



Advisory Board Pre-meeting

Wraparound Update Report & Walking in Recovery - DVD

July 6, 2010

12:15

By

Julie de Losada

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The Mental Health Transformation Project, Office of the Governor, State of Washington

MEMORANDUM

DATE: June 28, 2010

TO: NSMHA Advisory Board

FROM: Chuck Benjamin, Executive Director

July 8, 2010, Board of Director's Agenda RE:

NOTE: Please note as of June 28, 2010, I do not know of any items going before the Board of Directors at their July 8, 2010, meeting. If this changes, there will be a revised memorandum in your manila folders.

Charles R. Benjamin County Coordinators

NSRSN Management Team

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

July 6, 2010 1:00 PM

- 1. Call to Order Introductions, Chair 5 minutes
- 2. Revisions to the Agenda, Chair 5 minutes
- 3. Approval of the June 2010 Meeting Minutes, Chair 5 minutes
- 4. Ombuds Report
- 5. Brief Announcements 3 minutes
 - a. Behavioral Health Conference Update
- 6. Correspondence and Comments from the Chair 5 minutes
- 7. New Business:
- 8. Old Business:
- 9. Monthly Committee Reports
 - a. Executive Director's Report Chuck Benjamin 5 minutes
 - b. Finance Committee Mary Good 5 minutes
 - c. Executive Committee/Agenda Committee Charles Albertson 5 minutes
 - d. QMOC Report 5 minutes
- 10. Items To Be Brought Forward To The Board of Directors Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
- 11. Comments from County Advisory Board Representatives 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
- 12. Comments from Public 5 minutes
- 13. Adjournment

<u>NOTE:</u> The next Advisory Board meeting will be August 3, 2010, in the NSMHA Conference Room.

North Sound Mental Health Administration (NSMHA) MENTAL HEALTH ADVISORY BOARD June 1, 2010

June 1, 2010 1:00 – 3:00

Present:	Island: Terry Ann Gallagher
	Skagit: Mary Good and Susan Ramaglia
	Snohomish: Arthur Jackson, Marie Jubie and Fred Plappert
	Whatcom: Charles Albertson, Larry Richardson and Russ Sapienza
Excused Absence:	San Juan: Mary Ann Slabaugh
	Island: Candace Trautman
	Snohomish: Otis Gulley
Absent:	Skagit: Joan Lubbe
Staff:	Margaret Rojas, Chuck Benjamin and Rebecca Pate, recording
Guests:	Jeanette Anderson, Chuck Davis and Carol Ann Sullivan

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDE	R AND INTRODUCTIONS	
Chair Jackson	The Chair convened the meeting at 1:01. There was a premeeting by NAMI Skagit.	Informational
REVISIONS TO	THE AGENDA	
Chair Jackson	The Chair asked for any revisions to the agenda and he added discussion of Behavioral Health Conference (BHC) scholarships and Crisis System Review Implementation Committee. Charles requested materials for Planning Committee.	Informational Get Planning Committee info to Charles A.
APPROVAL OF I	MINUTES	
Chair Jackson	The Chair asked for any revisions to the May minutes. Russ changes "article" to "letter" under brief announcements. Susan changed under Skagit County report "hospice" to "hospital/emergency services". Fred made a motion to approve	Informational
	as amended, Susan seconded and motion carried.	Motion carried
OMBUDS REPO	RT	
Chuck Davis	Chuck presented the Ombuds/Quality Review Team snapshot report.	Informational
	Marie invited Chuck D. to attend a Snohomish County Program for Assertive Community Treatment Advisory Board meeting. Chuck asked her to call him with the information and he would be happy to attend.	
BRIEF ANNOUR	NCEMENTS	
Chair Jackson	The Chair asked if anyone had any announcements. Chuck B. mentioned he has a new granddaughter born May 29 th at 9:44 pm named Delaney Grace Pike. She is his first Washington State grandchild.	Informational

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	Larry mentioned a former student of his that is high ranking	
	person with the Neah Bay Tribal Community attended the Tribal	
	Conference and said it was very useful and worth the trip over.	
COMMENTS AN	D CORRESPONDENCE FROM THE CHAIR	
Chair Jackson	The Chair addressed the letter of praise received by NSMHA for	Informational
-	services rendered at Lake Whatcom Center.	
NEW BUSINESS		
Chair Jackson	The Chair asked for any new business and the video that was recently obtained "Walking in Recovery". It is available in the Advisory Board Library for check out.	Informational
	Arthur requested a motion to purchase the book "Welcome to the Jungle". Marie made a motion to purchase, Fred seconded and discussion followed. Charles said providers should be made aware of this book for purchase. Charles made a motion to send a letter to providers to purchase a copy of the book, seconded and motion carried. Larry suggested a list of library contents be included in the letter. Charles accepted the amendment to his motion and it was seconded and motion carried. Arthur asked for vote for initial book purchase. Chair asked for the vote to approve the book purchase and motion carried.	MR draft ltr to Providers regarding this book & info in library Motion carried Motion carried Motion carried
	The Chair asked for any old business and the additional Behavioral Health Conference (BHC) registrations were mentioned. Charles made a motion to approve the additional expenditure for registrations at a cost of \$215/person for a total of \$1,290, Fred seconded and motion carried.	Motion carried
	Chuck mentioned the Crisis System Review Report was approved by the Board of Directors (BOD). With BOD acceptance an Implementation Committee needs to be established with 15-16 members total. Chuck stated the implementation committee needs 3-4 consumer/advocate representatives and under this will be ad hoc committees for Island, San Juan, Skagit (3 combined), Whatcom and Snohomish to discuss local issues regarding the Crisis Response System. The overall implementation committee will probably meet once a month but the ad hoc committees meeting frequency will meet according to county needs. He mentioned the county ad hoc committees will meet differently due to implementation stages they are at with their 1/10 funding but these committees will still report back to the regional committee. Arthur stated Otis would cover Snohomish, Candace would cover Island, San Juan and Skagit and Russ will represent Whatcom. Larry made a motion to appoint the three mentioned individuals to the Crisis System Implementation Planning Committee, Charles seconded and motion carried. Arthur asked Rebecca to	Motion carried
	notify Otis and Candy about their appointment and possibility of meeting this month. Larry requested a brief summary of what would be involved. Chuck briefed the Board on what this Committee would entail.	Rebecca will notify Candace and Otis

OLD BUSINESS		
Larry Richardson	Larry asked for details for the Behavioral Health Conference and Rebecca briefed the Board on the details.	Informational
Arthur Jackson	The cross-collaboration of members attending other local County Advisory Boards was mentioned. It was stated a schedule of local Advisory Board meetings are available in the Advisory Board Handbook.	
MONTHLY CON	MMITTEE REPORTS	
	Executive Director's Report	
Chuck Benjamin	Chuck said contracts and contract amendments are being prepared for presentation/renewal to the BOD. He added a provider and consumer/advocate meeting was held regarding funding. Funding cuts will not occur between now and December until NSMHA knows how Provider One is going to establish eligibles/areas of coverage via zip codes. How Provider One sets things up could mean NSMHA will lose and/or gain Medicaid eligible consumers. He said NSMHA is hoping to gain some eligible people because that would bring an increase in funding. Chuck stated the integrated provider meeting went well and the light continues to shine on "Vision of Hope – Paths to Recovery".	Informational
	Larry asked how the new healthcare plan will affect Medicaid people. Chuck stated it would but not until 2014 and it is anticipated a 30% increase in Medicaid eligible individuals. Chuck said he does not know if this will affect the "Access to Care Standards" but it is hoped the standards will go away because then the region could treat anyone with a mental illness. This process is broadening the eligibility for Medicaid.	
	Finance Committee	
Mary Good	Mary stated the committee met and discussed the expenditures and they were straightforward. Marie made a motion to recommend approval of expenditures by the BOD, Fred seconded and motion carried.	Informational Motion carried
	Executive/Agenda Committee	
Chair Jackson	The chair stated the Crisis System Review Implementation Committee was discussed. Marie made a motion to accept the recommendation from the Executive Committee, seconded and motion carried.	Informational Motion carried
	Quality Management Oversight Committee (QMOC) Report	1viouon cameu
Marie Jubie	Marie gave the QMOC report.	Informational
	 The meeting was held May 26, 2010, and the April summary was approved as written. The following announcements were made: Greg mentioned WAC revisions have come out which will affect clinical decisions and policies. 	

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	b. Heather Fennell mentioned E&T facilities will be	
	going "smoke free" effective July 1st.	
	3. The following Quality Issues were discussed:	
	a. Charissa briefly reviewed the recommendation	
	from the CA/LOCUS workgroup with the	
	members under Tab 5 and QMOC made a	
	recommendation to move forward.	
	b. Diana reviewed the Exhibit N report with the	
	group. Fred made a motion to recommend	
	approval by the BOD, Chuck D. seconded and	
	motion carried.	
	c. Greg briefly reviewed the "Differential Guideline	
	for Children and Adolescents with Behavioral	
	Disturbances". Greg stated if you have any	
	comments/input email them to Sandy Whitcutt.	
	d. Julie addressed the "Recovery Plan Guideline",	
	stated she is interested in any feedback, and	
	requested feedback be sent to her via email.	
	4. QMOC Policy Subcommittee presented the following	
	policies for approval:	
	a. 1532.00 – Residential Placement (approved)	
	b. 1542.00 – E&T Facilities Admission Medical	
	Clearance Criteria (approved with changes once	
	changes are accepted by ICRS)	
	c. 1543.00 – Nursing Assessment for Consumers at	
	E&T Facilities (approved)	
	d. 1550.00 – Early Periodic, Screening and	
	Diagnostic Treatment (EPSDT) (approved)	
	e. 1557.00 – Safety Policy (Marty's Law) (approved)	
	f. 1563.00 – Program of Assertive Community	
	Treatment (PACT) (approved)	
	g. 1567.00 – Intensive Outpatient Program (IOP) for	
	Adults (approved)	
	h. 1577.00 – E&T Facilities Refusal and Review	
	Process (approved)	
	5. ICRS Policy Subcommittee presented the following policy	
	for approval:	
	a. 1716.00 – Accessing Developmental	
	Disability/Mental Health Crisis Support Services	
	(approved)	
	The next meeting will be June 23, 2010, from 1-3.	
ITEMS BROUGH	TT TO THE BOARD OF DIRECTORS	•
	Introduction and Action Items	
Chuck Benjamin	Chuck said the only items going to the BOD are regular monthly	Informational
,	claims.	
	Margaret said there will be some contract amendments due to	
	some funding changes that are being worked on by Bill. The	
	funding changes will be presented to the Planning Committee on	
	Friday.	

COMMENTS	FROM COUNTY ADVISORY BOARD MEMBERS	
Island	.1% tax initiative programs	Informational
	Counseling Connections Program Fifteen therapists with contracts are matched up with clients. Some unresolved points include:	
	 a) Some clients need psychiatric medications and the current contracted providers cannot prescribe meds. b) Therapists are needed who are qualified to counsel clients with Co-Occurring Disorders. c) This counseling program is not currently serving Camano Island clients, but plans to be available there by midsummer. 	
	 2) School Counseling Island County lacked school counselors in each district/school until the .1% tax initiative. Teachers, students, and principals continue to affirm the positive effects of this new program. The current staff plans to return next fall. 3) Revamping the NSMHA Mental Health Crisis System Jackie Henderson, Island County Coordinator of Human Services, talked about the new Crisis Stabilization Units (CSU) concept planned region-wide. Her greatest concern is the effects on small population counties, such as Island and San Juan. Island County commissioner John Dean from Camano Island serves on NSMHA's Board of Directors. He and Jackie continue to educate on the unique needs of island populations and push for creative pilot programs to meet mental health crisis needs. 4) Community Mobilization (CM) Funding for CM decreased due to budget cuts and available grants will now go to Human Services under Jackie Henderson's supervision. One of CM's major functions over the past years has been meth awareness programs. This program evolved over the past few years due to the decrease in active meth labs in Island County. Currently the program educates residents of the problems associated with living in a dwelling that formerly housed a meth lab. My main point here is that the new caps on administrative costs often affect small population counties from even accepting the grant money in the first place. However, in this case, at least the funds are channeled back into larger county's programs. 5) Other: Candy – will serve on the Crisis Review Committee if 	
San Juan	appointed and plans to attend WA BHC in Yakima. No representative present. Rebecca will email Mary Ann about	Informational
- ···- <i>y</i>	possibly attending July's meeting via telephone.	Contact Mary Ann Slabaugh

Skagit	Susan mentioned their next meeting is not until next Monday.	Informational
	She mentioned they held CIT for about 19 law enforcement officers last week, which included a presentation by Antonella Novi and Jeanette Anderson, and it went well. She said an extra \$5,000 was put into the jail budget for psychiatric consultations and possibly a treatment oriented group.	
	There will be a NAMI monthly education presentation on Mental Health services in the Skagit County Jail next Tuesday with Gary Shand, head of Skagit County Jail, and two social workers present. This meeting will be at the First United Methodist Church at 1607 E. Division in Mount Vernon at 7 pm.	
Snohomish	Fred said the 1/10 projects reports were given by Bridgeways and Sunrise. The Program for Assertive Community Treatment (PACT) team is continuing to search for full staffing. However, with the NorthStar incident there have been issues with clients to deal with recently.	Informational
	The Chemical Dependency (CD)/Mental Health (MH) Sales Tax Board will host a Community Forum on Wednesday, June 16 th , beginning at 7:00 pm at Compass Health (4526 Federal Avenue, Everett). The forum gives contractors/interested agencies and the community an opportunity to provide input on the CD and MH service system in Snohomish County and help identify community needs and service gaps. The Board will use this information, along with information from current contractors and staff, to assist with preparing a budget recommendation for 2011 at the June 30 th Board meeting.	
	Mental health providers from Snohomish County who plan to participate in this year's Project Homeless Connect are meeting this week to coordinate planning and prepare for the big event scheduled June 29 th from 9-3.	
	Representatives from DSHS Home and Community Services (HCS), Western State Hospital (WSH) and Snohomish County Community Mental Health (including the liaisons to WSH) met last week to improve communication and coordination for the individuals who are in residence at the hospital, specifically related to discharge planning. Continuing conversations are planned to insure collaboration and build relationships with new and changing staff.	
	Snohomish County's Crisis Intervention Team Training is scheduled for June 7-11 th at the North Precinct in Marysville.	
	Marie said they visited Bridgeways manufacturing facility and had a tour.	

Whatcom	Russ said Mental Health (MH) and Substance Abuse (SA) met jointly last month with a brief legislative update. Programs currently funded by the 1/10 Sales Tax are as follows: • MH Treatment • Prescriptions • Chemical Dependency (CD) • Jail diversion • Drug & Family Treatment Court • Behavioral Health Support for School Districts • Administration direct support • Community Treatment for uninsured • Trying to get more funding sources for Crisis Stabilization Units (CSU) & Detox • New reserve fund • Re-entry services for people that are homeless • Recovery support services • Crisis Intervention Training (CIT) They addressed gaps and needs in service system. Gaps in jail diversion and crisis diversion for people that are homeless were discussed. All agencies are planning to have treatment for Opiates. Hopefully, the gaps being bridged will improve psychological assessments, particularly, Axis II but not necessarily the actual mental illness for those in jails. He gave a copy of the actual budget to Rebecca for NSMHA files.	Informational
	The final report for the 1/10 funding and homeless count were	
COMMENTED ED	presented at their meeting.	
	OM THE PUBLIC	Γ
Charles Albertson	Charles said this will probably be his last meeting with the NSMHA Advisory Board. He stated he hopes to contact and encourage Andrew Davis to take his place on the Board. He said his work the last 30 years in the music industry is soon to be rewarded financially and he will probably be leaving Washington. He stated he will submit a formal letter of resignation to the Board. He thanked all for being here, being supportive and going above and beyond the call of duty to ensure he was taken care of recently. He acknowledged he could have no better friends than he has developed here and wanted all to know how much he appreciated them. Arthur stated all wish him the best in the future.	Informational
Rebecca Pate	Rebecca mentioned she received word from Darcy Hocker that she has moved to Oregon so there will be another vacancy in Whatcom. Rebecca will contact Darcy to ensure accuracy.	
Arthur Jackson	Arthur said a meeting will be held June 16 th for Snohomish County 2011 budget for 1/10 funding discussions at Compass	

DRAFT not yet approved by Advisory Board

	Health Federal Campus. The beginning of the meeting from 5:30-7:30 will be for vendors to address the Board and 7:30 – 8:30 will be for the public to make their comments to the Board.	
Marie Jubie	Marie said starting June 13 th transit services will be suspended until revenue picks up for holidays and Sunday transportation.	
Russ Sapienza	Russ said Whatcom Transit will hold a meeting June 17 th to discuss whether to cut Sunday services entirely. Russ stated the tax levy failed in Whatcom; therefore, Sunday, holidays and lightly used routes services will be cut.	
OTHER BUSINESS		
Chair Jackson	The Chair asked for any other business and it was encouraged for all to continue to write their congressional and state legislators to voice concerns about budget cuts.	Informational
ADJOURNMENT		
Chair Jackson	A motion was made to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 2:20 pm and the next meeting will be July 6, 2010.	Informational Motion carried