## North Sound Behavioral Health Administrative Services Organization

## **Board of Directors**

**Meeting Agenda** 

May 9<sup>th</sup>, 2024

**Board of Directors Members Present in Person:** 

**Members Present via MS Teams:** 

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

#### **Guests Present:**

- 1. Call to Order and Introductions Chair
- 2. Tribal Acknowledgement Chair Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)
- 3. Revisions to the Agenda Chair
- 4. Approval of the April 11th, 2024, Minutes, Motion #24-21 Chair.... Attachment
- 5. Comments & Announcements from the Chair Chair
- 6. Reports from Members Chair
- 7. Comments from the Public Chair

- 10. Report from the Governance Operations Committee Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair (Available at Meeting) .......Attachment

#### Motion #24-22

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1st, 2024, through April 30th, 2024, in the amount of \$2,567,902.71.
- Payroll for the month of April in the amount of \$198,383.54 and associated employer benefits in the amount of \$98,225.58.
- 11. Action Items JanRose Ottaway Martin and Lisa Hudspeth, Contracts Manager

## **For Board Approval**

## Department of Commerce (DOC) Community Behavioral Health Rental Assistance (CBRA)

- DOC contacted North Sound BH-ASO on whether our CBRA providers could use additional rental assistance funds in the amount of \$110,000.00. The funds must be expended by June 30, 2024.
- The funding will be held for payment to the CBRA providers who need additional one-time rental assistance funding prior to June 30, 2024.

#### Motion #24-23

DOC-NS BH ASO-24-16409-002 Amendment A to provide additional funding for rental assistance in the North Sound Regional Service Area. The term of this contract expires on June 30, 2024.

The contracts fall into four distinct categories:

- Health Care Authority (HCA) contracts to include funding for the period of July 1, 2024, through December 31, 2024.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)

• Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

#### **Health Care Authority (HCA)**

- HCA-NS BH-ASO-K-6897-03 is providing the GF-S funding for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant funds for the period of July 1, 2024, through June 30, 2025, and for ARPA funds utilization through September 30, 2025.
  - o GF-S funding is stable from the previous contract period.
  - o Youth Behavioral Health Navigator Program is added in the amount of \$\\$ with program implementation in 2025.
  - o 6-month allocation \$
  - SABG 12-month allocation \$
  - MHBG 12-month allocation \$
  - o ARPA (7/1/23-9/30/25) allocation \$

#### Motion #

HCA-NS BH-ASO-K-6897-03 providing the ASO GF-S funding and legislative proviso funds for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant Funding for the period of July 1, 2024, through June 30, 2025, and ARPA through September 30, 2025.

### **HCA - Housing and Recovery through Peer Services (HARPS)**

• K-6914 Housing and Recovery through Peer Services (HARPS) is allocating the HARPS funds for the team serving Skagit & Whatcom Counties and the rental subsidies for all five counties. The estimated 12-month allocation is \$707,380.00.

#### Motion #

HCA-NS BH ASO-K-6914-01 providing HARPS funding for the period of July 1, 2024, through June 30, 2025.

#### **GF-S Mandatory Services**

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health
  - o Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners
  - o Program for Assertive Community Treatment (PACT) services and continuing the reserve funds in the amount of \$20,900.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
    - 6-month allocation \$20,900.00
- Snohomish County
  - o Mobile Crisis Outreach, ITA services

- o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
  - 6-month allocation \$315,938.56
- Volunteers of America
  - o Toll Free Crisis Hotline
  - o Crisis Follow-up Services
    - 6-month allocation \$33,333
- Telecare
  - Evaluation and Treatment Services
  - o E&T Discharge Planners
    - 6-month allocation \$43,368
- Lifeline Connections
  - o PACT services and continuing the reserve funds in the amount of \$47,500 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will renew until the reserve is depleted.
  - o HARPS team and Skagit & Whatcom rental subsidies
    - 12-month allocation \$681,380
- Snohomish County Superior Court
  - o Juvenile Treatment Services
  - o AOT /Recovery Support Court Coordinator (new service)
    - 6-month allocation \$56,720
- Island County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$60,875.70
- San Juan County
  - o Proviso Funding-, Designated Cannabis Account
    - 6-month allocation \$35,489.00
- Skagit County
  - o Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$111,015.70
- Whatcom County
  - Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$104,295.10

#### Motion #

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an

automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

### Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services The following contracts are providing SABG priority Services:

- Brigid Collins
  - o Pregnant and Parenting Women (PPW) Housing Support Services
    - 6-month allocation \$76,260.00
- Evergreen Recovery Centers
  - o PPW Housing Support Services
    - 6-month allocation \$129,750.00
- Catholic Community Services
  - PPW Housing Support Services
    - 6-month allocation \$75,000.00

- Compass Health
  - o San Juan HARPS subsidies
  - o Certified Peers on Mobile Crisis Teams
    - 6-month allocation \$42,222.00
- didgwálič Wellness Center
  - o Opiate Outreach
    - 6-month allocation \$25,000
- Island County
  - o Opiate Outreach, HARPS subsidies
    - 6-month allocation \$158,561.00
- Community Action of Skagit County
  - o Opiate Outreach
    - 6-month allocation \$123,043.00
- Snohomish County
  - o Opiate Outreach
    - 6-month allocation \$77,500.00
- Whatcom County
  - Opiate Outreach
    - 6-month allocation \$203,114.00
- Lifeline Connections
  - o Peer Pathfinder Transition from Incarceration
    - 12-month allocation \$71,020
- Telecare Corp.
  - o Peer Bridger Program, Peer Bridger Participant Relief Funds
    - 6-month allocation \$138,526

#### | Motion #

NS BH-ASO-Brigid Collins-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO- DIDG™ÁLIČ WELLNESS CENTER-ICN-24 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-23 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

#### **GF-S/SABG/MHBG Services within Available Resources**

- City of Mount Vernon
  - o Co-Responder project
    - 12-month allocation \$260,000
- Compass Health
  - SUD outpatient services in San Juan County (FFS)
  - o Whatcom County Triage
    - 6-month allocation \$500,000
- Conquer
  - o Assisted Outpatient Treatment (AOT) in Snohomish County
    - 6-month allocation \$451,497
- Evergreen Recovery Centers
  - Withdrawal Management Services (FFS)
  - o Mental Health Infant Specialist
    - 6- month allocation \$50,000
  - o Homeless Outreach and Stabilization Team (HOST)
    - 12-month allocation \$1,239,966
- Island County

- o Co-Responder project
  - 6-month allocation \$151,500.00
- Lake Whatcom Center
  - o PACT continuing the reserve funds in the amount of \$73,206.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
  - Mental Health outpatient services (FFS)
  - Substance Use outpatient services (FFS)
- Pioneer Human Services
  - o Island, Skagit & Whatcom withdrawal management services
    - 6-month allocation \$550,000
- Snohomish County
  - o Co-Responder project
    - 6-month allocation \$60,446.00
- Whatcom County
  - o Co-responder project
    - 6-month allocation \$216,379.00

#### Motion #

NS BH-ASO-City of Mount Vernon-ICN-22 Amendment 3 to provide funding to continue coresponder services in the city of Mount Vernon. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 2 to provide the funding to continue AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2024, with an automatic one-year renewal on August 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026 based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-22 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic

one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

#### **Recovery Navigator Program (RNP)**

- The RNP program is receiving their annual allocation in the following amounts:
  - o Island County 12-month allocation \$528,855.00
  - o San Juan County (Compass Health) 12-month allocation \$528,855.00
  - Skagit County (Community Action of Skagit County) 12-month allocation \$528,855.00
  - o Snohomish County 12-month allocation \$645,000.00
  - o Whatcom County –12-month allocation \$512,455.000
- The RNP reserve funding will be renewed every 12 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.
  - o Island County 12-month allocation \$232,500
  - o San Juan County (Compass Health) 12-month allocation \$375,000
  - Skagit County (Community Action of Skagit County) 12-month allocation \$110.000.00
  - o Snohomish County Total Request 12-month allocation \$223,500
  - o Whatcom County Total Request 12-month allocation \$204,000

#### Motion#

North Sound BH-ASO-Island County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 Amendment for the provision of RNP services and adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2024, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

#### Department of Commerce - Community Behavioral Health Rental Assistance (CBRA)

- This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals exiting inpatient/residential services and in need of housing, the funding can be used for short-term and long-term housing, with the latter as the goal.
- Added to the CBRA contracts are Governor's Housing Initiative funds and Proviso 86 housing assistance funds allocated to North Sound through a competitive process.
- The following motion is the downstream contracts allocating the behavioral health rental assistance funds and Federal Block Grant funds for housing case management services, and HARPS subsidies for Snohomish County.
  - o Bridgeways provides CBRA, HARPS & Proviso 86 rental assistance and case management services in Snohomish County.
    - 12-month allocation \$636,745.00.
  - o Compass Health provides CBRA services in San Juan County and CBRA & Proviso 86 rental assistance and case management and Snohomish County.
    - 12-month allocation \$867,962.00.
  - o Lifeline Connections provides CBRA, Governor's Housing Initiative & Proviso 86 rental assistance case management services in Skagit and Whatcom County.
    - 12-month allocation \$484,707.00.
  - o Lake Whatcom Center provides CBRA, Governor's Housing Initiative & Proviso 86 rental assistance and case management services in Whatcom County.
    - 12-month allocation \$384,724.00.
  - o Pioneer Human Services provides CBRA & Proviso 86 rental assistance and case management services in Island County.
    - 12-month allocation \$323,117.00.

#### Motion #

NS BH-ASO-Bridgeways-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 for the provision of CBRA rental assistance and program expenses in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Whatcom County. The contract term is July 1, 2023, through Page 10

June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Island County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

#### **Proviso/ARPA Funds**

- North Sound is exploring usage of 30% Proviso funds and American Rescue Plan Act (ARPA) funds. We are in discussion with the counties on where we can partner with one-time costs, we intend to have contracts ready for approval at the June meeting. Finalized motions will be sent to the BOD prior to the June meeting for review. The timeline for the initial use of proviso funds is short, as we must report to the legislature & HCA at the end of the calendar year.
- All counties have been asked to create a list of items that could be funded.

#### 13. Discussion Items

JanRose Ottaway Martin, Executive Director

- Mobile Crisis Teams
   Mobile Rapid Response Crisis Team (MRRCT) Community Based Crisis Teams
   (CBCT): Endorsed Teams
  - o Re-examining regional "lines"
  - o CBCT: Impacts (?)
  - o Co-responders
- Board Retreat Agenda ...(Available at Meeting) ......Attachment
- **14. DRAFT Report from the Executive Director**JanRose Ottaway Martin, Executive Director

15. Adjourn - Chair

Next Meeting: June 13th (Board Retreat)





## North Sound Behavioral Health Administrative Services Organization

## **Board of Directors**

**Meeting Minutes** 

April 11th, 2024

## **Board of Directors Members Present in Person:**

- **Barry Buchanan**, County Council; Whatcom County (Board Chair)
- Cammy Hart-Anderson, Human Services, Designated Alternate for Dave Somers, County Executive; Snohomish County
- Sam Low, County Council; Snohomish County
- **Jill Johnson,** Commissioner; Island County
- George Kosovich, Public Health,
   Designated Alternate for Peter Browning,
   Commissioner; Skagit County

#### **Members Present via MS Teams:**

- Nicole Gorle, Legislative Analyst,
   Designated Alternate for Nate Nehring,
   County Council; Snohomish County
- Jami Mitchell, Human Services Manager, Designated Alternate for Cindy Wolf, County Council; San Juan County
- Cynthia Foley, Sr. Legislative Analyst, Designated Alternate for Strom Peterson, County Council; Snohomish County
- Kara Allen, Advisory Board Chair
- Perry Mowery, Behavioral Health Supervisor, Designated Alternate to Satpal Sidhu, County Executive; Whatcom County
- **Cindy Wolf**, Council Member; San Juan County
- Malora Christensen, Response System
   Division Manager, additional Designated
   Alternate to Satpal Sidhu, County
   Executive; Whatcom County

## North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- JanRose Ottaway-Martin, Executive Director
- Margaret Rojas, Assistant Executive Director



- Darrell Heiner, Senior Accountant
- Michael McAuley, Clinical Director
- Maria Arreola, Sr. Administrative Assistant
- Joanie Wenzl, Administrative Manager, Clerk of the Board

#### **Guests Present:**

Lori Fleming

#### Call to Order and Introductions - Chair

The Chair called the Board of Directors Meeting to order and initiated introductions.

#### **Tribal Acknowledgement** – Chair

<u>Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)</u>

The Chair read the Tribal Acknowledgement.

#### **Revisions to the Agenda** - Chair

No revisions to the agenda were requested.

#### Approval of the March 14th, 2024, Minutes, Motion #24-13 - Chair.... Attachment

It was noted that Jami Mitchell is now an alternate for Council Member Cindy Wolf, no longer Jane Fuller. The Clerk of the Board will amend the March Minutes.

Cammy Hart-Anderson moved the motion that the March 14<sup>th</sup>, 2024, amended minutes be approved. Jill Johnson seconded the motion, all in favor of approving the March Minutes with the requested revision, motion #24-13 carried.

#### Comments & Announcements from the Chair - Chair

The Chair noted that he is looking forward to the Board of Directors Retreat that is taking place in June.

#### **Reports from Members** – Chair

The Board members gave an update on the behavioral health happenings in their respective counties.

#### **Comments from the Public** – Chair

Lori Fleming was in attendance and gave a brief overview of her role with the Snohomish County Rural Behavioral Health Consortium and the related grant.

## **Report from the Advisory Board**

Kara Allen, Advisory Board Chair

The Advisory Board Chair gave the Report from the Advisory Board's April 2<sup>nd</sup> meeting. There were no questions.

### **Report from the Finance Officer**

Margaret Rojas, Assistant Director

Margaret Rojas gave the Report from the Finance Officer and answered questions.

## Report from the Governance Operations Committee - Chair

The Chair made the comments below:

- o It was decided that there would be no July Board Meeting as the board will be taking a summer break. The Clerk of the Board will send out a cancelation.
- o The Retreat Agenda will be discussed during the May Meeting.
- o Kara Allen and Chris Garden will be invited to the Retreat (Advisory Board Chair and Vice Chair).
- o The ASO's Compensation Study is upcoming. It was decided that benefits information need not to be included.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

### Consent Agenda - Chair

#### Motion #24-14

To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from March 1<sup>st</sup>. 2024, through March 31st, 2024in the amount of \$4,293,917.03.

Payroll for the month of March in the amount of \$196,835.30 and associated employer benefits in the amount of \$98,161.63.

Sam Low moved the motion for approval, Cammy Hart-Anderson seconded, none opposed, all in favor, motion #24-14 carried.

## Action Items - Margaret Rojas, Assistant Director

## **For Board Approval**

#### **Health Care Authority (HCA)**

HCA is renewing their expansion contract for Housing and Recovery through Peer Services (HARPS) for an annual amount of \$109,996. This funding is specifically for a Substance Use Disorder Peer on the HARPS team.

#### Motion #24-15

• To approve HCA-NS BH-ASO-K6751 Amendment 1 for the purpose of extending the contract for one year with funding in the amount of \$109,996. The term of the contract is March 15, 2023, through March 14, 2025.

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, no discussion, none opposed, no abstentions, all in favor, motion #24-15 carried.

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#### **Lifeline Connections**

This is the downstream contract for the SUD Peer on the Lifeline Connections HARPS team. The funding of \$109,996 pays for the full-time SUD Peer on the Lifeline HARPS team.

#### Motion #24-16

To approve NS BH-ASO-Lifeline Connections- FBG-23 Amendment 2 for the purpose of providing \$109,996 in HARPS Extension funds. The contract term is January 1, 2023, through December 31, 2024, with an automatic one-year renewal on January 1, 2025, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Barry Buchanan seconded, discussion followed, none opposed, no abstentions, all in favor, motion #24-16 carried.

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#### **Jail Transition Services**

Proviso reserve funds are being allocated to jail transition programs for one-time expenditures. Total funds available: \$183,768 of Jail Transition and \$66,628 will be allocated from General Funds-State reserves.

- o Island County \$21,000
- o Skagit County \$127,500
- o Whatcom County \$101,896

#### Motion #24-17

- NS BH-ASO-Island County-ICN-23 Amendment 4 to provide additional funds for jail transition services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-23 Amendment 3 to provide additional funds for jail transition services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 3 to provide additional funding for jail transition services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Sam Low seconded, no discussion, none opposed, no abstentions, all in favor, motion #24-17 carried.

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#### **Dedicated Cannabis Account**

Proviso reserve funds are being allocated to Snohomish County Human Services. Total funds available: \$287,275 in Dedicate Cannabis Account and \$32,725 will be allocated in General Fund-State reserves.

• Snohomish County \$320,000

#### Motion #24-18

• NS BH-ASO-Snohomish County-ICCN-23 Amendment 4 to provide the funding Dedicated Cannabis Account services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Discussion took place regarding this motion. Jill Johnson moved the motion for approval, Barry Buchanan seconded, none opposed, all in favor, motion #24-18 carried.

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#### **Opioid Outreach**

Community Action of Skagit County provides opioid outreach in Skagit County and will receive an increase of \$66,086 annually. The funding will add an additional outreach specialist to the team. The funding is ARPA Substance Abuse Block Grant funds, sustainability of the position will be evaluated during the next 12-months.

#### Motion #24-19

■ NS BH-ASO-CASC-ICN-23 Amendment 3 to provide additional funding for Opioid Outreach services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, George Kosovich seconded, none opposed, no abstentions, all in favor, motion #24-19 carried.

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#### Consejo Counseling and Referral Service

Consejo requested one-time funds for BIPOC recruitment costs in the amount of \$50,000 and support for an annual youth behavioral health and leadership conference, taking place later this spring. Skagit County Public Health is providing additional support. The amount for conference support is \$5,000. The fund allocation is from General Fund-State reserves.

#### Motion #24-20

• NS BH-ASO-Consejo-ICN-21-23 Amendment 2 to provide funding for recruitment and a regional youth conference under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, discussion followed, none opposed, no abstentions, all in favor, motion #24-20 carried.

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## **Report from the Executive Director**

JanRose Ottaway Martin, Executive Director

JanRose gave the Report from the Executive Director and spoke to the following topics:

- Weekly Crisis Metrics Report
- o Senate Bill 6251 (and preliminary planning for stakeholder groups)
- o Preliminary Planning for Endorsed Mobile Rapid Response Crisis Team (MRRCT) Community Based Crisis Teams (CBCT)
- o Youth Navigator Team
- o Update on Managed Care Organizations Negotiations

Adjourn 2:54 p.m.

Next Meeting: May 9th, 2024



## Director's Report May 3<sup>rd</sup>, 2024

Weekly Crisis Metrics Report: See attached.

#### **A&A Residential Program**

Met with the Whatcom team to discuss the current status of A&A residential program planning. At this time, meetings occurred with Health Care Authority (HCA) and the Governor's Office to discuss what was discovered so far and identify potential pathways forward. It seems like both offices are open to the idea of a Regional Recommendation (potentially for the legislative session) on how to move forward with a program like A&A.

Upcoming meetings are being scheduled with HCA staff who specialize in the Institution for Mental Diseases (IMD) rules to understand potential flexibility on that front as well as Department of Social and Health Services (DSHS) Office of Forensic Mental Health Services and the Behavioral Health Agency for potential subject matter expertise and recommendations. (This issue is connected to the subject matter in the next section as well.)

#### **Potential New Whatcom Facility**

The Governor's office has provided funding for an initial planning effort led by DSHS on a new facility model for WA state. Currently, the group conducting the initial planning to put forward a recommendation have indicated there is interest in creating three facilities with the same model in Spokane, Clark, and Whatcom County. If this model moves forward, the recommendation will include multiple types of behavioral health crisis services in one location with a police/emergency responder drop off option. Also under discussion are potential options for competency restoration and transitional housing.

A couple of major themes that were discussed in an initial interview included whether such a facility could be utilized at a regional level (not county specific) and if there are housing options for clients if they were to stay in the facility for 15 to 90 days.

We discussed level-setting on housing opportunities throughout Washington State (not just our region) but also discussed the A&A model we are currently exploring with other state partners. The state teams on this call were extremely interested in how both models may be able to work together and are meeting with us next week to get more information.

I am working with the team of people managing the planning to see if time could be dedicated to meeting with the ASO and Whatcom staff members one time before finalizing their recommendations.



#### Jail Modernization Taskforce

I have been selected to represent the BHASOs on a Jail Modernization Taskforce which was authorized via legislative proviso to discuss and provide eventual recommendations that address (at least) the following issues:

- (a) Employee retention issues and potential solutions;
- (b) The impact of overtime, jail atmosphere, emergency response time, and inexperienced corrections officers, and how to overcome these challenges;
- (c) The type of facility needed to house those with behavioral health needs and associated costs of these facilities;
- (d) Available diversion programs and their costs;
- (e) Types of existing behavioral health facilities for those involved in the criminal justice system, the costs of building and running these facilities, how these facilities vary by location, the viability of offering facilities in every county, and potential system improvements to the types of services and supports offered and delivered to those with behavioral health needs;
- (f) The types of services and supports provided to those exiting the jail system; and
- (g) What reforms are necessary to create and enhance a seamless transition back to the community following jail confinement.

Individual meetings will occur with Task Force members between now and the middle of the year. Task Force meetings will likely start towards the end of 2024, early 2025, with recommendations potentially due by the end of year 2025.

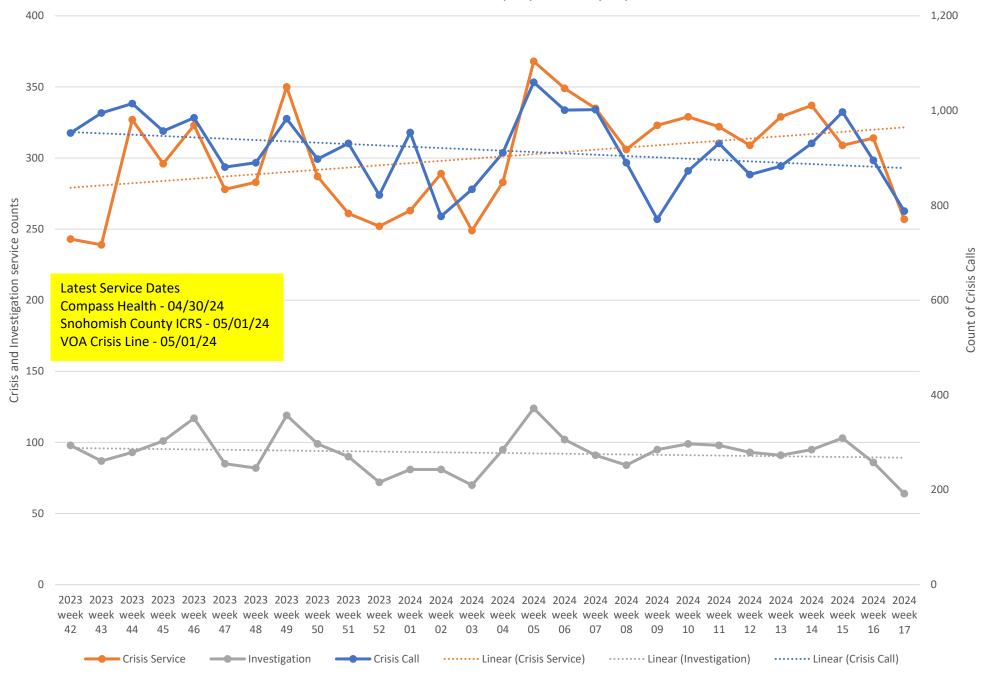
#### **Team Monitoring**

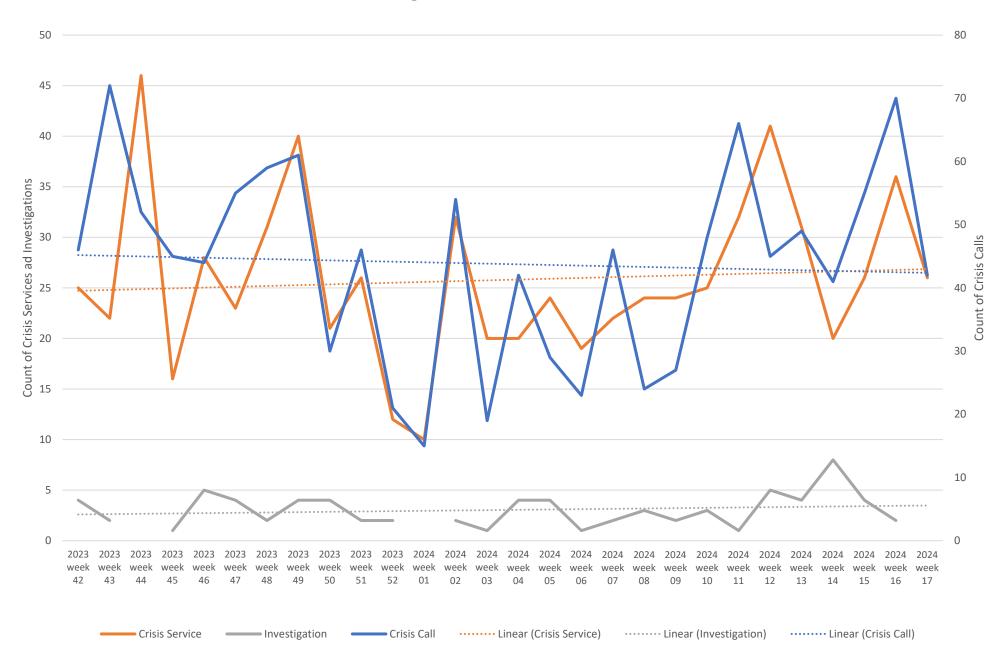
North Sound has started the process of preparing our responses to our annual HCA review. Responses are due to the HCA on June 4<sup>th</sup>.



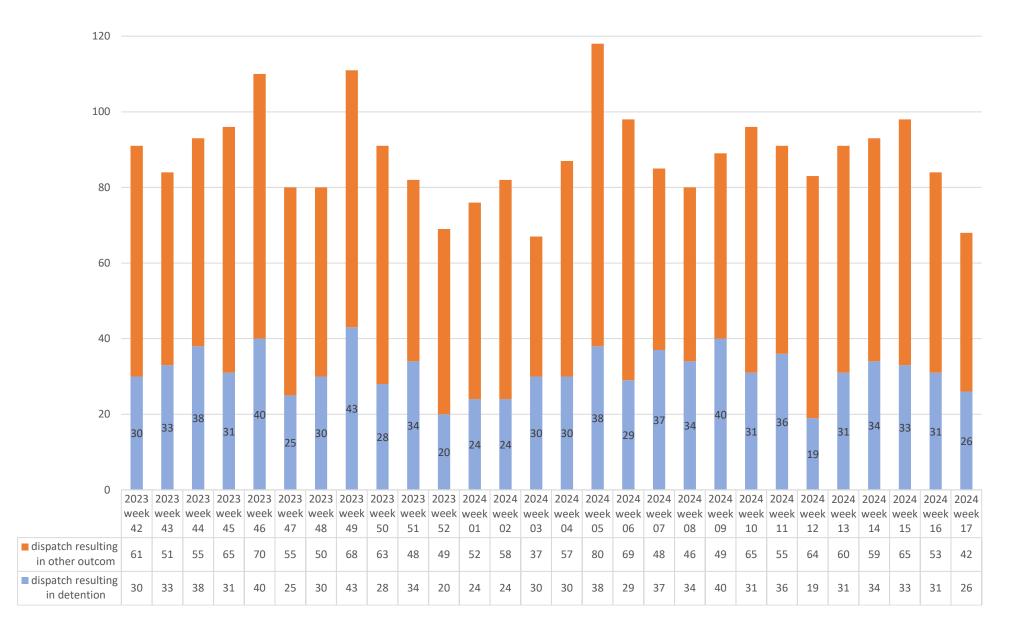
## **Weekly Crisis Capacity Indicator Snapshot**

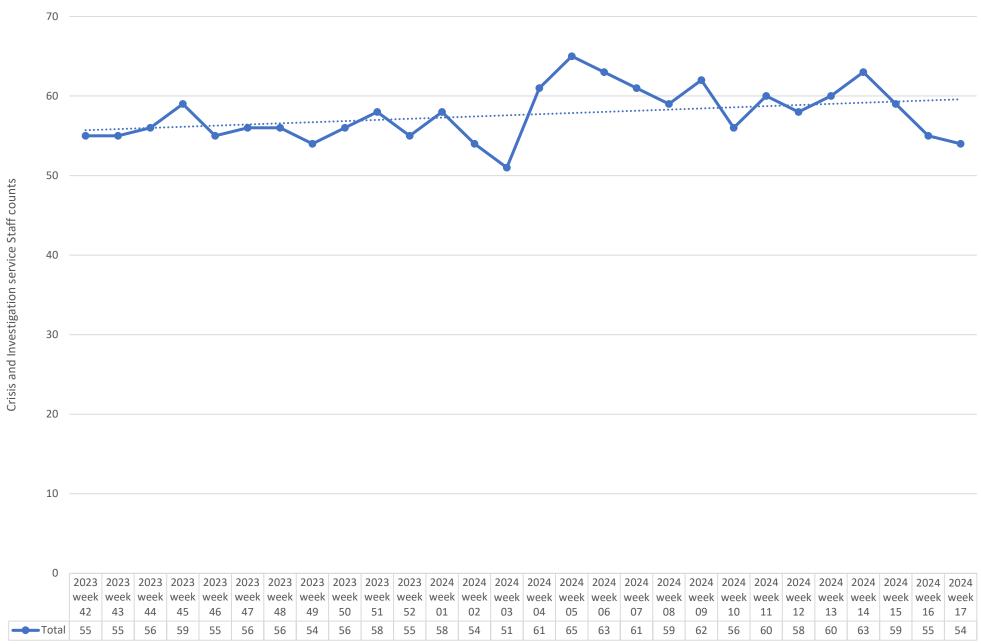
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Page 2	Crisis Data - dates 10/15/23 to 04/27/24
Page 3	Crisis Data: Ages 0-17 - dates 10/15/23 to 04/27/24
Page 4	All DCR Dispatches - dates 10/15/23 to 04/27/24
Page 5	Weekly Staff Count - Staff providing Crisis or Investigaion services 10/15/23 to 04/27/24
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 10/15/23 to 04/27/24
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	Total Hospitalized Adults - COVID-19 (confirmed or supected) 7 day average
Page 13	North Sound BH ASO Walkaway Chart 10/15/23 to 04/27/24



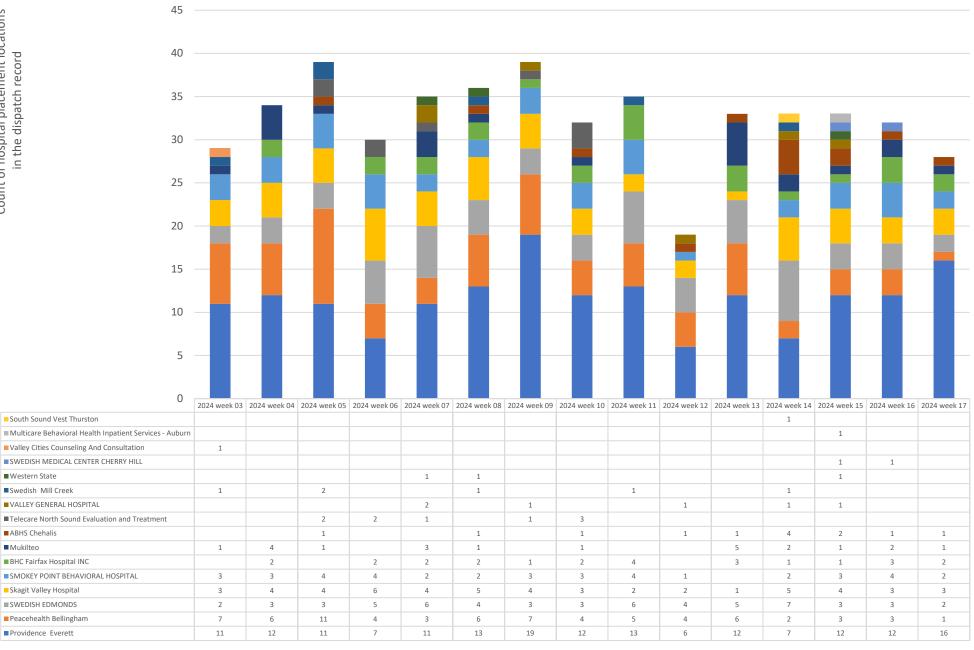


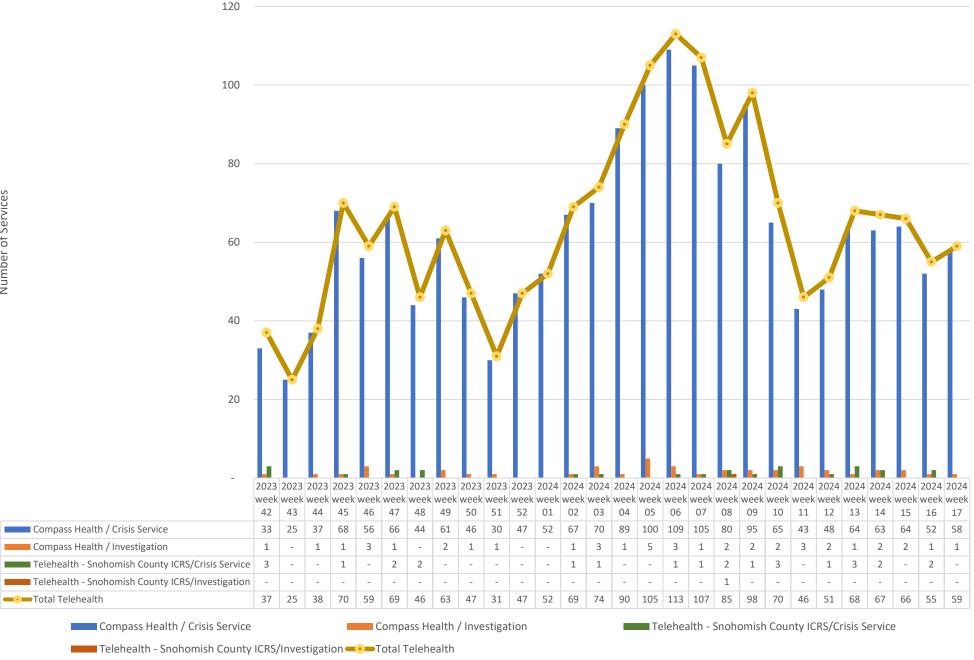


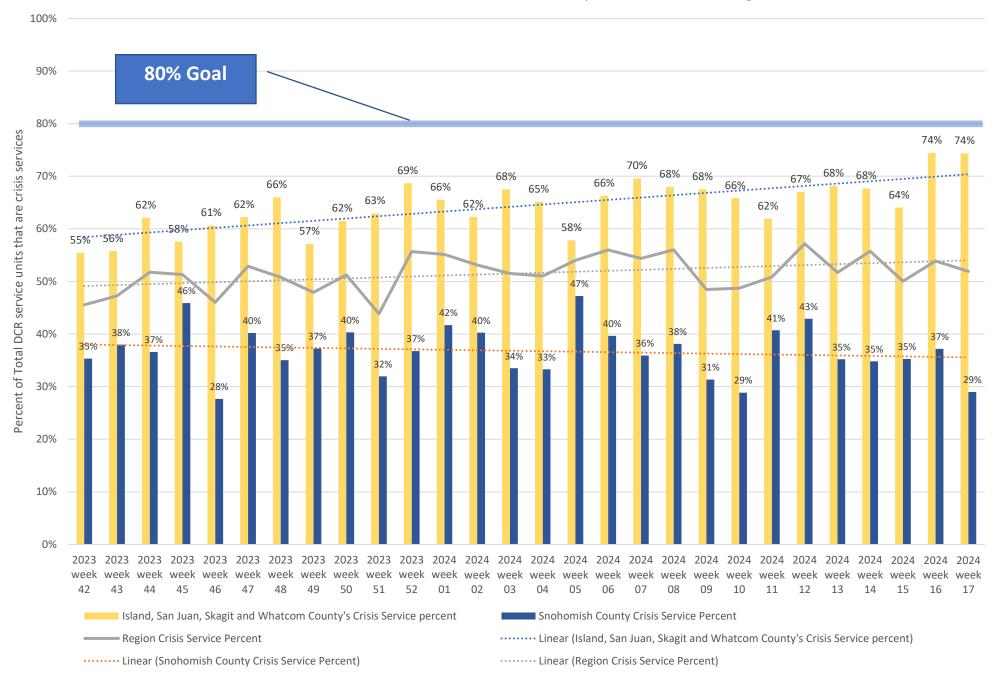




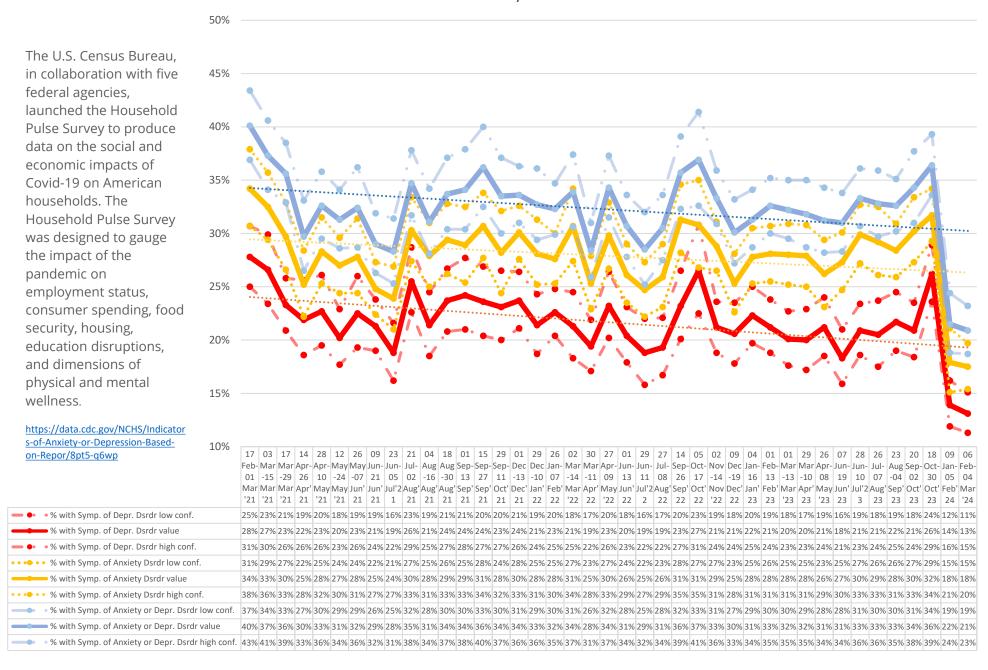
2024 week 17 ending 01/00/00



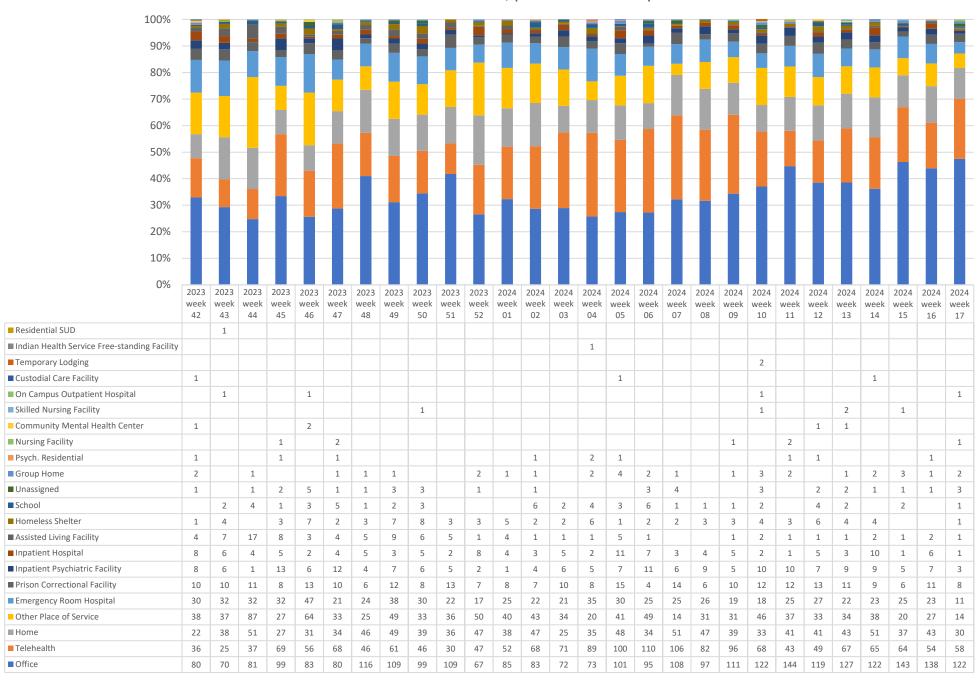




# Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days



## Place of Service - Crisis Services, percent of total by week



## Place of Service -Investigations, percent of total by week

