



NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

Monthly Provider Bulletin – November 2019

WEBSITE LINKS:

Numbered Memorandums

<http://www.nsbhaso.org/for-providers/numbered-memorandums>

Data Dictionary

<https://www.nsbhaso.org/for-providers/data-dictionary>

Forms & Reports

<https://www.nsbhaso.org/for-providers/forms>

Policies

<http://www.nsbhaso.org/for-providers/policies-and-procedures>

Brochures

www.nsbhaso.org/for-providers/brochures

HCA Customer Service

<https://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage/apple-health-managed-care>

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INTERLOCAL LEADERSHIP STRUCTURE

The North Sound Interlocal Leadership Structure (ILS) is a partnership between the North Sound Counties, the five (5) Managed Care Organizations (MCOs), the North Sound Accountable Community of Health, and the North Sound Tribal Authorities to guide the planning and implementation of the Integrated Managed Care model in the North Sound Region.

The North Sound ILS has been meeting on a monthly basis, but once a quarter will include representation from all Behavioral Health Agencies, Community Hospitals, and chief Law Enforcement officials. The first meeting of this expanded ILS structure took place on October 11 at the Federal Avenue Campus for Compass Health. The next quarterly meeting is tentatively scheduled for February.

All meetings of the ILS are open to the public. The next regularly scheduled meeting will be on December 13, from 8:30-10:00 am at the North Sound BH-ASO office in Mount Vernon. For more information, contact Lisa Hudspeth at lisa_hudspeth@nsbhaso.org.

NORTH SOUND BH-ASO HOSTS BUPRENORPHINE WAIVER TRAINING ON JANUARY 10, 2020

In partnership with the Washington State Department of Health, the North Sound BH-ASO is hosting a free Drug Addiction Treatment Act (DATA) 2000 Buprenorphine Waiver Training on January 10, 2020 from 12:00 pm to 4:30 pm. Physicians, nurses, physician assistants, and pharmacists can attend the 4-hour training, followed by an additional 4-hour online self-study portion. Upon completion of requirements, participants will need to pass an exam and will then be eligible to prescribe Buprenorphine. This training is open to interested non-prescribing professionals as well, such as substance use disorder professionals and social workers. The trainer for this event is Dr. Mark Duncan, who is trained in addiction psychiatry and family medicine and is an Assistant Professor at the University of Washington. For more information or to register, please contact linda_crothers@nsbhaso.org. The training will be held at North Sound BH-ASO office in Mount Vernon.

Funding for this training were made possible in part by Cooperative Agreement Number, NU17CE925007, funded by the Centers for Disease Control and Prevention, and 1H79TI081968 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Centers for Disease Control and Prevention Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.



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CONTRACT CHANGES COMING

There will be several changes in the Health Care Authority's (HCA) contract with Behavioral Health Administrative Service Organizations (BH-ASOs) effective January 1, 2020. These changes will require changes in the BH-ASO contracts with our Behavioral Health Agencies (BHAs), and some of the changes will be reflected in the [Supplemental Provider Service Guide](#).

These changes include:

- The requirement to start collecting *Behavioral Health Supplemental Transaction Data* effective January 1, 2020 and begin reporting data effective October 1, 2020 (see Behavioral Health Supplemental Transaction Data article below);
- Removal of the 220% income limit on providing substance use related crisis services to non-Medicaid persons;
- The requirement for community hospitals to contract directly with BH-ASOs for psychiatric inpatient services for low-income non-Medicaid persons;
- The requirement for behavioral health facilities to include in critical incident reports, reports of child and adult abuse and neglect, even if these have also been reported to Child Protective Services (CPS) and Adult Protective Services (APS);
- Clarifying that Ombuds staff can participate in face to face meetings with BHA representatives at the individual's request;
- The BH-ASO must provide notification to both the individual and the provider of all adverse authorization determinations, including denials of services based on lack of available resources or for not meeting eligibility requirements;
- If a Designated Crisis Responder (DCR) is unable to find a bed then they must go out *daily* to provide a face to face evaluation of person's continuing need for involuntary treatment.

ASO CONTRACT RENEWALS AND CONTINUATION OF NON-MEDICAID FUNDING

Most of the BH-ASO's contracts with our BHAs will need to be renewed effective January 1, 2020. Most of the Scopes of Work and prorated budget amounts will remain the same except for changes noted in the [Supplemental Provider Service Guide](#).

This includes proviso funding for Housing and Recovery Through Peer Support (HARPS), Dedicated Marijuana Account (DMA), Family Youth System Partner Round Table (FYSPRT), Jail Transition Services, Criminal Justice Treatment Act (CJTA), and Ombuds.

DELIVERABLES

Providers can access reporting [templates](#) on the North Sound BH-ASO website and in the [Supplemental Provider Service Guide](#). Reports are due monthly, quarterly, biannually or annually depending on the service. If you have any questions about which deliverables apply to your contract, please send an email to deliverables@nsbhaso.org.



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BEHAVIORAL HEALTH SUPPLEMENTAL TRANSACTION DATA

As noted above, all MCO and BH-ASO contracted providers will be required to collect and report “behavioral health supplemental data” in 2020. Most of this is similar to the non-encounter data sets that BHAs were previously required to report to the Behavioral Health Organization (BHO). Links to the data set and new requirements can be found [here](#).

The Data dictionary is located [here](#) on the North Sound BH-ASO website.

The North Sound BH-ASO will provide an initial webinar in December – date to be determined – to provide an overview of the new data requirements.

BH-ASO LEGISLATIVE PRIORITIES

The county administered BHOs and BH-ASOs are working together to request additional state general fund support for behavioral health services not covered by Medicaid. These include:

- Separate funding for Involuntary Treatment Aid (ITA) court costs that are not carved out of the other state general fund dollars allocated to BH-ASOs for Crisis Services and services for non-Medicaid persons;
- Funding to expand Crisis Services, including crisis stabilization services provided in Triage and Withdrawal management facilities; and,
- Funding to support the operating costs of county owned behavioral health facilities.

NORTH SOUND YOUTH FAMILY COALITION (YFC)

North Sound YFC (our regional Family Youth System Partner Round Table (FYSPRT)) has the following upcoming events:

- **December 9, 2019: Oasis Teen Shelter Presentation**
 - Justin Krupa, Oasis Teen Shelter, will be sharing more information about the YMCA Oasis program, which serves youth ages 13-17 who are in need of a safe environment, support, advice, or basic needs. The team will reflect on the work they’ve done over the year and gear up for the new year.
- **January 13, 2010: Introduction to Mindfulness Workshop**
 - Mindfulness Northwest will help us kick off the new year by conducting a two-hour *Introduction to Mindfulness Workshop* for youth, families, and system partners involved with the child/youth behavioral health system. We strongly encourage program staff to invite young people and their family supports out for this opportunity to learn how to improve resilience, reduce stress, and promote well-being while learning more about the North Sound Youth and Family Partnership.

North Sound YFC meetings take place at the North Sound BH-ASO office from 4:00 – 6:00 p.m. on the 2nd Monday of each month. For more information visit the North Sound YFC website at <https://nsyfc.org/>.