



# Statement of Work

## Recovery Navigator Program

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### **PURPOSE**

The Recovery Navigator Program (RNP) is designed to provide community-based outreach, intake, assessment, and connection to services to youth and adults with substance use disorder (SUD), including for persons with co-occurring substance use disorders and mental health conditions. The primary function of RNP is connection and stabilization with respect to a variety of social determinants/vulnerability factors. Individuals referred to the program from a diversion source or social contact referral will benefit from coordinate connections to a broad range of community resources for youth and adults with substance use disorder, including treatment and recovery support services.

### **DEFINITIONS**

#### Community-Based Organizations

A public or private nonprofit organization that is representative of a community or significant segments of a community; and provides educational, health, social support, or other related services to individuals in the community.

#### Developmentally Appropriate

Engagement and services and/or support that account for varying rates of mental, emotional, and social development-based age-related milestones, and is designed to meet the needs of specific populations.

#### Field-based

The “field” means alleys, parks, encampments, and any community-based setting or location where engagement for the purpose of SUD outreach and referral would be beneficial. This could include hospitals, treatment centers, youth drop-in centers, temporary housing, schools, dispensaries, etc. Programs should feature or arrange for street-level behavioral health and medical services. Where such services exist, they should be engaged and supported to expand, not duplicated.

#### Holistic Services

Holistic services will consider the individual’s overall physical, mental, spiritual, and emotional well-being to promote increased quality of life and optimal health outcomes.

#### Intake

Program staff meeting with participant to discuss available resources, determine needs, and establish goals.

#### Outreach

Meeting people where they are physically and mentally at to engage in conversation and extend program offerings. Services are mobile and integrate teleservices when applicable. This includes identification of historically underserved and marginalized individuals and engagement of these individuals in assessment and ongoing supportive services as necessary.

#### Peer

General term for individuals who have the lived experience of recovery from mental health, substance use, and/or traumatic conditions, and who has specialized training and supervision to guide and support people experiencing similar conditions toward increased wellness.

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## Recovery

The definition of recovery is a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential, as determined by the individual's own understanding of their Recovery. There are four major dimensions that support a life in recovery: Health, Home, Purpose, and Community.

### **SERVICE POPULATION**

- Individuals with SUD and co-occurring substance use disorder and mental health who are at risk of arrest and/or have frequent contact with first responders, community members, friends, family, and who could benefit from being connected to supportive resources and public health services when amenable.
- Individuals who have frequent criminal legal system contact because of unmet behavioral healthcare needs.
- Individuals who are at risk of arrest, or already have been involved in the criminal justice system.
- Individuals who cannot, on their own, access local safety-net services.
- Individuals who are not served by office-based, appointment-based, time-limited care.

### **SERVICES**

Participation in the Recovery Navigator Program is voluntary. Participants only requirements: Complete an intake and sign a release of information.

1. Facilitate and coordinate connections to a broad range of community resources for youth and adults with substance use disorder, including treatment and recovery support services.
2. Coordination and communication between law enforcement, prosecutors, program staff, medical providers, and community partners is essential to the success of these programs.
3. Using the Harm Reduction, Trauma Informed, and Culturally Relevant Services for case management.
4. Response and care for people who live with unmanaged behavioral health needs, deep experiences of complex trauma, cognitive disabilities, persistent poverty, and often lifelong experiences of punishment, failure, betrayal, and marginalization.
5. Intensive case management and care coordination, stabilization housing when available and appropriate, and legal system coordination.

### **PROGRAM STAFFING**

The following staffing elements are necessary to meet the program standards with fidelity to the program model:

- RNP staff must include people with lived experience with substance use disorder to the extent possible.
- RNP should be staffed in a manner which reflects the visible diversity of the community they serve.
- Program managers will ensure that necessary multi-party releases and memorandums of understanding are in place to promote cross agency communication for service coordination purposes.
- Case managers primarily focus on individuals in their caseload to ensure that the participant's needs are being met and may be able to assist outreach and referral staff to ensure immediate field-based response when a referral is made.

**COORDINATION**

Coordination and communication between law enforcement, prosecutors, program staff, medical providers, and community partners is essential to the success of these programs.

**DATA/REPORTING**

Facilitates data collection, data reporting, and program evaluation efforts.

**DELIVERABLES**

Reports are submitted quarterly to HCA.