

Effective Date: 11/3/2020

Review Date: 11/3/2020

Revised Date: 11/2/2020

North Sound Behavioral Health Administrative Services Organization, LLC

Section 1700 – Clinical: Single Bed Certification (SBC)/Inpatient Resource Availability

Authorizing Source: WAC 246-341-1134, 182-100-0200, RCW 71.05, 71.34, DCR protocols

Approved by: Executive Director Date: 11/3/2020

Signature:

POLICY # 1728.00

SUBJECT: SINGLE BED CERTIFICATION (SBC)/INPATIENT RESOURCE AVAILABILITY

PURPOSE

The availability of a certified Evaluation and Treatment (E&T) bed or secure detox facility bed will not be a factor in determining whether or not to conduct an involuntary investigation for Behavioral Health condition.

The purpose of this policy is to outline the process for requesting an SBC from Western State Hospital (WSH) delegate for Health Care Authority (HCA) when there is a need for an individual to be detained to a facility not certified under Washington Administrative Codes (WAC) 246-341-1134 to provide involuntary mental health treatment to an adult.

The SBC request is also used when there is a need for a community facility to provide treatment to an adult on a 90- or 180-day inpatient involuntary commitment order for a maximum of 30 days; or to a facility not certified under WAC 246-341-1134 to treat an involuntarily detained or committed child until the child's discharge from that setting to the community or until he or she transfers to a Children's Long-Term Inpatient Program (CLIP).

DEFINITIONS

Single bed certification (SBC) refers to the process for requesting an exception to be granted to allow a facility that is willing and able, but is not certified, under WAC 264-341-1134 to provide timely and appropriate, involuntary inpatient mental health treatment to an adult on a 72-hour detention or 14-day commitment, or for a maximum of 30 days to allow a community facility to provide treatment to an adult on a 90- or 180-day inpatient involuntary commitment order (RCW 71.05.745).

For involuntarily detained or committed children, this exception may be granted to allow timely and appropriate treatment in a facility not certified, until the child's discharge from that setting to the community or until they transfer to a bed in a CLIP facility

Attestation means the facility confirmed it is willing and able to provide adequate treatment services and will provisionally accept placement upon receipt of the approved SBC.

Unavailable Detention Facilities Report (also No-Bed Report) refers to when a DCR determines a person meets criteria for involuntary inpatient treatment but is unable to detain the person at risk due to the lack of an available E&T bed and the person cannot be served by using an SBC.

Substance use disorder (SUD) means a cluster of cognitive, behavioral, and physiological symptoms indicating that an individual continues using the substance despite significant substance-related problems. The diagnosis

of a substance use disorder is based on a pathological pattern of behaviors related to the use of the substances (RCW 71.05.020).

Mental disorder is any organic, mental, or emotional impairment, which has substantial adverse effects on an individual's cognitive or volitional functions (RCW 71.05.020).

POLICY

SBCs must meet all requirements as outlined in this policy. The facility that is the site of the proposed SBC confirms it is willing and able to provide directly or by direct arrangement with other public or private agencies, timely and appropriate mental health treatment and the request describes why the individual meets at least one (1) of the following criteria:

1. The individual is expected to be ready for discharge from inpatient services within the next 30 days and being at a community facility would facilitate continuity of care, consistent with the individual's treatment needs.
2. The individual can receive appropriate mental health treatment in a residential treatment facility, as defined in WAC 246-337-005.
3. The individual can receive appropriate mental health treatment at a:
 - a. Hospital with a psychiatric unit;
 - b. Hospital that can provide timely and appropriate mental health treatment; or
 - c. Psychiatric hospital.
4. The individual requires medical services that are not generally available at a facility certified under 246-341-1134.
5. The individual is awaiting transportation to an identified bed at a certified E&T and the Emergency Room is willing and able to provide mental health treatment in the interim.

PROCEDURE

1. When conducting an Involuntary Treatment Act (ITA) investigation in circumstances which result in a SBC, the DCR and North Sound BH-ASO's delegate will proceed as follows:
 - a. DCR determines whether or not the person meets detention criteria following all applicable Washington State laws for the ITA or Less Restrictive Alternative (LRA) process.
 - b. When the DCR determines the individual meets emergent detention criteria, but has exhausted the list of beds provided by North Sound BH-ASO's delegate at the time of the initial dispatch, the DCR will call the North Sound BH-ASO's delegate at 800-747-8654 to report the case resulted in a SBC and hand the case off to North Sound BH-ASO's delegate for bed placement follow-up.
 - c. North Sound BH-ASO's delegate will call the attesting hospital to alert them when a bed becomes available on a daily basis.
2. If there is no E&T bed located and the DCR makes a determination the individual's treatment needs can be met via attestation with an SBC (defined above), the DCR will complete the detention and will:
 - a. Make a SBC request from WSH.
 - b. Will provide a copy of the approved SBC.
 - c. The DCR will call in the disposition in to the North Sound BH-ASO's delegate Triage line and speak directly to the Placement coordinator.

Unavailable Detention Facility Report (No Bed Reports)

1. If an E&T bed has not been located and the hospital cannot attest to being able to meet the individual's treatment needs, the DCR will notify the hospital of the inability to detain. The DCR is expected to do the following:
 - a. Document the individual has met detention criteria (RCW 71.05.150, 71.05.153, 71.34.700, or 71.34.710), but there are not any appropriate beds available.
 - b. Submit an Unavailable Detention Facilities Report (DCR no bed report) to HCA at fax# (360) 725-3480 or send via **secure encrypted** email to Hhcabhsia.bedrpt@hca.wa.gov, within 24 hours.
 - c. Re-contact North Sound BH-ASO's delegate with the case disposition to include name, location, date and time the investigation was completed, what the hospital has advised they are going to do with the patient.
 - d. Send copy of the DCR report to North Sound BH-ASO at fax # (360) 416-7017.
2. North Sound BH-ASO's delegate will re-contact the Emergency Department (ED)/hospital daily to check on the individual's status.
 - a. The DCR/MHP will regardless of location, conduct a daily face-to-face re-assessment to determine if the individual continues to meet criteria for detention.
 - b. When less restrictive options to detention are viable, the DCR will ensure the appropriate less restrictive occurs.
3. North Sound BH-ASO will continue to attempt to engage the individual for appropriate services for which the person is eligible and report back those attempts to HCA within seven (7) days.

ATTACHMENTS

None