



Levels of Care for Authorization

Revised: 4/16/2024
Reviewed: 5/7/2024

LEVELS OF CARE FOR AUTHORIZATION

<p>Acute Inpatient Care – Mental Health and SUD</p> <ul style="list-style-type: none"> • Inpatient Psychiatric Services • E&T Services provided at Community Hospitals or E&T facilities <p>Crisis Intervention</p> <ul style="list-style-type: none"> • Involuntary Commitment Investigations • Crisis Stabilization Services <p>Withdrawal Management (Detoxification)</p> <ul style="list-style-type: none"> • Acute Withdrawal Management • Sub-Acute Withdrawal Management • Secure Withdrawal Management <p>Crisis Stabilization in a Crisis Stabilization or Triage Facility</p> <p>Residential Treatment (with Room and Board and transportation)</p> <ul style="list-style-type: none"> • Mental Health Residential • Intensive Inpatient Residential Treatment Services – SUD • Long Term Care Residential – SUD • Recovery House Residential Treatment – SUD • PPW Housing Support Services • Therapeutic Interventions for Children <p>Intensive Outpatient Program</p> <ul style="list-style-type: none"> • High Intensity Treatment 	<p>Initial Assessment (MH and SUD/ASAM) and Outpatient Services</p> <ul style="list-style-type: none"> • Alcohol and Drug Information School • Assessment • Brief Intervention • Brief Outpatient Treatment • Case Management • Childcare Services • Community Outreach – SABG priority populations PPW and IUID • Continuing Education and Training • Day Support • Engagement and Referral • Evidenced Based/Wraparound Services • Interim Services • Opiate Dependency/HIV Services Outreach • PPW Housing Support Services • Family Hardship • Family Treatment • Group Therapy • Individual Therapy • Intake Evaluation • Outpatient Treatment • Peer Support • Recovery Support Services • Rehabilitation Case Management • Sobering Services • Special Population Evaluation • TB Counseling, Screening, Testing and Referral
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<ul style="list-style-type: none"> • Intensive Outpatient Treatment – SUD <p>Medication Evaluation and Management</p> <ul style="list-style-type: none"> • Medication Management • Medication Monitoring. <p>Medication Assisted Therapy</p> <ul style="list-style-type: none"> • Opioid Treatment Programs (OTPs)/ 	<ul style="list-style-type: none"> • Therapeutic Psychoeducation • Therapeutic Interventions for Children • Transportation • Urinalysis/Screening Test <p>High intensity Outpatient/Community Based Services</p> <ul style="list-style-type: none"> • Program of Assertive Community Treatment (PACT) <p>Psychological Testing</p> <ul style="list-style-type: none"> • Psychological Assessment
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MEDICAL NECESSITY SERVICE GRID

Contracted Service	MN/Authorization Criteria
Assessment	Service is completed by a qualified professional (example an SUD assessment needs to be completed by certified SUD provider); and, Assessment is utilized to inform and shape ongoing treatment activities; and; Individual has NOT had a previous Assessment within the prior 12 months that demonstrated medical necessity for the services being requested
Brief Intervention	LOCUS/CALOCUS, ASAM
Brief Outpatient Treatment	LOCUS/CALOCUS, ASAM
Case Management	LOCUS/CALOCUS, ASAM
Day Support	LOCUS/CALOCUS



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Contracted Service	MN/Authorization Criteria
Engagement and Referral	Service completed by a qualified professional that are provided to develop an alliance with an individual for the purpose of bringing them into or keeping them in ongoing treatment. The activities occur primarily in the field rather the worker’s office, or at another service agency such as food bank or public shelter, or via telephone if a potential client calls the workers office seeking assistance or by referral. These services can also include case management. These services may be provided prior to Intake.
Special Population Evaluation	Services is provided to reduce the adverse health effects of such use, promote the health of the individual, and reduce the risk of transmission of disease. (Note in general Engagement and Referral Services are associated with Interim Services). For Alcohol/Drug Information School: Provided as determined by a Court directed SUD diagnostic evaluation and treatment · Provider must be licensed or certified by the WA DOH. · Program meets requirements of RCW 46.61.5056. Interim Services are provided: to Individuals means who are currently waiting to enter a treatment program to reduce the adverse health effects of substance abuse, promote the health of the individual, and reduce the risk of transmission of disease. To members of SABG priority populations, who are eligible but for whom SUD treatment services are not available due to limitations in provider capacity or Available Resources. Based on NS BH-ASO criteria
Evidenced Based/Wraparound Services	LOCUS/CALOCUS
Interim Services	ASAM
Opiate Dependency/HIV Services Outreach	ASAM
E&T Services provided at Community Hospitals or E&T facilities	LOCUS/CALOCUS
Family Treatment	LOCUS/CALOCUS
Group Therapy	LOCUS/CALOCUS, ASAM



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High Intensity Treatment	LOCUS/CALOCUS
Individual Therapy	LOCUS/CALOCUS
Inpatient Psychiatric Services	LOCUS/CALOCUS
Intake Evaluation	The service is initiated prior to the provision of any other behavioral health services, except Crisis Services, Stabilization Services, and free-standing evaluation and treatment, and; The service is provided in a manner that is culturally and age relevant, and; The services provides an initial clinical assessment in order to guide outpatient Behavioral Health service delivery, and There are no other similar services available through other funding sources.
Intensive Outpatient Treatment – SUD	ASAM
Intensive Inpatient Residential Treatment Services – SUD	ASAM
Long Term Care Residential – SUD	ASAM
MH Medication Management/OTP Medication Management	LOCUS/CALOCUS, ASAM
MH Medication Monitoring/OTP Medication Monitoring	LOCUS/CALOCUS, ASAM
Mental Health Residential	LOCUS/CALOCUS
Opioid Treatment Programs (OTPs)/	ASAM
Outpatient Treatment	LOCUS/CALOCUS, ASAM
Peer Support	LOCUS/CALOCUS , ASAM



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Psychological Assessment/Testing	A current medical or behavioral health evaluation has been conducted and a specific diagnostic or treatment question still exists which cannot be answered through further conventional interviewing, history-taking, or adequate trial of evidence-based treatment; (or) A diagnostic formulation and adequate trial of an evidence-based treatment has been attempted but has been unsuccessful or has not resulted in the expected progress; previous assessments have not be completed within 12 months.
Recovery House Residential Treatment – SUD	ASAM
Rehabilitation Case Management	LOCUS/CALOCUS, ASAM
Special Population Evaluation	Individual is a member of a group considered a “special population” (as defined either in Contract or by the ASO. Examples include child, geriatric, disabled, or ethnic minority specialist that considers age and cultural variables specific to the individual being evaluated and other culturally and age competent evaluation methods and, Evaluation is done as part of the assessment process or ongoing treatment planning; and, Evaluation is voluntary.
TB Counseling, Screening, Testing and Referral	Individual is residing/in treatment at a high-risk Behavioral health treatment settings (for example: correctional facilities, long-term care facilities or SUD treatment facility, Residential treatment facility or homeless shelters); or, Individual is at high risk for TB and is being treated in a Behavioral Health setting (those at high risk for developing TB disease include people with HIV infection, people who became infected with TB bacteria in the last 2 years, and people who inject illegal drugs); or Service is mandated by State, Federal or local guidelines for certain individuals such as for individuals being treated in a substance abuse treatment facilities, homeless shelters, and others settings; and, There are no other similar services available through other funding sources.
Therapeutic Psychoeducation	LOCUS/CALOCUS, ASAM
Urinalysis/Screening Test	ASAM



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TB Screening/Skin Test	Individual is residing/in treatment at a high-risk Behavioral health treatment settings (for example: correctional facilities, long-term care facilities or SUD treatment facility, Residential treatment facility or homeless shelters); or, Individual is at high risk for TB and is being treated in a Behavioral Health setting (those at high risk for developing TB disease include people with HIV infection, people who became infected with TB bacteria in the last 2 years, and people who inject illegal drugs); or Service is mandated by State, Federal or local guidelines for certain individuals such as for individuals being treated in a substance abuse treatment facilities, homeless shelters, and others settings; and, There are no other similar services available through other funding sources.
Withdrawal Management – Acute	ASAM
Withdrawal Management – Sub-Acute.	ASAM

MEDICAL NECESSITY NOT APPLICABLE SERVICE GRID

Contracted Service	MN/Authorization Criteria
Alcohol/Drug Information School	Provided as determined by a Court directed SUD diagnostic evaluation and treatment. Provider must be licensed or certified by the WA DOH. Program meets requirements of RCW 46.61.5056
Childcare	Provided to children of parents in treatment in order to complete the parent's plan for treatment services. Provided by licensed childcare providers. Time limited as per treatment plan
Community Outreach – SABG priority populations PPW and IUID	Provided to PPW and IUID individuals who have been unsuccessful in engaging in services. Goals should include enrolling Individuals in Medicaid. Recovery based, Culturally Appropriate and incorporates Motivational Approaches. Can be multi-agency based
Continuing Education and Training	Provided to BHA or ASO staff as part of program of professional development; Provider of service must be Accredited either in WA State or Nationally; Provider must provide evidence of assessment of participant knowledge and satisfaction with the training.



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PPW Housing Support Services	ASAM Provided to Individuals meets definition of PPW and support provide to such an individual with children under the age of six (6); Service provided in a transitional residential housing program designed exclusively for this population; Support generally addresses those costs not covered under Title XIX – such as room and board
Recovery Support Services	LOCUS/ASAM
Sobering Services	ASAM
Therapeutic Interventions for Children	Provided to individuals with treatable Behavioral health diagnosis; Agency Based; Evidence Based, Culturally Appropriate; Voluntary participation; Part of Treatment Plan for Child; Not provided as part of Juvenile Rehabilitation Court Order
Transportation	Provided to individuals with Behavioral health diagnosis; Agency based; Provided as part of Treatment plan; Provided for individuals to and from behavioral health treatment facilities.