



North Sound Behavioral Health Advisory Board

Pre-Meeting Training

**LINDA CROTHERS
&
JAMES DIXON**

MEDICATION ASSISTANCE TREATMENT

***AND PRESCRIPTION DRUG AND OPIOID ADDICTION
GRANT***

**PRE-MEETING
TRAINING
12:10- 12:50**

**TUESDAY,
MARCH 3, 2020**

301 Valley Mall Way, Suite
110, Mount Vernon, WA
98273

Joe Valentine
Executive Director

Joe_valentine@nsbhaso.org

Maria Arreola

Advisory Board Coordinator

Maria_arreola@nsbhaso.org



North Sound Behavioral Health Advisory Board

Agenda

March 3, 2020

1:00 p.m. – 3:00 p.m.

Call to Order and Introductions

Revisions to the Agenda

Approval of February MinutesTAB 1

Announcements

Brief Comments or Questions from the Public

Executive/Finance Committee Report

— Approval of February ExpendituresTAB 2

Executive Director's ReportTAB 3

Early Warning Signs ReportTAB 4

Executive Director's Action ItemsTAB 5

Old Business

— Advisory Board Legislative Session Update

New Business

— Skagit County Candidate Vote

— Advisory Board Summer Break Discussion

— North Sound BH-ASO Western State Hospital Liaison – Dr. Joseph Bigelow.....TAB 6

— Revised Code of Washington 71.24.300 and Washington Administrative Code 182.538C.252TAB 7

— Advisory Board Bylaws RevisionTAB 8

— Advisory Board Charter RevisionTAB 9

— 19th Annual 2020 North Sound Tribal Behavioral Conference and Opioid Symposium.....TAB 10

— 2020 Washington Behavioral Healthcare Conference

— Advisory Board 2020 Site ToursTAB 11

Report from Advisory Board Members

Reminder of Next Meeting

Adjourn



North Sound Behavioral Health Advisory Board

February 4th, 2020

1:00 – 3:00

Meeting Minutes

Empowering individuals and families to improve their health and well-being

Members Present:

- Island County: Candy Trautman, Brittany Wright
- San Juan:
- Skagit County: Ron Coakley, Patti Bannister
- Snohomish County: Marie Jubie, Fred Plappert, Pat O'Maley-Lanphear, Joan Bethel, Jennifer Yuen, Jack Eckrem
- Whatcom County: Arlene Feld, Mark McDonald, Kara Mitchell, Mark McDonald

Members Excused:

- Island County: Chris Garden
- San Juan County: Diana Porter
- Skagit County: Duncan West
- Snohomish County: Carolann Sullivan
- Whatcom County: Michael Massanari

Members Absent:

- Island County:
- San Juan County:
- Skagit County:
- Snohomish County:
- Whatcom County:

North Sound BH-ASO Staff: Joe Valentine, Maria Arreola (Recording)

Managed Care Organization Representation:

- United Healthcare:
- Coordinated Care: Naomi Herrera
- Molina Healthcare: Kelly Anderson
- Community Health Plan of Washington [CHPW]: Marci Bloomquist

Guests: Kala Buchanan, North Sound Regional Ombuds

Pre-Meeting Training

Brigid Collins, Family Support Center from Whatcom County, Jenn Lockwood and Melissa Pickel spoke to the Board regarding services provided at the Whatcom and Skagit agency locations. The agencies build strong families through evidence-based parenting practices, support groups, parenting coaching and individualized care specific to the needs of families. Child Advocacy Centers are to provide families with a one stop healing for children focusing on the trauma and prevention.

Call to order and Introductions

The meeting was called to order by Chair O'Maley-Lanphear at 1:02 p.m.

Revisions to the Agenda

No revisions mentioned

Approval of January Minutes

Ron Coakley moved a motion the approval of the January 2020 meeting minutes as written, Candy Trautman seconded the motion, all were in favor, motion carried.

Announcements

— Island County Resignation – Christy Korrow

Christy has resigned from the Board due to the growing professional demands. Christy served on the Board for two years. Her shared connections with Island county were surrounded by her advocacy for improving the community's quality of life.

Brief Comments from the Public

None

Executive Directors Report

Joe reported on

- Legislative and Budget Update
- Technical Assistance Monitoring Review
- Health Care Authority and BHO Close-Out Audit
- Substance Abuse Block Grant provider Survey
- North Sound Medication Assisted Treatment PDOA Grant Update
- New Opioid Overdose Death Data
- DSHS search for locations for a 48 Bed Long Term Psychiatric Beds Facility
- Monthly Crisis System Performance Metrics

Early Warning Signs Workgroup Update

Joe reviewed the Early Warning report

Executive Director's Action Items

Joe presented the Action Items that will be presented to the Board of Directors.

Fred Plappert moved a motion to approve the Action Items to be forwarded to the Board of Directors for approval.

Ron Coakley seconded, all in favor, motion carried.

Executive/Finance Committee Report

The January Expenditures were reviewed and discussed. Chair O'Maley-Lanphear moved the motion for approval, Fred Plappert seconded the motion, all in favor, motion carried.

Old Business

None

New Business

Advisory Board Bylaws Appointment Process Revisions

Members reviewed the Bylaws that now reflect the appointment process to the Board. This was created to help guide members, county's and individuals through the appointment procedure. Minor wording will be changed. Candy Trautman moved a motion to approve the revised Bylaws with addition to minor wording, Marie Jubie seconded, all in favor, motion carried.

2020 Legislative Session Agenda

Members reviewed the drafted Advisory Board Legislative Session agenda. There are 25 scheduled appointments with Senators and Representatives in each of the North Sound legislative districts. Maria and Marie worked together in scheduling the appointments. The 2020 calendars will be given to each Senator and Representative visited. Members were provided a 2020 calendar as well. Members attending the Advisory Board 2020 Legislative Session are Chris, Ron, Marie, Pat and Arlene. Members will report back during the March meeting.

Ombuds Semi-Annual Report

Kala provided the semi-annual report. Reports were broken down from each Managed Care Organization, grievance categories, gender, ethnicity, and service type.

Reminder of Next Meeting

Tuesday, March 3rd, 2020 in Conference Room Snohomish

Adjourn

Chair O'Maley-Lanphear adjourned the meeting at 2:59 p.m.

1. LEGISLATIVE AND BUDGET UPDATE

- Both the House and Senate have released their operating budgets – see [Yellow Tab] for an update on “bills of interest”.

2. INTERLOCAL LEADERSHIP STRUCTURE [ILS] – CAPACITY BUILDING

- On February 14, the Interlocal Leadership begin a “Capacity Building” exercise, brainstorming possible areas for ILS supported capacity building. A long list was generated including topics related to: behavioral health facilities, diversion services, wrap-around programs, school based services, jail transition services, housing support, etc.
- The list was then sent out to behavioral health agencies and counties to add to. This e-mail including an invitation to identify one person per agency to participate in the capacity building workgroup.
- A core group has been formed to consolidate the list and begin the process of prioritization. A meeting of the larger capacity building workgroup will then be scheduled to begin identifying projects to work on.

3. REGIONAL OPIOID COLLABORATIVE PLANNING GROUP

- On February 21, the initial meeting of the North Sound Accountable Community of Health [NSACH]/North Sound BH-ASO jointly supported “Regional Opioid Collaborative Planning Group” was. About 30 people attended representing a variety of public health, behavioral health agencies, Tribal Programs, community clinics and law enforcement.
- The group identifying the accomplishments and successes the region has made in the last 3 years expanding treatment and prevention, such as Medication Assisted Treatment.
- The group also identified possible areas for further action by the regional collaborative such as youth, continued expansion of Medication Assisted Treatment, etc.
- The key NSACH, BH-ASO and county staff supporting this planning will develop a proposal for future meetings and specific areas to target for action.

4. HCA BHO CLOSE-OUT AUDIT

- On February 25 and 26, the HCA Fiscal Auditor conducted a “close-out” audit of the BHO. The Close Out Audit is used by HCA to verify the amount of remaining fund balance that is to be returned to the state. The auditor examined our revenue and expenditure reports going back to July 2018, including the same information that the State Auditor had reviewed.

5. RFI to re-procure contracts for HARPS, Pathfinder.

- Compass has decided to turn back our contract for the HARPs and Pathfinder programs due to the fiscal challenges of managing them.

- HCA has agreed to let us to keep these contracts and re-bid them. Per their suggestion, we will be targeting those agencies who also have contracts for providing supportive housing services through the Medicaid waiver.

6. CRISIS SERVICES STAKEHOLDER REVIEW

- The BH-ASOs Strategic Plan for 2020 calls for a comprehensive review of the crisis services system by key community stakeholders. The first steps in this review are now being scheduled and include:
 - Review with each County Crisis Oversight Committee
 - Reviews in individual meetings with Hospitals.
- The consolidated notes from these reviews will then be consolidated and key themes for improvement will be identified.

7. Monthly Crisis Performance Metrics

[Blue Tab] are the North Sound's Monthly Crisis System Performance Metrics.

8. Number of Non-Medicaid Persons Served

[Red Tab] is a report comparing the number of non-Medicaid persons served by the BHO versus the BH-ASO.



North Sound Early Warning Report

Crisis Calls and Investigations

Behavioral Health System Indicators generated by North Sound BH ASO

Prepared By Dennis Regan 02/10/2020

NORTH SOUND BEHAVIORAL HEALTH
ADMINISTRATIVE SERVICES ORGANIZATION

301 Valley Mall Way, Suite 110, Mt. Vernon, WA 98273

360.416.7013 | 800.864.3555 | F: 360.416.7017

www.nsbhaso.org

North Sound Early Warning Report

Crisis Calls and Investigations

Table of Contents

Executive Summary.....	2
Early Warning Metric Dashboards	2
Areas outside limits.....	2
Crisis Calls metrics outside limits	2
Investigation metrics outside limits	2
Detailed Data Discussion.....	3
North Sound Crisis Call Metrics.....	3
Current Crisis Call Data Used	3
North Sound Call Center Metrics over time Graph.....	4
Long term Call Center model	4
North Sound Investigation Metrics	5
Current Investigation Data Used.....	6
North Sound Investigation Metrics over Time graph.....	7
Investigation Reason Percentages Pie Charts	7
Investigation Outcomes over time percent of total chart	8
Investigation Outcome Grouping.....	8
Definitions	10

North Sound Early Warning Report

Crisis Calls and Investigations

Executive Summary

The North Sound Interlocal Leadership Structure developed the Early Warning System Workgroup to bring local and state stakeholders together to develop a system of metrics that will provide early warning about significant changes associated with the Crisis System.

Early Warning Metric Dashboards

North Sound Crisis Calls Period From Jul-19 To Jan-20

	crisis calls	Calls Answered	Calls LT 30 sec	Average answer time (sec)	Calls Abandoned
Average	2,103	2,059	1,943	0:00:11	44
Min	1,880	1,825	1,778	0:00:09	29
Max	2,264	2,235	2,094	0:00:16	59
St dev	134	142	131	0:00:02	11
Jan-20	1,982	1,882	1,883	0:00:10	100

Current Month



North Sound Investigations Period From Aug-19 To Jan-20

	invest.	detentions	MH invest.	SUD invest.	MH and SUD invest.	Referred from Law Enforcement	avg dispatch response time hrs.
Average	349	154	227	14	108	37	1.3
Min	316	134	202	5	85	29	1.2
Max	369	164	248	21	140	50	1.4
Standard dev.	18	11	15	5	17	7	0.1
Jan-00	369	157	215	14	140	35	1.3




Current Month



	Detentions and Commitments	Less Restrictive Options MH	No Detention Due to Issues	Voluntary MH Treatment	Other
Average	169	4	7	101	68
Min	148	2	2	91	61
Max	182	6	12	112	76
Standard dev.	11	1	3	8	5
Jan-00	179	3	5	112	64

Current Month



 Inside 2 stdev
 at 2 stdev
 outside 2 stdev

Areas outside limits

Crisis Calls metrics outside limits

Calls Abandoned – The has increased outside of the 2 standard deviation limit. The Abandoned Call percent is at the the 5% contract goal. This is a significant increase in the calls abandoned.

Investigation metrics outside limits

None

North Sound Early Warning Report

Crisis Calls and Investigations

Detailed Data Discussion

North Sound Crisis Call Metrics

North Sound Crisis call data is captured by Volunteers of America (VOA) and submitted to North Sound ASO.

Current Crisis Call Data Used

The current data used for the dashboard is below:

Month	crisis calls	Calls Answered	Calls LT 30 sec	Average answer time (sec)	Calls Abandoned	Abandoned percent
Jul-19	2,264	2,235	2,094	0:00:09	29	1.3%
Aug-19	2,223	2,194	2,058	0:00:10	29	1.3%
Sep-19	2,091	2,045	1,865	0:00:10	46	2.2%
Oct-19	1,989	1,943	1,802	0:00:10	46	2.3%
Nov-19	1,880	1,825	1,778	0:00:10	55	2.9%
Dec-19	2,173	2,114	2,060	0:00:16	59	2.7%
Jan-20	1,982	1,882	1,883	0:00:10	100	5.0%
average	2,103	2,059	1,943	0:00:11	44	2.1%
min	1,880	1,825	1,778	0:00:09	29	1.3%
max	2,264	2,235	2,094	0:00:16	59	2.9%

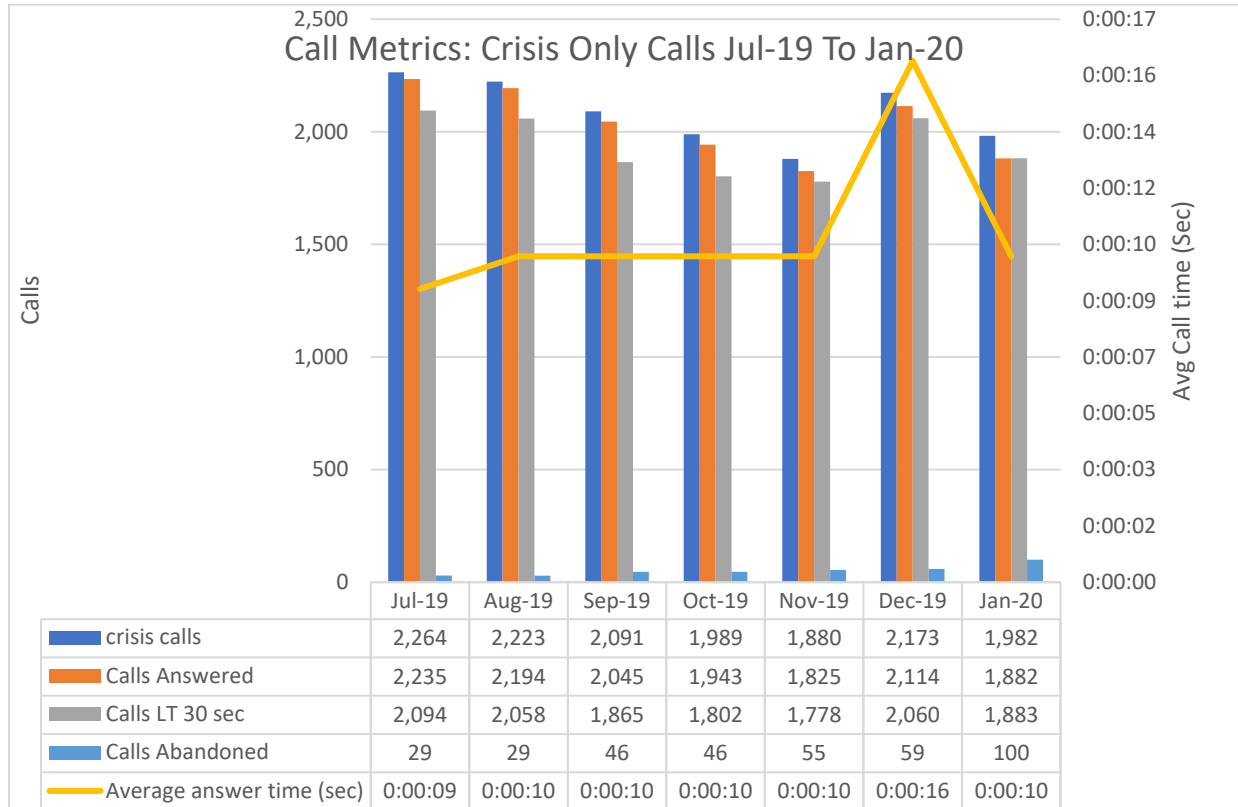
Current monthly data is highlighted for further review if it is outside 2 standard deviations of the 6 month period prior to the month. Currently, Calls Abandoned is outside of limits. The call abandonment rate is at 5%. This continues does meet meet the 5% contract standard.

North Sound Early Warning Report

Crisis Calls and Investigations

North Sound Call Center Metrics over time Graph

North Sound Crisis call metrics are presented below with answer time plotted as a line on top



Long term Call Center model

The graph below models the previous 6 months of data with a regression based on the 12 months to model the predicted total of calls. This is presented to allow for controlling some variability in the particular month and is not included in the more basic dashboard values. High and Low values are at the 95-percentile range. The adjust R-squared of the model used was .77 and all monthly variable had a p value far smaller than .05.

North Sound Early Warning Report

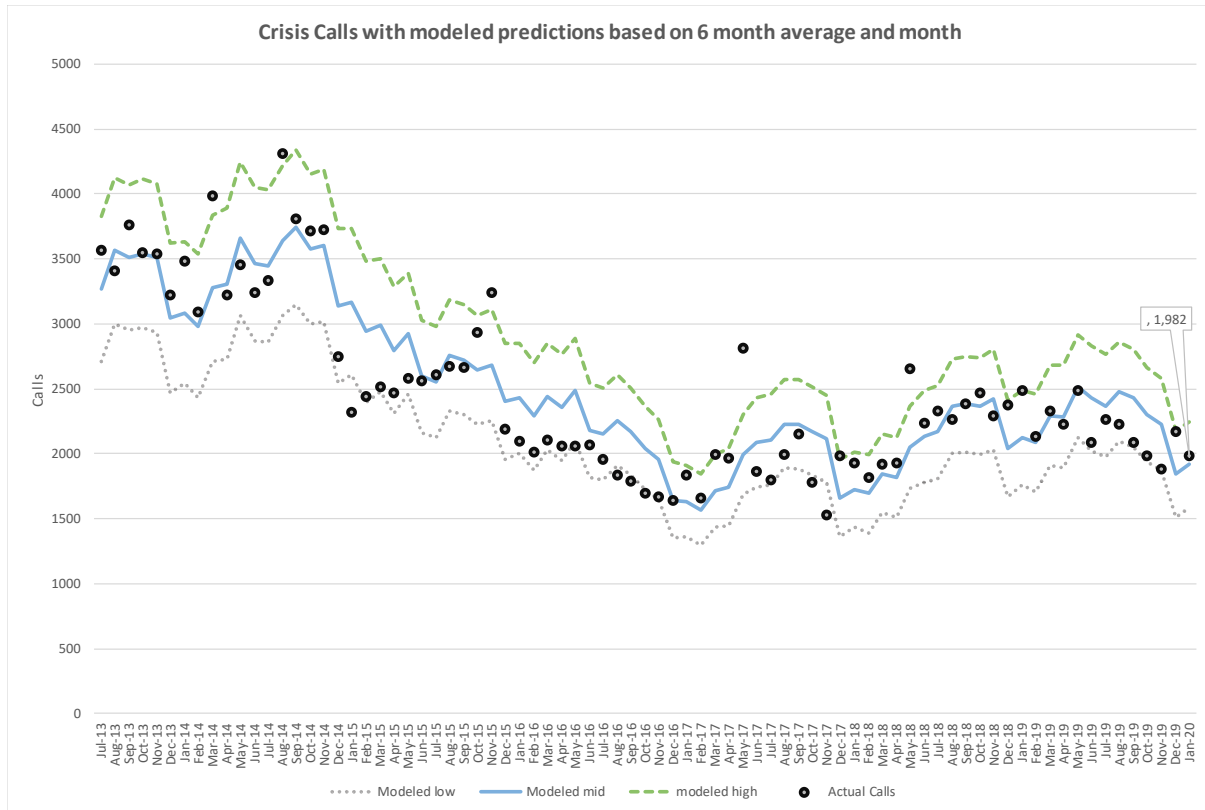
Crisis Calls and Investigations

SUMMARY OUTPUT

Regression Statistics	
Multiple R	0.882476441
R Square	0.778764669
Adjusted R Square	0.735944927
Standard Error	356.9969644
Observations	75

ANOVA					
	df	SS	MS	F	Significance F
Regression	12	27814579	2317882	18.18705	5.54E-16
Residual	62	7901704	127446.8		
Total	74	35716283			

	Coefficients	Standard Error	t Stat	P-value	Lower 95%	Upper 95%
Intercept	162.5109422	175.0512	0.928362	0.35682	-187.411	512.4333
X Variable 1	0.833670174	0.077884	10.70395	1.01E-15	0.677982	0.989359
X Variable 2	0.807583011	0.079085	10.21163	6.6E-15	0.649495	0.965671
X Variable 3	0.904219852	0.081431	11.10409	2.23E-16	0.741441	1.066999
X Variable 4	0.90457982	0.083888	10.78323	7.47E-16	0.736891	1.072269
X Variable 5	1.020314029	0.085977	11.86729	1.33E-17	0.848448	1.19218
X Variable 6	0.967657273	0.08668	11.16353	1.79E-16	0.794386	1.140929
X Variable 7	0.962987621	0.086001	11.19746	1.58E-16	0.791075	1.1349
X Variable 8	1.02618902	0.085152	12.05132	6.79E-18	0.855973	1.196405
X Variable 9	0.99776255	0.082737	12.05939	6.6E-18	0.832373	1.163152
X Variable 10	0.958410516	0.081445	11.76762	1.91E-17	0.795605	1.121216
X Variable 11	0.9436368	0.080305	11.75072	2.03E-17	0.78311	1.104163
X Variable 12	0.806632062	0.080172	10.06127	1.18E-14	0.646371	0.966894



1,962 calls is at the midpoint of the model's predicted range.

North Sound Investigation Metrics

The North Sound Investigation data is captured in the North Sound ASO data system through the ICRS contact sheet data submitted by Designated Crisis Responders.

North Sound Early Warning Report

Crisis Calls and Investigations

Current Investigation Data Used

Total Investigations/detentions/response and LE referral

month	invest.	detentions	avg dispatch response time hrs.	Referred from Law Enforcement	detention percent
Jul-19	325	175	1.2	45	54%
Aug-19	353	161	1.4	50	46%
Sep-19	338	162	1.4	31	48%
Oct-19	368	164	1.2	29	45%
Nov-19	316	134	1.2	38	42%
Dec-19	351	146	1.3	41	42%
Jan-20	369	157	1.3	35	43%
average	346	157	1.3	38	45%
min	316	134	1.2	29	42%
max	369	175	1.4	50	54%

Investigation Reasons

month	MH invest.	SUD invest.	MH and SUD invest.	Percent SUD related
Jul-19	243	11	71	25%
Aug-19	232	15	106	34%
Sep-19	248	5	85	27%
Oct-19	238	21	109	35%
Nov-19	202	15	99	36%
Dec-19	226	14	111	36%
Jan-20	215	14	140	42%
average	229	14	103	34%
min	202	5	71	25%
max	248	21	140	42%

Investigation Outcomes

month	Detentions and Commitments	Voluntary MH Treatment	Less Restrictive Options MH	No Detention Due to Issues	Other
Jul-19	192	70	4	4	55
Aug-19	171	95	6	5	76
Sep-19	167	91	3	12	65
Oct-19	182	100	2	9	74
Nov-19	148	100	5	2	61
Dec-19	164	110	4	6	67
Jan-20	179	112	3	5	64
average	172	97	4	6	66
min	148	70	2	2	55

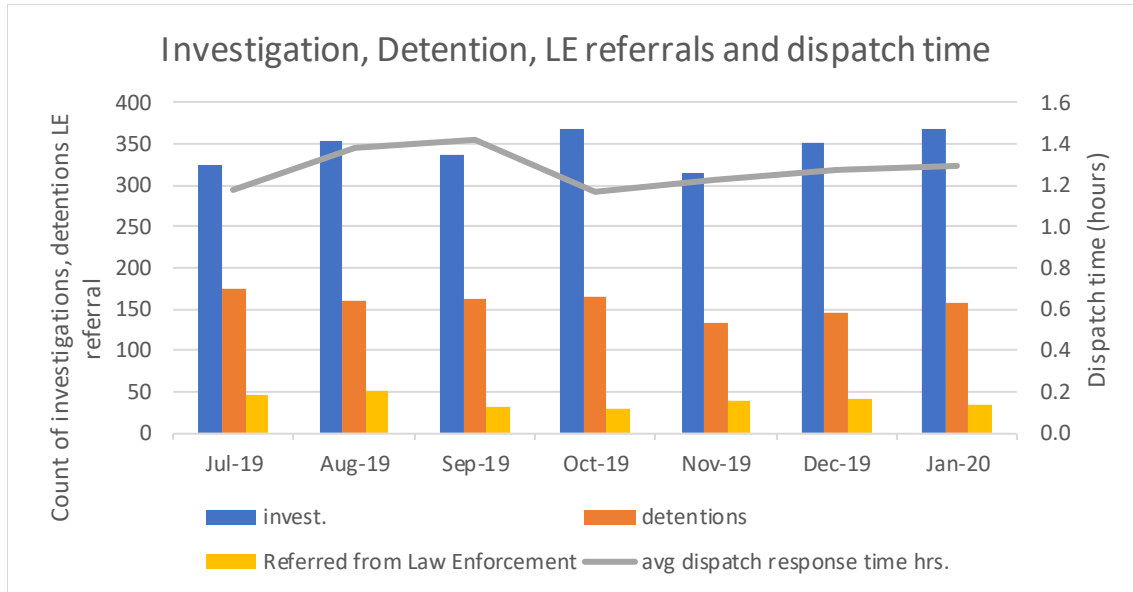
North Sound Early Warning Report

Crisis Calls and Investigations

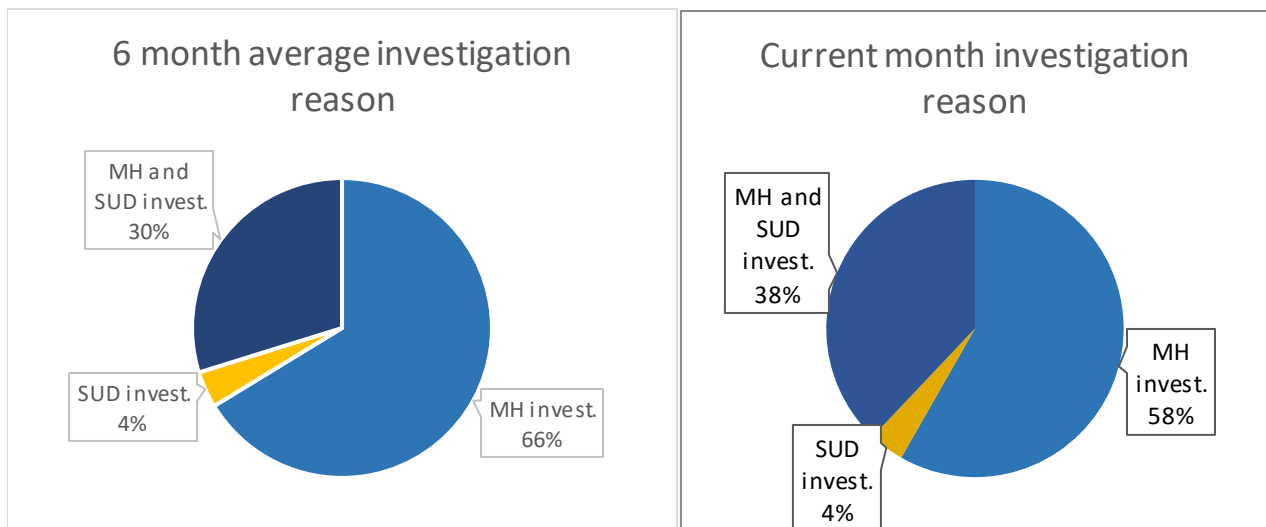
month	Detentions and Commitments	Voluntary MH Treatment	Less Restrictive Options MH	No Detention Due to Issues	Other
max	192	112	6	12	76

Current monthly data would be highlighted for review if it was outside 2 standard deviations of the data in the period 1 year prior, no category in the current month is.

North Sound Investigation Metrics over Time graph



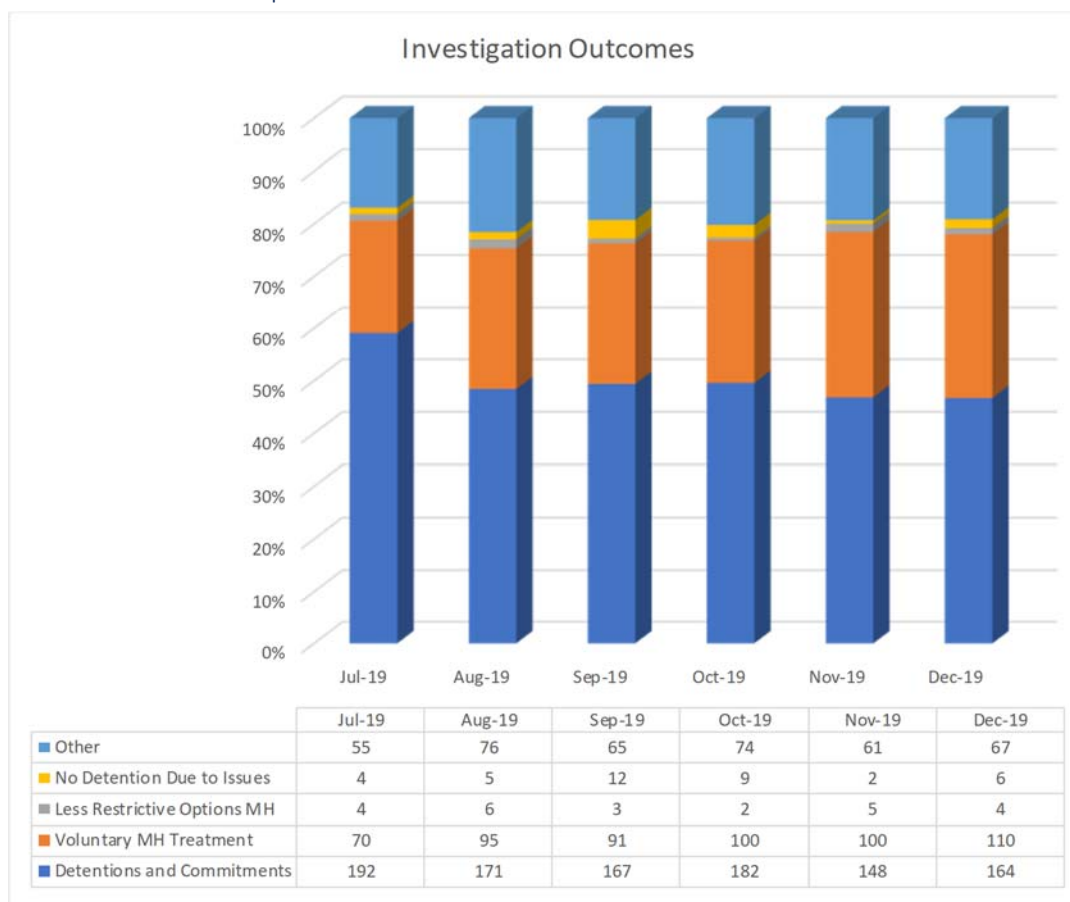
Investigation Reason Percentages Pie Charts



North Sound Early Warning Report

Crisis Calls and Investigations

Investigation Outcomes over time percent of total chart



Investigation Outcome Grouping

Investigation outcomes are grouped to duplicate the investigation outcomes published by the state. The table below includes all dispatches for the period included in the report.

State Group	Investigation Outcome	all invest. in period
Detentions and Commitments	Detention (72 hours as identified under RCW 71.05).	1,076
Detentions and Commitments	Detention to Secure Detox facility (72 hours as identified under 71.05)	19
Detentions and Commitments	Returned to inpatient facility/filed revocation petition.	98
Detentions and Commitments	Non-emergent detention petition filed	10
Less Restrictive Options MH	Filed petition - recommending LRA extension.	27
No Detention Due to Issues	No detention - E&T provisional acceptance did not occur within statutory timeframes	7
No Detention Due to Issues	No detention - Unresolved medical issues	36

North Sound Early Warning Report

Crisis Calls and Investigations

State Group	Investigation Outcome	all invest. in period
Voluntary MH Treatment	Referred to crisis triage	25
Voluntary MH Treatment	Referred to voluntary inpatient mental health services.	95
Voluntary MH Treatment	Referred to voluntary outpatient mental health services.	552
Voluntary MH Treatment	Referred to chemical dependency inpatient program	1
Voluntary MH Treatment	Referred to chemical dependency intensive outpatient program	3
Voluntary MH Treatment	Referred to acute detox	2
Other	Referred to non-mental health community resources.	22
Other	Other	440
(blank)	Did not require MH or CD services	7
	Grand Total	2,420

North Sound Early Warning Report

Crisis Calls and Investigations

Definitions

○ crisis calls	Count of crisis calls received by VOA
○ Calls Answered	Count of crisis calls answered by VOA
○ Calls LT 30 sec	Count of crisis calls answered in less than 30 seconds
○ Average answer time (sec)	Sum of time to answer divided by total calls answered
○ Calls Abandoned	Count of calls not answered
○ Abandoned percent	Count of calls abandoned divided by total calls
○ invest.	Count of DCR dispatches where the rights are read
○ detentions	Count of investigations where the outcome is 72 hr detention to
inpatient or secure detox	
○ avg dispatch response time hrs.	Time of DCR contact minus dispatch time expressed in hours - from the
ICRS contact sheet	
○ Referred from Law Enforcement	Dispatch referred by Law Enforcement as recorded by VOA
○ detention percent	Count of detentions divided by count of investigations
○ MH invest.	Investigation primarily mental health
○ SUD invest.	Investigation primarily substance use
○ MH and SUD invest.	Investigation having mental health and substance use
○ Percent SUD related	SUD investigation plus
○ Detentions and Commitments	Investigation outcome is detention or LRO revocation
○ Voluntary MH Treatment	Investigation outcome is voluntary outpatient treatment
○ Less Restrictive Options MH	Investigation outcome is LRO extension
○ No Detention Due to Issues	Investigation outcome is not detention due to medical or non-
acceptance by inpatient facility	
○ Other	Investigation outcome is referred to non-mental health resources or
other.	



North Sound Non Medicaid Services

Comparison of People Served in Q3-Q4 – 2017, 2018 and 2019

Behavioral Health System Indicators generated by North Sound BH ASO

Prepared By Dennis Regan 02/11/2020

NORTH SOUND BEHAVIORAL HEALTH
ADMINISTRATIVE SERVICES ORGANIZATION

301 Valley Mall Way, Suite 110, Mt. Vernon, WA 98273

360.416.7013 | 800.864.3555 | F: 360.416.7017

www.nsbhaso.org

North Sound Non Medicaid Services

Comparison of the last two quarters of 2017, 2018 and 2019

Table of Contents

Executive Summary.....	3
Specific Modalities of Service	4
Crisis Services to People without Medicaid Eligibility.....	4
Investigations to People without Medicaid Eligibility.....	4
Withdrawal Management to People without Medicaid Eligibility.....	5
Opiate Substitution Treatment to People without Medicaid Eligibility.....	5
Stabilization Services to People without Medicaid Eligibility	6
SUD Outpatient Treatment to People without Medicaid Eligibility.....	6
MH Individual Treatment Services to People without Medicaid Eligibility	7
Mental Health Services Provided in Residential Settings to People without Medicaid Eligibility	7
Family Treatment to People without Medicaid Eligibility.....	8
Medication Management to People without Medicaid Eligibility	8
Data Table	9

North Sound Non Medicaid Services

Comparison of the last two quarters of 2017, 2018 and 2019

Executive Summary

ALL SERVICES TO NON MEDICAID

6,556 
2017 Q3 and Q4

6,149 
2018 Q3 and Q4

4,066 
2019 Q3 and Q4

ALL SERVICES EXCEPT INVESTIGATIONS AND CRISIS SERVICES

5,013 
2017 Q3 and Q4

4,492 
2018 Q3 and Q4

404 
2019 Q3 and Q4

North Sound Non Medicaid Services

Comparison of the last two quarters of 2017, 2018 and 2019

Specific Modalities of Service

Crisis Services to People without Medicaid Eligibility

CRISIS SERVICES

2,053 
2017 Q3 and Q4

2,147 
2018 Q3 and Q4

3,696 
2019 Q3 and Q4

Crisis Services include H2011 Services provided as face to face service and H0030 Hotline service

Investigations to People without Medicaid Eligibility

INVESTIGATIONS

Investigations are provided by Designated Crisis Responders (DCR's) to determine if the criteria for 72 commitment is met.

923 
2017 Q3 and Q4

1,103 
2018 Q3 and Q4

902 
2019 Q3 and Q4

North Sound Non Medicaid Services

Comparison of the last two quarters of 2017, 2018 and 2019

Withdrawal Management to People without Medicaid Eligibility

WITHDRAWAL MANAGEMENT

223 
2017 Q3 and Q4

400 
2018 Q3 and Q4

Withdrawal Management Services were not initially funded post 7/1/2019. Non Medicaid funding is being put into place currently – no data available at the date of this report.

Opiate Substitution Treatment to People without Medicaid Eligibility

OPIATE SUBSTITUTION TREATMENT

Opioid Treatment Program (OTP) services provide assessment and treatment to individuals with opioid use disorder (OUD). Services include ordering and dispensing of an approved medication

292 
2017 Q3 and Q4

392 
2018 Q3 and Q4

82 
2019 Q3 and Q4

North Sound Non Medicaid Services

Comparison of the last two quarters of 2017, 2018 and 2019

Stabilization Services to People without Medicaid Eligibility

STABILIZATION SERVICES

199 
2017 Q3 and Q4

164 
2018 Q3 and Q4

2019 Q3 and Q4

Stabilization Services were not initially funded post 7/1/2019. Non Medicaid funding is being put into place currently – no data available at the date of this report.

SUD Outpatient Treatment to People without Medicaid Eligibility

SUD OUTPATIENT TREATMENT

SUD Outpatient Services post 7/1/2019 is focused on limited at risk populations

882 
2017 Q3 and Q4

692 
2018 Q3 and Q4

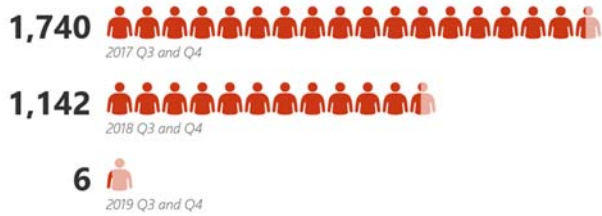
90 
2019 Q3 and Q4

North Sound Non Medicaid Services

Comparison of the last two quarters of 2017, 2018 and 2019

MH Individual Treatment Services to People without Medicaid Eligibility

INDIVIDUAL TREATMENT SERVICES



Mental Health Individual Treatment Services are limited to 6 funded PACT slots post 7/1/2019.

Mental Health Services Provided in Residential Settings to People without Medicaid Eligibility

MH SERVICES PROVIDED IN RESIDENTIAL SETTINGS

Mental Health Services to People in Residential Settings were often a result of gaps in Medicaid eligibility caused by periods in institutional or correctional facilities. Funding for these services is unavailable post 7/1/2019.



North Sound Non Medicaid Services

Comparison of the last two quarters of 2017, 2018 and 2019

Family Treatment to People without Medicaid Eligibility

FAMILY TREATMENT

137 
2017 Q3 and Q4

85 
2018 Q3 and Q4

2019 Q3 and Q4

Psychological counseling provided for the direct benefit of an individual. Service is provided with family members and/or other relevant persons in attendance as active participants.

Medication Management to People without Medicaid Eligibility

MEDICATION MANAGEMENT

The prescribing and/or administering and reviewing of medications and their side effects.

602 
2017 Q3 and Q4

429 
2018 Q3 and Q4

1 
2019 Q3 and Q4

North Sound Non Medicaid Services

Comparison of the last two quarters of 2017, 2018 and 2019

Data Table

Distinct Count of folk	Period			
Service Modality	2017 Q3 and Q4	2018 Q3 and Q4	2019 Q3 and Q4	Grand Total
MH	5,522	5,004	3,957	13,686
Care Coordination Services	22	33		51
Child and Family Team Meeting	21	23		41
Community Transition	121	422	152	692
Crisis Services	2,053	2,147	3,695	7,699
Engagement and Outreach	113	182		295
Family Treatment	137	85		210
Group Treatment Services	45	36		74
Individual Treatment Services	1,740	1,142	6	2,497
Intake Evaluation	822	568		1,367
Interpreter Services	21	46		62
Investigations	923	1,103	901	2,856
Medication Management	602	429	1	821
Medication Monitoring	74	55	5	106
Mental Health Services Provided in Residential Settings	35	31		59
Offender Re-Entry Community Safety Program	8	6		11
Peer Support	51	96	4	132
PPW housing Support	4		5	9
Rehabilitation Case Management	74	40		108
Rehabilitation Case Management Intake	1	3		4
Request for Services	1,993	1,056	3	3,019
Stabilization Services	199	164		353
Supported Employment	16	21		32
Testimony: Hearing for Involuntary Treatment	349	493	130	943
Therapeutic Psychoeducation	38	36	3	70
SUD	1,880	1,808	113	3,498
Assessment	916	725	8	1,622
Brief Intervention	6	3		9
Case Management	209	175	19	380
Community Transition			7	7
Crisis Services			1	1
Engagement and Outreach	1	20		21
Intensive Inpatient Residential Services	177	123	1	298
Investigations			1	1
Long Term Residential Care Services	73	50		122
Opiate Substitution Treatment	292	392	82	613
Outpatient Treatment	882	692	90	1,518

North Sound Non Medicaid Services

Comparison of the last two quarters of 2017, 2018 and 2019

Distinct Count of folk	Period			Grand Total
Service Modality	2017 Q3 and Q4	2018 Q3 and Q4	2019 Q3 and Q4	
PPW housing Support			1	1
Recovery House Residential Services	5	6		11
Recovery Support Services		6		6
Urinalysis Drug Screen			12	12
Withdrawal Management	223	400		608
Grand Total	6,556	6,149	4,066	15,665



Joseph R. Bigelow, Psy.D.

North Sound BH-ASO Western State Hospital Liaison

Dr. JR Bigelow received his doctorate in clinical psychology, with a focus in forensic practice from Argosy University Twin Cities, Minnesota, in 2012. His pre-doctoral experience included working with at-risk youth in Minneapolis for two years at the Hennepin County Juvenile Detention Center, adult offenders at the Federal Correctional Institution Waseca, MN for one year, military veterans at the Minnesota Veterans Home for one year, adult offenders at the Minnesota Department of Corrections for one year, and adults with severe and persistent mental illness for two years at People Incorporated.

His post-doctoral experience includes various duties as an Army Medical Service officer for four years, one of those years as the executive officer for the second-largest U.S. Army medical clinic in the Republic of Korea. After his time in the Army, Dr. Bigelow worked at Washington State's Special Commitment Center for two and a half years, working with civilly committed sexually violent predators in the pre-contemplation and contemplation stages of change.

Dr. Bigelow has presented multiple workshops for mental health practitioners on using client tattoos as a source of clinical information, working with sex offenders in precontemplation, and new employee orientation presentations addressing suicidality and self-harm. Most recently, Dr. Bigelow worked with adults with developmental disabilities at Washington State's Rainier School.

He is a lifetime member of the 38th Parallel Medical Society and Psi Chi National Honor Society, holds the titles of Chevalier and Man-at-Arms in the Supreme Military Order of the Temple of Jerusalem, has held positions of Color Sergeant and Post Commander with the Scottish American Military Society, and is a veteran of both the U.S. Marine Corps and the U.S. Army. In his spare time he makes Celtic knives, has an interest in history, and collects antique Scottish military artifacts.

RCW 71.24.300

Behavioral health administrative services organizations—Advisory boards—Inclusion of tribes—Roles and responsibilities. (*Effective January 1, 2020.*)

(1) Each behavioral health administrative services organization shall appoint a behavioral health advisory board which shall review and provide comments on plans and policies developed under this chapter, provide local oversight regarding the activities of the behavioral health administrative services organization, and work with the behavioral health administrative services organization to resolve significant concerns regarding service delivery and outcomes. The authority shall establish statewide procedures for the operation of regional advisory committees including mechanisms for advisory board feedback to the authority regarding behavioral health administrative services organization performance. The composition of the board shall be broadly representative of the demographic character of the region and shall include, but not be limited to, representatives of consumers of substance use disorder and mental health services and their families, law enforcement, and, where the county is not the behavioral health administrative services organization, county elected officials. Composition and length of terms of board members may differ between behavioral health administrative services organizations but shall be included in each behavioral health administrative services organization's contract and approved by the director.

(2) The authority must allow for the inclusion of tribes in any interlocal leadership structure or committees formed under RCW 71.24.880, when requested by a tribe.

(3) If an interlocal leadership structure is not formed under RCW 71.24.880, the roles and responsibilities of the behavioral health administrative services organizations, managed care organizations, counties, and each tribe shall be determined by the authority through negotiation with the tribes.

WAC 182-538C-252 Behavioral health administrative services organizations—Advisory board membership. (1) A behavioral health administrative services organization (BH-ASO) must appoint advisory board members and maintain an advisory board in order to:

(a) Promote active engagement with people with behavioral health disorders, their families, and behavioral health agencies; and

(b) Solicit and use the advisory board members input to improve service delivery and outcome.

(2) The BH-ASO must appoint advisory board members and maintain an advisory board that:

(a) Broadly represents the demographic character of the service area;

(b) Is composed of at least fifty-one percent representation of one or more of the following:

(i) People with lived experience;

(ii) Parents or legal guardians of people with lived experience; or

(iii) Self-identified as people in recovery from a behavioral health disorder.

(c) Includes law enforcement representation; and

(d) Includes tribal representation, upon request of a tribe.

(3) When the BH-ASO is not a function of county government, the advisory board must include no more than four county elected officials.

(4) The advisory board:

(a) May have members who are employees of subcontracted agencies, as long as there are written rules that address potential conflicts of interest.

(b) Has the discretion to set rules in order to meet the requirements of this section.

(c) Membership is limited to three years per term for time served, per each advisory board member. Multiple terms may be served by a member if the advisory board rules allow it.

(5) The advisory board independently reviews and provides comments to the BH-ASO, on plans, budgets, and policies developed by the BH-ASO to implement the requirements of this section, chapters 71.05, 71.24, 71.34 RCW, and applicable federal laws.

[Statutory Authority: RCW 41.05.021, 41.05.160, 2019 c 325, 2014 c 225, and 2018 c 201. WSR 19-24-063, § 182-538C-252, filed 11/27/19, effective 1/1/20.]

The North Sound Behavioral Health Administrative Services Organization ADVISORY BOARD BY-LAWS

ARTICLE I: PURPOSE

The purpose of the **North Sound Behavioral Health Administrative Services Organization, LLC** (North Sound BH-ASO) Advisory Board (AB) is to provide independent and objective advice to the North Sound BH-ASO Board of Directors, and local jurisdictions, county advisory boards and service providers.

Additionally, it is the purpose of the AB to advocate for a system of care that is shaped by the voices of our communities and people using behavioral health services.

Further, it is the AB's objective to promote the mission of the North Sound BH-ASO: "Empowering individuals and families to improve their health and well-being."

The North Sound BH-ASO AB is established in compliance with Interlocal *Joint Operating Agreement Establishing A Behavioral Health Administrative Services Organization for Island, San Juan, Skagit, Snohomish and Whatcom Counties* executed in July 2019, and in compliance with the provisions of *RCW, Chapters 71.24.300, 71.05, 71.24, 71.34*, WAC 182-538~~DC~~-0252, and Washington Health Care Authority Contract.

ARTICLE II: SCOPE

The responsibilities of the North Sound BH-ASO AB shall be:

1. To provide oversight activities in order to advise the North Sound BH-ASO Board of Directors concerning the planning, delivery, and evaluation of those behavioral health services which promote recovery and resilience, and which are the responsibility of the North Sound BH-ASO.
2. To provide a medium for public testimony regarding behavioral health concerns which are the responsibility of the North Sound BH-ASO. The AB will, upon request, cover the cost of an individual's transportation to appear before the AB to give testimony.
3. To review and provide comment on all North Sound BH-ASO Strategic Plans, Quality Assurance Plans, and Service Delivery Plans and Budgets, which relate to behavioral health and contracted services, before such plans and budgets are acted on by the North Sound BH-ASO Board of Directors.

4. To advocate that the needs of all individuals within the region are met (including, but not limited to, the needs of people with special needs, elderly people, disabled people, children/youth, Native Americans, people who identify as Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ), and people with low incomes, within the crisis service plans established by the North Sound BH-ASO Board of Directors.
5. To conduct site visits to service providers, hospitals and other community programs. Site visits are designed to provide North Sound BH-ASO AB members with first-hand information so that AB members might make informed recommendations to the North Sound BH-ASO Board of Directors.
6. To assist the North Sound BH-ASO with dissemination of information to the general public and the North Sound BH-ASO Board of Directors for the purpose of advocacy and education.
7. To perform such other duties as the North Sound BH-ASO Board of Directors and Washington State Health Care Authority may require.
8. To create opportunities to empower community members through participation in activities/projects to reduce stigma associated with behavioral health.
9. To encourage members to educate themselves about the changes in the behavioral health services needs and emerging practices to be an informed voice in our community.
10. To advocate for a BH-ASO regional coordinated approach to behavioral health services delivery to ensure services are meeting regional care needs.

Limitations of Responsibilities:

- a) No AB member shall give the impression they are representing the Board without express written permission. Permission must be authorized by a majority vote of the AB, and by the North Sound BH-ASO staff liaison to the AB.
- b) No AB member shall give the general public the impression they are representing North Sound BH-ASO, as all AB members serve only in an advisory capacity to North Sound BH-ASO.
- c) No AB member shall interact with regional contractors as an authoritative representative of the AB without express written permission. Permission must be authorized by a majority vote of the AB, and by the North Sound BH-ASO staff liaison to the AB.
- d) AB members shall immediately bring concerns regarding a North

Sound BH-ASO contract or North Sound BH-ASO staff, or refer any individual who voices a concern regarding a North Sound BH-ASO contract or North Sound BH-ASO staff, to the Chair of the AB, and/or to the North Sound BH-ASO staff liaison to the AB.

- e) AB members shall refer any individual with questions or concerns regarding North Sound BH-ASO policies or resource management to the Executive Director of North Sound BH-ASO (or his/her designated representative) for action.
- f) Failure to adhere to these by-laws may result in administrative action to remove that member from the AB (see ARTICLE X, below).

ARTICLE III: MEMBERSHIP

1. The North Sound BH-ASO AB shall consist of twenty-six (26) members representing the five counties that make up the region, and eight (8) regional Tribal members, as follows:

Island County	Four (4)
San Juan County	Three (3)
Skagit County	Four (4)
Snohomish County	Nine (9)
Whatcom County	Six (6)

County Subtotal Twenty-Six (26)

Tribes Eight (8)

Advisory Board Total Thirty-Four (34)

2. Each representative from each county and each regional tribal member shall have one vote.
3. Length of term is limited three years per term for time served, per each advisory board member. Multiple terms may be served by a member if the advisory board rules allow it *verbiage from WAC 182-538~~DC~~-0252*.
4. Fifty-one percent (51%) [WAC 182-538~~DC~~-0252], of the North Sound BH-ASO AB membership will be comprised of persons with lived experience and parents and guardians of persons experiencing and/or are in recovery from a behavioral health disorder and retired professionals, (1) representative from each county being an individual with lived experience. A representative from law enforcement shall be a member of the board.
5. The North Sound BH-ASO AB membership will be representative of the demographic character of the region and of the ethnicity and

broader cultural aspects of individuals being served.

6. In accordance with applicable local, state and federal laws, rules and/or regulations governing the operations of the North Sound BH-ASO, and in accordance with the North Sound BH-ASO Conflict of Interest Policy 4515.00 Advisory Board Representation and with the North Sound BH-ASO Conflict of Interest Policy 3010.00. The members of the North Sound BH-ASO Advisory Board (AB) may have an AB member who serves on the Board and is employed by a subcontractor agency. The person shall not be an owner nor have a controlling interest in the subcontractor's company nor be a member of a senior management of the subcontractor's company. A person who works for an agency shall recuse themselves on potential conflicts of interest. Any conflict of interest must be explicitly declared by the AB member.
7. When the BH-ASO is not a function of county government, the AB must include no more than four county elected officials.

ARTICLE IV: APPOINTMENT

1. County is to notify North Sound BH-ASO AB liaison of their support of the applicant.
2. North Sound BH-ASO AB liaison is to coordinate communication with applicant to attend at least 1 to 2 AB meetings. This is to ensure the Board is the appropriate platform to meet the advocacy needs of the applicant.
3. The applicant will have the opportunity to speak on their interest in serving on the AB and meet AB members.
4. After applicant has attended at least 1 to 2 AB meetings, the county or North Sound BH-ASO AB liaison is to communicate with applicant to pursue official appointment.
5. If applicant wants to pursue official appointment, applicant will be requested to attend the next AB meeting for an official AB vote. North Sound BH-ASO AB liaison will notify the county of the vote outcome to either pursue or not pursue official appointment. County will send the official appointment letter to the North Sound BH-ASO AB liaison.
6. If the AB is not in favor of applicants' membership, the Chair of the AB will write a letter to the county notifying of the AB objections.
7. North Sound BH-ASO AB liaison will notify the county of AB member ending term date. The county is to contact the AB member for re

appointment confirmation. The county is to notify the North Sound BH-ASO AB liaison of re appointment status. County is to send North Sound BH-ASO AB staff the official re appointment letter notifying re appointment of a three-year term.

ARTICLE V: OFFICERS

1. The officers of the North Sound BH-ASO AB shall include only a Chair and a Vice- Chair.
2. The term of office held by the Chair and by the Vice-Chair shall be one (1) year, served from 1 January until 31 December, following election in the previous calendar year.
3. The Chair may be re-nominated, and re-elected, an additional two (2) times, to serve a total of no more than three (3) consecutive years. As well, the Vice-Chair may be re-nominated, and re-elected, an additional two (2) times, to serve a total of no more than three (3) consecutive years. Elections for the Chair and for the Vice-Chair shall be held concurrently during the last meeting of the AB in each calendar year. Elections will always be preceded by the nomination process noted below (see ARTICLES V:2 and V:3, and VI:4). Nominations will be opened at the third-to-last (October) AB meeting and will close at the second-to-last (November) meeting. The names of nominated candidates for the position of Chair and for the position of Vice-Chair must be submitted directly to the chair of the Nominating Committee, and not to its members, by the end of the day of the second-to-last meeting of the calendar year prior to the year in which they would assume their positions.
4. Any current member of the AB may submit their own name, or the name of another member, directly to the chair of the Nominating Committee (see Article VI:4); and the Nominating Committee may submit the name of any current member of the AB whom the Committee believes to be a suitable candidate, but who was not otherwise nominated. Nominees must be current members of the AB who has actively served on the AB for a minimum of 6 months.
5. All nominees for the offices of Chair and Vice-Chair will be voted on by the Advisory Board at the final (December) meeting of the AB. Immediately following the vote; the Nominating Committee will recuse themselves and count the votes. If there is a tie for either office, the Nominating Committee members will declare the tie and the AB will vote once again. This process will continue until the chair of the Nominating Committee is able to announce the new AB Chair and new AB Vice-Chair for the next calendar year.

ARTICLE VI: COMMITTEES

1. Standing committees of the North Sound BH-ASO AB shall be:
 - a) The Executive-Finance Committee, and
 - b) The Nominating Committee
2. The Executive-Finance Committee shall consist of the Chair, Vice-Chair, plus a maximum of three (3) other AB members appointed by the Chair. Efforts will be made to ensure that at least one member of the Executive-Finance Committee has experience and/or understanding of financial management, and at least one member has lived experience with a substance use disorder (SUD).
3. The Executive-Finance Committee shall convene to hear pressing matters of business which may arise during the interval between regularly scheduled AB meetings. The committee will review and make recommendations regarding all AB fiscal expenditures. Any decision made by the Executive Committee shall be subject to the ratification of the full Board at its next regularly scheduled meeting. The Executive-Finance Committee shall review the by-laws once each calendar year for the purpose of amending them if necessary.
4. Members of the Nominating Committee, and its chair, shall be appointed by the Executive-Finance Committee at the third-to-last (October) AB meeting of each calendar year. Membership in the Nominating Committee is to be limited to 3 or 5 people (to avoid deadlocked voting). The Nominating Committee members and chair will be announced to the full AB immediately following on the same day.
5. The Chair may establish and appoint members to Ad-Hoc Committees, as the need arises.

ARTICLE VII: MEETINGS

1. The North Sound BH-ASO AB shall meet at least ten (10) times each year at a date and time mutually agreeable to the members of that Board. Any regularly scheduled meeting may be canceled at the discretion of the Chair.
2. Special meetings may be called by the Chair, as needed, and/or as requested by a minimum of one (1) member from each of three (3) of the five (5) counties which are party to the North Sound BH-ASO, by contacting the Chair. Special meetings shall be called within five (5) working days of the request, following notice of at least forty-eight (48) hours to all members of the AB.

3. Use of Technology for Attendance

- a) Although the level of “engagement” — via social interaction, hearing and comprehension — can be limited when using the *Go To Meeting* technology (or a North Sound BH-ASO identified substitute) in lieu of *physically* attending the North Sound BH-ASO AB meetings, any or all AB members representing San Juan County are allowed to use the *Go To Meeting* technology (or a North Sound BH-ASO identified substitute) for any and all meetings of the AB, due to the difficulty of, and time required for, travel. AB members from all other counties (Whatcom, Skagit, Snohomish and Island) will be allowed to use the “Go To Meeting” technology (or a North Sound BH-ASO identified substitute) for a maximum of two (2) meetings during one (1) calendar year, and only with authorization for the AB Chair and/or the North Sound BH-ASO liaison to the AB.
 - b) Physical absences from AB meeting will be considered “excused” if the AB Chair and/or the North Sound BH-ASO liaison to the AB deem(s) the absence to be so. The AB member who intends to be absent must contact the AB Chair, and/or the North Sound BH-ASO staff liaison to the AB, prior to the meeting at which the AB member will not be in attendance.
 - c) The AB Chair may invoke the use of the *Go To Meeting* technology, (or a North Sound BH-ASO identified substitute), at any time in lieu of physical attendance by any or all AB members, only when a Special Meeting of the AB is called by the Chair as stipulated in Article VII (2) above.
4. Committee meetings shall be held at the discretion of the Committee Chair.
 5. Robert’s Rules of Order shall be used as an informal guideline for formal meetings of the North Sound BH-ASO AB and committees, insofar as the *Rules* do not conflict with, or are not inconsistent with, the provisions of these By-Laws.
 6. The Board shall comply with the *State of Washington Open Public Meetings Act (RCW 42.30)*.

ARTICLE VIII: QUORUM

1. The presence of at least fifty percent (51%) of the appointed representatives to the AB, and at least three (3) of the five (5) counties which are party to North Sound BH-ASO, shall constitute a quorum of the North Sound BH-ASO AB.
2. A quorum of the Executive Committee shall exist when a simple majority of the Executive Committee members are present.

3. Members of the AB who attend via digital conferencing (by phone or any other allowable technological means), shall be counted as *present* in determining the constitution of a quorum.

ARTICLE IX: RESIGNATION/TERMINATION

1. Following two unexcused absences of a North Sound BH-ASO Advisory Board (AB) member, from AB meetings, the Chair of the AB will *informally* contact the absentee member to ascertain whether the member is willing and able to continue serving on the AB.
2. Following (3) *unexcused* absences from the North Sound BH-ASO Advisory Board (AB) meetings in a single calendar year, whether consecutive or non-consecutive, the AB Chair will formally recommend (in writing) to both the absent member and to the County Coordinator that the absent member resign from the AB, and that another representative from the same county be appointed by the County Coordinator to represent that county as a replacement member of the AB.
3. Resignations can be received in writing or verbally to the AB Chair, North Sound BH-ASO AB liaison or County Coordinator. The county will send North Sound BH-ASO AB liaison an official resolution letter informing of the AB members resignation.
4. Members of the North Sound BH-ASO AB, by virtue of their appointment to the AB, agree to adhere to the *Advisory Board Guiding Principles*. AB members will adhere to the *Advisory Board Guiding Principles* in their interactions with all other AB members, with the community, and with North Sound BH-ASO staff. The AB Chair will work to ensure that all AB members will be given an opportunity to participate in discussions during AB meetings.
5. Failure to adhere to the *Advisory Board Guiding Principles* may result in a recommendation for that member's dismissal from the AB.

ARTICLE X: DISMISSAL FROM THE ADVISORY BOARD

Dismissal from the AB will be undertaken in the following manner:

1. Any member of the AB in attendance at a Board meeting at which an alleged violation of the *Guiding Principles* occurs may bring a 'complaint' regarding another member's behavior to the AB Chair, and/or to the North Sound BH-ASO staff liaison to the AB, who, upon discussion with the complaining member of the AB, and upon assessment of the validity of the complaint, will *then* bring the complaint to the Executive Committee of the AB, and, upon decision by the

members of the Executive Committee, will *then* bring the complaint to the entire AB as a written motion.

2. A simple majority vote of the AB will be required to formally reprimand (“censure”), and/or recommended dismissal of the violating member from the AB.
3. The formal reprimand (“censure”) and/or dismissal will be presented by the AB Chair, following the meeting at which the AB voted for such, to the Executive Director of the North Sound BH-ASO (or his/her designated representative) for action.



North Sound Behavioral Health Advisory Board

Purpose

The purpose of the North Sound Behavioral Health Advisory Board is to advocate for a system of care that is shaped by the voices of our communities and people using behavioral health services. The delivery of behavioral health care is competent, compassionate, empowering and supportive of personal health and wellness. Care needs of the region are understood, defined and championed. The Advisory Board will provide independent and objective advice and feed back to the North Sound BH ASO Board of Directors and local jurisdictions, and county advisory boards and service providers.

Scope

The North Sound Behavioral Health Advisory Board is a platform open to the public and is the voice to the Board of Directors, five Managed Care Organizations, and to the North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO), on how to improve access to behavioral health services for persons in need of treatment and recovery. Members ensure the communities are able to access services, given the appropriate resources, monitor gaps in services and are the voice for the most vulnerable and underserved individuals in the North Sound region.

The Advisory Board is empowered by the North Sound BH-ASO Board of Directors and the Washington State Health Care Authority:

- Act as a vehicle for public testimony regarding the behavioral health services/concerns for the region.
- Visit service providers, hospitals and other community programs.
- Assist the North Sound BH-ASO with dissemination of information to the general public and the North Sound BH ASO Board of Directors.
- Advocacy and Education
- Create opportunities to empower community members through participation in activities/projects to reduce stigma associated with behavioral health.
- Champion BH-ASO regional coordinated approach to behavioral health service delivery to ensure services are meeting regional care needs.
- Perform such other duties as the North Sound BH-ASO Board of Directors may require or request.
- Members are encouraged to educate themselves about the changes in the behavioral health services needs and emerging practices to be an informed voice in our community.

Membership

The membership of the Advisory Board has included individuals with lived experience, family members of individuals with lived experience, advocates, retired health care providers, concerned community members, law enforcement representation, and Tribal representation. Members from each county are appointed by their respective counties. The 26-member North Sound Behavioral Health Advisory Board consists of delegates from each county as follows:

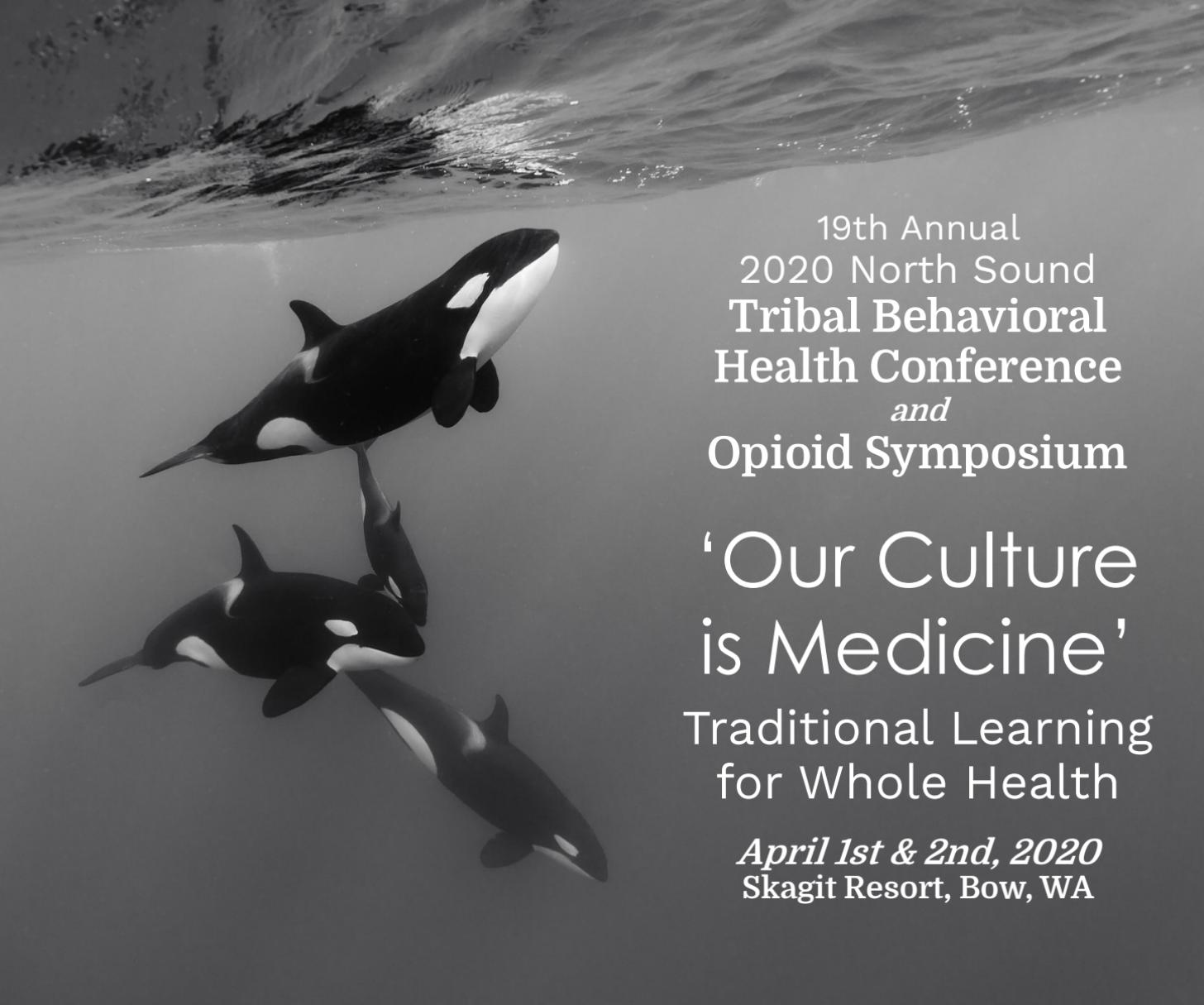
Island County	4 delegates
San Juan County	3 delegates
Skagit County	4 delegates
Snohomish County	9 delegates
Whatcom County	6 delegates

County Subtotal 26

Tribes	8 delegates
--------	-------------

Advisory Board Total 34**History**

The North Sound RSN Advisory Board was established in October of 1989 with the creation of the five-county behavioral health consortium. As of January 1st, 2016, the North Sound Regional Support Network became a Limited Liability Company (LLC), North Sound Behavioral Health Organization in accordance to the Joint BHO Interlocal Operating Agreement. As of July 1, 2019, the North Sound BHO became the North Sound Behavioral Health Administrative Services Organization, in accordance to the Washington Health Care Authority contract.



19th Annual
2020 North Sound
**Tribal Behavioral
Health Conference**
and
Opioid Symposium

**‘Our Culture
is Medicine’**
Traditional Learning
for Whole Health

April 1st & 2nd, 2020
Skagit Resort, Bow, WA

Keynotes, workshops, and panels exploring Tribal traditional strengths that support behavioral health treatment and recovery in Tribal communities.

Opioid Crisis • Suicide Prevention
Youth Outreach • Historical Trauma

For registration and scholarship forms:
tc2020@nsbhaso.org or
www.nsbhaso.org/who-we-are/tribal-behavioral-health

***Presented by the North Sound Behavioral Health Administrative Services Organization,
North Sound Tribes, and Washington State Health Care Authority***

2020 Pre-Meetings, Site Visits, Conferences and Legislative Visits

Date	Pre-Meeting Topics	Note
January	VOA Crisis Line	Pat Morris
February	PPW - Brigid Collins Whatcom County	Jenn Lockwood
March	MAT - PDOA	Linda Crothers and James Dixon
April	Hospitalizations/Western State Hospital	Michael McAuley
May	Designated Crisis Responders - Functions in the crisis system	Pat Morris
June	MCO Board Representation Update	MCO AB Representations
July	<i>Retreat/No Pre-Meeting</i>	
August	BH-ASO Crisis System Update	Michael McAuley
September	Board of Directors - Elected Officials	
October	Snohomish County Opioid Outreach Program	
November	Island County Opioid Outreach Program	
December	Holiday Potluck - No Pre Meeting	
	PPW - Evergreen Recovery	
	Tribal 7.01	
	Tribal Behavioral Health	
Date	Site Visits	Note
TBD	Smokey Point Behavioral Health	
TBD	Pioneer Center North	
TBD	Friday Harbor - Compass Health	
TBD	Brigid Collins Skagit or Whatcom Locations	
Date	Advocacy	Note
February 5-6	Olympia Legislative Session	Met with 25 legislators
Date	Conferences	Location
June 17 - 19	WA Behavioral Healthcare Conference	Kennewick
April 1-2	19th Annual North Sound Tribal Behavioral Health Conference and Opioid Symposium	Skagit Resort Conference Center, Bow