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**North Sound Behavioral Health Administrative Services Organization, LLC**

Section 1500 – Clinical: Access to Residential Withdrawal Management/Substance Use Disorder (WM/SUD) Services

Authorizing Source: HCA Contract

Approved by: Executive Director Date: 05/10/2022

Signature:

**POLICY # 1592.00**

**SUBJECT: ACCESS TO RESIDENTIAL WITHDRAWAL MANAGEMENT/SUBSTANCE USE DISORDER (WM/SUD) SERVICES**

**POLICY**

The North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) supports both youth and adult individuals in accessing medically necessary (per WAC 182-500-0070) residential WM services as assistance in the process of withdrawal from psychoactive substances in a safe and effective manner. North Sound BH-ASO supports WM services that include three (3) necessary components: evaluation, stabilization and motivating individual readiness to engage in SUD treatment services.

The North Sound BH-ASO maintains a provide network of medically monitored Withdrawal Management (WM) services within the North Sound Regional Service Area (RSA) that are available to assess and accept individuals 24-hours a day and 7 days per week. This WM facility is ASAM 3.7 Medically Monitored Inpatient WM (also known as acute detox)..

The provider uses ASAM criteria for admission, continued stay, discharge planning and decisions and provides counseling with each individual that addresses the individual's SUD, stages of change, motivation and addresses the individual's continuing care needs including referral to other services.

A Secure Detox Facility as defined in RCW 71.05.020 provides involuntary treatment to individuals detained under the Involuntary Treatment Act (ITA) up to level of care ASAM 3.7. These services provide evaluation and treatment under RCW 71.05 and 71.34..

North Sound BH-ASO provides access to SUD residential treatment services for individuals residing in the North Sound Regional Service Area (RSA) for whom a residential SUD level of care is deemed medically necessary as determined by a Substance Use Disorder Professional (SUDP) and/or a Substance Use Disorder Professional Trainee (SUDPT) who is supervised by a SUDP.

**PROCEDURES**

North Sound BH-ASO Utilization Management requirements can be referenced in *Policy 1594.00 Utilization Management*. Timeframes and Notification of Coverage Determinations requirements can be referenced in Policy 1005.00 Notice Requirements.

1. For individuals attempting to access voluntary WM services they may:
  - a. Be referred by a North Sound BH-ASO contracted BHA that provides SUD services; and/or

- b. Call a WM SUD facility directly to arrange admission to services.
2. No prior authorization is required from North Sound BH-ASO for WM in emergent situations for an initial 3-5 day stay; however, eligibility review criteria including financial eligibility, medical necessity, and level of care must be met for Substance Abuse Block Grant (SABG) or Criminal Justice Treatment Account (CJTA) funding.
  - a. For Secure Withdrawal Management under the ITA, legal status is accepted in lieu of an eligibility review and medical necessity until their legal status changes.
  - b. For Secure Detoxification, when a parent or legal guardian brings their child with or without the consent of the child and the facility meets RCW 71.34.600 and 660.
3. The WM facility must have policies and procedures implemented regarding criteria for admittance, length-of-stay, transfer and discharge.
4. A facility that provides WM services must provide documentation in an individual's clinical record of the following:
  - a. A SUD screening before admission into services;
  - b. The use of ASAM criteria for admission, continued services, discharge planning and discharge decisions;
  - c. A voluntary consent to treatment form signed by the individual or legal guardian;
  - d. All release of information (ROI) forms signed and dated by the individual or legal guardian for treatment providers, medical providers, other continuing care providers and family members (family as defined by the individual).
  - e. The individual was informed of federal confidentiality requirements and received a copy of the notice required per 42 CFR, Part 2;
  - f. The individual received a Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome (HIV/AIDS) brief risk intervention;
  - g. The individual received a tuberculosis (TB) screening and assisted to receive medical treatment as necessary;
  - h. Individualized progress notes in a timely manner from each shift and as events occur, such as, periodic monitoring of vitals or documentation as to why this did not occur;
  - i. A discharge summary, including a continuing care recommendation and a description of the individual's physical condition, completed within seven (7) working days of discharge; and
  - j. An attempt to assist the individual in arranging either a SUD assessment while in the WM facility or if the individual has completed a SUD assessment, then admittance into the recommended ASAM level of care based on the ASAM placement criteria and medical necessity.
    - i. The WM facility submits an electronic authorization request to North Sound BH-ASO including the meeting of the eligibility criteria for SABG and CJTA funding.
    - ii. The WM facility arranges facility admission date and transportation based on agreement with the individual and/or legal guardian.
    - iii. The WM facility provides other referrals and linkages to specific SUD outpatient and mental health outpatient providers, housing, shelter, food and clothing based on the individualized needs of each individual admitted.

**ATTACHMENTS**

None