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## **North Sound Behavioral Health Administrative Services Organization, LLC**

Section 1700 – Clinical: Single Bed Certification (SBC)/Inpatient Resource Availability

Authorizing Source: WAC 246-341-1131, 182-300-0100, RCW 71.05, 71.34, DCR protocols

Approved by: Executive Director Date: 3/12/2024

Signature:

### **POLICY # 1728.00**

### **SUBJECT: SINGLE BED CERTIFICATION (SBC)/INPATIENT RESOURCE AVAILABILITY**

#### **PURPOSE**

The availability of a certified Evaluation and Treatment (E&T) bed or Secure Withdrawal Management and Stabilization (SWMS) facility will not be a factor in determining whether or not a DCR shall conduct an involuntary investigation.

The purpose of this policy is to outline the process for requesting a Single Bed Certification (SBC) from Western State Hospital (WSH) delegate for Health Care Authority (HCA) when there is a need for an individual to be detained to a facility not certified under Washington Administrative Codes (WAC) 246-341 to provide involuntary mental health treatment to an adult.

The SBC request is also used when there is a need for a community facility to provide treatment to an adult on a 90- or 180-day inpatient involuntary commitment order for a maximum of 30 days; or to a facility not certified under WAC 246-341 to treat an involuntarily detained or committed child until the child's discharge from that setting to the community or until he or she transfers to a Children's Long-Term Inpatient Program (CLIP).

#### **DEFINITIONS**

**Single bed certification (SBC)** refers to the process for requesting an exception to be granted to allow a facility that is willing and able, but is not certified, under WAC 264-341 to provide timely and appropriate, involuntary inpatient mental health treatment to an adult on a 120-hour detention or 14-day commitment, or for a maximum of 30 days to allow a community facility to provide treatment to an adult on a 90- or 180-day inpatient involuntary commitment order or to a person who has been revoked from a less restrictive alternative order or conditional release. (WAC 182-300-0100).

For involuntarily detained or committed children, this exception may be granted to allow timely and appropriate treatment in a facility not certified, until the child's discharge from that setting to the community or until they transfer to a bed in a CLIP facility.

**Attestation means** the facility confirmed it is willing and able to provide adequate treatment services and will provisionally accept placement upon receipt of the approved SBC.

**Unavailable Detention Facilities Report (also No-Bed Report)** refers to when a DCR determines a person meets criteria for involuntary inpatient treatment but is unable to detain the person at risk due to the lack of an available E&T bed and the person cannot be served by using an SBC.

**Substance use disorder (SUD)** means a cluster of cognitive, behavioral, and physiological symptoms indicating that an individual continues using the substance despite significant substance-related problems. The diagnosis of a substance use disorder is based on a pathological pattern of behaviors related to the use of the substances (RCW 71.05.020).

**Mental disorder** is any organic, mental, or emotional impairment, which has substantial adverse effects on an individual's cognitive or volitional functions (RCW 71.05.020).

## **POLICY**

SBCs must comply with all requirements established in WAC 182-300-0100 and applicable WAC 246-341 standards. The facility that is the site of the proposed SBC confirms it is willing and able to provide directly or by direct arrangement with other public or private agencies, timely and appropriate mental health treatment.

## **PROCEDURE**

1. In the case of an adult, the DCR office as designee of North Sound Behavioral Health Administrative services Organization (North Sound BH-ASO) must submit a written request for a single bed certification to HCA or HCA's designee Western State Hospital (WSH).
2. In the case of a child, the facility must submit the written request to HCA or HCA's designee and provide a copy to the BH-ASO. HCA or HCA's designee must receive and approve the request in order for a facility to accept a person for timely and appropriate treatment.
3. In order to provide timely and appropriate mental health treatment, the facility receiving the single bed certification, or the public or private agency the facility has a direct arrangement with to provide mental health treatment, must:
  - a. Implement standards for administration that include written procedures to assure that a mental health professional, as defined in RCW 71.05.020, and all requirements pursuant of WAC 182-300-0100.
4. The single bed certification request must adequately describe why the person requires medical services that are not available at a facility certified under chapter 246-341 WAC, a state psychiatric hospital, or a facility that meets the requirements of WAC 182-300-0100.
5. A person who receives services under an SBC must be transferred to an E&T facility, state hospital, or other placement as soon as the attending physician considers the person medically stable and a bed becomes available, unless the treating facility consents to continue treatment and continued treatment in the current setting is consistent with the best clinical interests of the person.

## **ATTACHMENTS**

None