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North Sound Behavioral Health Administrative Services Organization, LLC

Section 1500 – Clinical: Access to Residential Substance Use Disorder (SUD) Treatment Services

Authorizing Source: HCA Contract

Approved by: Executive Director Date: 5/7/2024 Signature:

POLICY # 1591.00

SUBJECT: ACCESS TO RESIDENTIAL SUBSTANCE USE DISORDER (SUD) TREATMENT SERVICES

POLICY

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) provides access to SUD residential treatment services for individuals, within available resources, residing in the North Sound Regional Service Area (RSA) for whom a residential SUD level of care is deemed medically necessary as determined by a Substance Use Disorder Professional (SUDP) and/or a Substance Use Disorder Professional Trainee (SUDPT) who is supervised by a SUDP.

North Sound BH-ASO maintains a provider network of contracted SUD residential Behavioral Health Agencies (BHA) within the North Sound RSA and other RSA in Washington State to ensure network adequacy and access for individuals in the North Sound BH-ASO.

SUD Residential Treatment Services are certified and are all or part of a Residential Treatment Facility (RTF) licensed by the Department of Health (DOH), that provides 24-hour evaluation, stabilization, and treatment services for individuals. Individuals cannot be required to relinquish custody of minor children to access residential treatment services.

1. Adult Intensive inpatient services provide a concentrated program of SUD treatment, individual and group counseling, education and related activities, including room and board, in a 24-hour per day supervised facility in accordance with Washington Administrative Code WAC 246-341-1108. This level of SUD treatment satisfies the level of intensity in American Society of Addiction Medicine (ASAM) Level of Care 3.5.
2. Adult Long-Term Care services provide for the care and treatment of those with diagnosed SUD and impaired self-maintenance capabilities. Services include a concentrated program of SUD treatment, individual and group counseling, education, vocational guidance counseling, personal care services and related activities, including room and board, in a 24-hour per day supervised facility in accordance with WAC 246-341-1108. The service as described satisfies the level of intensity in ASAM Level of Care 3.1.
3. Adult Recovery House services offer a program of care and treatment with social, vocational, and recreational activities designed to aid individuals with diagnosed SUD adjust to abstinence and transition to the community in a 24-hour per day supervised facility in accordance with WAC 246-341-1108. Room and board is included. The service as described satisfies the level of intensity in ASAM Level of Care 3.1.
4. Adult Pregnant and Parenting Women (PPW) services offer an enhanced curriculum for PPW and their children under age 6. Services may include a focus on linkages to and consistent care for prenatal and postpartum medical care, infant and children well child medical care, therapeutic childcare, family

management, child development, parenting skills, mental health issues, domestic violence, childhood sexual abuse, employment skills and education, legal advocacy and safe affordable housing; room and board is included. This SUD treatment as described satisfies the level of intensity in ASAM Levels 3.1, 3.5 and most commonly 3.3. Adult Co-Occurring treatment services offer enhanced services for individuals diagnosed with both mental health and SUD. Program goals, policies, procedures, treatments, and support services reflect a program design specifically intended for the co-occurring population. A multidisciplinary staff of mental health, SUD and medical professionals provide individual and group counseling; medication treatment and monitoring; psychoeducation; and case management; room and board is included. This level of SUD treatment as described satisfies the level of intensity in ASAM Level 3.1, 3.5, and 3.3.

5. Youth Intensive Inpatient, Level I services are designed for youth with primary SUD problems, and who do not require intense intervention for other mental health and behavioral disorders as a primary part of SUD treatment. This level of SUD treatment as described satisfies the level of intensity in ASAM Level 3.5.
6. Youth Intensive Inpatient, Level II services are designed for youth with co-occurring mental health and SUD problems in which the effectiveness of SUD treatment would likely be adversely affected without addressing mental health, emotional and/or behavioral problems. Providers are required to employ a full-time mental health counselor to work with staff to provide youth with treatment for co-occurring disorders. This level of SUD treatment as described satisfies the level of intensity in ASAM Level 3.5.
7. Youth Recovery House services are for youth who require continued but less intensive treatment services because they are not ready to return home or for whom home is not a safe, supportive environment. The focus of treatment is long-term recovery, community support and improvement in major life competencies. This level of SUD treatment as described satisfies the level of intensity in ASAM Level 3.1.

PROCEDURES

Utilization Management requirements and procedures can be referenced in *Policy 1594.00 Utilization Management*.

1. Requests for authorization for residential level of care from North Sound BH-ASO *should*:
 - i. Use ASAM criteria for admission as referenced in *1594.01 Level of Care Authorizations and Policy 1594.02 Authorization Guide*.
 - ii. Process the initial authorization request through the North Sound BH-ASO data system;
 - iii. Provide all required data and information to North Sound BH-ASO to make a determination regarding initial authorization.
2. If the request is denied please reference North Sound BH-ASO Policy 1005.00 *Notification Coverage and Authorization Determinations*.
3. The SUD residential facility is responsible to electronically request the continuing stay/re-authorization prior to the expiration of the initial authorization or any subsequent continuing stay requests already made by the SUD residential facility to North Sound BH-ASO.
 - a. If information is missing or lacking, North Sound BH-ASO will contact the facility to provide prior to response.

- b. North Sound BH-ASO will provide a continuing stay/re-authorization to the residential facility based on the documentation indicating medical necessity of services needed at a residential level of care that cannot be met at a less intensive level of care.

ATTACHMENTS

See: *Policy 1594.02 Prior Authorization Guide and 1594.01 Level of Care Authorizations.*