



# Board of Directors

## Hybrid Meeting Agenda

November 10<sup>th</sup>, 2022

### Board of Directors Members Present:

**North Sound Behavioral Health  
Administrative Services Organization  
(North Sound BH-ASO) Staff Present:**

### Guests Present:

- 1. Call to Order and Introductions** – Chair
- 2. Revisions to the Agenda** – Chair
- 3. Approval of the October 11th, 2022, Minutes, Motion #22-61**.....Attachment 1
- 4. Comments & Announcements from the Chair**
- 5. Reports from Members**
- 6. Comments from the Public**
- 7. Recommendation from North Sound Prosecuting Attorneys regarding Distribution of Opioid Settlement Funds-** North Sound Prosecuting Attorneys (Jason Cummings)
- 8. Report from the Advisory Board** ..... Attachment 2
- 9. Report from the Finance Officer** ..... Attachment 3
- 10. Report from the Governance Operations Committee**

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.*

**Motion #22-62**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from October 1<sup>st</sup>, 2022, through October 31<sup>st</sup>, 2022, in the amount of \$3,975,021.45.
- Payroll for the month of October in the amount of \$168,486.58 and associated employer benefits in the amount of \$87,949.37.

**11. Introduction Items**

- Chair: Note time of the Public Hearing opening

[https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Proposed%202023%20Budget\\_with%20COLA\\_final.pdf](https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Proposed%202023%20Budget_with%20COLA_final.pdf)

- Chair: Ask if there are any comments from the public regarding the North Sound BH-ASO 2023 Proposed Budget
- Chair: Note time of Public Hearing closing

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| <b>Introduction Motions</b> |
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**The contracts being introduced this month fall into four distinct categories:**

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2023, through December 31, 2023, the contract term is January 1, 2023, through December 31, 2025.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/Federal Block Grant (Mental health and Substance use) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

**Health Care Authority**

- K- is providing the GF-S funding for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant funds for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

**Motion #XX-XX**

- HCA-NS BH-ASO-K-- providing the ASO GF-S funding and legislative provisos for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant Funding for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

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**GF-S Mandatory Services**

The following contracts are providing mandatory/proviso behavioral health services.

- Compass Health
  - Mobile Crisis Outreach, Child/Youth Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services (E&T) Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
  - Mobile Crisis Outreach, ITA services
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
  - Toll Free Crisis Hotline
- Telecare
  - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
  - Secure Withdrawal Management
- Sea Mar
  - Assisted Outpatient Treatment
- Lifeline Connections
  - PACT
- Evergreen Recovery Centers
  - Homeless Outreach Stabilization Team (HOST)
- Snohomish County Superior Court
  - Juvenile Treatment Services
- Island County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- San Juan County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

**Motion #XX-XX**

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-ABHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

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**Federal Block Grant (FBG) Priority Services**

The following contracts are providing priority Services:

- Brigid Collins
  - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
  - PPW Housing Support Services
- Catholic Community Services
  - PPW Housing Support Services
- Compass Health

- San Juan HARPS subsidies
  - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
  - Medication Assisted Treatment
- Island County
  - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
  - Opiate Outreach
- Snohomish County
  - Opiate Outreach
- Whatcom County
  - Opiate Outreach
- Lifeline Connections
  - Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team and Skagit & Whatcom HARPS subsidies
- Telecare Corp.
  - Peer Bridger Program, Peer Bridger Participant Relief Funds

**Motion #XX-XX**

- NS BH-ASO-Brigid Collins-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

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**GF-S/Federal Block Grant Services within Available Resources**

- Compass Health
  - SUD outpatient services in San Juan County
  - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
  - Mental health outpatient services
  - Substance use outpatient services
- Evergreen Recovery Centers
  - Withdrawal Management Services
  - Mental Health Infant Specialist
- Island County
  - Co-Responder project
- Lifeline Connections
  - SUD Outpatient services
  - Recovery Housing
- Lake Whatcom Center
  - PACT
  - Mental Health outpatient services
  - Substance Use outpatient services
- Pioneer Human Services
  - Island, Skagit & Whatcom withdrawal management services
  - SUD residential services
- Sea Mar
  - Mental health outpatient services
  - Substance use outpatient services
  - SUD residential services
- Sunrise Services
  - Mental health outpatient services
  - Substance use outpatient services
- Volunteers of America (VOA)
  - Emergency Response for Suicide Prevention (ERSP)
  - Peer Outreach follow up services
- Whatcom County
  - Co-responder project
  - WCHS-Bellingham Treatment Solutions
    - Medication Assisted Treatment (MAT)

**Motion #XX-XX**

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-WCHS-Bellingham Treatment Services-ICN-23-25 to provide the funding for Medication Assisted Treatment services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

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**12. Report from the Executive Director** ..... Attachment 6

**13. Adjourn**

*Next Meeting:* December 8<sup>th</sup>, 2022



## Board of Directors

**Hybrid** Meeting Agenda

October 13<sup>th</sup>, 2022

### Board of Directors Members Present:

- **Peter Browning**, Commissioner; Skagit County, Board Chair
- **Barbara LaBrash**, Human Services Manager; designated alternate for Cindy Wolf, San Juan County
- **Jackie Mitchell**; Behavioral Health Program Specialist, designated alternate for Kathy Kershner, Whatcom County
- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Snohomish County Human Services; designated alternate for Dave Somers, Snohomish County Executive
- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Chair
- **Jill Johnson**, Commissioner, Island County
- **Sam Low**, County Council; Snohomish County
- **George Kosovich**, Public Health, Skagit County, designated alternate for Peter Browning, Commissioner

### North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Executive Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Charles DeElena**, **Business Improvement Manager, Compliance Officer**, North Sound BH-ASO
- **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

**Guests Present:**

Brad Banks, Legislative Consultant

**Call to Order and Introductions** – Chair

Chair Browning called the meeting to order and initiated introductions among members who were in attendance in person, as well as those who joined the meeting via Zoom

**Revisions to the Agenda** – Chair

The Chair asked if there were revisions to the agenda. It was requested that Brad Banks give his Legislative Priorities update sooner on the agenda

**Approval of the September 8th, 2022, Minutes, Motion #22-52**– Chair/Attachment

Jill Johnson moved the motion for approval, Sam Low seconded, all-in favor, motion #22-52 carried

**Comments & Announcements from the Chair**

The Chair had updates (below) from the Governance and Operations Committee that met prior the full board meeting

**Reports from Members**

Board members gave updates on their respective county’s behavioral health related happenings

**Comments from the Public**

There were no comments from the public

**Update on Legislative Priorities, Brad Banks**

Brad Banks gave an update to the Board Members regarding the regions’ current legislative priorities.

The list included:

- Integrated Crisis Response & 988
- Network Adequacy
- Behavioral Health Provider Rates
- ITA Court Costs

He noted that a survey will be sent out to Board Members

### **Report from the Advisory Board**

Pat O'Maley Lanphear gave the report from the Advisory Board and answered questions. The report included the Advisory Board member vacancies in each of the counties.

### **Annual Compliance Training, Charles DeElena**

Charles DeElena gave an overview of the Annual Compliance Training that needs to be completed by the board members. He also said the attestation is to be filled out and turned in upon completion of the training. The training and signed attestation are due by December 2<sup>nd</sup>.

### **Report from the Finance Officer**

Joe Valentine gave the Report from the Finance Officer and answered questions

### **Report from the Governance Operations Committee**

The Chair asked that all the Board Members discuss the Opioid Settlement topic with their Fiscal Managers and be prepared to converse on this topic further during the next Board Meeting.

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.*

### **Consent Agenda**

#### **Motion #22-53**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from September 1st, through September 30th, in the amount of **\$2,253,475.28**.
- Payroll for the month of September in the amount of **\$169,060.42** and associated employer benefits in the amount of **\$73,064.46**

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, motion #22-53 carried

## Action Items

### For Board Approval

#### Summary

During the September 8<sup>th</sup> Board Meeting, **Motion # 22-49** was tabled. Discussion will take place during the 10/13/22 Governance & Operations Meeting.

The motion language is below:

#### **Motion #22-49**

To approve the 3.1% labor market adjustment to the current pay grid for implementation on January 1, 2023.

*The BH-ASO Board Members tabled this motion. They would like the ASO to provide detailed information on each position individually.*

*They asked that the information be sent out to the Board Members prior to the Board Meeting. All were in favor of motion #22-49 being tabled.*

The Governance and Operations Committee recommended that this motion remain tabled. They suggested the ASO address any needed changes to compensation and benefit levels with the COLA adjustment and employer share of cost for the health plan. These proposals will be included in the 2023 Operating Budget that will be introduced at the November Board of Directors meeting.

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#### Summary

#### **Cumming Management Group**

Cumming Management Group and Percival Health Advisors are embarking on the next phases of the Behavioral Health Needs Assessment. Phase I included Project Mobilization and Initial Workplan in the amount of **\$12,000**.

The next phases will consist of:

- Market & Strategic Priorities
- Demographics, Volume Projections & Gap Analysis
- Final Report

#### **Motion #22-54**

- North Sound BH-ASO-Cumming Management Group-22 Amendment 1 for the purpose of moving forward with phase two (2) and three (3) of the Needs Assessment. The funding for phases two and three is **\$51,000** for a total on this contract of **\$63,000**.

Cammy Hart-Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-54 carried.

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## **Summary**

### **Compass Health-Child Youth Mobile Crisis Outreach Team**

Compass Health was the successful bidder for the team. There will be two teams, one serving Skagit & Whatcom Counties and one team serving Snohomish County. The startup funding for the program is \$494,463.30

### **Motion #22-55**

- North Sound BH-ASO-Compass Health-ICCN-19-22 Amendment 10 for the purpose of providing the funding and program requirements for the new Child Youth Mobile Crisis Outreach Teams. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Jackie Mitchell moved the motion for approval, Jill Johnson seconded, all in favor, motion #22-55 carried

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## **Summary:**

### **HRSA Medication Assisted Treatment (MAT) SAMHSA Grant**

The contracts listed below are participating in the HRSA Grant MAT services in Skagit and Island Counties. This is a renewable three (3) year Federal Grant.

### **NW Educational Service District (NW ESD) 189**

#### **Motion #22-56**

- North Sound BH-ASO-NS WED 189-PSC-22 for the purpose of providing a student assistance/prevention intervention specialist in the Coupeville School District. The maximum consideration on this contract is \$87,834 for a 12-month period.

Jackie Mitchell moved motions #22-56 through #22-59, Cindy Wolf seconded, all in favor, motions #22-56 through #22-59 carried

## **Compass Health**

### **Motion #22-57**

- North Sound BH-ASO-Compass Health-PSC-22 for the purpose of providing a Behavioral Health imbedded with Law Enforcement in East Skagit County. The maximum consideration on this contract is \$89,000 for a 12-month period.

Jackie Mitchell moved motions #22-56 through #22-59, Cindy Wolf seconded, all in favor, motions #22-56 through #22-59 carried

## **Lifeline Connections**

### **Motion #22-58**

- North Sound BH-ASO-Lifeline Connections -PSC-22 for the purpose of providing a Nursing Care Manager. The maximum consideration on this contract is \$89,500 for a 12-month period.

Jackie Mitchell moved motions #22-56 through #22-59, Cindy Wolf seconded, all in favor, motions #22-56 through #22-59 carried

### **Mount Baker Presbyterian Church (MBPC)**

#### **Motion #22-59**

- North Sound BH-ASO-MBPC-PSC-22 for the purpose of providing and half time Recovery Support Specialist in East Skagit County. The maximum consideration on this contract is \$30,000 for a 12-month period.

Jackie Mitchell moved motions #22-56 through #22-59, Cindy Wolf seconded, all in favor, motions #22-56 through #22-59 carried

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### **Summary:**

#### **Holman Recovery Center**

Holman Recovery Center is a substance use disorder (SUD) residential service provider in the North Sound Region. Holman Recovery Center was credentialed by North Sound BH-ASO in April 2022.

#### **Motion #22-60**

- North Sound BH-ASO-ICN-22 for the provision of SUD residential services. This is a fee for service contract with a term of January 1, 2023, through January 1, 2024, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Cindy Wolf moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #22-60 carried

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### **Report from the Executive Director**

The report from the Executive Director was discussed which included the topics below:

- UPDATE ON BEHAVIORAL HEALTH SERVICES COORDINATING COMMITTEE
- HCA-NSBHASO QUARTERLY CHECK IN MEETING
- HB 1688 – BALANCED BILLING ACT
- 2023 MEDICAID RATE DECREASE
- CONTINUATION OF COVID FEDERAL BLOCK GRANT FUNDING
- UPDATE ON FACILITY NEEDS ASSESSMENT
- CRISIS SERVICES UPDATE
- UPDATE ON THE “NORTH SOUND RURAL COMMUNITIES OPIOID RESPONSE PROGRAM” [HRSA GRANT AWARD]
- TEAMONITOR REPORT

**Adjourn:** 2:52 p.m.

*Next Meeting:* November 10<sup>th</sup>, 2022

DRAFT



## Advisory Board Brief

November 1, 2022

The Advisory Board met on November 1, and the following items were discussed:

### — Advisory Board

- Fred Plappert, Snohomish County was recognized for the 12 years of service on the Board. In recognition of the outstanding advocacy, strength and dedicated public services across the behavioral health system in the North Sound, his commitment and vision made a difference.
- Michael McAuley, Clinical Director provided a high overview of the Mobile Crisis Response Program Guide. Members provided feedback of the effectiveness of the guide.
- 2023 Officer nominees were announced. Vote to occur during the December meeting.
- 2023 pre-meeting trainings were determined including potential site visits.

### — Executive Director

- The Executive Director reported on
  - Recovery Navigator Program
  - Extension of COVID Relief Federal Block Grant Funds Expenditure Period
  - Crisis Services Update
  - Update on Balanced Billing Act HB 1688
  - New North Sound BH-ASO Position Openings Posted
  - October Provider Bulletin
- The Action Items were passed and recommended to the County Authorities Executive Committee.

### — Finance/Executive Committee

- The October Expenditures were passed and recommended to the Board of Directors for approval.
- The proposed Advisory Board 2023 Operating Budget was reviewed and discussed. Vote to occur during the December meeting.

— The proposed North Sound BH-ASO 2023 budget was presented to the Board. A vote will occur during the December meeting.

— **Advisory Board Resignation and Membership**

- Island County
  - 2 Vacancies
- Skagit County
  - 2 Vacancies
- Snohomish County
  - 6 Vacancies
- Whatcom County
  - 1 Vacancy

# North Sound Behavioral Health Administrative Services Organization November 10th, 2022 Board of Directors Financial Notes

## HIGHLIGHTS

1. The Budget to Actuals Looks pretty good. Our state funds are still showing a large positive variance. Inpatient Treatment is still over budget, ITA Judicial is over budget, Mental Health crisis stabilization is currently showing a large variance, and Withdrawal Management is continuing to increase, also of note E&T services are increasing lately as is Mental Health Outpatient Services. HARPS and DOC housing is showing a large variance, I believe this is due to underestimating the expense and revenue when I built the budget, it may require a budget amendment later in the year, since this is an expense reimbursement program there won't be any financial impact. Most of the large positive expense variances are due to programs not running yet. Other SUD services has a large positive variance due mainly to the Recovery Navigator programs getting a late start.
2. The Revenue and Expense statement is still showing a large income which is mainly due to the payment of the November amendment amounts in January and additional annual Proviso payments received in July.
3. The one thing to note is the Medicaid fund balance, it has all been drawn down and the negative fund balance of \$1,085,659.00 had to be covered with State General Fund dollars, which we had enough of to cover but it has decreased our reserve to a very low level. The good news is that we have had meetings with all five MCOs and they have all agreed to increase their PMPM payments. We just today received a retro rate adjustment payment which will recover about half of the negative MCO fund balance, so hopefully as the other MCOs make retro payments to us we will recover most of the negative amount.
4. We have included a January to December projection of our revenues and expenditures to try and forecast possible areas of concern. There are some large projected variances including Inpatient, ITA Judicial, and Harps and DOC. Withdrawal Management and Crisis Stabilization are continuing to run higher than budgeted. The bottom line shows us as still running \$992,271 under budget for the year.

## NOTES

1. We are presenting the financial statements for October 2022 for the Behavioral Health Administrative Services Organization (ASO).

2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenues nor expenditures occur on an equal 1/12 amount each month.
  
3. The North Sound BH-ASO adopts "calendar year" budgets, but the allocations from the state are done on a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.
  
4. Revenues and expenses are managed independently within each of the major fund categories: Medicaid, State General Fund, Mental Health Block Grant, Substance Abuse Block Grant, and SAMHSA [a direct grant we receive from the federal government for our rural Medication Assistance Treatment program].
  
5. Within 'State General Funds', allocations are further subdivided between general state funds, and the multiple "Proviso" funds allocated for specific services.
  
6. We have added two new lines at the bottom of the "Revenue and Expense" tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. I also added some additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.
  
7. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year to date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION  
PRELIMINARY REVENUE and EXPENSE STATEMENT for OCTOBER 2022\*  
BUDGET TO ACTUALS**

| <u>REVENUES</u>                  | 2022<br>Budget       | YTD<br>2022<br>Budget | YTD<br>2022<br>Actual | Variance<br>Favorable<br>(Unfavorable) |              |
|----------------------------------|----------------------|-----------------------|-----------------------|--|--------------|
| Intergovernmental Revenues       |                      |                       |                       |  |              |
| HRSA                             | \$ 333,333           | 277,778               | 297,027               | 19,249                                 |              |
| MHBG                             | 3,088,440            | 2,573,700             | 1,594,207             | (979,493)                              |              |
| SABG                             | 5,339,865            | 4,449,888             | 4,005,123             | (444,765)                              |              |
| State Funds                      | 25,083,404           | 20,902,837            | 28,166,601            | 7,263,764                              | Got Novemb   |
| Medicaid (MCO)                   | 5,102,632            | 4,252,193             | 4,889,773             | 637,579                                |              |
| Total Intergovernmental Revenues | 38,947,674           | 32,456,395            | 38,952,730            | 6,496,335                              |              |
| Misc. Revenue **                 | 0                    | 0                     | 227,771               | 227,771                                | Transfer fro |
| Interest Revenue                 | 3,500                | 2,917                 | 22,526                | 19,610                                 |              |
| <b>TOTAL REVENUES</b>            | <b>\$ 38,951,174</b> | <b>\$ 32,459,312</b>  | <b>\$ 39,203,027</b>  | <b>\$ 6,743,715</b>                    |              |

| <u>EXPENDITURES</u>       |                      |                      |                      |                     |               |
|---------------------------|----------------------|----------------------|----------------------|---------------------|---------------|
| Inpatient Treatment       | \$ 1,150,000         | 958,333              | \$ 1,314,515         | (356,182)           | Received an   |
| ITA Judicial              | 2,300,000            | 1,916,667            | 2,231,930            | (315,263)           | Running a bi  |
| Crisis Services           | 14,639,597           | 12,199,664           | 10,754,923           | 1,444,741           | Budget inclu  |
| MH Crisis Stabilization   | 1,500,000            | 1,250,000            | 1,527,126            | (277,126)           | Appears to b  |
| E&T Services              | 1,100,000            | 916,667              | 1,144,259            | (227,592)           | Have been ir  |
| E&T Discharge Planner     | 107,294              | 89,412               | 114,617              | (25,205)            |               |
| Jail Services             | 367,536              | 306,280              | 260,267              | 46,013              |               |
| PACT Services             | 511,716              | 426,430              | 439,280              | (12,850)            |               |
| MHBG Expenditures ***     | 1,371,893            | 1,143,244            | 625,101              | 518,144             |               |
| HARPS & DOC Housing       | 1,197,343            | 997,786              | 2,258,459            | (1,260,674)         | Budgeted to   |
| DMA County Contracts      | 581,292              | 484,410              | 384,645              | 99,765              |               |
| SABG Expenditures ****    | 3,920,240            | 3,266,867            | 2,709,021            | 557,846             |               |
| Withdrawal Management     | 900,000              | 750,000              | 1,121,633            | (371,633)           | Running a bi  |
| HRSA                      | 304,921              | 254,101              | 310,797              | (56,696)            |               |
| Juvenile Drug Court       | 139,800              | 116,500              | 114,523              | 1,977               |               |
| Other MH Services *****   | 1,244,501            | 1,037,084            | 1,413,018            | (375,934)           | Increase in C |
| Other SUD Services        | 3,046,419            | 2,538,683            | 692,745              | 1,845,937           | Recovery Na   |
| Ombuds                    | 216,000              | 180,000              | 102,391              | 77,609              |               |
| Advisory Board            | 19,998               | 16,665               | 5,302                | 11,363              |               |
| Subtotal - Services       | 34,618,550           | 28,848,792           | 27,524,554           | 1,324,238           |               |
| Administration            | 4,332,624            | 3,610,520            | 3,200,794            | 409,726             |               |
| <b>TOTAL EXPENDITURES</b> | <b>\$ 38,951,174</b> | <b>\$ 32,459,312</b> | <b>\$ 30,725,348</b> | <b>\$ 1,733,964</b> |               |

Excess of Revenues Over (Under) Expenditure. \$ 8,477,679

\* THIS IS AN UNAUDITED STATEMENT

\* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION  
PRELIMINARY REVENUE and EXPENSE STATEMENT for OCTOBER 2022\***

| <u>REVENUES</u>                  | <b>YTD<br/>2022<br/>Totals</b> | <b>YTD<br/>2022<br/>Medicaid</b> | <b>YTD<br/>2022<br/>State</b> | <b>YTD<br/>2022<br/>MHBG</b> | <b>YTD<br/>2022<br/>SABG</b> | <b>YTD<br/>2022<br/>HRSA</b> |
|----------------------------------|--------------------------------|----------------------------------|-------------------------------|------------------------------|------------------------------|------------------------------|
| Intergovernmental Revenues       |                                |                                  |                               |                              |                              |                              |
| HRSA                             | 297,027                        |                                  |                               |                              |                              | 297,027                      |
| MHBG                             | 1,594,207                      |                                  |                               | 1,594,207                    |                              |                              |
| SABG                             | 4,005,123                      |                                  |                               |                              | 4,005,123                    |                              |
| State Funds                      | 28,166,601                     |                                  | 28,166,601                    |                              |                              |                              |
| Medicaid (MCO)                   | 4,889,773                      | 4,889,773                        |                               |                              |                              |                              |
| Total Intergovernmental Revenues | 38,952,730                     | 4,889,773                        | 28,166,601                    | 1,594,207                    | 4,005,123                    | 297,027                      |
| Misc. Revenue **                 | 227,771                        |                                  | 227,771                       |                              |                              |                              |
| Interest Revenue                 | 22,526                         |                                  | 22,526                        |                              |                              |                              |
| <b>TOTAL REVENUES</b>            | <b>\$ 39,203,027</b>           | <b>\$ 4,889,773</b>              | <b>\$ 28,416,898</b>          | <b>\$ 1,594,207</b>          | <b>\$ 4,005,123</b>          | <b>\$ 297,027</b>            |
| <br><b>EXPENDITURES</b>          |                                |                                  |                               |                              |                              |                              |
| Inpatient Treatment              | \$ 1,314,515                   |                                  | \$ 1,314,515                  |                              |                              |                              |
| ITA Judicial                     | 2,231,930                      |                                  | 2,231,930                     |                              |                              |                              |
| Crisis Services                  | 10,754,923                     | 5,752,570                        | 3,126,949                     | 1,020,400                    | 855,004                      |                              |
| MH Crisis Stabilization          | 1,527,126                      |                                  | 894,754                       | 632,372                      |                              |                              |
| E&T Services                     | 1,144,259                      |                                  | 1,144,259                     |                              |                              |                              |
| E&T Discharge Planner            | 114,617                        |                                  | 114,617                       |                              |                              |                              |
| Jail Services                    | 260,267                        |                                  | 260,267                       |                              |                              |                              |
| PACT Services                    | 439,280                        |                                  | 439,280                       |                              |                              |                              |
| MHBG Expenditures ***            | 625,101                        |                                  |                               | 625,101                      |                              |                              |
| HARPS & DOC Housing              | 2,258,459                      |                                  | 2,258,459                     |                              |                              |                              |
| DMA County Contracts             | 384,645                        |                                  | 384,645                       |                              |                              |                              |
| SABG Expenditures ****           | 2,709,021                      |                                  |                               |                              | 2,709,021                    |                              |
| Withdrawal Management            | 1,121,633                      |                                  | 647,163                       |                              | 474,470                      |                              |
| HRSA                             | 310,797                        |                                  |                               |                              |                              | 310,797                      |
| Juvenile Drug Court              | 114,523                        |                                  | 114,523                       |                              |                              |                              |
| Other MH Services *****          | 1,413,018                      |                                  | 1,413,018                     |                              |                              |                              |
| Other SUD Services               | 692,745                        |                                  | 692,745                       |                              |                              |                              |
| Ombuds                           | 102,391                        | 76,216                           | 26,175                        |                              |                              |                              |
| Advisory Board                   | 5,302                          |                                  | 5,302                         |                              |                              |                              |
| Subtotal - Services              | 27,524,554                     | 5,828,786                        | 15,068,603                    | 2,277,872                    | 4,038,495                    | 310,797                      |
| Administration                   | 3,200,794                      | 677,822                          | 2,486,830                     |                              |                              | 36,142                       |
| <b>TOTAL EXPENDITURES</b>        | <b>\$ 30,725,348</b>           | <b>\$ 6,506,608</b>              | <b>\$ 17,555,434</b>          | <b>\$ 2,277,872</b>          | <b>\$ 4,038,495</b>          | <b>\$ 346,939</b>            |
| Net Income                       | \$ 8,477,679                   | \$ (1,616,836)                   | \$ 10,861,464                 | \$ (683,665)                 | \$ (33,373)                  | \$ (49,912)                  |
| Beginning Fund Balance 12/31/21  | 5,704,731                      | 531,177                          | 6,219,280                     | (96,902)                     | (942,437)                    | (6,387)                      |
| <b>Ending Fund Balance</b>       | <b>14,182,410</b>              | <b>(1,085,659)</b>               | <b>17,080,745</b>             | <b>(780,568)</b>             | <b>(975,810)</b>             | <b>(56,299)</b>              |

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures

\* THIS IS AN UNAUDITED STATEMENT

\* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORG  
PROJECTED REVENUE and EXPENSE STATEMENT for JANUARY to DECE  
BUDGET TO ACTUALS**

| <u>REVENUES</u>                  | <b>2022<br/>Budget</b> | <b>2022<br/>Projected Actual</b> | <b>Variance<br/>Favorable<br/>(Unfavorable)</b> |
|----------------------------------|------------------------|----------------------------------|---|
| Intergovernmental Revenues       |                        |                                  |   |
| HRSA                             | \$ 333,333             | 384,054                          | 50,721  |
| MHBG                             | 3,088,440              | 2,314,294                        | (774,146)                                       |
| SABG                             | 5,339,865              | 5,268,870                        | (70,995)  |
| State Funds                      | 25,083,404             | 30,384,729                       | 5,301,325                                       |
| Medicaid (MCO)                   | 5,102,632              | 6,091,518                        | 988,886   |
| Total Intergovernmental Revenues | 38,947,674             | 44,443,465                       | 5,495,791                                       |
| Misc. Revenue **                 | 0                      | 227,771                          | 227,771   |
| Interest Revenue                 | 3,500                  | 7,906                            | 4,406   |
| <b>TOTAL REVENUES</b>            | <b>\$ 38,951,174</b>   | <b>\$ 44,679,141</b>             | <b>\$ 5,727,967</b>                             |
| <br>                             |                        |                                  |   |
| <u>EXPENDITURES</u>              |                        |                                  |   |
| Inpatient Treatment              | \$ 1,150,000           | \$ 2,017,958                     | (867,958)                                       |
| ITA Judicial                     | 2,300,000              | 2,691,891                        | (391,891)                                       |
| Crisis Services                  | 14,639,597             | 13,148,578                       | 1,491,019                                       |
| MH Crisis Stabilization          | 1,500,000              | 1,949,409                        | (449,409)                                       |
| E&T Services                     | 1,100,000              | 1,282,208                        | (182,208)                                       |
| E&T Discharge Planner            | 107,294                | 109,359                          | (2,065)   |
| Jail Services                    | 367,536                | 324,624                          | 42,912  |
| PACT Services                    | 511,716                | 437,057                          | 74,659  |
| MHBG Expenditures ***            | 1,371,893              | 990,382                          | 381,511   |
| HARPS & DOC Housing              | 1,197,343              | 2,468,491                        | (1,271,148)                                     |
| DMA County Contracts             | 581,292                | 391,179                          | 190,113   |
| SABG Expenditures ****           | 3,920,240              | 3,555,731                        | 364,509   |
| Withdrawal Management            | 900,000                | 1,301,874                        | (401,874)                                       |
| HRSA                             | 304,921                | 405,212                          | (100,291)                                       |
| Juvenile Drug Court              | 139,800                | 87,663                           | 52,137  |
| Other MH Services *****          | 1,244,501              | 1,187,062                        | 57,439  |
| Other SUD Services               | 3,046,419              | 1,675,634                        | 1,370,785                                       |
| Ombuds                           | 216,000                | 98,393                           | 117,607   |
| Advisory Board                   | 19,998                 | 5,060                            | 14,938  |
| Subtotal - Services              | 34,618,550             | 34,127,764                       | 490,786   |
| Administration                   | 4,332,624              | 3,831,140                        | 501,484   |
| <b>TOTAL EXPENDITURES</b>        | <b>\$ 38,951,174</b>   | <b>\$ 37,958,903</b>             | <b>\$ 992,271</b>                               |

Excess of Revenues Over (Under) Expenditure. \$ 6,720,238

\* THIS IS AN UNAUDITED STATEMENT

\* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue reimbursement method. Expenses are recognized when the bill is received.

\*\* Room Rental Fees, Tribal Conference, Salish Contract

\*\*\* Includes Peer Bridger, PATH and COVID. Does not include Crisis or E&T

\*\*\*\* Includes Opiate Outreach, PPW Housing Supports and Per Pathfinder. Does not in

\*\*\*\*\* Includes CORS, AOT, Trueblood, FYSPRT, Outpatient Services

**FINANZATION**  
**DECEMBER 2022\***

Slow billing on Covid grants

Got November's off cycle amendment in January. Extra CBRA funds.  
Increased rates for second half

Transfer from Skagit for E&T

Two large bills for \$348,156 in the first half of the year  
Continuing to increase

Continuing to increase

Budgeted to low for CBRA housing funds

Running a bit high

Recovery Navigator Program had a late start

Still under budget overall

**NORTH SOUND BH-ASO****Warrants Paid****October 2022**

| Type            | Date       | Num    | Name                              | Amount      |
|-----------------|------------|--------|-----------------------------------|-------------|
| Bill Pmt -Check | 10/07/2022 | 552386 | A-1 Mobile Lock & Key             | -343.72     |
| Bill Pmt -Check | 10/07/2022 | 552423 | Catholic Community Services       | -7,486.14   |
| Bill Pmt -Check | 10/07/2022 | 552440 | Collective Medical Technologies   | -2,720.00   |
| Bill Pmt -Check | 10/07/2022 | 552443 | Community Action of Skagit Co     | -39,812.76  |
| Bill Pmt -Check | 10/07/2022 | 552444 | Compass Health                    | -755,381.51 |
| Bill Pmt -Check | 10/07/2022 | 552445 | Consejo Counseling                | -3,943.75   |
| Bill Pmt -Check | 10/07/2022 | 552477 | Evergreen Recovery                | -112,403.66 |
| Bill Pmt -Check | 10/07/2022 | 552550 | Lake Whatcom Center               | -11,236.66  |
| Bill Pmt -Check | 10/07/2022 | 552555 | Lifeline Connections              | -8,034.87   |
| Bill Pmt -Check | 10/07/2022 | 552595 | NW ESD 189                        | -7,257.02   |
| Bill Pmt -Check | 10/07/2022 | 552603 | Office Depot                      | -64.55      |
| Bill Pmt -Check | 10/07/2022 | 552644 | Save on Storage                   | -450.00     |
| Bill Pmt -Check | 10/07/2022 | 552645 | Sea Mar                           | -17,170.67  |
| Bill Pmt -Check | 10/07/2022 | 552651 | SHI                               | -380.80     |
| Bill Pmt -Check | 10/07/2022 | 552736 | Smokey Point Behavioral Hospital  | -33,851.52  |
| Bill Pmt -Check | 10/07/2022 | 552670 | Snohomish Co Human Services       | -542,966.76 |
| Bill Pmt -Check | 10/07/2022 | 552687 | T-Mobil                           | -1,626.79   |
| Bill Pmt -Check | 10/07/2022 | 552693 | Telecare Corporation              | -153,652.86 |
| Bill Pmt -Check | 10/07/2022 | 552703 | Thurston Mason-BHO                | -3,902.00   |
| Bill Pmt -Check | 10/07/2022 | 552724 | US Bank                           | -1,342.07   |
| Bill Pmt -Check | 10/07/2022 | 552677 | WA State Auditors Office          | -32,653.13  |
| Bill Pmt -Check | 10/07/2022 | 552755 | Whatcom Co Superior Court         | -15,904.00  |
| Bill Pmt -Check | 10/14/2022 | 552800 | Brigid Collins                    | -20,309.35  |
| Bill Pmt -Check | 10/14/2022 | 552820 | Compass Health                    | -85,824.16  |
| Bill Pmt -Check | 10/14/2022 | 552821 | Compensation Works                | -500.00     |
| Bill Pmt -Check | 10/14/2022 | 552823 | Consejo Counseling                | -1,045.50   |
| Bill Pmt -Check | 10/14/2022 | 552860 | Island County Human Services      | -82,977.66  |
| Bill Pmt -Check | 10/14/2022 | 552894 | Lifeline Connections              | -23,191.91  |
| Bill Pmt -Check | 10/14/2022 | 552850 | Lippman, Glenn                    | -3,237.50   |
| Bill Pmt -Check | 10/14/2022 | 552976 | Maharaj-Lewis, Starleen           | -322.50     |
| Bill Pmt -Check | 10/14/2022 | 552906 | Osborne, Michelle, JD Associates  | -7,000.00   |
| Bill Pmt -Check | 10/14/2022 | 552929 | Pitney Bowes Leasing              | -572.59     |
| Bill Pmt -Check | 10/14/2022 | 552971 | Snohomish Co Human Services       | -375,159.14 |
| Bill Pmt -Check | 10/14/2022 | 552927 | St Joseph Medical Center, Peace H | -86,025.00  |
| Bill Pmt -Check | 10/14/2022 | 552986 | Therapeutic Health Services       | -6,685.42   |
| Bill Pmt -Check | 10/14/2022 | 553006 | Whatcom County Health Departme    | -68,978.86  |
| Bill Pmt -Check | 10/21/2022 | 553021 | Access                            | -1,145.11   |
| Bill Pmt -Check | 10/21/2022 | 553046 | AT&T                              | -81.48      |
| Bill Pmt -Check | 10/21/2022 | 553078 | Catholic Community Services       | -33,978.01  |
| Bill Pmt -Check | 10/21/2022 | 553089 | Comcast                           | -355.47     |
| Bill Pmt -Check | 10/21/2022 | 553090 | Commercial Alarm and Detection Ir | -106.08     |

**NORTH SOUND BH-ASO**

**Warrants Paid**

**October 2022**

|                 |            |        |                                    |                             |
|-----------------|------------|--------|------------------------------------|-----------------------------|
| Bill Pmt -Check | 10/21/2022 | 553091 | Compass Health                     | -958,307.07                 |
| Bill Pmt -Check | 10/21/2022 | 553092 | Consejo Counseling                 | -284.26                     |
| Bill Pmt -Check | 10/21/2022 | 553105 | Davenport Group Inc                | -2,872.32                   |
| Bill Pmt -Check | 10/21/2022 | 553139 | Evergreen Recovery                 | -118,328.46                 |
| Bill Pmt -Check | 10/21/2022 | 553146 | Firstline Communications (All Phas | -1,089.19                   |
| Bill Pmt -Check | 10/21/2022 | 553149 | Frontline Cleaning Services LLC    | -650.00                     |
| Bill Pmt -Check | 10/21/2022 | 553158 | Great Rivers BH                    | -11,376.00                  |
| Bill Pmt -Check | 10/21/2022 | 553315 | Haggen/Safeway                     | -12.28                      |
| Bill Pmt -Check | 10/21/2022 | 553214 | Lake Whatcom Center                | -63,027.92                  |
| Bill Pmt -Check | 10/21/2022 | 553224 | Lifeline Connections               | -563.75                     |
| Bill Pmt -Check | 10/21/2022 | 553255 | Mister T's                         | -119.68                     |
| Bill Pmt -Check | 10/21/2022 | 553258 | Mount Baker Presbyterian Church    | -3,684.71                   |
| Bill Pmt -Check | 10/21/2022 | 553265 | NAVOS                              | -4,986.03                   |
| Bill Pmt -Check | 10/21/2022 | 553270 | NSBHO-FSA                          | -35,000.00                  |
| Bill Pmt -Check | 10/21/2022 | 553291 | Pioneer Center                     | -94,011.33                  |
| Bill Pmt -Check | 10/21/2022 | 553296 | Providence-Everett                 | -678.49                     |
| Bill Pmt -Check | 10/21/2022 | 553332 | Skagit County Clerk                | -84,195.14                  |
| Bill Pmt -Check | 10/21/2022 | 553340 | Skagit County Public Health        | -4,821.56                   |
| Bill Pmt -Check | 10/21/2022 | 553395 | Smokey Point Behavioral Hospital   | -4,231.44                   |
| Bill Pmt -Check | 10/21/2022 | 553353 | SRS Property Management            | -10,952.00                  |
| Bill Pmt -Check | 10/21/2022 | 553366 | Swedish Edmonds                    | -17,145.80                  |
| Bill Pmt -Check | 10/21/2022 | 553390 | UW Medical Center                  | -2,253.88                   |
| Bill Pmt -Check | 10/21/2022 | 553026 | Wellfound Behavioral Health Hospi  | -2,849.16                   |
| Bill Pmt -Check | 10/31/2022 | IGT    | Skagit County Auditor              | -3,500.00                   |
|                 |            |        |                                    | <u>-3,975,021.45</u>        |
|                 |            |        |                                    | <u>-3,975,021.45</u>        |
|                 |            |        |                                    | <b><u>-3,975,021.45</u></b> |



# 2023 North Sound BH-ASO Proposed Operating Budget Overview

Presented by:  
Joe Valentine, Executive Director

# Agenda

- Budget Highlights
- Key Events
- 2023 Strategic Goals
- Revenues and Expenditures 2022 vs. 2023
- Revenue Forecast
- 2023 Organizational Chart

# Budget Highlights

- 2023 will be our 4<sup>th</sup> year of operation as a BH-ASO
- Administering the Crisis Services system continues to be our core responsibility
- Over the last two (2) years the legislature has added new programs to expand the scope of non-Medicaid services
- COVID relief related federal block grant funds allowed us to expand and provide other new services
- Continued roll out of the 988 line and the other crisis services enhancements established by HB 1477 will also be a major priority

# Key Events

- Implemented and put contracts in place for new programs:
  - Recovery Navigator
  - Community Behavioral Health Rental Assistance
  - Children, Youth, and Family Crisis Teams
  - Homeless Outreach Stabilization Team
- Continued expansion of “co-responder” teams: Whatcom, Skagit, Mt. Vernon, Island, Snohomish County

# Key Events

- Continued the Diversity, Racism, Equity, and Inclusion project. Most of the training has been completed, work on strategic plan begun
- Provided start-up funding to support a new behavioral health clinic in Mt. Vernon operated by Consejo Counseling and Referral Services
- Provided start-up funding to assist with the opening of a new Evaluation & Treatment Facility in Sedro Wooley
- Contracted for an updated behavioral health needs assessment

# Key Events

- Provided an update presentation on BH-ASO programs and services to all 5 County Councils and Commissions
- Successfully passed the annual Team Monitor Review by HCA
- Re-opened the North Sound BH-ASO office for staff to work on site and began to hold on-site team meetings and hybrid meetings for the Advisor Board and Board of Directors

# 2023 Strategic Goals

1. Remain fully compliant with the HCA-BH ASO Contract
2. Support continuous process improvement of the Crisis Services System
3. Implement the updated Quality Management Plan
4. Support regional and state planning efforts to improve access to care for behavioral health services
5. Develop and implement a plan to address social equity and systemic racism
6. Advocate for funding to meet the behavioral health needs of all at-risk persons

# Revenues & Expenditures

## 2022 vs. 2023

| BUDGET         | REVENUES      | EXPENDITURES |
|----------------|---------------|--------------|
| 2022 ADOPTED   | \$38,951,174  | \$38,951,174 |
| 2022 PROJECTED | \$42,291,833* | \$37,020,345 |
| 2023 PROPOSED  | \$43,365,760  | \$43,365,760 |

\*Includes (1) revenue allocated in 2021 but not received until 2022, and (2) funds for new programs where there was a delay in start-up

# Revenue Forecast

| REVENUE SOURCE              | 2022 ADOPTED      | 2023 PROPOSED     |
|-----------------------------|-------------------|-------------------|
| Mental Health Block Grant   | 3,278,880 (1)     | 2,458,494         |
| Substance Abuse Block Grant | 5,330,865 (1)     | 4,679,433         |
| Other Federal Grant [HRSA]  | 333,333           | 333,333           |
| MCO Medicaid PMPM           | 5,102,632         | 8,751,820         |
| State General Fund          | 15,186,567        | 15,742,824        |
| State Provisos              | 9,706,397         | 11,389,856        |
| Investment Interest         | 3,500             | 10,000            |
| <b>TOTAL REVENUE</b>        | <b>38,951,174</b> | <b>43,365,760</b> |

(1) Initial 2022 FBG allocations included more than 12 months

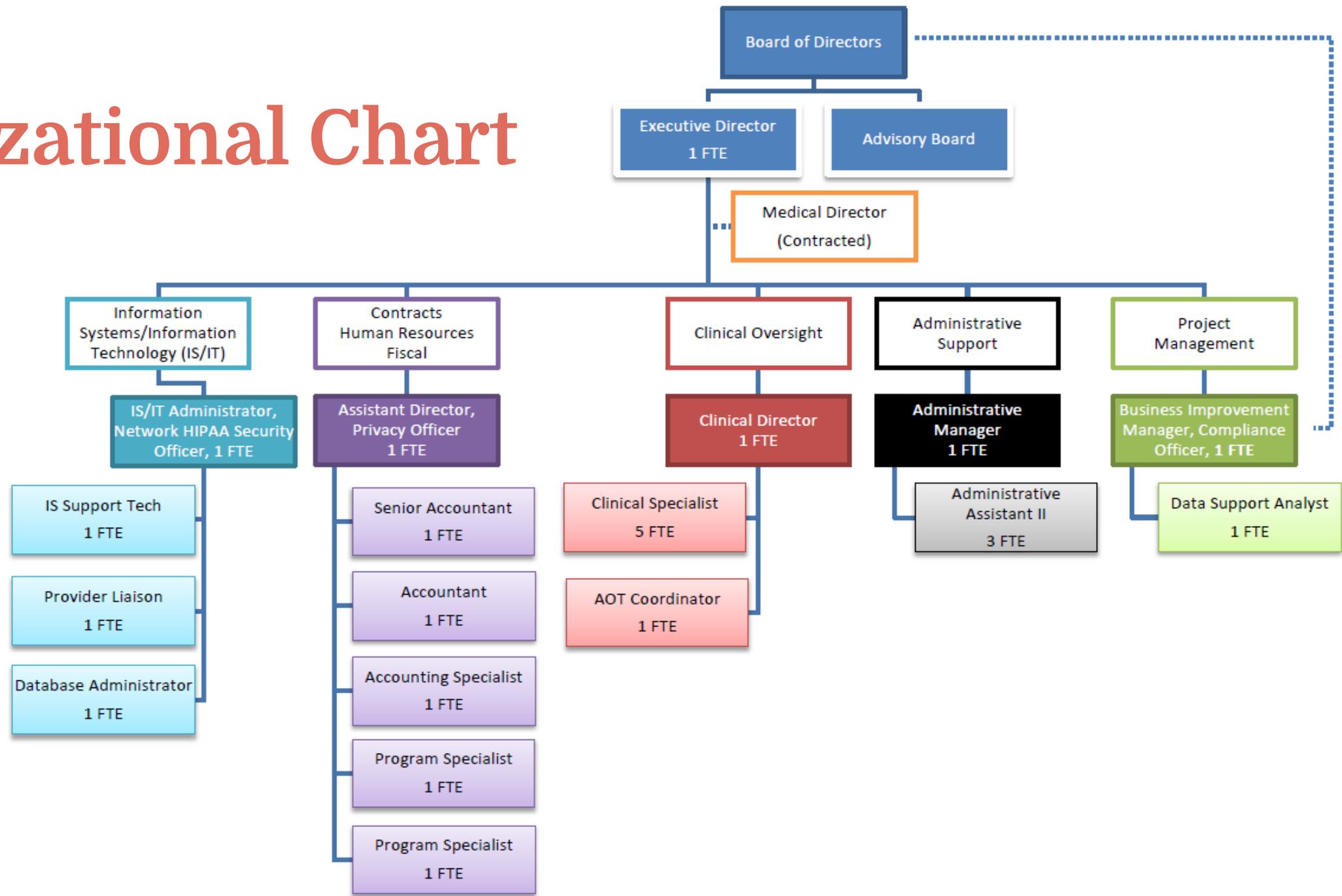
# Expenditure Detail

| CATEGORY                       | 2022              | 2023              | Difference | Percent  | Notes  |
|--------------------------------|-------------------|-------------------|------------|----------|--|
| Salaries & Benefits            | 3,163,633         | 3,556,086         | 392,453    | 12.41%   | Addition of 2 FTE  |
| Other Administrative (1)       | 1,188,989         | 870,182           | (318,807)  | (26.81%) | Reductions in administrative reserve and professional services |
| Total Administration           | 4,352,622         | 4,426,268         | 73,646     | 1.69%    | 15% Admin limit = 6,129,801                                    |
| Behavioral Health Services (2) | 34,598,552        | 38,939,492        | 4,340,940  | 12.55%   | Increased revenue (see previous slide)                         |
| <b>TOTAL</b>                   | <b>31,338,766</b> | <b>43,365,760</b> |            |          |  |

(1) Includes Advisory Board

(2) Includes Hospital Inpatient

# 2023 Organizational Chart





*Empowering individuals and families to improve their health and well-being.*

Serving Island, San Juan, Skagit, Snohomish and Whatcom Counties

**1. BEHAVIORAL HEALTH SERVICES COORDINATING COUNCIL - DISCUSSION ON NETWORK ADEQUACY**

- The Behavioral Health Services Coordinating Council [BHSCC] workgroup on “network adequacy” met again on October 31 to continue discussing how HCA should measure access to care.
- Commissioner Jill Johnson advocated for the creation of additional standards to be added to the MCO contracts to measure whether they are providing adequate access to care with their networks.
- There was discussion on the various factors creating barriers to timely access to care.
- HCA staff will create a grid detailing the various state efforts underway to better measure and monitor access to care, including the work on several legislative provisos such as the “rural behavioral health timely access study”.

**2. RECOVERY NAVIGATOR PROGRAM**

- Staff have been hired and services are now being provided in all 5 counties.
- Attached are some of the success stories collected so far. [Attachment 1]

**3. EXTENSION OF COVID RELIEF FEDERAL BLOCK GRANT FUNDS EXPENDITURE PERIOD**

- CMS has agreed to extend the period the state can use the COVID relief Mental Health Block Grant funds through September 2023.
- HCA anticipates that a similar extension will be approved for SABG as well. This will give us more time to fully draw down all these funds.

**4. CRISIS SERVICES UPDATE**

- The Weekly Crisis Capacity Indicator snapshot through October 29 is attached [Attachment 2].
- The number of crisis calls and outreach services continue to be at the average level for the year though trended up a little during the month of October.
- Also attached is the monthly Dashboard [Attachment 3].

**5. UPDATE ON BALANCED BILLING ACT – HB 1688**

- North Sound staff are one of three ASOs participating in the state workgroup developing recommendations on how the provision in 1688 that commercial health plans reimburse providers of behavioral health crisis services would be implemented.
- There were two models being considered. In one model, the ASOs would be the intermediary in billing and collecting the reimbursements from commercial carriers.

- The other alternative would be for the providers to have direct contracts with the commercial carriers for purposes of billing and reimbursement.
- The workgroup voted to recommend the first alternative: using the ASOs as the intermediary so that the providers don't have the additional burden of collecting private insurance information during a crisis service and then billing multiple carriers.
- There are numerous technical challenges that have yet to be resolved including the additional administrative capacity ASOs would need to perform the intermediary function. The workgroup also recommended that that the full plan not go into effect until 2024 to allow time to work through all the technical issues.

#### **6. NEW NORTH SOUND BH-ASO POSITION OPENINGS POSTED**

- We have posted the position openings for the two new BH-ASO positions approved by the Board of Directors: Accountant and AOT Coordinator.
- Interviews of the top candidates are now taking place.

#### **7. END OF STATE COVID EMERGENCY ORDER**

- The Governor's COVID Emergency Declaration ended October 31. Our Attorney has researched our options for continuing to use a "hybrid" model for Board of Director meetings under the Open Public Meetings Act.
- He is sharing his analysis at the November 10 Governance and Operations Committee.

#### **8. OCTOBER PROVIDER BULLETIN**

- Attached is the October North Sound BH-ASO Provider Bulletin [[Attachment 4](#)].

## **Recovery Navigator Program Success Stories – October 2022**

### **Success Story #1**

An individual who has been involved regularly with law enforcement over a long period of Participant around substance use was incarcerated again. Through our collaboration with the co-responder at the jail, RNP case managers met with the Participant, and they agreed to enroll in treatment. A facility was found, and preparations were made for a bus ticket to the treatment facility the following day. The Participant was picked up and transported to the bus depot, but the bus was cancelled. The facility was located approximately six hours away and not able to facilitate intake for another week. RNP staff helped the Participant develop a safety plan and checked in on them daily, providing support, essential toiletries and food items. The Participant was able to utilize local supports and staff to remain substance free for the week and was transported back to the bus depot. The Participant arrived at the treatment center, followed up with RNP personnel during their stay and was able to secure housing at a recovery house upon successful completion of treatment. This individual has a high prognosis for a successful future while the prospects for future involvement with law enforcement, including incarceration have been significantly decreased!

### **Success Story #2**

An individual who had been chronically homeless had frequent involvement with law enforcement around substance use. This person utilized the syringe services program regularly but was not interested in treatment or assistance with housing. After suffering some medical complications, and with the trust that had been built over Participant with other county outreach personnel, treatment options were explored. RNP personnel assisted in finding a facility and facilitating an over-the-phone intake, then provided transportation to the treatment facility, where the Participant is actively engaged in treatment and is getting the medical attention they need.

### **Success Story #3**

Participant has been in the Recovery Navigator program since March of 2022. He came to the Recovery Navigator with a unique set of circumstances and challenges that he needed help addressing. Participant is on Social Security for a disability that he recently acquired, while unhoused, due to a very bad bicycle accident. After he became disabled, he was awarded a HEN (Housing and Essential Needs) voucher, which pays for the room he rents. This HEN voucher provided him housing for the first time in many years. When Participant first came to the Recovery Navigator, he was concerned as his landlord told him he would have to pay \$750 rent, as there was no HEN voucher for the month. Participant was confused and scared, afraid he was going to have to return to homelessness. The Recovery Navigator made several phone calls and helped Participant get his HEN voucher extended for one year. Had no one called to ask for this extension, Participant would have likely been exited from his programs and back into homelessness, unaware of the services available to him. Right away, Participant and his Recovery Navigator started applying for waitlists and longer-term voucher programs. Participant and the Recovery Navigator have been steadily working on finding a permanent, sustainable housing solution. In addition, Participant has needed assistance with transportation costs, as he has to ride the bus frequently due to his disability. The Recovery Navigator helped Participant apply for a reduced fare bus pass, saving a significant amount of money. Participant also had been struggling with poor vision and the Recovery Navigator helped him find an optometrist that accepts state insurance. Participant had a much needed

exam and discovered that he has severe cataracts in both eyes and will need surgery. Participant and the Recovery Navigator are now working on scheduling those appointments and surgeries. The process was daunting to Participant on his own but together they have been able to work through many challenges. This is a success story because had Participant not reached out to the Recovery Navigator Program for help, he would likely have fallen through the cracks in our systems and back out into homelessness. Because he had someone to turn to, to help advocate for his best outcome, he did not have to return to many of survival behaviors that often found him interacting negatively with law enforcement.

#### **Success Story #4**

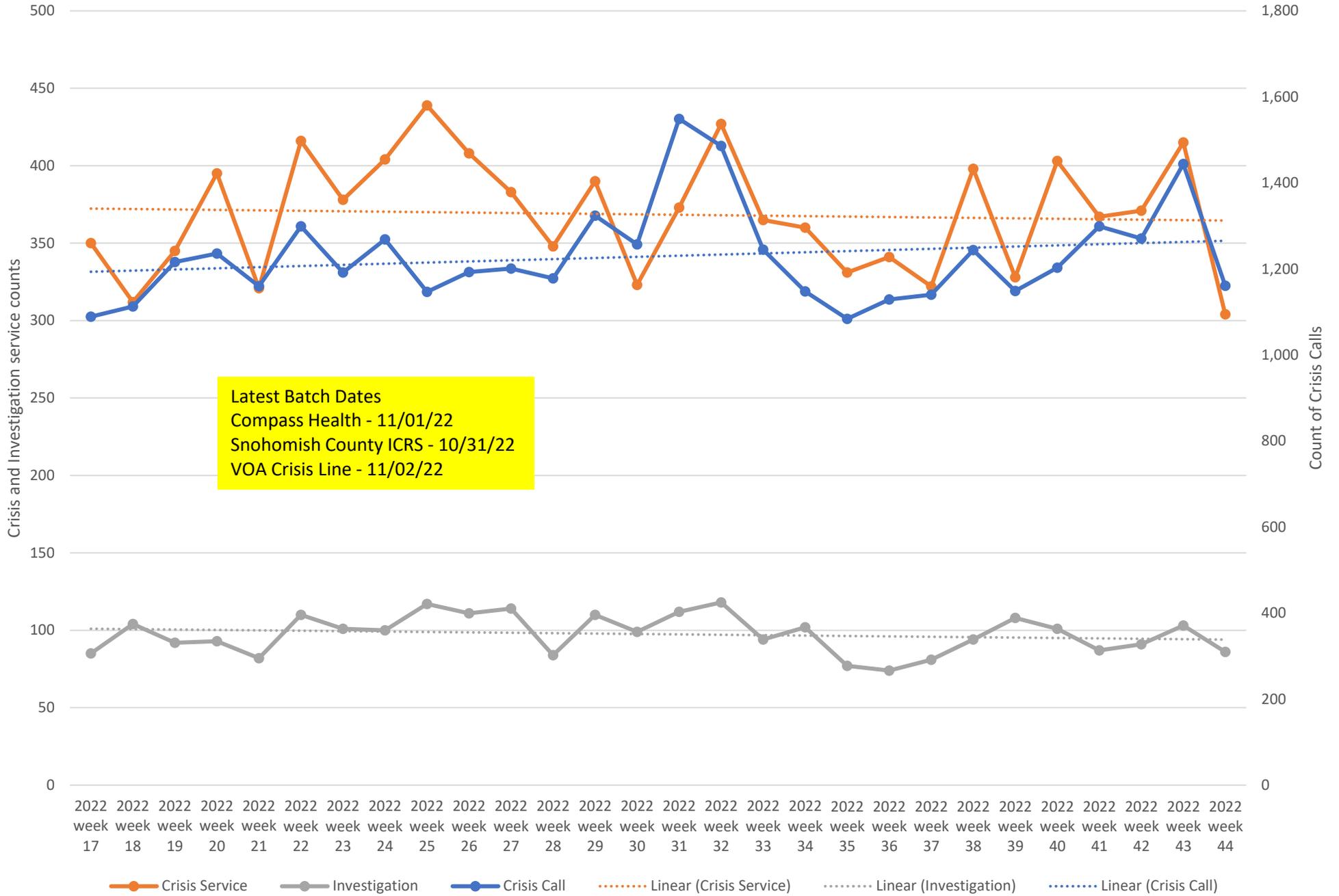
Case managers have been working intensively with Participant. Participant was connected with APS on 8/3/22, to receive a new walker, CM assisted with the phone calls and supporting participant with following through on meeting APS case manager to obtain the walker. Participant needed medical attention in our parking lot on 9/1/22, CM called for an ambulance and followed up with hospital staff about participant's health. On 9/6/22 CL was removed from his encampment by law enforcement, RNP CM was able to store participant's belonging until 9/13/22 when Outreach team met up with him on the streets. Participant was asking for a bus pass and assistance on scheduling medical appointments. CM called APS CM and left a message about completing an intake for services. Participant was seen on 9/15/22 by Outreach and Residency Doctor, he was concerned about stomach pains that were causing diarrhea and was referred to come into a clinic. Participant did not want to be transported to urgent care. On 9/22 Outreach and RNP found Participant behind a local restaurant. Participant asked for an ambulance be called because he was feeling worse. Staff stayed with Participant until ambulance transported him to Hospital, staff held onto Participant's belongings until he was released the following day. Participant came to the office the next morning asking for help with getting his medical identification cards and a state identification card. CM transported Participant to DSHS and was able to get him a voucher for an ID card, a new EBT card, five-day bus pass, and was able to apply for Medicaid because Participant already has Medicare. CM also contact Social Worker and asked about assistance for Participant to be transferred to an out of county SUD facility and Social Worker stated she could assist with this. Participant is wanting to work on his health before entering a SUD's program and will meet with staff next week to schedule appointments.



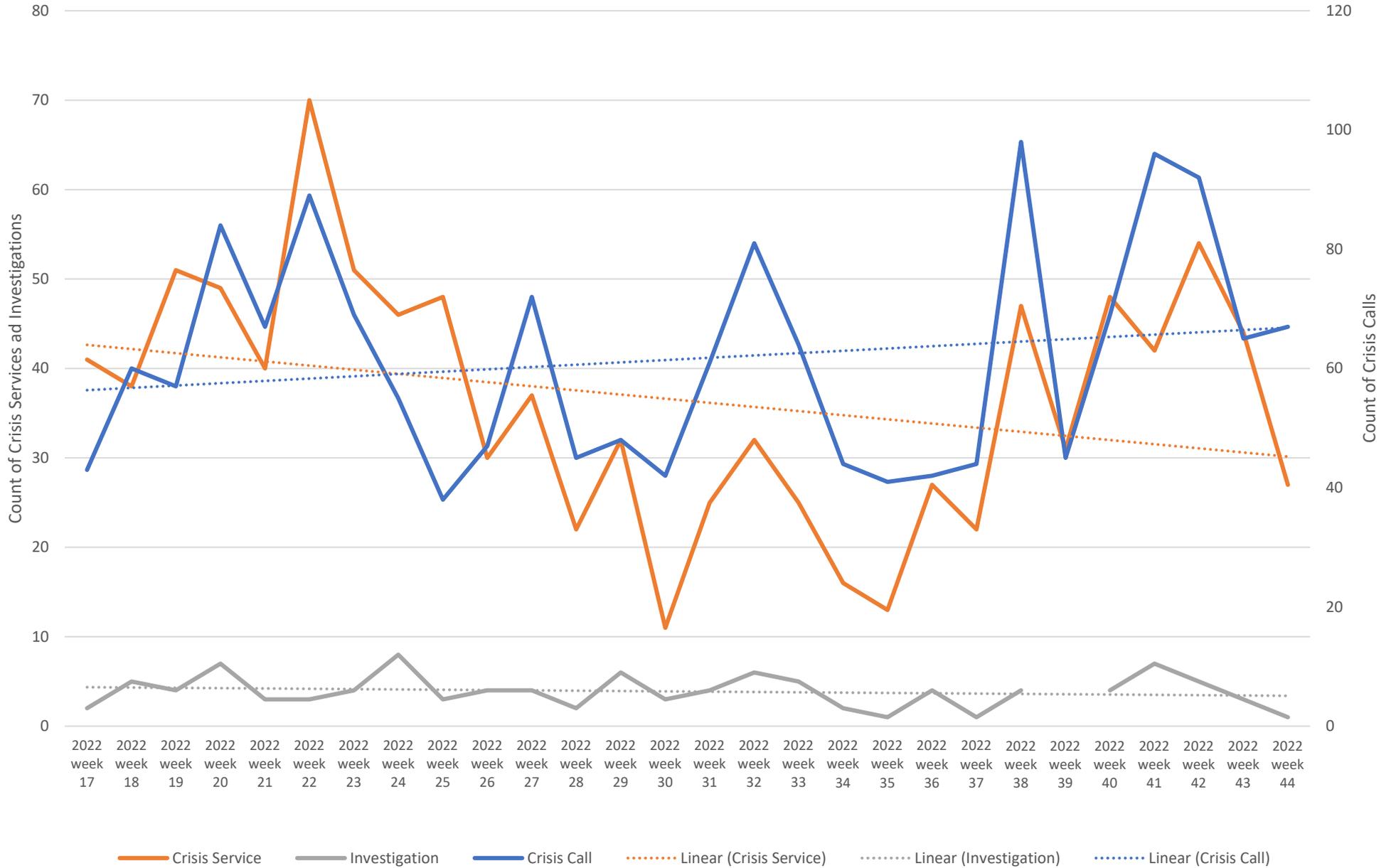
## Weekly Crisis Capacity Indicator Snapshot

|         |  |
|---------|--|
| Page 2  | Crisis Data - dates 04/17/22 to 10/29/22   |
| Page 3  | Crisis Data: Ages 0-17 - dates 04/17/22 to 10/29/22  |
| Page 4  | All DCR Dispatches - dates 04/17/22 to 10/29/22  |
| Page 5  | Weekly Staff Count - Staff providing Crisis or Investigation services 04/17/22 to 10/29/22                           |
| Page 6  | Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low |
| Page 7  | Telehealth only, crisis and investigation services from 04/17/22 to 10/29/22   |
| Page 8  | Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units                     |
| Page 9  | Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days      |
| Page 10 | Place of Service -Crisis Services, percent of total by week  |
| Page 11 | Place of Service -Investigations, percent of total by week   |
| Page 12 | New COVID-19 Cases Reported Weekly per 100,000 population - 08/11/21 to 11/02/22                                     |
| Page 13 | Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average  |
| Page 14 | North Sound BH ASO Walkaway Chart 04/17/22 to 10/29/22   |

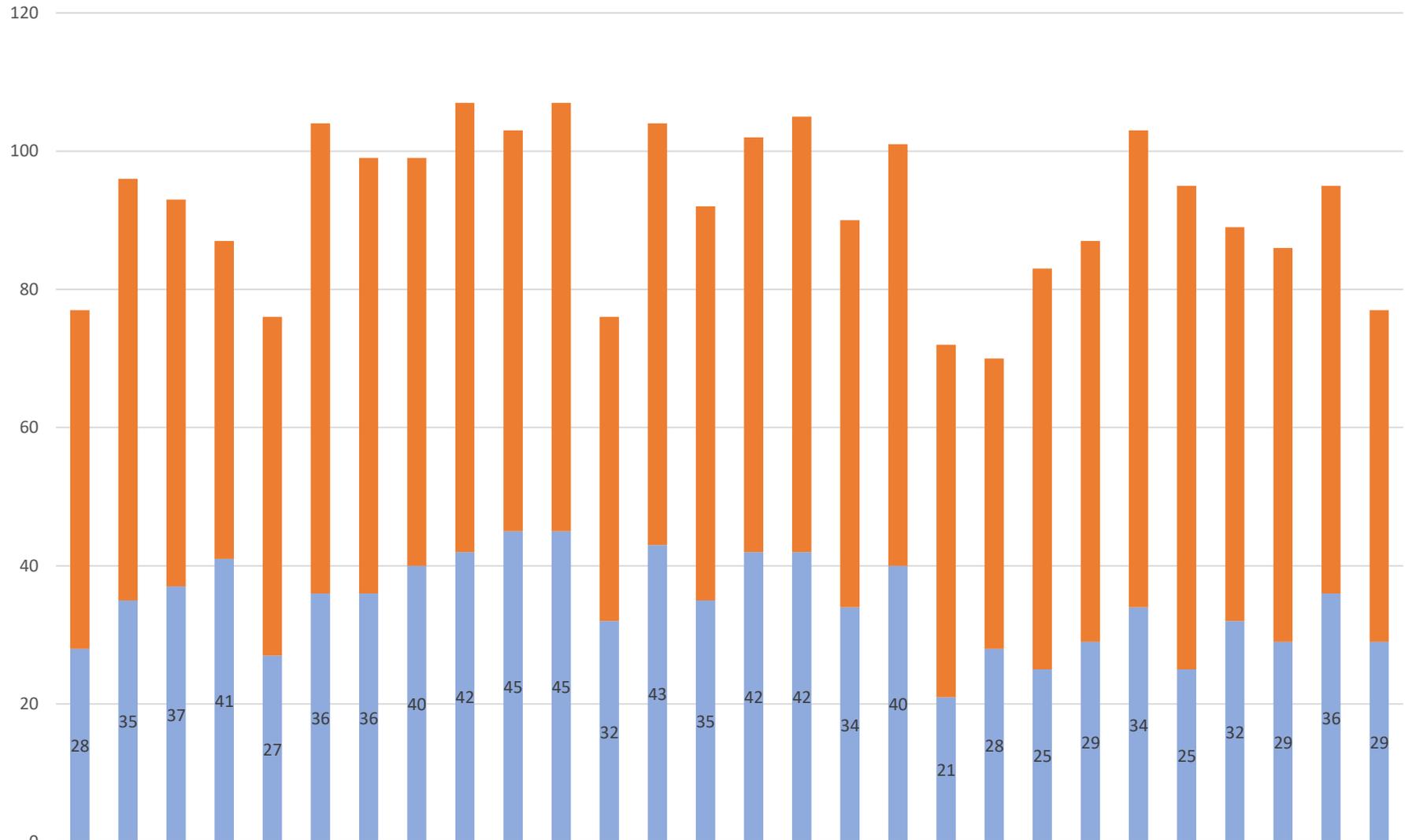
### Crisis Data - dates 04/17/22 to 10/29/22



### Crisis Data: Ages 0-17 - dates 04/17/22 to 10/29/22

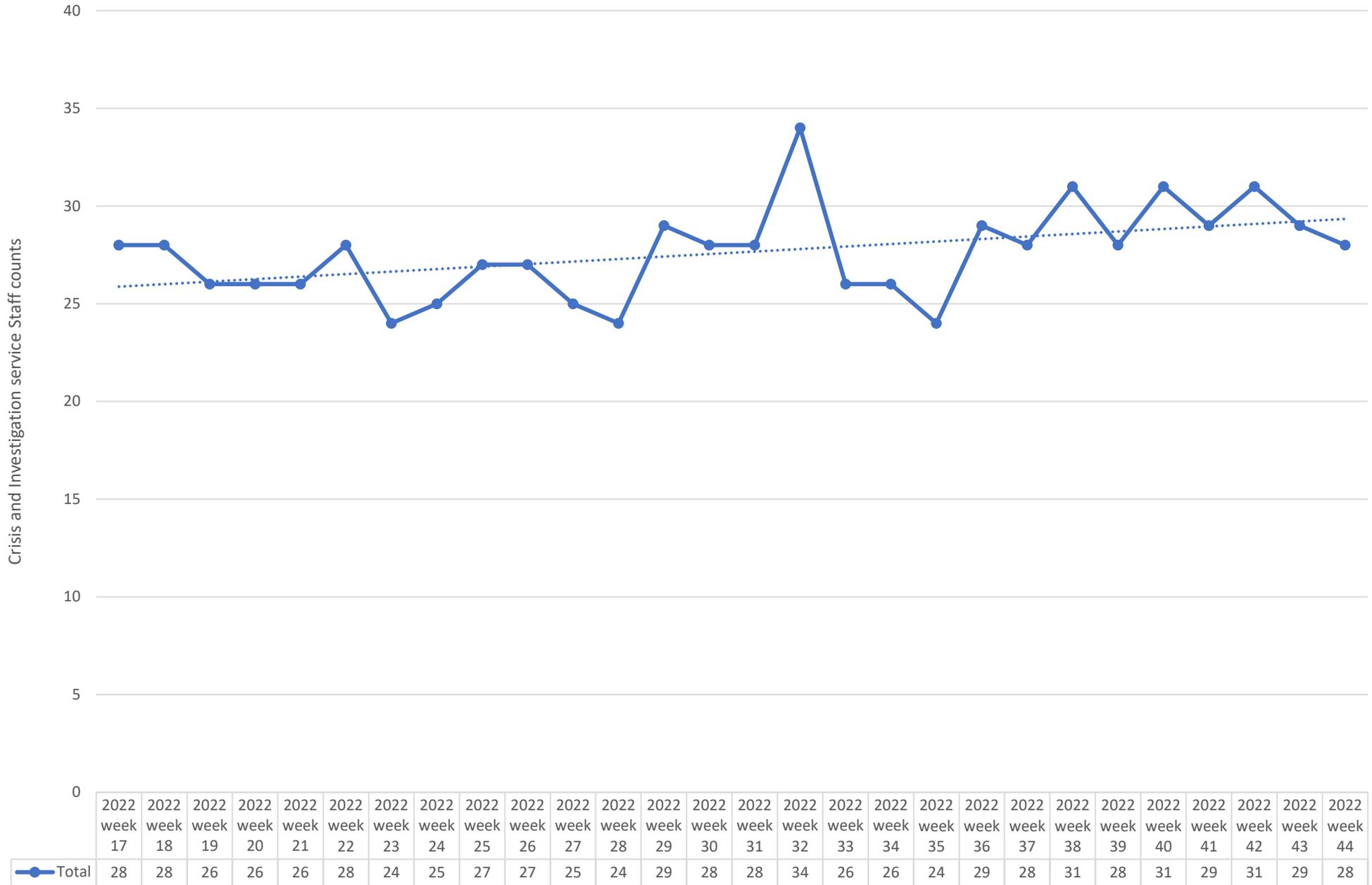


### All DCR Dispatches - dates 04/17/22 to 10/29/22



|                                     |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| dispatch resulting in other outcome | 49 | 61 | 56 | 46 | 49 | 68 | 63 | 59 | 65 | 58 | 62 | 44 | 61 | 57 | 60 | 63 | 56 | 61 | 51 | 42 | 58 | 58 | 69 | 70 | 57 | 57 | 59 | 48 |
| dispatch resulting in detention     | 28 | 35 | 37 | 41 | 27 | 36 | 36 | 40 | 42 | 45 | 45 | 32 | 43 | 35 | 42 | 42 | 34 | 40 | 21 | 28 | 25 | 29 | 34 | 25 | 32 | 29 | 36 | 29 |

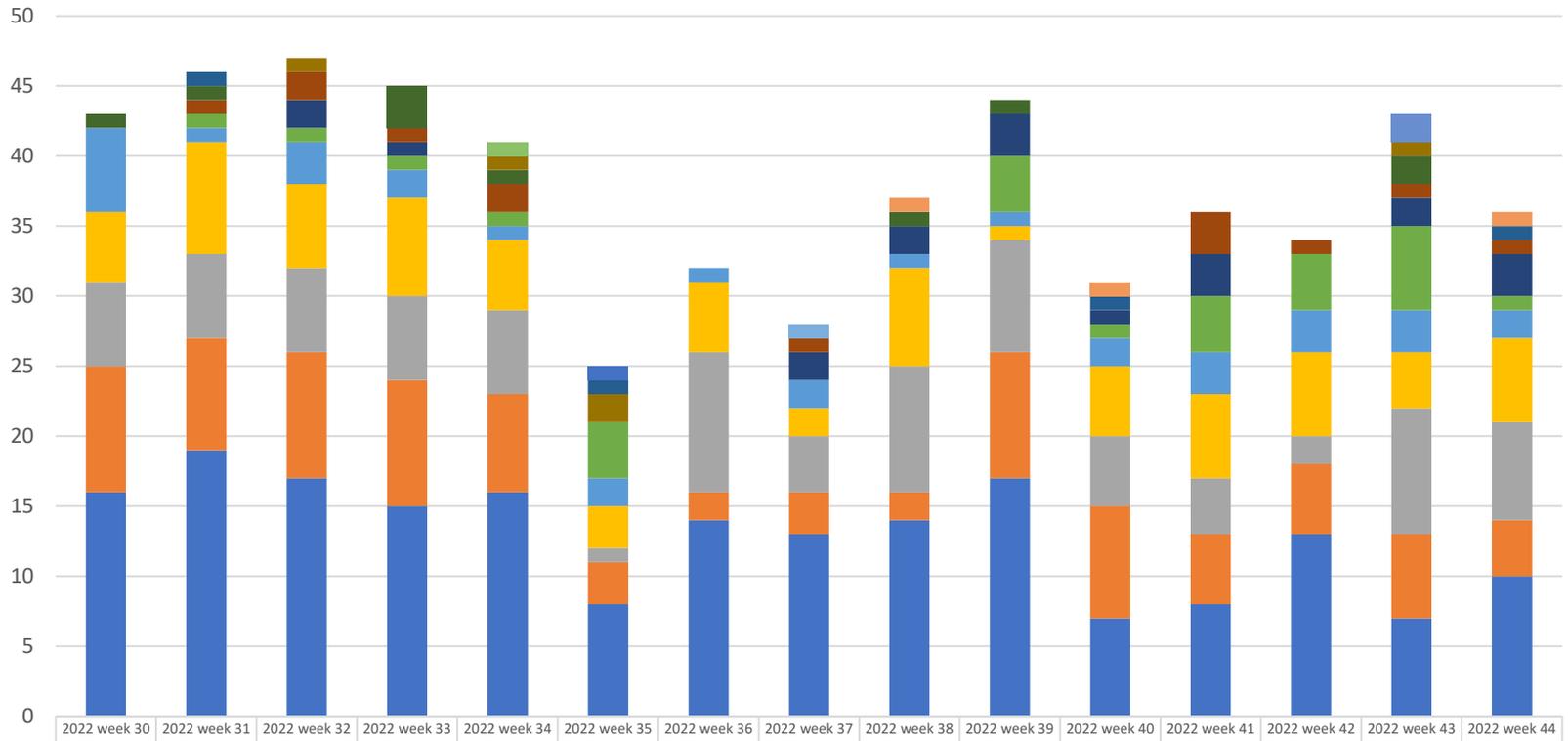
## Weekly Staff Count - Staff providing Crisis or Investigation services 04/17/22 to 10/29/22



2022 week 44 ending 01/00/00

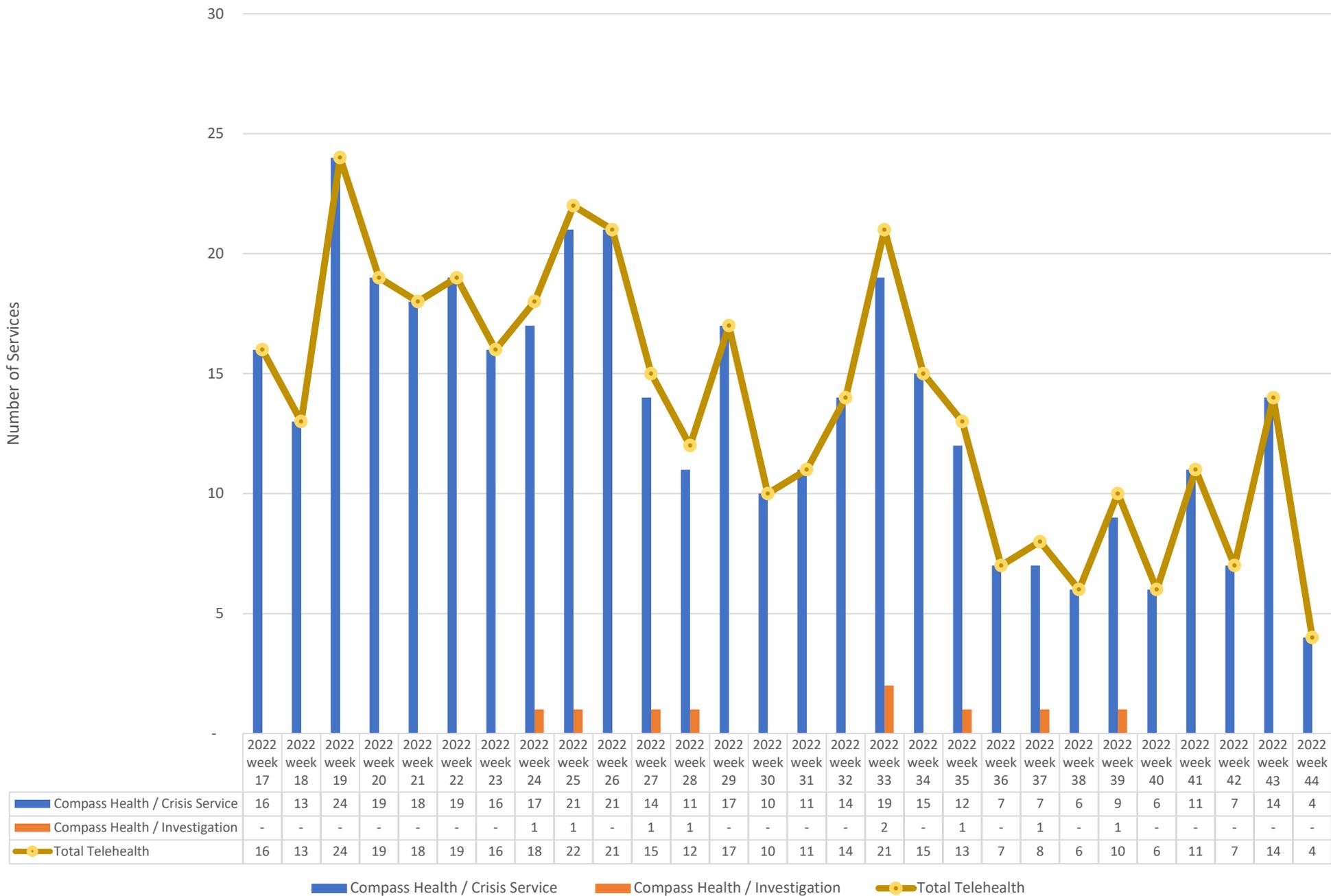
## Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low

Count of hospital placement locations in the dispatch record

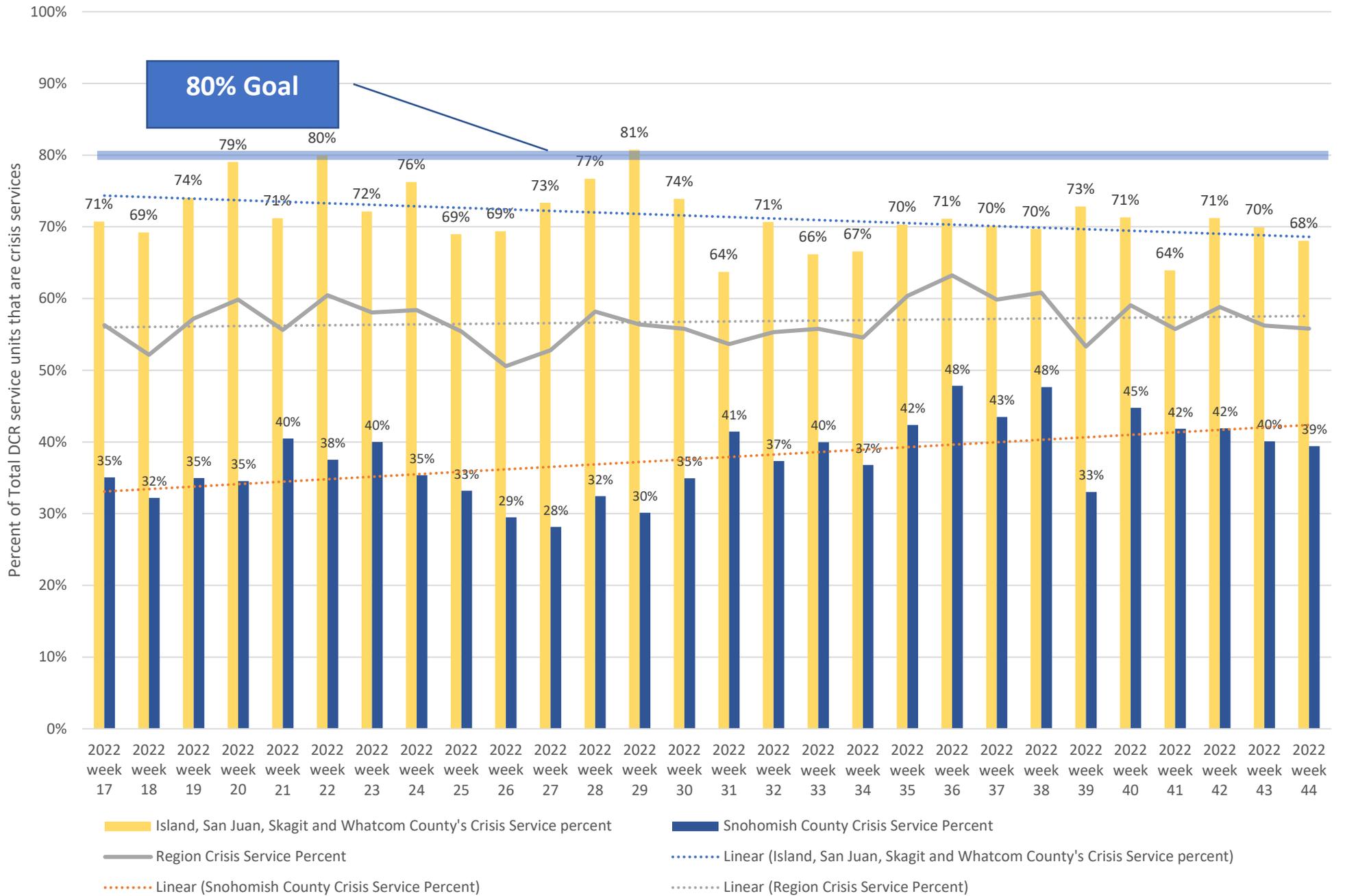


|   | 2022 week 30 | 2022 week 31 | 2022 week 32 | 2022 week 33 | 2022 week 34 | 2022 week 35 | 2022 week 36 | 2022 week 37 | 2022 week 38 | 2022 week 39 | 2022 week 40 | 2022 week 41 | 2022 week 42 | 2022 week 43 | 2022 week 44 |
|---|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| THURSTON/MASON EandT FACILITY                           |              |              |              |              | 1            |              |              |              |              |              |              |              |              |              |              |
| Cascade Behavioral Hospital LLC                         |              |              |              |              |              |              |              | 1            |              |              |              |              |              |              |              |
| SWEDISH MEDICAL CENTER CHERRY HILL                      |              |              |              |              |              |              |              |              |              |              | 1            |              |              |              |              |
| Multicare Behavioral Health Inpatient Services - Auburn |              |              |              |              |              | 1            |              |              |              |              |              |              |              |              |              |
| Tacoma General  |              |              |              |              |              |              |              |              | 1            |              |              |              |              |              | 1            |
| Western State   |              |              |              |              |              |              |              |              |              |              |              |              |              | 2            |              |
| American Behavioral Health Systems SSI                  |              |              |              | 3            |              |              |              |              |              |              |              |              |              |              |              |
| ABHS Chehalis   |              | 1            |              |              |              | 1            |              |              |              |              | 1            |              |              |              | 1            |
| Swedish Mill Creek                                      |              |              | 1            |              | 1            | 2            |              |              |              |              |              |              |              | 1            |              |
| VALLEY GENERAL HOSPITAL                                 | 1            | 1            |              |              | 1            |              |              |              | 1            | 1            |              |              |              | 2            |              |
| Telecare North Sound Evaluation and Treatment           |              | 1            | 2            | 1            | 2            |              |              | 1            |              |              |              | 3            | 1            | 1            | 1            |
| Mukilteo  |              |              | 2            | 1            |              |              |              | 2            | 2            | 3            | 1            | 3            |              | 2            | 3            |
| BHC Fairfax Hospital INC                                |              | 1            | 1            | 1            | 1            | 4            |              |              |              | 4            | 1            | 4            | 4            | 6            | 1            |
| SMOKEY POINT BEHAVIORAL HOSPITAL                        | 6            | 1            | 3            | 2            | 1            | 2            | 1            | 2            | 1            | 1            | 2            | 3            | 3            | 3            | 2            |
| Skagit Valley Hospital                                  | 5            | 8            | 6            | 7            | 5            | 3            | 5            | 2            | 7            | 1            | 5            | 6            | 6            | 4            | 6            |
| Peacehealth Bellingham                                  | 6            | 6            | 6            | 6            | 6            | 1            | 10           | 4            | 9            | 8            | 5            | 4            | 2            | 9            | 7            |
| SWEDISH EDMONDS   | 9            | 8            | 9            | 9            | 7            | 3            | 2            | 3            | 2            | 9            | 8            | 5            | 5            | 6            | 4            |
| Providence Everett                                      | 16           | 19           | 17           | 15           | 16           | 8            | 14           | 13           | 14           | 17           | 7            | 8            | 13           | 7            | 10           |

## Telehealth only, crisis and investigation services from 04/17/22 to 10/29/22

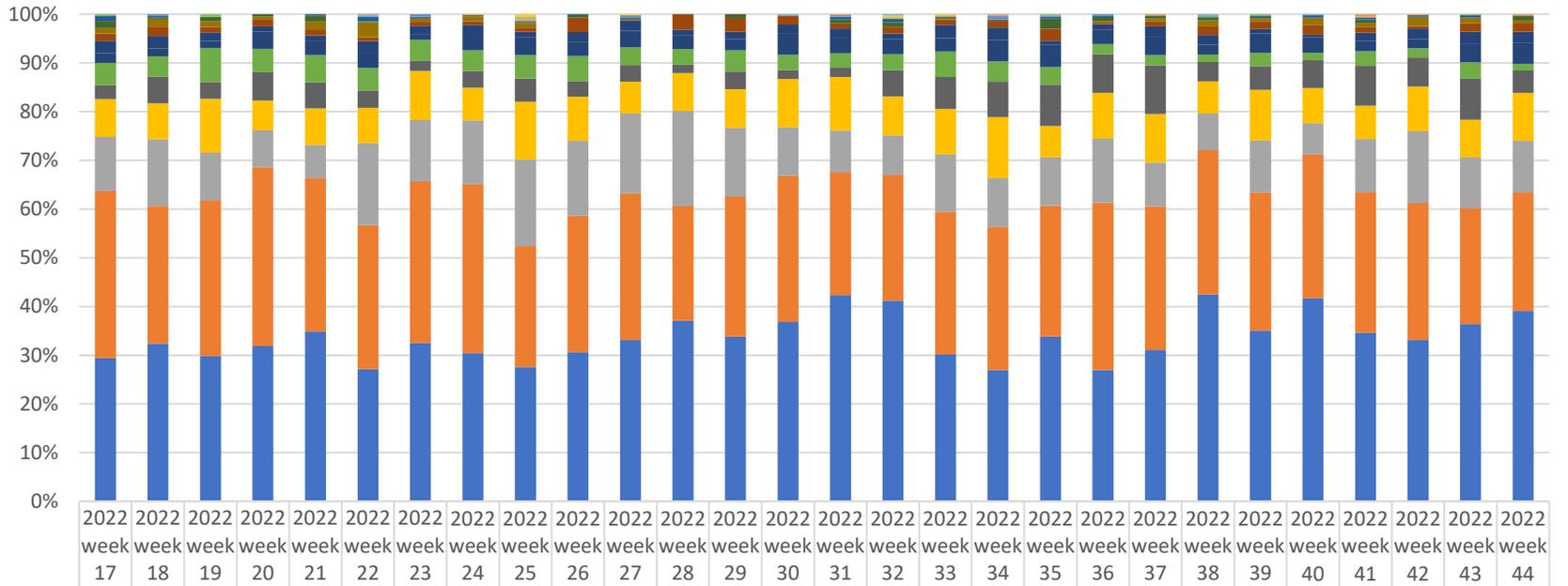


# Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units



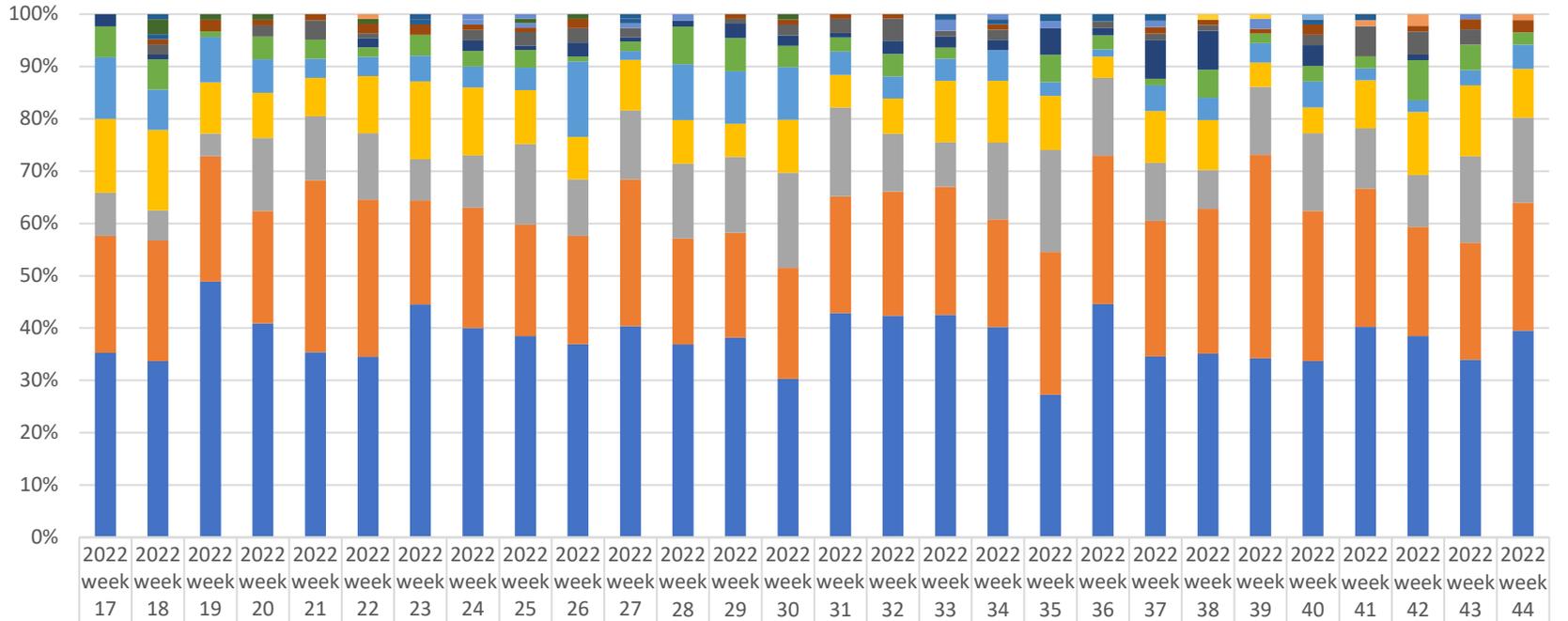


### Place of Service -Crisis Services, percent of total by week



|                                | 2022 week 17 | 2022 week 18 | 2022 week 19 | 2022 week 20 | 2022 week 21 | 2022 week 22 | 2022 week 23 | 2022 week 24 | 2022 week 25 | 2022 week 26 | 2022 week 27 | 2022 week 28 | 2022 week 29 | 2022 week 30 | 2022 week 31 | 2022 week 32 | 2022 week 33 | 2022 week 34 | 2022 week 35 | 2022 week 36 | 2022 week 37 | 2022 week 38 | 2022 week 39 | 2022 week 40 | 2022 week 41 | 2022 week 42 | 2022 week 43 | 2022 week 44 |   |
|--------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---|
| Community Mental Health Center |              |              |              |              |              | 1            |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |   |
| Custodial Care Facility        |              |              |              |              |              | 1            |              |              |              |              |              |              |              | 1            |              | 1            |              |              |              |              |              |              | 1            |              | 1            |              |              |              |   |
| Skilled Nursing Facility       |              |              |              |              |              |              |              |              | 2            |              | 1            |              |              |              |              | 1            | 1            |              |              |              |              |              |              |              |              |              |              |              |   |
| On Campus Outpatient Hospital  | 1            |              | 2            |              |              |              |              |              | 2            |              |              |              |              |              |              | 1            |              |              | 1            |              |              |              | 1            | 1            |              |              | 1            |              |   |
| Nursing Facility               |              |              |              |              |              |              |              | 1            | 2            |              |              |              |              |              | 1            | 1            |              | 1            |              |              | 1            |              |              |              |              | 2            | 1            |              | 1 |
| Psych. Residential             |              | 1            |              |              |              |              | 2            |              | 1            |              | 2            |              |              |              | 1            |              | 1            | 3            | 1            | 1            |              |              |              |              |              | 1            |              |              |   |
| Group Home                     | 4            | 1            |              |              | 1            | 4            | 1            |              |              | 1            |              |              |              |              | 2            | 3            |              |              |              | 1            | 1            |              |              | 1            | 1            | 2            | 1            | 1            | 2 |
| Homeless Shelter               | 5            | 1            | 3            | 2            | 4            | 1            |              | 1            | 1            | 2            | 1            |              | 3            |              | 3            | 4            | 1            | 1            | 7            | 3            | 2            | 2            | 1            |              | 3            |              |              | 3            |   |
| School                         | 4            | 5            | 4            | 2            | 5            | 13           | 3            | 4            | 4            |              |              |              |              |              |              |              | 1            |              |              | 1            | 2            | 5            | 2            | 6            | 3            | 7            | 5            | 2            |   |
| Inpatient Hospital             | 5            | 6            | 4            | 6            | 4            | 3            | 3            | 3            | 4            | 12           | 1            | 11           | 11           | 6            | 4            | 6            | 4            | 5            | 8            | 1            | 3            | 7            | 5            | 8            | 4            | 2            | 7            | 5            |   |
| Inpatient Psychiatric Facility | 9            | 8            | 6            | 4            | 4            | 10           | 7            | 12           | 5            | 8            | 8            | 4            | 6            | 6            | 7            | 5            | 10           | 9            | 3            | 4            | 7            | 8            | 3            | 2            | 6            | 8            | 10           | 7            |   |
| Prison Correctional Facility   | 7            | 5            | 5            | 14           | 9            | 13           | 4            | 9            | 16           | 12           | 13           | 10           | 9            | 14           | 12           | 13           | 10           | 16           | 15           | 10           | 12           | 8            | 13           | 13           | 8            | 7            | 16           | 13           |   |
| Telehealth                     | 16           | 13           | 24           | 19           | 18           | 19           | 16           | 17           | 21           | 21           | 14           | 11           | 17           | 10           | 11           | 14           | 19           | 15           | 12           | 7            | 7            | 6            | 9            | 6            | 11           | 7            | 14           | 4            |   |
| Assisted Living Facility       | 10           | 17           | 12           | 23           | 17           | 15           | 8            | 14           | 21           | 13           | 13           | 6            | 14           | 6            | 7            | 23           | 24           | 26           | 28           | 27           | 32           | 16           | 16           | 23           | 30           | 22           | 35           | 14           |   |
| Emergency Room Hospital        | 27           | 23           | 38           | 24           | 24           | 30           | 38           | 27           | 52           | 37           | 25           | 27           | 31           | 32           | 41           | 34           | 34           | 45           | 21           | 32           | 32           | 26           | 34           | 29           | 25           | 34           | 32           | 30           |   |
| Home                           | 39           | 43           | 34           | 30           | 22           | 70           | 48           | 53           | 78           | 63           | 63           | 68           | 55           | 32           | 32           | 35           | 43           | 36           | 33           | 45           | 29           | 30           | 35           | 26           | 40           | 55           | 43           | 32           |   |
| Other Place of Service         | 120          | 88           | 110          | 145          | 101          | 123          | 125          | 140          | 109          | 114          | 115          | 82           | 112          | 97           | 94           | 110          | 107          | 106          | 89           | 117          | 95           | 118          | 93           | 119          | 106          | 104          | 99           | 74           |   |
| Office                         | 103          | 101          | 103          | 126          | 112          | 113          | 123          | 123          | 121          | 125          | 127          | 129          | 132          | 119          | 158          | 176          | 110          | 97           | 112          | 92           | 100          | 169          | 115          | 168          | 127          | 123          | 151          | 119          |   |

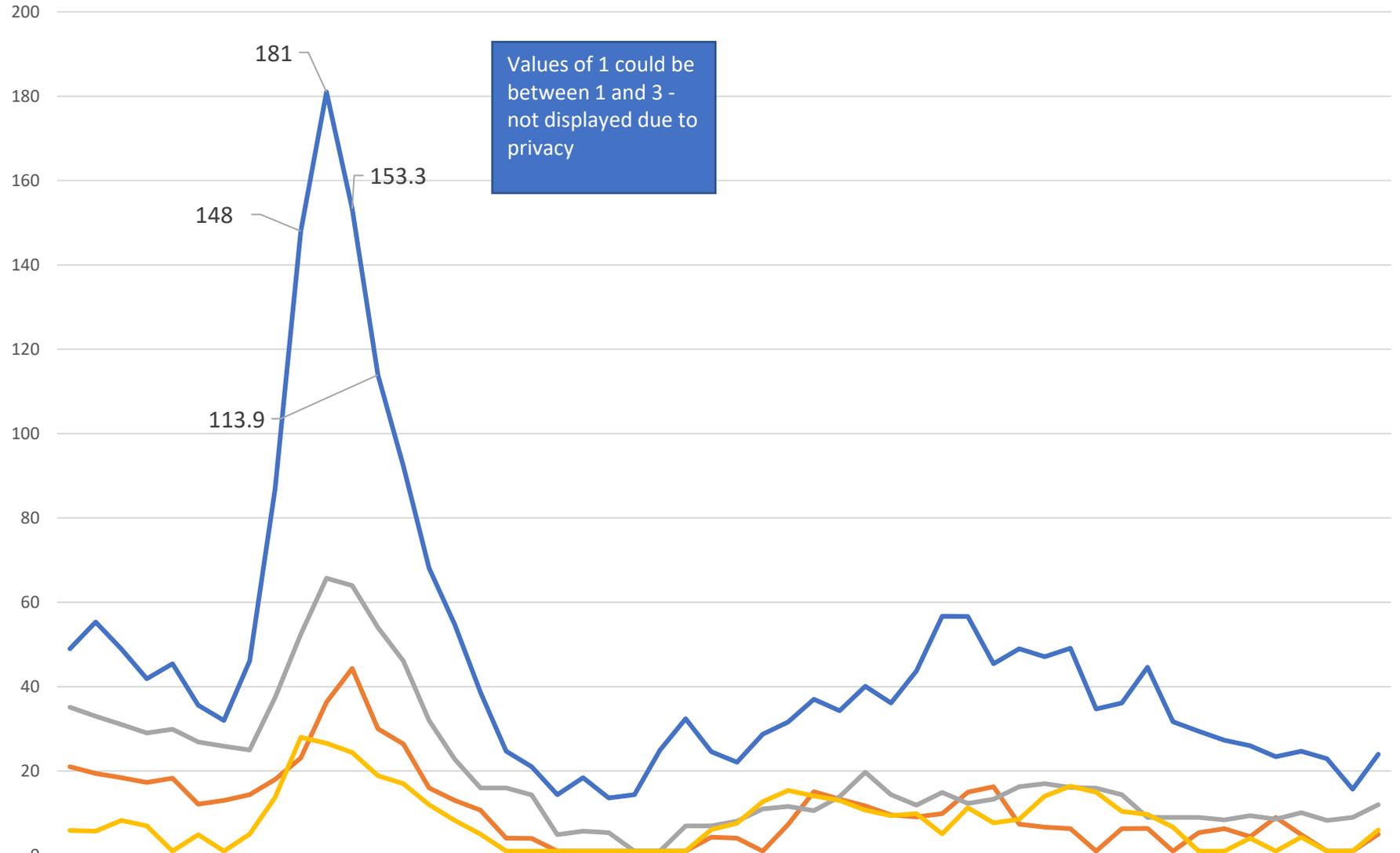
### Place of Service -Investigations, percent of total by week



|                                | 2022 week 17 | 2022 week 18 | 2022 week 19 | 2022 week 20 | 2022 week 21 | 2022 week 22 | 2022 week 23 | 2022 week 24 | 2022 week 25 | 2022 week 26 | 2022 week 27 | 2022 week 28 | 2022 week 29 | 2022 week 30 | 2022 week 31 | 2022 week 32 | 2022 week 33 | 2022 week 34 | 2022 week 35 | 2022 week 36 | 2022 week 37 | 2022 week 38 | 2022 week 39 | 2022 week 40 | 2022 week 41 | 2022 week 42 | 2022 week 43 | 2022 week 44 |   |
|--------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---|
| Custodial Care Facility        |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |   |
| On Campus Outpatient Hospital  |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              | 1            | 1            |              |              |              |              |              |   |
| Skilled Nursing Facility       |              | 1            |              |              |              |              | 1            |              |              |              | 1            |              |              |              |              |              |              |              |              |              |              |              |              |              | 1            |              |              |              |   |
| School                         |              |              |              |              |              | 1            |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              | 1            | 2            |              | 1            |   |
| Homeless Shelter               |              |              |              |              |              |              |              | 1            | 1            |              |              |              |              |              |              |              |              | 1            |              |              |              |              | 1            |              |              |              | 1            |              |   |
| Community Mental Health Center |              | 3            | 1            | 1            |              | 1            |              |              |              | 1            | 1            |              |              | 1            |              |              |              |              |              |              |              |              |              |              |              |              |              |              |   |
| Psych. Residential             |              | 1            |              |              |              |              | 1            |              |              |              | 1            |              |              |              |              |              | 1            | 1            | 1            | 1            | 1            |              |              | 1            |              |              |              |              |   |
| Telehealth                     |              |              |              |              |              |              |              | 1            | 1            |              | 1            | 1            |              |              |              |              | 2            |              | 1            |              | 1            |              | 1            |              |              |              |              |              |   |
| Group Home                     |              | 1            | 2            | 1            | 1            | 2            | 2            | 1            | 1            | 2            |              |              | 1            | 1            | 1            | 1            |              |              | 1            |              |              | 1            | 1            | 1            | 2            |              | 1            | 2            | 2 |
| Assisted Living Facility       |              | 2            |              | 2            | 3            | 1            |              | 2            | 3            | 3            | 2            |              | 1            | 2            | 3            | 5            | 1            | 2            |              | 1            | 1            | 1            |              | 2            | 5            | 4            | 3            |              |   |
| Home                           | 2            | 1            |              |              |              | 2            |              | 2            | 1            | 3            | 1            | 1            | 3            | 2            | 1            | 3            | 2            | 2            | 4            | 1            | 6            | 7            |              | 4            |              | 1            |              |              |   |
| Office                         | 5            | 6            | 1            | 4            | 3            | 2            | 4            | 3            | 4            | 1            | 2            | 6            | 7            | 4            | 3            | 5            | 2            |              | 4            | 2            | 1            | 5            | 2            | 3            | 2            | 7            | 5            | 2            |   |
| Inpatient Hospital             | 10           | 8            | 8            | 6            | 3            | 4            | 5            | 4            | 5            | 16           | 2            | 9            | 11           | 10           | 5            | 5            | 4            | 6            | 2            | 1            | 4            | 4            | 4            | 5            | 2            | 2            | 3            | 4            |   |
| Inpatient Psychiatric Facility | 12           | 16           | 9            | 8            | 6            | 12           | 15           | 13           | 12           | 9            | 11           | 7            | 7            | 10           | 7            | 8            | 11           | 12           | 8            | 3            | 8            | 9            | 5            | 5            | 8            | 11           | 14           | 8            |   |
| Prison Correctional Facility   | 7            | 6            | 4            | 13           | 10           | 14           | 8            | 10           | 18           | 12           | 15           | 12           | 16           | 18           | 19           | 13           | 8            | 15           | 15           | 11           | 9            | 7            | 14           | 15           | 10           | 9            | 17           | 14           |   |
| Other Place of Service         | 19           | 24           | 22           | 20           | 27           | 33           | 20           | 23           | 25           | 23           | 32           | 17           | 22           | 21           | 25           | 28           | 23           | 21           | 21           | 21           | 21           | 26           | 42           | 29           | 23           | 19           | 23           | 21           |   |
| Emergency Room Hospital        | 30           | 35           | 45           | 38           | 29           | 38           | 45           | 40           | 45           | 41           | 46           | 31           | 42           | 30           | 48           | 50           | 40           | 41           | 21           | 33           | 28           | 33           | 37           | 34           | 35           | 35           | 35           | 34           |   |



# Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average



Values of 1 could be between 1 and 3 - not displayed due to privacy

|                 | 11/5/2021 | 11/12/2021 | 11/19/2021 | 11/26/2021 | 12/3/2021 | 12/10/2021 | 12/17/2021 | 12/24/2021 | 12/31/2021 | 1/7/2022 | 1/14/2022 | 1/21/2022 | 1/28/2022 | 2/4/2022 | 2/11/2022 | 2/18/2022 | 2/25/2022 | 3/4/2022 | 3/11/2022 | 3/18/2022 | 3/25/2022 | 4/1/2022 | 4/8/2022 | 4/15/2022 | 4/22/2022 | 4/29/2022 | 5/6/2022 | 5/13/2022 | 5/20/2022 | 5/27/2022 | 6/3/2022 | 6/10/2022 | 6/17/2022 | 6/24/2022 | 7/1/2022 | 7/8/2022 | 7/15/2022 | 7/22/2022 | 7/29/2022 | 8/5/2022 | 8/12/2022 | 8/19/2022 | 8/26/2022 | 9/2/2022 | 9/9/2022 | 9/16/2022 | 9/23/2022 | 9/30/2022 | 10/7/2022 | 10/14/2022 | 10/21/2022 | 10/28/2022 |
|-----------------|-----------|------------|------------|------------|-----------|------------|------------|------------|------------|----------|-----------|-----------|-----------|----------|-----------|-----------|-----------|----------|-----------|-----------|-----------|----------|----------|-----------|-----------|-----------|----------|-----------|-----------|-----------|----------|-----------|-----------|-----------|----------|----------|-----------|-----------|-----------|----------|-----------|-----------|-----------|----------|----------|-----------|-----------|-----------|-----------|------------|------------|------------|
| Prov. Everett   | 49        | 55         | 49         | 42         | 45        | 36         | 32         | 46         | 87         | 148      | 181       | 153       | 114       | 92       | 68        | 55        | 39        | 25       | 21        | 14        | 18        | 14       | 14       | 25        | 32        | 25        | 22       | 29        | 32        | 37        | 34       | 40        | 36        | 44        | 57       | 57       | 45        | 49        | 47        | 49       | 35        | 36        | 45        | 32       | 29       | 27        | 26        | 23        | 25        | 23         | 16         | 24         |
| SVH             | 21        | 19         | 18         | 17         | 18        | 12         | 13         | 14         | 18         | 23       | 36        | 44        | 30        | 26       | 16        | 13        | 11        | 4.1      | 4         | 1         | 1         | 1        | 1        | 1         | 1         | 4.3       | 4.1      | 1         | 7.3       | 15        | 13       | 12        | 9.6       | 9.1       | 9.9      | 15       | 16        | 7.4       | 6.7       | 6.3      | 1         | 6.3       | 6.4       | 1        | 5.4      | 6.3       | 4.4       | 9         | 4.9       | 1          | 1          | 5          |
| ST Joe          | 35        | 33         | 31         | 29         | 30        | 27         | 26         | 25         | 37         | 52       | 66        | 64        | 54        | 46       | 32        | 23        | 16        | 16       | 14        | 4.9       | 5.7       | 5.4      | 1        | 1         | 7         | 7         | 8.1      | 11        | 12        | 11        | 14       | 20        | 14        | 12        | 15       | 12       | 13        | 16        | 17        | 16       | 16        | 14        | 9         | 9        | 9        | 8.4       | 9.4       | 8.6       | 10        | 8.3        | 9          | 12         |
| Swedish Edmonds | 5.9       | 5.7        | 8.3        | 7          | 1         | 4.9        | 1          | 5          | 14         | 28       | 27        | 24        | 19        | 17       | 12        | 8.3       | 5         | 1        | 1         | 1         | 1         | 1        | 1        | 1         | 1         | 6.1       | 7.6      | 13        | 15        | 14        | 13       | 11        | 9.4       | 9.9       | 5.1      | 11       | 7.7       | 8.6       | 14        | 16       | 15        | 10        | 9.7       | 6.7      | 1        | 1         | 4.1       | 1         | 4.3       | 1          | 1          | 6          |

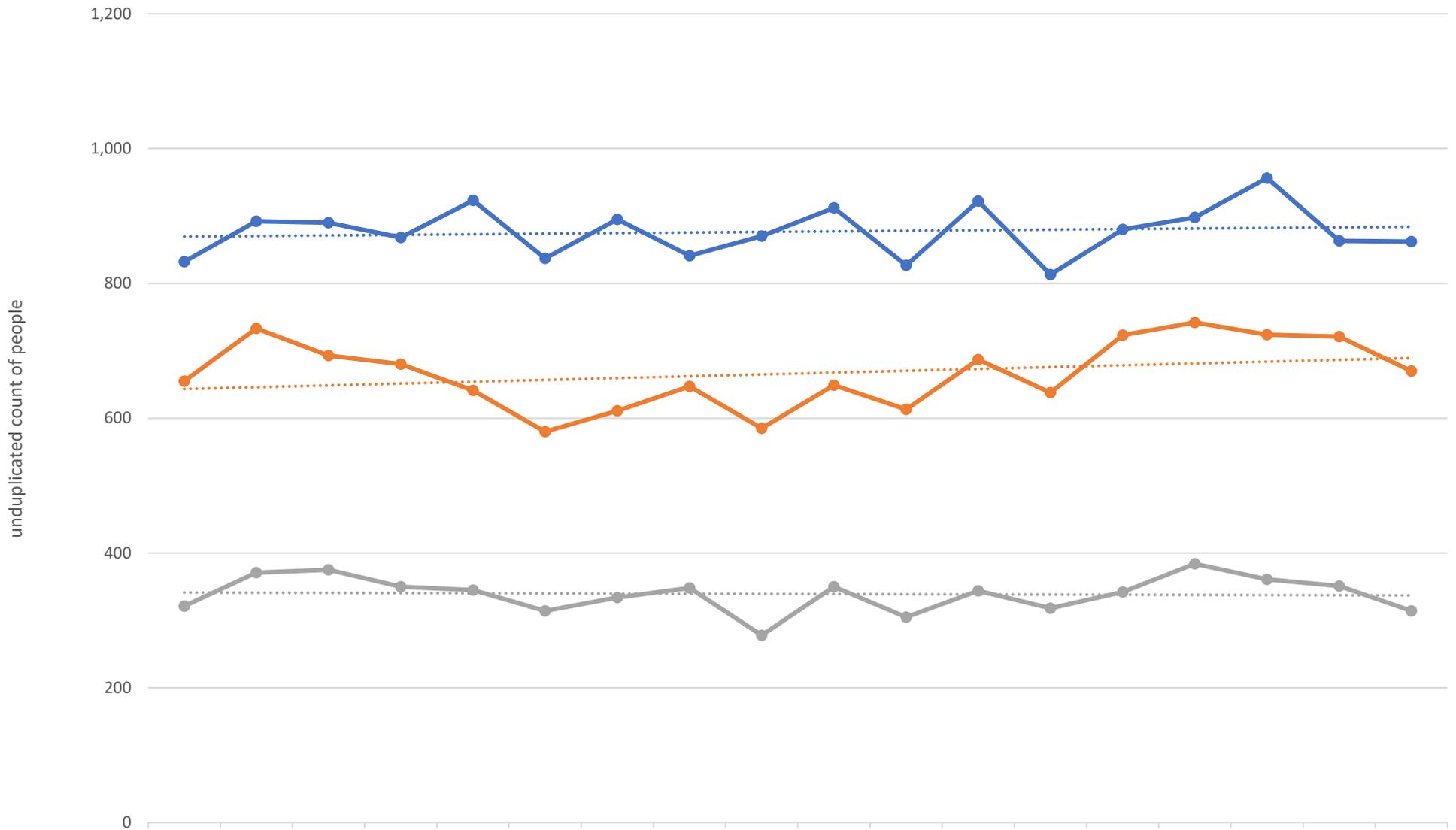




## North Sound Crisis System Dashboard

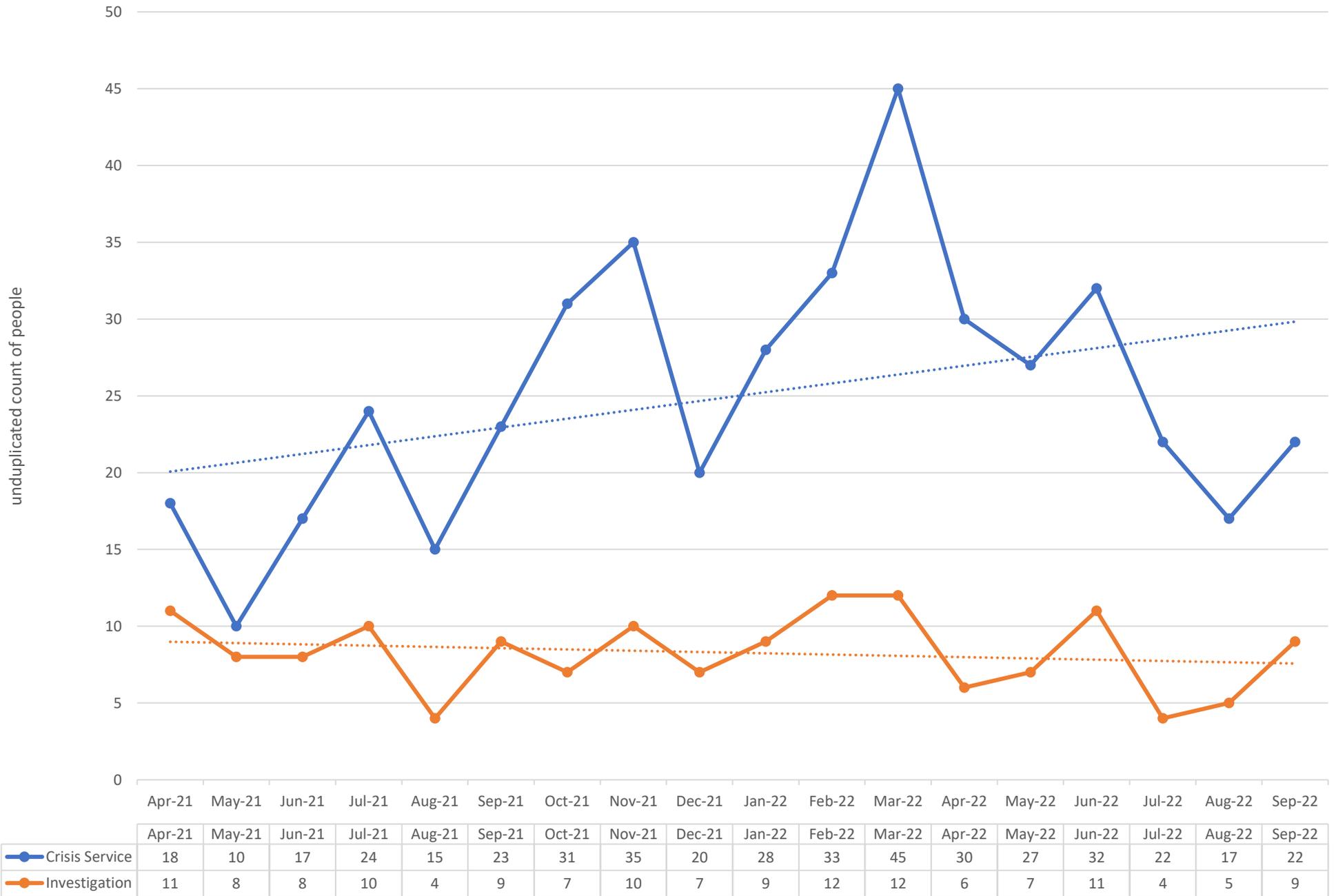
|         |   |
|---------|---|
| Page 2  | Unduplicated People receiving a crisis system service             |
| Page 3  | Island - Unduplicated People receiving a crisis system service    |
| Page 4  | San Juan - Unduplicated People receiving a crisis system service  |
| Page 5  | Skagit - Unduplicated People receiving a crisis system service    |
| Page 6  | Snohomish - Unduplicated People receiving a crisis system service |
| Page 7  | Whatcom - Unduplicated People receiving a crisis system service   |
| Page 8  | Region Designated Crisis Responder (DCR) Investigations           |
| Page 9  | Region DCR Investigation Referral Sources                         |
| Page 10 | Region DCR Investigation Outcomes                                 |

## Unduplicated People receiving a crisis system service

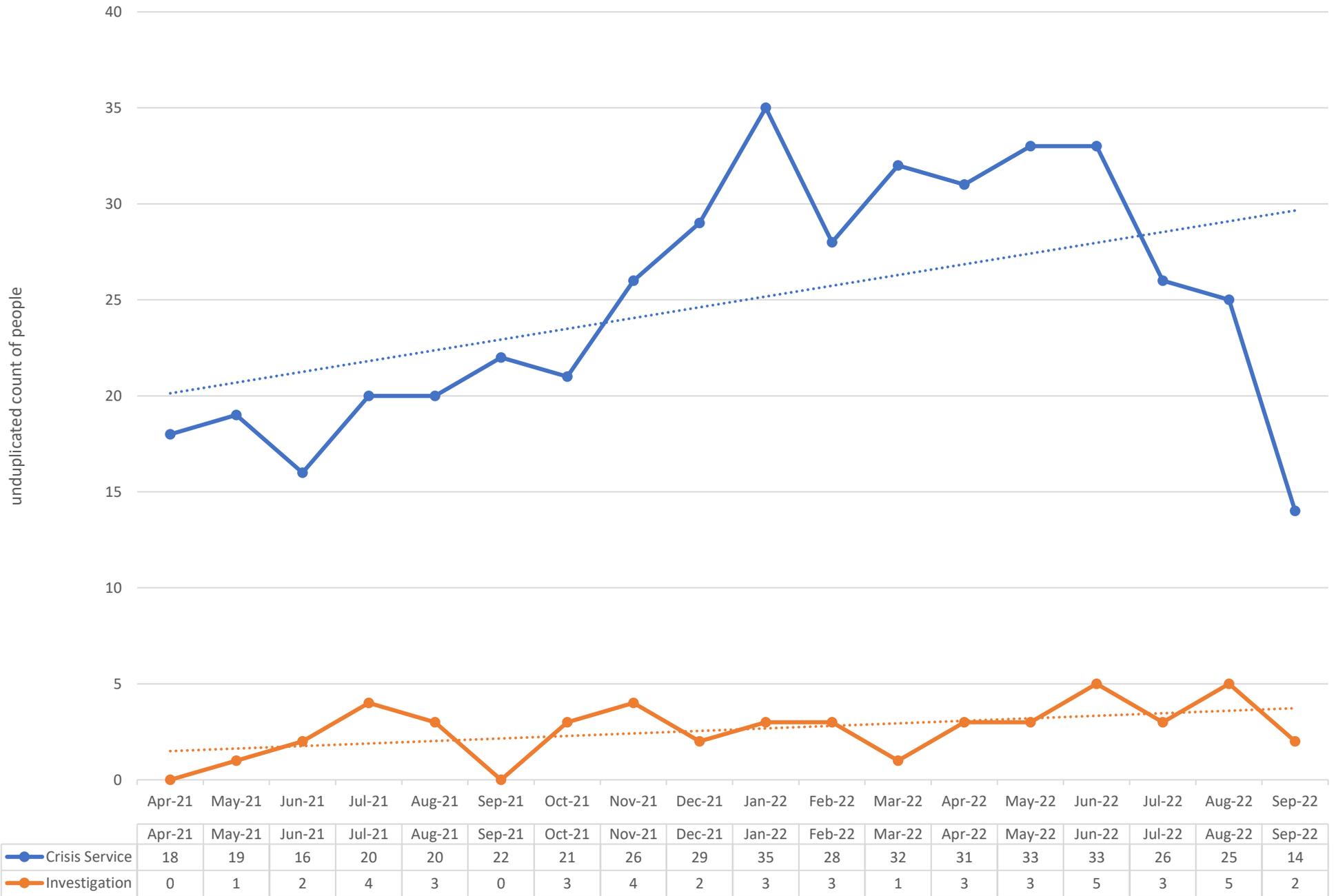


|                  | Apr-21 | May-21 | Jun-21 | Jul-21 | Aug-21 | Sep-21 | Oct-21 | Nov-21 | Dec-21 | Jan-22 | Feb-22 | Mar-22 | Apr-22 | May-22 | Jun-22 | Jul-22 | Aug-22 | Sep-22 |
|------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| ● Crisis Call    | 832    | 892    | 890    | 868    | 923    | 837    | 895    | 841    | 870    | 912    | 827    | 922    | 813    | 880    | 898    | 956    | 863    | 862    |
| ● Crisis Service | 655    | 733    | 693    | 680    | 641    | 580    | 611    | 647    | 585    | 649    | 613    | 687    | 638    | 723    | 742    | 724    | 721    | 670    |
| ● Investigation  | 321    | 371    | 375    | 350    | 345    | 314    | 334    | 348    | 278    | 350    | 305    | 344    | 318    | 342    | 384    | 361    | 351    | 314    |

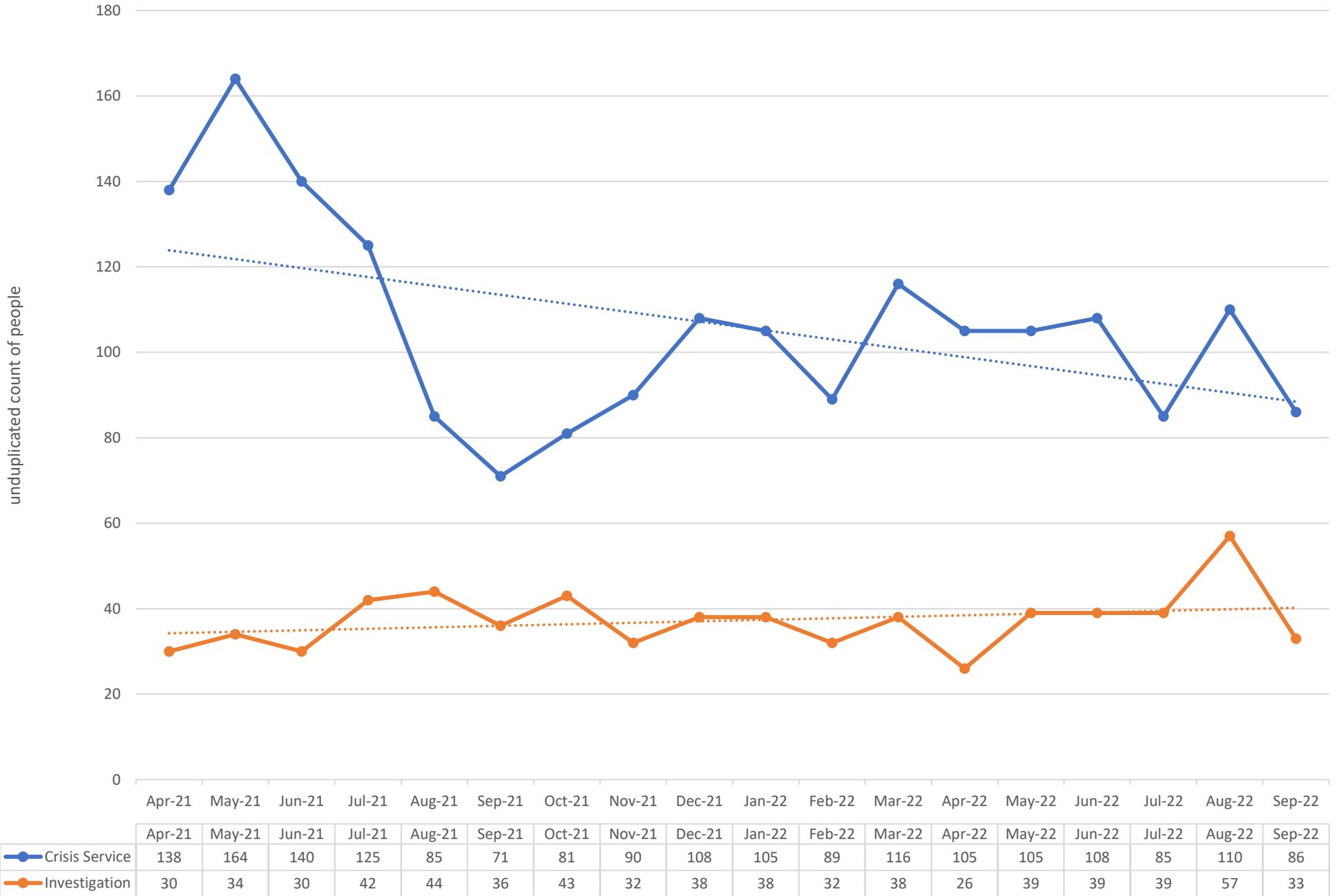
### Island - Unduplicated People receiving a crisis system service



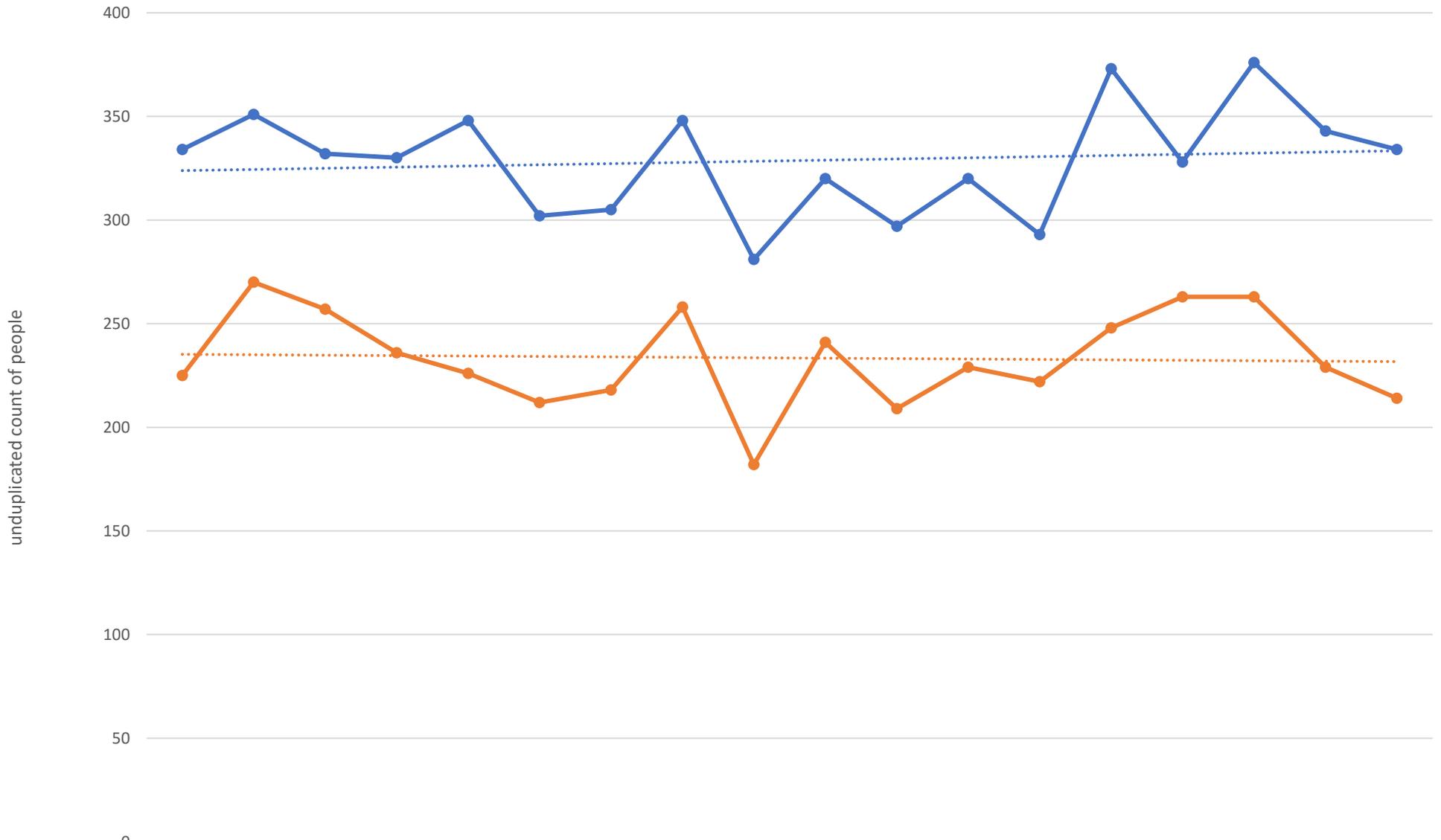
## San Juan - Unduplicated People receiving a crisis system service



### Skagit - Unduplicated People receiving a crisis system service

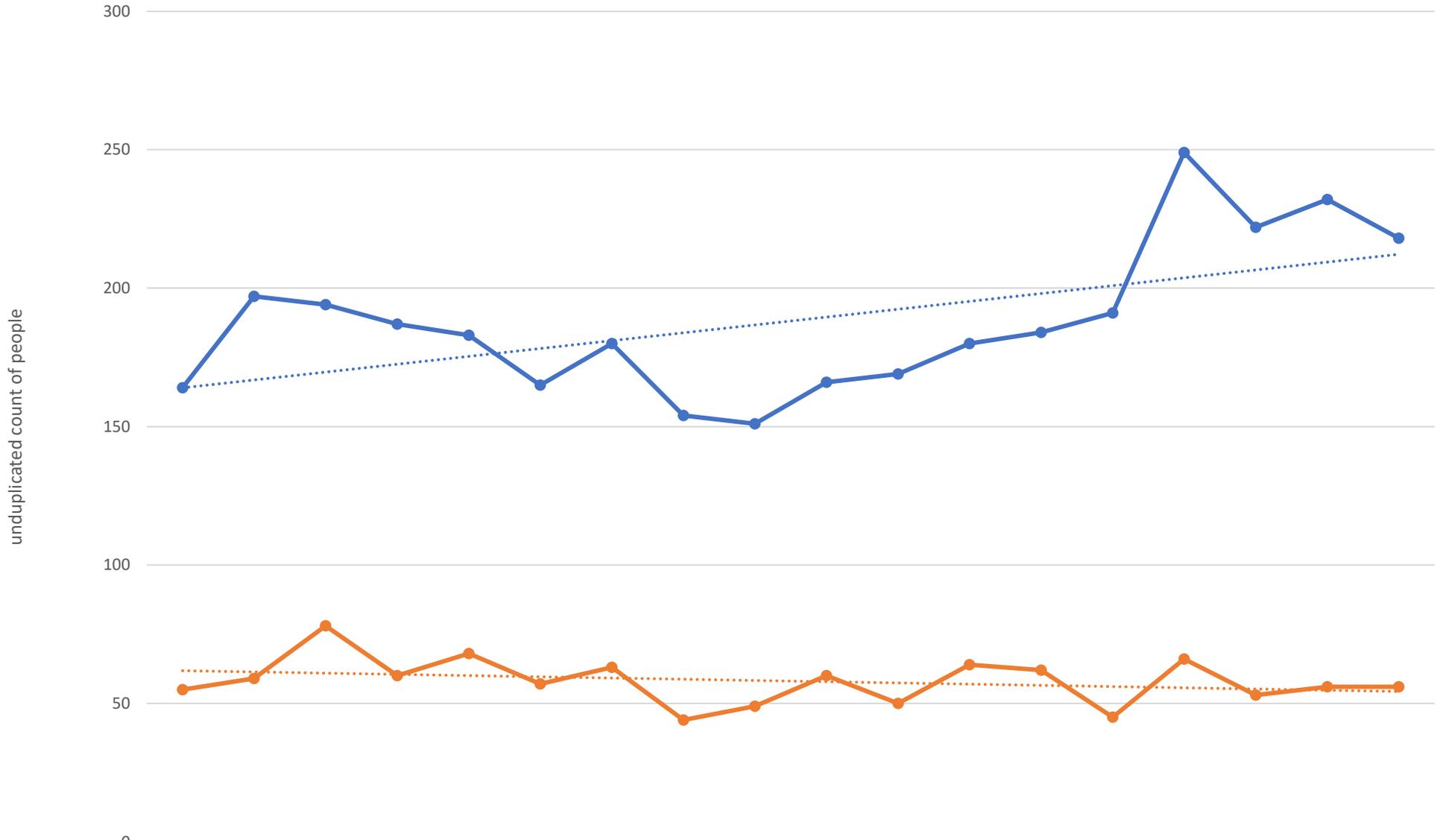


## Snohomish - Unduplicated People receiving a crisis system service



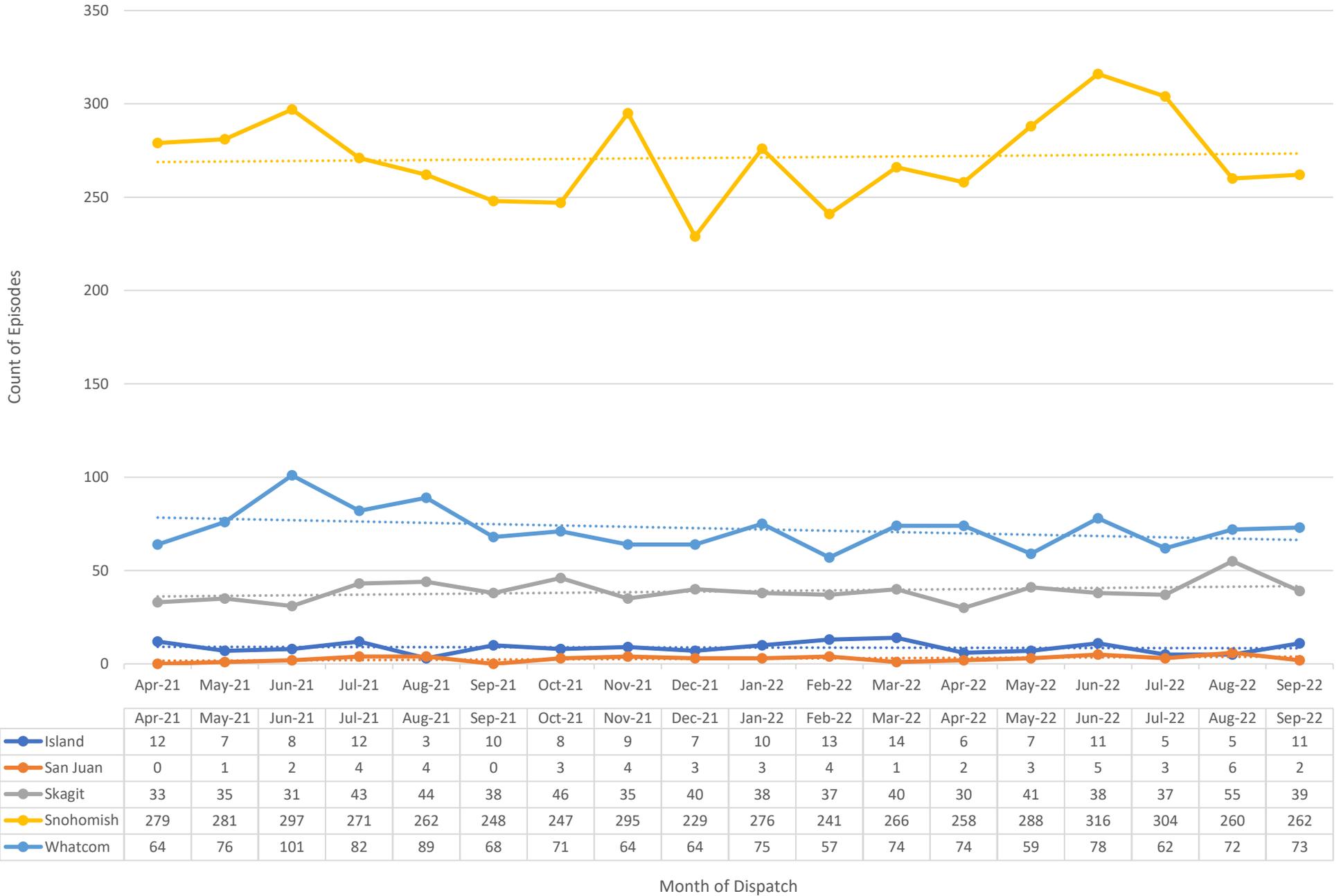
|                  | Apr-21 | May-21 | Jun-21 | Jul-21 | Aug-21 | Sep-21 | Oct-21 | Nov-21 | Dec-21 | Jan-22 | Feb-22 | Mar-22 | Apr-22 | May-22 | Jun-22 | Jul-22 | Aug-22 | Sep-22 |
|------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| ● Crisis Service | 334    | 351    | 332    | 330    | 348    | 302    | 305    | 348    | 281    | 320    | 297    | 320    | 293    | 373    | 328    | 376    | 343    | 334    |
| ● Investigation  | 225    | 270    | 257    | 236    | 226    | 212    | 218    | 258    | 182    | 241    | 209    | 229    | 222    | 248    | 263    | 263    | 229    | 214    |

# Whatcom - Unduplicated People receiving a crisis system service

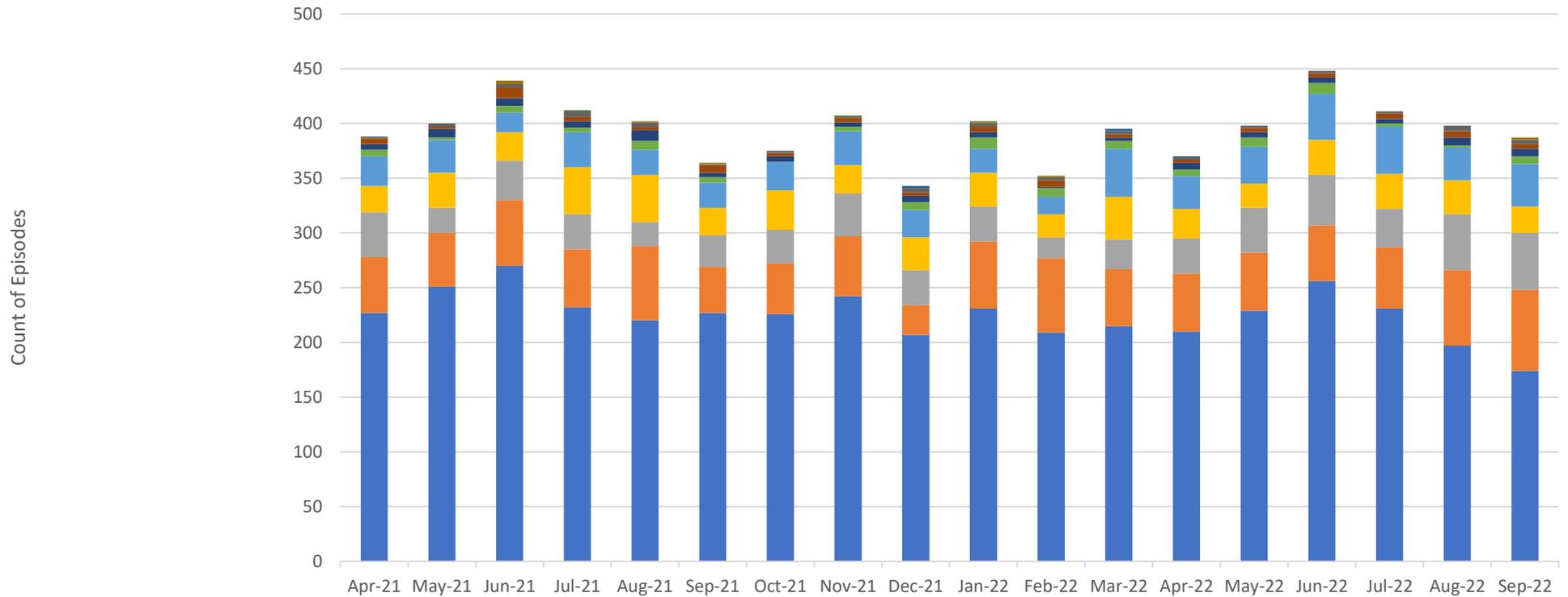


|                  | Apr-21 | May-21 | Jun-21 | Jul-21 | Aug-21 | Sep-21 | Oct-21 | Nov-21 | Dec-21 | Jan-22 | Feb-22 | Mar-22 | Apr-22 | May-22 | Jun-22 | Jul-22 | Aug-22 | Sep-22 |
|------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| ● Crisis Service | 164    | 197    | 194    | 187    | 183    | 165    | 180    | 154    | 151    | 166    | 169    | 180    | 184    | 191    | 249    | 222    | 232    | 218    |
| ● Investigation  | 55     | 59     | 78     | 60     | 68     | 57     | 63     | 44     | 49     | 60     | 50     | 64     | 62     | 45     | 66     | 53     | 56     | 56     |

## Region Designated Crisis Responder (DCR) Investigations



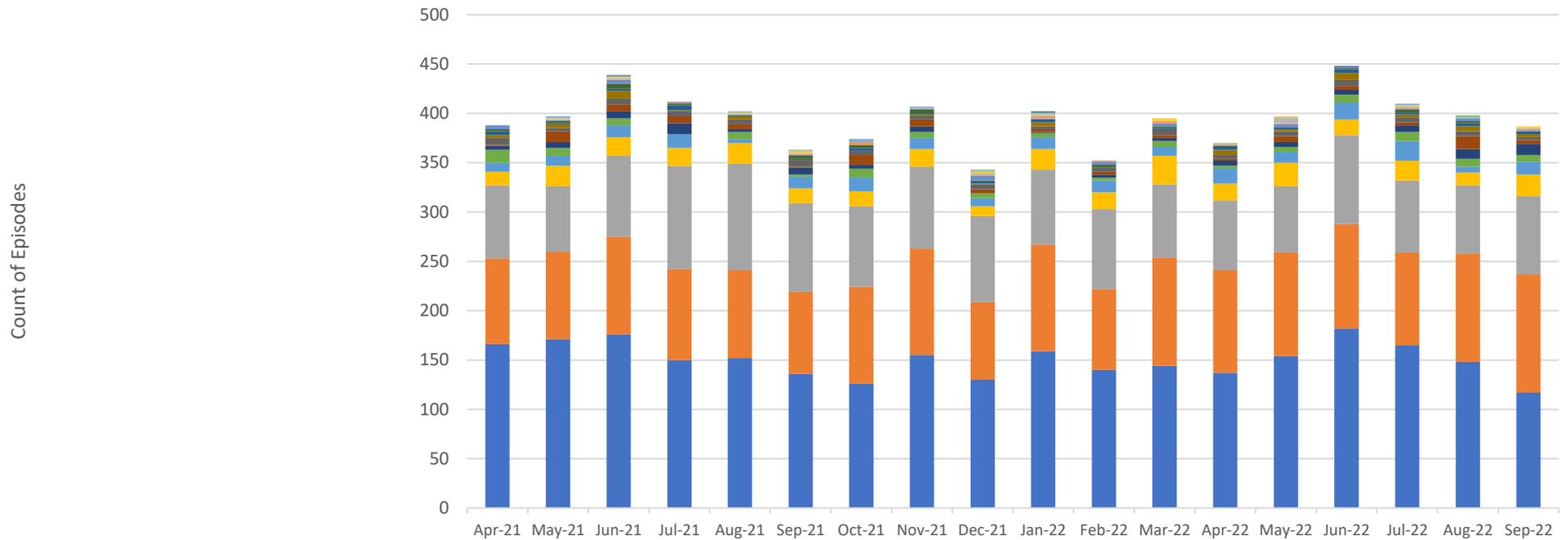
## Region DCR Investigation Referral Sources



|                                      | Apr-21 | May-21 | Jun-21 | Jul-21 | Aug-21 | Sep-21 | Oct-21 | Nov-21 | Dec-21 | Jan-22 | Feb-22 | Mar-22 | Apr-22 | May-22 | Jun-22 | Jul-22 | Aug-22 | Sep-22 |
|--------------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Impact Team Law Enforcement Referral | 0      | 0      | 0      | 1      | 0      | 0      | 0      | 0      | 0      | 1      | 0      | 0      | 0      | 0      | 0      | 0      | 0      | 0      |
| School                               | 1      | 0      | 0      | 0      | 0      | 0      | 0      | 1      | 2      | 0      | 0      | 2      | 1      | 0      | 0      | 0      | 0      | 0      |
| Referral from MCR to DCR             | 1      | 0      | 3      | 0      | 1      | 1      | 0      | 1      | 0      | 1      | 1      | 0      | 0      | 0      | 0      | 0      | 0      | 2      |
| Community                            | 0      | 3      | 3      | 5      | 4      | 1      | 2      | 0      | 4      | 3      | 3      | 3      | 2      | 2      | 2      | 2      | 5      | 4      |
| Social Service Provider              | 5      | 2      | 10     | 4      | 3      | 7      | 3      | 4      | 3      | 5      | 6      | 3      | 3      | 4      | 4      | 5      | 6      | 4      |
| Care Facility                        | 5      | 8      | 7      | 6      | 10     | 4      | 5      | 4      | 6      | 5      | 1      | 3      | 6      | 5      | 5      | 4      | 7      | 7      |
| Legal Representative                 | 6      | 2      | 6      | 4      | 8      | 5      | 0      | 4      | 7      | 10     | 8      | 7      | 6      | 8      | 10     | 3      | 2      | 7      |
| Professional                         | 27     | 30     | 18     | 32     | 23     | 23     | 26     | 31     | 25     | 22     | 16     | 44     | 30     | 34     | 42     | 43     | 30     | 39     |
| Law Enforcement                      | 24     | 32     | 26     | 43     | 43     | 25     | 36     | 26     | 30     | 31     | 21     | 39     | 27     | 22     | 32     | 32     | 31     | 24     |
| Other                                | 41     | 23     | 36     | 32     | 22     | 29     | 31     | 39     | 32     | 32     | 19     | 27     | 32     | 41     | 46     | 35     | 51     | 52     |
| Family                               | 51     | 49     | 60     | 53     | 68     | 42     | 46     | 55     | 27     | 61     | 68     | 52     | 53     | 53     | 51     | 56     | 69     | 74     |
| Hospital                             | 227    | 251    | 270    | 232    | 220    | 227    | 226    | 242    | 207    | 231    | 209    | 215    | 210    | 229    | 256    | 231    | 197    | 174    |

Month of Dispatch

## Region DCR Investigation Outcomes



|   | Apr-21 | May-21 | Jun-21 | Jul-21 | Aug-21 | Sep-21 | Oct-21 | Nov-21 | Dec-21 | Jan-22 | Feb-22 | Mar-22 | Apr-22 | May-22 | Jun-22 | Jul-22 | Aug-22 | Sep-22 |
|---|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| ■ Referred to sobering unit   | 0      | 0      | 1      | 0      | 0      | 0      | 0      | 0      | 0      | 1      | 0      | 0      | 0      | 0      | 1      | 0      | 0      | 0      |
| ■ Petition filed for outpatient evaluation  | 0      | 0      | 0      | 0      | 0      | 0      | 0      | 0      | 1      | 1      | 0      | 0      | 1      | 0      | 0      | 0      | 2      | 0      |
| ■ Referred to chemical dependency inpatient program                                   | 0      | 2      | 1      | 0      | 1      | 1      | 3      | 1      | 1      | 1      | 0      | 0      | 0      | 0      | 0      | 2      | 1      | 0      |
| ■ Referred to chemical dependency intensive outpatient program                        | 0      | 1      | 1      | 0      | 1      | 2      | 0      | 0      | 2      | 1      | 0      | 3      | 0      | 1      | 0      | 1      | 0      | 2      |
| ■ Referred to acute detox   | 0      | 1      | 1      | 0      | 1      | 1      | 0      | 1      | 1      | 1      | 0      | 0      | 0      | 6      | 0      | 1      | 0      | 1      |
| ■ Referred to sub acute detox   | 0      | 0      | 1      | 1      | 0      | 1      | 3      | 0      | 1      | 2      | 1      | 2      | 1      | 1      | 0      | 1      | 0      | 1      |
| ■ No detention - E&T provisional acceptance did not occur within statutory timeframes | 4      | 1      | 4      | 1      | 1      | 1      | 0      | 1      | 5      | 1      | 3      | 3      | 1      | 3      | 1      | 1      | 3      | 1      |
| ■ Detention to Secure Detox facility (72 hours as identified under 71.05)             | 2      | 2      | 5      | 2      | 1      | 3      | 3      | 5      | 1      | 0      | 3      | 2      | 1      | 0      | 1      | 3      | 2      | 0      |
| ■ Filed petition - recommending LRA extension.  | 4      | 1      | 2      | 5      | 0      | 1      | 3      | 1      | 2      | 3      | 0      | 1      | 3      | 2      | 4      | 2      | 3      | 3      |
| ■ No detention - Unresolved medical issues  | 3      | 4      | 8      | 1      | 3      | 1      | 0      | 1      | 1      | 4      | 0      | 0      | 5      | 2      | 7      | 3      | 5      | 3      |
| ■ Referred to crisis triage   | 7      | 3      | 6      | 5      | 5      | 6      | 4      | 3      | 5      | 3      | 4      | 6      | 4      | 5      | 6      | 5      | 5      | 3      |
| ■ Referred to non-mental health community resources.                                  | 1      | 11     | 7      | 7      | 5      | 1      | 10     | 7      | 4      | 3      | 3      | 3      | 2      | 6      | 4      | 3      | 13     | 4      |
| ■ Non-emergent detention petition filed   | 4      | 6      | 7      | 11     | 3      | 7      | 4      | 6      | 0      | 1      | 3      | 3      | 5      | 5      | 5      | 7      | 10     | 11     |
| ■ Returned to inpatient facility/filed revocation petition.                           | 13     | 8      | 7      | 0      | 7      | 2      | 9      | 6      | 5      | 4      | 3      | 6      | 3      | 5      | 8      | 9      | 8      | 7      |
| ■ Did not require MH or CD services   | 9      | 10     | 12     | 14     | 4      | 12     | 14     | 11     | 8      | 12     | 12     | 9      | 15     | 11     | 17     | 20     | 6      | 13     |
| ■ Referred to voluntary inpatient mental health services.                             | 14     | 21     | 19     | 18     | 21     | 15     | 15     | 18     | 10     | 21     | 17     | 29     | 17     | 24     | 16     | 20     | 13     | 22     |
| ■ Other   | 74     | 66     | 82     | 105    | 108    | 90     | 82     | 83     | 87     | 76     | 81     | 74     | 71     | 67     | 90     | 73     | 69     | 79     |
| ■ Referred to voluntary outpatient mental health services.                            | 87     | 89     | 99     | 92     | 89     | 83     | 98     | 108    | 79     | 108    | 82     | 110    | 104    | 105    | 106    | 94     | 110    | 120    |
| ■ Detention (72 hours as identified under the Involuntary Treatment Act, RCW 71.05).  | 166    | 171    | 176    | 150    | 152    | 136    | 126    | 155    | 130    | 159    | 140    | 144    | 137    | 154    | 182    | 165    | 148    | 117    |

Month of Dispatch



# NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

## Provider Bulletin October 2022

### WEBSITE LINKS:

#### Numbered Memorandum

<https://www.nsbhaso.org/memorandums>

#### Data Dictionary

<https://www.nsbhaso.org/data/dict>

#### Forms & Reports

<https://www.nsbhaso.org/form-reports>

#### Policies

<http://www.nsbhaso.org/policies>

#### Brochures

[www.nsbhaso.org/brochures](http://www.nsbhaso.org/brochures)

#### HCA Customer Service

<https://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage/apple-health-managed-care>

### Contact Us:

#### North Sound Behavioral Health Administrative Services Organization

2021 E. College Way, Suite 101

Mount Vernon, WA 98273

360.416.7013 1.800.684.3555

FAX: 360.899.4754

800.684.3555 x 617



[compliance\\_officer@nsbhaso.org](mailto:compliance_officer@nsbhaso.org)

### DISCHARGE PLANNER TOOLKIT

Access to housing is one of the most common barriers to discharge from the inpatient setting. Unfortunately, this often leads to patients being discharged back onto the streets without adequate housing. The Washington State Healthcare Authority (HCA) has created the Discharge Planner Toolkit to support discharge planners, case managers and other staff in connecting patients with appropriate housing resources in their area. The toolkit provides both an electronic decision tree as well as a comprehensive list of available resources. The electronic decision tree easily allows staff to identify resources appropriate for the individual patient based on their specific circumstances.

[Read the HCA's full announcement online here to learn more.](#)

### MOBILE RESPONSE AND STABILIZATION SERVICES (MRSS) FOR CHILDREN, YOUTH AND FAMILIES

North Sound BH-ASO is excited to announce that Compass Health was awarded the contract for new Child, Youth and Family Crisis Teams (CYFCT) in Whatcom, Skagit, and Snohomish Counties. MMRS is a child and family specific crisis intervention model that recognizes the developmental needs of children, young adults, parents, and care givers. CYFCT will provide initial crisis response and ongoing stabilization support that offers the community an upstream intervention that recognizes the family's sense of urgency and focuses on shifting pathways from higher intensity services. Compass Health's CYFCT will be a significant enhancement to our existing care crisis continuum. More information will be provided as the program is developed and implemented over the coming year.

### STOPOVERDOSE.ORG PROJECT

[Stopoverdose.org](http://stopoverdose.org) is a project of the Center for Community-Engaged Drug Education, Epidemiology, and Research (CEDEER) at the University of Washington Addictions, Drug & Alcohol Institute (ADAI). It is funded by the WA State Health Care Authority, Division of Behavioral Health and Recovery and offers excellent educational information for individuals, professionals, and communities in Washington State who want to learn to prevent and respond to overdose, and improve the health of people who use drugs.

Click [here](#) to access the stopoverdose.org "What's up with fentanyl?" handout.



# NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

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## **BH-ASOs ADOPT 2023 LEGISLATIVE PRIORITIES**

The state association of Behavioral Health Administrative Service Organizations [BH-ASOs] have adopted the following legislative priorities for the 2023 Legislative Session:

1. Ensure adequate and sustainable funding for the expanded crisis system, including the 988-line, Regional Crisis Lines, and Mobile Crisis Outreach Teams.
2. Increase state requirements for and monitoring of Managed Care Organizations' "network adequacy" for behavioral health services.
3. Provide sustainable provider rates for both Medicaid and non-Medicaid services.
4. Provide adequate and targeted funding to reimburse Superior Courts for all the costs associated with Involuntary Treatment Act hearings.

## **RECOVERY NAVIGATOR PROGRAM (RNP)**

RNP has been implemented in the North Sound Region. The program is designed to function as a diversion option for law enforcement in lieu of arrest for minor crimes, in addition to providing community-based outreach to youth and adults with substance use disorder (SUD), including persons with co-occurring substance use disorders and mental health conditions. The primary function of RNP is connection and stabilization with respect to a variety of social determinants/vulnerability factors. Individuals referred to the program will benefit from care coordination and connections to a broad range of community resources including SUD/MH treatment and recovery support services. There are two types of referrals into RNP: point of contact referrals by law enforcement and social contact referrals by law enforcement, service providers, community members, and friends/family. For more information, email James Dixon at [james\\_dixon@nsbhaso.org](mailto:james_dixon@nsbhaso.org)

Contract providers for North Sound RNP:

Island County - Island County Human Services

San Juan County - Compass Health

Skagit County - Community Action of Skagit County

Snohomish County – Snohomish County Law Enforcement Assisted Diversion (LEAD)

Whatcom County - Whatcom County LEAD

## **REGIONAL CRISIS TRAINING MODULE**

North Sound BH-ASO has updated our Regional Crisis Training Module for 2022. The training module can be accessed through the Relias Training platform or available on our provider training resource page:

<https://nsbhaso.org/for-providers/trainings>

## **OFFICE OF BEHAVIORAL HEALTH ADVOCACY**

Effective October 1, 2022, the Office of Behavioral Health Advocacy (OBHA) replaced the regional Ombuds services. OBHA provides behavioral health advocacy services to individuals needing access to and current recipients of behavioral



# NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

**Provider Bulletin October 2022**

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health services in Washington State. We encourage all providers to review and determine impacts and changes that may be required to policies, procedures, and forms.

Office of Behavioral Health Advocacy

<https://www.obhadvocacy.org/>

Phone: 800-366-3103

OBHA Brochure ([click here](#))

OBHA Advocacy Poster ([click here](#))