

in Person:

# **Board of Directors**

**Meeting Agenda** 

August 8<sup>th</sup>, 2024

Members Present via MS Teams:

North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:

Guests Present:

1. Call to Order and Introductions – Chair

2. Tribal Acknowledgement – Chair

Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)

3.	Revisions	to	the	Agenda –	Chair
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**Board of Directors Members Present** 

- 4. Approval of the June 13th, 2024, Minutes, Motion #24-34 Chair....... Attachment
- 5. Comments & Announcements from the Chair Chair
- 6. Reports from Members Chair
- 7. Comments from the Public Chair

8. Kids Mental Health Mini-Presentation Michael McAuley, Clinical Director	/Youth Navigator Program
<b>9. Report from the Advisory Board</b> Kara Allen, Advisory Board Chair	Attachment
<b>10. Report from the Finance Officer</b> Margaret Rojas, Assistant Director	Attachment

#### 11. Report from the Governance Operations Committee - Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

#### Motion #24-35

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from June 1st, 2024, through June 30th, 2024, in the amount of \$3,604,033.34.
- Payroll for the month of June in the amount of \$197,545.07 and associated employer benefits in the amount of \$98,557.34.
- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from July 1<sup>st</sup>, 2024, through July 31<sup>st</sup>, 2024, in the amount of \$4,676,005.77.
- Payroll for the month of July in the amount of \$199,373.95 and associated employer benefits in the amount of \$97,802.39.

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#### **12. Introduction Items** – Margaret Rojas, Assistant Director

#### **Proviso 86-Behavioral Health Housing and Services**

- An additional \$738,833.00 was allocated in the ASO July HCA amendment. This doubles our annual allotment for Proviso 86 funds. These funds are intended for rental assistance and/or behavioral health services for individuals involved with the criminal justice system. Effective date of funding availability is July 1, 2024.
- The following motion is the downstream contracts allocating the additional Proviso 86 behavioral health rental assistance and services in four counties, San Juan County is served by Compass Health with HARPS rental assistance funds.
  - o Bridgeways Proviso 86 rental assistance and services in Snohomish County.
    - July addition of Proviso 86 funds \$45,000.00
    - Total Proviso 86 12-month allocation \$206,000.00.
  - o Compass Health Proviso 86 rental assistance/services Snohomish County.
    - July addition of Proviso 86 funds \$45,000.00
    - Total Proviso 86 12-month allocation \$195,000.00.
  - o Lifeline Connections Proviso 86 rental assistance and services in Skagit and Whatcom County.
    - July addition of Proviso 86 funds \$45,000.00
    - Total Proviso 86 12-month allocation \$227,935.00.
  - o Lake Whatcom Center Proviso 86 rental assistance and services in Whatcom County.

- July addition of Proviso 86 funds \$120,000.00
- Total Proviso 86 12-month allocation \$270,000.00.
- o Opportunity Council rental assistance and services in Whatcom County.
  - July addition of proviso 86 funds \$120,000.00
  - Total Proviso 86 12-month allocation \$276,000.00
- o Pioneer Human Services Proviso 86 rental assistance and services in Island County.
  - July addition of Proviso 86 funds \$120,000.00
  - Total Proviso 86 12-month allocation \$302,935.00.

#### Motion #24-xx

NS BH-ASO-Bridgeways-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 5 for the provision of additional Proviso 86 funds for rental assistance and services in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 3 for the provision of additional proviso 86 funds for rental assistance and services in Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Opportunity Council-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Whatcom County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Island County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

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#### **ARPA Federal Block Grant**

- The Health Resources and Services Administration (HRSA) Federal Grant award will expire on September 30, 2024.
  - o The program has expanded services in Skagit & Island Counties.
    - Expansion of Medication Assisted Treatment (MAT) in Concrete and Oak Harbor
      - Lifeline Connections \$60,000.00 for MAT services
    - Expansion of our Opioid Outreach teams in east Skagit County
      - Mount Baker Presbyterian Church \$235,000.00 for Opioid Outreach
    - Supporting a prevention specialist in the Coupeville School District
      - NW ESD 189 \$25,000.00 for School Prevention
    - Funding a Co-Responder with Skagit Sheriff's Office
      - Skagit County Public Health \$150,907.00 for Co-Responder Services

- San Juan County Recovery Café Peer Support
  - o Lopez Island Family Resource Center-Heart & Soul Café \$28,260.00
- Juvenile Treatment Services
  - o Snohomish County Superior Court \$51,000.00 for expansion of services for juveniles and families referred to Snohomish County probation.

#### Motion 24-xx

NS BH-ASO-Lopez Island Heart and Soul-PSC-23 Amendment 1 to provide additional funding for the Recovery Café on Lopez Island. The term of this agreement is November 1, 2023, with a new expiration date of June 30, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 5 to provide the funding for MAT services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Mount Baker Presbyterian Church-ICN-23 Amendment 1 to provide funding for Opioid Outreach services under this contract. The contract term is September 1, 2023, through August 31, 2025, with an automatic one-year renewal on September 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 5 to provide the funding for Co-Responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-NW ESD 189-PSC-23 Amendment 1 for the purpose of providing a prevention specialist in the Coupeville School District. The contract term is September 1, 2023, through August 31, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 4 to provide additional funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

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#### **Program for Assertive Community Treatment (PACT)**

Compass Health has two (2) PACT teams, in Skagit & Whatcom counties serving up to 150 individuals. The need continues to expand for these services. Compass Health is requesting seven (7) additional rotating slots. The slots are reserved for individuals moving on and off Medicaid due to reoccurring spend downs.

#### Motion 24-xx

NS BH-ASO-Compass Health-ICCN-23 Amendment 5 to provide funding to add additional PACT service funds under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

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#### **Evergreen Recovery Centers (placeholder)**

Evergreen Recovery Centers is requesting funds to increase nursing staff at the withdrawal management facility in Everett. The funding request is for four (4) FTE nurses for a total annual ask is up to \$724,880.00.

#### Lake Whatcom Center (placeholder)

Lake Whatcom Center is requesting funds for startup costs (staffing) for their Maplewood 16-bed Enhanced Service Facility for individuals transitioning out of hospital/institutional settings. The total ask is up to \$775,570.00.

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#### 13. Discussion Items

JanRose Ottaway Martin, Executive Director

- o NS BH-ASO Org Chart..... Attachment
- o Board Retreat/Work Session Follow-up ...... Attachment
- o County Capital Requests and Large Agency Requests

#### 14. Report from the Executive Director ....... Attachments

JanRose Ottaway Martin, Executive Director

Crisis Metrics

#### 15. Adjourn - Chair

Next Meeting: September 12th, 2024



#### North Sound Behavioral Health Administrative Services Organization

# **Board of Directors**

# **Work Session Agenda/In-Person Meeting Minutes**

June 13th, 2024

# **Board of Directors Members Present In-Person:**

- Barry Buchanan, County Council; Whatcom County (Board Chair)
- George Kosovich, Public Health, Designated Alternate for Peter Browning, Commissioner; Skagit County
- Jami Mitchell, Human Services Manager, Designated Alternate for Cindy Wolf, County Council; San Juan County
- Cynthia Foley, Sr.
   Legislative Analyst,
   Designated Alternate for
   Strom Peterson, County
   Council; Snohomish
   County
- Lynda Austin, Human Services, Designated Alternate for Jill Johnson, Commissioner; Island County
- Sam Low, County Council; Snohomish County
- Jill Johnson, Commissioner; Island County
- Perry Mowery, Behavioral Health Supervisor, Designated Alternate to Satpal Sidhu, County Executive; Whatcom County
- Satpal Sidhu, County Executive; Whatcom County
- Peter Browning,
   Commissioner, Skagit
   County



# North Sound BH-ASO Staff Present:

- JanRose Ottaway Martin, Executive Director
- Margaret Rojas, Assistant Executive Director
- Joanie Wenzl,
   Administrative
   Manager, Clerk of the
   Board

#### **Guests Present:**

o **Amanda Franke,** Snohomish

County Coordinator, Snohomish

County

o Richard Uri,

County Coordinator, San Juan County

o Hannah Fisk

County Coordinator, Whatcom County

#### **Work Session Agenda**

The Work Session Agenda was reviewed and discussed.

#### Comments from the Public - Chair

The Chair asked if there were any comments from the public. There were none, as no public was in attendance.

#### **Business:**

• Approval of the May 9th, 2024, Minutes, Motion #24-24 — Chair Sam Low moved the motion for approval, Jill Johnson seconded, there were two abstentions, motion #24-24 carried by majority vote.

#### • Financial Report

The Financial Report was in the Board packets for review.

#### Warrants Paid

The Warrants Paid were reviewed and a motion was made to approve them (see Consent Agenda below for approved motion).

#### County Funding Request Overview

The County Funding Request Overview was reviewed and discussed.

#### • Advisory Board Retreat Schematic

The schematic that was created during the June 4<sup>th</sup> Advisory Board was reviewed and discussed which encompassed the role of the Advisory Board and future endeavors to include more participation in legislative behavioral health matters.

#### Motions (below)

The motions below were reviewed and discussed, and the associated action is documented accordingly.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair

#### Motion #24-25

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from May 1<sup>st</sup>, 2024, through May 31st, 2024, in the amount of \$5,996,980.93
- Payroll for the month of May in the amount of \$199,225.06 and associated employer benefits in the amount of \$98,435.32

Jill Johnson moved motion #24-25, Perry Mowery seconded, none opposed, no abstentions, all in favor, Motion # 24-25 carried.

### **Action Items** – JanRose Ottaway Martin and Margaret Rojas

## For Board Approval

The contracts fall into four distinct categories:

- Health Care Authority (HCA) contracts to include funding for the period of July 1, 2024, through December 31, 2024.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)

- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under different categories of funding.

#### **Health Care Authority (HCA)**

- HCA-NS BH-ASO-K-6897-03 is providing the GF-S funding for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant funds for the period of July 1, 2024, through June 30, 2025, and for ARPA funds utilization through September 30, 2025.
  - o GF-S funding is stable from the previous contract period, with a slight increase of \$291,916.08 annually.
  - o Youth Behavioral Health Navigator Program is 6-month allocation is added in the amount of \$45,966.00 in start-up funds and \$179,267.00 in operational costs, with anticipated program implementation in 2025.
  - o SABG 12-month allocation \$3,103,998.00
  - o MHBG 12-month allocation \$1,568,532.00
  - o ARPA (7/1/23-9/30/25) allocation \$3,919,189.00

#### Motion #24-26

HCA-NS BH-ASO-K-6897-03 providing the ASO GF-S funding and legislative proviso funds for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant Funding for the period of July 1, 2024, through June 30, 2025, and ARPA through September 30, 2025.

Sam Low moved the motion for approval, Cindy Wolf seconded, none opposed, no abstentions, all in favor, Motion #24-26 carried.

#### **HCA - Housing and Recovery through Peer Services (HARPS)**

• K-6914 Housing and Recovery through Peer Services (HARPS) is allocating the HARPS funds for the team serving Skagit & Whatcom Counties and the rental subsidies for all five counties. The estimated 12-month allocation is \$707,380.00.

#### Motion #24-27

HCA-NS BH ASO-K-6914-01 providing HARPS funding for the period of July 1, 2024, through June 30, 2025.

Perry Mowery moved the motion for approval, Jill Johnson seconded, none opposed, no abstentions, all in favor, motion #24-27 carried.

#### **GF-S Mandatory Services**

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

• Compass Health

- o Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners
- o Program for Assertive Community Treatment (PACT) services and continuing the reserve funds in the amount of \$20,900.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
  - Crisis Services 6-month allocation \$4,435,570.00
  - PACT 6-month allocation \$20,900.00
- Snohomish County
  - o Mobile Crisis Outreach, ITA services
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$315,938.56
- Volunteers of America
  - Toll Free Crisis Hotline
  - o Crisis Follow-up Services
    - 6-month allocation \$33,333
- Telecare
  - o Evaluation and Treatment Services
  - o E&T Discharge Planners
    - 6-month allocation \$43,368
- Lifeline Connections
  - PACT services and continuing the reserve funds in the amount of \$47,500 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will renew until the reserve is depleted.
  - o HARPS team and Skagit & Whatcom rental subsidies
    - 12-month allocation \$681,380
- Snohomish County Superior Court
  - Juvenile Treatment Services
  - AOT /Recovery Support Court Coordinator (new service)
    - 6-month allocation \$56,720
- Island County
  - o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$60,875.70
- San Juan County
  - o Proviso Funding-, Designated Cannabis Account
    - 6-month allocation \$35,489.00
- Skagit County
  - Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$111,015.70
- Whatcom County

- Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood Funds
  - 6-month allocation \$104,295.10

#### Motion #24-28

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Cindy Wolf moved the motion for approval, Sam Low seconded, none opposed, no abstentions, all in favor, motion #24-28 carried.

#### Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
  - o Pregnant and Parenting Women (PPW) Housing Support Services
    - 6-month allocation \$76,260.00
- Evergreen Recovery Centers
  - o PPW Housing Support Services
    - 6-month allocation \$129,750.00
- Catholic Community Services
  - o PPW Housing Support Services
    - 6-month allocation \$75,000.00
- Compass Health
  - o San Juan HARPS subsidies
  - o Certified Peers on Mobile Crisis Teams
    - 6-month allocation \$42,222.00
- Island County
  - o Opiate Outreach, HARPS subsidies
    - 6-month allocation \$158,561.00
- Community Action of Skagit County
  - o Opiate Outreach
    - 6-month allocation \$123,043.00
- Snohomish County
  - o Opiate Outreach
    - 6-month allocation \$77,500.00
- Whatcom County
  - o Opiate Outreach
    - 6-month allocation \$203,114.00
- Lifeline Connections
  - o Peer Pathfinder Transition from Incarceration
    - 12-month allocation \$71,020
- Telecare Corp.
  - o Peer Bridger Program, Peer Bridger Participant Relief Funds
    - 6-month allocation \$138,526

#### Motion #24-29

NS BH-ASO-Brigid Collins-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-23 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Cindy Wolf moved the motion for approval, Peter Browning seconded, none opposed, no abstentions, all in favor, Motion #24-29 carried.

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#### **GF-S/SABG/MHBG Services within Available Resources**

- City of Mount Vernon
  - Co-Responder project
    - 12-month allocation \$260,000
- Compass Health
  - o SUD outpatient services in San Juan County (FFS)

- o Whatcom County Triage
  - 6-month allocation \$500,000
- Conquer
  - o Assisted Outpatient Treatment (AOT) in Snohomish County
    - 6-month allocation \$451,497
- Evergreen Recovery Centers
  - o Withdrawal Management Services (FFS)
  - o Mental Health Infant Specialist
    - 6- month allocation \$50,000
  - o Homeless Outreach and Stabilization Team (HOST) Snohomish
    - 12-month allocation \$1,239,966
- Island County
  - o Co-Responder project
    - 6-month allocation \$151,500.00
- Lake Whatcom Center
  - o PACT continuing the reserve funds in the amount of \$73,206.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
  - Mental Health outpatient services (FFS)
  - Substance Use outpatient services (FFS)
- Pioneer Human Services
  - o Island, Skagit & Whatcom withdrawal management services
    - 6-month allocation \$550,000
- Snohomish County
  - o Co-Responder project
    - 6-month allocation \$60,446.00
- Whatcom County
  - Co-responder project
    - 6-month allocation \$216,379.00

#### Motion #24-30

NS BH-ASO-City of Mount Vernon-ICN-22 Amendment 3 to provide funding to continue coresponder services in the city of Mount Vernon. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 2 to provide the funding to continue AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2024, with an automatic one-year renewal on August 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic

one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026 based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-22 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Peter Browning moved the motion for approval, Sam Low seconded. Discussion ensued. Motion #24-30 carried.

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#### Recovery Navigator Program (RNP)

- The RNP program is receiving their annual allocation in the following amounts:
  - o Island County 12-month allocation \$528,855.00
  - o San Juan County (Compass Health) 12-month allocation \$528,855.00
  - Skagit County (Community Action of Skagit County) 12-month allocation \$528,855.00
  - o Snohomish County 12-month allocation \$645,000.00
  - o Whatcom County –12-month allocation \$512,455.000
- The RNP reserve funding will be renewed every 12 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.
  - o Island County 12-month allocation \$232,500
  - o San Juan County (Compass Health) 12-month allocation \$375,000
  - Skagit County (Community Action of Skagit County) 12-month allocation \$110,000.00
  - o Snohomish County Total Request 12-month allocation \$223,500
  - o Whatcom County Total Request 12-month allocation \$204,000

#### Motion #24-31

North Sound BH-ASO-Island County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 Amendment for the provision of RNP services and adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2024, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Cindy Wolf moved the motion for approval, Perry Mowery seconded, none opposed, no abstentions, all in favor, motion #24-31 carried.

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#### Department of Commerce - Community Behavioral Health Rental Assistance (CBRA)

- This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals exiting inpatient/residential services and in need of housing, the funding can be used for short-term and long-term housing, with the latter as the goal.
- Added to the CBRA contracts are Governor's Housing Initiative funds and Proviso 86 housing assistance funds allocated to North Sound through a competitive process.
- The following motion is the downstream contracts allocating the behavioral health rental assistance funds and Federal Block Grant funds for housing case management services, and HARPS subsidies for Snohomish County.
  - o Bridgeways provides CBRA, HARPS & Proviso 86 rental assistance and case management services in Snohomish County.
    - 12-month allocation \$636,745.00.
  - o Compass Health provides CBRA services in San Juan County and CBRA & Proviso 86 rental assistance and case management and Snohomish County.
    - 12-month allocation \$867,962.00.
  - o Lifeline Connections provides CBRA, Governor's Housing Initiative & Proviso 86 rental assistance case management services in Skagit and Whatcom County.
    - 12-month allocation \$484,707.00.
  - o Lake Whatcom Center provides CBRA, Governor's Housing Initiative & Proviso 86 rental assistance and case management services in Whatcom County.

- 12-month allocation \$384,724.00.
- o Pioneer Human Services provides CBRA & Proviso 86 rental assistance and case management services in Island County.
  - 12-month allocation \$323,117.00.

#### Motion #24-32

NS BH-ASO-Bridgeways-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 for the provision of CBRA rental assistance and program expenses in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Island County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Sam Low seconded, none opposed, no abstentions, all in favor, motion #24-32 carried.

#### \*\*\*

#### **Proviso/ARPA Funds**

- North Sound received county proposals for the 30% Proviso funds and American Rescue Plan Act (ARPA) funds.
- All five counties submitted proposals.
- An internal committee reviewed the proposals and two Advisory Board members volunteered to review the internal committee's recommendations.
- We received capital funding requests, which are not in the scope of proviso funds, however, we will be discussion with the Board of Directors to assess whether to partially fund the requests.
- The motions below are ready for approval, we are seeking clarification from the respective counties on others. The funding listed is <u>one-time funding</u>; we will be evaluating requests for ongoing funding over the next 6-12 months.
- The committee was committed to stay true to the intent of the legislative language during the review of proposals:

... Funding repurposed under this subsection must be used to support the duties of the administrative services organization under RCW 71.24.045 through programs serving individuals with severe and persistent behavioral health conditions and behavioral health services that promote stability and recovery within their regional service area. Expenditures pursuant to this pilot program may include, but are not limited to, crisis wraparound services, jail transition and diversion services, court costs, and co-responder programs...

- Island County is requesting
  - o \$60,000.00 annually for a Behavioral health Navigator in a Pediatric Medical Clinic. This position is partially funded through insurance reimbursement, the ASO funding will cover costs not covered through insurance. Currently funded with 1/10<sup>th</sup>, ASO funds will allow the county to sustain other programs for a period.
  - o One-time annual funding for the counseling services and connections for 3.6 FTE, we are partially funding this request in the amount of \$266.450. Currently funded with 1/10<sup>th</sup>, ASO funds will allow the county to sustain other programs for a period.
- San Juan County is requesting-
  - \$100,000.00 for behavioral health services to individuals who are uninsured and/or underinsured. San Juan county holds contracts with independent clinicians. The need is outpacing the county funded services.
  - o New Day Recovery Café one-time funding in the amount of \$72,000.00 for a lease payment on an ADA compliant facility.
- Skagit County is requesting
  - o \$240,000.00 for Perinatal peer support services to pregnant and parenting individuals who are at risk of or experiencing mental health mood and anxiety disorders. The county's ARPA funds are expiring.
- Snohomish County is requesting
  - o \$311,948.00 for the continuation of the Snohomish County Outreach Team (SCOUT) co-responder program. The county's ARPA funds are expiring.
  - \$99,000.00 for Older Adult Behavioral Health Supports at Homage Senior Services.
     This program assesses older adults for depression and provides peer support. The funds will support the peer services and flex funds for additional needs.
- Whatcom County is requesting
  - o \$50,000.00 for a Naloxone Vending Machine and related supplies.
  - \$127,00.00 for a Recovery Navigator/Coordinator to work with individuals who have experienced an overdose and to assist with service coordination. Opiate Settlement funds will replace once ASO funds ae expended.
  - o \$100,000.00 to deploy a Substance Use Disorder Professional at the local Emergency Department, this position will work in partnership with the Recovery Navigator/Coordinator. Opiate Settlement funds will replace ASO funds ae expended.
- Evergreen Recovery Center is requesting funds
  - o Expansion of the Homeless Outreach and Stabilization Team (HOST) Skagit & Island

 Startup funds \$400,000.00, ongoing funds will be drawn from our General Funds-State allocation, with the possibility of the team billing Medicaid for services.

#### Motion #24-33

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide one-time funding for Behavioral Health services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 3 to provide one-time funding for contracted behavioral health services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide one-time funding for SCOUT and Older Adult services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide one-time funding for a Naloxone Vending Machine and behavioral health services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to expand HOST services in Skagit and Island counties under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Cindy Wolf moved the motion for approval, Peter Browning seconded, none opposed, no abstentions, all in favor, motion #24-33 carried.

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The Chair noted the business session closed/adjourned at 1:02p.m. and the Board Work Session commenced directly after.

#### Return to Work Session Agenda: Chair and JanRose Ottaway Martin

- o Current State
- o 2023 Strategic Plan
- o Behavioral Health Gap Analysis
- o Where can we go?
- o 2024-2025 Strategic Plan

#### o Wrap up

The Work Session Adjourned @ 2:44 p.m.

The Work Session outcomes were gathered and will be further discussed and prioritized with the Board of Directors in upcoming meetings.

Additional input will be collected from the Advisory Board and County Coordinators. The goal of the Work Session is for the creation of NS BHASO's 2025 Strategic Plan. The roll-out should begin in January.

Next Meeting: August 8th, 2024 (No meeting in July, summer break)



# North Sound Youth Behavioral Health Navigator Program

North Sound Board Of Directors *Briefing* 

# Background

On March 15, 2021, Governor Jay Inslee signed an emergency proclamation recognizing the current mental and behavioral health emergency among Washington's children and youth.

No single entity or system owns full responsibility for crises, and a single entity or system is not, on its own, sufficiently leveraged to address the multiple complexities necessary for a healthy system.

Given the multifactorial determinants of behavioral health for youth and current Washington emergency department boarding numbers, potential solutions will require a variety of strategies and collaboration across our system.

Therefore, the Health Care Authority (HCA) has been partnering with Kid's Mental Health Pierce County and Developmental Disabilities Administration (DDA) to stand up teams in three regions per year for the next three years.

# Purpose

To support children, youth and families with complex behavioral health needs and challenges at the local level

Improve care coordination and collaboration across providers and systems through convening multidisciplinary teams (MDTs)

Improve access to behavioral health and a wider array of other system services and supports

Work to capture community level data in order track trends and support needed change throughout the region

# State - Directed Priorities

## **Hospital / Emergency Department Care Coordination**

Priority access to MDTs are to be given to youth boarding in emergency departments due to lack of placement options.

## **Staffing**

Identify and hire 3 FTE staff to lead the development, implementation and ongoing facilitation and management of the YNP.

## **Steering Committee Development**

Develop a regional steering committee representing behavioral health providers, allied systems, emergency / crisis systems, payors and family / youth lead groups.

## **Multidisciplinary Team (MDT)**

Includes representatives from local providers, administrative organizations, state agencies, community stakeholders, and youth/parents with lived experience.

#### Website

Develop and maintain a regional Youth Navigator Program website to enable access to YNP support and other helpful information.

#### **Data Collection**

Submit monthly and quarterly data to the state to help identify gaps/needs and to inform state policy makers.

# Implementation

What we are hoping to accomplish in the next 6 -12 months:

- Program Hiring
- Develop a community Steering Committee
  - Schools, Emergency Departments, Juvenile Justice, Pediatricians, BH providers, School Support providers, Youth and Family Peer Organizations, Tribes, DDA Case Managers, FYSPRTs, Regional CLIP, etc.
- Develop a regional Strategic Plan & Two (2) year Action Plan
- Regional Program Branding, Website and community referral structure
- Kids Mental Health Technical Assistance and continue statewide learning collaboratives

# Informative Websites

## Kids' Mental Health Washington

Kids Mental Health Washington – Supporting the behavioral health needs of Washington kids, youth and families.

## **Kids' Mental Health Pierce County**

<u>Kids Mental Health Pierce County – Linking arms to improve children's mental health in Pierce County</u>

Youth Access and Resource Program (YARP) - Greater Columbia BH-ASO

YARP Greater Columbia – Youth Access and Resource Program (YARP) (kidsmentalhealthwa.org)

**REACh - Spokane BH-ASO** 

Welcome to REACh | Spokane County, WA

Salish Youth Network Collaborative – Salish BH-ASO

Home - SYNC (salishbehavioralhealth.org)

Youth Behavioral Health Navigator Program- Southwest BH-ASO

Home - Kids Mental Health Southwest Washington (kidsmentalhealthsw.org)

Youth Behavioral Health Navigator Program - North Central BH-ASO

<u>Kids' Mental Health North Central Washington – Linking arms to support the behavioral health needs of kids, youth and families (kidsmentalhealthnc.org)</u>

# Questions or Recommendations

Angela Fraser-Powell Youth Care Coordinator & Clinical Specialist angela\_fraser-powell@nsbhaso.org



# **Advisory Board Brief**

#### August 7, 2024

The Advisory Board met on August 6, and the following items were discussed:

#### — Advisory Board

- Legislative priorities were discussed. Further priorities will be added when the strategic planning begins.
- Members were encouraged to attend the Co-Occurring Disorders and Treatment Conference.
- Members that attended the Behavioral Healthcare Conference spoke on the meaningfulness of the conference.
- Save the Date for the Legislative Summitt have been sent out to legislators. A draft agenda was reviewed.

#### — Executive Director

— The Executive Director provided the monthly report.

#### — Finance/Executive Committee

— The July Expenditures were passed and recommended to the Board of Directors for approval.

# North Sound Behavioral Health Administrative Services Organization August 8th, 2024, Board of Directors Financial Notes

#### **HIGHLIGHTS**

- 1. The Budget to Actuals revenue is looking pretty good. Revenues are ahead of budget due mainly to some new Proviso funding and some six-month proviso payments. The Crisis Services appears to be slightly increasing with most of the variance due to late billings received in January, most of the other negative variances are due mostly to late billings. Our expenses are currently running \$930,097 under budget.
- 2. The Revenue and Expense statement looks good at the end of July, showing an income of \$4,443,684 mainly due to receiving new Proviso dollars and six-month proviso funds. The SABG negative fund balance is back to it's usual amount. Our revenues are covering our expenses. Our general fund balance was \$10,147,350 at 3/31/24 and our maximum allowed is \$6,130,213.
- 3. The one thing to note is the Medicaid fund balance, it is showing a negative balance. New MCO contracts are being negotiated but the new payment amounts have not gone into effect yet and no retro payments have been received. The MCOs pay at the beginning of the month but our expenses don't hit until the following month. Going forward we are going to follow the six-month reconciliation process to avoid this situation.

#### **NOTES**

- 1. We are presenting the financial statements for July 2024 for the Behavioral Health Administrative Services Organization (ASO).
- 2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenues nor expenditures occur on an equal 1/12 amount each month.
- 3. The North Sound BH-ASO adopts "calendar year" budgets, but the allocations from the state are done on a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.
- 4. Revenues and expenses are managed independently within each of the major fund categories: Medicaid, State General Fund, Mental Health Block Grant, Substance Abuse

Block Grant, and SAMHSA [a direct grant we receive from the federal government for our rural Medication Assistance Treatment program].

- 5. Within 'State General Funds', allocations are further subdivided between general state funds, and the multiple "Proviso" funds allocated for specific services.
- 6. We have added two new lines at the bottom of the "Revenue and Expense" tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. I also added some additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.
- 7. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year to date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

# NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for JULY 2024\*

	YTD	YTD	YTD	YTD	YTD	YTD
REVENUES	2024	2024	2024	2024	2024	2024
Intergovernmental Revenues	Totals	Medicaid	State	MHBG	SABG	HRSA
HRSA	235,407	I.	L.	I.	Į.	235,407
MHBG	1,879,827			1,879,827		
SABG	2,391,057				2,391,057	
State Funds	24,796,274		24,796,274		, ,	
Medicaid (MCO)	5,353,691	5,353,691				
Total Intergovernmental Revenues	34,656,255	5,353,691	24,796,274	1,879,827	2,391,057	235,407
Misc. Revenue **	0	-,,	0	,,.	, ,	
Interest Revenue	297,373		297,373			
TOTAL REVENUES	\$ 34,953,628	\$ 5,353,691	\$ 25,093,647	\$ 1,879,827	\$ 2,391,057	\$ 235,407
	· · · · · · · · · · · · · · · · · · ·					
<b>EXPENDITURES</b>						
Inpatient Treatment	\$ 915,205		\$ 915,205			
ITA Judicial	1,183,471		1,183,471			
Crisis Services	10,836,595	5,464,464	4,646,285	453,378	272,467	
Crisis Teams - Children & Youth	710,055		710,055			
Co-Responder	1,119,255		391,762	336,566	390,928	
MH Crisis Stabilization	799,637		500,390	299,247		
E&T Services	439,716		439,716			
E&T Discharge Planner	175,960		175,960			
Jail Services	198,897		198,897			
PACT Services	719,153		719,153			
Assisted Outpatient Treatment	228,410		228,410			
Trueblood	144,404		144,404			
BH Enhancement Funds	315,684		315,684			
HOST	723,314		723,314			
SnoCo Crisis Start up 32-Bed	149,560		149,560			
Peer Bridger	145,528		. ,	145,528		
MHBG Expenditures ***	464,529			464,529		
HARPS Housing	550,266		550,266	,		
DOC Housing	1,139,611		1,139,611			
BH Housing Proviso 86	590,878		590,878			
DMA County Contracts	270,004		270,004			
Recovery Navigator	1,972,599		1,972,599			
Opiate Dependency Outreach	747,263		1,772,377		747,263	
PPW Housing Support Services	329,951				329,951	
SABG Expenditures ****	563,529				563,529	
Withdrawal Management	1,246,831		870,265		376,566	
HRSA	194,458		070,203		370,300	194,458
Juvenile Drug Court	90,333		90,333			1,77,730
Other MH Services *****	560,179		560,179			
Other SUD Services	400,736		400,736			
Advisory Board	4,973		4.973			
Subtotal - Services	27,930,982	5,464,464	17,892,108	1,699,248	2,680,703	194,458
Subtotal - Services	21,730,762	3,404,404	17,072,100	1,077,240	2,000,703	174,430
Administration	2,578,962	504,552	2,056,455			17,955
TOTAL EXPENDITURES	\$ 30,509,944	\$ 5,969,017	\$ 19,948,563	\$ 1,699,248	\$ 2,680,703	\$ 212,413
Net Income	\$ 4,443,684	\$ (615,326)	\$ 5,145,084	\$ 180,579	\$ (289,647)	\$ 22,994
Decimping Fund Delegge 12/21/22	19 470 029	0	10 200 920	(151 242)	(620.260)	(140.200)
Beginning Fund Balance 12/31/23	18,470,938		19,390,820	(151,342)	(628,260)	(140,280)
MCO adjustment 3/31/23 Ending Fund Balance	22 014 622	279,111	(279,111)	20.227	(017 007)	(117.390)
	22,914,623	(336,215)		29,237	(917,907)	(117,286)
Flexible GFS balance at 3/31/24	Duovino Franci Dei	lamana subial	10,147,351			

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures

<sup>\*</sup> THIS IS AN UNAUDITED STATEMENT

<sup>\*</sup> Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

<sup>\*\*</sup> Room Rental Fees, Tribal Conference, Salish Contract

<sup>\*\*\*</sup> Includes COVID, PATH and other FBG services. Does not include Crisis or E&T  $\,$ 

<sup>\*\*\*\*</sup> Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

<sup>\*\*\*\*\*</sup> Includes CORS, FYSPRT, Outpatient Services, PATH match

# NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for JULY 2024\* BUDGET TO ACTUALS

	7		YTD		YTD	,	Variance		
REVENUES		2024		2024		2024	F	avorable	
Intergovernmental Revenues		Budget		Budget		Actual	(Uı	nfavorable)	
HRSA	\$	222,222		129,630		235,407		105,777	
MHBG		2,782,396		1,623,064		1,879,827		256,763	
SABG		3,783,126		2,206,823		2,391,057		184,233	
State Funds		34,260,149		19,985,087		24,796,274		4,811,187	
Medicaid (MCO)		10,700,043		6,241,692		5,353,691		(888,001)	
Total Intergovernmental Revenues		51,747,936		30,186,296		34,656,255		4,469,959	
Misc. Revenue **		0		0		0		_	
Interest Revenue		310,444		181,093		297,373		116,281	
TOTAL REVENUES	\$	52,058,380	\$	30,367,388	\$	34,953,628	\$	4,586,240	
EXPENDITURES									
Inpatient Treatment	\$	1,400,000		816,667	\$	915,205		(98,538)	
ITA Judicial	Ф	2,924,898		1,706,191	φ	1,183,471		522,719	
Crisis Services		17,467,380		10,189,305		10,836,595		,	A late billir
Crisis Teams - Children & Youth				1,186,557				476,501	A late billi
		2,034,097		1,201,667		710,055		82,412	
Co-Responder MH Crisis Stabilization		2,060,000				1,119,255 799,637		104,529	
E&T Services		1,550,000		904,167				104,329	
		941,148		549,003		439,716		,	Como book
E&T Discharge Planner		229,794		134,047		175,960			Some back
Jail Services		367,536		214,396		198,897		15,499	Eutro old n
PACT Services		1,032,564		602,329		719,153			Extra old p
Assisted Outpatient Treatment		1,139,838		664,906		228,410		436,496	
Trueblood		223,944		130,634		144,404		(13,770)	
BH Enhancement Funds		779,188		454,526		315,684		138,842	
HOST		1,239,966		723,314		723,314		402 107	
SnoCo Crisis Start up 32-Bed		1,100,000		641,667		149,560		492,107	
Peer Bridger		303,529		177,059		145,528		31,530	
MHBG Expenditures ***		1,168,699		681,741		464,529		217,213	
HARPS Housing		817,376		476,803		550,266		(73,463)	
DOC Housing		1,501,830		876,068		1,139,611		(263,544)	
BH Housing Proviso 86		738,833		430,986		590,878		(159,892)	
DCA County Contracts		581,292		339,087		270,004		69,083	Cama lata
Recovery Navigator		2,541,340		1,482,448		1,972,599			Some late
Opiate Dependency Outreach		816,632		476,369		747,263		(270,894)	
PPW Housing Support Services		400,000		233,333		329,951		(96,618)	
SABG Expenditures ****		1,129,248		658,728		563,529		95,199	D:
Withdrawal Management		2,083,993		1,215,663		1,246,831			Pioneer pr
HRSA		200,944		117,217		194,458		(77,241)	
Juvenile Drug Court		139,800		81,550		90,333		(8,783)	
Other MH Services *****		938,008		547,171		560,179		(13,007)	
Other SUD Services		943,722		550,505		400,736		149,768	
Advisory Board		19,996		11,664		4,973		6,691	
Subtotal - Services		48,815,595		28,475,764		27,930,982		544,782	
Administration		5,081,618		2,964,277		2,578,962		385,315	
TOTAL EXPENDITURES	\$	53,897,213	\$	31,440,041	\$	30,509,944	\$	930,097	

Excess of Revenues Over (Under) Expenditure.

\$ 4,443,684

#### \* THIS IS AN UNAUDITED STATEMENT

<sup>\*</sup> Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

<sup>\*\*</sup> Room Rental Fees, Tribal Conference, Salish Contract

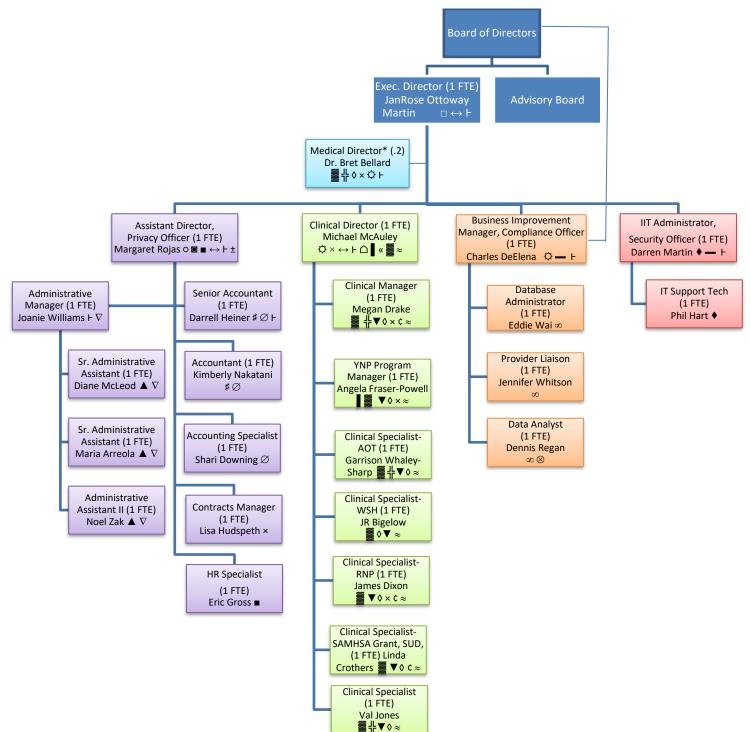
<sup>\*\*\*</sup> Includes COVID, PATH and other FBG services. Does not include Crisis or E&T  $\,$ 

 $<sup>\</sup>ensuremath{^{****}}$  Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

<sup>\*\*\*\*\*</sup> Includes CORS, FYSPRT, Outpatient Services, PATH match

Туре	Date	Num	Name	Amount
Bill Pmt -Check	06/07/2024	582167	American Behavioral Health Sys	-45,028.80
Bill Pmt -Check	06/07/2024	582205	Consejo Counseling	-8,561.31
Bill Pmt -Check	06/07/2024	582238	Evergreen Recovery	-24,120.80
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<sup>\*</sup>Independent Sub-Contractor



# Board of Directors Retreat Agenda

June 13<sup>th</sup>, 2024 (10-3 p.m.)

Timeframe	Торіс
10:00 – 10:15	Welcome and Introductions
	JanRose welcomed everyone and had them introduce themselves. There were 13 board members and 3 NS BH-ASO staff in attendance.
10:15 – 10:30	Current State
	<ul> <li>What does the BHASO do? (per contracts, RCW)</li> </ul>
	<ul> <li>What is out of the BHASO's purview? (Things we used to do,</li> </ul>
	things we don't do, reality setting)
	<ul> <li>Acknowledgement around fund balance</li> </ul>
	Attachments: HCA BHASO Fact Sheet, Behavioral Health -
	Administrative Service Organizations (BH-ASO) (wa.gov) BHASO
	budget
	RCW: https://apps.leg.wa.gov/RCW/default.aspx?cite=71.24.045
	The attachments above were reviewed and discussed
10:30 – 11:00	2023 Strategic Plan: How did we do?
	Attachment: 2023 Strategic Plan Accomplishments
	The accomplishments and percentages were reviewed and discussed. There
	was discussion around the percentages.
11:00 – 12:00	Behavioral Health Gap Analysis
	The group engaged in conversation around gaps in the behavioral health system.
	The bullets are listed below.
12:00 – 12:30	Lunch
12:30 – 1:00	Normal BOD Business
	The Board members discussed the monthly business and motions.
	The actions were recorded on the regular board minutes document.
1:00-1:30	Where can we go?
	Menu of Possibilities
	The attachment was reviewed, and discussion followed. Bullets are captured
	below:



## June 13th, 2024 (10-3 p.m.)

1:30 – 2:30	2024-2025 Strategic Plan
	Priorities
	Priorities for NS BH-ASO were discussed. See notes below.
2:30 – 3:00	Wrap Up
	<ul> <li>Final thoughts included holding the MCOs accountable and hoping HCA will help.</li> <li>Invite the MCO decision makers to the meetings</li> </ul>
	Next Steps
	<ul> <li>Continue strategizing conversations with the Advisory Board, County Coordinators and Board of Directors</li> </ul>

#### **Work Session Discussion Bullets**

- Parking Lot
- Counties funding behavioral health services
- > 7144 likelihood DCR Rule

#### • Legislative Ideas

- Request that the ASO/Advisory Board help to create one-pagers on legislative issues for legislatures in our region ASO as think tank organization. One-pagers would include:
  - o Groups that would support
  - o Groups that would oppose

#### • Behavioral Health System Gaps Identified:

- Housing
- > Juvenile crisis beds
- Juvenile services
- Services for individuals aging out of CPS
- Services for youth in foster system
- Provider capacity
- Provider accountability
- Crisis response on ground



## June 13th, 2024 (10-3 p.m.)

- Incarcerated population: Services pre-, during, and post-incarceration
  - Stigma of treatment while in criminal justice system
  - SMI in criminal justice
    - Cost of beds to jails
    - o Cost of medications to jails
  - Back-logs in the whole criminal justice system
  - Comprehensive restoration
- Failure of State Hospital and diversion of those clients into criminal justice system
- Dementia issues that overlap with behavioral health and utilize the behavioral health system
- > Few behavioral health prevention options
- > Access to Medicaid Assisted Treatment (MAT): Not available in rural areas
  - No MAT provider in San Juan County
- Lack of behavioral health services in jail that are more crisis oriented
- > Transportation to behavioral health treatment
- Co-occurring in-patient options
  - Co-occurring services for people in crisis
- Workforce gaps
  - Gaps in available training for workers
- Accountability of MCOs and HCA
  - o How much responsibility can the HCA hold in fixing some of these problems?
- Silos
  - What part of the issues/solutions can we all own?
- > Historic lack of regional coordination/collaboration for projects across work
- Pre-DCR level treatment options
  - DCR performance
- Coordinated entry for beds
- > Rural hospital management of SMI issues
- Crisis housing for sober/re-entry
- Treatment leading to homelessness (i.e. residential treatment and inability to hold housing until discharge due to cost/availability)
  - Funding to maintain existing housing
- > Flexibility of funding
- Support counties through 1115 waiver
- More JTS \$; Trueblood for next level people
- Prosecutor led diversion



## June 13th, 2024 (10-3 p.m.)

- State only funds 5 programs
- Ex. link King County
- More memory care and dementia care
- Seek funding for step-down programs with hospitals and other providers
- > Hiring or retention bonus
  - Paid residence/intern programs for community behavioral health providers

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#### • Brainstorming the Gaps:

- o Ideas around dementia
  - Coordinate with NW Regional Council
- o Better understand/utilize when someone needs a guardian or conservatorship
- Could ASO fund existing providers for MAT?
  - Could EMTs or County nurses do the work?
- o Improved coordination with ERs and Urgent Care
- o Treatment supports (housing, cost of living) for non-justice cases.
- o Supports for people in recovery
- o Tax breaks for people who use their homes for supportive housing
- o Integrated behavioral health in pediatric medical facilities/practices
- o Providing behavioral health care to youth in the foster care system
  - Wrap around supports
- Requiring accountability in MCO contracts
  - More specifics, deliverables, higher standards, involvement with counties and cities in contract development
  - Is there reason to re-procure all contracts?
- Ask the Advisory Board to make recommendations on Involuntary Treatment criteria/thresholds
- Stream-lined prevention system
  - Integrate the system
  - What exists in the prevention system now?
  - o Reimburse CMH and SUD Providers for licensing fees
  - o Need to daylight MCO performance
  - o Partner on accountability
  - o Regional collaboration on capital facilities, recovery housing, PSH, diversion



## June 13th, 2024 (10-3 p.m.)

- o Alternative response at City-level like Bellingham (smaller areas rather than county wide)
- o Swiss army knife crisis response
- o Develop reporting system on quality
- o Partner with other agencies on monitoring
- o Collect patient/client perspectives
- o More collaboration between DCR, BH-ASO and hospitals
  - Regular meetings
- o Dig into crisis response data
- o More non-DCR behavioral health teams to intervene before crisis
- o Behavioral Health Urgent Care
- o BRS homes for juveniles funded by DSHS
- o Crisis revolving door
  - More step-down options
- o FFT for family therapy
- o Open CJT for more types of cases
- o Eliminate IMD rules for more housing options
- o Increased training for foster home parents
- o Increased school counselor funding
  - Decrease ratios
- Increased training for foster homes and parents
- o Increased training for Adult Family Homes/Senior housing
- o Increased auditing and monitoring of providers
- Cammy: Is there a way to better understand Lake Whatcom and how they are doing it? Is there a way to consider how we would get that in our region?

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June 13th, 2024 (10-3 p.m.)

#### • Priorities (Group 1):

- 1) Option 3-Explore BHA Option
- 2) Housing dollars for transitional /supportive and operational
- 3) Involving counties and cities in holding the system accountable
- 4) Explore possible 'specialty pay' for intensive job travel/remote location
- 5) Working on a definition and standard for ITA/Education
- 6) Advocacy for a 32-70 bed regional 'Western State' type facility

#### • Priorities (Group 2):

- 1) Regional collaboration on capital projects: housing, diversion, facilities
  - a. Cammy: Is there a way to better understand Lake Whatcom and how they are doing it? Is there a way to consider how we would get that in our region?
- 2) Increased school counselors, behavioral health clinicians, BCBA, etc.
- 3) More co-occurring beds (voluntary and in-voluntary)
- 4) More collaboration B/W DCR/Hospitals, regular meetings and structure
- 5) Family therapy for juvenile system
- 6) BRS homes for juveniles
- 7) MAT in San Juan

Director's Report August 1, 2024

#### **Weekly Crisis Metrics Report:**

See attached.

## Recent work in Board of Director's, Advisory Board Retreat kicking off Strategic Planning Process

We are internally reviewing the Board of Director's and Advisory Board's notes and creating a document to bring back to those two groups and the County Coordinator's meeting to discuss what we're thinking so far, potential groupings of those ideas for the purposes of a strategic plan. We are hoping to continue to work on that as a group, involving other community partners with a plan of the work being completed towards the end of November, and a "official kick off" of the new strategic plan in January 2025. We would really like to plan a joint Advisory Board/Board of Directors meeting for December 2024 if possible.

#### **Proviso Programs**

The Proviso programs (utilizing the flexible funding we are piloting from last legislative session) are currently in contract for our providers. We are or have worked with all entities on reporting requirements and are excited those funds are going to help clinical programs in our region.

#### Youth Navigator Program (aka Kids' Mental Health):

North Sound is one of the last regions to go live with the Youth Navigator Program. This program is designed to support the behavioral health needs of Washington kids, youth and families. The program requires the hiring of 2-3 staff. Given that it is 2-3 staff to serve our entire region, North Sound decided to keep this program in-house versus contracting it out to strengthen the potential assistance it can provide to youth and families in our region. We will be bringing information on this program to Advisory Board and Board of Directors. North Sound staff have been participating and attending statewide meetings and those in other regions to understand the potential opportunities this new program could bring to our region.

#### Hiring two new positions

North Sound ASO is currently hiring for two new positions:

- Clinical Manager: With the expansion of clinical programs in the last couple years, we
  acknowledged the need for a new Clinical Manager on the clinical team. This position
  will supervise staff and allow our Clinical Director to focus on larger system's work and
  improvement.
- Youth Navigator Coordinator: The first position we are hiring for the Youth Navigator Program is the Coordinator position to assist in designing this new program.

Director's Report August 1, 2024

#### HB 1515, Community Presentation at the North Sound Provider's meeting on August 1, 2024:

HCA presented to North Sound's Provider's meeting on August 1, 2024 to speak to the legislatively mandated work they've done so far on the HB 1515. At this time, they are very clear that the work they have done has focused on the traditional time/distance standards and not focused at all on Access which they define separately from Network Adequacy.

#### **2024 State of Mental Health in America report:**

#### The State of Mental Health in America | Mental Health America (mhanational.org)

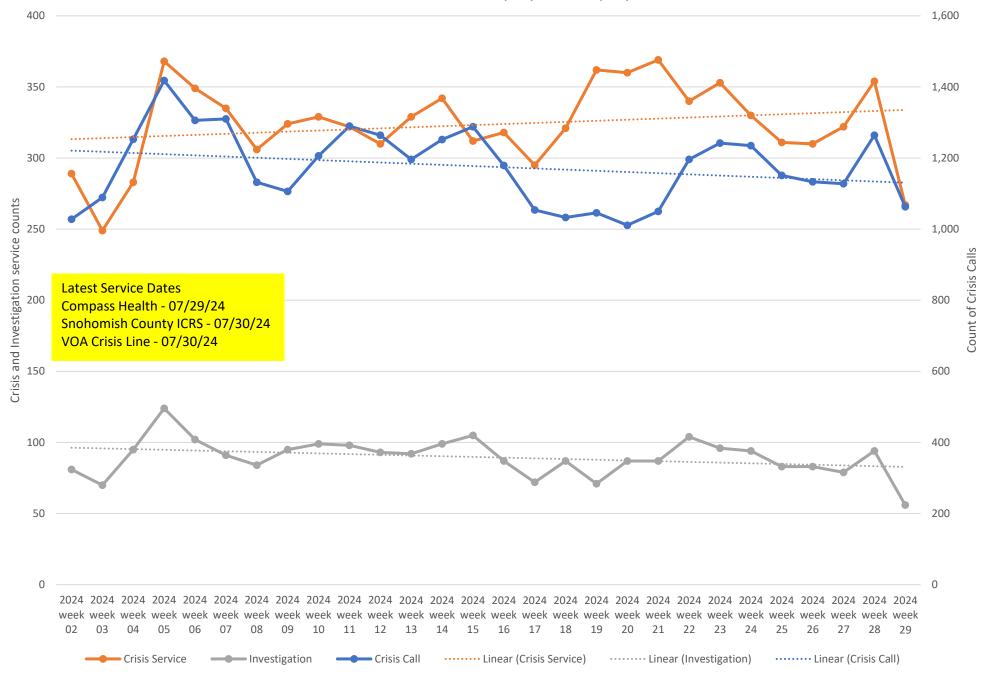
Washington state is ranked 41<sup>st</sup> overall out of 51, with 1 being the best. We were ranked 31 for Adult behavioral health and **48 for Youth behavioral health**. We were ranked **49**<sup>th</sup> **for prevalence of mental illness**. In the face of these numbers, we were ranked 15<sup>th</sup> for Access to Care. Per the report, 1,629,000 people in Washington State who have "any mental illness" and 1,214,000 who have a substance use disorder in the past year. We are digging into the report to identify if there are any elements we would want to focus on for our strategic plan.

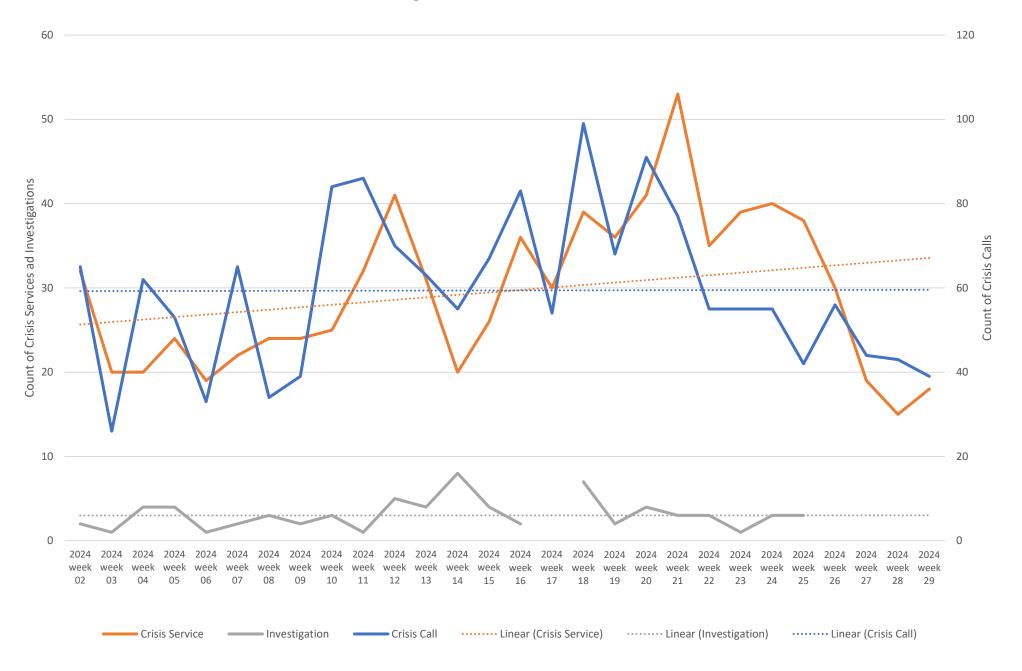


## Weekly Crisis Capacity Indicator Snapshot

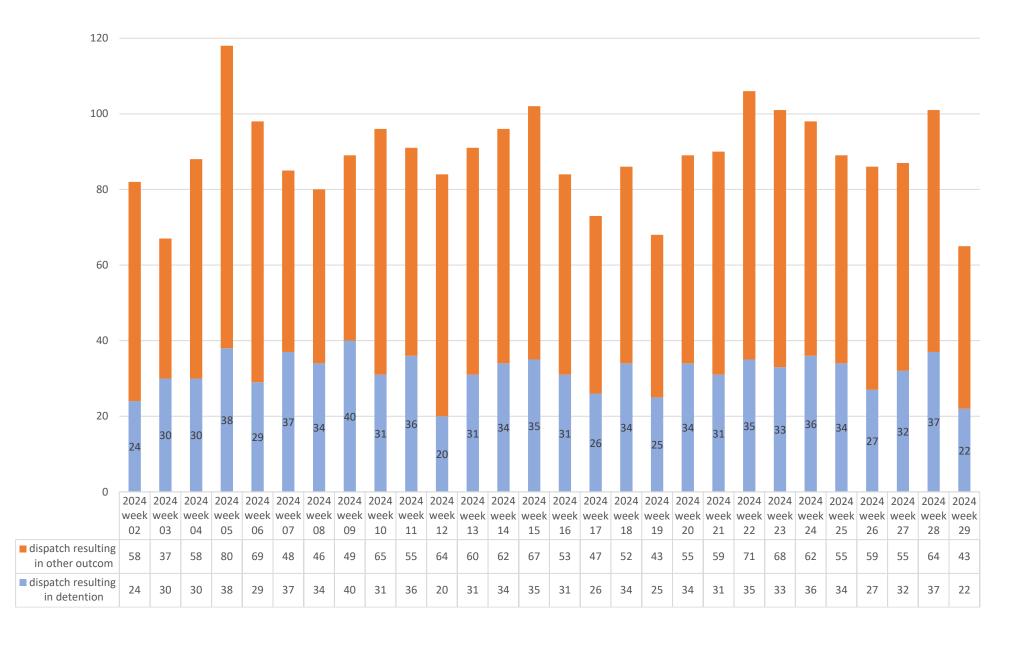
	<u> </u>
Page 2	Crisis Data - dates 01/07/24 to 07/20/24
Page 3	Crisis Data: Ages 0-17 - dates 01/07/24 to 07/20/24
Page 4	All DCR Dispatches - dates 01/07/24 to 07/20/24
Page 5	Weekly Staff Count - Staff providing Crisis or Investigaion services 01/07/24 to 07/20/24
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 01/07/24 to 07/20/24
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	North Sound BH ASO Walkaway Chart 01/07/24 to 07/20/24

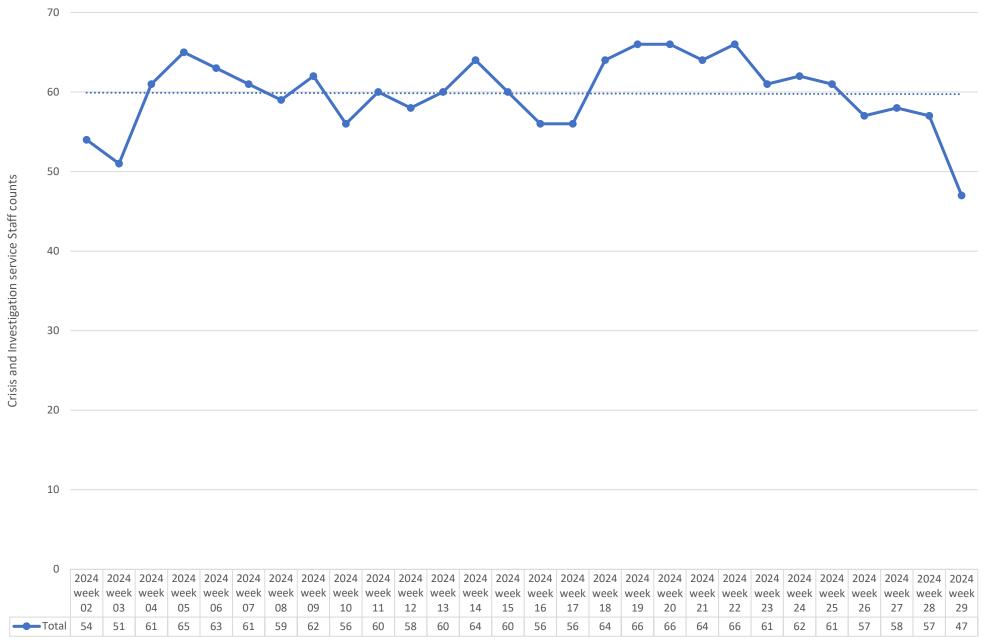
## Crisis Data - dates 01/07/24 to 07/20/24



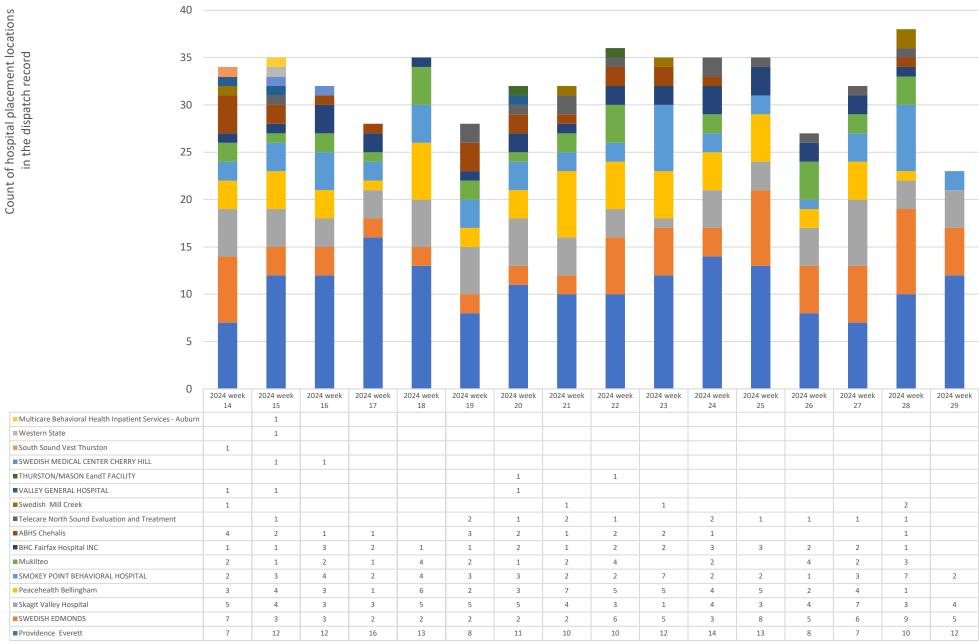


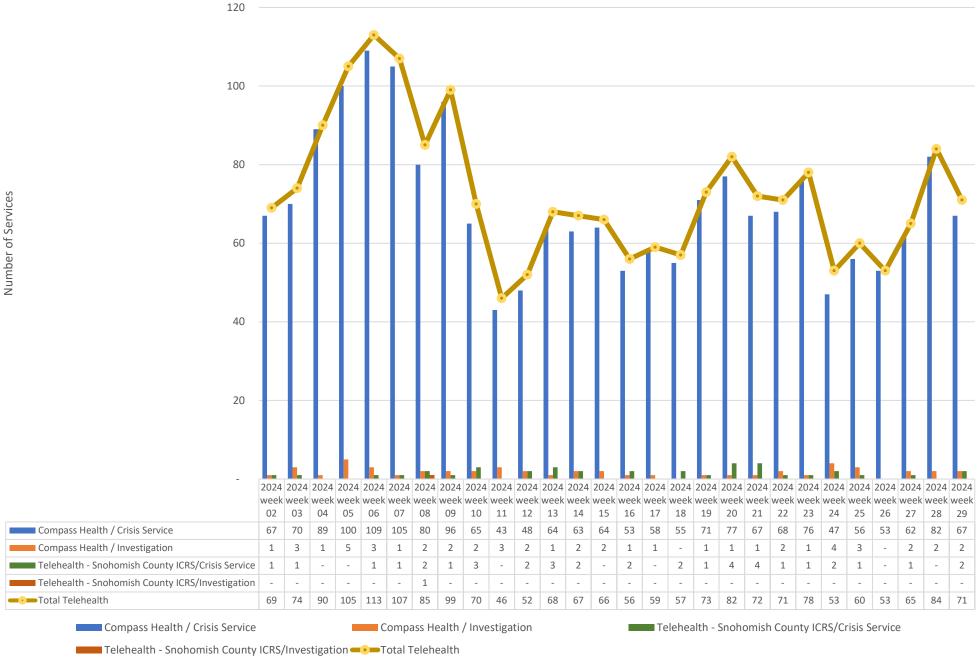


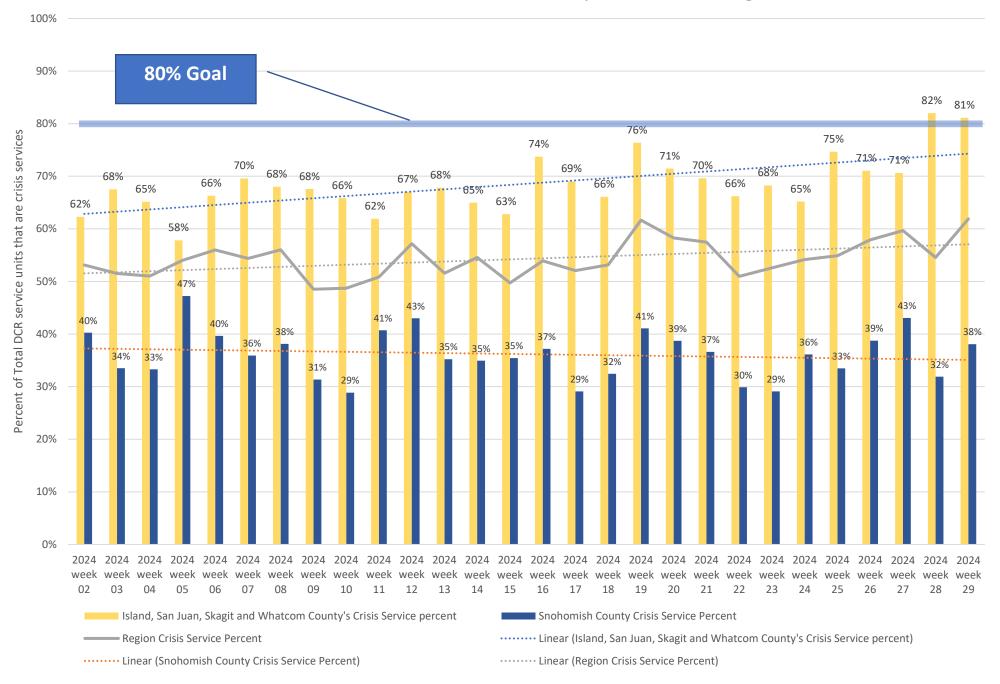




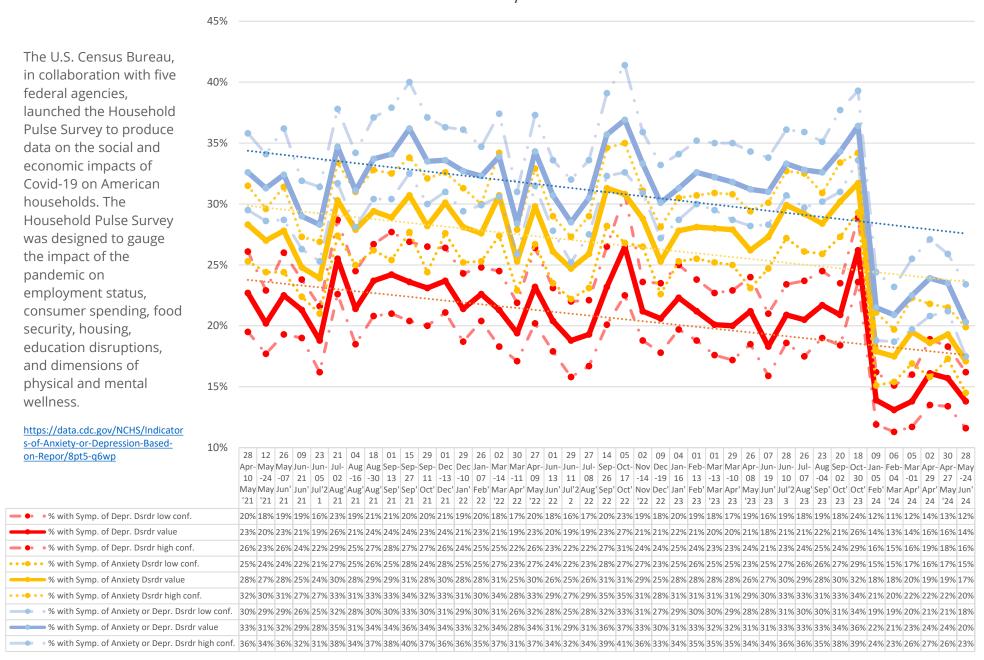
2024 week 29 ending 01/00/00



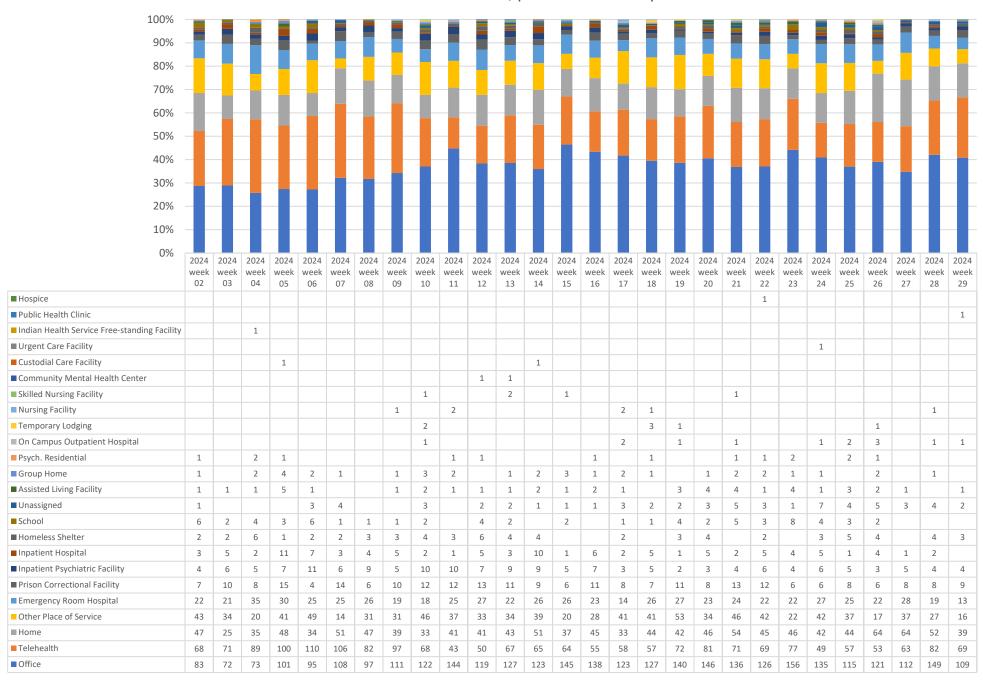




# Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days



## Place of Service - Crisis Services, percent of total by week



## Place of Service -Investigations, percent of total by week

