

Exhibit B, Local Provider Intended Use Plan (IUP)

- Local Provider Description
Provide a brief description of the provider organization receiving PATH funds, including:
 - Organization Name: Compass Health -Whatcom
 - DUNS Number: 076654565
 - Describe the type of organization: Compass Health is a private, non-profit agency, licensed by the State of Washington to provide mental health services across five counties. Our mission and vision is to advance behavioral health care in Snohomish, Skagit, Island, San Juan and Whatcom counties. We address complex healthcare needs through comprehensive mental health treatment to crisis prevention and intervention, psychiatric medication, supportive housing, Children's services, community outreach and much more. Our organization serves people of all ages with highly skilled mental health professionals, primary care providers, peer counselors and others to treat the whole person. Compass Health's goal is to help people stay in their home and in their community, surrounded by family and friends who can support them during difficult times.
 - Describe the region served: Compass Health-Whatcom serves individuals residing in Whatcom County. Whatcom is located at the Northwest corner of Washington State. The northern border is the international border with the Canadian Province of British Columbia; and, 1.5 hours' drive north of Seattle, WA, on the 1-5 corridor. Whatcom County encompasses two thousand (2,000) square miles, and as of 2018, the population estimate is 221,404 people. The county seat and largest city is Bellingham. Bellingham is the northern most city in the United States and is the seventh largest city in Washington State with 87,574 residents. Five other cities in descending order of size under Bellingham includes Lynden (14,882), Ferndale (14,261). Blaine (5,382), and Everson (2,744).
 - State the amount of PATH funds the organization Will receive: \$51,761
 - State the match amount and describe the source of match funds (Note: PATH funds must be matched a minimum of 33.333%). Match in the amount of \$56,890 will be provided by North Sound BH-ASO and Compass Health unrestricted general operating funds.
- Collaboration with HUD Continuum of Care Program
Describe the organization's participation in the HUD Continuum of Care program, other local planning activities and program coordination initiatives such as coordinated entry. If the organization is not currently working with the Continuum of Care (CoC), briefly explain the approaches to be taken by the organization to collaborate with the local CoC.

The PATH program at Compass Health is an integral partner and advocate in the Continuum of Care (CoC) in Whatcom County. Program staff regularly attend the Whatcom County Coalition for the Homeless (WCCH) bi-monthly meeting, hosted by the Whatcom County Homeless Service Center. The WCCH is a consortium of public, private and non-profit agencies collaborating with an overall goal to network services and address the community's homeless issues. The ultimate goal of WCCH member agencies is moving homeless individuals and families into permanent housing. Compass

Health historically has played a significant role in this continuum, through our participation in sub-committees and existing outreach and engagement efforts to the homeless through PATH services.

- Describe the PATH team's participation in the Point in Time Count

One PATH clinician participated in the Point in Time Count this year at the Lummi Food Bank.

- Describe the PATH team's participation in Coordinated Entry/Coordinated Assessment efforts in your local Continuum of Care

The PATH program is well connected with agencies and programs that provide coordinated entry and assessment for homeless services in Whatcom County. Program staff will continue to actively maintain a relationship and referral process with the Whatcom Homeless Service Center for housing, primary health care through Sea-Mar Behavioral Health and Unity Care, health care insurance through the Whatcom Alliance for Health care Advancement, and mental health services through the county funded Behavioral Health Access program. If a path served individual agrees to these and other services, program staff assist with facilitating agency intakes and referrals to appropriate programs and resources.

- Collaboration with Local Community Organizations
Provide a brief description of partnerships and activities with local community organizations that provide key services (i.e. outreach teams, primary health, mental health, substance use disorders, housing, employment, etc.) to PATH eligible clients and describe coordination of activities and policies with those organizations. Provide specific information about how coordination with other outreach teams will be achieved.

Compass Health has worked collaboratively for many years with community agencies becoming familiar with their referral processes to ensure that program participants receive access to services for which they are eligible. Compass Health and other community agencies provide services including outreach and engagement, primary health care, mental health, housing, employment, and assistance with entitlement programs (SSI and Medicaid). The program knowledge of community resources through clinician expertise is critical to help PATH eligible participants make informed decisions about services and navigating the complex social delivery system. The providers in which the program collaborates with includes:

Crisis Prevention and Outreach Team (CPIT)

CPIT consists of a behavioral health team from Compass in Bellingham collaborating with the individual and their family members after hours to develop a plan to get through the crisis, manage future crises, and move towards recovery.

Whatcom County Triage Center (WCTC)

WCTC in Bellingham can accommodate five individuals for short-term crisis stabilization up to five days who are recovering from a mental health crisis. The program provides crisis stabilization, walk-in emergency and next day appointments, social detox and assessment of medical needs. The goal of services is to provide alternatives to hospitalization and arrest.

Community Outreach and Recovery Support (CORS) Team

The Path program coordinates services with the CORS team of Compass Health. CORS provides outreach-oriented mental health services including peer supports to meet the needs of individuals who are experiencing homelessness or housing instability due to mental health symptoms.

Primary Health Care

Unity Care and Sea-Mar Behavioral Health are federally funded health care centers in Whatcom County that offer a sliding fee discount program to help keep care affordable for uninsured patients and those with high deductibles and co-pays. Both agencies serve as a coordinated entry and assessment for primary health care with PATH enrolled participants.

Mental Health Services

Ongoing mental health services are accessible to the homeless in Whatcom County via the Behavioral Health Access Program (BHAP), for those without insurance. BHAP programming offers short-term therapy, case management and psychiatric medication services. Funding from this program serves as a “Bridge” into mental health services until the individual becomes Medicaid eligible.

Housing

The Whatcom Homeless Service Center (WHSC), created a centralized and accessible way to link individuals to appropriate housing through centralized intake, assessment and referral for housing availability. WHSC maintains one housing pool for the entire community and the vision is to make the most appropriate referral and outcome for the individuals served.

Employment

The Department of Vocational Rehabilitation and Work Source both provide a full spectrum of services through funds and resources for employment readiness training, retraining, searching for, and maintaining employment.

Benefit Entitlement

Benefit entitlement for ss I or Medicaid is accomplished through participant referral either to Law Advocates or the Department of Social and Health Services in Whatcom County. Both agencies have benefit specialists assisting individuals applying for entitlements through the appeal process. Other community partners in the CoC also employ benefit specialists and maintain weekly hours at various agencies where the homeless congregate offering assistance with benefit entitlement.

- Service Provision

Describe the organization's plan to provide coordinated and comprehensive services to eligible PATH clients. including:

- Describe how the services to be provided using PATH funds will align with PATH goals to target street outreach and case management as priority services and maximize serving the most vulnerable adults who are literally and chronically homeless.

Staff in the PATH program maintains collaboration with other community agencies in Whatcom County for identification and referral of individuals experiencing homeless for outreach, engagement and enrollment. Individuals who engage with PATH and meet eligibility criteria will be enrolled in PATH services. A screening is conducted with all participants to determine needs followed by development of a service plan to identify and help enrolled

participants make informed decisions about selecting services based on their need and input. Coordinating and monitoring of service delivery continues until individuals receive services for assessment and admission. Regular program outreach continues to the Light House Mission Ministries, Crisis respite, DVSAS, Peace Health Hospital, and the Opportunity Council, among other agencies, to target people experiencing chronic homelessness for engagement in services.

- Describe any gaps that exist in the current service systems.

In the current delivery system, there is a great need for emergency shelter or transitional housing beds and permanent supportive housing units for individuals who are homeless and families. In 2017, the City of Bellingham in partnership with the Light House Mission Ministries planned on building a low barrier homeless shelter with the capacity of serving 200 homeless individuals. At the last moment, the Port of Bellingham purchased the location to preserve the area. The biggest barriers to overcome currently are opposition around the shelter itself and an inability to find a location that all involved agencies can agree on.

The Light Mission Ministries expanded their program to include nine different overnight shelters to include a men's shelter, extended stay shelter, special needs shelter and Agape House, an extended shelter for women with children. While the Mission's program serves a great need, it comes nowhere close to serving the number of homeless.

According to the latest available homeless count in Whatcom County (2017), there were 742 homeless. The biggest barriers faced by housing agencies to house homeless individuals and families is the lack of affordable housing, and the reality that people who are low-income, homeless and on a housing program are less desirable tenants. Even with assistance programs through the Opportunity Council and Whatcom Homeless Service Center, which pay for a portion of the rent, regularly inspect units and provide case management for housing retention, encounter difficulties housing individuals.

- Provide a brief description of the services available to clients who have both a serious mental illness and a substance use disorder.

The Health Department of Whatcom County continues to fund the Behavioral Health Access Program (BHAP). Populations served under this program are county adults and youth in need of mental health services and who have no other readily available access due to low income or no insurance. Accessing services is made through completion of a referral form, to the county for eligibility. BHAP is an integral component of care in Whatcom County and a vital link for the homeless removing barriers to services until they become Medicaid eligible.

Barriers to substance use treatment confront the homeless in Whatcom County. Although agencies exist for treatment, one significant barrier is lack of insurance. The priority of PATH services then becomes assisting enrolled participants obtain ID if necessary for enrollment in Medicaid, and referral to outpatient treatment with Catholic Community Recovery Services, Sea-Mar Community Care or inpatient treatment With Pioneer Human Services.

- Provide a brief description of how PATH eligibility is determined, when enrollment occurs, and how eligibility is documented for PATH-enrolled individuals.

Eligibility for PATH services is generally determined if the contact is currently engaged in outpatient mental health services or not, eighteen years of age or older, and if their current status of homelessness meets the HUD criteria of "literally homeless." Enrollment in PATH services also depends on the individual's willingness to initiate in services. Sometimes enrollment occurs during the first contact or later depending on the individual's availability to meet or lack of contact for extended periods of time. All contact and enrollment with homeless individuals is initially captured on paper form and later entered in HMIS/Clarity through "Street Outreach." The length of time an individual is seen in enrolled status is individualized to the participant until they transition to other services.

- Data
 - Describe the provider's participation in HMIS and describe plans for continued training and how providers will support new staff.

Program staff will have ongoing training through webinars or other venues as updates and changes occur to the HMIS data collection system. New staff hired to the program first complete two trainings by the Department of Commerce on Clarity software usage, followed by a training on PATH data entry. The PATH program manager in conjunction with the Department of Commerce monitors data entered by program staff for accuracy and correction of data on quarterly reports preparing for the federal PATH report. Compass Health-Whatcom will continue to coordinate with the Department of Commerce, the state Path contact and local HMIS administrators in Whatcom County for support and ongoing training of program staff.

- SOAR
 - Describe the provider's plan to train PATH staff on the SOAR online course and which staff plan to assist consumers with SSI/SSDI applications using the SOAR model and track the outcomes of those applications in the SOAR Online Application Tracking (OAT) System.

One PATH clinician attended the live SOAR training, and the second staff received training on the SOAR online course. Program staff generally don't assist consumers with SSI/SSDI applications as services focus on basic needs for food, shelter, primary health and mental health care. A PATH program recipient is generally referred to one of many agencies in Bellingham with specialists trained in the complex SSI/SSDI application process.

- Indicate the number of PATH staff trained in SOAR for the grant year (7/1/2017-6/30/18)
 - All program staff are currently SOAR trained.
- Indicate the number of PATH funded consumers assisted and application results through SOAR for the grant year (7/1/2017-6/30/18)
 - No PATH enrolled clients were assisted through SOAR for the grant year 7/1/2017 to 6/30/18.

- If the provider does not use SOAR, describe the system used to improve accurate and timely completion of mainstream benefit applications (e.g. SSI/SSDI).

Program staff focus on outreach and enrollment of homeless individuals, and refer program participants to Law Advocates or the Department of Social and Health Services (DSHS), for completion of mainstream benefit applications. Law Advocates assists disabled homeless adults and veterans apply for and obtain state and federal benefits through a specialist on staff.

A majority of enrolled PATH participants receive a referral to disability specialists at DSHS for initial eligibility determination for Housing Essential Needs (HEN), or Aged, Blind or Disabled (ABD) services. Those participants who meet ABD disability standards determined to have a disability that will endure for 12 months are automatically referred to DSHS social workers who specialize in SSI applications and appeals.

- Describe the efforts used to train staff on this alternative system and what technical assistance or support they receive to ensure quality applications if they do not use the SAMHSA SOAR TA Center.

No specialized training is required for program staff on use of the two alternative systems for completion of applications, just a referral. Law Advocates and OSHS employ trained specialists who assist the homeless through the application and disability determination process for disability benefits.

- In-Person Assister Training - Washington's Health Care Authority created community-based training to assist individuals through the health care insurance application process.

Community partners who are affiliated with a community-based organization in Washington state are offered the opportunity to complete eligibility training for Apple Health coverage and how to navigate in the Healthplanfinder application web portal. Partners may then apply for "volunteer" access in Healthplanfinder.

(<http://www.hca.wa.gov/hcr/me/Pages/Community-basedTraining.aspx>)

- Indicate the number of PATH staff trained as In-Person Assistors using the community-based training during grant year ending September 30, 2018

One program staff is already trained as an In-Person Assister. The program goal for the second PATH clinician is to complete the training prior to September 30th, 2018. One factor limiting the PATH clinician going on-line to assist with insurance is that most of the PATH enrolled clients already received assistance applying for insurance from other community agencies offering this service. Agencies like Sea-Mar and Unity Care have drop-in hours at the Mission Drop-in-center where homeless individuals receive assistance signing up for SSI/SSDI or health insurance.

- Number of PATH funded consumers assisted in Medicaid enrollment in grant year ending September 30, 2018
N/A

- Access to Housing

Indicate what strategies are used for making suitable housing available for PATH clients (i.e. indicate the type of housing provided and name(s) of the agency).

Although housing homeless individuals in Whatcom County is difficult, program staff continue to coordinate and maintain a professional relationship with the Whatcom Homeless Service Center (WHSC), for seamless entry into available housing programs. Program staff continually monitor the referral after submitting to WHSC, and should difficulties arise, assistance and support is offered to help overcome or remove any barriers to placement.

Program staff through referral, admit, and on-going support services has had great success getting PATH enrolled clients into the Sun House via referral through WHSC for transitional housing services. Since October of last year, seventeen (17) enrolled program participants received referrals for temporary and permanent housing. Twelve (12) out of the seventeen (17) referrals obtained housing placement.

- Staff Information

Describe how staff providing services to the population of focus will be sensitive to age, gender, disability, lesbian, gay, bisexual, and transgender, racial/ethnic, and differences of clients.

Path program staff extend cultural services not only through required trainings, but also relating effectively to everyone by responding to unique characteristics while remaining sensitive and respectful to the ways individuals experience the world. There is no distinction as to an individual's ability, ethnicity, gender identity, race, sexual orientation in service delivery. All individuals receive the same professional services based on their identified needs and helping them make informed decisions about selecting services.

- Describe the extent to which staff receive periodic training in cultural competence and health disparities.

Staff members at Compass are required to access cultural competence training two times a year at hire and annually. Compass health provides a web-based training through Relias, containing multiple trainings in cultural competence and health disparities. In addition to this training, Compass provides for five (5) education days and three hundred dollars (\$300.00), per year to access other training opportunities.

- Describe your agencies strategies for addressing health disparities based on the recently revised national Cultural and Linguistically Appropriate Services (CLAS) Standards (www.Thinkculturalhealth.hhs.gov).

- Culturally Competent Care

Compass Health's overall goal is to promote the delivery of all services in a culturally competent manner to all individuals with a diverse cultural and ethnic background through policies and practices. Various practices to promote cultural competence within the agency includes cultural competence trainings, recruitment, the use of interpreters and translation services. At the engagement level. PA TH program staff communicates with all individuals in a respectful manner, seeks to understand their needs, and solicits input during the decision-

making process regarding services. It is critical and important that the interpersonal relationship between the clinician and client be characterized by a spirit of respect and caring.

- Language Access Services

Compass Health makes all efforts to provide oral and written information to eligible clients in the language the client prefers, and to communicate through certified and qualified external interpreters and translators in session and through phone services at every aspect of service delivery. These services will be arranged by Compass at no cost to the individual.

- Organizational Support

Compass Health as an agency is committed to deliver ongoing culturally competent services through training requirements, access to special population consultants for treatment and language assistance services in the consumer's preferred language, verbally and written, for those who have limited English speaking abilities. Overall treatment is established on the concept that reflects the rights of all individuals seeking services to a voice in their treatment, services that are flexible and individualized, and customer service that promotes respect, dignity and recovery. This philosophical belief that outcomes are most successful when it is the consumer who defines the goals of their treatment, and determines what support they need to attain those goals.

- Client Information

Describe the demographics of the client population, the project number of adult clients to be contacted and enrolled, and the percentage of adult clients to be served using PATH funds who are literally homeless:

The demographics of the population enrolled into PATH services in Whatcom County from the last contract period (10/1/2016- 9/30/2017), were over 18 years of age. Individuals aged 51-61 accounted for the highest percentage at 31%, followed by 41-50 (19%), 31-40 (19%), 24-30 (12%) and 18-23 (12%). A larger percentage of clients were White and male. Data indicated that just over 60% enrolled were male as compared female counterparts at 34%. Native Americans outnumbered African Americans and Hispanic individuals in the data.

	Projected# for next report year (10/1/19 -9/30/20)
○ Estimated number to contact:	147
○ Estimated number of contacted homeless persons with serious mental illness who become enrolled in PATH services: (GPRA 85 goal is 58%):	85
○ Estimated number of enrolled PATH individuals who will receive community mental health services (GPRA goal is 66%):	56
○ Estimated number of PATH enrolled individuals referred to and who will attain housing:	14
○ Estimated number of PATH enrolled individuals referred to and who will attain substance use treatment services:	6

- Consumer Involvement

Describe how individuals, who are homeless and have serious mental illness, and family members will be involved at the organizational level in the planning, implementation, and evaluation of PATH funded services. For example, indicate whether individuals who are PATH eligible are employed as staff or volunteers or serve on governing or formal advisory boards.

Compass Whatcom in Bellingham at this time has no PATH-eligible individuals serving on any governing or advisory board for the agency. In other programs with Compass Health Whatcom, individuals who previously received outreach services later became peer certified and were hired for other outreach programs serving the homeless population.

PATH enrolled participants and their family members identified at the time of service delivery are actively involved if that is the individual's request.

All program participants prior to discharge from PATH services are requested to complete a program evaluation rating their satisfaction of services. Satisfaction surveys are reviewed to identify areas for program improvement or enhancement of services for future PATH outreach and engagement. We are in the process this year of revising the satisfaction survey to gain other specific data concerning services.

2. Budget:

Planning Period: 2019-2020 (Contracted period 10/1/19-9/30/20)

Category	Federal Dollars	Matched Dollars	Total Dollars
a. Personnel	37,131	24,799	61,930
b. Fringe Benefits	12,996	8,680	21,676
c. Travel	0	1,800	1,800
d. Equipment	0	1,400	1,400
e. Supplies	0	0	0
f. Contractual	0	0	0
g. Construction	0	0	0
h. Other	0	8,880	8,880
i. Total Direct Charges (Sum of a-h)	50,127	45,559	95,686
j. Indirect Charges	1,634	11,331	12,965
k. Grant Total (Sum of l and J)	51,761	56,890	108,651
l. Source(s) of Match Dollars: Please describe the specific source of the match.		Non-federal funding through North Sound BH-ASO and Compass Health unrestricted general operating funds.	