



Board of Directors

Hybrid Meeting Minutes

May 11th, 2023

Board of Directors Members Present in Person:

- **Peter Browning**, Commissioner;
Skagit County, Board Chair
- **Cammy Hart-Anderson**, Human Services,
designated alternate for Dave Somers
County Executive, Snohomish County
- **Jill Johnson**, Commissioner, Island
County
- **Barry Buchanan**, County Council;
Whatcom County

Members Present via Zoom:

- **George Kosovich**, Public Health,
designated alternate for Peter
Browning, Commissioner, Skagit
County
- **Perry Mowery**, Behavioral Health
Supervisor, designated alternate for Satpal
Sidhu County Executive, Whatcom County
- **Pat O'Maley Lanphear**, Advisory Board
Chair
- **Heidi Beazizo**, Sr. Legislative Analyst,
designated alternate for Strom Peterson
County Council, Snohomish County
- **Jane Fuller**, County Council, San Juan
County
- **Lynda Austin**, Human Services, designated
alternate for Jill Johnson Commissioner,
Island County
- **Sam Low**, County Council,
Snohomish County
- **Malora Christensen**, Response Systems
Division Manager, designated alternate for
Satpal Sidhu, Whatcom County

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Executive Director, North Sound BH-ASO
- **Darrell Heiner**, Sr. Accountant, North Sound BH-ASO
- **Charles DeElena**, Business Improvement Manager/Compliance Officer, North Sound BH-ASO
- **Maria Arreola**, Administrative Assistant II, Advisory Board Coordinator, NS BH-ASO
- **Joanie Wenzl**, Administrative Manager/Clerk of the Board, North Sound BH-ASO
- **Kimberly Nakatani**, Accountant, NS BH-ASO Accountant
- **Garrison Whaley-Sharp**, Assistant Out-Patient Coordinator, North Sound BH-ASO

Guests Present:

- Clinton Jordan

Call to Order and Introductions – Chair

The Chair called the meeting to order and initiated introductions.

Revisions to the Agenda – Chair

No revisions to the agenda were requested.

Approval of the April 13th, 2023, Minutes, Motion #23-23 – Chair..... Attachment

Cammy Hart-Anderson moved the motion for approval, Barry Buchanan seconded, all in favor, none opposed, motion #22-23 carried.

Comments & Announcements from the Chair

No comments

Reports from Members

Skagit, San Juan, Island and Whatcom gave updates on their respective counties regarding behavioral health happenings.

Comments from the Public

Clinton Jordan attended the meeting via Zoom. Joe noted that we will be discussing the issue relating to PHS during the Executive Director's Report.

Assisted Out-Patient Treatment (AOT) Program Update

Garrison Whaley-Sharp, NS BH-ASO AOT Coordinator

Joe introduced Garrison, the AOT Program Coordinator. Garrison gave the AOT Program presentation via PowerPoint slides.

Report from the Advisory Board

Pat O'Maley Lanphear

Pat gave the report from the Advisory Board and spoke about the retreat that took place on May 2nd. She referenced the schematic that was developed during the activities and conversations.

She added that new members have been added to the NS BH-ASO Advisory Board and that there are still more openings.

Report from the Finance Officer

Joe gave the Finance Officer's Report. He referenced the spreadsheet that was provided in the Board Member's binders that reflected detail.

Report from the Governance Operations Committee

The Chair noted that the ASO's Succession Planning activities were discussed during the Governance and Operations Meeting.

The Tribal Leaders in connection with the Accountable Community of Health created the Tribal Acknowledgment with associated links.

Moving forward, NS BH-ASO will start the meetings with the reading of the Tribal Acknowledgment.

Barry Buchanan moved a motion to incorporate the reading of the Tribal Acknowledgement at the beginning of the meetings.

Cammy Hart-Anderson seconded the motion, all were in favor none opposed.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda

Motion #23-24

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1st, 2023, through April 30th, 2023, in the amount of **\$3,457,532.64**.
- Payroll for the month of April in the amount of **\$189,698.80** and associated employer benefits in the amount of **\$88,254.71**.

Jill Johnson moved the motion for approval, Barry Buchanan seconded, none opposed, all in favor, Motion #23-24 carried.

Action Items

For Board Approval

- There are no Action Items for the month of May.

1. Introduction Items

Contracts

The contracts being introduced this month fall into four distinct categories:

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2024, through December 31, 2023.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority

K-6334 is providing the GF-S funding for the period of January 1, 2023, through December 31, 2023, and Federal Block Grant funds for the period of January 1, 2023, through June 30, 2024.

- New GF-S funding is expected for the period of July – December 2023, however the details have not been provided by HCA to date.

Motion #XX-XX

- HCA-NS BH-ASO-K-6334-Amendment 1 providing the ASO GF-S funding and legislative provisos for the period of January 1, 2023, through December 31, 2023, and Federal Block Grant Funding for the period of January 1, 2023, through June 30, 2024.
- K-6178 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting.

Motion #XX-XX

- HCA-NS BH-ASO-K-23 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is \$616,440 with a term of July 1, 2023, through June 30, 2024.

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services.

- Compass Health
 - Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot, Child Youth and Family Crisis Outreach Team
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Lifeline Connections
 - PACT
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Marijuana Account
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-VOA-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
 - Homeless Outreach and Stabilization Team (HOST)
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach, HARPS subsidies
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team with Skagit & Whatcom subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #XX-XX

- NS BH-ASO-Brigid Collins-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-THS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-23 Amendment 1 to provide additional funding to the Peer Path Finder services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23 Amendment 1 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

GF-S/SABG/MHBG Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services
- City of Mount Vernon
 - Integrated co-responder outreach project
- Evergreen Recovery Centers

- Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
 - HARPS team and subsidies serving Skagit & Whatcom Counties
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Snohomish County
 - Co-Responder project
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services
- Whatcom County
 - Co-responder project

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-City of Mount Vernon-Interlocal-23 Amendment 1 to provide funding for the integrated co-responder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022, through June 30, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an

automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

- NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-19-22 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23 Amendment 1 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Department of Commerce-Behavioral Health Rental Assistance

This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals exiting inpatient/residential services and in need of housing, the funding can be used for short-term and long-term housing, with the latter is the goal.

Motion #XX-XX

- Department of Commerce-NS BH-ASO-23 to provide the funding for rental assistance in the amount of \$1,366,830.00 for the period of January 1, 2024, through June 30, 2024.

The following motion is the downstream contracts allocating the rental assistance funds.

Motion #XX-XX

- NS BH-ASO-Bridgeways-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-CBRA-23 for the provision of 2 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lake Whatcom Center-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Pioneer Human Services-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

Helping Hands Project Organization

Helping Hands Project Organization is a Behavioral Health Agency emphasize serving elders and people of color in Snohomish County.

NS BH-ASO-Helping Hands Project-23 for the provision of outpatient services in Snohomish County, this is a Fee for Service contract. The contract term is January 1, 2024, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

Margaret gave an overview of the Introduction Items that will be motions next month. Any questions, please email or call her.

2. Report from the Executive Director Attachments

Joe spoke about PHS and the hope that the ASO could provide financial assistance. The Board asked that the ASO speak to HCA about the request to see if the ASO could provide funding.

HCA was in favor of the ASO helping. Behavioral Health Enhancement Funds can be used to assist PHS, Joe added.

A contract will be developed, and the Board will vote on the contract.

The other topics that were included in the Executive Director’s Report were:

- LEGISLATIVE UPDATE
- BEHAVIORAL HEALTH SYSTEM COORDINATION COMMITTEE-NETWORK ADEQUACY WORKGROUP
- CRISIS SERVICES UPDATE
- PROJECTED OPERATING DEFICIT FOR THE NORTH SOUND BEHAVIORAL HEALTH TREATMENT CENTER IN EVERETT - UPDATE
- HB 1688 AND THE BALANCED BILLING ACT – UPDATE
- BEHAVIORAL HEALTH NEEDS ASSESSMENT UPDATE

Adjourn: It was noted that there will be no meeting in July

Next Meeting: June 8th, 2023

Respectfully Submitted,

Joanie Wenzl
Clerk of the Board