

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
ADVISORY BOARD MEETING**

**Agenda  
February 4, 2014  
1:00 PM**

1. Call to Order - Introductions, Chair (2 min)
2. Revisions to the Agenda, Chair (1 Min)
3. Comments from the Public (5 min)
4. Approval of the January Meeting Minutes, Chair (1 min) TAB 1
5. Executive/Finance Committee Report (10 min) TAB 2
  - Approval of Expenditures
  - Conference Scholarship Criteria (Available at meeting)
  - Dignity and Respect Conference Scholarships
  - QMOC appointments
6. Standing Board of Directors Committee Reports (5 min) TAB 3
  - Planning Committee
  - Quality Management Oversight Committee (Brief available at meeting)
7. Old Business (10 min)
8. Executive Director Report (10 min) TAB
  - Recommendations regarding Behavioral Health Integration
9. Action Items Being Brought To The Board of Directors (5 min)
  - Memorandum (Available at meeting) TAB
10. New Business (3 min)
11. Report from Advisory Board Members
12. Comments from County Advisory Board Representatives (5 min)
  - a. Island
  - b. San Juan
  - c. Skagit
  - d. Snohomish
  - e. Whatcom
13. Other Business (3 min)
14. Adjournment

NOTE: The next Advisory Board meeting will be  , in the NSMHA Conference Room.

DRAFT not yet approved by Advisory Board

**North Sound Mental Health Administration (NSMHA)**

**MENTAL HEALTH ADVISORY BOARD**

**Date January 7<sup>th</sup>, 2014**

**1:00pm – 3:00**

<b>Present:</b>	<b>Island:</b> Candy Trautman <b>San Juan:</b> - <b>Skagit:</b> Joan Lubbe <b>Snohomish:</b> Marie Jubie, Joan Bethel, Fred Plappert, Jennifer Yuen, Carolann Sullivan, Carolyn Hetherwick-Goza, <b>Whatcom:</b> David Kincheloe, Mark McDonald, Michael Massanari, Russ Sapienza
<b>Excused Absence:</b>	<b>Island:</b> - <b>San Juan:</b> - <b>Skagit:</b> - <b>Snohomish:</b> Jeff Ross <b>Whatcom:</b> Larry Richardson
<b>Absent:</b>	<b>Island:</b> - <b>San Juan:</b> Peg Leblanc <b>Skagit:</b> - <b>Snohomish:</b> Megan Anderson <b>Whatcom:</b>
<b>Staff:</b>	Greg Long, Margaret Rojas, Joe Valentine and Joanie Williams recording
<b>Guests:</b>	Christine Morrow, Jeanette Anderson and Chuck Davis, Ombuds

**MINUTES**

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION</b>
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<b>CALL TO ORDER AND INTRODUCTIONS</b>		
Chair	Mark initiated introductions and asked Carolyn (the new Advisory Board member) if she would like to speak on her background. She spoke about her history with children and adolescence, as well as her mental health advocacy background, in addition to previous and current Snohomish County Committee roles.	Informational

<b>REVISIONS TO THE AGENDA</b>		
Chair	Mark asked if there were any revisions to the agenda. Fred had an addition to agenda: approval of the expenditures to move forward to the Board of Directors, Candy added the approval of Executive Finance Appointments and Mark added the discussion on the Legislative Forum in Everett.	Additions to agenda

<b>COMMENTS FROM THE PUBLIC</b>		
Chair	Candy asked Christine Morrow to speak about her background. She said she was part of the NAMI Whatcom Board and she was attending the NSMHA Advisory Board meeting to gather information.	Informational

<b>OMBUDS SNAPSHOT</b>		
Chuck Davis	Chuck spoke about the Ombuds role and processes within the Mental Health System. He referenced the handout in the Board Members binders and talked about recent activity to include grievances and complaints. Ombuds has 46 open cases with NSMHA clients and 4 children. He gave details and statistics and answered questions, which included dialogue on Medicaid expansion, as well as policy discussion on illiterate clients within the Mental Health system.	Informational

<b>APPROVAL OF MINUTES</b>		
Chair	A motion was made to approve the December minutes, motion was seconded and approved.	Minutes approved

**EXECUTIVE/FINANCE COMMITTEE**

	<ul style="list-style-type: none"> <li>➤ <b>Approval of Expenditures:</b> Fred gave an overview of the December expenditures. The year was completed under budget by \$7,000. A motion was made to forward the expenditures to the Board of Directors for approval. Motion was seconded and approved.</li> <li>➤ <b>Conference Scholarship Criteria:</b> David spoke about the Executive Committee discussion regarding conference scholarship criteria being generated and approved. He stated, upon completion, the information will be forwarded to the full board for discussion and approval.</li> <li>➤ <b>Standing Board Application:</b> Joe and Margaret discussed NSMHA's Quality Management Oversight Committee (QMOC) and Planning Committee. They referenced the vacancies, in addition to the application process for interested Advisory Board members.</li> </ul>	Expenditures forwarded to Board of Directors for approval
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**STANDING BOARD OF DIRECTORS COMMITTEE REPORTS**

	<b>Planning Committee:</b> Included in packet	Informational
	<b>Quality Management Oversight Committee (QMOC) Report:</b> Joe noted QMOC will be dealing with a lot of significant issues in 2014. In addition, he answered questions regarding QMOC's Charter which was included in the member's binders.	Informational

**OLD BUSINESS**

Chair	<p>Margaret explained the ballot and voting process. Fred and David gave an overview of their interest in the Vice Chair role.</p> <ul style="list-style-type: none"> <li>➤ <b>Election: Vice Chair</b> – Ballots were passed out, voting took place and NSMHA's Accounting Department counted the ballots. David was selected for the position.</li> <li>➤ <b>Appointment to Executive/Finance Committee</b> – Mark spoke about Carolann Sullivan and Marie Jubie accepting the appointment on the Executive Finance Committee.</li> </ul>	<p><b>David Kincheloe is the new vice Chair</b></p> <p><b>Marie and Carolann accepted appointments to the Executive Committee</b></p>
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**EXECUTIVE DIRECTOR'S REPORT**

	<ul style="list-style-type: none"> <li>➤ <b>Recognition of Advisory Board Members:</b> Joe acknowledged Candy's two year tenure as Chair with a recognition plaque, in addition to Russ's 9 years of service serving on the Advisory Board.</li> <li>➤ <b>State Funded Individuals and Services:</b> Joe talked about the State Funded Individuals and Services document included in the packets. He spoke about the groups of individuals served, funding, upcoming decisions and options, pros and cons, in addition Medicaid expansion targets. He answered questions from the Board.</li> <li>➤ <b>2013-2016 Strategic Plan Progress Report:</b> Joe stated the Regional Support Networks (RSNs) are required to have multiple year strategic plans. The Advisory Board Retreat recognized important areas of focus for NSMHA. After working with the Committees and Board of Directors, four top goals were identified to work on for the next three years. The first goal is to create a Regional Health Alliance. The second area of focus is to expand the use of Evidence Based Practices (EBPs) and provide better services to the rural areas. The third goal is to increase the number of Peer Counselors within the region and to promote youth and family involvement. The fourth is to increase the capacity and skills in the public mental health workforce. Joe</li> </ul>	Informational
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DRAFT not yet approved by Advisory Board

	talked about the strategies, accomplishments, current status and the to-do list on the identified goals. He said the Strategic Plan will be presented to the Board of Directors on Thursday. Group discussion followed.	
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**ACTION ITEMS BEING BROUGHT TO THE BOARD OF DIRECTORS**

	The memorandum containing the action items were included in each member's packet. Joe gave an overview of the items. Group discussion followed. A motion was made to move the action items to the Board of Directors for approval, motion was seconded and approved.	Action items being forwarded to the Board of Directors
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**NEW BUSINESS**

- **Compliance Training-** Lisa referenced the document in each member's packet and played a video. She gave an overview of NSMHA's Compliance Program with Providers. She covered the implementation of written standards, procedures and policy. In addition, she spoke on training and education, developing open lines of communication, conducting internal monitoring and auditing, responding appropriately to detected offenses. She concluded with information on developing a corrective action and enforcing disciplinary standards through publicized guidelines.
- **Number of Certified Peers-** Margaret spoke about the NSMHA sponsored Peer Counselor training in October. The region now has 16 new certified Peer Counselors. She said we will work with Consumer Voices are Born (CVAB) to assist in getting jobs for the Peers. Group discussion followed.

**REPORT FROM ADVISORY BOARD MEMBERS**

Marie and Candy spoke about the NAMI sponsored Legislative Forum on Mental Health and Chemical Dependency issues. Other Advisory Board Members attended the forum, as well. The Board talked about the topics and attendees.

**COMMENTS FROM COUNTY ADVISORY BOARD REPRESENTATIVES**

Island	Candy attended an Island County meeting in November and noted a new program: Mental Health Outreach Program (utilizing with 1/10 <sup>th</sup> of 1% monies). She gave details on the program.	Informational
San Juan	none	
Skagit	None, Joan L. noted the Skagit county meetings are minimal so there's no report this month.	Informational
Snohomish	None, members noted the demise of the Snohomish County Mental Health Board.	Informational
Whatcom	David noted nothing new was funded and no policies were changed. Michael talked about Whatcom County's need for crisis services and the current dilemma they are undergoing. Joe said Whatcom county will be receiving additional funding. David said there should be a report from the Rainbow Recovery Center next month.	Informational

**OTHER BUSINESS**

	➤ <b>Editing Life Document-</b> Candy spoke about an article she provided the group pertaining to the benefits of reshaping your personal story. Group conversation followed. Candy also talked about a book she was reading about suicide prevention. The group engaged in conversation. <b>Other:</b> Jeanette Anderson spoke about her concerns regarding Peer Counselors who have been let go from their positions.	Informational
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**ADJOURNMENT**

Chair	The meeting adjourned at 2:58, the next meeting is February 4 <sup>th</sup> .	Informational
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**North Sound Regional North Sound Mental Health Administration**  
**Warrants Paid**  
**January 2014**

<b>Advisory Board Supplies</b>	<b>Type</b>	<b>Date</b>	<b>Num</b>	<b>Name</b>	<b>Memo</b>	<b>Amount</b>
Total Supplies	Bill	01/28/2014	276261 (2014)	Lunch Box	Batch # 103988	<u>12.12</u> <u>12.12</u>
<b>Travel</b>						
	Bill	01/07/2014	December2013	AA Dispatch	Batch # 103583	517.25
	Bill	01/07/2014	December2013	Kincheloe, David	Batch # 103583	92.95
	Bill	01/14/2014	January2014	Yuen, Jennifer	Batch # 103740	47.04
	Bill	01/14/2014	December2013	Trautman, Candy	Batch # 103741	129.42
	Bill	01/21/2014	June2013	Cruz, Claudia	Batch # 103878	9.93
	Bill	01/28/2014	January2014	McDonald, Mark	Batch # 103988	209.92
Total Travel						<u>1,006.51</u>
<b>Miscellaneous</b>						
Total Miscellaneous	Bill	01/07/2014	537668 December2013	Mister T Trophies	Batch # 103583	<u>206.12</u> <u>206.12</u>
Total Advisory Board						<u>1,224.75</u> <u>1,224.75</u>
						<b><u>1,224.75</u></b>

**2013 Advisory Board Budget  
January 1 through December 31, 2013 revised**

	All Conferences	Board Development	Advisory Board Expenses	Consumer Transportation
Total	Project # 1	Project # 2	Project # 3	Project # 4
Budget	\$ 28,590.00	\$ 14,197.00	\$ 1,565.67	\$ 12,227.33
Expense	(22,325.00)	(7,439.33)	(1,565.67)	(13,116.60)
Under / (Over) Budget	\$ 6,265.00	\$ 6,757.67	\$ -	\$ (889.27)

BHC , NAMI, COD, BOARDS SUMMIT OTHER	Costs for Board Members (food, mileage, misc.)	Non-Advisory Board Members, to attend meetings and special events
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**Advisory Board Budget  
January 2014**

	All Conferences	Board Development	Advisory Board Expenses	Stakeholder Transportation
Total	Project # 1	Project # 2	Project # 3	Project # 4
Budget	\$ 28,590.00	\$ 13,900.00	\$ 1,600.00	\$ 12,490.00
Expense				
Under / (Over) Budget	<u>\$ 28,320.92</u>			



BHC , NAMI, COD, OTHER	BOARDS SUMMIT (RETREAT)	Costs for Board Members (food, mileage, misc.)	Non- Advisory Board Members, to attend meetings and special events
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## Presentations

### Playback Theater NW

Using an original form of improvisational theater known as Playback Theater, we create a space where personal stories and experiences can be shared. We inspire broad, diverse communities through performances, classes, and workshops.

### Employer Panel

Business representatives will share about their diversity programs, including their challenges and their successes. The discussion will broaden the scope of dignity and respect in the workplace and how that can be a benefit to business. Panel representation will include a cross section of local work environments, including education, manufacturing, customer service, and service providers.

### Dignity+Respect=Inclusion: The Why, How, and Where are we going?

The Office of Diversity and Equity brought the Dignity & Respect Campaign to Multnomah County as part of our ongoing equity work. We will be covering why bringing the campaign has helped us create a shared language for implementing new strategies of equity and social justice work. We will also discuss where we are going with the campaign as we deepen our understanding of diversity and inclusion, identify and address barriers, and move towards integrating more community engagement.

### Homeless in Bellingham

*Homeless In Bellingham* is a documentary video project with the purpose of understanding the issues of homelessness through the thoughts, opinions and research of citizens with diverse backgrounds and perspectives. It is intended to facilitate community dialogue, and to give voice to people with diverse perspectives, and to bring dignity to people who are often treated as less than human.

## Registration Fee: \$45 Registration Form

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/ST/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_  
(Confirmation sent to email)

Registration is \$45, payable by check or purchase order. We are unable to accept payment by credit card. This fee includes breakfast & lunch buffets.

Enclosed is my check in the amount of \$45, payable to North Sound Mental Health Administration.

Purchase orders may be faxed along with your registration form to 360.416.7017.

### Cancellations

Requests for cancellations will be accepted through February 21st in writing.

If you cancel after February 21st, we are unable to refund your registration fee.

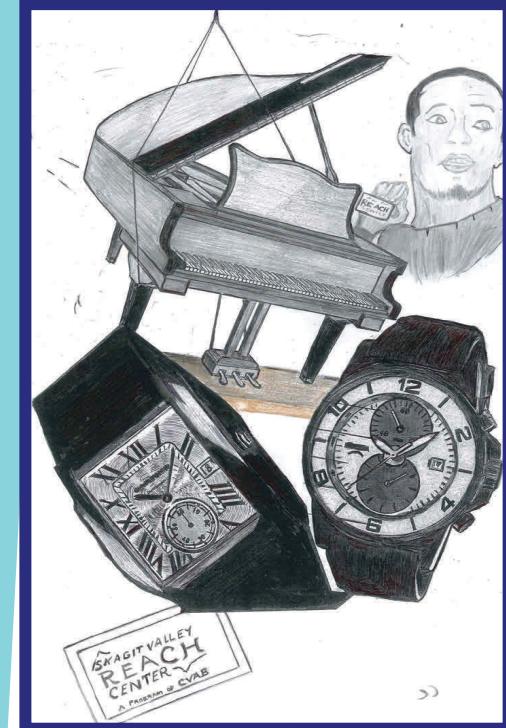
Non-advance payment of registration fees does not void the cancellation policy. All registrations not cancelled and not paid will be due and billed regardless of attendance.

No refunds will be given for "no-shows".

You may transfer your registration to another person. Please email requests for cancellation/transfers to [dignity\\_respect@nsmha.org](mailto:dignity_respect@nsmha.org) on or before February 21st.

Mail to:  
North Sound Mental Health Administration  
117 N 1st St Ste 8  
Mt Vernon, WA 98273  
360-416-7013

## 2014 North Sound Dignity & Respect Conference



Artwork: Reaching Out  
by Steven Conn

## Celebrating Workplace Diversity

March 4, 2014  
McIntyre Hall  
Mt Vernon, WA

## Presenters

### Greg Winter

Greg Winter is Director of the Whatcom Homeless Service Center at the Opportunity Council in Bellingham, and Chair of the Whatcom County Coalition to End Homelessness. He is also president of the research and planning firm, Cornerstone Strategies.

### Fredrick Dent Filmmaker

Fredrick has been a media professional since 1972, working in documentary, marketing and corporate media. Using anthropological field and analysis methods he develops narratives that emerge from documentary coverage to create emotionally compelling films with factual integrity.

### Shawn Postera

Shawn Lai Postera possesses a BA in English and American Indian Studies from Augsburg College. She is also a 2009 graduate of the Library and Information Science program from Dominican University. She has fifteen years' experience working in public libraries and other public services. She has a 25 year history of working on peace alliances, non-violent communication and working to dismantle racism everywhere from Minneapolis Minnesota to Windhoek Namibia to Multnomah County and their Dignity & Respect Campaign.

### Mike Hudson—Project Manager Association of WA Businesses

Mike's work at the Institute has covered all aspects of workforce development and work readiness focusing on development of both hard and soft skills. He is dedicated to the development of the Washington Work Ready program to insure that all employers in the State of Washington has access to a fully qualified workforce.

## Accessibility

If you need a reasonable accommodation for a disability, accommodations will be made available upon advance request. Please contact the NSMHA office before February 18, 2014 at 800-684-3555.

## Keynote Speaker

### Louie Gong

Louie is a Canadian artist, activist, and educator who was raised by his grandparents in the Nooksack tribal community. Although he is best known for his highly sought after, hand-drawn custom shoes, Louie has received international recognition for a body of work that - like his mixed heritage - defies categorization.

A former Child and Family Therapist, Louie started addressing the mixed race experience professionally in 2001. He went on to become President of MAVIN, a national non-profit that raises awareness about mixed race people and families, and co-developer of the Mixed Heritage Center. His commentary on race and cultural identity has been featured, in MSNBC.com, the New York Times, NBC Nightly News and BBC. He continues to serve on the Advisory Board of MAVIN and Mixed in Canada.

Louie is also the founder of Eighth Generation, through which he merges traditional Coast Salish art with icons from popular culture and influences from his mixed heritage to make strong statements about identity. His trend-setting aesthetic has been featured at the Smithsonian's NMAI and the cover of Native People's Magazine.

### Timothy Corey

#### Graphic Facilitator—Colibri Facilitation

Timothy Corey continues to break new ground using methodologies that touch multiple senses. He attentively listens, internalizes the information at hand, reads between the lines, and graphically communicates a vision. The end result is the ability to offer intuitive insight that his clients find uncanny while helping individuals and organizations create more responsive strategies for communication and support.

With an international reputation, Tim has offered person-centered planning facilitation to over 700 teams. He's provided organizational development services for over 100 companies both for-profit and non-profit organizations, including community groups, governmental organizations, schools and forward-thinking companies. He is passionate about serving others, so it's no surprise that Tim's background includes 30 years experience working in human service systems that support people with disabilities and their families. He is also an executive coach through The Center for Leadership Formation at Seattle University.

## Agenda

8:30 — 9:00

Registration &  
Breakfast

9:00 — 12:00

Opening &  
Welcome

Keynote Speaker:  
Louie Gong

Playback Theater  
Northwest

Video Series  
Homeless in Bellingham

12:00 — 1:00

Lunch

1:00 — 4:00

Workplace  
Diversity in Action

Shawn Postera  
Office of Diversity &  
Equity Multnomah  
County

Mike Hudson  
Association of  
WA Businesses

Employer Panel

8:30 — 4:00

Registration Fee \$45

## QMOC Roster 2014

<b>QMOC Roster 2014</b>				
MEMBER	REPRESENTING	PHONE/FAX	Email	Address
<b>11 Nominated by ADBD <i>incl 3 ADBD members, 4 current consumers</i></b>				
Mark McDonald <b>Whatcom</b>	NSMHA Advisory Board Chair	(360) 734-2042	<a href="mailto:arrozo222@yahoo.com">arrozo222@yahoo.com</a>	1101 McKenzie Ave. #305 Bellingham, WA 98225
David Kincheloe <b>Whatcom</b>	NSMHA Advisory Board Vice Chair	(360) 961-8611	<a href="mailto:dkincheloe@gmail.com">dkincheloe@gmail.com</a>	1015 Otis St. #110 Bellingham, WA 98225
Marie Jubie <b>Snohomish</b>	NSMHA Advisory Board member	(360) 658-7687	<a href="mailto:marie_jubie@comcast.net">marie_jubie@comcast.net</a>	907 Columbia Ave. #307 Marysville, WA 98270
Fred Plappert <b>Snohomish</b>	NSMHA Advisory Board member	(425) 303-9848	<a href="mailto:fptaxpro@frontier.com">fptaxpro@frontier.com</a>	3315 Lombard Ave., Apt. 205 Everett, WA 98201-4446
Candy Trautman <b>Island</b>	NSMHA Advisory Board member	(360) 387-5665	<a href="mailto:philandcandy@waveable.com">philandcandy@waveable.com</a>	1025 Aqua Vista Lane Camano Island, WA 98282
Dan Bilson <b>Whatcom</b>	Nominated by ADBD	(360) 676-0720	<b>Please mail packet</b>	2521 Park St. Bellingham, WA 98225
VACANT				
<b>1 Ombuds</b>				
Chuck Davis Kim Olander-Mayer <b>(alternate)</b>	Ombuds	(360) 416-7004 OR 1-888-336-6164	<a href="mailto:chuckd@communityactionskagit.org">chuckd@communityactionskagit.org</a> <a href="mailto:kimo@communityactionskagit.org">kimo@communityactionskagit.org</a>	330 Pacific Place Mount Vernon, WA 98273
<b>3 Board Members</b>				
Anne Deacon <b>Alternate</b> ()	Whatcom County	(360) 676-6724 x50877	<a href="mailto:adeacon@co.whatcom.wa.us">adeacon@co.whatcom.wa.us</a>	509 Girard St. Bellingham, WA 98225
Ken Dahlstedt <b>Alternate</b> ()	Skagit County	(360) 336-9300 x5302	<a href="mailto:kend@co.skagit.wa.us">kend@co.skagit.wa.us</a>	309 S. 3rd St. Mt. Vernon, WA 98273
Brian Sullivan <b>Alternate</b> (Shari Freemantle)	Snohomish County	(425) 388-3494	<a href="mailto:Brian.sullivan@co.snohomish.wa.us">Brian.sullivan@co.snohomish.wa.us</a>	3000 Rockefeller Ave M/S 609 Everett, WA 98201

### QMOC Roster 2014

<b>QMOC Roster 2014</b>				
MEMBER	REPRESENTING	PHONE/FAX	Email	Address
<b>3 County Coordinators</b>				
Rebecca Clark <b>(QMOC Chair)</b>	Skagit County	(360) 419-3363 F (360) 336-9323	<a href="mailto:rebeccac@co.skagit.wa.us">rebeccac@co.skagit.wa.us</a>	309 S. 3rd St. Mt. Vernon, WA 98273
Anji Jorstad	Snohomish County	P: 425.388.7211 F: 425.388.7216	<a href="mailto:anji.jorstad@snoco.org">anji.jorstad@snoco.org</a>	3000 Rockefeller Ave. M/S 305 Everett, WA 98201
Jackie Henderson	Island County	P: 360.678-7881	<a href="mailto:jackieh@co.island.wa.us">jackieh@co.island.wa.us</a>	PO Box 5000 Coupeville, WA 98239
Barbara LaBrash <b>(alternate)</b>	San Juan County	(360) 370-0595	<a href="mailto:BarbaraLB@co.san-juan.wa.us">BarbaraLB@co.san-juan.wa.us</a>	PO Box 1146 Eastsound, WA 98245-1146
Anne Deacon <b>(alternate)</b>	Whatcom County	(360) 676-6724 x50877	<a href="mailto:adeacon@co.whatcom.wa.us">adeacon@co.whatcom.wa.us</a>	509 Girard St. Bellingham, WA 98225
<b>1 Representative from each contracted provider</b>				
Cindy Ferraro	Bridgeways	(425) 355-8668 x248	<a href="mailto:cferraro@bridgeways.org">cferraro@bridgeways.org</a>	8223 Broadway Everett, WA 98203
<b>(Alternate)</b>				
Stacey Alles	Compass Health	(360) 419-3555	<a href="mailto:Stacey.Alles@compassh.org">Stacey.Alles@compassh.org</a>	PO Box 3810 M/S 16 Everett, WA 98213-8810
Heather Fennell <b>(Alternate)</b>		(425) 349-7303	<a href="mailto:Heather.Fennell@compassh.org">Heather.Fennell@compassh.org</a>	PO Box 3810 Everett, WA 98203-8810
Katherine Scott	Sea Mar	(425) 977-2573	<a href="mailto:katherinescott@seamarchc.org">katherinescott@seamarchc.org</a>	19707 44th Ave W, Suite 101 Lynnwood, WA, 98036
<b>(Alternate)</b>				
Mike Manley	Sunrise Services	(425) 493-5810	<a href="mailto:mikem@suncityliving.com">mikem@suncityliving.com</a>	PO Box 2569 Everett, WA 98213-0569
Randy Polidan <b>(Alternate)</b>		(425) 493-5804	<a href="mailto:randyp@suncityliving.com">randyp@suncityliving.com</a>	1021 N. Broadway Everett, WA 98201
Pat Morris	VOA	(425) 609-2210	<a href="mailto:pmorris@voaww.org">pmorris@voaww.org</a>	PO Box 839 Everett, WA 98206
Karen Kipling <b>(Alternate)</b>		(425) 259-3191 x2339	<a href="mailto:kkipling@voaww.org">kkipling@voaww.org</a>	PO Box 839 Everett, WA 98206
Pam Benjamin	WCPC	(360) 676-2220 x3331	<a href="mailto:pam.benjamin@whatcomcounseling.org">pam.benjamin@whatcomcounseling.org</a>	3645 E. McLeod Rd. Bellingham, WA 98226

Jan Bodily <b>(Alternate)</b>		(360) 676-2220 ext.3378	<a href="mailto:jan.bodily@whatcomcounseling.org">jan.bodily@whatcomcounseling.org</a>	3645 E. McLeod Road Bellingham, WA 98226
Kathy McNaughton	CCS	(360) 676-2164	<a href="mailto:kathym@ccsww.org">kathym@ccsww.org</a>	1133 Railroad, Suite 100 Bellingham, WA 98225
Eric Love <b>(Alternate)</b>		(360) 676-2164	<a href="mailto:ericl@ccsww.org">ericl@ccsww.org</a>	1133 Railroad, Suite 100 Bellingham, WA 98225-5007
Richard Sprague <b>(Alternate)</b>	Interfaith	(360) 676-6177 x1178	<a href="mailto:richard_sprague@interfaithchc.org">richard_sprague@interfaithchc.org</a>	220 Unity St Bellingham, WA 98225
Kay Burbidge	LWC	(360) 676-6000 x424 (360) 398-5052 direct line	<a href="mailto:kay.burbidge@lwrtc.org">kay.burbidge@lwrtc.org</a>	609 Northshore Dr. Bellingham, WA 98226
Michael Watson <b>(Alternate)</b>		(360) 676-6000 x423 (360) 398-5051 direct line	<a href="mailto:mike.watson@lwrtc.org">mike.watson@lwrtc.org</a>	609 Northshore Dr. Bellingham, WA 98226
Robert Sullivan <b>(Alternate)</b>	Skagit Co. Crisis Center Pioneer Human Service	(360) 757-7738 F (360) 757-7749	<a href="mailto:Robert.Sullivan@p-h-s.com">Robert.Sullivan@p-h-s.com</a>	201 Lila Lane Burlington, WA 98233
Jeff Reynolds Skagit REACH Center	CVAB –Consumer Voices Are Born	360.873.8635 ext.205 F 360.873.8447	<a href="mailto:reynoldsj@svreach.org">reynoldsj@svreach.org</a>	1413 E College Way Mount Vernon Wa 98273
Brad Berry <b>(Alternate)</b>		(360) 397-8050 ext.7617 F (360) 397-8059	<a href="mailto:berryb@cvab.org">berryb@cvab.org</a>	PO Box 1707 Vancouver, WA 98668-1707
Eric Chambers	NWESD	(360) 299-4075 (360) 299-4070	<a href="mailto:echambers@nwesd.org">echambers@nwesd.org</a>	1601 R Avenue Anacortes, WA 98221
Danae Bergman	Center for Human Services	(206) 631-8875 (206) 362-7152	<a href="mailto:dbergman@chs-nw.org">dbergman@chs-nw.org</a>	Plaza 220 21907 64th Avenue W, Suite 240 Mountlake Terrace, WA 98043
<b>Tribal Representative</b>				
Vacant				

## NSMHA Planning Committee Members 2014

<b>NSMHA Board Members</b>  3			
	Anne Deacon*	Whatcom County	<a href="mailto:adeacon@co.whatcom.wa.us">adeacon@co.whatcom.wa.us</a>
<b>County Coordinators</b>  5	Jackie Henderson	Island County	<a href="mailto:jackieh@co.island.wa.us">jackieh@co.island.wa.us</a>
	Barbara LaBrash	San Juan County	<a href="mailto:barbaralb@co.san-juan.wa.us">barbaralb@co.san-juan.wa.us</a>
	Rebecca Clark	Skagit County	<a href="mailto:rebeccac@co.skagit.wa.us">rebeccac@co.skagit.wa.us</a>
	Anji Jorstad	Snohomish County	<a href="mailto:anji.jorstad@snoco.org">anji.jorstad@snoco.org</a>
	Anne Deacon- <b>Chair</b>	Whatcom County	<a href="mailto:adeacon@co.whatcom.wa.us">adeacon@co.whatcom.wa.us</a>
<b>NSMHA Advisory Board Members - 5</b>			
Chair	Mark McDonald	Whatcom County	<a href="mailto:arrozo222@yahoo.com">arrozo222@yahoo.com</a>
4 members-(2 consumers)	David Kincheloe	Whatcom County	<a href="mailto:dkincheloe@gmail.com">dkincheloe@gmail.com</a>
	Marie Jubie	Snohomish Co.	<a href="mailto:marie_jubie@comcast.net">marie_jubie@comcast.net</a>
	Joan Lubbe	Skagit County	Please mail materials
	Fred Plappert	Snohomish Co.	<a href="mailto:fptaxpro@frontier.com">fptaxpro@frontier.com</a>
<b>NSMHA Executive Director - non-voting</b>			
NSMHA Deputy Director - non-voting	Joe Valentine		<a href="mailto:joe_valentine@nsmha.org">joe_valentine@nsmha.org</a>
NSMHA Operations Manager - non-voting	Greg Long		<a href="mailto:Greg_long@nsmha.org">Greg_long@nsmha.org</a>
	Lisa Grosso		<a href="mailto:Lisa_grosso@nsmha.org">Lisa_grosso@nsmha.org</a>

\*Representing Whatcom County Executive Jack Louws

# North Sound Mental Health Administration

Regional Support Network for Island, San Juan, Skagit, Snohomish, and Whatcom Counties

*Improving the mental health and well being of individuals and families in our communities*

117 North First Street, Suite 8 • Mount Vernon, WA 98273

360.416.7013 • 800.684.3555 • Fax 360.416.7017 • Email [nsmha@nsmha.org](mailto:nsmha@nsmha.org) • Web Site <http://nsmha.org>

## Planning Committee Brief

January 17, 2014

### **Change in Policy 1574.00 – State Only Funding**

NSMHA is going to update policy 1574 to address the spenddown issue that has created hardship for individuals in our system. Currently policy states agencies must have a sliding fee scale that is billed to the client on spenddown or an agency can write the bill off on their charity funds. This change will mean that if the client meets all the care standards and NSMHA state funds are used for their services they will not be billed for them; that will be payment in full and that entire amount can go to meeting the spenddown requirement.

### **Crisis Services System Redesign**

Planning Committee weighed in on choosing top strategies that were developed from the Stakeholder process and further refined by the County Coordinators and County Crisis Oversight Committees. Priority A & B were chosen from the top six. Each Counties priorities and what they would like to see will determine if we rebid, renegotiate contracts or perhaps do pilots on new programs.

- A. Increase capacity of triage centers
- B. Improve coordination and information exchange.

### **Transition from Wraparound to Wraparound with Intensive Services (WISe)**

Wraparound has been in our region (except for San Juan) for nearly 7 years; part of the TR lawsuit requires us to have a team based response all over the State so WISe will be implemented. The target population for WISe is all Medicaid eligible youth up through their 20th year with intensive home and community based services including crisis services. The proposed case rate of \$2000 per person per month will not be adequate for needed services. This is all Medicaid funding and the implementation plan covers a five year implementation period. There is still a lot of clarification needed and many unknowns in the implementation of this and the lawsuit aspect may make it more difficult to be flexible.