

## **Authorization Requirement Guide**

Revised: 4/16/2024 Reviewed: 5/7/2024

SERVICE TYPE AND DESCRIPTION	Authorization/Eligibility Requirements	Policy
ACUTE INPATIENT CARE – MENTAL HEALTH AND SUBSTANCE USE DISORDER (SUD)	<b>No.</b> Involuntary Treatment Act (ITA) admissions require notification only within 24 hours or next business day.	1571.00
<ul> <li>Acute Psychiatric Inpatient; Evaluation and Treatment,         Secure Withdrawal Management and Stabilization (SWMS)</li> <li>Acute Psychiatric admission to Behavioral Health Unit or         Freestanding Hospital</li> </ul>	Yes. Voluntary Admission requires authorization. Voluntary Initial 3-5 days, depending on medical necessity and available funding.	
Authorizations are based on provider request, eligibility and available funding.	<b>Yes.</b> Involuntary Treatment Act (ITA) – reviewed every 20 days for change in legal status, treatment provided and transition of care needs.	
CRISIS LINE AND CRISIS INTERVENTION	N/A	1731.00 1733.00 1734.00
<ul> <li>WITHDRAWAL MANAGEMENT (IN A RESIDENTIAL SETTING)</li> <li>ASAM 3.7</li> <li>ASAM 3.2</li> </ul>	No, if Emergent or planned and provided in an emergent type setting (i.e., Triage or crisis stabilization unit) or provided by a Indian Health Care Provider (IHCP).	1592.00 1594.01
Authorizations are based on provider request, eligibility and available funding.	Yes, if planned and service are provided in a non- emergent setting – requires authorization.	
• GAIN-SS	No, if Emergent or planned and provided in an emergent type setting (i.e., Triage or crisis stabilization unit) or provided by an IHCP.	1594.01 1701.00
RESIDENTIAL TREATMENT – MENTAL HEALTH AND SUBSTANCE USE DISORDER (SUD)	Yes – requires authorization and concurrent review to determine continued stay.	1591.00 1532.00
Authorizations are based on provider request, eligibility and available funding.		

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INTENSIVE OUTPATIENT PROGRAM	No, for IHCP.	1594.01
Authorizations are based on provider request, eligibility and available funding.	<b>Yes</b> , for in-network and out of network provider requests.	
MEDICATION EVALUATION AND MANAGEMENT	No, for IHCP.	1594.01
	<b>Yes</b> , for in-network and out of network provider requests.	1595.00
OPIATE TREATMENT PROGRAM	No, for IHCP.	1594.01
Authorizations are based on provider request, eligibility and available funding.	Yes, for in-network and out of network provider requests.	1595.00
INITIAL ASSESSMENT (MH AND SUD) AND OUTPATIENT SERVICES	No, for IHCP.	1594.01
Authorizations are based on provider request, eligibility and available funding.	<b>Yes</b> , for in-network and out of network provider requests.	1595.00
HIGH INTENSITY OUTPATIENT/COMMUNITY BASED SERVICES	Yes, for in-network and out of network provider requests.	1594.01
Program of Assertive Community Treatment (PACT)		1563.00
PSYCHOLOGICAL TESTING	Yes, for in-network and out of network provider requests.	1594.01 1595.00

The requirements and processes for the authorization of North Sound BH-ASO contracted services are dependent on the individual meeting eligibility criteria, medical necessity criteria, and the availability of North Sound BH-ASO funds. North Sound BH-ASO reserves the right to deny, reduce, suspend, or terminate an authorization due to changes in eligibility, changes in medical necessity, and availability of funding.