

**NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION  
COUNTY AUTHORITIES EXECUTIVE COMMITTEE**

October 13, 2016

1:30 PM

**AGENDA**

1. Call to Order; Introductions – Chair Dahlstedt
2. Revisions to the Agenda – Chair Dahlstedt
3. Approval of Minutes of September 8, 2016, Motion #16-80 – Chair Dahlstedt ..... 4-8
4. Comments & Announcements from the Chair
5. Reports from Members
6. Comments from the Public
7. Report from the Advisory Board – David Kincheloe, Chair ..... Tab 1
8. Committee Reports ..... Tab 2
9. Report from the Executive Director ..... Tab 3
10. Report from the Finance Officer ..... Tab 4
11. Report from the Governance Operations Committee
  - Consent Agenda – Ken Mann – Motion # 16-81

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health Organization’s claims paid from September 1, 2016 through September 30, 2016 in the amount of \$13,933,162.71. Payroll for the month of September in the amount of \$262,337.67 and associated employer benefits in the amount of \$157,653.88.

**12. Action Items**

- Motion #16-82..... Tab 5**

To approve the updated North Sound BHO Rate Schedule. This will change the opiate substitution treatment to a daily case rate of \$14.95 a day. This will mirror the King County rate and process.

### **Opiate Outreach Services**

Outreach to and contacts with individuals who are experiencing an opioid use disorder (OUD) and who use opioids intravenously, in order for the individual to enter substance use disorder (SUD) treatment and/or medication assisted treatment (MAT). This service includes street outreach activities, education, motivational interviewing, barriers reduction, and assistance to apply for federal entitlement programs. Referrals include assessment, medication assisted treatment, SUD treatment, medical care, syringe exchanges, and daily life supports such as food, clothing and shelter.

### **Motion #16-83**

To approve the following SABG contracts for the period of September 1, 2016 to June 30, 2017

- NORTH SOUND BHO-SKAGIT COUNTY HUMAN SERVICES-SABG-16-17
- NORTH SOUND BHO-SNOHOMISH COUNTY HUMAN SERVICES-SABG-16-17
- NORTH SOUND BHO-ISLAND COUNTY HUMAN SERVICES-SABG-16-17
- NORTH SOUND BHO-WHATCOM COUNTY HUMAN SERVICES-SABG-16-17

#### **Contract details for motion #16-83:**

NORTH SOUND BHO-SKAGIT COUNTY HUMAN SERVICES-SABG-16-17

For the provision of SABG services in Skagit County for the term of September 1, 2016 through June 30, 2017 with a maximum consideration of \$75,000.

NORTH SOUND BHO-SNOHOMISH COUNTY HUMAN SERVICES-SABG-16-17

For the provision of SABG services in Snohomish County for the term of September 1, 2016 through June 30, 2017 with a maximum consideration of \$90,000.

NORTH SOUND BHO-ISLAND COUNTY HUMAN SERVICES-SABG-16-17

For the provision of SABG services in Island County for the term of September 1, 2016 through June 30, 2017 with a maximum consideration of \$52,000.

NORTH SOUND BHO-WHATCOM COUNTY HUMAN SERVICES-SABG-16-17

For the provision of SABG services in Whatcom County for the term of September 1, 2016 through June 30, 2017 with a maximum consideration of \$75,000.

### **Crisis Prevention and Intervention Teams**

The purpose of the Crisis Prevention and Intervention Teams is to provide community outreach and engagement to individuals who are experiencing a behavioral health crisis or who are believed to be suffering from significant behavioral health symptoms which are interfering with activities of daily living. These individuals may be referred to the CPIT via themselves, family, friends, law enforcement, emergency medical services, or others. Prompt attempts will be made to engage them in order to reduce the likelihood of the need for more intense interventions. Last year, North Sound Behavioral Health Organization worked with our Crisis providers to pilot an integrated CPIT program in Skagit County. In addition to outreach for mental health crises, this pilot also is designed to provide crisis outreach services to those individuals with a primary Substance Use Disorder (SUD). The integrated model will now expand to Whatcom and Snohomish counties.

### **Motion #16-84**

To approve NORTH SOUND BHO-COMPASS-BHSC-16-18 Amendment 2 Compass Health will add crisis services (CPIT, Crisis Prevention Intervention Team). This part of the contract will be cost

reimbursement based on actual expenditures, 30% State funds, 70% SABG funds from September 2016 to June 2017. Funding from July 17 through March 2018 will be 100% state funds. This is to add Substance Use Disorder Crisis Stabilization services (crisis outreach) to their contract. This amendment is a funding increase of \$1,114,369 for a new maximum amount of \$11,301,266.98.

**PATH**

**Motion #16-85**

To approve the following DBHR state contracts for PATH (Projects for Assistance in Transitioning from Homelessness) services.

- DSHS-DBHR-NORTH SOUND BHO-PATH-16-17-SNOHOMISH
- DSHS-DBHR-NORTH SOUND BHO-PATH-16-17-WHATCOM

**Contract details:**

To approve DSHS-DBHR-NORTH SOUND BHO-PATH-16-17-SNOHOMISH for providing PATH Services in Snohomish County, for the term of October 1, 2016 through September 30, 2017 with a maximum consideration of \$167,001.

To approve DSHS-DBHR-NORTH SOUND BHO-PATH-16-17-WHATCOM for providing PATH Services in Whatcom County, for the term of October 1, 2016 through September 30, 2017 with a maximum consideration of \$51,497.

**Motion #16-86**

To approve the NORTH SOUND BHO-COMPASS HEALTH-PATH-16-17 for the provision of PATH services in Snohomish and Whatcom counties. The term of this contract is October 1, 2016 through September 30, 2016 with a maximum consideration of \$(to be provided at the meeting).

**13. State Auditor’s Office Exit Conference @ 2:30**

The Washington State Auditor’s Office will join us at 2:30 to conduct the Exit Conference of our recent audit.

**14. Introduction and Discussion Items**

- North Sound BHO Mission, Vision and Values Statements ..... **Tab 6**
- Recommendations from the Governor’s Behavioral Health Integration Workgroup

**15. Adjourn**

Next meeting: November 10, 2016

**NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION  
COUNTY AUTHORITIES EXECUTIVE COMMITTEE**

**September 8, 2016**

**1:30 PM**

**MINUTES**

**Committee Members Present:**

Ken Dahlstedt, Skagit County Commissioner, North Sound BHO Executive Committee Chair  
Ken Mann, Whatcom County Council member  
Jackie Henderson, representing Island County Council member, Jill Johnson  
Barbara LaBrash, representing San Juan County Council member, Jamie Stephens  
Cammy Hart-Anderson, representing Snohomish County Executive, Dave Somers  
Regina Delahunt, representing Whatcom County Executive, Jack Louws  
Tyler Verda, representing Snohomish County Council member, Hans Dunshee  
Robert Knoll, representing Snohomish County Council member, Brian Sullivan  
David Kincheloe, North Sound BHO Advisory Board Chair

**Staff Present:**

Joe Valentine, Bill Whitlock, Sandy Whitcutt, Annette Calder

**Guests:**

Deb Cummins, Stacy Gardea

**1. Call to Order; Introductions**

Opened the meeting at 1:35 and welcomed everyone; introductions were made.

**2. Revisions to the Agenda**

None

**3. Approval of Minutes of July 14, 2016**

Chair Dahlstedt asked if there were any changes or revisions to the minutes of July 14, 2016; there were none. Regina Delahunt moved approval, seconded by Barbara LaBrash, all in favor, **motion carried, #16-76.**

**4. Comments & Announcements from the Chair**

Chair Dahlstedt thanked Joe for his leadership and all of his efforts in the transition.

**5. Reports from Members**

None

**6. Comments from the Public**

None

**7. Report from the Advisory Board**

David Kincheloe directed the group to Tab 1 and reviewed the Advisory Board briefs from the August and September meetings with the group. David noted they now have two law enforcement officers on

the Advisory Board. David also shared that another new member who is an attorney and also works with the alternative court system in Whatcom County noting it is very excited to have new members. The Advisory Board has streamlined their orientation materials. The Poetry and Poster Contest is underway and next month the winners will be finalized. David was thanked for his report.

## **8. Committee Reports**

Chair Dahlstedt noted the Quality Management Oversight Committee report was included behind Tab 2.

## **9. Report from the Executive Director**

Joe directed the group to Tab 3 and reviewed the Executive Director's report with the group. Joe's report included updates on behavioral health facilities planning, refundable grant agreements, meeting service gaps in Island County, and discussed the roundtable with Congressman Larsen that was held on August 16<sup>th</sup>.

Sandy Whitcutt joined the meeting and discussed the expansion of Crisis Prevention and Intervention Teams (CPIIT), noting this is the softer side of the crisis system, focusing on prevention and intervention. Discussion took place throughout Sandy was thanked for the update.

Joe provided an update on opioid reduction plans and said we need to increase our capacity on Medication Assisted Treatment (MAT). Joe also updated the committee on meeting with the City of Everett on changes related to transitioning to a BHO, community colleges implementing fast track programs for CDP (Chemical Dependency Professional certification), results of the HIPAA security risk analysis and an update on the annual state audit. Joe was thanked for his report.

## **10. Report from the Finance Officer**

Bill Whitlock directed the group to Tab 4 and reviewed the Financial Statements with the committee, explaining the variances. It was noted that the insurance variance is permanent due to our premium increasing based on expansion of service, increased staffing, etc. Lack of access at Western State Hospital continues to cause increased community hospital expenditures. Bill also discussed the annual state audit and the credit card policy that is on the agenda for approval today. Also related to the audit, our pension plan disclosures need to be adjusted due to the way it is reported, a new form, etc. Discussion took place throughout and Bill was thanked for his report.

## **11. Report from the Governance Operations Committee**

- **Consent Agenda – Ken Mann – Motion # 16-77**

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To review and approve the North Sound Behavioral Health Organization's claims paid from July 1, 2016 through July 31, 2016 in the amount of \$18,076,155.94. Payroll for the month of July in the amount of \$247,450.00 and associated employer benefits in the amount of \$168,783.52.

To review and approve the North Sound Behavioral Health Organization's claims paid from August 1, 2016 through August 31, 2016 in the amount of \$11,624,109.64. Payroll for the month of August in the amount of \$259,029.99 and associated employer benefits in the amount of \$163,219.54.

Ken Mann said the committee met today; reviewed all claims before the Committee, as well as payroll and benefits for July and August. Ken Mann moved approval, seconded by Jackie Henderson, all in favor, **motion carried, #16-77.**

## **12. Action Items**

### **Ratification**

The following motions are being presented to the North Sound BHO Executive Committee for ratification. The contracts went into effect when signed by all parties ("effective date") and are fully enforceable. These contracts will terminate if not ratified by the Executive Committee at their next regular meeting after the contracts effective date.

### **Provider Contracts**

- Acadia Healthcare will be providing Opiate Substitute Treatment (OST) at Canyon Park in Bothell, WA. Currently they serve a number of individuals from the North Sound Region and are not being reimbursed through our system. This expands the availability of OST within our region which is one of our strategic goals.
- Compass Health is receiving an increase for the two (2) Triage facilities to cover increased costs for nursing services and the increased cost of doing business.

Joe provided an explanation of the provider contracts and asked Deb Cummins from Acadia if she would like to say anything. Deb addressed the committee and said Acadia is very excited to become part of our provider network and provided some background on their agency. Deb said they are looking to expand to behavioral health services in the future. Discussion touched on opiate treatment and outcomes for OST.

### **Motion #16-78**

To ratify the following contracts:

NORTH SOUND BHO-ACADIA HEALTHCARE-MEDICAID-16-18

NORTH SOUND BHO-ACADIA HEALTHCARE-BHSC-16-18

NORTH SOUND BHO-COMPASS HEALTH-TRIAGE-16-18 Amendment 1

Cammy Hart Anderson moved approval, seconded by Ken Mann, all in favor, **motion carried, #16-78.**

#### **Contract details for Motion #16-78:**

NORTH SOUND BHO-ACADIA HEALTHCARE-MEDICAID-16-18 for the purpose of providing Opiate Substitution and Outpatient Treatment services in south Snohomish County. The maximum consideration on this contract is \$740,000. The term of this contract is August 1, 2016 through March 31, 2018.

NORTH SOUND BHO-ACADIA HEALTHCARE-BHSC-16-18 for the purpose of providing Opiate Substitution and Outpatient Treatment services in south Snohomish County.

The maximum consideration on this contract is \$55,000. The term of this contract is August 1, 2016 through March 31, 2018.

NORTH SOUND BHO-COMPASS HEALTH-TRIAGE-16-18 Amendment 1 for the purpose of increasing the contract by \$1,504,704 for a new maximum consideration of \$9,563,976. The term of the contract remains the same April 1, 2016 through March 31, 2018.

#### **North Sound BHO Credit Card Account**

To approve the update to policy 3042.00, Credit Card Account. The change removes the dollar limit and adds language that any changes to the account limit must be approved by the Executive Committee. Also added in the header are the references to the authorizing sources: RCW, WAC and SAAM (State Administrative and Accounting Manual).

#### **Motion #16-79**

To approve the update to policy #3042, Credit Card Account, current maximum limit \$30,000.

Joe mentioned this is what Bill addressed in the Finance Officer's Report. Ken Mann moved approval, seconded by Jackie Henderson, all in favor, **motion carried, #16-79.**

### **13. Discussion Items**

- **Facilities Relocation Workgroup plan**

Joe directed the group to Tab 5 and provided an overview of efforts to date. Discussion took place on estimated costs, construction, timing, number of beds in each County, funding requests and sources of funding, Recovery Houses, etc.

- **Recommendations to the Governor's Behavioral Health Integration Workgroup**

Joe directed the group to Tab 6 and summarized the status of the Governor's Behavioral Health Integration Workgroup (BHIWG) and its recommendation that by 2020 all health care services would be under physical health care with the exception of crisis and non-Medicaid services which would be run by another entity. The recommendations of the BHIWG include the staff and program responsibilities of DSHS Division of Behavioral Health and Recovery would be transitioned to HCA with the exception of the state hospitals which would remain with DSHS. Joe noted it is also included in the recommendations that counties/regions should be given the choice to continue to administer the crisis and non-Medicaid services directly using a modified BHO structure or have the state procure these services separately. There is also a recommendation regarding the State/Tribal interface.

Joe also discussed the Southwest Washington Early Adopter model and said BHOs are pushing for the state to look at other options beside the Southwest Washington model. Discussion ensued on other possible options. Barbara LaBrash shared concerns about MCOs managing the higher need/hard to serve populations noting funds were carved out for the purpose of serving this group. Discussion also touched on Chelan/Douglas and Spokane becoming "mid-adopters" in 2019. Regina said it seems premature to say the Southwest Model is the preferred model as it is really just a financial model at this time; it is too early to look at outcomes.

This issue will be a discussion item again next month and more information provided. This committee/BHO is concerned about the population we serve and ensuring their needs are met.

- **Annual Report from Compliance Officer, Lisa Grosso**

Lisa Grosso directed the group to Tab 7 and reviewed the 2015 Annual Compliance Program Report with the Executive Committee including the elements of an effective compliance program, efforts in 2015, types of compliance issues reported and trends 2012-2015. Lisa was thanked for her report.

#### **14. Adjourn**

Chair Dahlstedt thanked everyone for coming and noted the next meeting will be held on October 13<sup>th</sup>. The meeting was adjourned at 3:02 p.m.

Respectfully submitted:

Annette Calder  
Executive Assistant

Next meeting: October 13, 2016