ 967,687	\$ 11,612,241	\$ 272,646	2.4%
disabled children	\$ 62.59	7,199	\$ 450,585	\$5,407,025	\$ 186,598	3.6%
non-disabled adult	\$ 16.17	32,607	\$ 527,255	\$6,327,062	\$ 313,027	5.2%
disabled adult	\$ 118.76	17,157	\$2,037,565	\$ 24,450,784	\$ (780,300)	-3.1%
newly eligible	\$ 33.04	71,277	\$2,354,992	\$ 28,259,905	\$ (6,979,444)	-19.8%
	\$ 27.38	231,515	\$6,338,085	\$ 76,057,017	\$ (6,987,473)	-8.4%

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ΞA	ENTAL H ND EXPE	NORTH SOUND MENTAL HEALTH ADMINISTRATION LIMINARY REVENUE AND EXPENSE STATEMENT for FEBRUARY 2015 *

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		UTY		YTD		Variance				VTN		VTN	X		
REVENUES	2015	2015		2015	F2	Favorable		2014		2014		2014	V. A.	Variance Favorable	
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Jail Services	373,104	62,184		62,184		ł		373,104		62,184		62 158		90	
State Funds	15,178,272	2,529,712	~	2,636,546		106,834	—	16.172.279		2.695 380		3 011 115		215 725	
Medicaid	77,232,428	12,872,071		15,028,918		2,156,847	CV.	50.620.779		8.436.797	-	9,011,119 10 867 333	ſ	110,010 105 201	
Total Intergovernmental Revenues	95,712,698	15,952,116	5	18,374,217		2,422,101		70,454,111	-	11.742.352	1	14 716 773	i c	7 074 401	
Misc. Revenue	20,000	3.333	~	c		(3 333)			•		-		ï	2,7/4,441	
Interest Revenues	80,000	12 222		2 C C C				20,000		さささん		1,755		(1,578)	
TOTAL REVENIES	C 05 010 500	2	ę	<u> </u>		7,902	- 1	80,000		13,333		29,931		16,598	
	040,710,070	\$ 13,908,/83	~	18,395,452	∞	2,426,669	\$	70,554,111	\$ 1	11,759,019	\$ 1	14,748,459	\$ 2	2,989,441	
EXPENDITURES															
Regular Salaries	\$ 2,179.053	\$ 363.176	64	318 712	¥	עע עצע	÷	1 721 006	e		ŧ				
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Small Tools		200,1	~ 1	100.61		(11,974)		38,757		6,460		4,364		2.096	
	000,25	5,417		5,761		(344)		18,417		3,070		1.298		1 772	
riotessional Services	628,829	104,805		35,576		69,229		204,625		34,104		13,822		20.282	
Communications	62,000	10,333	~	7,909		2,424		52,400		8,733		10.675		10427	
Iravel	84,520	14,087	2	6,603		7,484		60,080		10.012				(1,742) 0.000	
Advertising	6,000	1,000	~	3,672		(2.672)		6 000		1 000		+C/,/		617,7	
Operating Rentals & Leases	230,800	38,467	2	31,465		7,002		155 950		75 007		970 JC		795	
Insurance	32,000	5.333	~			5 333		33,000		460,04		C00,C2		121	
Utilities	12,000	2,000	~	1 049		051								000,0	
Repairs & Maintenance	43,000	7 167		2 477		1070 8		0,000 21,000		<u>د کر</u> کرا ۲۰ - ۲		1,281		52	
Miscellaneous	66.600	11 100		174°C		0,/40 2,600		000,15		791,c		4,518		649	

* THIS IS AN UNAUDITED STATEMENT

Excess of Revenues Over (Under) Expenditure.

3,502,976

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(514,692)881,953

951,380 11,245,483

9,786,897

9,272,205 1,833,333

55,633,228 11,000,000

2,228,945 729,521

11,037,3121,187,146

62,941

507,206

570,147

3,420,883

174,940

610,919

785,859 13,266,257 1,916,667

4,715,154 79,597,544 11,500,000

Agency/County/other Services

Inpatient Payments

Subtotal - Administration Machinery & Equipment

430,202

69

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\$ 11,675,685

70,054,111

64

3,133,406

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\$ 12,835,377

\$ 15,968,783

\$ 95,812,698

TOTAL EXPENDITURES

5,560,075

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6,321

7,117

31,000 42,700

951 3,740 3,602

1,049 3,427 7,498

2,000 7,167 11,100

43,000 66,600

796

North Sound Mental Health Administration Warrants Paid February 2015

Jill Pmt -Check 02/06/2015 417264 McCarty, Rachelle -924.00 Bill Pmt -Check 02/06/2015 417222 McDonald, Mark -233.69 Bill Pmt -Check 02/06/2015 417243 NSRSN (Petty Cash) -520.88 Bill Pmt -Check 02/06/2015 417243 Office Depot -149.67 Bill Pmt -Check 02/06/2015 417257 Pioneer Center North -43.252.00 Bill Pmt -Check 02/06/2015 41720 Rojas, Margaret -10.00 Bill Pmt -Check 02/06/2015 41720 Skagit County Community Action -13,673.21 Bill Pmt -Check 02/06/2015 417307 Snohomish County Human Services -19,423.00 Bill Pmt -Check 02/06/2015 417373 Solunteers of America -12,409.92 Bill Pmt -Check 02/06/2015 417373 Volunteers of America -12,409.92 Bill Pmt -Check 02/06/2015 417307 Snohomish County Human Services -03,997.50 Bill Pmt -Check 02/06/2015 417307 Whitout, Sandy -232.79 Bill Pmt -Check 02/06/2015 41730 Yost, Thomas E -83.	Туре	Date	Num	Name	Amount
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