



# Board of Directors

## Meeting Agenda

August 10<sup>th</sup>, 2023

### Board of Directors Members Present in Person:

- **Peter Browning**, Commissioner;  
Skagit County, Board Chair
- **Barry Buchanan**, County Council;  
Whatcom County
- **George Kosovich**, Public Health,  
Skagit County; designated  
alternate for Peter Browning,  
Commissioner
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### Members Present via Zoom:

- **Darcy Cheesman**, Legislative Aid,  
Snohomish County; designated  
alternate for Sam Low, County Council
- **Perry Mowery**, Behavioral Health  
Supervisor, designated alternate for  
Satpal Sidhu, County Executive;  
Whatcom County
- **Cynthia Foley**, Sr. Legislative Analyst,  
Snohomish County; designated  
alternate from Strom Peterson, County  
Council
- **Jami Mitchell**, Human Services  
Manager, San Juan County; designated  
alternate for Jane Fuller, County  
Council
- **Nicole Gorle**, Legislative Analyst,  
Snohomish County; designated  
alternate for Nate Nehring, County  
Council
- **Carola Schmid**, Human Services,  
Snohomish County; designated  
alternate for Dave Somers, County  
Executive
- **Jane Fuller**, County Council Member,  
San Juan County
- **Pat O'Maley Lanphear**, North Sound  
BH-ASO Advisory Board Chair

### North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Darrell Heiner**, Senior Accountant, North  
Sound BH-ASO

- o **Margaret Rojas**, Assistant Executive Director, North Sound BH-ASO
- o **Michael McAuley**, Clinical Director, North Sound BH-ASO
- o **Eric Gross**, Human Resources Specialist, North Sound BH-ASO
- o **Maria Arreola**, Senior Administrative Assistant, North Sound BH-ASO
- o **Joanie Wenzl**, Administrative Manager/Clerk of the Board, North Sound BH-ASO

**Guests Present:**

- o There were no guests present

**Call to Order and Introductions – Chair**

The Chair called the meeting to order and initiated introductions.

**Tribal Acknowledgement:** Chair

[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](http://nsbhaso.org)

The Chair read the Tribal Acknowledgement

**Revisions to the Agenda – Chair**

The Chair asked if there were any revisions to the agenda. None were mentioned.

**Approval of the June 8th, 2023, Minutes, Motion #23-40 – Chair**

*Note: There was no meeting in July due to summer break*

Barry Buchanan moved the motion for approval, Perry Mowery seconded, all in favor Motion #23-40 carried.

**Comments & Announcements from the Chair**

- o Update on ASO Executive Director Selection

JanRose Ottaway Martin was selected as the new North Sound BH-ASO Executive Director replacing Joe Valentine. She will be starting work at the ASO on September 18<sup>th</sup>.

**Reports from Board Members**

The Board members gave updates from their respective counties regarding behavioral health and substance use disorder (SUD) happenings.

Jane Fuller introduced Jami Mitchell (who replaced Barbara LaBrash).

**Comments from the Public**

There were no comments from the public.

### **Report from the Advisory Board (AB)-AB Chair**

The Advisory Board Chair (Pat O'Maley Lanphear) gave a summary of the recent AB meeting activities and referenced the monthly brief that is provided to the Board Members.

Jane Fuller, Jami Mitchell, and Peter Browning spoke about the open seats on the AB and their intention to assist in recruiting members in their respective counties.

### **Report from the Finance Officer-Margaret Rojas/Darrell Heiner**

Margaret Rojas and Darrell Heiner gave an overview of the Report from the Finance Officer.

### **Report from the Governance Operations Committee-Chair**

The Chair asked BOD members about updates on the spending plans for the opioid settlement funds that are being dispersed. The chair added that each month there will be check-ins on the topic and that the Opioid Abatement Council meetings will begin soon.

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.*

### **Consent Agenda**

*Due to the Board of Directors having no meeting in July, there are two months of claims paid along with payroll and associated employer benefits below.*

### **Motion #23-41**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from **June 1<sup>st</sup>**, through **June 30<sup>th</sup>**, in the amount of **\$4,014,336.30**.
- Payroll for the month of **June** in the amount of **\$185,175.16** and associated employer benefits in the amount of **\$86,071.95**.

Barry Buchanan moved the motion for approval, Jane Fuller seconded, all were in favor, motion #23-41 carried

### **Motion #23-42**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from **July 1<sup>st</sup>**, through **July 31<sup>st</sup>**, in the amount of **\$3,977,431.05**.
- Payroll for the month of **July** in the amount of **\$211,759.33** and associated employer benefits in the amount of **\$87,453.02**.

Jane Fuller moved the motion for approval, Barry Buchanan seconded. All were in favor. Motion #23-42 carried.

## Action Items

### For Board Approval

#### **Snohomish County Human Services**

Snohomish County has requested an increase to their annual budget in the amount of \$900,000 to align with actual costs for 24/7 mobile crisis outreach teams and crisis follow up services post interventions.

One-time Dedicated Cannabis Account (DCA) funds in the amount of \$150,000 are being added from a reserve of unspent DCA funds.

#### **Motion #23-43**

- North Sound BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide additional funds for the mobile crisis outreach teams and one-time funding for Dedicated Cannabis Account. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Barry Buchanan moved the motion for approval, Jane Fuller seconded, all were in favor, motion #23-43 carried.

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#### **Volunteers of America (VOA)**

VOA has requested additional funds to align with costs of providing 24/7 North Sound Regional Crisis Line services. The annual increase to their contract is \$443,740.

#### **Motion #23-44**

- North Sound BH-ASO-VOA-ICCN-23 Amendment 1 to provide additional funds for the North Sound Regional Crisis Line. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Jane Fuller moved the motion for approval, Barry Buchanan seconded, all in favor, motion #23-44 carried.

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#### **Tulalip Tribes-Family Haven**

Family Haven is a longstanding Federal Block Grant (FBG) provider in the region. The services are an outreach and engagement to at-risk youth on the reservation. The intent is to reengage the youth in school, behavioral health services and their tribal culture. The annual budget for this contract is \$74,850.

**Motion #23-45**

- North Sound BH-ASO-Tulalip Tribes Family Haven-FBG-23 to provide funding to continue services for at-risk youth. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

Barry Buchanan moved the motion for approval, Perry Mowery seconded, all in favor, motion #23-45 carried.

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**Introduction Items**

**Conquer Addiction**

Conquer addiction was the successful bidder for the Assisted Outpatient Treatment (AOT) Request for Proposals (RFP) in the North Sound Region. Conquer will provide AOT services in Snohomish County. The annual funding is \$902,994.

**Motion# XX-XX (Introduction)**

North Sound BH-ASO-Conquer Addiction-ICN-23 to provide AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2024, with an automatic one-year renewal on August 1, 2024, based on continued compliance with the terms of the contract.

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**Touchstone Behavioral Health**

Touchstone Behavioral Health is a provider of youth services in Whatcom County. This contract is for outpatient services and youth 23-hour crisis stabilization services. The contract is a Fee for Service Contract.

**Motion #XX-XX (Introduction)**

- North Sound BH-ASO-Touchstone Behavioral Health-ICN-23 to provide youth outpatient services and youth crisis stabilization services in Whatcom County. The contract term is September 1, 2023, through August 31, 2024, with an automatic one-year renewal on September 1, 2024, based on continued compliance with the terms of the contract.

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**Mount Baker Presbyterian Church (MBPC)**

The MBPC has been a partner in our opioid outreach program and our Federal HRSA grant for Medication Assisted Treatment in east Skagit County. MBPC conducts outreach and engagement in the Concrete area and will be expanding into Sedro Woolley. The annual budget total is \$125,000 an increase of \$95,000.

**Motion #XX-XX (Introduction)**

North Sound BH-ASO-PSC-23 to provide outreach and engagement to individuals struggling with their substance use and/or mental health. The contract term is September 1, 2023, through August 31, 2024, with an automatic one-year renewal on September 1, 2024, based on continued compliance with the terms of the contract.

The Introduction Items above were reviewed and it was noted that they will come back to the Board next month for action.

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### **Report from the Director**

Margaret Rojas said that Jan Rose Ottaway accepted the ASO's Executive Director position and will begin work on September 18<sup>th</sup>.

Margaret introduced the ASO's new HR Specialist, Eric Gross. Eric spoke to his background and said he is pleased to be part of the important work that the ASO performs.

Margaret gave an overview of the Director's Report which included the following topics:

- o New Executive Director
- o Commercial Insurance Plans
- o Opioid Abatement Council
- o 86(a) Proviso Submission
- o Western State Hospital & the Pechman Ruling
- o Recovery Navigator Program (RNP) Restricted Funds
- o Substance Abuse Block Grant (SABG) Reduction
- o Medical Director Retirement
- o BHSCC Network Adequacy Workgroup
- o Crisis Services Update

**Adjourn:** 2:28 p.m.

*Next Meeting:* September 14th, 2023

Respectfully Submitted,

Joanie Wenzl  
Clerk of the Board