

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

September 3, 2013

1:00 PM

1. Call to Order - Introductions, Chair (2 min)
2. Revisions to the Agenda, Chair (1 Min)
3. Comments from the Public (5 min)
4. Approval of the August Meeting Minutes, Chair (1 min) **TAB 1**
5. Executive/Finance Committee Report (10 min)
6. Standing Board of Directors Committee Reports (5 min) **TAB 2**
 - a. Planning Committee
 - b. Quality Management Oversight Committee
7. Executive Director Report (10 min)
8. Action Items Being Brought To The Board of Directors (5 min) **TAB 3**
 - a. Action Items (Memorandum, AVAILABLE @ MEETING)
9. New Business (3 min)
 - a. Strategy 3-Peer Support and Consumer Involvement Initiatives- Margaret
10. Comments from County Advisory Board Representatives (5 min)
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Other Business (3 min)
12. Adjournment

NOTE: The next Advisory Board meeting will be **October 1st**, in the NSMHA Conference Room.

North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD
August 6, 2013
1:00 – 3:00

Present:	Island: <i>Candy Trautman, Advisory Board Chair</i> San Juan: <i>Peg LeBlanc</i> Skagit: <i>Joan Lubbe</i> Snohomish: <i>Fred Plappert, Carolann Sullivan, Megan Anderson, Jeff Ross, Jennifer Yuen, Marie Jubie and Joan Bethel</i> Whatcom: <i>Russell Sapienza, Mark McDonald, Larry Richardson, David Kincheloe</i>
Excused Absence:	Island: San Juan: Skagit: Snohomish: Whatcom: <i>Michael Massanari</i>
Absent:	Island: San Juan: Skagit: Snohomish: Whatcom:
Staff:	<i>Joe Valentine, Margaret Rojas and Joanie Williams recording</i>
Guests:	<i>none</i>

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER AND INTRODUCTIONS

Chair	Candy convened the meeting at 1:07pm	Informational
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REVISIONS TO THE AGENDA

Margaret requested the addition of the Compliance Program form, under Tab # 6, which was included in the board member's binders.

Chair	Candy increased the allotted time for discussion on July's Advisory Board Retreat.	Informational
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COMMENTS FROM THE PUBLIC none

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OMBUDS SNAPSHOT

Chuck Davis	Chuck referenced the handout and gave an overview regarding consumers served in the past two months. He talked about client outcomes, arbitrations and solutions. He spoke on consumer rights and chemical dependency WACs. His conversation included landlord issues, as well as recent concerns and success stories. He informed the group of the Ombud's new location and answered questions from the group.	Informational
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APPROVAL OF MINUTES

Chair	David motioned for the approval of the minutes, Carol Ann seconded, motion carried and approved. One objection was noted regarding the approval of the July minutes.	Minutes approved
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EXECUTIVE/FINANCE COMMITTEE

	<p>Fred, on behalf of the Executive Finance Committee, gave an overview of the meeting and spoke about the expenditures.</p> <p>Joe talked about guidelines for non-member individuals who are interested in attending conferences with NSHMHA scholarships. Conversation followed regarding criteria, funds and policy.</p>	Informational
STANDING BOARD OF DIRECTORS COMMITTEE REPORTS		
	Planning Committee	
	No meeting in July	Informational
	Quality Management Oversight Committee (QMOC) Report	
	Candy referenced the QMOC Brief in the packet for group to review.	Informational
OLD BUSINESS		
Jail Transistion Services	Joe asked Margaret to speak about the Jail Transistion Services reports located in the Board Member's binders. She gave an overview of each county's data which included numbers served and denied in Snohomish, Whatcom and Skagit. She said Island/San Juan county's program was suspended in 2012 and funding was distributed to the other counties.	Informational
Co-Occurring Disorders Conference	COD Conference: Candy referenced the handouts and the pre-registration date of August 16th. She asked the group if they were interested in attending. Peg and Megan voiced interest, as well as Russ and Mark, who have registered already. Joanie will send an email registration reminder to Peg and Megan and turn the registration forms in.	Joanie to assist with a reminder email, as well as registrations
EXECUTIVE DIRECTOR'S REPORT		
	<p>Joe talked about the State and the letter from CMS regarding the open procurement process. He went on to speak about the request made for additional time regarding the responses from the RSNs. Joe said he would provide copies of the letter to Board Members who are interested.</p> <p>In addition, he mentioned the changes taking place regarding ITA and the law. Conversation followed.</p>	Informational
ACTION ITEMS BEING BROUGHT TO THE BOARD OF DIRECTORS		
NEW BUSINESS		
Memorandum	Joe addressed the memorandum in each person's binder and stated the items will be introduced or acted on during the Board of Director's meeting on Thursday. He said the Board will vote on them next month. Fred moved to approve the action items. Candy asked the group if they wanted to approve the items as a whole, or indivually. The group voted to approve the items as a whole. One objection was noted.	Action items approved
Up-coming 2014 Budget	<p>Up-Coming 2014 Budget: Fred gave and overview of the budget items being worked on and noted they will be brought forward in future meetings.</p> <p>Candy asked selected indiviuals in the group to give their thoughts and opinions</p>	

<p>Retreat Synopsis</p> <p>Advisory Board Budget (re-visited)</p>	<p>on the Advisory Board Retreat which was held in July.</p> <p>Joan Bethel and Jennifer Yuen gave their views on the retreat, both of which were positive and informative comments. Marie offered a constructive comment as well. Joan Lubbe said the retreat was very well done. Larry said he was intrigued by the Facilitator's processes, affirming steps and actions needed. Fred commented on how Timothy captured the key elements effectively. Russ said the retreat helped to improve the dialogue between the members. CarolAnn recalled a good saying the Facilitator used. Margaret said the retreat was inspirational. Joanie noted the Facilitator's high level of interest in obtaining meaningful information. Joe talked about the retreat being a very eloquent summary of the topics and discussion of the day.</p> <p>Joe said beginning in September NSMHA will start taking portions of the Retreat summary and speaking on it.</p> <p>Candy motioned to approve the Committee's recommendation to adjust the Advisory Board Budget. \$1,266.00 was moved from project 2 to project 3 to balance the funding. The motion was moved, seconded and approved. One objection was noted.</p>	<p>Agenda item for September meeting</p> <p>Motion approved. Request given to accounting by Joanie</p>
COMMENTS FROM COUNTY ADVISORY BOARD REPRESENTATIVES		
	<p>Due to the level of tension during the meeting, the Chair asked for a motion to adjourn the meeting directly after Margaret talked about the Compliance Program. Motion was seconded and carried. Comments from the County Advisory Board Representatives was bypassed.</p>	<p>Motion to adjourn early was approved</p>
Island		
San Juan		
Skagit		
Snohomish		
Whatcom		
<p>OTHER BUSINESS</p> <p>Margaret talked about the handout from Lisa Grosso in the back of the packet regarding the enhancements and updates to the Compliance Program's web access.</p>		
Chair		
ADJOURNMENT		
Chair	Candy adjourned the meeting @ 2:47 pm	Informational

North Sound Mental Health Administration

Regional Support Network for Island, San Juan, Skagit, Snohomish, and Whatcom Counties
Improving the mental health and well being of individuals and families in our communities

117 North First Street, Suite 8 • Mount Vernon, WA 98273

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Planning Committee Brief August 16, 2013

Announcements:

- The updates to the compliance program were reviewed; there is a dedicated voicemail and email for reporting.
- External Quality Review Organization (EQRO) will be at NSMHA on September 11th and 12th.

Strategic Plan Goal

The Peer Support goals that were discussed at the Advisory Board Retreat were reviewed and the upcoming Peer Counselor training was discussed. The need for continuing education and funding for this and extended initial trainings was discussed.

Expansion of Involuntary Treatment Act (ITA)

NSMHA will be submitting a proposal to the state for increased funding to handle a larger number of commitments as a result of the changes.

- Enhance Triage Centers – Upgrade to become certified centers able to do medical assessments to take pressure off ERs.
- Establish Geriatric Care Transition Team – A team to assist care centers with transitioning challenging geriatric individuals for a successful placement.
- Enhanced Treatment Facilities – To request 5 additional beds in our region to run parallel to the states program for challenging individuals.
- Increase Designated Mental Health Professional (DMHP) Capacity – To request funding to add 3 additional DMHPs in our region to assist with the increase in detentions.

Pierce County Recovery Center

To contract with Recovery Innovations to move our triage centers to a more recovery oriented model and to do a site visit of our E&T to improve its operation toward a recovery oriented model. In a second phase, a contract with them on peer training and improving our curriculum for this training.

Emergency Department Information Exchange (EDIE)

NSMHA to purchase access to the EDIE that shares information between all hospitals so they can track visits to the ER on over utilizers or those that seek medications. The hospitals want the region to download the crisis plans of our clients into EDIE as a way to coordinate; a health information exchange between us to improve quality of care.

Eligibility Verification Policy

Starting January 1, 2014 we will have \$4 million cut from the state budget and providers checking eligibility for Medicaid with each encounter will be even more important so that all expenses that can be billed to Medicaid are.

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QMOC Brief

August 28, 2013

Update on Regional Healthcare Alliance

An overview was given regarding the Healthcare Alliance (HCA) performing a Request for Qualifications (RFQ) pertaining to Strategy 1 Dual Services and the groups who qualified. In addition to Strategy 1, Strategy 2 was briefly discussed, as well.

Policy 1706 Approval

NSMHA providers of crisis services and providers who operate psychiatric inpatient Evaluation and Treatment (E&T) facilities need to ensure reasonable precautions are taken to safeguard and individual's property. Conversation addressed the processes needed to ensure the property is safeguarded for Designated Mental Health Professional (DMHP) when an individual has been taken into custody to be evaluated, as well as providers at the E&T facility. Further discussion will take place at the ICRS meeting. Once approved, the policy will go into effect 60 days after posting on the web.

Policy 1721 Approval

NSMHA was seeking approval of the revision of policy 1721 of individuals in need of voluntary and involuntary treatment crisis assessments to be medically able to interview to assure accurate mental health assessments. The policy and revisions were discussed, voting took place and the revisions were approved. The revised policy will go into effect 60 days after posting on the web.

Emergency Department Information Exchange, (EDIE)

NSMHA's Board of Directors agreed to access EDIE. In depth conversation followed regarding the Care Crisis Line, Medicaid and Medicare policy, integrated service provisions, authorizations, medical records, psychiatric advanced directives, treatment plans, forms, limitations, the data base, accessibility and expiration dates of records. Further discussion will take place at future meetings.

Proposals to DBHR ITA Expansion Mitigation

The state has made changes regarding the ITA law and is anticipating an increase in detentions. The state put forth funds for the impact. NSMHA is proposing enhanced service facilities. The proposal will be submitted on Friday. Upon DBHR's response, NSMHA should have answers by September 30th.

2012 Quality Management Summary

The EQRO requested a new quality management summary. NSMHA spoke about the stipulated components. Further conversation will continue at the next meeting.

Integrated WACs

There are changes in Integrated WACs. Training is taking place next Friday in Bellingham.