



Board of Directors

Meeting Agenda

January 11th, 2024

Board of Directors Members Present in Person:

Members Present via MS Teams:

North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:

Guests Present:

1. **Call to Order and Introductions** – Chair
2. **Tribal Acknowledgement** – Chair
[Tribal Behavioral Health | North Sound BH-ASO \(insbhaso.org\)](https://www.insbhaso.org)
3. **Revisions to the Agenda** – Chair
4. **Approval of the December 14th, 2023, Minutes, Motion #24-01** Chair: Attachment
5. **Comments & Announcements from the Chair**
6. **Reports from Members**
7. **Comments from the Public**
8. **Report from the Advisory Board** (Available at Meeting) Attachment
9. **Report from the Finance Officer** (Available at Meeting) Attachment
10. **Report from the Governance Operations Committee**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Motion #24-02

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from December 1, 2023, through December 31, 2023, in the amount of \$2,586,277.49.
- Payroll for the month of December in the amount of \$185,483.10 and associated employer benefits in the amount of \$89,438.72.

11. Action Items

For Board Approval

Recovery Navigator Program (RNP)

North Sound holds a large reserve of RNP funds. We have reached out to our RNP providers to inquire whether they can use one-time funding for the programs. We have received requests from all five programs and are amending the contracts to add the six-month allocations of their requests. These funds will be renewed until the reserve is depleted.

The funding will be renewed every 6 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.

- Island County - 6-month allocation \$92,500.00
- San Juan County (Compass Health) - 6-month allocation \$125,000.00
- Skagit County (Community Action of Skagit County) – 6-month allocation \$55,000.00
- Snohomish County – 6-month allocation \$93,500.00
- Whatcom County – 6-month allocation \$154,000.00

Motion #24-03

- North Sound BH-ASO-Island County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Compass Health-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Whatcom County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Snohomish County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Personnel

At the December Board of Directors meeting a 4% COLA was approved for employees as part of the annual administrative budget. The Executive Director position serves at the will of the Board which requires a separate motion to approve the 4% COLA for the position.

Motion #24-04

- Approve a 4% COLA for the Executive Director position with an effective date of January 1, 2024.

12. Introduction Items

Community Behavioral Health Rental Assistance - Proviso 86 Program Enhancement Funding

- The Proviso 86 funding was a competitive process with Health Care Authority (HCA) to provide funding for individuals involved in the criminal justice system who need behavioral health services and/or housing. The North Sound BH-ASO will receive \$739,000 annually for this project.
- HCA requested the ASO provide a match for the Proviso 86 funding, there was no indication of the level of match, we provided 33%, consistent with federal match requirements. Due to the funding requests coming in above the \$739,000 we used the match to increase two of the providers for equity in the allocations.
- The amendments below are allocating the funds to our Community Behavioral Health Rental Assistance Programs.
 - The allocations are as follows:
 - Snohomish County-Bridgeways \$161,000
 - Snohomish County-Compass Health-\$150,000
 - Island, Snohomish, Skagit & Whatcom County-Pioneer Human Services-\$61,000 + North Sound BH-ASO General Funds-State 33% match of \$121,935
 - Whatcom & Skagit County-Lifeline Connections-\$61,000 + North Sound BH-ASO General Funds-State 33% match of \$121,935
 - Whatcom County-Lake Whatcom Center-\$150,000
 - Whatcom County-Opportunity Council-\$156,000

Motion# (next month)

- NS BH-ASO-Bridgeways-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Snohomish County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Snohomish County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Skagit and Whatcom County. The contract term is July 1, 2023,

through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Island, Skagit, Snohomish and Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

13. DRAFT Report from the Executive Director Attachment

14. Adjourn

Next Meeting: February 8th, 2024



Board of Directors

Meeting Minutes

December 14th, 2023

Board of Directors Members Present in Person:

- **Peter Browning**, Commissioner; Skagit County, North Sound BH-ASO Board Chair
- **Cammy Hart-Anderson**, Human Services, Designated Alternate for Dave Somers, County Executive; Snohomish County
- **Jill Johnson**, Commissioner, Island County
- **George Kosovich**, Public Health, Designated Alternate for Peter Browning, Commissioner; Skagit County

Members Present via MS Teams:

- **Cynthia Foley**, Sr. Legislative Analyst, Designated Alternate for Strom Peterson, County Council; Snohomish County
- **Nicole Gorle**, Legislative Analyst, Designated Alternate for Nate Nehring, County Council; Snohomish County
- **Jami Mitchell**, Human Services Manager, Designated Alternate for Jane Fuller, County Council; Snohomish County
- **Perry Mowery**, Behavioral Health Supervisor, Designated Alternate to Satpal Sidhu, County Executive; Whatcom County
- **Darcy Cheesman**, Legislative Aid, Designated Alternate for Sam Low, County Council; Snohomish County
- **Barry Buchanan**, County Council; Whatcom County
- **Jane Fuller**, Council Member; San Juan County
- **Pat O'Maley Lanphear**, Advisory Board Chair; Snohomish County

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- JanRose Ottaway-Martin, Executive Director
- Margaret Rojas, Assistant Executive Director
- Darrell Heiner, Senior Accountant
- Charles DeElena, Operations Manager, Compliance Officer
- Joanie Wenzl, Administrative Manager

Guests Present:

No guests were present

Call to Order and Introductions – Chair

Peter Browning called the meeting to order and initiated introductions.

Tribal Acknowledgement – Chair

[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)

The Chair read the Tribal Acknowledgement

Revisions to the Agenda – Chair

The Chair asked if there were any revisions to the agenda, and there were none

Approval of the November 9th, 2023, Minutes, Motion #23-71 – Chair..... Attachment

Cammy Hart-Anderson moved the motion for approval, Jill Johnson seconded, none opposed, all in favor, motion #23-71 carried.

Comments & Announcements from the Chair

The SWISS group met today and will be taking behavioral health issues to the legislature. Regional coordination efforts on the most pertinent topics is the hope.

Reports from Members

Board members gave updates from their respective counties regarding behavioral health happenings.

Comments from the Public

There were no comments from the public, as none were in attendance.

Report from the Advisory Board

Pat O'Maley Lanphear gave the report from the Advisory Board which included the following topics:

- o Kara Allen will be the new chair for 2024, Chris Garden will be the Vice-Chair
- o Budget
- o Legislative priorities and community participation will be taking place in 2024
- o Redefining the topics from the Advisory Board with various community groups and organizations
- o An additional Advisory Board Member seat is open, due to a recent resignation
- o The next meeting is January 2, 2024

The Chair asked Pat (AB Chair) to send the Clerk of the Board the counties that have open seats on the Advisory Board. Joanie will let the Board of Directors know of the openings

Report from the Finance Officer

Margaret gave the Report from the Finance Officer. She spoke about the reserve funds as well as the proviso funds.

Report from the Governance Operations Committee

The Ituha Facility was discussed.

A motion was made by Cammy Hart Anderson to authorize Jan Rose to negotiate funding stabilization with Pioneer and other key players and commit ASO funds up to \$250K. Peter seconded, all in favor, none opposed, motion carried.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda

Motion #23-72

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from November 1st, 2023, through November 30th, 2023, in the amount of \$2,610,587.86.

- Payroll for the month of November in the amount of \$186,375.48 and associated employer benefits in the amount of \$89,335.59

Cammy Hart-Anderson moved the motion for approval, Jill Johnson seconded, all in favor, none opposed, motion #23-72 carried

Action Items

For Board Approval

The contracts fall into four distinct categories:

- Health Care Authority (HCA) contracts to include funding for the period of January 1, 2024, through June 30, 2024.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority

- K-6897 Amendment is providing the GF-S funding for the period of January 1, 2024, through June 30, 2024, and Federal Block Grant funds for the period of January 1, 2024, through June 30, 2024, for ARPA funds utilization through September 30, 2025.
 - GF-S funding includes the 15% increase approved by the legislature last session and additional GF-S for a total increase of 27%.

- 988 Enhanced Crisis Funding (Proviso 112) this funding will be used to prepare teams for endorsement as a rapid response team by July 2024. The annual funding for this proviso is \$671,350.
- One-time Recovery Navigator Program (RNP) decrease of \$130,434 for HCA RNP expenses.

Motion # 23-73

HCA-NS BH-ASO-K-6897-Amendment 1 providing the ASO GF-S funding and legislative proviso funds for the period of January 1, 2024, through June 30, 2024, and Federal Block Grant Funding for the period of January 1, 2024, through June 30, 2025, and September 30, 2025.

Barry Buchanan moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, none opposed, motion #23-73 carried.

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health
 - Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage;
 - Program for Assertive Community Treatment (PACT) we are adding reserve funds in the amount of \$20,090.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
 - Crisis follow-up Services
- Telecare
 - Evaluation and Treatment Services, E&T Discharge Planners
- Lifeline Connections
 - PACT we are adding reserve funds in the amount of \$47,500 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will renew until the reserve is depleted.
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #23-74

NS BH-ASO-Compass Health-ICCN-23 Amendment 3 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

[Jill Johnson moved the motion for approval, Jane Fuller seconded, all-in favor, motion #23-74 carried.](#)

Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
- Catholic Community Services
 - PPW Housing Support Services

- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - Opiate Outreach
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion # 23-75

NS BH-ASO-Brigid Collins-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-23 Amendment 2 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

[Jill Johnson moved the motion for approval, Cammy Hart-Anderson and Jane Fuller seconded, all-in favor, motion #23-75 carried.](#)

GF-S/SABG/MHBG Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Whatcom County Triage
- Conquer
 - Startup funds in the amount of \$710,532 for the Assisted Outpatient Program in Snohomish County
- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
 - Homeless Outreach and Stabilization Team (HOST)
- Island County
 - Co-Responder project
- Lake Whatcom Center
 - PACT we are adding reserve funds in the amount of \$73,205.50 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
- Snohomish County
 - Co-Responder project
- Whatcom County
 - Co-responder project

Motion # 23-76

NS BH-ASO-Compass Health-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 1 to provide start-up funds for AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2024, with an automatic one-year renewal on August 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 3 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-22 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 2 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Barry Buchanan seconded, all-in favor, none opposed, motion #23-76 carried

Motion: #23-77

To approve the North Sound BH-ASO 2023 Operating Budget

[Recommended 2024 Budget with COLA-Final updated.pdf \(nsbhaso.org\)](#)

Perry Mowery moved the motion for approval, Jill Johnson seconded, all in favor, none opposed, motion #22-77 carried

Introduction Items

Recovery Navigator Program (RNP)

- o North Sound holds a large reserve of RNP funds. We have reached out to our RNP providers to inquire whether they can use one-time funding for the programs. We have received requests from all five programs and are amending the contracts to add the six-month allocations of their requests. These funds will be renewed until the reserve is depleted.
- The funding will be renewed every 6 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.
 - o Island County - 6-month allocation \$92,500.00
 - o San Juan County (Compass Health) - 6-month allocation \$125,000.00
 - o Skagit County (Community Action of Skagit County) – 6-month allocation \$55,000.00
 - o Snohomish County – Total Request \$ 6-month allocation \$93,500.00
 - o Whatcom County – Total Request \$ 6-month allocation \$154,000.00

Motion

North Sound BH-ASO-Island County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Discussion Item: Chair and Vice Chair for 2024

Nominations were presented for Chair and Vice Chair for 2024.

A motion was made for Barry Buchanan to be Chair for 2024, Jane Fuller to be Vice-Chair and Peter Browning to fill in as needed. Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, all-in favor, none opposed, motion carried.

Report from the Executive Director

- o Crisis Metrics Report
- o Tulalip Tribal DCR Update
- o Update on 1688
- o Opioid Abatement Council
- o Skagit County Prosecuting Attorney’s Office
- o Additional Update: Co-Responder’s Program (Representative Davis has begun conversations)

Peter Browning thanked the ASO Staff for assisting him while he chaired the ASO Board Meetings. He also affirmed JanRose in her new leadership role as the ASO’s Executive Director.

Adjourn: 2:45 p.m.

Next Meeting: January 11th, 2024

Weekly Crisis Metrics Report:

See attached.

Skagit County PAO:

After meeting with all three Skagit County Commissioners, they met for a decision meeting with the Skagit County PAO and decided not to sign the document indicating they would hold the responsibility of hiring legal counsel in such case as the Skagit County PAO is unwilling or unable to fulfill the RCW mandated responsibilities to the Skagit County ITA court. The draft agreement utilized was based on an original agreement signed with the Skagit County PAO's office. In my meetings, I indicated the rest of the agreement's language was the less important, but the language regarding Skagit County being willing to meet this obligation was the language we needed to avoid contingency planning with agencies. Skagit County Commissioners indicated that they could not sign because there was language about the PAO's office and asked that we go back to negotiating with Skagit County PAO Weyrich. The commissioners did indicate that they would move forward on a RFQ for legal counsel to fulfill this obligation.

However, Skagit County PAO has reiterated no intention of serving the ITA Court if his current ITA attorney were to leave him employ. Given that we do not have a signed contingency plan with Skagit County, we are moving forward with contingency planning with Telecare, Skagit Valley Medical and Compass. If the attorney were to leave his position, North Sound ASO would likely be forced to issue an emergent stop placement in Skagit County and those already in the hospitals would be at risk of being released prior to stabilization based on the absence of a functioning ITA court in Skagit County.

We will negotiate in good faith with Mr. Weyrich and have asked that a representative from the Commissioner's Office is present for those negotiations since his primary request has been that the ASO give him permission to not follow RCW's which we do not have the scope or authority to allow. Additionally, as he is potentially negotiating for roles that the Commissioners would fulfill through their RFQ, it feels necessary and expedient to have all parties at the table.

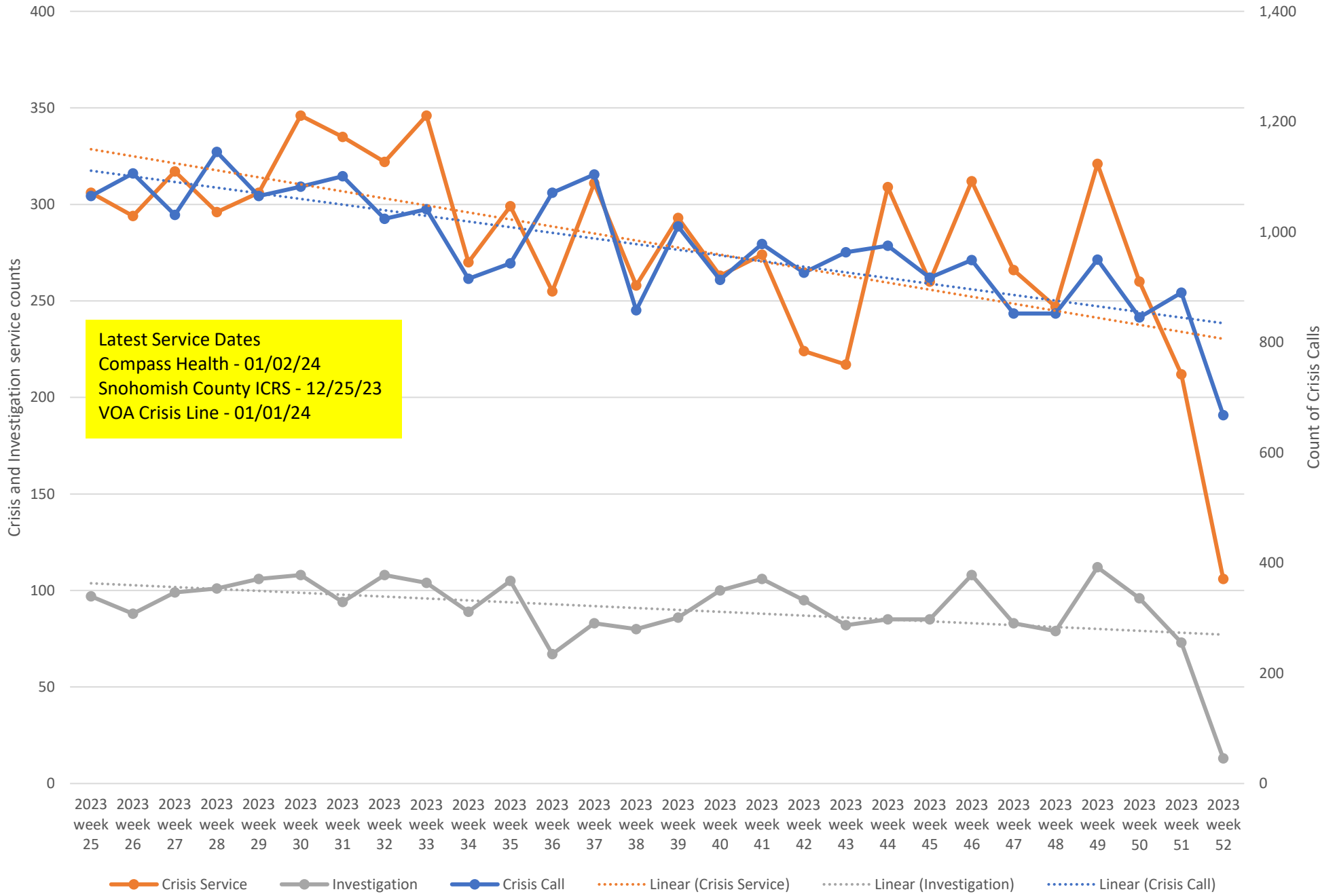
Recent Article on this subject: [Emergency mental health treatment put at risk over staffing | Local News | goskagit.com](#)



Weekly Crisis Capacity Indicator Snapshot

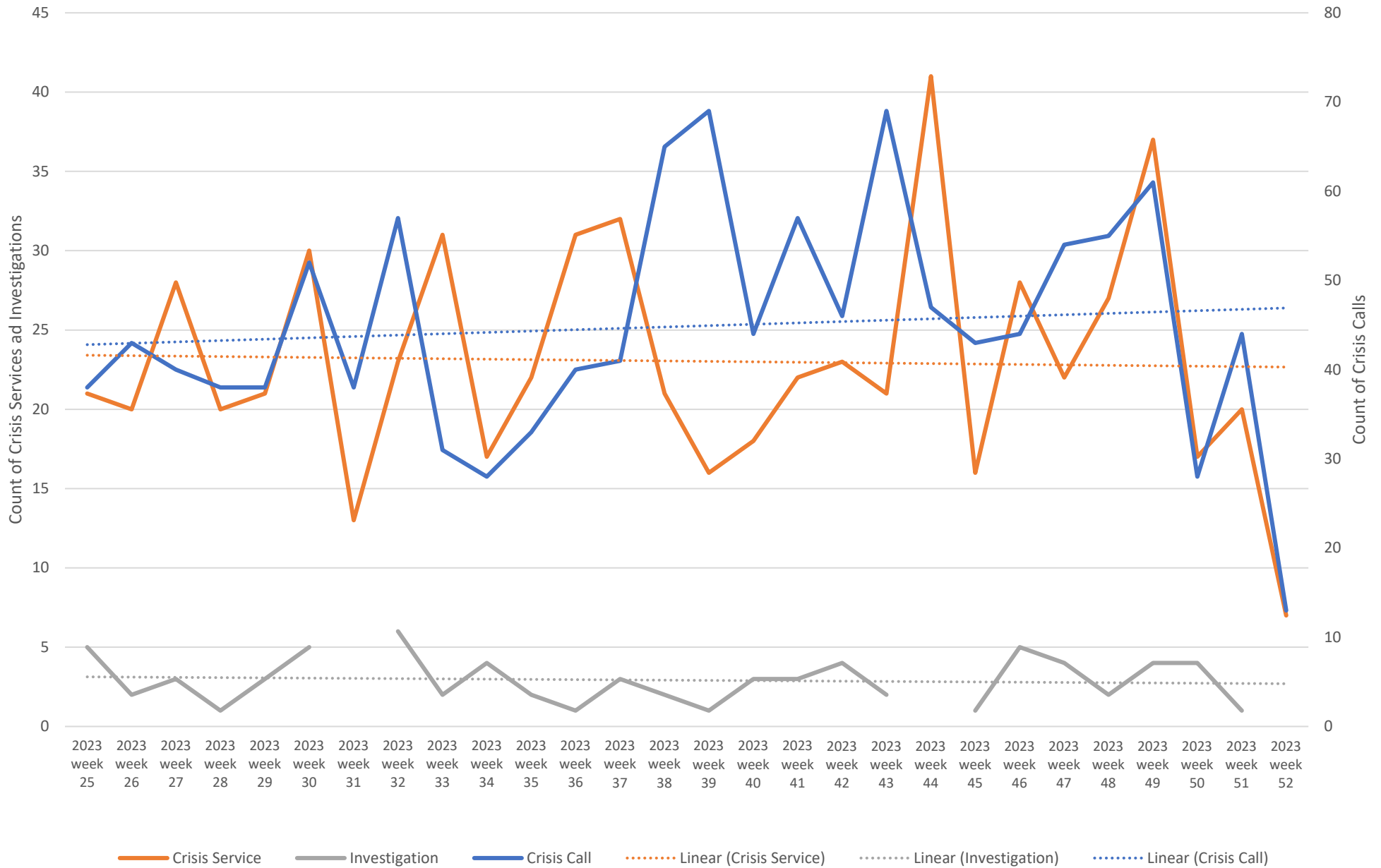
Page 2	Crisis Data - dates 06/18/23 to 12/30/23
Page 3	Crisis Data: Ages 0-17 - dates 06/18/23 to 12/30/23
Page 4	All DCR Dispatches - dates 06/18/23 to 12/30/23
Page 5	Weekly Staff Count - Staff providing Crisis or Investigation services 06/18/23 to 12/30/23
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 06/18/23 to 12/30/23
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
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Page 13	North Sound BH ASO Walkaway Chart 06/18/23 to 12/30/23

Crisis Data - dates 06/18/23 to 12/30/23

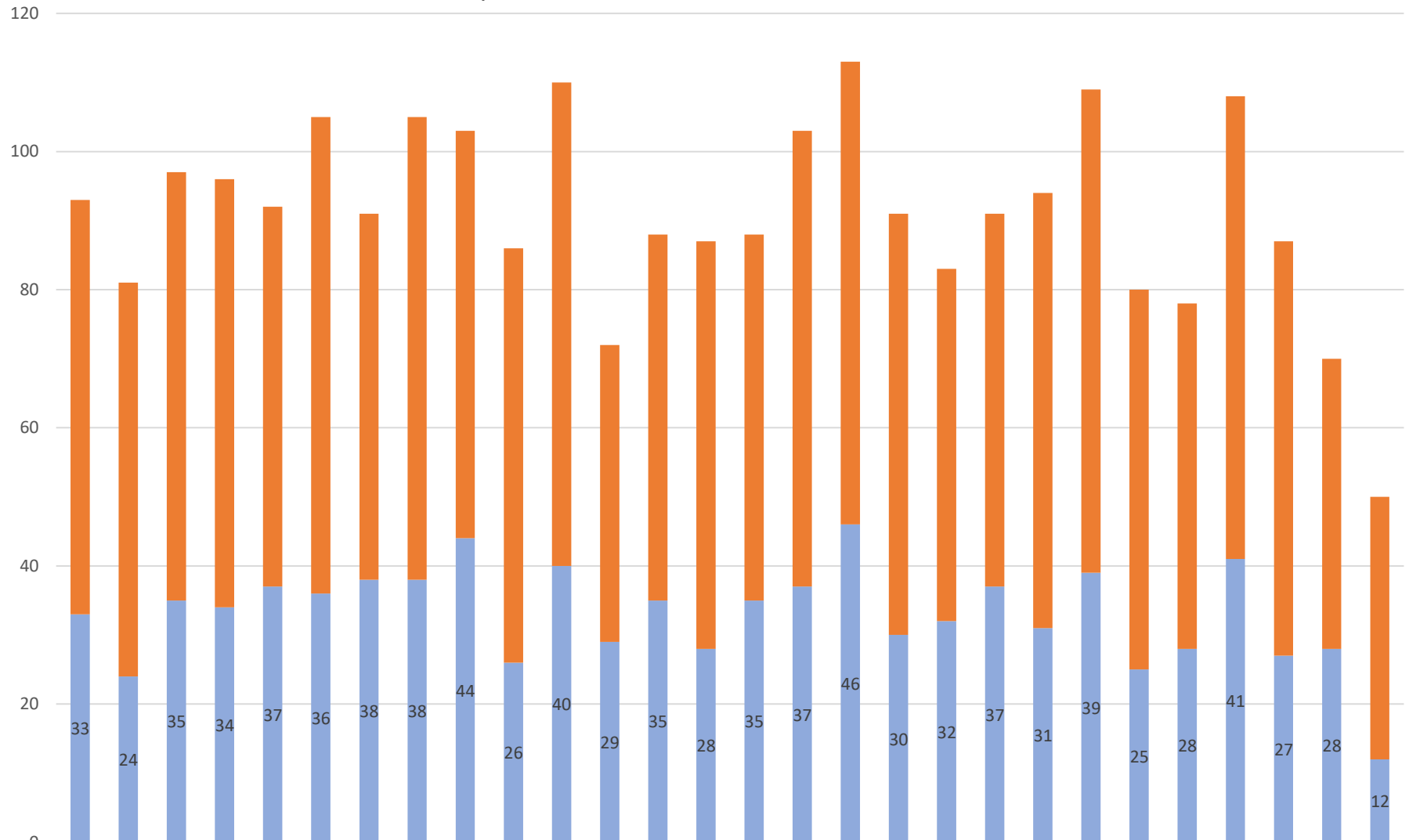


Latest Service Dates
 Compass Health - 01/02/24
 Snohomish County ICRS - 12/25/23
 VOA Crisis Line - 01/01/24

Crisis Data: Ages 0-17 - dates 06/18/23 to 12/30/23

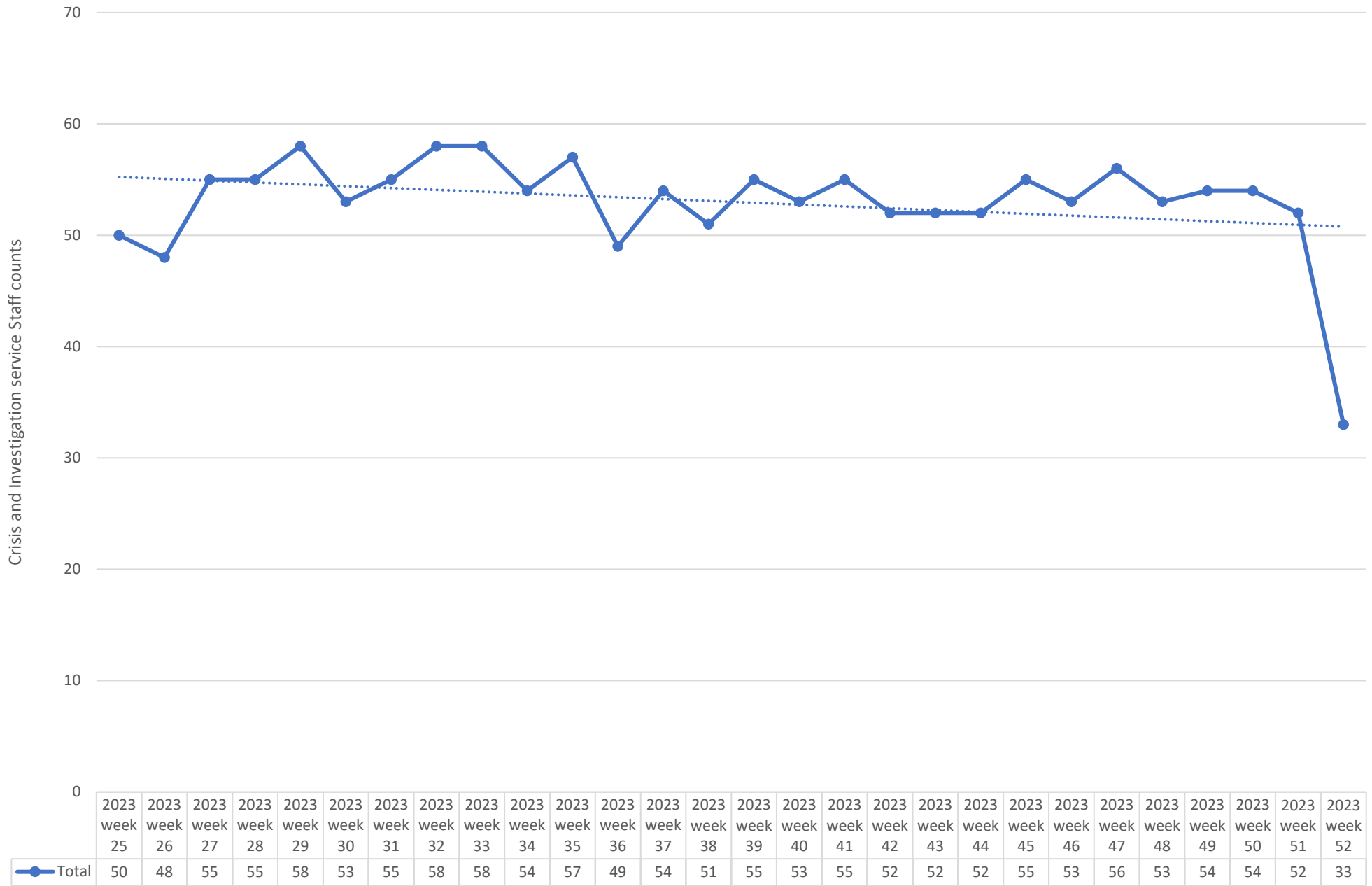


All DCR Dispatches - dates 06/18/23 to 12/30/23



	2023 week 25	2023 week 26	2023 week 27	2023 week 28	2023 week 29	2023 week 30	2023 week 31	2023 week 32	2023 week 33	2023 week 34	2023 week 35	2023 week 36	2023 week 37	2023 week 38	2023 week 39	2023 week 40	2023 week 41	2023 week 42	2023 week 43	2023 week 44	2023 week 45	2023 week 46	2023 week 47	2023 week 48	2023 week 49	2023 week 50	2023 week 51	2023 week 52
dispatch resulting in other outcome	60	57	62	62	55	69	53	67	59	60	70	43	53	59	53	66	67	61	51	54	63	70	55	50	67	60	42	38
dispatch resulting in detention	33	24	35	34	37	36	38	38	44	26	40	29	35	28	35	37	46	30	32	37	31	39	25	28	41	27	28	12

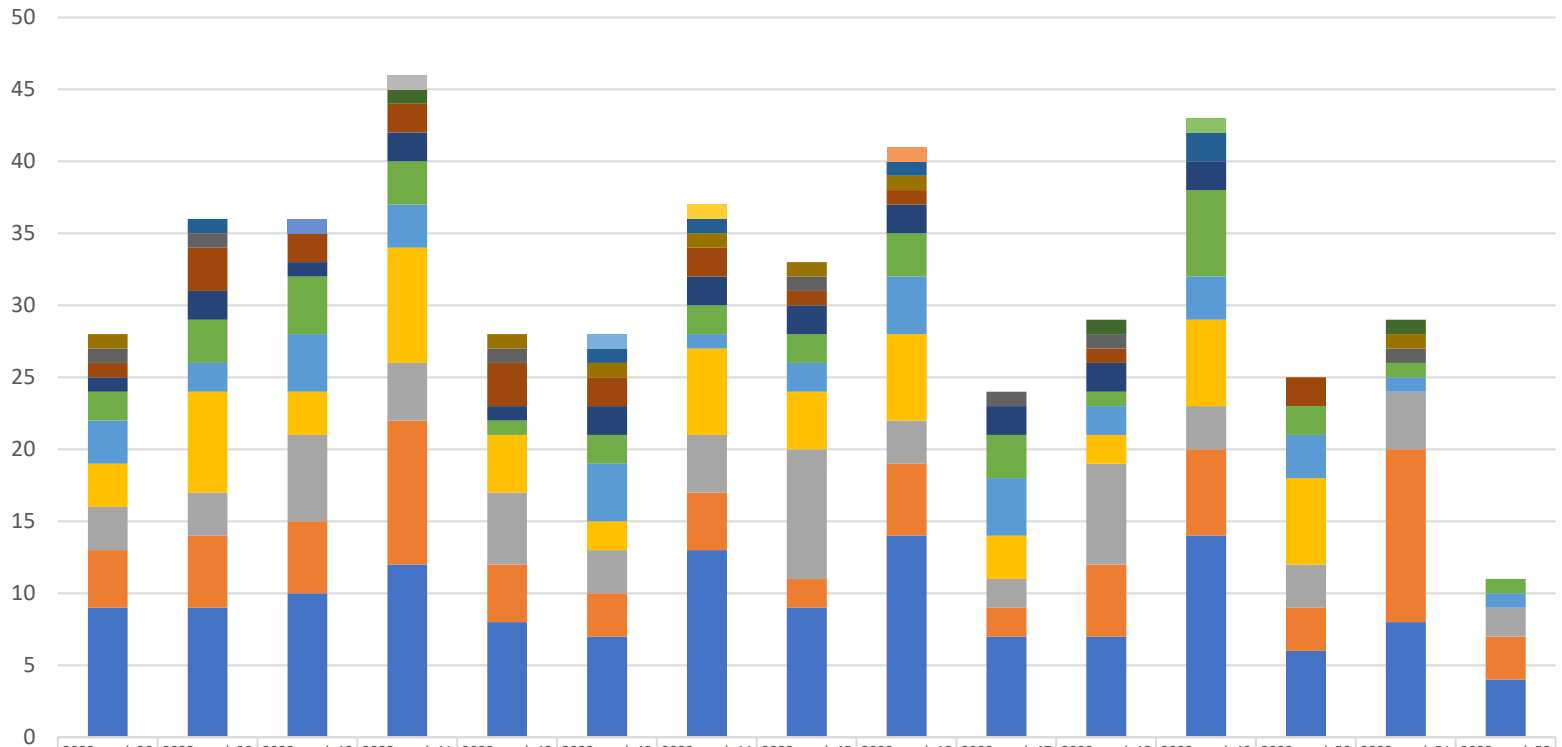
Weekly Staff Count - Staff providing Crisis or Investigation services 06/18/23 to 12/30/23



2023 week 52 ending 01/00/00

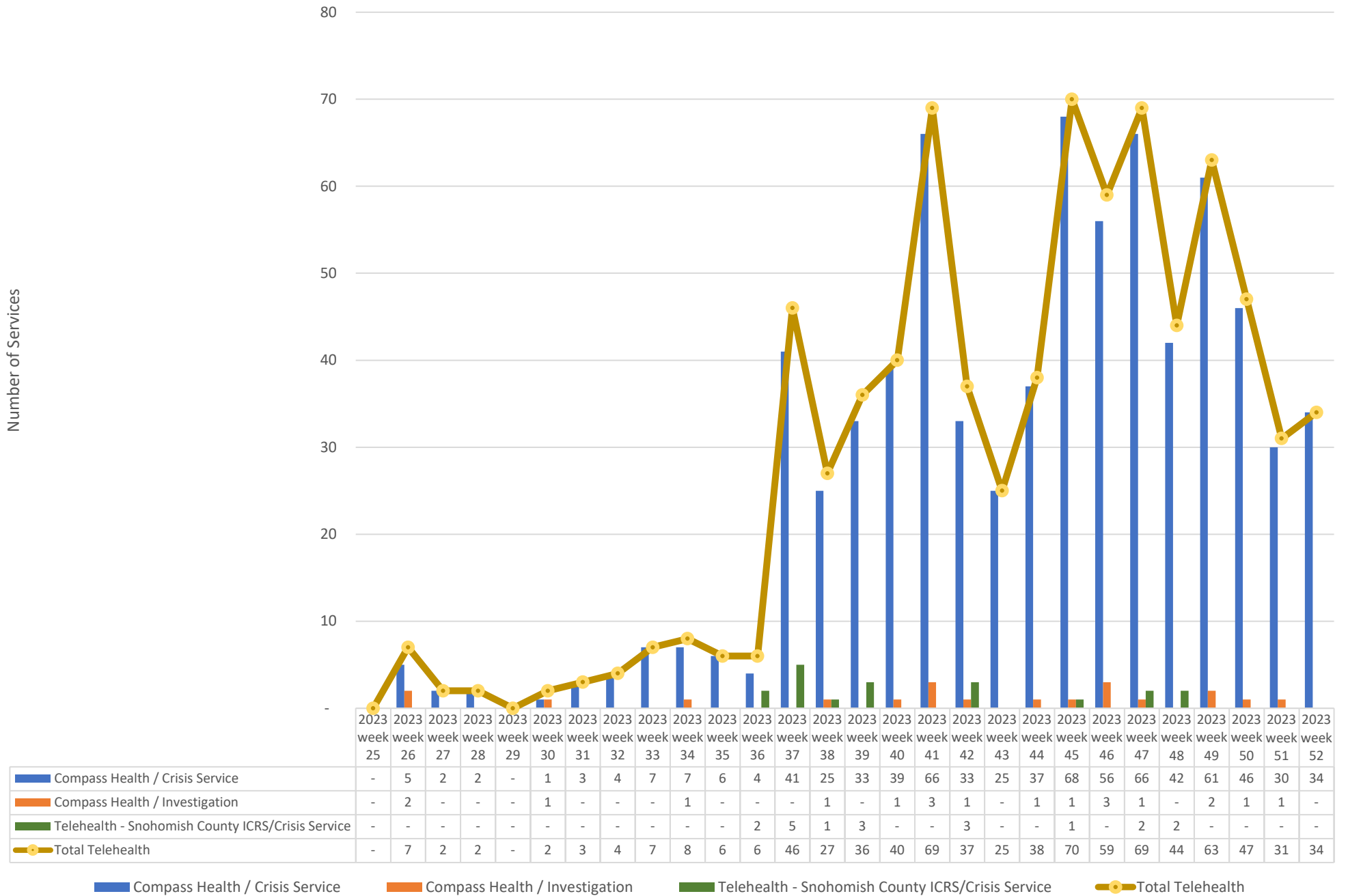
Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low

Count of hospital placement locations in the dispatch record

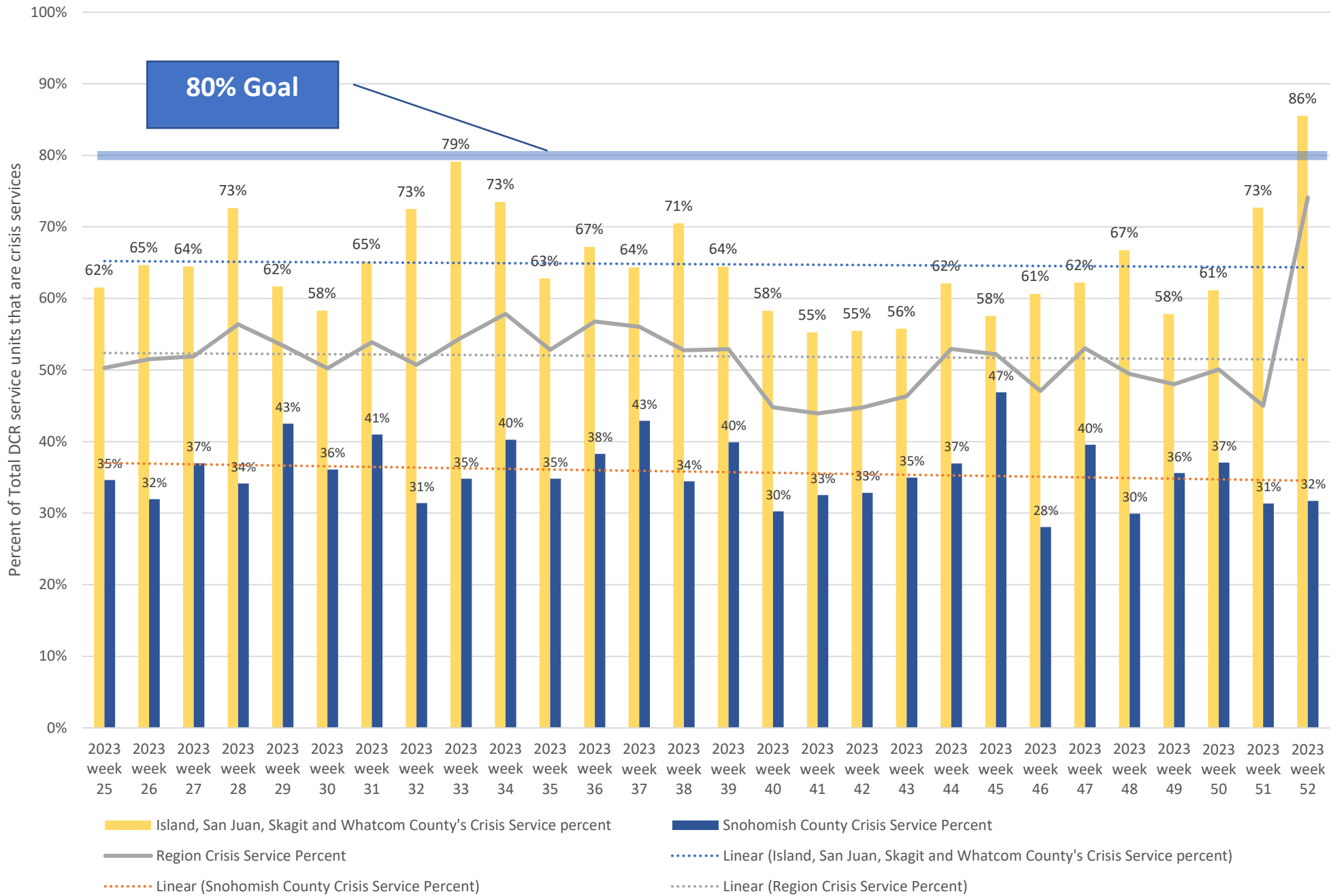


	2023 week 38	2023 week 39	2023 week 40	2023 week 41	2023 week 42	2023 week 43	2023 week 44	2023 week 45	2023 week 46	2023 week 47	2023 week 48	2023 week 49	2023 week 50	2023 week 51	2023 week 52
South Sound Vest Thurston												1			
Pierce EandT TELECARE						1									
SWEDISH MEDICAL CENTER CHERRY HILL							1								
Valley Cities Counseling And Consultation				1											
PROVIDENCE SACRED HEART MED CNTR AND CHILDRENS HSPTL									1						
St. Joseph Hospital Bellingham			1												
Swedish Mill Creek				1							1			1	
THURSTON/MASON EandT FACILITY		1				1	1		1			2			
ABHS Chehalis	1				1	1	1	1	1					1	
VALLEY GENERAL HOSPITAL	1	1			1			1		1	1			1	
Mukilteo	1	3	2	2	3	2	2	1	1		1		2		
Telecare North Sound Evaluation and Treatment	1	2	1	2	1	2	2	2	2	2	2	2			
BHC Fairfax Hospital INC	2	3	4	3	1	2	2	2	3	3	1	6	2	1	1
SMOKEY POINT BEHAVIORAL HOSPITAL	3	2	4	3		4	1	2	4	4	2	3	3	1	1
Peacehealth Bellingham	3	7	3	8	4	2	6	4	6	3	2	6	6		
Skagit Valley Hospital	3	3	6	4	5	3	4	9	3	2	7	3	3	4	2
SWEDISH EDMONDS	4	5	5	10	4	3	4	2	5	2	5	6	3	12	3
Providence Everett	9	9	10	12	8	7	13	9	14	7	7	14	6	8	4

Telehealth only, crisis and investigation services from 06/18/23 to 12/30/23



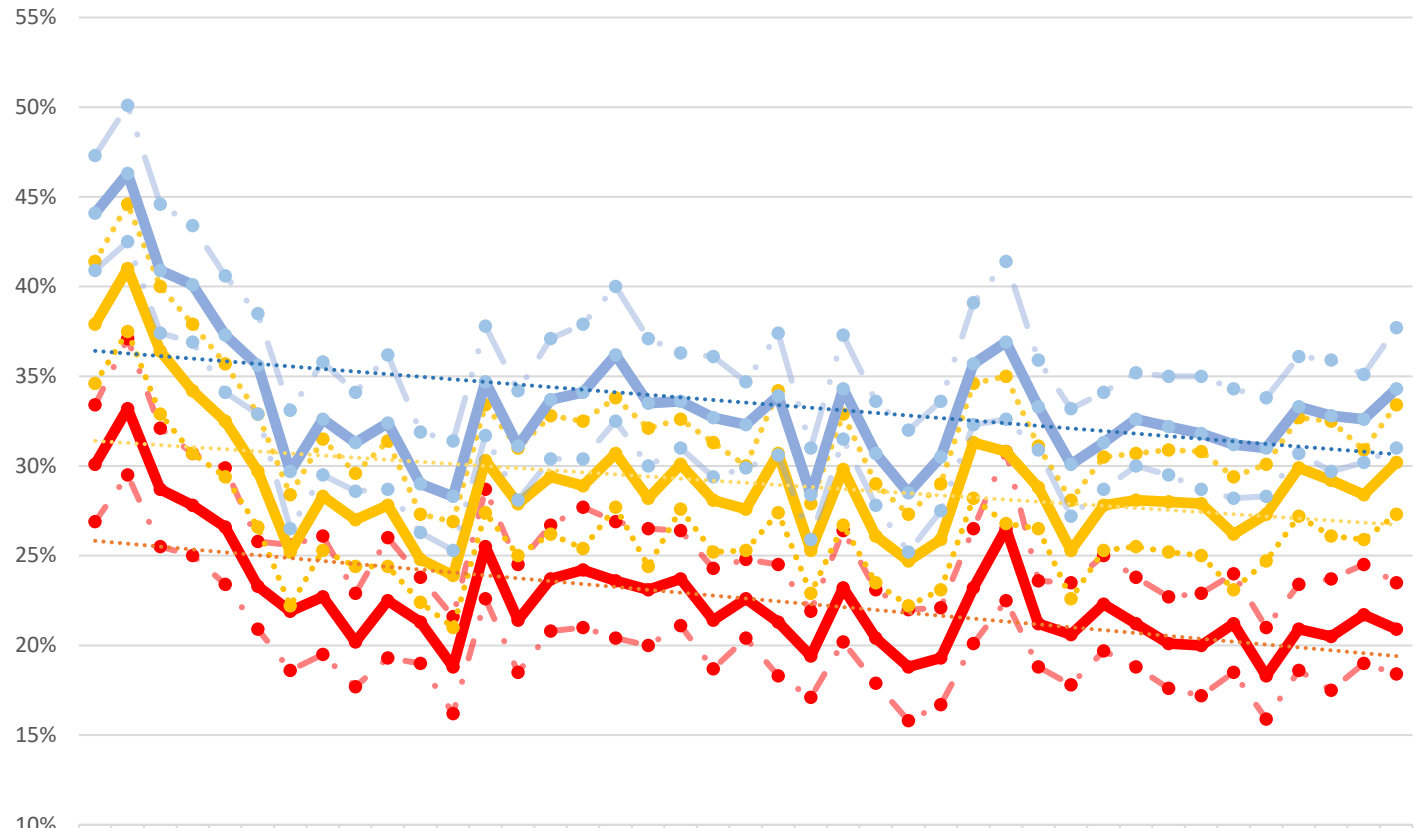
Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units



Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

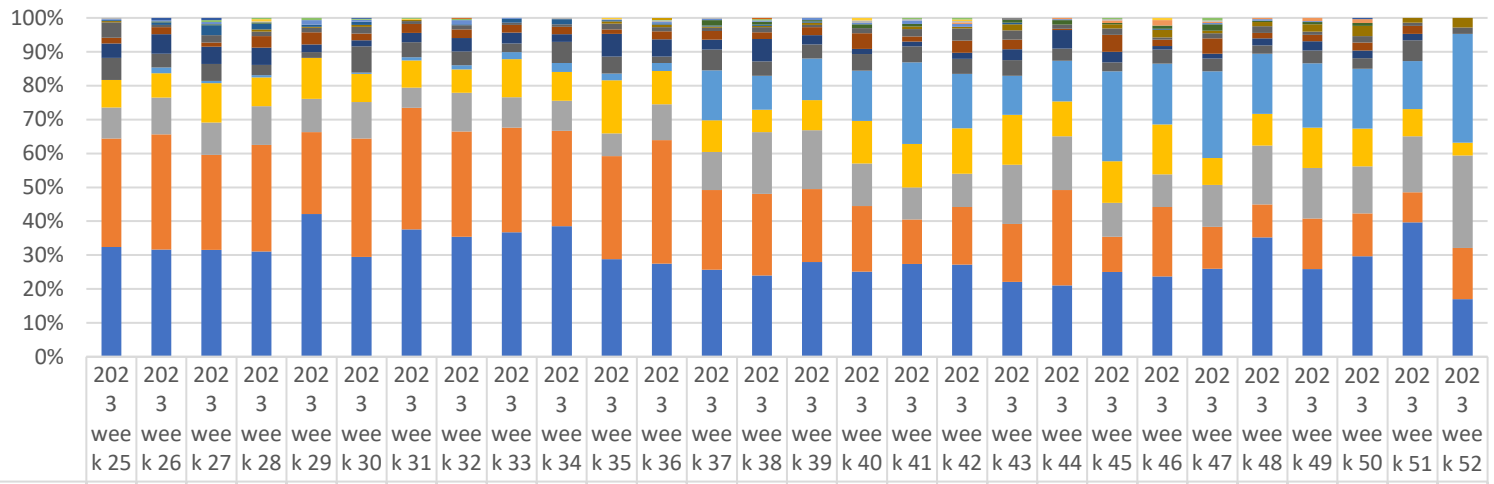
The U.S. Census Bureau, in collaboration with five federal agencies, launched the Household Pulse Survey to produce data on the social and economic impacts of Covid-19 on American households. The Household Pulse Survey was designed to gauge the impact of the pandemic on employment status, consumer spending, food security, housing, education disruptions, and dimensions of physical and mental wellness.

<https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Reported-Frequency-of-Symptoms-During-Last-7-Days>



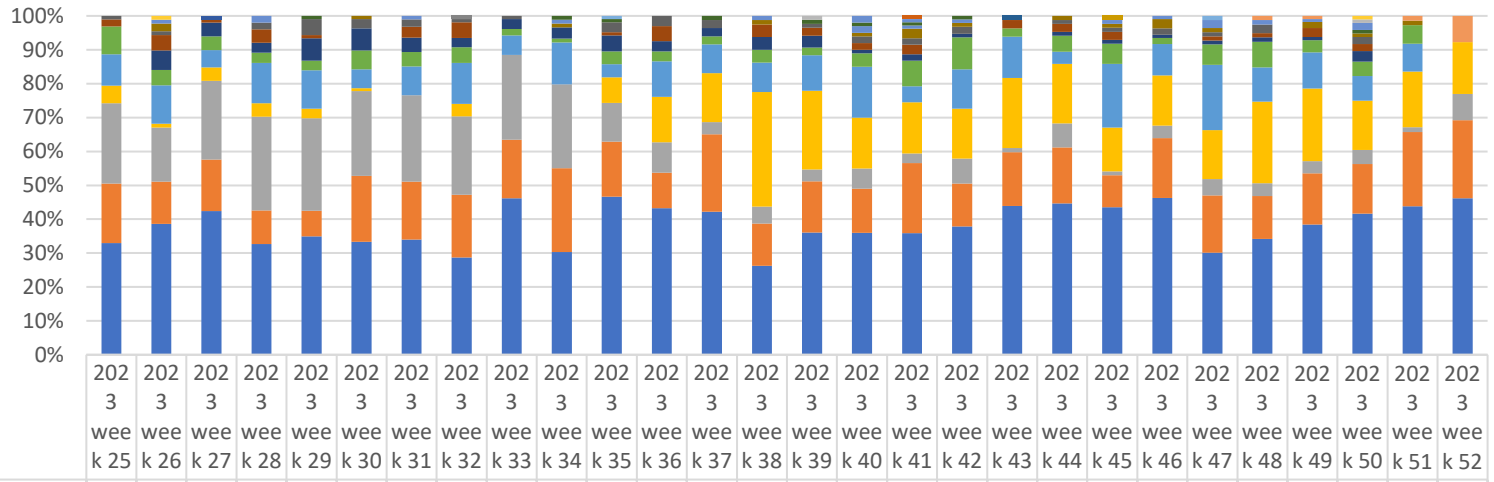
	06 Jan '21	20 Jan '21	03 Feb '21	17 Feb '21	03 Mar '21	17 Mar '21	28 Mar '21	12 Apr '21	26 Apr '21	09 Jun '21	23 Jun '21	21 Jul '21	04 Aug '21	18 Aug '21	01 Sep '21	15 Sep '21	29 Sep '21	01 Dec '21	29 Dec '21	26 Jan '22	02 Feb '22	30 Mar '22	27 Apr '22	01 Jun '22	29 Jun '22	27 Jul '22	14 Sep '22	05 Oct '22	02 Nov '22	09 Dec '22	04 Jan '23	01 Feb '23	01 Mar '23	29 Mar '23	26 Apr '23	07 Jun '23	28 Jun '23	26 Jul '23	23 Aug '23	20 Sep '23			
% with Symptoms of Depressive Disorder low conf. level	27%	30%	26%	25%	23%	21%	19%	20%	18%	19%	19%	16%	23%	19%	21%	21%	20%	20%	21%	19%	20%	18%	17%	20%	18%	16%	17%	20%	23%	19%	18%	20%	19%	18%	17%	19%	16%	19%	19%	18%	19%	18%	
% with Symptoms of Depressive Disorder value	30%	33%	29%	28%	27%	23%	22%	23%	20%	23%	21%	19%	26%	21%	24%	24%	24%	23%	24%	21%	23%	21%	19%	23%	20%	19%	19%	23%	27%	21%	21%	22%	21%	20%	20%	21%	18%	21%	21%	22%	21%		
% with Symptoms of Depressive Disorder high conf. level	33%	37%	32%	31%	30%	26%	26%	26%	23%	26%	24%	22%	29%	25%	27%	28%	27%	27%	26%	24%	28%	25%	25%	22%	26%	23%	22%	22%	27%	31%	24%	24%	25%	24%	23%	23%	24%	21%	23%	24%	25%	24%	
% with Symptoms of Anxiety Disorder low conf. level	35%	38%	33%	31%	29%	27%	22%	25%	24%	24%	22%	21%	27%	25%	26%	25%	28%	24%	28%	25%	25%	27%	23%	30%	26%	25%	26%	31%	31%	29%	25%	28%	28%	28%	25%	25%	23%	25%	27%	30%	29%	28%	30%
% with Symptoms of Anxiety Disorder value	38%	41%	36%	34%	33%	30%	25%	28%	27%	28%	25%	24%	30%	28%	29%	29%	31%	28%	30%	28%	28%	31%	25%	30%	26%	25%	26%	31%	31%	29%	25%	28%	28%	28%	26%	27%	30%	29%	28%	30%			
% with Symptoms of Anxiety Disorder high conf. level	41%	45%	40%	38%	36%	33%	28%	32%	30%	31%	27%	27%	33%	31%	33%	33%	34%	32%	33%	31%	30%	34%	28%	33%	29%	27%	29%	35%	35%	31%	28%	31%	31%	31%	29%	30%	33%	33%	33%	31%	33%		
% with Symptoms of Anxiety or Depressive Disorder low conf. level	41%	43%	37%	37%	34%	33%	27%	30%	29%	29%	26%	25%	32%	28%	30%	30%	33%	30%	31%	29%	30%	31%	26%	32%	28%	25%	28%	32%	33%	31%	27%	29%	30%	30%	29%	28%	28%	31%	31%	30%	33%	31%	
% with Symptoms of Anxiety or Depressive Disorder value	44%	46%	41%	40%	37%	36%	30%	33%	31%	32%	29%	28%	35%	31%	34%	34%	36%	34%	34%	33%	32%	34%	28%	34%	31%	29%	31%	36%	37%	33%	30%	31%	33%	32%	32%	31%	31%	33%	33%	33%	34%		
% with Symptoms of Anxiety or Depressive Disorder high conf. level	47%	50%	45%	43%	41%	39%	33%	36%	34%	36%	32%	31%	38%	34%	37%	38%	40%	37%	36%	36%	35%	37%	31%	37%	34%	32%	34%	39%	41%	36%	33%	34%	35%	35%	35%	34%	34%	36%	36%	35%	38%		

Place of Service -Crisis Services, percent of total by week



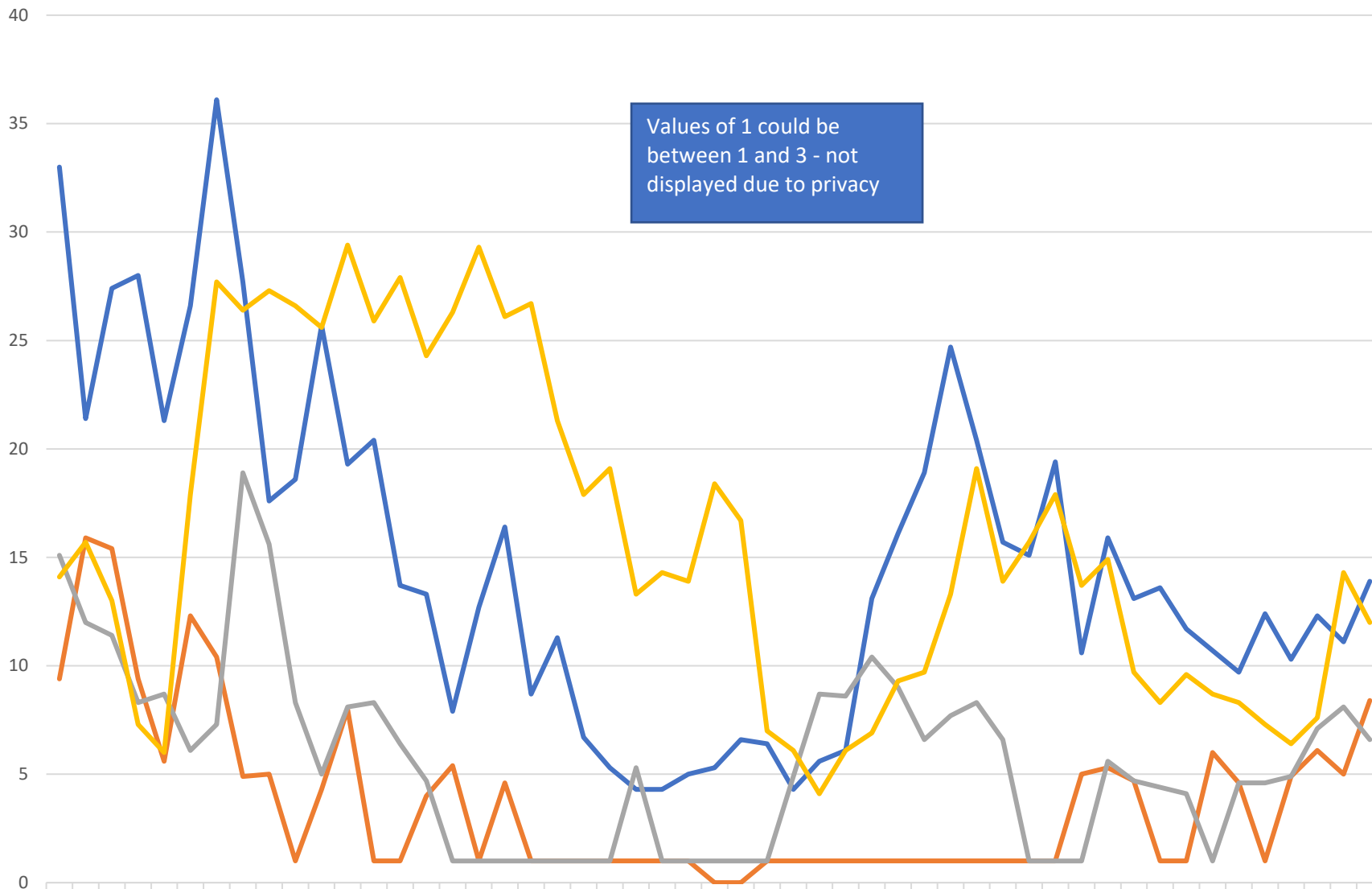
	2023k25	2023k26	2023k27	2023k28	2023k29	2023k30	2023k31	2023k32	2023k33	2023k34	2023k35	2023k36	2023k37	2023k38	2023k39	2023k40	2023k41	2023k42	2023k43	2023k44	2023k45	2023k46	2023k47	2023k48	2023k49	2023k50	2023k51	2023k52	
Mobile Unit												1																	
Residential SUD																			1										
Non residential Substance Abuse Treatment Facility								1						1															
Skilled Nursing Facility		2	2			1																				1			
Custodial Care Facility				1	2	1	1										1	1											
Nursing Facility			2					1				1	1									1	2						
Community Mental Health Center				2			1				1					2		1					2						
Psych. Residential	1			1						1	1	1	1			2	1	1				1		1					
Unassigned																			1		1	2	5	1	1	3	3		
Group Home	1	1	2		4	2		4	1				1	1	1	2	1	3	2		1			1	1	1			
School		1	1	1										5	2	1	3	2		2	4	1	3	5	1	2	2		
On Campus Outpatient Hospital	1	2	9	5	2	3		1	4	4	1	1	1	1	1				1				1						
Homeless Shelter	1			2	1	2	1					2	2	1	1	2		2	1	4		3	7	2	3	7	8	3	3
Inpatient Hospital	14	2	7	4	4	7	3	4	2	2	5	3	3	4	2	4	6	8	6	4	5	2	4	5	3	5	2		
Inpatient Psychiatric Facility	5	6	4	10	11	7	9	8	8	6	4	6	8	5	7	12	4	8	6	1	13	6	12	4	6	6	5		
Assisted Living Facility	13	17	16	15	7	6	9	13	11	6	20	13	9	17	8	4	4	4	7	17	8	3	4	5	9	6	4		
Prison Correctional Facility	20	12	16	9	5	27	15	13	9	17	15	5	19	11	12	13	13	10	10	11	7	13	10	6	12	8	13	2	
Telehealth		5	2	2		1	3	4	7	7	6	6	46	26	36	39	66	36	25	37	69	56	68	44	61	46	30	34	
Emergency Room Hospital	25	21	37	25	37	29	27	22	39	23	47	25	29	17	26	33	35	30	32	32	32	46	21	23	38	29	17	4	
Home	28	32	30	34	30	37	20	37	31	24	20	27	35	47	51	33	26	22	38	49	26	30	33	43	48	36	35	29	
Other Place of Service	98	100	89	93	74	121	120	100	107	76	91	93	73	62	63	51	36	38	37	87	27	64	33	24	48	33	19	16	
Office	99	93	100	92	129	102	126	114	127	104	86	70	80	62	82	66	75	61	48	65	65	74	69	87	83	77	84	18	

Place of Service -Investigations, percent of total by week



Nursing Facility																							
Non residential Substance Abuse Treatment Facility																					1		
Urgent Care Facility																							
On Campus Outpatient Hospital			1																				
Residential SUD																							
Custodial Care Facility																							
Skilled Nursing Facility		1																					
School																							
Homeless Shelter																							
Unassigned																							
Psych. Residential																							
Community Mental Health Center		1		2																			
Telehealth		2																					
Office	1	1		2	5	3	2	1	1														
Group Home	2	4	1	4	1		3	5															
Assisted Living Facility		5	4	3	7	7	4	3	3	3	5	2	2	3	3	1	2	1					
Inpatient Hospital	8	4	4	3	3	6	4	5	2	1	4	2	2	3	2	4	8	9	2	4	5	2	
Inpatient Psychiatric Facility	9	10	5	12	12	6	8	13	6	11	4	7	7	7	9	15	5	11	10	3	16	10	
Home	5	1	4	4	3	1		4			8	9	12	27	20	15	16	14	17	15	11	16	
Other Place of Service	23	14	23	28	29	27	24	25	26	22	12	6	3	4	3	6	3	7	1	6	1	4	
Prison Correctional Facility	17	11	15	10	8	21	16	20	18	22	17	7	19	10	13	13	22	12	13	14	8	19	
Emergency Room Hospital	32	34	42	33	37	36	32	31	48	27	49	29	35	21	31	36	38	36	36	38	37	50	

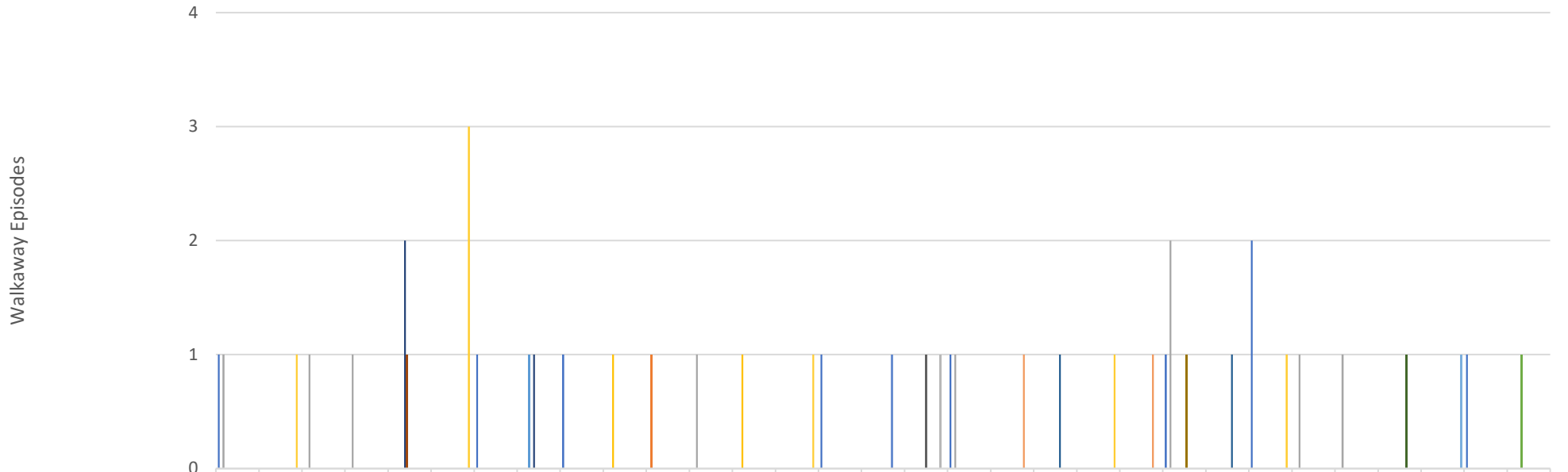
Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average



Values of 1 could be between 1 and 3 - not displayed due to privacy

	1/1/20	1/8/20	1/15/20	1/22/20	1/29/20	2/5/20	2/12/20	2/19/20	2/26/20	3/5/20	3/12/20	3/19/20	3/26/20	4/2/20	4/9/20	4/16/20	4/23/20	4/30/20	5/7/20	5/14/20	5/21/20	5/28/20	6/4/20	6/11/20	6/18/20	6/25/20	7/2/20	7/9/20	7/16/20	7/23/20	7/30/20	8/6/20	8/13/20	8/20/20	8/27/20	9/3/20	9/10/20	9/17/20	9/24/20	10/1/20	10/8/20	10/15/20	10/22/20	10/29/20	11/5/20	11/12/20	11/19/20	11/26/20	12/3/20	12/10/20	12/17/20	
Prov. Everett	33	21	27	28	21	27	36	28	18	19	26	19	20	14	13	7.9	13	16	8.7	11	6.7	5.3	4.3	4.3	5	5.3	6.6	6.4	4.3	5.6	6.1	13	16	19	25	20	16	15	19	11	16	13	14	12	11	9.7	12	10	12	11	14	
SVH	9.4	16	15	9.4	5.6	12	10	4.9	5	1	4.3	8	1	1	4	5.4	1	4.6	1	1	1	1	1	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	5	5.3	4.7	1	1	6	4.6	1	4.9	6.1	5	8.4
Swedish Edmonds	15	12	11	8.3	8.7	6.1	7.3	19	16	8.3	5	8.1	8.3	6.4	4.7	1	1	1	1	1	1	1	5.3	1	1	1	1	1	4.9	8.7	8.6	10	9	6.6	7.7	8.3	6.6	1	1	1	5.6	4.7	4.4	4.1	1	4.6	4.6	4.9	7.1	8.1	6.6	
Peacehealth Bellingham	14	16	13	7.3	6	18	28	26	27	27	26	29	26	28	24	26	29	26	27	21	18	19	13	14	14	18	17	7	6.1	4.1	6.1	6.9	9.3	9.7	13	19	14	16	18	14	15	9.7	8.3	9.6	8.7	8.3	7.3	6.4	7.6	14	12	

North Sound BH ASO Walkaway Chart 06/18/23 to 12/30/23



	2022 Week 37	2022 Week 39	2022 Week 40	2022 Week 41	2022 Week 43	2022 Week 45	2022 Week 47	2022 Week 48	2022 Week 49	2022 Week 50	2022 Week 51	2022 Week 53	2022 Week 02	2023 Week 04	2023 Week 05	2023 Week 10	2023 Week 11	2023 Week 13	2023 Week 15	2023 Week 17	2023 Week 19	2023 Week 20	2023 Week 22	2023 Week 24	2023 Week 27	2023 Week 28	2023 Week 29	2023 Week 30	2023 Week 35	2023 Week 36	2023 Week 43
Cascade Valley Hospital	1					1		1						1			1					1		2					1		
Island Health									1																						
Island Hospital	1		1	1								1						1					2			1	1				
Peace Health United										1			1																		
Peace Island Health								1																							
Peace Island Medical																														1	
Providence, Everett					2			1																							
San Juan Co Jail					1																										
Skagit Valley																1															
St Joes																							1								
St. Joes																				1				1							
St. Joes, Peace Health																												1			
St. Joseph Medical Center																1															
St. Josephs																			1			1									
St. Joseph's Hospital																	1														
United General		1				3								1								1			1						
Whidbey Medical Center																													1		