



# NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION. LLC

NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION  
COUNTY AUTHORITIES EXECUTIVE COMMITTEE MINUTES

November 8,  
2018

## County Authorities Executive Committee (CAEC) members present:

- Jamie Stephens, County Council Member; San Juan County Council (Vice Chair of the CAEC)
- Ken Dahlstedt, County Commissioner; Board of Skagit County Commissioners
- Cammy Hart-Anderson, Snohomish County Human Services; designated alternate for County Executive Dave Somers
- Darcy Cheesman, Snohomish County Council, Legislative Aid; designated alternate for Sam Low, Snohomish County Council
- Russell Wiita, Snohomish County Council Legislative Aid; designated alternate for Snohomish County Council Nate Nehring
- Pat O'Maley Lanphear, North Sound Behavioral Health Organization Advisory Board Chair
- Regina Delahunt, Whatcom County Health Department Director; designated alternate for Jack Louws, Whatcom County Executive
- Jackie Henderson, Administrative Director, Island County Human Services; designated alternate for Jill Johnson, Island County Commissioner
- Jackie Mitchell, Whatcom County Behavioral Health Program Specialist; designated alternate for Rud Browne, Whatcom County Council

## North Sound Behavioral Health Organization (BHO) staff present:

- Betsy Kruse, Deputy Director; North Sound BHO
- Bill Whitlock, Fiscal Officer; North Sound BHO
- Margaret Rojas, Contracts/Human Resources Manager; North Sound BHO
- Charles DeElena, Compliance Officer; North Sound BHO
- Joanie Williams, Administrative Manager, Clerk of the Board; North Sound BHO (recording)

## Guests present:

Julie de Losada, Skagit County Public Health  
Tammy Hargett, Department of Corrections Intern; Skagit County Public Health  
Boone Sureepisarn, North Sound BHO Ombuds  
Karen Funston, North Sound BHO Legal Counsel  
Kathryn Clancy, Island County Human Services

## Call to Order and Introductions – Vice-Chair Stephens

Vice Chair Stephens called the meeting to order and initiated introductions

## Revisions to the Agenda – Vice-Chair Stephens

Vice Chair Stephens asked if there were any revisions to the November Agenda, there were none

## Approval of the October 11, 2018, Minutes, Motion #18-128 – Vice-Chair Stephens

Ken Dahlstedt moved the motion for approval, Regina Delahunt seconded, all in favor, motion #18-128 carried

## Comments & Announcements from the Chair

The Vice Chair asked Betsy Kruse, North Sound BHO Deputy Director, to speak about the latest announcement from Health Care Authority (HCA) to move the start date out for the implementation of the Behavioral Health Services Organization (BH-ASO) to July 1<sup>st</sup>, 2019.

She noted the North Sound BHO agreed with the decision. This will allow more time for the Managed Care Organizations to prepare for integration through preparation of Provider Networks.

In addition, it would allow the State more time to prepare for the upcoming changes. The Chair said this will affect some of the discussion today, as well as the dates on some of the motions.

### Reports from Members (Vice-Chair Stephens)

- Cammy Hart-Anderson, Snohomish County, said Seattle Public Radio Station radio station KUOW has been exploring responses to the Opioid Epidemic (Finding Fixes) and working with Snohomish County.

Tonight, they will be rolling out their pod-cast which covers 5 areas:

- Expansion of Suboxone and Ideal Options coming into the Diversion Center
- Narcan
- Utilization of the Department of Emergency Management in response to the Opioid Epidemic (recognized as a county emergency crisis)
- Professional Handlers; (highlighting the work with the Human Services Social Workers and Law Enforcement Officers in the homeless encampment)
- Focus on the Jail Detox Programs

She noted they are looking for other communities that may be interested, if so, she asked them to contact her directly.

- Jackie Henderson, Island County, said a hearing took place on Monday with the Oak Harbor City Hearing Examiner for a Conditional Use Permit for the Crisis Detox and Stabilization Facility. The hearing went well, she noted, and the decision will be made within a week or two.

### Comments from the Public (Vice-Chair Stephens)

There were no comments from the public

### Report from the Advisory Board (AB); Pat O'Maley Lanphear, Advisory Board Chair

Pat gave the AB Report and covered the following topics:

- Marci Bloomquist from Community Health Plan of Washington (CHPW) attended the AB meeting, she is the first of the Managed Care Organizations (MCOs) Representatives to attend the AB Meeting. She is planning on attending future AB meetings.
- AB members voted on Karen Mitchell (Whatcom County candidate) becoming part of the Advisory Board, vote was approved unanimously.
- The AB's Pre-Meeting Session time will be used for developing workplans. AB members have asked Health Care Authority (HCA) to attend their meeting in January and Accountable Community of Health (ACH) to attend in February. Information gathered will be used for work-sessions around accountability.
- AB members met with the Governor and discussed topics of concern, to include the funding gap issues.
- AB members received training on "Get Your Ask Out" (learning how to tell your story in 10 minutes or less).
  - This training will assist members in the Legislative and County Council meetings.
- The Co-Occurring Disorder (COD) Conference was attended by one of the AB members.
- Upcoming Legislative Session Visit dates were discussed. Six members will be attending the session.

### Committee Report

There was no Quality Management Oversight Committee (QMOC) meeting held in November, so no report was available.

### Ombud's Semi Annual Report (Boone Sureepisarn)

Boone said Amanda Sloan (previous Program Manager) announced her resignation last week. He went on to say that he is taking her place and they are currently working to back fill his position.

He spoke about the Semi-Annual Ombud's Report (January-June 2018).

**Quarterly Compliance Report (Charles DeElena, Compliance Officer)**

Charles presented the third quarter of 2018 Compliance Report, discussion followed.

**Report from the Executive Director (Betsy Kruse, Deputy Director)**

Betsy gave the Executive Director's Report and covered the following topics:

- Integration Planning
  - There was discussion around Integration Planning
- HCA Readiness Review
- Behavioral Health Administrative Services Organization (BH-ASO) Legislation
- Managed Care Organization (MCO)-BHO Contract Negotiations
- Regional Planning
- Joint Operating Agreement (North Sound BHO Counsel, Karen Funston)
- Behavioral Health Facilities Update
- Update on the Institution of Mental Diseases (IMD) Issue
  - Bill Whitlock, Fiscal Officer, offered explanation on the IMD issue; discussion followed
- Executive Director's Proposed Budget Review
  - Bill Whitlock, Fiscal Officer, spoke on the Proposed Budget

**Report from the Finance Officer (Bill Whitlock, Fiscal Officer)**

Bill Whitlock presented the Report from the Finance Officer

**Report from the Governance Operations (G&O) Committee**

Ken Dahlstedt and Cammy Hart-Anderson stated the bills were noted in the G&O Committee and spoke about the Operating Agreement, the IMD issues and the latest announcement from HCA regarding the delayed implementation of Integrated Managed Care (IMC).

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.*

To review and approve the North Sound Behavioral Health claims paid from October 1<sup>st</sup>, 2018 through October 31<sup>st</sup>, 2018 in the amount of \$15,351,401.73. Payroll for the month of October in the amount of \$239,290.68 and associated employer benefits in the amount of \$157,722.33.

**Consent Agenda – Motion #18-129**

Jackie Henderson moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #18-129 carried

**Action Items**

***For Executive Committee Approval***

**Summary:**

The North Sound Behavioral Health Organization is changing to the North Sound Behavioral Health Administrative Services Organization. To accommodate this, we are requesting to set up a new fund in the Skagit County Auditor and Treasurer's Office to track revenues and expenditures.

**Motion #18-130**

- To create a new fund at the Skagit County Auditor and Treasurer's Office. The name of the fund will be the North Sound Behavioral Health Administrative Services Organization Operating Fund. It will be established January 1, 2019.

Russell Wiita moved the motion for approval, Jackie Henderson seconded, all in favor, motion #18-130 carried

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**Summary:**

**Professional Service Contracts**

The Accountable Communities of Health (ACH) mid-adopter funds will be used to fund the provider contracts to ensure the provider's electronic health record will meet the requirements for data submission beginning April 1, 2019. XPIO will continue consultation where needed, however, most of the funding will pay for the software/hardware upgrades/modifications. The individual provider funding has not been determined. The motion below gives the Executive Director authority to sign the contracts once the funding is determined.

**Motion #18-131**

- Authorizing the Executive Director to sign the contracts once funding has been determined for network providers participating in the XPIO consultation and implementation.

Cammy Hart-Anderson moved the motion for approval, Ken Dahlstedt seconded, all in favor, motion #18-131 carried

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**Summary:**

**Projects for Assistance in Transition from Homelessness (PATH)**

PATH services are in Snohomish and Whatcom County delivered by Compass Health. This is an outreach program to individuals/families who are homeless, with a special emphasis on Veterans.

**Motion #18-132**

- HCA-North Sound BHO-PATH-19 is for outreach services in Snohomish County. The maximum consideration on this contract is \$41,816 with the term of the contract October 1, 2018 through December 31, 2018.
- HCA-North Sound BHO-PATH-19 is for outreach services in Whatcom County. The maximum consideration on this contract is \$12,940 with the term of the contract October 1, 2018 through December 31, 2018.

Ken Dahlstedt moved the motion for approval, Regina Delahunt seconded, all in favor, motion #18-132 carried

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**Summary:**

PATH services are in Snohomish and Whatcom County delivered by Compass Health. This is an outreach program to individuals/families who are homeless, with a special emphasis on Veterans.

**Motion #18-133**

- North Sound BHO-Compass Health-PATH-Snohomish-18 for outreach services in Snohomish County. The increase in funding is \$41,816 PATH funds, \$13,919 PATH match, \$35,165 additional local funds for a maximum consideration of \$90,900 with the term of the contract October 1, 2018 through December 31, 2018.
- North Sound BHO-Compass Health-PATH-Whatcom-18 for outreach services in Whatcom County. The increase in funding is \$12,532 PATH funds, \$4,313 PATH match, \$15,285 additional local funds for a maximum consideration of \$32,130, with the term of the contract October 1, 2018 through December 31, 2018.

Cammy Hart-Anderson moved the motion for approval, Ken Dahlstedt seconded, all in favor, motion #18-133 carried

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**Summary:**

**Snohomish County Behavioral Health Facilities**

Snohomish County is requesting \$100,000 more in Medicaid funding to purchase furniture and other essentials for the services that will occur in the Carnegie Resource Center. The original cost estimate was estimated lower than actual costs. The Center will serve veterans, homeless individuals/families, recently released inmates and other persons needing mental health/substance use treatment. Snohomish County will be contributing a 10% match. This contract is being extended through March 31, 2019.

Snohomish County is requesting \$620,000 in Medicaid Funds for the renovations at the Denny Juvenile Center. The Center will be used as a Behavioral Health Treatment Center with two 16-bed units serving adults. The funding will purchase beds, mattresses, storage cabinets, desks, chairs, tables, appliances and other essential furniture, fixtures and equipment needed for start-up. Items will be securely stored by Snohomish County until construction is completed. Snohomish County will be contributing a 10% match.

**Motion #18-134**

- North Sound BHO-Snohomish County-Medicaid-16-18 Amendment 6 to increase the contract by \$720,000 for a new maximum consideration of \$7,466,294 with the term remaining the same April 1, 2016 through March 31, 2019.

Ken Dahlstedt moved the motion for approval, Jackie Henderson seconded, all in favor, motion #18-134 carried

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**Summary:**

**6032 Retention/Recruitment Funds**

6032 funds will be distributed to network providers who applied for the retention and recruitment funding. The legislature identified wages as one of the priorities for the 6032 funds. The areas identified are:

- Workforce/Recruitment and Retention
- Licensing and certification fees
- Loan repayment assistance

**Motion# 18-135**

- North Sound BHO-Asian Counseling & Treatment Services (ACTS)-PSC-18-19 to provide funding for retention/recruitment strategies in the amount of \$117,407 with a term of July 1, 2018 through March 31, 2019.

- North Sound BHO-Bridgeways-PSC-18-19 to provide funding for retention/recruitment strategies in the amount of \$38,516 with a term of July 1, 2018 through March 31, 2019.
- North Sound BHO-Center for Human Services-PSC-18-19 to provide funding for retention/recruitment strategies in the amount of \$334,330 with a term of July 1, 2018 through March 31, 2019.
- North Sound BHO-Catholic Community Services NW-PSC-18-19 to provide funding for retention/recruitment strategies in the amount of \$722,755 with a term of July 1, 2018 through March 31, 2019.
- North Sound BHO-Compass Health-PSC-18-19 to provide funding for retention/recruitment strategies in the amount of \$2,090,899 with a term of July 1, 2018 through March 31, 2019.
- North Sound BHO-Ideal Balance-PSC-18-19 to provide funding for retention/recruitment strategies in the amount of \$34,801 with a term of July 1, 2018 through March 31, 2019.
- North Sound BHO-Sea Mar-PSC-18-19 to provide funding for retention/recruitment strategies in the amount of \$459,813 with a term of July 1, 2018 through March 31, 2019.
- North Sound BHO-Sunrise Services-PSC-18-19 to provide funding for retention/recruitment strategies in the amount of \$388,661 with a term of July 1, 2018 through March 31, 2019.

Jackie Mitchell moved the motion for approval Jackie Henderson seconded, all in favor, motion #18-135 carried

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**Summary:**

**WISe Expansion**

Compass Health has requested a WISe start up budget for the WISe expansion they are currently implementing. The total amount is \$627,000, with \$150,000 in wages and benefits, \$375,000 in supplies, computers, desks, chairs, cell phones and other furnishings and \$102,000 in overhead (15%). The expansion of WISe is in all five (5) counties.

**Motion #18-136**

- North Sound BHO-Compass Health-PSC-18-19 is for WISe expansion startup funds in the amount of \$627,000. The term of the contract is March 1, 2018 through March 31, 2019.

Jackie Mitchell moved the motion for approval, Ken Dahlstedt seconded, all in favor, motion #18-136 carried

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**Summary:**

**Skagit County Administration**

Skagit County is requesting funds in the amount of \$40,000 for the project oversight, phase II planning and design for the Skagit Stabilization Campus Evaluation and Treatment and Secure Detox facilities. This requires a 9% local match.

**Motion #18-137**

- North Sound BHO-Skagit County Admin-18 Amendment to provide \$40,000 in funding to oversee the development of the Skagit Stabilization Facility planning and design. The new maximum consideration for this agreement is \$980,930.20 with the term remaining the same January 1, 2018 through December 31, 2018.

Jackie Mitchell moved the motion for approval, Regina Delahunt seconded, all in favor, motion #18-137 carried

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**Informational**

- Mental Health Block Grant (MHBG)** funding changes for 2019. \$1,023,620 will be allocated toward the crisis system, specifically for Crisis Prevention and Intervention Teams and Crisis Stabilization for Non-Medicaid individuals in our Triage Centers. Additionally, we will continue funding the Tulalip Tribes for at risk youth outreach at \$75,000 annually.
- Substance Abuse Block Grant (SABG)** funding changes for 2019. A portion of the SABG funding will be moved from outpatient services to Pregnant and Parenting Women Housing Supports and Therapeutic Intervention for Children.

Margaret Rojas, North Sound BHO Contracts Manager, reviewed the informational items listed above and discussion followed

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**Summary:**

The North Sound BHO is requesting of the CAEC place on the November 8<sup>th</sup> CAEC Agenda, Motion #18-127 which was removed from the October 11<sup>th</sup> CAEC Meeting agenda.

**Motion #18-141**

- To move Motion #18-127 to the November 8<sup>th</sup> CAEC Agenda for CAEC action.

Ken Dahlstedt moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #18-41 carried

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**Summary:**

As part of our ongoing retention strategies we are asking the CAEC to approve two additional floating holidays to be used at staff discretion. Currently staff have two days available to them, this would provide a total of four days, floating holidays are paid days off. We are requesting the two additional days be available for use on January 1, 2019. This motion excludes the Executive Director position.

**Motion #18-127**

- To provide an additional two days of paid time off as floating holidays, for a maximum of four floating holidays per calendar year with implementation on January 1, 2019.

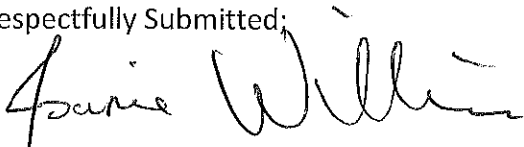
Regina Delahunt moved the motion for approval, Ken Dahlstedt seconded all in favor, Snohomish County opposed (Russell Wiita, Darcy Cheesman, Cammy Hart-Anderson). Motion #18-127 carried by majority vote

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Adjourn 3:09 p.m.

Next meeting: December 13th, 2018

Respectfully Submitted:



Joanie Williams  
Clerk of the Board

APPROVED