

Advisory Board

Pre-Meeting

April 5, 2011

12:15

PRISM Projects

By

Compass Health

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Whatcom Counseling & Psychiatric Clinic

MEMORANDUM REVISED

DATE: March 31, 2011

TO: NSMHA Advisory Board

FROM: Chuck Benjamin, Executive Director

RE: April 14, 2011, Board of Director's Agenda

The following items will be going before the Board of Directors for approval at their April 14th meeting:

MEDICAID FUNDING:

To approve NSMHA-BRIDGEWAYS - MEDICAID-09-11 AMENDMENT 5 for the provision of increasing Medicaid funding to this Agreement by \$13,947 for April 1, 2011 through June 30, 2011.

To approve NSMHA-COMPASS HEALTH - MEDICAID-09-11 AMENDMENT 7 for the provision of increasing Medicaid funding to this Agreement by \$346,431 for April 1, 2011 through June 30, 2011.

To approve NSMHA-INTERFAITH - MEDICAID-09-11 AMENDMENT 4 for the provision of increasing Medicaid funding to this Agreement by \$9,393 for April 1, 2011 through June 30, 2011.

To approve NSMHA-LAKE WHATCOM - MEDICAID-09-11 AMENDMENT 4 for the provision of increasing Medicaid funding to this Agreement by \$150,446 for April 1, 2011 through June 30, 2011.

To approve NSMHA-SEA MAR - MEDICAID-09-11 AMENDMENT 5 for the provision of increasing Medicaid funding to this Agreement by \$14,103 for April 1, 2011 through June 30, 2011.

To approve NSMHA-SUNRISE - MEDICAID-09-11 AMENDMENT 5 for the provision of increasing Medicaid funding to this Agreement by \$17,136 for April 1, 2011 through June 30, 2011.

To approve NSMHA- WHATCOM COUNSELING & PSYCHIATRIC- MEDICAID-09-11 AMENDMENT 5 for the provision of increasing Medicaid funding to this Agreement by \$46,104 for April 1, 2011 through June 30, 2011.

STATE FUNDING:

To approve NSMHA-BRIDGEWAYS - SMHC-09-11 AMENDMENT 3 for the provision of decreasing State funding to this Agreement by \$ 13,947 for April 1, 2011 through June 30, 2011.

To approve NSMHA-COMPASS HEALTH - SMHC-09-11 AMENDMENT 7 for the provision of decreasing State funding to this Agreement by \$346,431 for April 1, 2011 through June 30, 2011.

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To approve NSMHA-SUNRISE - SMHC-09-11 AMENDMENT 3 for the provision of decreasing State funding to this Agreement by \$17,136 for April 1, 2011 through June 30, 2011.

To approve NSMHA-WCPC - SMHC-09-11 AMENDMENT 3 for the provision of decreasing State funding to this Agreement by \$46,104 for April 1, 2011 through June 30, 2011.

COUNTY FUNDING:

To approve WHATCOM COUNTY-NSMHA-INTERLOCAL AGREEMENT-11 for the provision of a funding transfer to NSMHA for the operation of the Whatcom Crisis Triage Center. This funding will enhance services of the Mental Health Stabilization beds and provide a medical service in the Triage. The term of this Agreement is April 1, 2011 through December 31, 2011 for a maximum consideration of \$286,000.

WHATCOM COUNSELING AND PSYCHIATRIC (WCPC) TRIAGE CENTER:

To approve NSMHA-WCPC-SMHC-09-11 AMENDMENT 3* for the provision of removing Crisis Respite Services and funding from this Agreement and adding language for the implementation of the Mobile Outreach Team. This is a reduction of \$27,776 for this Agreement.

To approve NSMHA-WCPC-MEDICAID-09-11 AMENDMENT 5* for the provision of removing Crisis Respite Services and funding from this Agreement and adding language for the implementation of the Mobile Outreach Team. This is a reduction of \$55,113 for this Agreement.

To approve NSMHA-WCPC-CRISIS TRIAGE-11 for the provision of Stabilization Services at the Crisis Triage Center in Whatcom County. The funding for this Agreement is Medicaid, State and Local funds. The term of this Agreement is April 1, 2011 through September 30, 2011. The maximum consideration for this Agreement is \$ 349,389 for the period of April 1, 2011 through June 30, 2011.

*amendment is inclusive of Medicaid transfer, removal of respite and addition of mobile outreach.

PROFESSIONAL SERVICE AGREEMENT:

To approve NSMHA-JARVIS & ASSOCIATES-PSC-11 for the provision of consultation services as the North Sound explores becoming and/or developing a Regional Health Care Authority. The funding of this Agreement covers Phase 1 of the process, approximately 35 hours of consultation and 5 hours of administrative staff time. The maximum consideration for the Agreement is \$9,000 inclusive of all related costs to said consultation services.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

April 5, 2011 1:00 PM

- 1. Call to Order Introductions, Chair 5 minutes
- 2. Revisions to the Agenda, Chair 5 minutes
- 3. Approval of the February 2011 Meeting Minutes, Chair 5 minutes
- 4. Ombuds Semi-annual Report
- 5. Correspondence and Comments from the Chair 5 minutes
- 6. New Business:
 - a. SafeTALK Training Skagit Valley Hospital, April 27th, 8:00 noon
- 7. Old Business:
 - a. Tribal Conference Scholarships update on changes
 - b. BHC Rooms
- 8. Monthly Committee Reports
 - a. Executive Director's Report Chuck Benjamin 5 minutes
 - b. Finance Committee 5 minutes
 - c. Executive Committee/Agenda Committee 5 minutes
 - d. QMOC Report 5 minutes
- 9. Items To Be Brought Forward To The Board of Directors Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
- 10. Comments from County Advisory Board Representatives 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
- 11. Comments from Public 5 minutes
- 12. Other Business
- 13. Adjournment

NOTE: The next Advisory Board meeting will be June 7, 2011, in the NSMHA Conference Room.

North Sound Mental Health Administration (NSMHA) MENTAL HEALTH ADVISORY BOARD

February 8, 2011 1:00 – 3:00

Present:	Island: Candy Trautman & Terry Ann Gallagher
	San Juan: Mary Ann Slabaugh
	Skagit: Mary Good & Susan Ramaglia
	Snohomish: Fred Plappert & Arthur Jackson
	Whatcom : Russ Sapienza, Mark McDonald & Darcy Hocker
Excused:	Otis Gulley
Absent:	Joan Lubbe
Staff:	Chuck Benjamin, Margaret Rojas, Lisa Grosso & Barbara Jacobson
Guests:	Jocelyn Van Coney, Compass Health, Kay Tillema, Compass Health, Shelly Longacres & Chuck
	Davis.

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER AND INTRODUCTIONS			
Chair Trautman	The Chair convened the meeting at 1:05 pm and introductions were made.	Informational	
REVISIONS TO	REVISIONS TO THE AGENDA		
Chair Trautman	The Chair asked for any revisions to the agenda and under new business site visits for 2011 and a letter of concern that Chuck will address is added.	Informational	
APPROVAL OF	MINUTES		
Chair Trautman	The Chair asked for any revisions to the December minutes and there is a motion to approve as written by Arthur, seconded by Darcy; motion carried.	Informational Motion carried	
OMBUDS REPO	DRT		
Chuck Davis	Chuck D gave a brief overview and noted that there are 106 clients this year with more children and seniors being seen. There are a high number of complaints related to consumer rights. He noted that Kim is back now after an extended absence. Chuck noted that he works with practicum students from SVC and would be interested in working with other schools as well, contact him if interested.	Informational	
COMMENTS A	ND CORRESPONDENCE FROM THE CHAIR		
Chair Trautman	Chuck B noted that Chair Jackson received a letter from Jack Billsborough who used to be on this Board regarding his son with a mental illness being shot and killed by another resident with mental illness. Chuck stated that Jack is writing many letters alleging negligence and it is being discussed here today as Arthur had received one. Chuck stated that NSMHA will need to meet with LWRTC to review the issues raised. This Board needs to take no action and Chuck will report back on this at a later date.	Informational	
NEW BUSINES	S		
Chair Trautman	Chair Trautman mentioned the following: a. The appointments for Finance and Executive committees were reviewed to see if more members need to be appointed. The Executive Committee has the Chair, Vice Chair, Fred, Otis and Darcy and is fully represented. The Finance has Fred as Chair, Mary, Darcy,	Informational	
	Mary Ann and Candy. Mark McDonald would like to serve on the Finance Committee and Candy appointed him to this committee. An		

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	email will go out if there is any change in time. b. Advocacy done by the Advisory Board members is being discussed; with the decision that was made to not sponsor the bus on NAMI day, what other advocacy can be done. Chuck B stated that the session is in full swing and will end in April or May. Arthur stated that he remembers the prior discussion revolving around trying to work on advocacy year round instead of spending the money on trips to Olympia. Chuck B stated that when we hear of a bill that needs our attention we should work with our contact tree that Margaret is setting up for emails; the larger that tree the more impact we would have. Mary Ann discussed her experience going with Marie J to Olympia and how well known she is and able to meet with many. Margaret noted that she can contact Marie but that everyone needs to contact and make appointments with their own representatives. Right now there is a bill regarding carve out of funds for ITA hearing costs and there is always the need to have our voices be heard on the budget cuts. Those interested in going to Olympia are Darcy, Russ, Mark and Fred. Margaret stated that she could take a carload down if we pick a day and everyone makes their own appointments. This trip would need to occur before the March revenue projections come out.	Margaret will make arrangements for trip to Olympia
	Margaret will check on a date and report back at end of meeting. c. The origami cranes have been stored here at NSMHA and we would like the Advisory Board to decide what to do with them. A suggestion is to give them to the Peer Centers. Darcy noted that they were hung in the rotunda at the court house in Whatcom two years ago as a visual way to show the 14,000 families affected with mental health issues. She had wanted them to go to Olympia and they never made it there. It is agreed to take them to Olympia on the trip to be arranged.	Take cranes to Olympia
	d. There is another round of asset donation requests to review; the first round was in December for laptops etc. The current allocation requests of Sunrise and San Juan County are attached and Russ makes a motion to approve the donation as requested, there is a second by	Motion carried
	Darcy, and motion carried. e. A site visit schedule for 2011 is being worked on by Rebecca; there are three budgeted for this year and the Board would like the Bailey Center added to the list for consideration. Rebecca will review prior site visits to determine where else to visit and can email out or add to agenda. Fred mentioned Aurora House as the new ARTF to visit as well.	Rebecca schedule site visits
OLD BUSINESS		
Chair Trautman	None.	Informational
MONTHLY CO	MMITTEE REPORTS	
	Executive Director's Report	
Chuck Benjamin	Chuck B noted that the Skagit County/NSMHA joint crisis respite, mobile outreach Request for Qualifications (RFQ) was sent out and four proposals were received. There was a tie between Pioneer Human Services and Compass; Pioneer was chosen and will take this over on April 1, 2011, from Compass who is currently doing this.	Informational
	The Senate and House budgets are more favorable to mental health so far with \$5 million returned statewide over the governor's budget.	

	We are working with Whatcom County and their providers to bring down involuntary commitment numbers and Skagit has started to decrease. We have not seen a drastic increase in hospitalization costs after the E&T closure. We are working with Snohomish County to integrate into their triage facility the crisis stabilization and detox; there will be 4 recliners and a peer advocate. Whatcom County is working on this as well. Finance Committee	
Fred Plappert	Fred gave a brief overview of the expenses noting that we went over \$2600 in our budget last year for Jan-Dec 2010. Expenses for January 2011 were \$27.54 with a total budget of \$25,518. Fred made a motion to move expenditures forward to the Board of Directors (BOD) for approval,	Informational
	seconded and motion carried. The Finance Committee is putting forward sponsoring 10 scholarships to the Tribal Conference on May 11 th at Warm Beach. The cost is \$60 per person plus transportation with a total budget of \$1200. Fred made a motion to sponsor 10 recipients to the Tribal Conference on May 11, seconded, motion carried. Russ, Mark, Candy & Mary have expressed interest so far. Rebecca will email out this info as it becomes available to the Advisory Board first and then the Peer Centers and others. The Finance Committee is putting forward sponsoring 15 scholarships for the Behavioral Healthcare Conference (BHC) on June 9-10. Leaving June	Motion carried to Approve 10 scholarships to 2011 Tribal Conference
	8th, two nights lodging, transportation and registration. Advisory Board members would have first choice. Fred made a motion to sponsor the 15 scholarships, seconded and motion carried. Mark, Fred, Candy, Darcy and Russ have expressed interest and Rebecca will email this out as well. The remainder of the budget will go to the Co Occurring Conference in October to be addressed at a later date.	Motion carried to sponsor 15 scholarships to BHC
	Executive Committee	
Chuck Benjamin	Candy noted that Chuck reported on the BOD work session. Chuck noted this session was to work on budget reductions, past and present. Peer Centers were discussed and though they are not mandated all agreed they are important. NSMHA is proposing to take \$450,000 (\$150,000/center) from Federal Block Grant (FBG) funds and asking the Counties to fund the rest. He has contacted the three counties with this request and is waiting to hear. We cannot eliminate but we can reduce the mandated services, so many tough choices coming.	Informational
	Healthcare Reform was discussed and the BOD hopes to work with the five counties in integrating health and mental health as we go forward. We are looking at a template from southwestern RSNs as a healthcare authority, to have all work under same umbrella in lieu of a for profit insurance company coming in and doing it for us.	
	Jamie Stevens now represents San Juan and Helen Price-Johnson now represents Island County on the BOD. Mark would like to see WCPC do a presentation on their peer center; Rebecca will add this to future presentations.	Rebecca arrange WCPC Peer Center Presentation

	Quality Management Oversight Committee (QMOC) Report	
Susan Ramaglia	Susan gave the following QMOC Report:	Informational
	 The meeting was held on Wednesday, January 26, 2011 The following announcements were made: NSMHA will cover up to \$2500 of the cost of returning the functionality for Volunteers of America (VOA) to send auto notifications to providers via email for crisis contacts. A quote is being sought from Raintree for this to be done. 	
	3. The following Quality Issues were discussed:	
	 a. Performance Measure of Impairment Kind that is causing confusion when being used on children. b. WCPC will be moving to an open access model to see clients on the same day they contact the Access Line for services in Whatcom County. c. An overview and discussion of the audits done on Utilization Reviews. d. The increase in expedited assessment requests was discussed with further work to be done. e. The Performance Improvement Project for timeliness of medication appointments was reviewed. f. Closer reviews of Locus Level 1 and 2 were discussed. g. DBHR has said that providers can use NSMHA policies where warranted instead of writing their own, which saves on administrative costs. They may write their own policies where needed or wanted. 	
	The meeting is adjourned at 3:05. The next meeting will be February 23, 2011, from 1-3	
ITEMS BROUG	GHT TO THE BOARD OF DIRECTORS	
	Introduction and Action Items	
Chuck Benjamin	Chuck reviewed the attached memo of items going forward to the BOD Thursday, February 10 th . There are several motions related to the Skagit RFQ; to end the contract for Compass and begin for Pioneer, to change the triage contracts with Compass and Snohomish County for the Snohomish County program. There is also a motion with Children's Administration (CA) and NSMHA for wraparound in Skagit County.	Informational
	Darcy made a motion to approve the first seven related contracts for Skagit County Triage; seconded by Russ and motion carried.	Motion carried
	Darcy made a motion to approve the CA and NSMHA inter-local agreement on wraparound, seconded by Mark and motion carried.	Motion carried
COMMENTS F	ROM COUNTY ADVISORY BOARD MEMBERS	1
Island	Candy gave a brief report noting that she and Jackie attended the work session and stakeholders meetings and it was widely discussed at their county meeting. Island County requested FBG funding from NSMHA for a mobile outreach team. It has been approved and a contract will go out. With this Island County would hire 1 FTE to work with hospitals, jails and law enforcement	Informational
	to intervene to avoid inpatient stays.	

San Juan

Mary Ann gave a brief overview of Barbara LaBrash's report.

Informational

Barbara acknowledged former San Juan County Sheriff Bill Cumming and San Juan County Council Member Bob Myhr. She thanked them for all their work on behalf of the citizens of San Juan County and for their support of the Human Services programs.

Mental Health – Jamie Stephens, newly elected County Council Member from Lopez Island, has been appointed as San Juan County's representative to the NSMHA Board of Directors. We welcome Jamie and look forward to working with him. We are in the process of scheduling an introductory meeting with Chuck Benjamin as soon as possible.

I met with Bill Cumming and Rob Nou to discuss the mental health and historical collaborative efforts between the Sheriff's Office and the human services programs. It was a very good meeting and we look forward to working with Sheriff Nou in the future.

The Jail Services program, previously eliminated then salvaged for 6 months through NSMHA, was restored in the state budget, at least for the time being. It is funded through a Legislative Proviso and, as such, it was deemed it cannot be eliminated without approval of the Legislature.

Barbara, Catherine Ellis and Mary Ann Slabaugh participated in a service prioritization meeting at North Sound in January. Counties broke up into groups and each county was given 10 dots to prioritize services. Adult and child outpatient, crisis services, including Designated Mental Health Professionals and Volunteers of America crisis line, crisis stabilization beds and county collaboration were deemed priority services by our county group. Our thanks to Mary Ann and Catherine for their efforts.

The above information was tallied across the region and presented for discussion at a 2 –day NSMHA Board of Directors (BOD) work session on January 12 – 13. Provider staff, Advisory Board representatives and advocates joined the BOD for a thoughtful discussion of the challenges of having to reduce funding, maintain mandated services and balance the need for acute and chronic care services. Also discussed was healthcare reform and how to prepare in an environment of uncertainty. There is considerable momentum to integrate primary care and behavioral health care at the state level. There is considerable concern re: what this approach to healthcare reform will do to the most vulnerable populations who are more difficult and consequently more expensive to treat. Senator Hargrove has just requested that the Regional Support Networks speak to the Legislature about the matter.

San Juan County received accolades from NSMHA for our participation in providing the Medicaid match funding for the region through our 1/10th of 1% sales tax dollars. This translates to over a million dollars per year for the Region and the equivalent of 7,850 mental health clinical hours.

1/10th of 1% mental health sales tax

I am pleased to report that we have received the blessing of our Prosecuting Attorney's office to circulate the Community Wellness Program contracts for signature. The Family Resource Centers are standing by to begin work as soon as possible.

	We are scheduling monitoring reviews for the school based mental health services contracts. We continue working with the Lopez School District to get their billings up to date. We need to discuss the process for reviewing the 1/10th of 1% programs	
	which will be on the agenda for the meeting on January 24th. We continue to work with Superior Court, Juvenile Court, and Department of Corrections re: implementation of the 1/10th programs.	
	Developmental Disabilities – The technical assistance workshop we had scheduled with David Black on November 23 rd was postponed due to weather. We are aiming to reschedule the first week in March.	
	Washington Vocational Services has provided a corrective action plan to their monitoring site visit.	
	After an appeal to Developmental Disabilities Division (DDD) Director Linda Rolfe, Barbara LaBrash, Catherine Ellis and Lynn Van Vactor travelled to Mount Vernon to meet with Jane Boone from Central Office to discuss our program budget and the devastating impacts of the proposed budget cuts. It is still a work in progress, but we made some headway. WVS's budget was blessed as having no fat and this was a major step forward.	
	Substance Abuse – We have received Compass Health's Chemical Dependency program corrective action plan as a result of our monitoring visit in November. It will be made available at the meeting on January 24th.	
	We need to discuss the $2011-2013$ contract cycle, also on the agenda for January 24^{th} .	
	We are scheduled to provide our annual report on the Human Services Programs to the County Council on February 3 rd .	
Skagit	Susan R. noted a new focus group for youth substance abuse and mental health services will be starting this week.	Informational
	The Skagit/NSMHA Request for Qualification (RFQ) went to Pioneer Human Services who will begin services on April 1, 2011.	
	Community service staff attended the BOD work session.	
	Sunrise has moved to a new building on College Way. There is a house on that property that Sunrise is searching for ways to change to a housing unit.	
Snohomish	Fred noted they are meeting every other month and met in January. Marie was honored for her 9 years of service and we have a new Chair and Vice Chair.	Informational
	An update on the triage center was given and law enforcement has entered into an agreement with Compass to drop off clients with new processes in place; there is more involvement of VOA. Fred stated that the bill regarding triage centers is going through the legislature now.	

	Five clients from the Program for Adaptive Living Skills (PALS) have been placed and when Aurora House opens the last five will be placed.		
Whatcom	Russ noted he and Mark attended the last county meeting and budget was a large discussion with the many things that are vying for the one tenth funds. March 3 rd is the Homeless Connection at the Depot Market Square.	Informational	
	The community food co-ops are helping to raise funds for Rainbow Center on Saturday, March 19 th with a community shopping day. Rainbow Center is a having a fund raiser June 10 th at Boundary Bay Bistro.		
	The next meeting will be in April and Russ is now off that committee, though still serving on the NSMHA Advisory Board.		
COMMENTS F	ROM THE PUBLIC		
Chair Trautman	The Chair asked for any comments from the public and Margaret proposed Tuesday, March 8th, as the day to go to Olympia and we would need to be in Olympia by 9:00 am; so leave Mt Vernon by 6:30 am. Fred, Mark, Russ and Mary Ann have expressed interest in going. People must make their own appointments between 10:00 am with the last appointment ending 2:30 pm. Mark made a motion to approve funding for the Olympia trip on March 8th,	Informational	
OTHER BUSIN	Darcy seconded, motion carried.	Motion carried	
Chair Trautman	Susan R. stated she called the national suicide line and it transfers you to VOA; it rang three minutes before anyone answered. Margaret noted that is VOA function but not our crisis line. Advisory Board wants this concern mentioned at QMOC, though this is not part of our system directly.	Informational Mention national suicide line delay to QMOC	
ADJOURNMEN	ADJOURNMENT		
Chair Trautman	Chair Trautman made a motion to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 2:55 pm and the next meeting will be April 5, 2011.	Informational Motion carried	