

County Authorities Executive Committee (CAEC) members present:

- Jill Johnson, Chair, Island County Commissioner; Board of Island County Commissioners (Chair of the CAEC)
- Jamie Stephens, County Council Member; San Juan County Council (Vice Chair of the CAEC)
- Pat O'Maley Lanphear, Chair; North Sound Behavioral Health Organization Advisory Board
- Regina Delahunt, Whatcom County Health Dept. Director, Whatcom County; designated alternate for Jack Louws, Whatcom County Executive
- Ken Dahlstedt, County Commissioner; Board of Skagit County Commissioners
- Cammy Hart-Anderson, Snohomish County Human Services; designated alternate for County Executive Dave Somers
- Jed Gonzales, Snohomish County Council; designated alternate for Nate Nehring, Snohomish County Council
- Rud Browne, Whatcom County Council; Whatcom County
- Geoffrey Thomas, Snohomish County Council; designated alternate for Stephanie Wright, Snohomish County Council
- Brandi Vena, Snohomish County Council; designated alternate for Sam Low, Snohomish County Council

North Sound Behavioral Health Organization (BHO) staff present:

- Joe Valentine, Executive Director; North Sound Behavioral Health Organization (BHO)
- Betsy Kruse, Deputy Director; North Sound BHO
- Bill Whitlock, Fiscal Officer; North Sound BHO
- Charles DeElena, Project Management Specialist, Compliance Officer; North Sound BHO
- Joanie Williams, Administrative Manager, Clerk of the Board; North Sound BHO (recording)

Guests present:

No guests present

Call to Order and Introductions

Chair Johnson called the meeting to order and initiated introductions.

Revisions to the Agenda

Chair Johnson asked if there were any revisions to the Agenda, there were none.

Approval of the March 8th, 2018, Minutes, Motion #18-36 – Chair Johnson

Rud Browne moved the motion for approval, Jamie Stephens seconded, all in favor, Motion #18-36 carried.

Comments & Announcements from the Chair

Chair Johnson (Island County) said there will be a public meeting being held Monday night regarding the Tri-County Stabilization Center.

All are invited to attend.

Reports from Members

Cammy Hart-Anderson, (Snohomish County) said a training was provided to the Human Services Department on the topic of change; and she noted it was well received and very beneficial.

Comments from the Public

None

Report from the Advisory Board (AB)

The Advisory Board Chair gave the report from the past meeting and spoke about the topics below:

- The Visual Art and Poetry Contest topic was revised. The new topic is titled Hope is in Bloom.
 - The entries will be judged in August and rewards will be given out in September.
- Priorities for the Advisory Board are switching considering integration.
 - There is a planning sub-committee formed that will bring more information to the CAEC regarding the priorities after the July AB Retreat.

Committee Report

- Quality Management Oversight Committee (QMOC), includes both March and April meetings

The Chair referenced the QMOC reports from the past two meetings.

Report from the Executive Director

Joe Valentine gave the Executive Director's Report and covered the following topics:

- Update on Integration
- Update on Behavioral Health Facilities
- Behavioral Health Enhancement Funds
 - Betsy Kruse added additional information on the Enhancement Funds topic, and members engaged in succeeding conversation
- Institute of Mental Diseases (IMD) Funding Shortfall
- Criminal Justice Treatment Act (CJTA)
- Housing and Recovery Through Peer Support (HARPS) Vouchers

Compliance Report/Quality Management Plan: Charles DeElena

Charles spoke on the quarterly and annual Compliance Reports for 2017, as well as the upcoming compliance reports. He also spoke about the Quality Management Plan and the annual training for North Sound BHO. CAEC board Compliance questions were also addressed.

Correspondence

- The letter to Norma Smith was referenced, thanking her for the advocacy and support given regarding capital funding for the Oak Harbor Tri-County Sub-Acute Detox and Crisis Center.
- The letter to Carolyn Eslick was referenced thanking her for the advocacy and support regarding the capital funding for the Skagit Stabilization Campus Evaluation and Treatment Center and Opioid Treatment Center.

Report from the Finance Officer

Bill Whitlock gave the Finance Officer's Report

Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health claims paid from March 1st, 2018 through March 31st, 2018 in the amount of \$17,009,167.96. Payroll for the month of March in the amount of \$244,067.40 and associated employer benefits in the amount of \$158,350.25.

Consent Agenda – Jill Johnson – Motion #18-37

Jamie Stephens moved the motion for approval, Ken Dahlstedt seconded, all in favor, Motion # 18-37 carried.

Action Items

For Executive Committee Approval

Professional Service Contract

Lake Whatcom Center (LWC) operates a transitional house for individuals exiting Western State Hospital. This contract pays for the rental expenses for the unit. The behavioral health services provided at the house are paid under an outpatient contract. Three additional beds have been added to respond to the need for transitional beds for individuals discharging from Western State Hospital (WSH).

Motion #18-38

- North Sound BHO-LWC Housing-PSC-18 for providing the funding to pay for the rent at the transition house in Bellingham. The maximum consideration on this contract is \$63,000 with a term of January 1, 2018 through December 31, 2018.

Geoffrey Thomas moved the motion for approval, Rud Browne seconded, all in favor, Motion #18-38 carried.

Outpatient Services Contracts

North Sound BHO-Lifeline Connections-BHSC-18 for providing the funding to pay for State funded SUD outpatient services in Island, Skagit and Whatcom Counties. The maximum consideration on this contract is \$55,701 with a term of January 1, 2018 through December 31, 2018.

North Sound BHO-Lifeline Connections-Medicaid-18 for providing the funding to pay for Medicaid funded SUD outpatient services in Island, Skagit and Whatcom Counties. The maximum consideration on this contract is \$418,767 with a term of January 1, 2018 through December 31, 2018

North Sound BHO-CHS-WISe-17-18 Amendment 2 is for the purpose of extending the Contract through December 31, 2018, updating Single Audit Act language, and doubling the number of slots for south Snohomish WISe. Contractor shall maintain the program capacity and staff to support 10 slots beginning

October 1, 2017 and 20 slots beginning April 1, 2018. The maximum consideration on this contract is \$816,000 with the term of October 1, 2017, through December 31, 2018.

North Sound BHO-CHS-WISe-17-18 Amendment 1 signed by Joe Valentine on March 26, 2018 is incorporated into North Sound BHO-CHS-WISe-17-18 Amendment 2. The maximum consideration on this contract is \$510,000 with the term of October 1, 2017, through December 31, 2018.

Motion #18-39

- North Sound BHO-Lifeline Connections-BHSC-18 for providing the funding to pay for State funded SUD outpatient services in Island, Skagit and Whatcom Counties. The maximum consideration on this contract is \$55,701 with a term of January 1, 2018 through December 31, 2018.
- North Sound BHO-Lifeline Connections-Medicaid-18 for providing the funding to pay for Medicaid funded SUD outpatient services in Island, Skagit and Whatcom Counties. The maximum consideration on this contract is \$418,767 with a term of January 1, 2018 through December 31, 2018.
- North Sound BHO-CHS-WISe-17-18 Amendment 2 is for the purpose of extending the Contract through June 30, 2018, updating Single Audit Act language, and doubling the number of slots for south Snohomish WISe. Contractor shall maintain the program capacity and staff to support 10 slots beginning October 1, 2017 and 20 slots beginning April 1, 2018, with the term of the contract remaining October 1, 2017 through December 31, 2018.
- North Sound BHO-CHS-WISe-17-18 Amendment 1 signed by Joe Valentine on March 26, 2018 is incorporated into North Sound BHO-CHS-WISe-17-18 Amendment 2. The maximum consideration on this contract is \$816,000 with the term of October 1, 2017, through June 30, 2018. Contractor shall maintain the program capacity and staff to support 10 slots beginning October 1, 2017 and 20 slots beginning April 1, 2018 with the term remaining October 1, 2017 through December 31, 2018.

Rud Browne moved the motion for approval, Jamie Stephens seconded, all in favor, Motion #18-39 carried.

Fee Schedule.....Tab 8

The only change in our fee schedule is to update the opiate substitution treatment bundled daily rate from \$14.95 a day to \$17.00 a day. This rate would be retroactive to September 1, 2017. The North Sound BHO and King County BHO agreed to pay the providers the same opiate substitution treatment bundled daily rate. King County changed their rates on September 1, 2017. See attached fee schedule.

Motion #18-40

- To approve the revised 2018 fee schedule as presented.

Geoffrey Thomas moved the motion for approval, Rud Browne seconded, all in favor, Motion #18-40 carried.

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Involuntary Treatment Act

The new Involuntary Treatment Act (ITA) judicial rate is based on updated cost information provided by the county, using criteria for allowable costs provided by DSHS-DBHR.

Motion #18-41

- Effective January 1, 2018, the ITA rate reimbursement for Snohomish County is increased to \$883 per case from \$764 per case in 2017.
- Effective January 1, 2018, the ITA rate reimbursement for Skagit County is increased to \$1,026.78 per case from \$914 per case in 2017.

Jamie Stephens moved the motion for approval, Regina Delahunt seconded, additional conversation followed; Geoffrey Thomas moved the motion to be tabled and brought back next month for further discussion.

Rud Browne seconded the motion, all were in favor that Motion#18-41 will be tabled until next month.

This will provide opportunity for counties to review and re-evaluate their per case fee requests. North Sound BHO will supply the cost information they currently have. Whatcom County will provide what they have. Cammy Hart-Anderson asked that Snohomish County re-evaluate their case rates.

For Executive Committee Ratification

Lake Whatcom Center and Lifeline Connections

Lake Whatcom Center (LWC) has a janitorial program employing individuals with lived experience. The North Sound BHO has contracted with LWC for janitorial services for several years.

Lifeline Connections is a contracted substance use disorder (SUD) residential provider. During the 2016 RFP for SUD outpatient services, Lifeline was a successful bidder and is currently in the process of establishing itself as an outpatient substance use disorder provider in the North Sound Region. They will be serving children and adults in Island, Skagit, and Whatcom Counties. Funds will be used to purchase equipment and supplies and for other costs associated with beginning to provide outpatient SUD services in the North Sound region. Maximum consideration on North Sound BHO-Lifeline-PSC-16-17 is \$191,475.

Motion #18-42

- North Sound BHO-LWC-PSC-Janitorial-18 for providing janitorial services for the North Sound BHO offices in Mount Vernon 5 days per week, 2 hours per night between 5pm and 8am. Maximum consideration for this contract is \$64,000 with a term of January 1, 2018 through December 31, 2018.
- North Sound BHO-Lifeline-Medicaid-18 for providing outpatient child and adult substance use

disorder services in Island, Skagit, and Whatcom Counties.

- North Sound BHO-Lifeline-BHSC-18 for providing outpatient child and adult substance use disorder services in Island, Skagit, and Whatcom Counties.

Geoffrey Thomas moved the motion for approval, Jamie seconded, all in favor, Motion #18-42 carried.

Asian Counseling and Treatment

NORTH SOUND BHO-ASIAN COUNSELING-PSC-17-AMD (1) is to ratify the approval of Executive Director Joe Valentine for additional funding being provided to Asian Counseling and Treatment Services (ACTS) to engage in start-up activities in order to begin delivering treatment services. The original funding was \$65,021 and the additional funding will be in the amount of \$263,670 for a total of \$328,691. The contract term is also being extended through June 30, 2018 to give ACTS more time for start-up activities. Their initial contract expired November 30, 2017.

Motion #18-45

NORTH SOUND BHO-ASIAN COUNSELING-PSC-17 Amendment 1 for the purpose of increasing funding by \$263,670 for a new maximum consideration of \$328,691 with the term of the contract extended through June 30, 2018.

Jamie Stephens moved the motion for approval, Regina Delahunt seconded, all in favor, Motion #18-45 carried.

Mid Adopter Interagency Agreement

- Washington State Health Care Authority and North Sound BHO have negotiated an Interagency Agreement regarding the transition of the North Sound Region to a "mid-adopter" of Integrated Managed Care and the transition of the North Sound BHO to a Behavioral Health Administrative Service Organization (BH-ASO). The Interagency Agreement incorporates a negotiated agreement on the terms and conditions which the North Sound County Authorities Executive Committee included with their draft letter of intent to become a mid-adopter of Integrated Managed Care.
- Motion #18-34 which was passed at the March 15, 2018 CAEC meeting delegated the authority to the NSBHO Executive Director to negotiate and sign this agreement. The Agreement was signed on April 5, 2018. This Motion is to ratify the signing of the agreement.

Motion 18-43

- Approve the North Sound BHO-Health Care Authority Interagency Agreement signed on 4/9/2018.

Geoffrey Thomas moved the motion for approval, Rud Browne seconded, all in favor, Motion #18-43 carried.

Memorandum of Understanding (MOU)

- The North Sound BHO negotiated Memorandums of Understanding (MOU) with each of the 5 Managed Care Organizations (MCO) for the transition of behavioral health services which define the delegated functions between the MCOs and the BHO during the 2019 transition year. Motion #18-33, which was passed at the March 15, 2018 CAEC meeting, delegated the authority to the NSBHO Executive Director to negotiate and sign these MOUs with the individual MCOs. The MCOs must have their MOUs in place by April 12th. We have successfully negotiated MOUs with each of the 5 MCOs using a common set of conditions and format.

Motion #18-44

- Approve the Memorandums of Understanding that have been signed with each of the 5 Apple Health Managed Care Organizations.

Jamie Stephens moved the motion for approval, Brandi Vena seconded, all in favor, Motion #18-44 carried.

1. Adjourn: meeting adjourned at 3:04 p.m.

Respectfully Submitted:

Joanie Williams
Clerk of the Board



Next meeting: May 10th, 2018

