



Advisory Board

Meeting Minutes

August 4, 2026

Advisory Board Members:

- Kara Allen, Chair, Whatcom County
- Brian Estes, Whatcom County
- Chris Garden, Vice Chair, Island County
- Gay-Lynn Beighton, Snohomish County
- Pat O'Maley-Lanphear, Snohomish County
- Mari Jubie, Snohomish County
- Cassandra Roselius, Snohomish County

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- JanRose Ottaway Martin, Executive Director
- Lindsay Lopes, Deputy Director
- Maria Arreola, Advisory Board Coordinator

Managed Care Organizations Present:

- Amanda Whitefield, Molina Healthcare

Guests Present:

None

Call to Order and Introductions

The Chair, Kara Allen, asked the Advisory Board members to introduce themselves, as well as guests

Revisions to the Agenda

No revisions to the agenda were requested

Approval of the June 2, 2026, Minutes

Marie moved a motion to approve the June 2, meeting minutes as written, Pat seconded the motion. All in favor, none opposed, no abstentions, motion carried

Reports from Members

Board members gave updates on behavioral health happenings in their respective counties

Comments from the Public

There were no comments from the public

Executive Committee Report

The Chair reviewed the June expenditures. Marie moved a motion to move the budget to the Board of Directors for final approval, Pat seconded the motion, all in favor, none opposed, no abstentions, motion carried

Executive Committee Action Items

Chair Allen noted there were no Action Items for this month

Advisory Board Art and Poetry Contest Update

Voting occurred prior to the Full Board meeting, and the winning entries were selected. It was decided that the award ceremony will be held on September 1, in conjunction with the regular scheduled Advisory Board meeting. Kara will contact the winning individuals and the recovery café Directors.

Behavioral Healthcare Conference Report Out

Members that attended the conference reported on what they learned and the meaningfulness of the conference.

Co Occurring Disorders and Treatment Conference

Maria noted the Co-Occurring Disorders and Treatment conference will be held October 5-6 in Yakima. Scholarships are available to cover hotel accommodations or registration. It was determined that the remaining budget be reviewed to determine how much funding can be provided based on the number of members interested in attending the conference. Maria will work with accounting and JanRose to review the budget. Maria will contact the interested members to coordinate scholarship applications and travel accommodations.

Report from the Executive Director

JanRose Ottaway Martin, Executive Director

STAR Facility Update

Legislative Update

Co Response – San Juan Island

Youth Behavioral Health Assessment Update

SeaMar Crisis Facility Update

Adjourn

Chair Allen adjourned the meeting at 2:01 p.m.

Next Meeting: September 1, 2026