



**Advisory Board**  
**Pre-Meeting**  
**February 2, 2010**  
**12:15**

**By**  
**TBA**

## MEMORANDUM

DATE: January 27, 2010  
TO: NSMHA Advisory Board  
FROM: Chuck Benjamin, Executive Director  
RE: February 11, 2010, Board of Director's Agenda

---

Please note there are no items going before the Board of Directors at their February 11, 2010, meeting. If this should change, a revised memorandum will be available at the meeting.

cc: Charles R. Benjamin  
County Coordinators  
NSRSN Management Team

# NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

## Agenda

February 2, 2010  
1:00 PM

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the January 2010 Meeting Minutes, Chair – 5 minutes
4. Ombuds Report
5. Correspondence and Comments from the Chair – 5 minutes
6. New Business:
  - a. Mackie video
7. Old Business:
  - a. County Representatives report on other local Advisory Board rotation visits
8. Monthly Committee Reports
  - a. Executive Director's Report – Chuck Benjamin – 5 minutes
  - b. Finance Committee – 5 minutes
  - c. Executive Committee/Agenda Committee – 5 minutes
  - d. QMOC Report – 5 minutes
9. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
  - a. Consent Agenda
  - b. Action Items
  - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
  - a. Island
  - b. San Juan
  - c. Skagit
  - d. Snohomish
  - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
13. Adjournment

NOTE: The next Advisory Board meeting will be March 2, 2010, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)  
MENTAL HEALTH ADVISORY BOARD**

**January 5, 2010**

**1:00 – 3:00**

<b>Present:</b>	<b>Island:</b> <i>Candace Trautman and Terry Ann Gallagher</i> <b>Skagit:</b> <i>Mary Good and Joan Lubbe</i> <b>Snohomish:</b> <i>Fred Plappert, Marie Jubie, Otis Gulley and Arthur Jackson</i> <b>Whatcom:</b> <i>Russ Sapienza, Charles Albertson and Larry Richardson</i> <b>San Juan:</b> <i>Mary Ann Slabaugh</i>
<b>Excused Absence:</b>	<b>Whatcom:</b> <i>Darcy Hocker</i>
<b>Absent:</b>	<b>San Juan:</b> <i>Catherine Ellis</i>
<b>Staff:</b>	<i>Chuck Benjamin, Margaret Rojas and Barbara Jacobson</i>
<b>Guests:</b>	<i>Dave Callaban and Carol Ann Sullivan</i>

**MINUTES**

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION</b>
--------------	-------------------	---------------

<b>CALL TO ORDER AND INTRODUCTIONS</b>		
Chair Jackson	The Chair convened the meeting at 1:00 and introductions were made. There was a pre-meeting presentation from Eve Brown of Skagit County Peer Connections Drop-In Center.	Informational
<b>REVISIONS TO THE AGENDA</b>		
Chair Jackson	The Chair asked for any revisions to the agenda and legislative agenda, an email tree, a state board meeting, the expense policy, rotation of members in other counties and a list of meetings for board participation speaking on concerns was added.	Informational
<b>APPROVAL OF MINUTES</b>		
Chair Jackson	The Chair asked for any revisions to the December minutes. A motion was made to approve as written, seconded and motion carried.	Informational Motion carried
<b>OMBUDS REPORT</b>		
Chuck Davis	Chuck gave his snapshot report. He provided information about his feelings on the meeting with senators to find out how to make changes to mental health system work better. He discussed the meeting and his feelings of how disorganized it was. He added word about the meeting was not widely distributed and no one was prepared to discuss issues brought up by the Senators. He acknowledged until advocates, consumers and mental health providers get on the same page the mental health system will just continue to go around in circles. The consumer movement is stalled and consumers, administrators need to work together. NAMI board meeting tonight at Skagit Food Co-op.	Informational
<b>COMMENTS AND CORRESPONDENCE FROM THE CHAIR</b>		
Chair Jackson	The Chair had no comments.	Informational
<b>NEW BUSINESS</b>		
Chair Jackson	The Chair asked for any new business. It was suggested starting an email tree and legislative agenda effort. At Finance and	Informational

	<p>Executive Committees, it was discussed to put together an email tree to develop our position and talking points. This board needs to decide what legislative items to promote. The Advisory Board is not able to direct NAMI's agenda and they are very active. The Advisory Board needs to become more active. Larry noted NAMI is developing a statewide agenda and rank the importance of their items. This Board needs a cohesive agenda and with a unified message starting today as the legislative session is in session. Chuck B. noted the RSN's need to work together and coordinate on trying to minimize the funding cuts. The email tree will be Otis, Marie, Larry, Chuck D., Fred, Arthur, Terry Ann, Russ, Mary Ann and Candace with Mary Good by mail. Our legislators in this region are a large voice for us. One issue is the jail being defacto hospital and no Detox. Arthur stressed this Board needs to develop a unified message to take to the legislature when we visit next week and through the session. Discussion followed. The bullet points that will be talked about need to be developed in conjunction with the staff at NSMHA, which will be discussion points that can be used as we move forward. Margaret will develop an email distribution list to coordinate information.</p> <p>The January meeting about Program for Assertive Community Treatment (PACT) and Federal Block Grant (FBG) at SeaTac Holiday Inn, 17338 International Boulevard, January 13<sup>th</sup> MHPAC meeting from 9:30 – 3:30. They are limiting participation to one RSN representative and one Advisory Board member. Otis &amp; Fred volunteered to attend on behalf of the Advisory Board. The primary will be Fred with Otis secondary.</p> <p>Rotation of NSMHA Advisory Board members to exchange ideas and network, etc. with other local County Advisory Boards is up for discussion. NSMHA would like Advisory Board members to go back to their local Boards and see if they can get approval for cross pollination and report back next month. This interaction would occur a two or three times throughout the year. Discussion followed.</p> <p>The Advisory Board Expense Policies are on the Finance agenda for discussion next month. The policies will be sent out to full Board for review. The requirements/procedures will be discussed for incorporation in policy review.</p> <p>Otis would like to know who would like to go on site visits in Snohomish County, such as Group Health, Everett clinic, auditors' office to explain to employees about persons with disabilities for stigma reduction. Put a human face on disability. Mary Ann, Russ and Otis will work on this together regarding these type site visits.</p>	<p>Develop email tree for distribution of legislative information</p> <p>Representatives report back next month regarding rotation 2-3 times a year</p> <p>Review Expense Policy for discussion next month</p>
--	---	--

<b>OLD BUSINESS</b>		
Chair Jackson	The Chair asked for any old business and none were mentioned.	Informational
<b>MONTHLY COMMITTEE REPORTS</b>		
	<b>Executive Director's Report</b>	
Chuck Benjamin	<p>Greg noted the Clinical Guidelines and Quality Management report was reviewed at the previous Advisory Board meeting and was approved to go before the BOD. However, the documents did not need to go to BOD as it went through the other Boards. Chuck added any policy that has gone through the approval process the BOD does not need/want to see them for approval. However, if there is any dissension they will go before the BOD.</p> <p>There are surplus computers and NSMHA wants to send notice to providers seeking their wishes and back to Advisory Board for distribution approval.</p>	<p>Informational</p> <p>Send out notice to providers regarding surplus computers for input &amp; review by AdB for distribution</p>
	<b>Finance Committee</b>	
Mary Good	Mary gave the committee report.	Informational
	<b>Executive/Agenda Committee</b>	
Chair Jackson	Arthur noted Catherine Ellis will be contacted by Marie Jubie to gauge her interest in remaining on the NSMHA Advisory Board then a letter will be sent.	Informational
	<b>Quality Management Oversight Committee (QMOC) Report</b>	
Marie Jubie	There was no report because the December meeting was canceled.	Informational
	<b>Nomination Committee</b>	
Chair Jackson	Nominating committee: Marie Jubie for Vice Chair of NSMHA Advisory Board was nominated and Terry Ann nominated Otis. Nominees were asked to leave the room. Marie received the majority of votes and is the new Vice Chair.	Informational
<b>ITEMS BROUGHT TO THE BOARD OF DIRECTORS</b>		
Chuck Benjamin	<p><b>Introduction and Action Items</b></p> <p>The equipment at Rainbow Center is being worked on by NSMHA and will report back next month.</p> <p>There are three (3) contracts going forward to the Board of Directors (BOD) having to do with General Assistance Unemployable (GAU). The allocation of slots is still to be determined though there are 97 total slots. A motion was made to recommend approval by the BOD, seconded and motion carried.</p>	<p>Informational</p> <p>Equipment @ WCPC is being reviewed – report will be given next month</p> <p>Motion carried</p>
<b>COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS</b>		
Island	Candy gave her report stating the mental health counselor from schools spoke on the topics most important in the schools, such as, suicide prevention in the high school. Committee reports were also given. Island may have to cut their human services departments, which will have a large impact.	Informational

San Juan	Mary Ann noted the state budget cuts to human service. There is no one to do GAU approvals on San Juan. Community based mental health services are being implemented. Barbara LaBrash is attending the crisis services meetings.	Informational
Skagit	Mary said they have not met yet so she had nothing new to report at this time. Their next meeting will be held jointly with Substance Abuse.	Informational
Snohomish	<p>Snohomish County has released two (2) Requests for Proposals (RFP) related to their 1/10th sales tax.</p> <p>The first RFP is for contracts to provide Chemical Dependency and/or Mental Health services to low-income and indigent residents of Snohomish County. Proposals are due January 7, 2010. Snohomish County Human Services has developed RFP packets containing qualification standards and response instructions for the following service(s): Youth and Adult Chemical Dependency Services; Youth and Adult Mental Health Services; Youth and Adult Residential Services; Adult/Older Adult Outreach with Mental Health Focus; and Hospital Emergency Room Services</p> <p>The second RFP is for contracts to provide school prevention/intervention services targeting youth-at-risk of becoming harmfully involved with alcohol or other drugs or are experiencing serious social/emotional problems. Snohomish County is also seeking proposals for contracts implementing wellness programs into existing chemical dependency or mental health treatment programs. An applicant's conference is scheduled for January 8<sup>th</sup>, and proposals are due to the county by February 2<sup>nd</sup>.</p> <p>Molina Healthcare and Compass Health have collaborated to establish a new Behavioral Health Medical clinic in Everett at the Compass Health Bailey Center. Groundbreaking is underway.</p>	Informational
Whatcom	Larry noted they are going to meet jointly with Substance Abuse. Russ noted the expansion of the Wellness Recovery in Action Program (WRAP) in Bellingham and a new one in Ferndale. January 11 <sup>th</sup> is their next meeting. He added there was no meeting in December of the Whatcom Board.	Informational
<b>COMMENTS FROM THE PUBLIC</b>		
Dave Callahan	Dave Callahan would like to share his concerns about his treatment services. He is with Snohomish County Program for Assertive Community Treatment (PACT). He has had four (4) Case Managers (CM) to date, been bounced around and currently has no housing. He had a one (1) week voucher for housing but it has run out and he no longer has housing. He was encouraged when he talked with Chuck Davis. He has been in PACT since February 2009. He was told NSMHA will investigate and report	Informational

Otis Gulley	<p>back at the next meeting. Marie will look into this situation as she is on the PACT Advisory Board.</p> <p>Otis noted he spoke with Board about Catholic Community Services (CCS) and his daughter last month. He shared the letter he received from CCS. He noted his daughter is now in an apartment and stable and thanked CCS for their help.</p>	
<b>OTHER BUSINESS</b>		
Charles Albertson	Charles relayed a personal story.	Informational
Otis Gulley	Otis thanked Marie for all her help over the past year.	
Fred Plappert	Fred thanked the Board for prayers during his absence and updated all on his health.	
<b>ADJOURNMENT</b>		
Chair Jackson	The meeting was adjourned at 2:30 and the next meeting will be February 2, 2010.	Informational