

# ADVISORY BOARD PRE-MEETING

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August 7th, 2018

12:10-12:50PM

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**North Sound Behavioral Health Organization**

**Betsy Kruse**

Deputy Director

Quality Management Oversight Committee (QMOC) 101

**Quality Management Oversight Committee**  
**Charter *Revision*** Accepted 8/26/09 Revision 4/2016

The Quality Management Oversight Committee (QMOC) is a standing advisory committee of the North Sound Behavioral Health Organization (North Sound BHO) Board of Directors. It is responsible for the oversight of quality management systems of the entire North Sound BHO, and for reviewing all quality management activities and making recommendations for quality improvement to the Board. QMOC ensures the gathering and analysis of data and reports to recognize the need for improvement or change (as outlined in the Quality Management Work Plan).

The Quality Management Oversight Committee (QMOC) is chaired by a Member of the Board of Directors (or designated alternate). Two Members of the Board of Directors (or designated alternates) appointed by the Board are voting members of QMOC.

Other voting members are:

- Eleven members nominated by the North Sound BHO Advisory Board, at least three of whom shall be current Advisory Board members, and of the eleven, membership must include a minimum of four current consumers. One Ombuds representative
- Three County Coordinators who report QMOC activities to colleague county coordinators who then report to their Advisory Boards
- One representative from each contracted provider who deliver services in each of the five counties.
- One Tribal representative nominated by the North Sound BHO Tribal Committee

Nonvoting member:

- NORTH SOUND BHO's Quality Manager (staff to the committee)

Members of the Quality Management Oversight Committee are approved annually by the Board of Directors

QMOC committee member responsibilities include the following:

- Newly appointed QMOC members are expected to participate in an orientation session upon joining the committee.
- Attend a majority of meetings unless excused by the Chair  
If a QMOC Committee member cannot attend, the designated alternate listed on the Membership list can attend in their place.
- Review all meeting materials prior to the meeting and be prepared to contribute to topics discussed.

At any regularly-scheduled meeting where actions are required, a Quorum (defined as a minimum of 9 QMOC members) must be present to vote, with a simple majority of those present being non-provider participants (consumer/advocate/family, Ombuds and/or County Coordinators). Any Policy that has a dissenting vote will be referred to the Board of Directors or designee for decision.

The Committee meets at least quarterly. Subcommittees of QMOC will meet as often as needed to accomplish their tasks in a timely manner.

The Quality Management Oversight Committee is accountable for:

- Overseeing the development, approval, and evaluation of the biennial NORTH SOUND BHO Quality Management Plan, including its submission to the Board of Directors for recommended adoption, as well as any needed revisions,
- Reviewing and recommending action on reports from NORTH SOUND BHO and contracted service providers,
- Reviewing data from providers and from NORTH SOUND BHO's measurement tools,
- Making recommendations to all providers on actions to be taken for continuous quality improvement,
- Reviewing the NORTH SOUND BHO quarterly and biennial reports (every 6 months) related to concurrent/retrospective reviews, consumer and advocate reports and reports on performance indicators; makes recommendations for future service needs.
- Establishing ad hoc committees to review issues/concerns that need more time to fully assess and make recommendations.
  - All ad hoc committees will include consumer/advocate/family member participation as well as provider participation.
- Keeping attendance and meeting summaries of all QMOC and subcommittee meetings.

**North Sound Behavioral Health Organization**  
301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273

**ADVISORY BOARD AGENDA**

August 7th, 2018

1:00 p.m. – 3:00 p.m.

**CALL TO ORDER & INTRODUCTIONS**

**REVISIONS TO THE AGENDA**

**APPROVAL OF MINUTES FROM PREVIOUS MEETING**

Approval of June Minutes.....TAB 1

Approval of July Minutes.....TAB 2

**ANNOUNCEMENTS**

Natasha Raming – Whatcom County

**BRIEF COMMENTS OR QUESTIONS FROM THE PUBLIC**

**STANDING COMMITTEE REPORTS (Briefs from Each Committee Attached)**

- Quality Management Oversight Committee (QMOC).....TAB 3

**EXECUTIVE/FINANCE COMMITTEE REPORT**

Approval of the July Expenditures.....TAB 4

**EXECUTIVE DIRECTOR’S REPORT & ACTION ITEMS**

**Executive Director’s Report Items**

- Report from Joe.....TAB 5

**Executive Director’s Action Items**

- Action Items/Memorandum.....TAB 6

**OLD BUSINESS**

**NEW BUSINESS**

Ashley Kilgore – Snohomish County

Christy Korrow – Island County.....TAB 7

2018 North Sound BHO Visual Art and Poetry Contest Judging.....TAB 8

Quality Management Oversight Committee (QMOC) Vacancy

2019-2020 Advocacy Priorities.....TAB 9

2019 – 2020 Work Plan

**REPORT FROM ADVISORY BOARD MEMBERS**

**REMINDER OF NEXT MEETING**

- The next scheduled meeting is September 4th, 2018 in Conference Room Snohomish

**ADJOURN**

APPROVED by Advisory Board

**North Sound Behavioral Health Organization**

301 Valley Mall Way, Suite 110, Mount Vernon, WA 98273

**ADVISORY BOARD MINUTES**

June 5th, 2018

1:00 p.m. – 3:00 p.m.

**ATTENDANCE**

**Advisory Board Members Present**

Island: Candy Trautman, Chris Garden

San Juan: Theresa Chemnick

Skagit: Duncan West, Ron Coakley, Joan Lubbe

Snohomish: Marie Jubie, Jack Eckrem, Fred Plappert, Joan Bethel, Pat O'Maley-

Lanphear, Jim Bloss, Carolann Sullivan

Whatcom: David Kincheloe, Arlene Feld, Michael Massanari

**Excused Advisory Board Members**

Island:

San Juan:

Skagit:

Snohomish: Jennifer Yuen

Whatcom: Natasha Raming, Mark McDonald

**Absent Advisory Board Members**

Island:

San Juan:

Skagit:

Snohomish:

Whatcom:

**NSBHO Staff Present**

Joe Valentine (Executive Director)

Maria Arreola (Administrative Assistant II)

**Guests Present**

Ashley Kilgore – Snohomish County

**CALL TO ORDER & INTRODUCTIONS**

The Chair called the meeting to order at 1:06 p.m. and introductions were made.

**REVISIONS TO THE AGENDA**

The Chair inquired regarding revisions to the Agenda. None mentioned.

**APPROVAL OF MINUTES FROM PREVIOUS MEETING MINUTES**

May minutes were approved by a motion and vote. All in favor.

**STANDING COMMITTEE REPORTS (Briefs from Each Committee Attached)**

- Quality Management Oversight Committee (QMOC) Report (No May meeting held)

## ANNOUNCEMENTS

Ashley Kilgore from Snohomish County spoke of her interest to serve on the North Sound Behavioral Health Organization Advisory Board.

Marie Jubie will be receiving the Lifetime Achievement Award from the Disability Rights of Washington. Ron acknowledged Marie's continuous work on coordinating the legislative session trip every year.

Save the date Co-Occurring Disorders and Treatment Conference October 15 – 16<sup>th</sup>. The conference will be held at the Yakima Convention Center. Those who are interested in attending to notify Maria.

Jim and Marie requested to further discuss the disbandment of the Snohomish County Advisory Board. This topic will be further discussed as an agenda item during the July retreat.

Arlene spoke to the Northwest Youth Services is constructing housing for ages between 18 and 24 in Whatcom County. Various religious locations are beginning to offer temporary housing services.

## EXECUTIVE DIRECTOR'S REPORT & ACTION ITEMS

### Executive Director Report

Joe reported on

- Integration Planning
- Update on IMD Funding Shortfall
- Behavioral Health Facilities Update
- WISe Expansion Update
- Behavioral Health Enhancement Funds

### Action Items

Joe reviewed each of the Action Items with the Advisory Board

- A motion was made to move the Action to the County Authorities Executive Committee for approval. Motion was seconded all in favor.
- Motion approved to forward the Action Items to the County Authorities Executive Committee for approval.

## OLD BUSINESS

### Site Tour – Lynnwood Detox Center

Scheduled for June 6<sup>th</sup>, 2018. A final headcount took place.

### Advisory Board July Retreat Draft Agenda Review

Members reviewed the retreat draft agenda. The retreat will take place Tuesday, July 10<sup>th</sup>, 2018 at the Skagit Resort Conference Center.

**NEW BUSINESS**

**2018 North Sound Tribal Behavioral Health Conference**

The conference took place May 16<sup>th</sup> and 17<sup>th</sup> at the Skagit Resort Conference Center. Members attended the conference, spoke to the meaningfulness of conference speakers and sessions. Members spoke of the awareness and future support of the Tribes.

**North Sound BHO Advisory Board Composition**

Stephen Jackson from Whatcom County and Betty Rogers from Island County have resigned from the Board. Each county vacancies were reviewed. Members were encouraged to reach out to the individuals that have interest in serving on the Board. Members were asked to notify Maria or the County Coordinators of interested individuals.

**North Sound BHO Advisory Board By Laws Review**

Discussion took place regarding revisions to the Bylaws. It was determined the Bylaws remain as is. No revisions were made.

**ACTION ITEMS**

**Executive & Finance Committee**

The May Expenditures were reviewed and discussed. A motion was made to move the Expenditures to the County Authorities Executive Committee for approval. Motion was approved.

**REPORT FROM ADVISORY BOARD MEMBERS**

- **North Sound Behavioral Health Integration Forum**
  - Jim reported of what was learned from attending the forum
- Fred reported two Snohomish County projects are underway

**BRIEF COMMENTS OR QUESTIONS FROM THE PUBLIC**

None

**ADJOURNMENT**

The Chair adjourned the meeting at 2:52 p.m.

**NEXT MEETING**

The next **Advisory Board meeting** is July 10<sup>th</sup>, at the Skagit Resort Conference Center

**Quality Management Oversight Committee (QMOC) Brief  
July 11, 2018**

**2017 Quality Management Annual Review**

Betsy Kruse, North Sound BHO

An overview of the 2017 Quality Management Annual Review was provided for information purposes only. This Review provides a summary of the work done to satisfy the requirements of the North Sound BHO Quality Management Plan (QM Plan).

**Provider Support Team**

Ethel Steinmetz Marmont and Steve Lyons, North Sound BHO

Information on the Provider Support Team was provided by Ethel and Steve Lyons. Ethel and Steve outlined the purpose and structure of the team as well as contact information.

**Policy 1591 Access to Residential Substance Use Disorder (SUD) Services**

Sharon Toquinto, North Sound BHO

Information was provided on this policy, which addresses access and authorization for SUD Residential Treatment. This policy includes availability of network providers, provider licensing, and treatment definitions.

**Policy 1592 SUD Withdrawal Management Services**

Sharon Toquinto, North Sound BHO

Information was provided on this policy, which addresses access to SUD Withdrawal Management Services. . This policy addresses network providers, is considered crisis services, and references records requirements.

**Policy 1572 Inpatient Continuity of Care**

Val Jones, North Sound BHO

This policy addresses Inpatient Continuity of Care and was presented for approval of revisions. The proposed revisions bring this policy into alignment with policy #1571 Inpatient Psychiatric Authorization and update language to reflect changes in the behavioral health system. A motion was made to approve the policy revisions after a few suggested formatting corrections.

**Policy 1521 Cultural and Linguistic Competencies**

Kurt Aemmer, North Sound BHO

This policy addresses Cultural and Linguistic Competencies and was presented for approval of revisions. The proposed revisions update text pertaining to Special Populations Evaluations and Consultations to be consistent with the recently updated Policy #1558.00 Mental Health Specialist, changes the term 'Individual Service Plan' to 'Recovery & Resiliency Plan', and changes 'RSN' to 'BHO'. A motion was made to approve the proposed Policy 1521 revisions.

**Open Access Information**

Alexandra Urban, North Sound BHO

Information was provided on changes taking place at the Volunteers of America (VOA) Open Access line on August 1<sup>st</sup>. Due to a funding gap North Sound BHO has had to reduce services for Open Access. After August 1<sup>st</sup> Open will no longer have a live person answering calls. Callers will leave voicemail messages and clinicians will respond within one business day. In addition, VOA will no longer be administering appointments. VOA has chosen to focus their funding on Crisis Chat.



**North Sound BHO Advisory Board Budget  
July 2018**

		All Conferences	Board Development	Advisory Board Expenses	Stakeholder Transportation	Legislative Session
	Total	Project # 1	Project # 2	Project # 3	Project # 4	Project # 5
Budget	\$ 42,000.00	\$ 16,000.00	\$ 3,545.00	\$ 20,200.00	\$ 255.00	\$ 2,000.00
Expense	(18,573.20)	(5,262.26)	(1,673.37)	(10,122.41)		(1,515.16)
Under / (Over) Budget	\$ 23,426.80	\$ 10,737.74	\$ 1,871.63	\$ 10,077.59	\$ 255.00	\$ 484.84
		↕	↕	↕	↕	↕

BHC , NAMI, COD, OTHER	BOARD SUMMIT (RETREAT)	Costs for Board Members (meals mileage, misc.)	Non- Advisory Board Members, to attend meetings and special events	Shuttle, meals, hotel, travel
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## North Sound Behavioral Health Organization, LLC

## Warrants Paid

July 2018

	<u>Date</u>	<u>Name</u>	<u>Memo</u>	<u>Amount</u>
<b>Advisory Board</b>				
		<b>Supplies</b>		
	07/10/2018	LithtexNW	Batch # 124404	72.02
	07/31/2018	LithtexNW	Batch # 124666	81.53
<b>Total · Supplies</b>				<b>153.55</b>
		<b>Travel</b>		
	07/10/2018	AA Dispatch	Batch # 124404	372.75
	07/10/2018	Springhill Ste Kennewick	Batch # 124404	1,391.40
	07/10/2018	West, Duncan	Batch # 124404	36.00
	07/17/2018	City Cab, Inc.	Batch # 124501	179.00
	07/17/2018	Trautman, Candy	Batch # 124501	222.36
	07/17/2018	Yuen, Jennifer	Batch # 124501	110.09
<b>Total · Travel</b>				<b>2,311.60</b>
		<b>Miscellaneous</b>		
	06/25/2018	Adv Travel-BHC Refund		-183.02
	07/17/2018	Skagit Valley Resort	Batch # 124501	823.37
	07/31/2018	COD Conference Reg	Batch # 124666	300.00
	07/31/2018	COD Conference Reg	Batch # 124666	150.00
<b>Total · Miscellaneous</b>				<b>1,090.35</b>
<b>Total · Advisory Board</b>				<b>3,555.50</b>

## North Sound BHO Executive Directors Report

### For the North Sound County Advisory Board

August 2018

#### **INTEGRATION PLANNING**

- 1) We're currently negotiating our Behavioral Health Administrative Services Organization [BH/ASO] – Managed Care Organization [MCO] Contracts for the 2019 transition year with each of the 5 MCOs. They've all agreed to consider a proposed scope of work and financial proposal that we have drafted and are now discussing with them.
- 2) Our proposed scope of work for the BH-ASO includes 3 key components:
  - a) Providing Crisis Services, including a proposed definition of the Crisis Services MCOs would reimburse us for that represents our current continuum of crisis services;
  - b) Delegation to the BHO-ASO of the “transition year services”, i.e., all services through June of 2019, and continued delegation of facility based and intensive services through September of 2019; and,
  - c) Providing system coordination services including: continued coordination with community systems, workforce development and training, and continued development and implementation of capacity building plans including our current planning for future behavioral health facilities.
- 3) Accompanying this scope of work is a financial proposal regarding the method and rate of reimbursement for the different elements of the scope of work.
- 4) The MCO-BHO ASO contracts must be finalized and submitted to the state Health Care Authority by September 15. This means we will have to review them with our County Authorities Executive Committee at our September 13 meeting. Our legal advisors are currently reviewing the boilerplate contract templates that the MCOs are forwarding to us for our review.
- 5) Our Information Technology consultant firm, XPIO, has completed an initial assessment of the work that must be done in order for each of our Behavioral Health Agencies and the BHO to be able to contract with the MCOs. This assessment also includes fiscal estimates.
- 6) We are also contracting with a health management consulting firm, Health Management Associates [HMA], to help structure, coordinate and facilitate the various workgroups chartered by the Interlocal Leadership Structure to work on the detailed design for the integrated care model. HMA is providing similar support to King County.
- 7) The BHOs are continuing to work with our legislative liaison to develop draft legislative language that would formalize the role of the BH-ASO in statute and would include in addition to Crisis and non-Medicaid services, some of the system coordination and capacity building functions we currently perform.

#### **BUDGET UPDATE**

- 1) On July 17, the federal government [CMS] approved Washington State's waiver to use Medicaid funds for Substance Use Disorder [SUD] treatment in “IMD” facilities for short term stays averaging 30 days. Unfortunately, this waiver doesn't become effective August 1 and the legislature did not provide funds to cover our SUD related Institution for Mental Diseases [IMD] costs for July.

- 2) The shortfall in revenue to cover IMD stays for psychiatric treatment continues to get worse.

### **APPLICATION FOR THE SAMHSA OPIOID TREATMENT GRANT**

- 1) BHO staff and our Opioid Treatment consultant, Shelli Young, have prepared and submitted an application in response to a new Substance Abuse and Mental Health Services Administration [SAMHSA] grant to expand Opioid treatment in rural areas. The total amount that could potentially be available is about \$500,000 a year for 3 years. We have letters of commitment from a number of organizations to partner with us in expanding Opioid treatment to the more rural areas within the North Sound region.
- 2) We're finalizing our agenda for a September 12 North Sound "Youth Services Opioid Forum". A wide array of organizations and persons who come into contact with youth who are suffering from addiction will be invited. The key theme for the forum is how we can work together to interrupt the path to addiction. A "Save the Date" flyer is attached

### **BEHAVIORAL HEALTH ENHANCEMENT FUNDS**

- 1) North Sound BHO staff are now meeting with each of the counties and/or behavioral health agencies whose funding requests were included in our Behavioral Health Enhancement Funds plan. [see attached].
- 2) We have also sent a request to our contracted Behavioral Health Agencies to submit their specific proposal on how they would apply the funds set aside for workforce recruitment and retention strategies [see page 4 on the attached plan].

### **BEHAVIORAL HEALTH FACILITIES UPDATE**

- 1) **Skagit County:** the site analysis on the 8-acre parcel of land off Highway 20 in Sedro Woolley that Skagit County has made a purchase offer on is going well. GeoTest has done their site work and is preparing their report. They provide soil and groundwater exploration that includes soil density for foundation design options, seasonal effects of groundwater impacts for infiltrations, drainage, seismic impacts, etc. Equinox Research is doing the Archeology & Cultural Resource analysis. They have completed site work and are preparing their report. Semrau Engineering and Surveying started the ALTA survey research and will be completed on schedule.
- 2) **Island County:** detailed site review and plan design activities are underway and on schedule. The name of the project has been changed to: *Island County Stabilization Center*. We are working with Island County staff and our Cumming project manager, Andrew Haus, to develop a detailed project plan outlining the next steps and who has the lead on each activity.
- 3) **Snohomish County:** The re-purposing of the Denny Juvenile Justice Center to accommodate two 16 bed SUD Treatment facilities is moving ahead on schedule and we are working with Snohomish County Human Services to identify who the potential agency or agencies are that would actually operate the facilities, so they can be involved early in the detailed design. A pre-application meeting was held with City of Everett on 7/17<sup>th</sup>. The city will solicit public comment but has determined that a public hearing won't be held unless the response from public comment period warrants a public hearing. There remains a residual funding gap of about \$500,000 that we need to address. We are working with Snohomish County on ways we could partially address this gap by using BHO Medicaid dollars for Medicaid eligible costs.
- 4) **Capital Budget:** we are still waiting to hear from the Department of Commerce regarding the disbursement of funds for the 4 North Sound projects that were funded in the 2018 Capital budget.

**NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION  
 ESSB 6032 COMMUNITY BEHAVIORAL HEALTH PROGRAM  
 PROJECT PLAN**

**Summary:**

The North Sound Behavioral Health Organization [North Sound BHO] is pleased to submit its plan to address the 5 goals established in ESSB 6032, Section 213 (5) – the Community Behavioral Health Program.

The proposed activities and programs are divided into 4 program categories, and collectively they address all 5 goals. The North Sound BHO, in coordination with the 5 Apple Health Managed Care Organizations [MCOs] will continue to support a variety of services that address the 5 goals of ESSB 6052, but for purposes of clarity, have limited this document to the activities for which we are seeking ESSB 6032 funding. *One of the challenges in fully utilizing the available Medicaid dollars is that there are insufficient state general fund dollars to provide as match.*

The proposed activities were identified based on suggestions and recommended priorities from a wide variety of stakeholders, including: Counties, Managed Care Organizations, Behavioral Health Agencies, North Sound Accountable Community of Health, Behavioral Health Advisory Board, and the North Sound BHO County Authorities Executive Committee.

<b>Project Category: Behavioral Health Engagement and Navigation Teams</b>					
<b>Project Element</b>	<b>Brief Description</b>	<b>GF-S</b>	<b>Medicaid</b>	<b>Total Budget</b>	<b>ESSB Goals</b>
Whatcom “Grace”	Behavioral Health Navigation for persons with frequent community system contacts using the “Pathways” model.	\$44,087	\$455,767	\$489,854	1,2,4,5
Skagit Navigation Hub	Behavioral Health Navigation Hub Team for persons with behavioral health disorders and their families. Includes Peer Recovery Coaches	\$44,087	\$455,767	\$489.854 [partially funded]	1,2,4,5

Island Care Coordinators	Community Care Coordinators to assist Law Enforcement and other community organizations to respond to persons with behavioral health emergencies.	\$17,591	\$177,867	\$195,458	1,2,4,5
CPIT Expansion	Expansion of the existing mobile outreach teams [CPIT] to work more closely with law enforcement.	\$109,080	\$1,102,920	\$1,120,000	1,2,4,5
<b>Total</b>		\$239,126	\$2,417,830	\$2,656,956	

<b>Project Category:</b> <i>Transition Beds and Associated Services</i>					
<b>Project Element</b>	<b>Brief Description</b>	<b>GF-S</b>	<b>Medicaid</b>	<b>Total Budget</b>	<b>ESSB Goals</b>
Development and/or purchase of 8 Transition beds	Work with local providers to purchase and/or develop beds to temporarily support persons transitioning from Western State Hospital	\$100,374  Room & Board plus 10% non-Medicaid	\$601,626	\$702,000	1,2,4
Add 50 more PACT program slots for Skagit and Island Counties	Add PACT slots to serve Skagit and Island Counties where there are currently gaps in the availability of PACT services	\$108,000	\$1,092,000	\$1,200,000	1,2,4
Add Forensic capability to existing PACT teams	Add a housing specialist and court liaison positions to an existing PACT team to serve persons with a background of forensic issues	\$17,760	\$179,574	\$197,334	1,2,4
Expand Transition services for community hospitals and E&Ts	Expand transition services, similar to the BHO Western State Hospital Liaisons, to work with community hospitals and E&Ts. Include Peer Bridgers	\$0  31% State	\$0  69% Medicaid	\$0  To be considered for future funding	1,4,5

Expand Geriatric Transition Services	Expand the existing North Sound Geriatric Transition Team to work with AHFs, Skilled Nursing Facilities, and Assisted Living Facilities on early onset identification and providing of stabilization services to prevent hospitalization	\$41,070	\$415,264	\$456,334	1,4, 5
<b>Total</b>		\$267,204	\$2,288,464	\$2,555,668	

<b>Project Category: <i>Recovery Housing</i></b>					
<b>Project Element</b>	<b>Brief Description</b>	<b>GF-S</b>	<b>Medicaid</b>	<b>Total Budget</b>	<b>ESSB Goals</b>
Whatcom County Recovery Housing	Remodel a former Recovery House to create a 10-12 bed licensed Recovery House to serve persons with co-occurring disorders and opiate use disorders. Whatcom County has already submitted an application for the Capital Funds in response to the funds recently released by the Department of Commerce for behavioral health facilities.	\$144,341	\$781,573	\$925,914	5
Skagit County Recovery Housing	Purchase 6 Recovery House beds to service persons with a substance use disorder who may be transitioning from homelessness, inpatient treatment facilities, jails, homeless shelters, etc.	\$72,170	\$390,786	\$462,956	5
<b>Total</b>		\$225,414	\$1,240,984	\$1,466,398	

<b>Project Category: Workforce Recruitment and Retention</b>					
<b>Project Element</b>	<b>Brief Description</b>	<b>GF-S</b>	<b>Medicaid</b>	<b>Total Budget</b>	<b>ESSB Goals</b>
Workforce Recruitment and Retention	Fund specific workforce recruitment and retention plans to be solicited from contracted Behavioral Health Agencies. Their plans will need to address 3 areas:				3
	1) Transition year retention stipends – added to a cost of doing business adjustment for BHA rates	\$290,000	\$3,000,000	\$3,290,000	
	2) Loan Repayment for behavioral health degrees upon signing an agreement to remain with the agency for a specified period of time.	0 - 10% agency/ employee match	\$2,000,000	\$2,000,000	
	3) Paying for MHP and CDP licensing, certification, and re-certification costs.	0 - 10% agency/employee match	\$700,000	\$700,000	
<b>Total</b>		\$290,000	\$5,700,000	\$5,990,000	

<b>TOTAL – ALL Projects</b>	<b>GF-S</b>	<b>Medicaid</b>	<b>Total</b>
Total	\$988,560	\$11,353,144	\$12,341,704
Available	\$992,088	\$ 9,268,846	\$10,260,934
Difference	\$3,528	\$ (2,084,298)	\$ (2,080,770)
BHO Medicaid Funds		\$2,084,298	



## MEMORANDUM

August 7th, 2018

TO: North Sound BHO Advisory Board

FROM: Joe Valentine, Executive Director

RE: August 9th County Authorities Executive Committee Agenda

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Please find for your review the following that will go before the North Sound BHO County Authorities Executive Committee Meeting at August 9th, 2018 meeting:

### **Introduction**

#### **Snohomish County Superior Court**

Amendment 5 is adding \$75,000 in Criminal Justice Treatment Account funding for housing supports and pass through funds in the amount of \$69,906 for operational costs during the extended period of July 1, 2018 through December 31, 2108.

#### **Motion XX-XX**

- North Sound BHO-Snohomish County Superior Court-16-18 Amendment 5 for increasing funding by \$144,906 for a new maximum consideration of \$417,998 with a new term of April 1, 2016 through December 31, 2018.

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### **Introduction**

#### **Northwest Regional Council**

This Professional Service Contract is to cover startup costs for In-Home Behavioral Health Services beginning on October 1, 2018. Funding will cover hiring, training, computers and any other costs associated with starting up the services.

The outpatient contracts listed below will pay for services beginning October 1, 2018 through December 31, 2018

#### **Motion XX-XX**

- North Sound BHO-NW Regional Council-PSC-18 for startup costs associated with developing a new behavioral health service. The maximum consideration on this contract is \$ with a term of July 1, 2018 through December 31, 2018.
- North Sound BHO-NS Regional Council-BHSC-18 for operations of the behavioral health in-home services contract. The maximum consideration on this contract is \$ with a term of October 1, 2018 through December 31, 2018.
- North Sound BHO-NS Regional Council-Medicaid-18 for operations of the behavioral health in-home services contract. The maximum consideration on this contract is \$ with a term of October 1, 2018 through December 31, 2018.

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## **Introduction**

### Evergreen Recovery Centers

Legacy House in Mount Vernon is a male residential facility, beds became available on June 27, 2018. The funding being provided in this amendment will cover the operations of the facility through December 31, 2018.

### **Motion XX-XX**

- North Sound BHO-Evergreen Recovery Centers-Residential-16-18 Amendment 6 for increasing funding by \$ for a new maximum consideration of \$ with the term remaining the same April 1, 2016 through December 31, 2018.

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## **Introduction**

### Center for Human Services

This professional service contract is paying for start up costs CHS incurred developing the Wraparound with Intensive Services (WISe) team. The team is school based and located in South Snohomish County. The team is currently active and serving youth.

### **Motion XX-XX**

- North Sound BHO-CHS-PSC-18 for startup costs incurred while starting a new WISe team at the agency. The maximum consideration on this contract is \$ with a term of January 1, 2018 through June 30, 2018.

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## **Introduction**

### Compass Health

This amendment encompasses the following changes to the contract:

- Removing the three (3) Chemical Dependency Professionals from the Crisis Prevention and Intervention teams in Skagit, Snohomish and Whatcom Counties, the cut is due to state funding shortfalls;
- Adding four (4) staff to the Crisis Prevention and Intervention team to work with Law Enforcement, the additional funding is ESSB 6032 enhancement funding received from the State;
- Adding two (2) court liaisons in Whatcom County to take over the liaison role which was previously performed by staff at PeaceHealth/St. Joe's hospital.

### **Motion XX-XX**

- North Sound BHO-Compass Health-BHSC-16-18 Amendment 14 to decrease funding by \$50,210 for a new maximum consideration of \$16,102,293.98 with a term of April 1, 2016 through December 31, 2018.
- North Sound BHO-Compass Health-Medicaid-16-18 Amendment 12 to increase funding by \$77,787 for a new maximum consideration of \$ with a term of April 1, 2016 through December 31, 2018.

## **Introduction**

### Snohomish County Humans Services

The funding increase to this contract is for the planning stages of the new Denny Way Treatment Center. This is Medicaid funding which the county will match with 9% local funds.

### **Motions XX-XX**

- North Sound BHO-Snohomish County-Medicaid-16-18 Amendment 4 to increase the contract by \$ with a new maximum consideration of \$ with the term remaining the same April 1, 2016 through December 31, 2018.

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## **Introduction**

### Unity Care NW

Unity Care NW will begin serving children/youth in their mental health outpatient program. They currently serve adults and transition age youth.

### **Motion XX-XX**

- North Sound BHO-Unity Care NW-BHSC-16-18 Amendment 2 to increase funding in the contract by \$ for a new maximum consideration of \$ with the term remaining the same April 1, 2016 through December 31, 2018.
- North Sound BHO-Unity Care NW-Medicaid-16-18 Amendment 2 to increase funding in the contract by \$ for a new maximum consideration of \$ with the term remaining the same April 1, 2016 through December 31, 2018.

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## **Introduction**

### Volunteers of America (VOA)

Due to the shortfall in state funds, VOA has had a reduction in force. The Access Line staff was cut by two (2) FTE. The Access Line is still operational; however, individuals/families are directed to an online access form. Individuals/families are calling providers directly for access to services in most instances.

### **Motion XX-XX**

- North Sound BHO-VOA-BHSC-16-18 Amendment 3 to decrease funding in the contract by \$ for a new maximum consideration of \$ with the term remaining the same April 1, 2016 through December 31, 2018.
- North Sound BHO-VOA-Medicaid-16-18 Amendment 3 to decrease funding in the contract by \$ for a new maximum consideration of \$ with the term remaining the same April 1, 2016 through December 31, 2018.

## **Introduction**

### **Executive Director Delegation**

The Managed Care Organizations are under a tight timeline to negotiate contract terms and payment amount/structure for the 2019 transition year. This motion will allow the NS BHO Executive Director, with consultation from our legal firm Buri, Funston, Mumford & Furlong PLLC, to negotiate the contract terms and payment amount/structure for the 2019 transition year. The Executive Director will bring to the County Authorities Executive Committee updates and ultimately the contract for approval/ratification.

### **Motion XX-XX**

- The North Sound BHO Executive Director has the authority to negotiate contract terms and the payment amount/structure with the five (5) Managed Care Organizations in consultation with Buri, Funston, Mumford & Furlong PLLC.

### **For County Authorities Executive Committee Ratification:**

## **Introduction**

### State Targeted Opioid Response Grant (STR)

This grant assists uninsured/underinsured individuals to access Opioid Use Disorder (OUD) Treatment. The two contracts listed are the HCA contract with the BHO and the BHO contract with Catholic Community Services NW (CCSNW) who provides the direct service. Eligibility criteria is 221%-400% of the federal poverty level.

### **Motion XX-XX**

- HCA-NS BHO-STR-2018 to provide funding for OUD treatment to individuals meeting the eligibility criteria. The maximum consideration on the contract is \$24,252 with a term of May 1, 2018 through December 31, 2018.
  - NS BHO-CCSNW-STR-2018 to provide funding for OUD treatment to individuals meeting the eligibility criteria. The maximum consideration on the contract is \$24,252 with a term of May 1, 2018 through December 31, 2018.
-

## **Introduction**

### **Substance Use Disorder Community Partnership**

This funding is “backfill” for the Designated Marijuana Account (DMA) funds. Due to a cut in our allotment of DMA funds we are providing counties with state funds to cover six (6) months, July 1, 2018 through December 31, 2018. These funds provide prevention/intervention services in the local school districts. This is Medicaid funding with the counties are responsible for a 9% match with local funds.

### **Motion XX-XX**

- North Sound BHO-Island County-PSC-18 for the purpose of providing funds to continue services under the designated Marijuana account school-based prevention activities. The maximum consideration on this contract is **\$93,236** with a term of July 1, 2018 through December 31, 2018.
  - North Sound BHO-San Juan County-PSC-18 for the purpose of providing funds to continue services under the designated Marijuana account San Juan County community collaborative activities. The maximum consideration on this contract is **\$142,600** with a term of July 1, 2018 through December 31, 2018.
  - North Sound BHO-Skagit County-PSC-18 for the purpose of providing funds to continue services under the designated Marijuana account school-based prevention activities. The maximum consideration on this contract is **\$240,000** with a term of July 1, 2018 through December 31, 2018.
  - North Sound BHO-Snohomish County-PSC-18 for the purpose of providing funds to continue services under the designated Marijuana account school-based prevention activities. The maximum consideration on this contract is **\$193,305** with a term of July 1, 2018 through December 31, 2018.
  - North Sound BHO-Whatcom County-PSC-18 for the purpose of providing funds to continue services under the designated Marijuana account school-based prevention activities. The maximum consideration on this contract is **\$115,506** with a term of July 1, 2018 through December 31, 2018.
- 

## **Introduction**

### **Family Youth System Partner Roundtable (FYSPRT)**

FYSPRT is to continue to develop, promote and support the Regional FYSPRT to align with the Washington State Children’s Behavioral Health Principles and the FSYPRT manual. Skagit County holds the contract with the BHO for the regional FYSPRT. The county contract has funding through December 31, 2018.

### **Motion XX-XX**

- HCA-North Sound BHO-FYSPRT-17-18 Amendment 2 for funding the FYSPRT through December 31, 2018. The increase to the contract is **\$37,500** for a new maximum consideration of **\$200,250** with the term of the contract extended by six (6) months for a new term of April 1, 2016 through December 31, 2108.

## **Introduction**

### **Snohomish County Superior Court**

Amendment 4 is adding Criminal Justice Account Treatment funding to provide four (4) individuals to attend a National Association of Drug Professionals National Conference. The funding was used for partial scholarships for Superior Court staff to attend, the county matched the costs with local funds.

### **Motion XX-XX**

- North Sound BHO-Snohomish County Superior Court-16-18 Amendment 4 for the purpose of increasing funding by \$10,000 for a new maximum consideration of \$273,092 with a term of April 1, 2016 through June 30, 2018.

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## **Introduction**

### **Relias Learning System**

The Relias Learning System is available to our provider network for professional development and maintaining hours/credits for licensure/certification. North Sound BHO is paying two (2) years in advance for the system. It is our intent to negotiate with the MCOs on the system post the two (2) year period.

### **Motion XX-XX**

- Relias Learning LLC-North Sound BHO LLC-Master Services Agreement Renewal and Upgrade 2018-2020. The two-year maximum consideration on this agreement is \$357,976.88 with a term of August 1, 2018 through July 31, 2020.

May 28, 2018

Dear Skye,

Thank you for the opportunity to be considered for an appointment to the North Sound Behavioral Health Organization Advisory Board.

I am interested for two reasons:

As a Langley City Council Member, it is my hope to raise the visibility in my community of the work being done and services provided by the North Sound BHO, and as it states in the board's "Purpose": to provide independent feedback to local jurisdictions. I have the opportunity to bring forward a Council report at each of our meetings, so I can keep our Mayor, Council, and community up to date at Council meetings. Additionally, I welcome the opportunity to be a voice for the needs and perspectives of our South Whidbey community on the BHO Advisory Board.

I have personal experiences with people I know in my family and community who struggle with both addiction and mental health issues. I appreciate the role the North Sound BHO plays and contributes to making services available to those in need and I like the idea of being able to make a small contribution to these efforts by serving as a member of the Advisory Board.

I have experience in working with policy, municipal code, and contracts which I think will be a helpful asset as a board member.

Sincerely,

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

*Langley Projects*

[REDACTED]

**Upper Langley, LLC:** 2011-2015. Co-developer creating an affordable subdivision in Langley city limits, including development of initial site plan, overseeing engineering and surveying, obtaining permitting (SEPA, DNR, City of Langley), development of deed restriction for perpetual affordability, CCRs, Bylaws, formation of LLC, and formation of HOA.

**Langley Whale Center:** Volunteer and care of flower pots.

**Biodynamic Agriculture:** Practitioner for 20 years, participation in the Anderson Family Farm in Langley, written many articles, host bi-monthly agriculture study group in our home since 2005, community preparation making.

**Wine Journalism:** Columnist for *Whidbey Life Magazine*. [REDACTED]

*Work History*

[REDACTED]

Providing care to elderly with dementia. Lead caregiver duties include: staff management, maintain relationships with family members, staff scheduling, household management, cooking, cleaning, companionship.

[REDACTED]

Editorial management of 84-page quarterly magazine: Development, solicitation and selection of articles; line-editing of text to follow appropriate magazine style/voice; create, track, and maintain quarterly editorial schedules, deadlines, and editorial workflow processes to ensure magazine is published on time; work efficiently and effectively for maximum quality, accuracy, and time and cost management; define and manage copy-flow processes and accuracy of publication. Pre-press and production management: Track cover-creation process from early creative discussions to final approval; traffic materials (manuscript pages, proofs) through copyediting, proofreading, design, and production phases. Interface with calendar of events editor, copy editors, proofreader, advertising manager, typesetter, printer, and distribution team. Work with authors, many volunteers, and third party vendors.

[www.lilipoh.com](http://www.lilipoh.com)

[REDACTED]

Copyright specialist; rights and permissions research, sales, and licensing; royalty management; author contracting, negotiation, and signature execution; international rights sales and acquisitions; interface with copyright attorneys; development of numerous publishing agreements (translation, subsidy, work-for-hire, etc); interface with Copyright Clearance Center; upkeep of registered trademarks; maintenance of legal archive for 500 book titles. Editorial project management for print books, eBooks, and audio books includes: trafficking MS through copyediting, proofreading, author approvals, typesetting; and cover through design, spine dimensions, back cover copy; creation of copyright page, creation of end cards.

*Skills*

Editing; publication and editorial management; independent publishing; book contract negotiation, rights sales, foreign rights sales, copyright, and permissions; royalty management. Community activism, local food production and activism, caregiving. Contract development, policy, and land use code.

[REDACTED]



# Instructions for Judging Art/Poems

## August 7th, 2018

There will be a total of 12 winners, First, Second and Executive Award for each category, visual art and poem. Six additional chosen winners for the printed calendar.

1. Everyone will be given 3 red dots for the art, 3 blue dots for the poems and 6 yellow dots for the printed calendar selections.
2. Place a red dot on the sheet of paper directly below your three favorite art (please try to choose 3 different art work). Place a blue dot on your 3 favorite poems (again choosing 3 different ones). Place a yellow dot on your favorite selections to be featured in the calendar. Place your dots on the white strip of paper directly below the entry.
3. You will have approximately 30 minutes to place your dots.
4. Votes will be tallied.
5. *If* there are ties, we will place a ribbon on the tied art work(s)/poem(s).
6. You will be given two orange dots if necessary, to break the tie.
7. We will then announce the First, Second and Executive Award winners in both categories along with the featured calendar selections.

The winners will be presented with their awards at the next Advisory Board meeting.

**Thank You and let the judging begin!!**

NSBHO ADVISORY BOARD  
2017 ADVOCACY PRIORITIES  
(revised 1.5.2017)

BHO CAPITAL REQUESTS

- Evaluation & Treatment Center (E&T) – Skagit County
- 16-Bed Acute SUD Detoxification Facility – Skagit County (adjacent to E&T)
- 8-Bed Sub-Acute Detoxification and Mental Health Triage Facility – West Skagit County
- Two (2) 16-Bed SUD Inpatient Treatment Facilities – Snohomish County (Everett)
- 16-Bed Mental Health Triage Facility – Whatcom County (Bellingham)
- 16-Bed Acute SUD Detoxification Facility – Whatcom County (Bellingham)
- 16-Bed Long-Term SUD Treatment Facility – Location in North Sound Region
- Step-down Transitional Housing

CHILDREN & ADOLESCENTS

- School-based Behavioral Health (SMI & SUD) Treatment Options
- Inpatient Treatment
- Emergency Medical Services
- Law Enforcement Training (CIT for Youth)
- Youth Homeless
- Behavioral Healthcare Needs for Incarcerated
- Community-Based SUD and MH Treatment Facilities (Detox, Long-Term, and Outpatient)

HOMELESSNESS

- Permanent Housing
- Supported Housing
- Military Veterans
- LGBTQ Youth
- Tenant Rights
- Outreach Services and Staff

OPIOID TREATMENT OPTIONS

- Medication-Assisted Treatment
- Naloxone Distribution to First Responders and People with SUDs
- Needle Exchange Program Expansion
- Outreach Program Expansion
- Safe Injection Sites

GERIATRIC POPULATION

- Affordable, Low Income Housing
- Home-Based Outreach

- Access to Care
- Transportation
- Critical Behavioral Healthcare for Pre-demented and Demented

INTER-SERVICE COOPERATION / COLLABORATION

- Team-Based Outreach and Treatment (SWs + LE; CPIT; CDPs + MHPs + CPCs)
- Developmentally/Intellectually Disabled (Comorbidities; Complex Healthcare Needs)
- Primary Care Providers (Comorbidities; Complex Healthcare Needs)
- Community Health Workers
- Peer Recovery Coaches to support recovery from SUDs
- Home-based Nursing Care Workers
- Geriatric Facilities
- Criminal Justice (LE, Courts, Jails)

FORENSIC

- Jail-Based Behavioral Healthcare
- Alternatives to Jail
- Behavioral Health Courts (Mental Health; Drug; Family)

WORKFORCE

- New Housing and Recovery Services Teams
- Mobile Crisis Teams

GOVERNOR'S PROPOSED BUDGET

# Advocacy of Interest

- Working with Justice system, law enforcement, correctional agencies to advocate behavioral healthcare services for incarcerated individuals
- Unified street level care
  - Connecting with individuals that are in crisis in the community before they end up in the criminal system or in the hospitals
  - Advocate for these individuals with the MCOs to make sure they get the care they need
- Focus on advocacy for all individuals not just those on Medicaid
  - Is the care is getting in the new system?
- Advocacy of what happens to the non-Medicaid persons?
- Advocate for the language that is being written into legislature regarding the role of the BHASO
- Look at cross county needs advocate – support

# Work Plan – Concerns

- Advisory Board education to the Managed Care Organizations (MCOs) operations
- Advisory Board representation to individual counties
  - Members feedback to counties
  - County relationships
  - County communication to members regarding issues within the community
    - Community based public education of issues
- Actively monitoring Behavioral Health (BH) impact through indicators
  - Working with leadership to develop metrics
    - Ratings scorecard
- Supporting a strong vital Behavioral Health Administrative Services Organization (BHASO)
- Telling the BHO story with data visuals
- Survival and effectiveness of the Board
  - Using information from SAMHSA
- MCOs are living up to the standards Washington Administrative Code and Revised Code of Washington
- Did integrated care live up to the promise?

**NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION  
ADVISORY BOARD  
2018 LEGISLATIVE PRIORITIES**

**1. Support the request of the North Sound BHO and 5 North Sound Counties for capital funding for new Behavioral Health Facilities.**

These are needed to address the historical lack of treatment facilities in the region; respond to the growing opioid epidemic; and replace the beds that will be lost when the state's lease with Pioneer Center North and the North Sound Evaluation and Treatment Facility expires.

**2. Expand prevention and treatment services to reduce Opioid use.**

Expand funding for prevention, early intervention and treatment services to reduce Opioid addictions. This would include more support for "upstream" efforts such as school based services; continued expansion of Medication Assisted Treatment, including in jails; expanded funding for the distribution of Naloxone kits to first responders; and, support for local efforts to promote safe storage and disposal, including a "take-back system" for prescription and over the counter medicines.

**3. Provide sufficient dedicated funding to maintain the current continuum of care in the North Sound Region for Crisis and Diversion Services and a coordinated and accountable system of other critical services for persons with serious behavioral health disorders.**

Provide sufficient dedicated funding to the North Sound Region to support the transition of the Behavioral Health Organization to a "Behavioral Health Administrative Services Organization" (BH-ASO) to maintain critical services for persons with serious behavioral health disorders. Provide clear expectations for Managed Care Organizations to work with the counties to preserve critical services, coordinate planning with other community systems, and maintain a system of accountability to local communities.

