### xecutive Committee (EC) Members Present:

- Ken Mann, Whatcom County Council, Vice Chair North Sound BHO, County Authorities Executive Committee
- Robert Knoll, Snohomish County Council, Designated Alternate for Council Member Brian Sullivan
- Brandi Vena, Snohomish County Council, designated alternate for Darcy Cheesman, designated alternate for Council Member Sam Low
- Jackie Henderson, Island County Human Services, designated alternate for Commissioner Jill Johnson
- Barbara LaBrash, San Juan County Coordinator, designated alternate for Council Member Jamie Stephens
- Geoffrey Thomas, Snohomish County Council, designated alternate for Council Member Stephane Wright
- Rebecca Clark, Skagit County Health Services, designated alternate for Jennifer Johnson, designated alternate for Commissioner Ken Dahlstedt
- Cammy Hart Anderson, Snohomish County Human Services, designated alternate for County Executive Dave Somers
- Regina Delahunt, Whatcom County Health Department Director, designated alternate for County Executive Jack Louws

# North Sound Behavioral Health Organization (BHO) Staff Present:

- Joe Valentine, Executive Director, North Sound Behavioral Health Organization
- Betsy Kruse, Deputy Director, North Sound Behavioral Health Organization
- Bill Whitlock, Fiscal Officer, North Sound Behavioral Health Organization
- Joanie Williams, Administrative Manager, North Sound Behavioral Health Organization (recording)

#### **Guests:**

Shelli Young, Consultant, North Sound Behavioral Health Organization

## Call to Order and Introductions - Vice Chair Mann

Chair called the meeting to order and initiated introductions

### Revisions to the Agenda - Vice Chair

Chair inquired as to revisions to the Agenda, there were none

### Approval of April 2017, Minutes, Motion #17-39— Chair Mann

Chair asked if there were any revisions to the April notes. One revision was requested; the designated alternate, Anne Deacon, for Whatcom County. Ken noted it was not accurately listed on the April Minutes. Joanie will make the correction. Geoffrey moved motion of approval of the minutes upon revision.

Barbara seconded the motion, all in favor, Motion #17-39 carried.

# **Comments & Announcements from the Chair**

Chair noted there were no comments or announcements

#### Reports from Members

Cammy said the second annual Children's Wellness Fair was held on Saturday, targeting parents and children ages 0-18. Over 800 people showed up and more than 80 vendors.

#### Comments from the Public

hair asked if there were any comments from the public, there were none.

### leport from the Advisory Board

Chair noted the Report from the Advisory Board was available for members to review at their convenience.

#### **Committee Reports**

# Quality Management Oversight Committee (QMOC):

Chair Mann noted the QMOC report is available for members to read at their convenience. Joe added that most of the Substance Use Agencies are now participating in QMOC meetings and many policies have been updated in the past year. Betsy said Qualis gave a presentation yesterday.

### Planning Committee

There was no meeting in April so no report was available.

## **Report from the Executive Director**

- BHO Proviso Language
- Comparison of House and Senate Capital Budgets
- Editorial: Legislature Should Fund Behavioral Health Plan
- Editorial: Improve Access to Treatment for Opioids, Other Drugs

Joe Valentine gave the North Sound BHO Executive Director Report and discussion followed.

### **Report from the Finance Officer**

Bill gave the Finance Officer Report and noted the State Auditors are here this week. There were no questions.

## **Report from the Governance Operations Committee**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health claims paid from April 1, 2017 through April 30, 2017 in the amount of \$16,747,596.45. Payroll for the month of April in the amount of \$289,177.82 and associated employer benefits in the amount of \$185,827.66.

#### Consent Agenda – Ken Mann – Motion #17-40

Ken moved the motion to approve the Consent Agenda, Jackie seconded, all in favor, Motion #17-40 carried.

#### **Action Items**

# For Executive Committee Approval

### **Opioid Reduction Plan**

In April, the draft "North Sound BHO Opioid Reduction Plan" was introduced to the Advisory Board and Executive Committee. Shelli Young, the consultant contracted by the North Sound BHO to develop the plan, provided a briefing to both groups. Following the instructions from the Executive Committee, the draft plan was distributed again to those stakeholders Shelli had interviewed for feedback. It was also presented and discussed with the Tribal "7.01 Committee" who requested that we meet individually with each Tribe and develop individual addendums summarizing the concerns of each tribe as well as the actions they would like to partner with the BHO on. The action items were also reviewed at the May 4 County Coordinators meeting, and the counties assigned the priorities identified in the attached plan. The North Sound BHO is also working with the North Sound Accountable Community of Health [NSACH] to align BHO funding for Opioid Reduction activities with NSACH funding. Once approved, the Plan will be posted on the BHO web site and the BHO will continue to work with the Counties, the ACH, Tribes, and others to continue to prioritize and implement the suggested strategies.

#### Motion #17-41

\pprove the North Sound BHO Opioid Reduction Plan and direct BHO staff to continue to work with the Counties, the ACH, Tribes, and others to continue to prioritize and implement the suggested strategies.

Cammy moved the motion for approval, Geoffrey seconded, all in favor, Motion #17-41 carried.

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#### **Professional Service Contract**

Catholic Community Services NW is receiving funding to remodel current Substance Use Disorder (SUD) Outpatient Facilities in Everett, Mount Vernon and Bellingham in the amount of \$125,000. Funding is also being provided for the continued development of their Electronic Health Record in the amount of \$477,900 inclusive of \$150,000 in equipment costs.

#### Motion #17-42

 North Sound BHO-CCSNW-PSC 17 for the purpose of expanding SUD Outpatient Facilities and the Electronic Health Record. The maximum amount on this contract is \$602,900 for a term of April 1, 2016 through December 31, 2017.

Geoffrey moved the motion for approval, Barbara LaBrash seconded, all in favor, Motion #17-42 carried.

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## **Community Action of Skagit County**

his amendment is providing an additional \$34,875 on this contract for a one-time expense of equipment needs/upgrades in the amount of \$9,850 and ongoing operational expense increase of \$1,925 monthly.

#### Motion #17-43

North Sound BHO-CASC-Ombuds16-18 Amendment 1 for the purpose of increasing funding by \$34,875 for a new maximum consideration of \$370,875 with the term of contract remaining the same April 1, 2016 through March 31, 2018.

Barbara moved the motion for approval, Jackie seconded, all in favor, Motion #17-43 carried.

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### **Budget Amendment**

This motion is to transfer funds within the 2016 North Sound BHO operating budget. This will eliminate negative line item variances.

### Motion #17-44

- To approve the transfer of funds within the North Sound BHO 2016 Operating Budget.
  - Increase expenses of Machinery and Equipment by \$73,000
  - Increase expenses of Debt Service by \$227,000
  - Decrease expenses of Agency/County/Other services by \$300,000

Barbara moved the motion for approval, Regina seconded, all in favor, Motion #17-44 carried.

### For Executive Committee Ratification

#### **Professional Services Contract**

Shelli Young (SYV Consulting) has been consulting with the North Sound on our Regional Opiate Plan, the plan is now complete and ready for implementation. Ms. Young will be assisting BHO staff and community partners on the implementation of the regional plan.

#### Motion #17-45

North Sound BHO-SYV Consulting-PSC-17 Amendment 2 for the purpose of assisting in the implementation of the Regional Opiate Plan. This in an increase of \$75,000 for a new maximum consideration on this contract is \$94,900 with the term remaining the same, November 14, 2016 through December 31, 2017.

Discussion: the committee had those who approved and those who did not approve regarding this motion.

The Executive Committee would like the motion reviewed with the State Auditors in July.

Barbara moved the motion for approval, Regina seconded. 5 approved, 4 disapproved, motion passes 5 to 4 based on Article 7.6 Manner of Acting, page 14, Joint County Authority BHO Interlocal Operating Agreement of the North Sound Behavioral Health Organization, LLC.

Bill will clarify with the North Sound BHO Attorney and report at the next Executive Committee regarding increasing an existing Personal Services Contract over the \$25,000 threshold.

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# Mental Health Block Grant (MHBG)

This funding is specifically for the Peer Bridger Program at Western State Hospital. A Request for Proposals (RFP) was released in November 2017, with Telecare Corporation being the successful bidder. The Peers will be working with individuals being discharged from WSH to ensure they have a safe and seamless transition back to the community. The Peers can continue their engagement work for up to 90 days post discharge.

### Motion #17-46

- DSHS-DBHR-North Sound BHO-MHBG-16-17 for the purpose of funding Peer Bridgers at Western State Hospital. The maximum consideration on this contract is \$240,000 with a term of July 1, 2016 through June 30, 2017.
- North Sound BHO-Telecare-MHBG-17 for the purpose of funding and developing the Peer Bridger Program at Western State Hospital. The maximum consideration on this contract is \$240,000 with a term of January 1, 2017 through June 30, 2017.

Cammy moved approval of the motion, Jackie seconded all in favor, Motion #17-46 carried.

Adjourn

Respectfully Submitted:

Joanie Williams

Administrative Manager

Next meeting: June 8th, 2017

No Meeting in July

Meetings resume August 10th