



Board of Directors

Hybrid Meeting Minutes

November 10th, 2022

Board of Directors Members Present in person:

- **Peter Browning**, Commissioner; Skagit County, Board Chair
- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Human Services, designated alternate for Dave Somers; County Executive, Snohomish County
- **Jill Johnson**, Commissioner, Island County
- **Sam Low**, County Council; Snohomish County
- **George Kosovich**, Public Health, designated alternate for Peter Browning, Commissioner; Skagit County

Virtual:

- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Chair
- **Barbara LaBrash**, Human Services Manager, designated alternate for Cindy Wolf, County Council Member; San Juan County
- **Perry Mowery**, Behavioral Health Supervisor, designated alternate for Satpal Sidhu, County Executive; Whatcom County
- **Kathy Kershner**, County Council; Whatcom County
- **Lynda Austin**, Human Services, designated alternate for Commissioner Jill Johnson, Island County

APPROVED

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

- o **Joe Valentine**, Executive Director, North Sound BH-ASO
- o **Margaret Rojas**, Assistant Executive Director, North Sound BH-ASO
- o **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- o **Charles DeElena**, Business Improvement Manager, Compliance Officer, North Sound BH-ASO
- o **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

Guests Present:

Jason Cummings
Amy Vera
Karen Frakes
Joe Fuller
Rose Dennis
Greg Banks

Call to Order and Introductions – Chair

The Chair called the meeting to order and initiated introductions of the members in attendance both in person and on-line (via Zoom)

Revisions to the Agenda – Chair

The Chair asked if there were any revisions to the agenda, there were none

Approval of the October 11th, 2022, Minutes, Motion #22-61

Sam Low moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, motion #22-61 carried

Comments & Announcements from the Chair

The Chair noted that he would be leaving the meeting at 2:30 today and the Vice-Chair would finish leading the meeting

Reports from Members

Board members gave behavioral health updates from their respective counties

Comments from the Public

There were no comments from the public

Recommendation from North Sound Prosecuting Attorneys regarding Distribution of Opioid Settlement Funds- North Sound Prosecuting Attorneys (Jason Cummings)

Jason Cummings, a Snohomish County Deputy Prosecuting Attorney, in conjunction with the other North Sound County Prosecuting Attorneys, presented a proposed plan for management of the Opioid Settlement Funds to be presented to the five North Sound counties.

Their recommendation included a role for the North Sound BH-ASO to provide administrative support by including a hyper-link on the BH-ASO's website which would route viewers to the respective county and city websites regarding the usage of the opioid funds from the settlement. It was also proposed that the North Sound BH-ASO would provide administrative support to the region's Opioid Abatement Council (OAC). This might include utilizing the BH-ASO's conference room and/or Zoom platform to for the OAC to use for their meetings, and to take minutes during the meetings and keep them on record for distribution as needed.

The Prosecuting Attorneys will present draft wording for an Interlocal agreement to be signed by all five counties to support this plan at the next Board of Directors meeting.

It was also noted that the BH-ASO could invoice the counties monthly to cover their administrative costs.

The elected official board members from all five counties were in favor of the recommendation regarding the BH-ASO's role, although no formal vote was taken

Report from the Advisory Board

Pat O'Maley Lanphear, North Sound BH-ASO Advisory Board Chair, gave the report from the Advisory Board and answered questions

Report from the Finance Officer

Joe Valentine gave the Report from the Finance Officer and answered questions

Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.

Consent Agenda

Motion #22-62

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from October 1st, 2022, through October 31st, 2022, in the amount of **\$3,975,021.45**.
- Payroll for the month of October in the amount of **\$168,486.58** and associated employer benefits in the amount of **\$87,949.37**.

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, Motion # 22-62 carried

The G&O Committee has asked the ASO attorney to draft language amending the Inter-local Agreement to allow for voting using a virtual platform

Introduction Items

- The Vice Chair noted the Public Hearing for the North Sound BH-ASO 2023 Proposed Operating Budget opened at 2:32 p.m.

North Sound BH-ASO Proposed Budget Hearing

https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Proposed%202023%20Budget_with%20COLA_final.pdf

Joe Valentine gave an overview of the North Sound's 2023 Proposed Operating Budget. A question-and-answer session followed.

The Vice Chair asked if there were any comments from the public regarding the North Sound BH-ASO 2023 Proposed Budget. There were none

- The Vice Chair noted the Public Hearing closed at 2:37 p.m.

Introduction Motions

The contracts being introduced this month fall into four distinct categories:

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2023, through December 31, 2023, the contract term is January 1, 2023, through December 31, 2025.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/Federal Block Grant (Mental health and Substance use) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority

- K- is providing the GF-S funding for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant funds for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

Motion #XX-XX

- HCA-NS BH-ASO-K-- providing the ASO GF-S funding and legislative provisos for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant Funding for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

GF-S Mandatory Services

The following contracts are providing mandatory/proviso behavioral health services.

- Compass Health
 - Mobile Crisis Outreach, Child/Youth Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services (E&T) Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - PACT
- Evergreen Recovery Centers
 - Homeless Outreach Stabilization Team (HOST)
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Snohomish County-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Skagit County-Interlocal-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Federal Block Grant (FBG) Priority Services

The following contracts are providing priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team and Skagit & Whatcom HARPS subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #XX-XX

- NS BH-ASO-Brigid Collins-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-CCS NW-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract
- NS BH-ASO-Snohomish County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

GF-S/Federal Block Grant Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services

- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services
- Whatcom County
 - Co-responder project
- WCHS-Bellingham Treatment Solutions
 - Medication Assisted Treatment (MAT)

APPROVED

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-WCHS-Bellingham Treatment Services-ICN-23-25 to provide the funding for Medication Assisted Treatment services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

The introductory motions listed above were reviewed and questions were answered. It was noted that action will take place during the December 8th, 2022, meeting.

Report from the Executive Director

Joe Valentine gave an overview of the Report from the Executive Director and referenced the accompanying attachments. Below are the topics:

- BEHAVIORAL HEALTH SERVICES COORDINATING COUNCIL -DISCUSSION ON NETWORK ADEQUACY
- RECOVERY NAVIGATOR PROGRAM
- EXTENSION OF COVID RELIEF FEDERAL BLOCK GRANT FUNDS EXPENDITURE PERIOD
- CRISIS SERVICES UPDATE
- UPDATE ON BALANCED BILLING ACT – HB 1688

- NEW NORTH SOUND BH-ASO POSITION OPENINGS POSTED
- END OF STATE COVID EMERGENCY ORDER
- OCTOBER PROVIDER BULLETIN

Adjourn 2:59 pm

Next Meeting: December 8th, 2022

Respectfully Submitted,

Joanie Wenzl
Clerk of the Board

APPROVED