

# ADVISORY BOARD PRE-MEETING

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April 3rd, 2018

12:10-12:50PM

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**North Sound Behavioral Health Organization**

**Dr. Adam Kartman**

Medication Assisted Treatment

**North Sound Behavioral Health Organization**  
301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273

**ADVISORY BOARD AGENDA**

April 3rd, 2018

1:00 p.m. – 3:00 p.m.

**CALL TO ORDER & INTRODUCTIONS**

**REVISIONS TO THE AGENDA**

**APPROVAL OF MINUTES FROM PREVIOUS MEETING**

Approval of March Minutes.....TAB 1

**ANNOUNCEMENTS**

**BRIEF COMMENTS OR QUESTIONS FROM THE PUBLIC**

**STANDING COMMITTEE REPORTS (Briefs from Each Committee Attached)**

- Quality Management Oversight Committee (QMOC).....TAB 2

**EXECUTIVE/FINANCE COMMITTEE REPORT**

Approval of the March Expenditures.....TAB 3

**EXECUTIVE DIRECTOR'S REPORT & ACTION ITEMS**

**Executive Director's Report Items**

- Report from Joe.....TAB 4
  - Facilities and Recovery System of Care Plan Summary.....Green Tab
  - Senate Bill ESSB 6032.....Blue Tab

**Executive Director's Action Items**

- Action Items/Memorandum .....TAB 5
- Mental Health Block Grant.....TAB 6

**OLD BUSINESS**

2018 Visual Art and Poetry Contest.....TAB 7

Swinomish Wellness Center Site Tour Update

**NEW BUSINESS**

2018/2019 Advisory Board Advocacy Priorities.....TAB 8

Washington Behavioral Healthcare Conference – Advisory Board Scholarships

Non-Medicaid Funding Policy .....TAB 9

**REPORT FROM ADVISORY BOARD MEMBERS**

**REMINDER OF NEXT MEETING**

- The next scheduled meeting is May 1st, 2018 in the Conference Room Snohomish

**ADJOURN**

**North Sound Behavioral Health Organization**

301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273

**ADVISORY BOARD MINUTES**

March 6th, 2018

1:00 p.m. – 3:00 p.m.

<b>ATTENDANCE</b>
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**Advisory Board Members Present**

Island: Betty Rogers, Candy Trautman

San Juan: Theresa Chemnick (Phone)

Skagit: Duncan West

Snohomish: Marie Jubie, Jack Eckrem, Fred Plappert, Joan Bethel, Pat O'Maley-

Lanphear, Jennifer Yuen, Jim Bloss, Carolann Sullivan

Whatcom: David Kincheloe, Mark McDonald, Arlene Feld, Stephen Jackson, Natasha

Raming, Michael Massanari

**Excused Advisory Board Members**

Island: Chris Garden

San Juan:

Skagit: Ron Coakley

Snohomish:

Whatcom:

**Absent Advisory Board Members**

Island:

San Juan:

Skagit: Joan Lubbe

Snohomish:

Whatcom:

**NSBHO Staff Present**

Joe Valentine (Executive Director)

Maria Arreola (Administrative Assistant II)

**Guests Present**

Amanda Sloan – Behavioral Health Ombuds Specialist

Boone Sureepisarn – Behavioral Health Ombuds Specialist

Ken Anderson – United Healthcare

Shelly Ray – United Healthcare

Caitlin Safford - Amerigroup

<b>CALL TO ORDER &amp; INTRODUCTIONS</b>
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The Chair called the meeting to order at 1:45 p.m. and introductions were made.

<b>REVISIONS TO THE AGENDA</b>
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The Chair inquired regarding revisions to the Agenda. None mentioned.

<b>APPROVAL OF MINUTES FROM PREVIOUS MEETING MINUTES</b>
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February minutes were approved by a motion and vote. All in favor.

<b>STANDING COMMITTEE REPORTS (Briefs from Each Committee Attached)</b>
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- Quality Management Oversight Committee (QMOC) Report (No February Meeting)

<b>ANNOUNCEMENTS</b>
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**2018 Tribal Behavioral Health Conference**

The Tribal Behavioral Health Conference will be May 16-17, 2018 at the Skagit Conference Center in Bow, WA. Members interested in attending are Joan B., Marie, Mark, Fred, Duncan, Natasha, Betty, Candy, Jim, and David. Maria will coordinate registration and lodging if needed.

**Advisory Board Site Tour – Swinomish Wellness Center**

The first site tour will be at the Swinomish Wellness Center March 23<sup>rd</sup>, 2018 from 1:00 to 2:30.

**2018 North Sound Behavioral Health Organization County Authorities Executive Committee Appointees**

Informational for Advisory Board Members of newly appointed committee members

- San Juan County Council Member Jamie Stephens; Vice-Chair
- Snohomish County Council Nate Nehring
- Whatcom County Council Rud Browne

<b>EXECUTIVE DIRECTOR'S REPORT &amp; ACTION ITEMS</b>
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**Executive Director Report**

Joe reported on

- Legislation and Budget
- Integration Planning
- County Transition Plans
- Behavioral Health Facilities Update
- 1713 Implementation (Ricky's Law)

**Action Items**

Joe reviewed each of the Action Items with the Advisory Board

- A motion was made to move the Action to the County Authorities Executive Committee for approval. Motion was seconded all in favor.

<b>OMBUDS</b>
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Amanda Sloan gave the Semi-Annual Report January-June 2017

Top three grievances were

- Quality Appropriateness – 16
- Dignity and Respect – 14
- Physicians, ARNPs, and Medications – 7

FINAL by Advisory Board

Amanda spoke on the outreach OMUBDS has taken to community groups and will be reaching out to the youth population and emergency departments. The Substance Use Disorder providers have been trained in the grievance process.

#### **OLD BUSINESS**

##### **2018 Legislative Advocacy Priorities**

The final document was reviewed with the requested changes from the January meeting. Marie spoke on the scheduled appointments for the Legislative Session Trip February 22 – 23<sup>rd</sup>. The appointments with legislators have individual efforts related to the advocacy priorities.

##### **2018 Strategic Goals**

A motion was made to adopt the proposed 2018/2019 Strategic Goals. Motion seconded; all in favor.

##### **2018 July Retreat**

The Advisory Board Retreat will be on July 11<sup>th</sup>, 2018 at the Skagit Resort Conference Center in Bow, WA. It was determined to have a Planning Committee to begin the formation of the agenda. Members interested were Fred, Mark, Candy, and Pat.

#### **NEW BUSINESS**

##### **2018 North Sound BHO Advisory Board Legislative Session – Marie Jubie**

Marie spoke on the success of the years legislative session trip. Each legislator held a unique understanding on the top three Advisory Board legislative priority. Members that attended the legislative session trip were Marie, Duncan, Jennifer, Chris, and Ron.

#### **ACTION ITEMS**

##### **Executive & Finance Committee**

The February Expenditures were reviewed and discussed. A motion was made to move the Expenditures to the County Authorities Executive Committee for approval. Motion was approved.

#### **REPORT FROM ADVISORY BOARD MEMBERS**

None

#### **BRIEF COMMENTS OR QUESTIONS FROM THE PUBLIC**

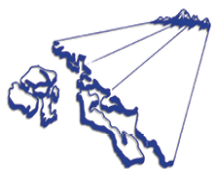
None

#### **ADJOURNMENT**

The Chair adjourned the meeting at 3:00 p.m.

#### **NEXT MEETING**

The next **Advisory Board meeting** is April 3<sup>rd</sup>, 2018 in Conference Room Snohomish



## **North Sound Behavioral Health Organization, LLC**

301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273  
<http://northsoundbho.org> • 360.416.7013 • 800.684.3555 • F 360.416.7017

### **Quality Management Oversight Committee (QMOC) Brief March 14, 2018**

#### **Policy 1704.00 – Crisis Services**

Betsy Kruse, North Sound BHO

Policy 1704 deals with Crisis Services. Minor changes were made to this policy, mostly name changes under policy section C.

#### **Release of Information Form and Checklist**

Betsy Kruse, North Sound BHO

The North Sound BHO Release of information form was provided as a resource for providers to use. The form was developed to comply with Federal and State law, but providers are responsible to be sure that the form they use meets their needs and policies. Privacy Policies are available on the North Sound BHO website at [www.northsoundbho.org/policies](http://www.northsoundbho.org/policies)

#### **2017 Critical Incidents Review Committee (CIRC) Report**

Kurt Aemmer, North Sound BHO

In the 2017 CIRC Report, the BHA reported 61 email and phone Critical Incident notifications. 45 of these were reported to the Department of Behavioral Health and Recovery (DBHR), and 16 were screened out. After a four-year continuous increase in the rate of violent incidents, 2017 showed decline from 82% to 59%.

#### **2017 Second Opinions Report**

Kurt Aemmer, North Sound BHO

In the 2017 Second Opinions Report, the BHA reported 61 email and phone Critical Incident notifications. Of the 11 Second Opinions requested, 7 were completed and 4 rescinded or waived. All the Second Opinion requests were External, and all met the 30-day requirement for completion.

#### **Policy 1558.00 – Mental Health Specialists**

Kurt Aemmer, North Sound BHO

Recommendation was made for the revisions to Policy 1558, Mental Health Specialist, to be approved. The main changes were to Policy language, specifically changing the word “consumer” to “individual”. QMOC approved these policy revisions.

#### **2017 Ombuds Semi Annual Report July-December**

Amanda Sloan, North Sound BHO

In the 2017 Ombuds Semi Annual Report for July-December, there were only 11 grievances, only 3 of which went to BHO level. There were no administrative hearings, only one appeal, and no second opinions.

**North Sound BHO Advisory Board Budget  
March 2018**

		All Conferences	Board Development	Advisory Board Expenses	Stakeholder Transportation	Legislative Session
	Total	Project # 1	Project # 2	Project # 3	Project # 4	Project # 5
Budget	\$ 42,000.00	\$ 16,000.00	\$ 3,545.00	\$ 20,200.00	\$ 255.00	\$ 2,000.00
Expense	(7,122.22)		(850.00)	(4,757.06)		(1,515.16)
Under / (Over) Budget	<b>\$ 34,877.78</b>	\$ 16,000.00	\$ 2,695.00	\$ 15,442.94	\$ 255.00	\$ 484.84
		↕	↕	↕	↕	↕

BHC , NAMI, COD, OTHER	BOARD SUMMIT (RETREAT)	Costs for Board Members (meals mileage, misc.)	Non- Advisory Board Members, to attend meetings and special events	Shuttle, meals, hotel, travel
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## North Sound Behavioral Health Organization, LLC.

## Warrants Paid

March 2018

	Type	Date	Name	Memo	Amount
<b>Advisory Board</b>					
			Supplies		
	Bill	03/06/2018	Mister T Trophies	Batch # 122742	330.65
	Bill	03/13/2018	Haggen Inc	Batch # 122856	457.08
	Bill	03/20/2018	Mister T Trophies	Batch # 122933	20.07
<b>Total · Supplies</b>					<b>807.80</b>
			Travel		
	Dep	02/27/2018	Advanced Travel Credit	return of unspent	-269.02
	Bill	03/06/2018	AA Dispatch	Batch # 122742	402.30
	Bill	03/06/2018	Yuen, Jennifer	Batch # 122742	134.07
	Bill	03/13/2018	McDonald, Mark	Batch # 122856	61.04
	Bill	03/13/2018	Betty Rogers	Batch # 122856	33.14
	Bill	03/13/2018	West, Duncan	Batch # 122856	160.02
	Bill	03/20/2018	Lodging/Tran-Legislative Trip	Batch # 122933	1,389.18
<b>Total · Travel</b>					<b>1,910.73</b>
			Miscellaneous		
	Bill	03/06/2018	Skagit Valley Resort-Dep.	Batch # 122742	850.00
<b>Total · Miscellaneous</b>					<b>850.00</b>
<b>Total · Advisory Board</b>					<b>3,568.53</b>



## MEMORANDUM

DATE: April 3, 2018

TO: North Sound BHO Advisory Board

FROM: Joe Valentine, Executive Director

RE: April 12, 2018 County Authorities Executive Committee Agenda

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Please find for your review the following that will go before the North Sound BHO County Authorities Executive Committee Meeting at the April 12, 2018 meeting:

For County Authorities Executive Committee Approval:

**Professional Service Contracts**

- Lake Whatcom Center (LWC) operates a transitional house for individuals exiting Western State Hospital. This contract pays for the rental expenses for the unit. The behavioral health services provided at the house are paid under an outpatient contract. Three additional beds have been added to respond to the need for transitional beds for individuals discharging from Western State Hospital (WSH).
- Therapeutic Health Services (THS) was awarded a Transition Age Youth WISE contract during a WISE RFP in 2017. The funding in this contract is for startup costs, recruitment, small tools, rentals etc. THS has incurred expenses since January 1, 2018.

**Motion #**

North Sound BHO-LWC Housing-PSC-18 for providing the funding to pay for the rent at the transition house in Bellingham. The maximum consideration on this contract is \$63,000 with a term of January 1, 2018 through December 31, 2018.

North Sound BHO-THS-PSC-18 for providing the funding to pay for start up costs associated with the implementation of a TAY WISE program in Snohomish County. The maximum consideration on this contract is \$ with a term of January 1, 2018 through June 30, 2018.

For County Authorities Executive Committee Ratification:

- Lake Whatcom Center (LWC) has a janitorial program employing individuals with lived experience. The North Sound BHO has contracted with LWC for janitorial services for several years.
- Lifeline Connections is a contracted substance use disorder (SUD) residential provider. During the 2016 RFP for SUD outpatient services, Lifeline was a

successful bidder and is currently in the process of establishing itself as an outpatient substance use disorder provider in the North Sound Region.

**Professional Service Contract**

North Sound BHO-LWC Janitorial-PSC-18 for providing the funding to pay for janitorial services at the North Sound BHO. The maximum consideration on this contract is \$64,000 with a term of January 1, 2018 through December 31, 2018.

**Outpatient Services Contract**

North Sound BHO-Lifeline Connections-BHSC-18 for providing the funding to pay for State funded SUD outpatient services in Island, Skagit and Whatcom Counties. The maximum consideration on this contract is \$55,701 with a term of January 1, 2018 through December 31, 2018.

North Sound BHO-Lifeline Connections-Medicaid-18 for providing the funding to pay for Medicaid funded SUD outpatient services in Island, Skagit and Whatcom Counties. The maximum consideration on this contract is \$418,767 with a term of January 1, 2018 through December 31, 2018

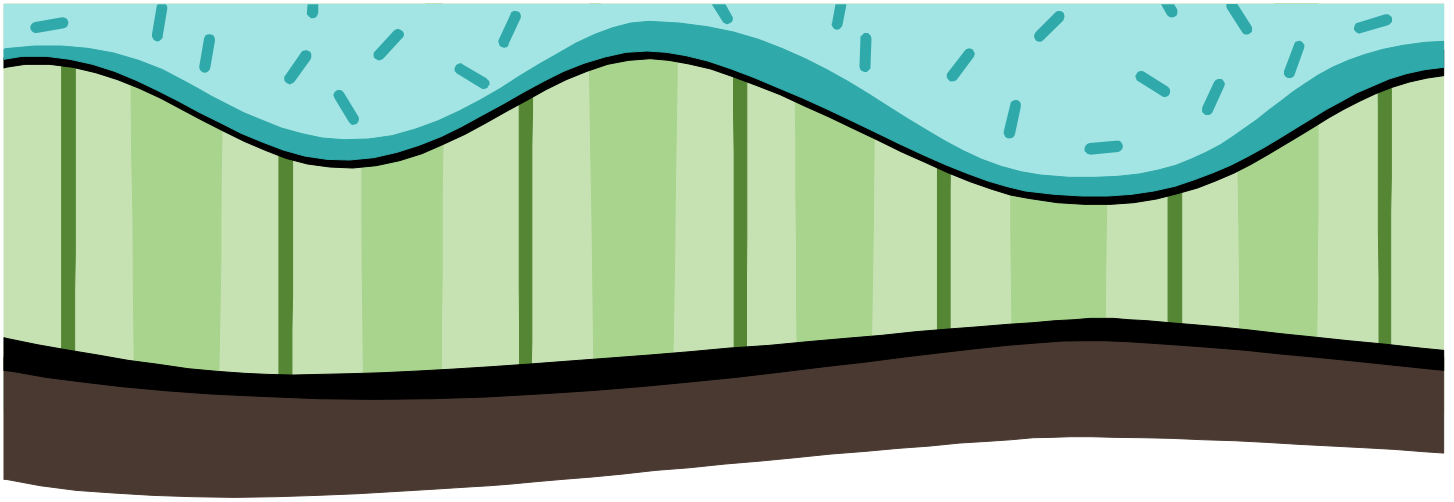
The descriptions below are brief overviews of the current Mental Health Block Grant (MHBG) projects. These projects will be continued through December 2018. Prior to the end of the year we will be coming back to the Advisory Board to discuss repurposing the MHBG funding for 2019 to align with the responsibilities and delegation functions of the Behavioral Health Administrative Services Organization (BH-ASO). The funding is prorated for six months, \$549,260.

County/Provider	Project	Six Month Allocation
Island	<p><i>The Housing Support Center will coordinate outreach to homeless individuals and make referrals for housing. The intended subcontractors will provide community-based services to housed individuals as requested. Additional community-based services will also be available should they be needed. The subcontractors will assist in connecting individuals to necessary housing and employment services. Services this program offers includes housing using the Housing First model, rental assistance, intensive case management including employment services and housing strategy and behavioral health assessment. The program utilizes a property specifically contracted for use as recovery housing and this program. Island County will continue to maintain its strong relationship with the landlord by ensuring any issues are addressed quickly.</i></p>	\$34,805
San Juan	<p>Parent Training: Strengthening Families Program for Parents and Youth 10-14: One series of seven sessions of the training per each island (Lopez and Orcas). Trainings run one session per week for parents and youth. Parents and their youth practice learned skills and</p>	\$18,982

	methods between each session. Each island will serve 12 families (maximum recommended for the Evidenced-Based Program), for a total of 24 families.	
<b>Skagit</b>	Consumer Voices are Born will continue to operate the Skagit Valley REACH Center as a safe and sober environment open to anyone wanting to participate in a recovery-based supportive community. SVRC staff encourage each participant to develop an individual wellness and recovery plan that includes goals for the year and how to use the SVRC to accomplish those goals.	\$48,449.50
<b>Snohomish</b>	Housing Support Services: A housing agency will administer permanent supported housing services for mental health, and administration of the program. 2. Hope Options Program: Provides intervention and case management services to seniors diagnosed with SMI whose housing has become unstable.	\$300,430.50
<b>Whatcom</b>	Recovery Housing: 43 adults living with serious mental illness were served in the SUN House program. They were provided housing and on-site 24/7 support for a minimum of three months. Peer Support: The CORS Team provided services to approximately 80 unduplicated individuals monthly. Since Whatcom County funds only a small portion of the total program, we will defer to NS BHO to provide the number of people served.	\$84,169.50
<b>Family Haven (Tulalip Tribes)</b>	<i>TEAM outreach staff will work with families, social workers and guardians, as well as detention</i>	\$37,424.50

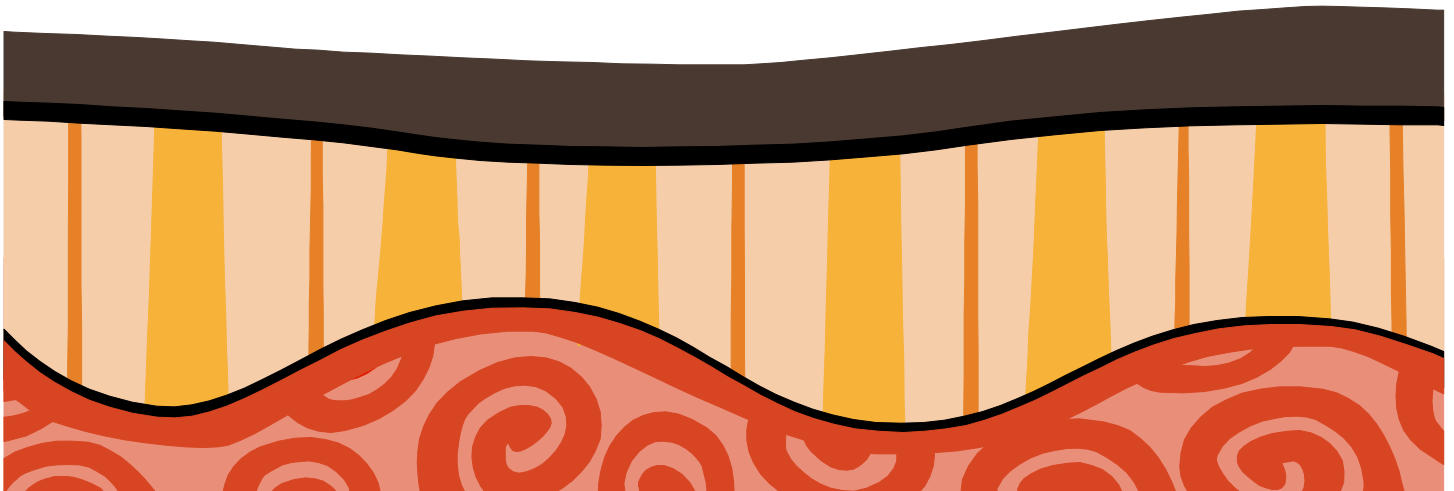
	<p><i>centers</i> and with schools on reaching out to parents of youth struggling to provide services to young native males who are struggling with more than normal adolescent issues but refuse to engage in typical offered services. This would include their physical; by attending Dr appointments, being physically active, eating healthy, engaging in school or job opportunities- getting back into school, finding school support, filling out applications practicing for interviews, discussing and dealing with substances; getting into services if needed, addressing feelings and emotions in healthy ways especially anger and depression and building on future goals.</p>	
<b>Portland NW Indian Board</b>	<p>Workforce Development: A feasibility study will be complete in the next few weeks and preliminary examinations of the BHA program in Alaska and potential partners have been completed. The next steps in the process are to secure an agreement with an education institution to house the BHA program or further explore a partnership between ANTHC and Alaska Pacific University for distance learning for the BHA program and to complete a gap analysis of existing programs to better understand what needs to be changed in order to implement a training program in the state.</p> <p>Action Items: Secure an agreement with an education institution or further explore a partnership with Alaska Pacific University for distance learning to start</p>	\$25,000

	<p>building a BHA training program in Washington</p> <p>Complete a gap analysis of existing programs (at the partner institution) to inform program development</p> <p>Continued outreach and consultation with tribal nations in Washington</p> <p>Continue to convene an advisory committee</p>	
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## 2018 Visual Art & Poetry Contest Themes

I am More  
This is my Courage  
Hope is in Bloom  
Nurturing Our Community  
Write, Create, Recover  
Accomplish, Create, Enjoy  
Art & Poetry, Hope & Recovery  
Celebrate Recovery  
My Road to Resiliency and Recovery  
Actually I can



NSBHO ADVISORY BOARD  
2017 ADVOCACY PRIORITIES  
(revised 1.5.2017)

BHO CAPITAL REQUESTS

- Evaluation & Treatment Center (E&T) – Skagit County
- 16-Bed Acute SUD Detoxification Facility – Skagit County (adjacent to E&T)
- 8-Bed Sub-Acute Detoxification and Mental Health Triage Facility – West Skagit County
- Two (2) 16-Bed SUD Inpatient Treatment Facilities – Snohomish County (Everett)
- 16-Bed Mental Health Triage Facility – Whatcom County (Bellingham)
- 16-Bed Acute SUD Detoxification Facility – Whatcom County (Bellingham)
- 16-Bed Long-Term SUD Treatment Facility – Location in North Sound Region
- Step-down Transitional Housing

CHILDREN & ADOLESCENTS

- School-based Behavioral Health (SMI & SUD) Treatment Options
- Inpatient Treatment
- Emergency Medical Services
- Law Enforcement Training (CIT for Youth)
- Youth Homeless
- Behavioral Healthcare Needs for Incarcerated
- Community-Based SUD and MH Treatment Facilities (Detox, Long-Term, and Outpatient)

HOMELESSNESS

- Permanent Housing
- Supported Housing
- Military Veterans
- LGBTQ Youth
- Tenant Rights
- Outreach Services and Staff

OPIOID TREATMENT OPTIONS

- Medication-Assisted Treatment
- Naloxone Distribution to First Responders and People with SUDs
- Needle Exchange Program Expansion
- Outreach Program Expansion
- Safe Injection Sites

GERIATRIC POPULATION

- Affordable, Low Income Housing
- Home-Based Outreach

- Access to Care
- Transportation
- Critical Behavioral Healthcare for Pre-demented and Demented

INTER-SERVICE COOPERATION / COLLABORATION

- Team-Based Outreach and Treatment (SWs + LE; CPIT; CDPs + MHPs + CPCs)
- Developmentally/Intellectually Disabled (Comorbidities; Complex Healthcare Needs)
- Primary Care Providers (Comorbidities; Complex Healthcare Needs)
- Community Health Workers
- Peer Recovery Coaches to support recovery from SUDs
- Home-based Nursing Care Workers
- Geriatric Facilities
- Criminal Justice (LE, Courts, Jails)

FORENSIC

- Jail-Based Behavioral Healthcare
- Alternatives to Jail
- Behavioral Health Courts (Mental Health; Drug; Family)

WORKFORCE

- New Housing and Recovery Services Teams
- Mobile Crisis Teams

GOVERNOR'S PROPOSED BUDGET



*Behavioral Health Administration*  
Office of Consumer Partnerships



Transforming  
Lives

**North Sound**  
**Behavioral Health Integration Forum**  
For those in services, their families, and supporters

**When:** May 15th, 2018  
**Time:** 11:00 am - 4:00 pm  
**Location:** Compass Health  
4526 Federal Ave  
Building 2 (Sanders Training Center)  
Everett WA 98203

**Free Pizza!**     **Free Raffles!**

**Great Networking!**

**Amazing Information!**

**Learn about changes planned in your area!**

- Review recovery principles with Mary Jadwisiak, Holding the Hope, and Jennifer Bliss, Manager of the Office of Consumer Partnerships
- Find out how integration will affect you. Meet and talk with representatives from:
  - your Accountable Community of Health
  - the Health Care Authority
  - the new Managed Care Organizations that will soon be providing your services
- Discuss strengths and needs in your area, including:  
Recovery     Consumer voice     Peer support
- Ask the questions that are on your mind—and express any concerns



**To register for the integration forum, please visit:**  
**<http://dbhrforums.eventbrite.com>**

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**North Sound Behavioral Health Organization  
Advisory Board Training/Conference Request Form**

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Title of Training/Conference: \_\_\_\_\_

Date(s) of Training/Conference: \_\_\_\_\_

Circle Day(s) of Conference:                      Mon    Tue    Wed    Thur    Fri    Sat    Sun

Location of Training/Conference: \_\_\_\_\_

Application of knowledge gained at Training/Conference: \_\_\_\_\_

\_\_\_\_\_

Total Travel/Registration Fee/Lodging/Meals Expenses: \$ \_\_\_\_\_

Will you be requesting a Travel Advance    Yes [ ]    No [ ]

*If "Yes," please attach Travel Advance Request Form*

Please do not write below this line.

☐ Approved      ☐ Disapproved

\_\_\_\_\_  
Advisory Board Authorization

\_\_\_\_\_  
Date

\_\_\_\_\_  
North Sound BHO Executive Director Authorization

\_\_\_\_\_  
Date





# RESILIENCE, INNOVATION, HEALTH

## 2018

Washington Behavioral  
Healthcare Conference

June 20-22 | Kennewick, Washington



WASHINGTON COUNCIL  
FOR BEHAVIORAL HEALTH



# WHO WE ARE

*The Washington Council for Behavioral Health (WA Council) is the sponsor and organizer of the annual Behavioral Healthcare Conference. Over the past 38 years, the WA Council and its provider members have offered services that promote the creation of healthy and secure communities through partnerships. The WA Council is a non-profit, professional association of licensed community behavioral health centers across the state of Washington who have joined together to create a unified, representative voice that speaks on behalf of community behavioral health. Advocating in support of community behavioral health centers and behavioral health consumers, the WA Council develops public policy initiatives, promotes partnerships and provides high quality behavioral health care education.*

## PLEASE JOIN US

Welcome to the 29th annual Washington Behavioral Healthcare Conference (WBHC), **Resilience, Innovation, Health**. Healthcare system reform, state and regional restructuring and Medicaid transformation continue around us at a breathtaking pace. As community behavioral health providers and people living with the challenges of mental illness and/or substance use disorders, we're gathering in June to support resilience and ongoing innovation as we work for improved individual and community health. Let's learn from the experts and from each other, share thoughts, ideas and opinions, and have some fun!

We're pleased to bring you an exciting and diverse lineup of inspiring speakers, many of whom have faced obstacles and seized opportunities to make a difference, advancing hope, health and recovery. These national and regional experts, consumer leaders, and local providers will offer you their knowledge, tools, and resources to recognize opportunity and create change in your own communities.

We're especially excited to introduce the 2018 WBHC keynote speakers:

- **Roy Fisher, MA, LMFT**, a leader in the fields of equity, inclusion, and the impact of race on mental health
- **Sheila Hamilton**, a five-time Emmy award winning journalist and radio host who talks about resilience in surviving the suicide of her husband
- **Fred Osher, MD**, an expert in homelessness, community psychiatry, and effective approaches to people with behavioral health disorders within criminal justice settings

Other highlights of the three days in Kennewick are the 35 workshops, with tracks focusing on corrections & mental health, recovery & resiliency, integration, co-occurring disorders, and management, leadership & operations.

We gratefully acknowledge support for the WBHC from the DSHS Behavioral Health Administration/Division of Behavioral Health & Recovery and the Department of Corrections.

We invite you to join us in Kennewick for this outstanding educational event!

Sincerely,

Ann Christian, CEO  
Washington Council for  
Behavioral Health

Jeff Thomas, Chair  
Washington Council for  
Behavioral Health and  
CEO, Frontier Behavioral Health

Darcell Slovek-Walker, Chair  
Washington Council for  
Behavioral Health Education  
Committee and CEO, Transitional Resources

Wednesday, June 20

## Wednesday Pre-Conference Activities

Subject to Change

**Location: Three Rivers Convention Center**

**8:00 am – 5:00 pm • Pre-Conference Programs**

**9:00 am – 4:30 pm**

Pre-conference Seminar: **Law & Ethics: Safe Practice – Liability Protection & Risk Management** (6.0 CE clock hours) (additional registration fee required) (lunch on your own)

*A. Steven Frankel, PhD, Esq., Adjunct Professor of Law, Golden Gate University School of Law and Clinical Professor of Psychology, University of Southern California*

This six-hour workshop in law, ethics and regulation outlines key legal and ethical information pertaining to maintaining clinical records, privacy regulations and confidentiality. It begins with a review of recently enacted or modified laws, which have implications for all jurisdictions in the United States. The program then turns to issues concerning record retention from a legal liability viewpoint rather than the simple statements of how long records must be kept, and websites that provide helpful information about liability and risk management for any/all mental health clinicians, and then turns to an analysis of record-keeping requirements. The presentation then reviews situations in which clinicians are involved in the legal system and especially in courts of law, including witness categories. We then review practice formations, and ways to create and manage mental health practices, including how to cope with reputational problems. The program ends with information about developments for involuntary commitment, internet practice and a review of the best online training for child abuse reporting.

*This educational program fulfills continuing education requirements required by Washington State for Licensed Social Workers, Mental Health Counselors and Marriage and Family Therapists for the mandatory biennial "Law and Ethics" training requirements. Certificates for 6.0 CEUs will be issued to attendees who attend the program in its entirety.*

**9:00 am – 4:30 pm**

Pre-conference Seminar: **Assessing & Managing Suicide Risk** (6.25 CE clock hours) (additional registration fee required) (lunch on your own)

*Jennifer Barron, BSW, MA, MBA, Forefront, University of Washington School of Social Work*

Assessing & Managing Suicide Risk (AMSR) is a one-day workshop for health professionals that will help them better assess suicide risk, plan treatment, and manage the ongoing care of clients at-risk for suicide. Behavioral health providers play a crucial role in preventing suicides and yet, many providers report that they feel inadequately trained to assess, treat and manage suicidal clients. AMSR meets providers' needs for research-informed, skills-based training, and is appropriate for all mental health professionals including social workers, marriage & family therapists, psychologists and licensed mental health counselors. By the end of the workshop, attendees will be able to recognize the 12 core competencies that enable social workers and mental health professionals to assess and work effectively with individuals at risk of suicide; increase their knowledge and skills in eliciting suicide ideation, behavior, plans and intent; increase their knowledge and skills in making a clinical judgment of the short and long term risks for suicide; and increase their knowledge and skills in developing a treatment and services plan

that addresses the client's immediate, acute and continuing risk for suicidal behaviors. AMSR meets the legislative mandate for training under ESHB 2366.

### Pre-Conference Membership Activities for WA Council for Behavioral Health

#### MEMBERSHIP MEETINGS

WA Council Board and Membership Meetings –  
8:00 am – 1:00 pm

*(Details will be sent to member Agency Directors)*

## Wednesday Conference Activities

**8:00 am – 6:00 pm • Registration Open**

**Location: Three Rivers Convention Center**

**4:30 pm – 6:30 pm • Welcome Reception**  
(CE clock hours not available)

Come mingle and network with fellow conference attendees and beat the Thursday morning registration rush! Light appetizers and refreshments will be provided.

**5:30 pm – 7:00 pm • Recovery & Resiliency Roundtable**  
(CE clock hours not available)

Consumers, youth, and families in Washington State – come share your thoughts about recovery and resiliency efforts with the Division of Behavioral Health & Recovery! Let the Division and the Office of Consumer Partnerships know what you think is working and what needs to change concerning behavioral health programs and services. Join us for an interactive and informative meeting.

Thursday, June 21

**7:30 am – 5:00 pm • Registration Open**

**Location: Three Rivers Convention Center**

**7:30 am – 8:30 am • Breakfast & Vendor Tables Open**

**8:30 am – 10:00 am • Welcome**

**Jeff Thomas**, Chair, Washington Council for Behavioral Health and CEO, Frontier Behavioral Health

**Chris Imhoff**, Director of the Division of Behavioral Health & Recovery, DSHS, or a designee



**KEYNOTE ADDRESS by Fred C. Osher, MD**, Director, Health Systems and Services Policy, Council of State Governments Justice Center

**The Crisis of Mental Illness in Our Criminal Justice System: Stepping Up to Reduce Over-Representation**  
(1 CE clock hour)

The over-representation of persons with mental illnesses in the criminal justice system is a national tragedy. With criminal justice partners, community behavioral health

providers have implemented innovative programs to improve public health and safety outcomes for people with mental and co-occurring substance use disorders involved with the justice system. Despite these efforts, challenges remain, and progress has been slow in reducing the overall prevalence of adults with serious mental illnesses in our jails and prisons, and on

*Continued on next page*

community corrections caseloads. Long-term strategies must be guided by available data and promising outcomes from pilots and demonstration programs. These efforts must be comprehensive in scope, and at a scale reflective of the large number of affected individuals. This presentation will describe the factors that contribute to over-representation, identify common challenges faced by community stakeholders, and describe a national campaign to move our nation toward more rational policies and programs: the Stepping Up Initiative. Examples will be presented of how behavioral health leaders have been catalysts to develop effective systems level responses to individuals with behavioral disorders in the criminal justice system.

## 10:15 am – 11:45 am • Workshops

### **T101 What Am I Seeing? The Startling Prevalence of TBI in the Correctional Setting & What To Do About It** (1.5 CE clock hours)

*Daniel Overton, MC, LMHC, MHP, CBIS, Washington State Dept. of Veterans Affairs*

Irritability, aggressiveness, poor judgments, slow processing, sleep and memory problems are just a few of the symptoms that a person with a traumatic brain injury (TBI) shares with people with other mental health diagnoses. While the prevalence of TBI is very high in corrections settings (as high as 85% of the inmate population), most are going unrecognized/untreated for many reasons, including a lack of understanding and acceptance of the impact a TBI can have on a person's life. A TBI raises the risk that an offender will engage in and/or be a victim of further violence (including suicide), can complicate psychiatric treatment, cause behavioral problems, and interfere with treatment objectives. Many have a TBI prior to arriving in prison, which increases the risk of additional TBIs, and with each consecutive concussion the symptoms can compound and new symptoms emerge. In this presentation, attendees will learn how to recognize, document and treat TBI in their clients.

### **T102 Implementing Evidence-Based Practices as a Step Toward Value Based Services** (1.5 CE clock hours)

*Doyanne Darnell, PhD, Harborview Mental Health & Addiction Services; Emily Puma, LICSW, Harborview Mental Health & Addiction Services; Sunny Lovin, LICSW, Harborview Mental Health & Addiction Services*

As the healthcare system moves from fee for service to a value based payment model, Harborview Mental Health & Addiction Services will provide attendees with one agency's process for implementing evidence-based practices into day to day operations as an initial step to offering value based services. The presenters will discuss how the agency identified the EBPs implemented, how they devised training and sustainability protocols for staff delivering the services, the tools utilized to measure outcomes, and the ongoing challenges of keeping the momentum going.

### **T103 The Resilient Practitioner: Avoiding Compassion Fatigue & Burnout While Working in Behavioral Health Settings** (1.5 CE clock hours)

*Kirsten Wilbur, EdD, OTR/L, School of Occupational Therapy, University of Puget Sound*

Nurturing the self is critical to providing compassionate care, preventing burnout and maintaining personal and professional quality of life. And yet, issues of self-care are missing from most professional training programs. In order to function effectively as a health care professional and/or personal caregiver, it's important to cultivate self-awareness around the issues of burnout and compassion fatigue. Through the use of self-assessment, small group activities, and large group discussions, this session will lead participants in self-reflection, learning to

recognize professional and personal situations that lead to compassion fatigue and burnout. Participants will complete quality of life and life stress measures to identify their own signs and symptoms of burnout and fatigue, learn to identify tools and resources for self-care, and establish a self-care plan that can encourage re-focusing on the joys of practice.

### **T104 Essential Skills in Improving Health Outcomes in Mental Health Populations** (1.5 CE clock hours)

*John Kern, MD, University of WA AIMS Center; Sara Barker, MPH, University of WA AIMS Center; Anne Shields, RN, MHA, University of WA AIMS Center*

This workshop, using an engaging, active learning format, focuses on the skills and processes needed to effectively monitor and support the physical health outcomes of our clients. These outcomes have been identified in recent years as a major obstacle to recovery for our high risk clients, for whom no other part of the health system takes responsibility. The WA Medicaid Demonstration Project provides an unprecedented opportunity for behavioral health providers to access support for this crucial activity, so this is the perfect time for agencies and providers to develop the needed skills and organization. A measurement-based approach, using a straightforward registry, and a care management approach that builds on the existing strengths of behavioral health agencies, has been demonstrated to be effective for supporting care in this area. Participants in this session will work as a team to manage the care of a group of clients, using tools that can be easily translated to real-life practice in your agency.

### **T105 Effective Community Collaboration for Substance Use Disorder Prevention** (1.5 CE clock hours)

*Sarah Mariani, Division of Behavioral Health & Recovery; Julia Havens, Division of Behavioral Health & Recovery*

The Washington State Division of Behavioral Health and Recovery began implementing the Community Prevention and Wellness Initiative (CPWI) in 2011 by directing funding and limited prevention resources to high-need communities. CPWI is implemented through active partnerships with other state agencies, counties, Educational Service Districts (ESDs), local school districts, and more. CPWI utilizes evidence-based practices to deliver culturally competent prevention programs and strategies to delay initiation and reduce alcohol, tobacco, marijuana and other drug use, and upon initial evaluation is showing promising outcomes in WA. Attendees will be provided with an overview of the implementation of CPWI, preliminary evaluation results from the statewide evaluation, and learn about best practices for fostering and sustaining productive collaborative relationships to implement this approach.

### **T106 Supportive Housing Services & Subsidies: Two Legs of the Stool** (1.5 CE clock hours)

*Melodie Pazolt, Division of Behavioral Health & Recovery; Cary Retlin, MPA, WA State Dept. of Commerce; Wanda Johns, Division of Behavioral Health & Recovery*

Affordable housing has often been described as a three-legged stool (capital to build housing, services to assist someone obtain and maintain housing, and subsidies to help pay for housing). Now that CMS has approved Supportive Housing services through the 1115 Medicaid Transformation Demonstration, this workshop will provide an update on implementation as well as opportunities for agencies to deliver these important recovery oriented supports. This workshop will also review the legislative directive for a Behavioral Health Housing Administrator position through the WA Department of Commerce and the partnership that has ensued. Learn how to work collaboratively with our housing partners, and about new resources to assist individuals with services and housing subsidies.

## **T107 Working with Older Adults: Creativity & Collaboration** (1.5 CE clock hours)

*Kimberly Acuff, LICSWA, GMHS, Sunrise Services, Inc.; Colby Rezayat, LICSWA, GMHS, Sunrise Services, Inc.; Greg Arnold, MA, LMHC, CMHS, North Sound Behavioral Health Organization*

This presentation will discuss Sunrise Services' Geriatric Transitions Program (GTP) and highlight what we've learned about working with older adults, whose number is estimated to almost double between 2012 and 2050. The goal of the GTP is to reduce the length of inpatient stay, stabilize housing, prevent individuals from being discharged from facilities or evicted from their residence, and from being admitted to the hospital and/or presenting to emergency departments for behavioral health issues. Our team will share how we work with individuals - meeting them where they're at, assessing their needs, utilizing their strengths and natural supports, engaging with clients, caregivers, and others at their residence, providing education, collaborating and information sharing with multiple systems involved in their care, and using creativity to address their needs. We'll also discuss assessment areas related to aging, tools to evaluate memory/cognition, depression and anxiety, and define what is normal aging and what is dementia.



**11:45 – 1:15 pm • LUNCH AND KEYNOTE ADDRESS** by **Sheila Hamilton**, five-time Emmy award winning journalist and radio host

**Resilience: How Crisis Taught Us to Love, Laugh & Live Harder Than Before** (1 CE clock hour)

In every moment, we are choosing: lightness or dark, truth or lies, vulnerability or detachment. Our family's mental health crisis forced me to ask if I'd been living with as much openness, and as much

vulnerability as I should have. When my husband David's body was found, I realized I had one choice: recede into the shame and stigma he suffered from, or choose honesty, openness and truth. I chose the latter and it has reframed the entire way I view life. As humans, we are charged with helping one another through the worst periods of our lives. Asking for help offers the antidote to shame and stigma because it allows others to respond with empathy, with love and compassion. Let people show how good they can be. Ask for help.

## **1:30 pm – 3:00 pm • Workshops**

### **T201 Intake to Re-Entry: Preventing Recidivism through Evidence-Based Practice** (1.5 CE clock hours)

*Kendra Cullimore, MSW, Dept. of Corrections; Nathaniel Burt, PhD, Dept. of Corrections; Kimberly Dickens, LICSW, MSW, Dept. of Corrections*

This presentation will describe the how, what, when and where of the re-entry process of a vulnerable population: incarcerated individuals. We'll discuss how evidence-based practices encourage professional collaboration and teamwork among mental health, social work, and community organizations. Attendees will learn how needs (including mental illness and other special needs) are identified in both male and female reception correctional facilities statewide. An interactive discussion will include causes of recidivism, how DOC is addressing the mental health & social work needs of every individual it serves, what social workers do in correctional environments, how mental health & social work collaborate using evidence-based practices, and the importance of creating and maintaining community partnerships and the effect of this on recidivism.

## **T202 I'm the CEO...Uh, Oh! Legacy, Legends & Repudiation** (1.5 CE clock hours)

*Joe Roszak, MA, Kitsap Mental Health Services; Terri Card, MA, MHA, Greater Lakes Mental Healthcare; Doug Crandall, MA, Community Psychiatric Clinic*

Ever wonder what it's like to be the new CEO on the block? How do you deal with "but we've always done it this way"? In this session you'll learn about the multitude of challenges faced by new CEOs, including the inherited legacy of the previous CEO, the legends of past CEOs, and the repudiation of "what was" as you lead the agency to "what will be." Join us for an insightful and honest look behind the curtain of the C-suite. Mr. Roszak will lead an interactive discussion about barriers and challenges facing incoming leadership that will include: navigating the ghosts of previous CEOs, legacies, how long will history overshadow your "now," going forward without rolling over, entry and transition as a new CEO, community and staff engagement (putting that best foot forward), staying true to yourself, and more!

### **T203 Investing in the Development of Clinical Resilience: Helping Clients Not Feel Broken** (1.5 CE clock hours)

*Jerry Blackburn, MEd, CDP, Friends of Youth*

Regardless of the area in which we practice clinically, those we care for are often actively developing maladaptive coping strategies. These skill sets, albeit a method of protection, frequently put clients at odds with the community structures they must engage. Add to this the number of individuals impacted by Adverse Childhood Experiences and it becomes evident that supporting the development of resilience with our clients is a vital, culturally responsive provision. Join me as we look at the basics of resilience, neuroplasticity as it relates to unique development, and the common adversity our clients encounter just trying to manage life on life's terms. As an antidote we'll look to foster confidence, community connection, and the aptitude to manage their condition with self-assurance in a host of social milieus. It's no secret that our clients often feel broken in comparison to those around them; let's help them feel whole.

### **T204 Tools to Assist Providers in the Transition to Integrated Managed Care** (1.5 CE clock hours)

*Bre Holt, MPH, Qualis Health; Diane Vrenios, Outlook Associates; Jared Sanford, MPA, Lifeline Connections*

Healthcare reform in Washington will require significant changes for behavioral health and substance use providers, including changes in billing, data reporting, and coordination of care. The Practice Transformation Support Hub (HUB), through direct engagement with providers and stakeholders across the state, has developed and tested tools to assist Washington providers in this transition. This session will share these newly-developed tools and resources to support care coordination, assess readiness for value-based payment agreements, and assess and plan for the transition to integrated managed care from a billing and information technology readiness perspective. It will also cover implementing technology and workflow processes to identify client ER and inpatient visits to support care coordination, and include perspectives from a behavioral health agency with experience implementing these tools.

### **T205 WA State Opioid State Targeted Response (STR) Grant** (1.5 CE clock hours)

*Stephanie Endler, MPA, Division of Behavioral Health & Recovery; Deb Cummins, Division of Behavioral Health & Recovery; Asif Khan, MD, Northwest Integrated Health*

The WA State Opioid State Targeted Response (WA-Opioid STR) is an effort to address the opioid epidemic through increased access to prevention, treatment, and recovery services. The plan builds on the WA State Interagency Opioid Working Plan, existing

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infrastructure, and expanded implementation of proven programs and strategies to meet the needs of the state. WA-Opioid STR involves multiple organizations working in collaboration to address the issues related to the opioid epidemic. This session will provide an overview and status of the 18 projects that make up the treatment and prevention sides of the grant, and will include perspectives from one of the participating treatment agencies.

**T206 Race Awareness: Microaggressions & Messages Through Time** (1.5 CE clock hours)

*Jennifer Blomgren, Navos; Kerri Gibbard Kline, MA, LMHC, Public Health – Seattle & King County*

Part of the history of the United States includes overtly racist institutions and policies such as slavery, redlining, and Jim Crow laws. This history impacts the mental health of diverse populations; resulting mental health disparities are documented in many reports, and are often due to unchecked provider bias and deep-seated barriers to access. Too often, those of us in the behavioral health field remain unaware of the historical oppression that affects how clients are able to access care today. This workshop seeks to increase awareness of the impacts of historical racism and to develop discernment of everyday microaggressions within our field in order to decrease mental healthcare disparities for diverse populations. Attendees will learn about the taxonomy of microaggressions, and will be able to identify two or more articulated themes of microaggressions within the context of their own experiences in the behavioral health field. We'll also explore what messages these microaggressions send and the impact of those messages on the client experience.

**T207 From De-Escalation to Crisis Intervention: Raising the Bar for Responders** (1.5 CE clock hours)

*Andrew Prisco, Department of Social & Health Services*

Behavioral health crisis response is a rapidly growing initiative within systems of care, correctional systems, and public safety agencies. Agency administrators are often tasked with the responsibility to seek out meaningful training for their staff. Pre-packaged "de-escalation" trainings are sought to address the business need, but their impact is often negligible and the same issues that preceded the training remain on the job. This session will propose that reducing violence and related injuries during behavioral health emergencies requires more than de-escalation skills and scenario training. It requires the responder's ability to regulate their sympathetic nervous system response to threat, as well as deeper understanding of their personal wellness prior to intervention with a person-in-crisis. We'll distinguish between primitive and evolved brain systems that influence responder actions, consider methods to override fight/flight activation when it happens and reduce the power of personal triggers, and consider the presentation of trauma within the responder as well as in the person-in-crisis.

## 3:15 pm – 4:45 pm • Workshops

**T301 Reducing the Number of People with Mental Illnesses in Your County Jail: Answering Six Questions to Guide Your Effort** (1.5 CE clock hours)

*Fred C. Osher, MD, Director, Health Systems and Services Policy, Council of State Governments Justice Center*

This workshop will describe a blueprint for systemic changes at the County level that are necessary to reduce unnecessary incarceration of people with mental illnesses. It will use the publication "Reducing the Number of People with Mental Illnesses in Jail: Six Questions County Leaders Need To Ask" to stimulate an interactive discussion about efforts in the participants communities to address the over-representation of people with mental illnesses in their jail. Topics will include screening and assessment of behavioral disorders, collecting

baseline data and measuring progress, and information sharing. Participants will learn ways to improve effectiveness of current efforts to work with justice involved persons with mental illnesses, identify key elements in pre and post booking diversion initiatives to impact jail prevalence rates of mental illnesses, and identify the requisite treatment, supervision, and supports for people returning to communities from correctional settings.

**T302 Understanding Value-Based Payment for Behavioral Health** (1.5 CE clock hours)

*Joan Miller, JD, Washington Council for Behavioral Health; Rick Helms, MSW, Qualis Health*

This joint presentation by the Washington Council for Behavioral Health, Qualis Health, and Peninsula Behavioral Health will provide an introduction to value-based payment (VBP) principles and common terms, discuss how Washington State is approaching the transition to value-based payment in behavioral healthcare, and share tools developed during the course of a multi-partner project to create a Value-Based Payment Practice Transformation Academy (VBP Academy) for community behavioral health agencies. We'll provide an overview of the principles of VBP, and a behavioral health agency will share its experiences participating in the VBP Academy and its perspective on the importance of preparing for VBP arrangements and anticipating potential barriers along the way. We'll also share resources and tools developed for the VBP Academy, including a VBP Planning Guide and Roadmap.

**T303 NAMI Smarts for Advocacy: Changing Hearts & Minds** (1.5 CE clock hours)

*Trez Buckland, PhD, MEd, University of Washington; Mary M. Stephenson, NAMI Yakima*

This grassroots skill building workshop, taught by NAMI volunteers from King and Yakima counties, is designed to help you explore why advocacy is important for all of us and how it's critical to our lives. You'll learn how your personal story of challenge, recovery, and hope is a valuable tool for changing minds. Legislators vote on laws and budgets that determine who gets what care at what cost; your brief, well-told story can be a valuable tool to get legislators' attention when they're faced with many issues from a wide variety of groups. In this session, you'll learn how to tell your powerful advocacy story & practice with a partner, and how to prepare and use it in a legislative meeting. Your well-crafted story will support legislative "asks" that save lives and taxpayer dollars, help make mental health care accessible, and break down the stigma associated with mental health conditions.

**T304 Primary Care Behavioral Health Skills Review: Research & Rationale to Commonly Used Interventions in the Primary Care Setting** (1.5 CE clock hours)

*Phillip Hawley, PsyD, Yakima Valley Farm Workers Clinic; Nicholas Wiarda, PsyD, Yakima Valley Farm Workers Clinic; Sarah McVay, PsyD, Yakima Valley Farm Workers Clinic*

The Yakima Valley Farm Workers Clinic is one of the largest community health center networks in the country with 24 medical sites. YVFWC encompasses a variety of integrated services, and has 16 fully integrated behavioral health consultants (BHCs) providing services for patients at 14 primary care locations across Washington and Oregon. Within YVFWC, BHCs see a wide range of patients for all types of concerns, including medical problems and the whole range of behavioral health disorders, and use a variety of evidence-based interventions. This presentation will explore these approaches and provide clear and simple tactics to maintain a trauma-informed, patient centered intervention from the perspective of three YVFWC BHCs. We'll discuss how each intervention can be tailored to specific demographics, cultures, languages, and age groups, and provide a demonstration the techniques that are used in primary care to help increase daily functioning to communities and populations.



### **T305 Addressing Stigma & Stereotypes in Substance Use Disorders: Perspective from a Hospital Setting** (1.5 CE clock hours)

*Jessica Warmbo, LSWAIC, CDPT, Harborview Medical Center; Kris Bennett, CDP, Harborview Medical Center*

The SBIRT (Screening, Brief Intervention, & Referral to Treatment) team from Harborview Medical Center will facilitate a dialogue about the impact of stigma and stereotypes on patient care, and discuss ways to overcome these barriers. As a level-one trauma center that also serves some of the region's most medically complex and vulnerable populations, staff often treat the serious medical complications of substance use. Medical staff often receive minimal, if any, education on substance use, but frequently work with patients using the SBIRT model, in addition to advocating for and educating providers about patients who use drugs and alcohol. This presentation will discuss examples of biased beliefs about substance use, and open a discussion about how providers can disrupt stereotypes and fight stigma in their own workplace and communities. We'll discuss aspects such as person first language, myths about substance use, harm reduction, and community advocacy.

### **T306 Operationalizing Peer Support: Increasing the Peer Workforce** (1.5 CE clock hours)

*Stephanie Lane, MSW, Washington State University; Jennifer Bliss, MEd, Division of Behavioral Health & Recovery; Patricia Marshall, Division of Behavioral Health & Recovery*

Peer support is one of the most exciting developments in recovery-oriented supports today, in part thanks to the excellent outcomes and increased recovery orientation agencies experience when they hire peers. Some agencies employ a large number of peers, yet others hire few or none. DBHR has been training peers to be Certified Peer Counselors since 2005; what has been missing, however, is a consistent effort to help agencies and BHOs hire and utilize peers. One barrier to hiring peers has been a lack of training on the "how-tos": how to write a job description, what to look for in an employee, how to code for peer support, how to supervise peer work when you're not a peer, and more. DBHR is currently investing in educating BHOs and agencies in these issues through the Operationalizing Peer Support project. This presentation will describe the program and opportunities in your region for training, as well as a brief overview of some of the most common questions and answers about hiring peers, and perspectives from BHOs and agencies.

### **T307 All Patients Safe** (1.5 CE clock hours)

*Jennifer Stuber, PhD, Forefront Suicide Prevention*

Washington State is the only state in the nation to require that all behavioral health and health care providers have training in suicide assessment, management and treatment. While these laws will likely increase the knowledge, confidence, and self-efficacy of our workforce to intervene with patients at-risk for suicide, these gains will not be sustainable unless we accompany them with practice changes that support providers in this life-saving work. This presentation will present a model for suicide prevention in agency settings that can increase patient safety and reduce their liability for wrongful death suits. It will also help participants identify where their agency or organization is with respect to the model. Attendees will watch a demonstration suicide prevention intervention between a doctor and a patient, discuss the All Patients Safe model, develop a baseline for where their agency or organization is currently relative to the model, and develop specific goals and strategies for practice transformation, including connecting back with the presenter to ascertain progress made on achieving the first goal.

### **4:45 pm – 5:15 pm • Quick Take Session(s)**

*(Session(s) will be announced on-site)*

### **5:30 pm – 7:00 pm • Peer Support Reception** (CE clock hours not available)

The Division of Behavioral Health and Recovery's Peer Support Program invites certified peer counselors and those interested in becoming certified peer counselors to a reception. This is an opportunity to meet and network with other certified peer counselors, provide input to the Division regarding your experiences with peer support, and to celebrate the life-changing service certified peer counselors provide across the state. Refreshments will be provided.

## **Friday, June 22**

### **7:30 am – 9:00 am • Breakfast & Vendor Tables Open**



### **9:00 am – 10:00 am • KEYNOTE ADDRESS** by **Roy Fisher, MA, LMFT**, Efficient Counseling PLLC

### **Race Matters: Engagement, Healing and Ownership for Lasting Change** (1 CE clock hour)

Roy Fisher presents a thoughtful and compelling narrative on current racially and culturally based conflict and how we're all affected by it. High profile events over the last several years have brought racial dynamics to the front page. In addition, the recent, increased focus on trauma in the field of mental health has presented clinicians with the opportunity to consider how complicated trauma can negatively impact the health and wellness of the people they serve. Unfortunately, studies like Adverse Childhood Experiences don't explicitly examine how racially-based trauma experiences impact specific groups. African-Americans, Latinos, and Native Americans continue to navigate a world where they are viewed negatively, and this inarguable reality certainly has a measurable mental health effect. Clinicians must consider the impact and legacy of slavery, colonization, internalized racism and immigration on the overall wellbeing of these groups. Roy shares his experiences and insight, and explores the relationship between our collective history and individual experiences while working towards healing our collective trauma.

## **10:15 am – 11:45 am • Workshops**

### **F401 Suicide Prevention in Correctional Environments** (1.5 CE clock hours)

*Jason Robinson, MA, K.S. Anderson Consulting*

The suicide rates in correctional environments are exceedingly high compared to the general population. This training will describe how and why correctional settings contribute to such a high suicide rate, high risk time periods for suicide, how negative attitudes about suicide can impede prevention efforts, how to identify inmates at risk of suicide, how we can effectively work with inmates to reduce their risk factors, how to make referrals for at-risk inmates, and policy recommendations to help reduce the potential for suicide.

#### **F402 A CEO-Led Initiative to Develop an Employee Wellness Program** (1.5 CE clock hours)

*Jeff Thomas, EdD, Frontier Behavioral Health*

This presentation will walk attendees through the process that Frontier Behavioral Health has gone through over the course of 18 months to develop a wellness program for agency staff. The program was developed by a team assembled by the CEO, drawing upon numerous resources and ideas from multiple sources but not following or emulating any particular employee wellness program "model." The process itself has also not followed a typical path, as the CEO made the decision to be hands-on, serving as lead/facilitator of the team. This decision was made both to demonstrate the organization's commitment to this endeavor, and to ensure that it was not inhibited by any barriers that could be removed by the CEO's intimate involvement in the process.

#### **F403 The R-E-C-O-V-E-R-Y Model of Self-Care for People Living with Mental Illness: An Evidence-Based Approach to Psychiatric Recovery** (1.5 CE clock hours)

*Laura Dreuth Zeman, PhD, MSW, LCSW, Southern Illinois University & Crab Orchard Counseling*

This session will present an original conceptual model developed to teach self-care to adults and adolescents who live with symptoms related to mental illness. The model organizes self-care techniques using the acronym R-E-C-O-V-E-R-Y. The themes are Realize, Educate, Connect, Own, Verify, Evaluate, Renew, and You. Together, the themes provide insight and skills to help consumers understand symptoms and practice self-care recovery supports. The model integrates techniques that researchers proved to be successful, and is intended to provide consumers with access to the latest research on self-care, and empower them to manage their own symptoms and build self-care skills. The session will also review sample worksheets that translate the model into practical steps, and there will be discussion of the role of consumer self-care in successful mental health recovery.

#### **F404 Promoting Whole Person Care through Value Based Purchasing & Community Reinvestment** (1.5 CE clock hours)

*Rhonda Hauff, Yakima Neighborhood Health Services; Keith Brown, MD, Community Health Plan of WA*

Yakima Neighborhood Health Services and Community Health Plan of WA will provide an overview of how value-based purchasing has enabled community reinvestment and expansion of whole person care, by integrating primary care, behavioral health, supportive housing and employment, and basic needs assistance for our most vulnerable populations. We'll outline the processes employed to develop and implement value-based purchasing strategies through strong care coordination, including steps taken to expand and enhance the full continuum of behavioral health services, increase bi-directional integration between medical and behavioral health providers, and expand affordable supportive housing services, as well as recuperative respite care for homeless individuals.

#### **F405 Bridging the Gap in Behavioral Health** (1.5 CE clock hours)

*Jennifer Bliss, MEd, Division of Behavioral Health & Recovery; Lauren Davis, Washington Recovery Alliance; Katie Person*

The fields of substance use and mental health often do not share common language or perspective, in spite of efforts to integrate services. As our fields become even more integrated, how do we support each other and bridge our differences? This presentation will focus on arriving at a better understanding of alternate perspectives and an appreciation for other viewpoints. We'll look at differences in language, treatment, views of recovery and stigma, and other topics raised by the audience. We'll look at what we call each other and ourselves: clients, addicts, peers,

individuals, consumers, and more. We'll consider what these terms mean to us, whether there's a common language, and what recovery means in substance use and in mental health. Attendees will leave with tools to articulate commonalities and the keys to successful integration, as well as an understanding and appreciation of the viewpoints of others.

#### **F406 WA State's New Journeys First Episode Psychosis Program: Sharing Successes & Lessons Learned** (1.5 CE clock hours)

*Becky Daughtry, MSW, CMHS, LICSW, Behavioral Health Resources; Todd Blair, MA, Comprehensive Healthcare; Oladunni Oluwoye, PhD, CHES, Washington State University, IREACH*

This presentation will provide information, resources and data on WA State's New Journeys early intervention model for treating people experiencing first episode psychosis. This interdisciplinary, team-based model includes Family Education, Individual Resiliency Training, Psychopharmacological Treatment & Medication Management, Supported Employment & Education, peer support, and case management services. This presentation will describe team member roles and bring awareness to the early signs of psychosis, as well as the importance of building early intervention services to address the needs of people experiencing first episode psychosis. Presenters will also provide data-based and first-hand accounts of what New Journeys entails, as well as data on the Year 3 evaluation findings and implications for future program development and implementation, including the development of new innovations within the current New Journeys model.

#### **F407 When Race/Racism is the Elephant in the Room: How to Bring Up Race in Therapeutic Conversations and Not Come Undone** (1.5 CE clock hours)

*Sherronda Jamerson, MA, CDP, Harborview Mental Health & Addiction Services; Robert Lewis, Harborview Medical Center*

Over the last few years, racial divisions have been explored more openly in the American mainstream. However, in most therapeutic relationships, clients of color are not likely to open up if their provider is of a different race. In a time when racial turmoil hits the news daily, worries about safety, belonging, inclusion, and more are commonplace for both individuals and communities of color. When those worries aren't expressed in therapeutic encounters, they become the elephant in the room. Learning to listen for the clues and skillfully bringing up race are opportunities to connect meaningfully with your clients of color and provide them with the high quality of care they deserve. This presentation will focus on three areas – why you should care, how to listen for the coded language of race, and what you can do. We'll discuss implicit bias, trauma evidenced in clients, and case studies of how clients of color have presented concerns about race in therapeutic encounters, and share tactics for introducing race into therapeutic conversations, maintaining openness and moving forward.

### **11:45 – 12:45 pm • Afternoon Activities**

**LUNCH & AWARD PRESENTATIONS** (CE clock hours not available)

### **1:00 pm – 2:30pm • Workshops**

#### **F501 Diagnostic, Legal & Risk Considerations When Working with Clients with Complex Clinical Presentations** (1.5 CE clock hours)

*Wendi Wachsmuth, PhD, Western State Hospital*

In the fields of community, correctional, and forensic mental health, clinicians frequently encounter clients with complex diagnostic presentations. Often, these cases require the clinician to offer opinions and recommendations that may greatly impact

the safety of the client and the community at large. This presentation will address several aspects of this phenomenon, including elements of differential diagnosis, legal standards and considerations, and an overview of violence risk concerns. In some instances, determining underlying issues of a client's presentation will result in whether or not a person stands trial, has their liberties restricted, or is allowed to remain free in the community. This presentation will examine a variety of disorders in this context. Ultimately, we as mental health professionals are left with the responsibility of influencing policies and procedures, and sometimes legal decisions, based on our knowledge of interventions and outcomes, positive or negative. This presentation aims to increase competency in this challenging area.

#### **F502 Developing Strong Leaders & A Competent Workforce: Growing Pains & Triumphs** (1.5 CE clock hours)

*Sharon Gentry, MEd, Lutheran Community Services Northwest;  
Megan French, MSW, Lutheran Community Services Northwest*

After growing by 300% in four years and hiring many new employees, Lutheran Community Services discovered cracks in service delivery in its wraparound program because new staff weren't being properly trained and supervisors lacked a framework to adequately coach staff to a place of fidelity wraparound. This presentation will discuss how a specific onboarding and apprentice system, as well as a coaching framework for ongoing supervision and professional development, were developed and implemented for all new hires agency wide. Attendees will hear how data has proven that this intentional onboarding leads to staff feeling more supported and competent as they transition to working with families on their own, and how the coaching framework helps to develop independent, competent staff with critical thinking skills who can then effectively move child and family teams through the wraparound process and achieve the goals families have defined for themselves.

#### **F503 Resilience Building: Strong Family & Youth Toolboxes** (1.5 CE clock hours)

*Pattie Marshall, CPC, Division of Behavioral Health & Recovery;  
Evelyn Maddox, CPC, Division of Behavioral Health & Recovery;  
Kathleen Fasnacht, Youth Peer*

This workshop will provide tools and resources for behavioral health professionals to help families and youth develop strong resiliency toolboxes. When families struggle, it's difficult to see past the challenges and focus on hope. The facilitators know first-hand about staying resilient and will share their stories of hope and resilience. This interactive workshop will include inspirational youth, family, parent and system success stories, and will cover topics including understanding and talking about developmental assets, Adverse Childhood Experiences, and trauma-informed parenting. It will also cover why language matters, how youth and families are strengthened when we reframe our challenges into strengths, and the importance of gratitude to resilience. We'll use the power of the group to discover strengths, share our stories and get a resiliency work out!

#### **F504 Sally's Story: How Integrated Managed Care Changed Her Life** (1.5 CE clock hours)

*Victoria Evans, MSW, LICSW, CDP, Molina Healthcare of WA; Julie Lindberg, LICSW, Molina Healthcare of WA*

Integrated care is seamless care that's designed and delivered with the customer at the heart of the conversation, and values individual needs. By 2020, all 9 regions of the state will integrate physical and behavioral health Medicaid services into a single managed care contract referred to as Integrated Managed Care (IMC); this is intended to create a full continuum of behavioral health services and recovery supports for adults and youth. Join us to hear Sally's story and other examples that describe the

patient experience of integrated care, and to learn about opportunities related to the delivery of behavioral health and medical care for those with behavioral health conditions, how models of care and delivery of care might change, and what this might mean for consumers and practicing clinicians.

#### **F505 Beyond Stuckness: Teens, Trauma & Substance Use Disorders** (1.5 CE clock hours)

*David Flack, MA, LMHC, CDP*

In surveys of teens receiving treatment for substance use disorders, more than 70% report histories of traumatic exposure, and other studies show nearly 60% of teens warranting a diagnosis of post-traumatic stress disorder will develop a co-occurring substance-related problem. These statistics demonstrate a strong connection between substance use and traumatic stress. Unfortunately this connection often goes unnoticed and unaddressed – leading to teens stuck in endless cycles of maladaptive behaviors, experiencing multiple treatment failures and frustrating even the most dedicated professional helpers. To break this cycle, those of us working with teens need to develop increased understanding of the ways that trauma and substance-related problems impact each other. We also need to develop the skills necessary to help teens move beyond the stuckness. In this workshop, we'll deepen our understanding of ways trauma can impact teens and examine the connections between traumatic stress and substance use, and explore strategies for treating trauma in teens. Inspired by motivational interviewing, stages-of-change theory, and trauma-informed care, these field-tested strategies will increase engagement, improve outcomes, and help participants get unstuck.

#### **F506 The Care & Feeding of Natural Supports** (1.5 CE clock hours)

*Michelle Mann, ED, MHP, CMHS, Washington State University Workforce Collaborative; Stephanie Lane, MSW, CPC, Washington State University Workforce Collaborative*

Natural supports (personal relationships in the community, including friends, family, colleagues, classmates, and more) are for everyone! This session will describe ideas and strategies for the development and ongoing cultivation of natural supports for people receiving treatment from clinical teams, therapists, case managers, and more. Come learn how to identify natural supports, the role diversity plays in them, how to individualize and tailor natural supports for you or your clients, and managing team conflict using natural supports. We'll problem solve and explore common barriers and solutions to using them in treatment – we want you to leave with new ideas and practical tools and enthusiasm for increasing natural supports among your clients.

#### **F507 Don't Shoot: A Community Approach to People in Psychiatric Crisis** (1.5 CE clock hours)

*Steve Einhaus, BA, Eastern State Hospital; Bart Stevens, BS, Spokane Police Department*

This presentation will highlight the problems faced by people in the throes of a psychiatric crisis and by those in law enforcement, who are usually the last responders to a situation that is out of control. It will include a first person account of a crisis incident that had a positive outcome – hospitalization rather than a fatality. It will also describe the positive impact the Spokane Police Department's Crisis Intervention Training (CIT) has had – the incidence of people in psychiatric crisis being shot has been drastically reduced. Attendees will also learn more about how early intervention helps people avoid reaching a point of crisis. We hope that attendees will leave encouraged to advocate in their communities for CIT and other viable solutions to working with people in crisis.

# ACTIVITIES AT A GLANCE

## Wednesday, June 20 · PRE-CONFERENCE PROGRAMS

8:00 am – 6:00 pm	Conference Registration
8:00 am – 1:00 pm	WA Council Board & Membership Meetings
9:00 am – 4:30 pm	Law & Ethics: Safe Practice – Liability Protection & Risk Management (Separate Registration Fee)
9:00 am – 4:30 pm	Assessing & Managing Suicide Risk (Separate Registration Fee)
3:00 pm – 6:00 pm	Vendor Set Up
4:30 pm – 6:30pm	Welcome Reception
5:30 pm – 7:00 pm	Recovery & Resiliency Roundtable

## Thursday, June 21 · CONFERENCE PROGRAMS

7:30 am – 8:30 am	Breakfast
7:30 am – 5:00 pm	Conference Registration
8:30 am – 10:00 am	Welcome
	<b>Jeff Thomas</b> , Chair, Washington Council for Behavioral Health and CEO, Frontier Behavioral Health
	<b>Chris Imhoff</b> , Director of the Division of Behavioral Health & Recovery, DSHS or a designee
	<b>KEYNOTE ADDRESS</b> by <b>Fred Osher, MD</b> , <i>The Crisis of Mental Illness in Our Criminal Justice System: Stepping Up to Reduce Over-Representation</i>

TRACKS	CORRECTIONS & MENTAL HEALTH	MANAGEMENT, LEADERSHIP & OPERATIONS	RECOVERY & RESILIENCY
<b>Thursday, June 21</b>	<b>T101</b>	<b>T102</b>	<b>T103</b>
10:15 am – 11:45 am	What Am I Seeing? The Startling Prevalence of TBI in the Correctional Setting & What To Do About It	Implementing Evidence-Based Practices as a Step Toward Value Based Services	The Resilient Practitioner: Avoiding Compassion Fatigue & Burnout While Working in Behavioral Health Settings
11:45 am – 1:15 pm	<b>LUNCH &amp; KEYNOTE ADDRESS</b> by <b>Sheila Hamilton</b> , <i>Resilience: How Crisis Taught Us to Love, Laugh &amp; Live Harder Than Before</i>		
1:30 pm – 3:00 pm	<b>T201</b>	<b>T202</b>	<b>T203</b>
	Intake to Re-entry: Preventing Recidivism through Evidence-Based Practice	I'm the CEO...Uh Oh! Legacy, Legends & Repudiation	Investing in the Development of Clinical Resilience: Helping Clients Not Feel Broken
3:15 pm – 4:45 pm	<b>T301</b>	<b>T302</b>	<b>T303</b>
	Reducing the Number of People with Mental Illnesses in Your County Jail: Answering Six Questions to Guide Your Effort	Understanding Value-Based Payment for Behavioral Health	NAMI Smarts for Advocacy: Changing Hearts & Minds
4:45 pm – 5:15 pm	<b>Quick Take Session(s)</b> (announced on site)		
5:30 pm – 7:00 pm	<b>Recovery &amp; Resiliency Roundtable</b>		
<b>Friday, June 22</b>	<b>CONFERENCE PROGRAMS</b>		
7:30 am-9:00 am	<b>BREAKFAST, VENDOR TABLES OPEN</b>		
9:00 am – 10:00 am	<b>KEYNOTE ADDRESS</b> by <b>Roy Fisher, MA, LMFT</b> , <i>Race Matters: Engagement, Healing &amp; Ownership for Lasting Change</i>		
10:15 am – 11:45 am	<b>F401</b>	<b>F402</b>	<b>F403</b>
	Suicide Prevention in Correctional Environments	A CEO-Led Initiative to Develop an Employee Wellness Program	The R-E-C-O-V-E-R-Y Model of Self Care for People Living w/Mental Illness
11:45 am – 12:45 pm	<b>Lunch and Awards Presentation</b>		
1:00 pm – 2:30 pm	<b>F501</b>	<b>F502</b>	<b>F503</b>
	Diagnostic, Legal, & Risk Considerations When Working with Clients with Complex Clinical Presentations	Developing Strong Leaders & A Competent Workforce: Growing Pains & Triumphs	Resilience Building: Strong Family & Youth Toolboxes

The following hotels in Kennewick, WA are offering special rates for conference participants - these hotels have the rates listed here. When making hotel reservations at these hotels, you must mention that you are with the Washington Behavioral Healthcare Conference to obtain these rates. Reservations received after May 15, 2018 will be on a space-available basis.

**SpringHill Suites**  
7048 W Grandridge Blvd  
Kennewick, WA 99336  
Phone: (509) 820-3026  
\$124 + tax

**Hilton Garden Inn**  
701 N Young Street  
Kennewick, WA 99336  
Phone: (509) 735-4600  
\$119 + tax

**Red Lion Columbia Center**  
1101 N Columbia Center Blvd  
Kennewick, WA 99336  
Phone: (509) 793-0611  
\$96 + tax single, \$106 + tax double





INTEGRATION	CO-OCCURRING DISORDERS	SERVICES & PARTNERSHIPS	SERVICES & PARTNERSHIPS
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**T104**  
Essential Skills in Improving Health Outcomes in Mental Health Populations

**T105**  
Effective Community Collaborations for SUD Prevention

**T106**  
Supportive Housing Services & Subsidies: Two Legs of the Stool

**T107**  
Working with Older Adults: Creativity & Collaboration

**T204**  
Tools to Assist Providers in the Transition to Integrated Managed Care

**T205**  
WA State Opioid State Targeted Response (STR) Grant

**T206**  
Race Awareness: Microaggressions & Messages through Time

**T207**  
From De-Escalation to Crisis Intervention: Raising the Bar for Responders

**T304**  
Primary Care Behavioral Health Skills Review: Research & Rationale to Commonly Used Interventions in the Primary Care Setting

**T305**  
Addressing Stigma & Stereotypes in Substance Use Disorders: Perspectives from a Hospital Setting

**T306**  
Operationalizing Peer Support – Increasing the Peer Workforce

**T307**  
All Patients Safe

**F404**  
Promoting Whole Person Care through Value Based Purchasing & Community Reinvestment

**F405**  
Bridging the Gap in Behavioral Health

**F406**  
WA State's New Journeys First Episode Psychosis Program: Sharing Successes & Lessons Learned

**F407**  
When Race/Racism is the Elephant in the Room: How to Bring Up Race in Therapeutic Conversations & Not Come Undone

**F504**  
Sally's Story: How Integrated Managed Care Changed Her Life

**F505**  
Beyond Stuckness: Teens, Trauma & Substance Use Disorders

**F506**  
The Care & Feeding of Natural Supports

**F507**  
Don't Shoot: A Community Approach to People in Psychiatric Crisis

**Red Lion Inn & Suites Kennewick**  
602 N Young St.  
Kennewick, WA 99336  
Phone: (509) 396-9979  
\$96 + tax single, \$106 + tax double

**Quality Inn**  
7901 W Quinault Avenue  
Kennewick, WA 99336  
Phone: (509) 735-6100  
\$96 + tax

**Comfort Inn**  
7801 W Quinault Avenue  
Kennewick, WA 99336  
Phone: (509) 783-8396  
\$119 + tax

**Fairfield Inn Kennewick**  
7809 W Quinault Avenue  
Kennewick, WA 99336  
Phone: (509) 783-2164  
\$104 + tax

# INFORMATION

## Continuing Education (CE)

Up to **10.5 clock hours** of Continuing Education (for Licensed Social Workers, Licensed Mental Health Counselors and Licensed Marriage & Family Therapists) are available to participants attending the entire conference. Certificates will be issued to participants based on the number of hours they have attended at the conference. Additional hours are also available through the Law & Ethics course and the Assessing & Managing Suicide Risk courses (separate registration fees required). Tracking forms to record and submit continuing education clock hours will be available on-site at the conference.

The Washington Council for Behavioral Health (600 Stewart St., Suite 202, Seattle WA 98101, 206-628-4608) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5849. Programs that do not qualify for NBCC credit are clearly identified. The Washington Council for Behavioral Health is solely responsible for all aspects of the programs.

## Consumer, Advocate & Family Advocate Scholarships

Full and partial Consumer, Advocate & Family Advocate Scholarships are available from various sponsors. We recommend contacting your local Behavioral Health Organization, your local state advocacy nonprofit organizations (e.g. NAMI) or your area clubhouse. ***Please note that scholarships cover the conference registration fee, but do not cover hotel costs or extra fees associated with pre-conference activities such as the Law & Ethics or Assessing & Managing Suicide Risk courses.***

The Washington Council for Behavioral Health is the sponsor of the 2018 Washington Behavioral Healthcare Conference. Our system partners are the Department of Social and Health Services' Behavioral Health Administration/Division of Behavioral Health & Recovery and the Department of Corrections. **We are grateful for conference funding support from the DSHS Behavioral Health Administration/Division of Behavioral Health & Recovery, and from the Department of Corrections.** The Council also thanks the Behavioral Health Advisory Committee for its support of the conference.

## ACKNOWLEDGEMENTS

The Washington Council for Behavioral Health would like to acknowledge and thank the 2017-2018 Education Committee, who played an invaluable role in the conference planning and decision-making. The Committee Members are:

**Darcell Slovek-Walker**, Chair, Transitional Resources

**Doug Crandall**, Catholic Community Services

**Patrick Evans**, Sound

**Brigitte Folz**, Harborview Mental Health Services

**David Nielsen**, NEW Alliance Counseling Services

**Faith Richie**, Telecare

**Wendy Sisk**, Peninsula Behavioral Health

**Richard Stride**, Cascade Mental Health Care

We would also like to thank:

**Ruth Leonard**, Division of Behavioral Health & Recovery

**Karie Rainer**, Department of Corrections

## READY TO REGISTER?

**On-line at [www.wbhc.org](http://www.wbhc.org)**

**Or...Open this page, complete the registration form  
and fax or mail it in!**

# REGISTRATION

## REGISTRATION OPTIONS:

Online at: [www.wbhc.org](http://www.wbhc.org)

Fax the WBHC Registration Desk: 206-623-2540

### Mail to the Registration Desk:

WBHC c/o SH Worldwide  
100 W Harrison Street, Suite S370  
Seattle, WA 98119

### For Registration Information contact:

Alexandria McInnes at 206-923-8597 or e-mail  
[wbhc@shworldwide.com](mailto:wbhc@shworldwide.com)

Registration cannot be taken via phone.

Sorry, no one-day or split registration available.

NAME	
AGENCY	
MAILING ADDRESS	
CITY	
STATE	ZIP
PHONE	
FAX	
EMAIL:	

## SPECIAL ACCOMMODATIONS

Individuals requiring reasonable accommodations may request written material in alternate format, sign language interpreters, physical accessibility accommodations or other reasonable accommodations by contacting 206-219-1368, or TTY users may call 800-833-6388 (WA Relay Service) **by May 2, 2018.**

- ☐ Vegetarian meals requested
- ☐ Dietary Restrictions: \_\_\_\_\_

## AFFILIATIONS

- |   |   |
|---|---|
| <input type="checkbox"/> Adm/Mgmt Staff | <input type="checkbox"/> Consumer       |
| <input type="checkbox"/> Advocate       | <input type="checkbox"/> Peer Counselor |
| <input type="checkbox"/> Clinical Staff | <input type="checkbox"/> Other: _____   |

## ORGANIZATION

- |  |                                       |
|--|---------------------------------------|
| <input type="checkbox"/> Advocacy Organization | <input type="checkbox"/> DOC          |
| <input type="checkbox"/> BHO                   | <input type="checkbox"/> DSHS: _____  |
| <input type="checkbox"/> Community MH Agency   | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Consumer Organization |                                       |

# FEES

## PRECONFERENCE PROGRAMS | Wed, June 20, 2018

### Law and Ethics: Safe Practice (9:00 am – 4:30 pm)

- ☐ \$150 if paid/postmarked by May 18, 2018
- ☐ \$175 if paid/postmarked on May 19, 2018 or later
- ### Assessing & Managing Suicide Risk (9:00 am – 4:30 pm)
- ☐ \$175

## CONFERENCE PROGRAMS | Wed-Fri, June 20-22, 2018

- ☐ \$275 per person\* if paid/postmarked by May 18, 2018
- ☐ **Group Discount: \$240** per person\* for groups of 3 or more when registered at the same time and if paid/postmarked by May 18, 2018.  
**No group discount on or after May 19, 2018**

- ☐ \$295 per person\* if paid/postmarked on May 19, 2018 or later

- ☐ \$40 to purchase luncheon for a guest: Name: \_\_\_\_\_

\* Fee includes two continental breakfasts, two lunches, and reception, beverage breaks.

\$\_\_\_\_\_ **total amount** enclosed or authorized by your agency's purchase order (P.O.) number or credit card

## CANCELLATION/REFUND POLICY

- Cancellations must be sent to WBHC c/o SH Worldwide in writing by mail or fax. You may also transfer your registration to a substitute by notifying the WBHC c/o SH Worldwide in writing by mail or by fax.
- Cancellations received before May 25, 2018 will be refunded, minus a \$50 non-refundable fee.
- Cancellations received May 26 – June 7, 2018 will be refunded, minus a \$75 non-refundable fee.
- No refunds will be processed for cancellations received on or after June 8, 2018.

## PAYMENT METHOD

- ☐ Check ☐ Money Order ☐ Purchase Order\*

\* Attach a copy and write PO number here \_\_\_\_\_

### Please make checks payable to: WBHC c/o SH Worldwide

Mailing address:

100 West Harrison, Suite S370, Seattle, WA 98119

- ☐ Visa ☐ MasterCard

CARDHOLDER NAME	CCV CODE
CARD NUMBER	EXP. DATE
BILLING ADDRESS INCLUDING ZIP CODE	
AUTHORIZED SIGNATURE	

Registration will not be considered complete unless payment, credit card authorization or written purchase order is provided.

## WORKSHOP SELECTION

Select one workshop for each time slot by checking the appropriate boxes. Registrants will receive confirmation of their selection upon arrival in Kennewick. Room assignments are based upon the number of persons preregistered for each session. Registrations cannot be processed without workshop selections.

- ☐ I plan to attend the Recovery & Resiliency Roundtable on Wednesday, June 20
- ☐ I plan to attend the Peer Support Reception on Thursday, June 21

### THURSDAY, JUNE 21 (Check one for each time slot)

- |                  |                               |                               |                               |                               |                               |                               |                               |
|------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| 10:15 – 11:45 am | <input type="checkbox"/> T101 | <input type="checkbox"/> T102 | <input type="checkbox"/> T103 | <input type="checkbox"/> T104 | <input type="checkbox"/> T105 | <input type="checkbox"/> T106 | <input type="checkbox"/> T107 |
| 1:30 – 3:00 pm   | <input type="checkbox"/> T201 | <input type="checkbox"/> T202 | <input type="checkbox"/> T203 | <input type="checkbox"/> T204 | <input type="checkbox"/> T205 | <input type="checkbox"/> T206 | <input type="checkbox"/> T207 |
| 3:15 – 4:45 pm   | <input type="checkbox"/> T301 | <input type="checkbox"/> T302 | <input type="checkbox"/> T303 | <input type="checkbox"/> T304 | <input type="checkbox"/> T305 | <input type="checkbox"/> T306 | <input type="checkbox"/> T307 |

### FRIDAY, JUNE 22 (Check one for each time slot)

- |                  |                               |                               |                               |                               |                               |                               |                               |
|------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| 10:15 – 11:45 am | <input type="checkbox"/> F401 | <input type="checkbox"/> F402 | <input type="checkbox"/> F403 | <input type="checkbox"/> F404 | <input type="checkbox"/> F405 | <input type="checkbox"/> F406 | <input type="checkbox"/> F407 |
| 1:00 – 2:30 pm   | <input type="checkbox"/> F501 | <input type="checkbox"/> F502 | <input type="checkbox"/> F503 | <input type="checkbox"/> F504 | <input type="checkbox"/> F505 | <input type="checkbox"/> F506 | <input type="checkbox"/> F507 |



WASHINGTON COUNCIL  
FOR BEHAVIORAL HEALTH

2018 Washington Behavioral Healthcare Conference  
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600 Stewart Street, Suite 202  
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# 2018

## Washington Behavioral Healthcare Conference

June 20-22 | Three Rivers Convention Center | 7016 W Grandridge Blvd., Kennewick, WA 99336

### CONFERENCE HIGHLIGHTS

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- Tracks this year on corrections and mental health, recovery and resiliency, integration, co-occurring disorders, management, leadership & operations, and more!
- National and local experts
- Over 35 workshops
- Up to 10.5 Continuing Education Clock Hours available
- Online registration at [www.wbhc.org](http://www.wbhc.org)

***Read more about these and other exciting conference details inside!***

## DON'T MISS THIS OPPORTUNITY

the**washingtoncouncil**.org