

CONSEJO PRESENTERS

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Executive Director

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OUR MISSION

To provide behavioral health, substance use disorder services and gender-based survivors services to individuals and families across Thurston/Mason, Pierce, King and the North sound region to improve the quality of their lives. Consejo empower clients to participate in their communities at their highest level of functioning.

Transform - Strengthen - Empower



BACKGROUND

- ◆ Founded in 1978 as 501(c)(3) organization.
- ◆ Focus on serving low-income persons.
- ◆ Services for children, youth, young adults, families, adults and older
- ◆ 12 Outpatient Behavioral Health Locations across King, Thurston/Mason, Pierce
- ◆ and Telehealth services for the North Sound Region.
- ◆ Licensed to provide outpatient **Mental Health and Outpatient SUD** services
- ◆ Licensed by the Division of Behavioral Health and Recovery Services.
- ◆ Accredited by the Joint Commission for behavioral health care .





WHAT MAKES CONSEJO UNIQUE?

◆ Decentralized Model of Care:

- Home, school, community, Telehealth and agency based services.

◆ Bilingual and culturally competent staff.

◆ Integrated Behavioral Health Organization:

- Mental Health, Psychiatric Care, Substance Use Disorder,
- Complimentary Medicine and primary care services in some facilities

◆ Partnership with School Districts

◆ Services for Medicaid, Insured, and Uninsured Clients.

◆ Therapeutic services for Sexual Assault & Domestic Violence survivors.

◆ Tailored care for older adults clients with behavioral health conditions

◆ Care Coordination Services

◆ Trauma informed care services



WHAT MAKES CONSEJO UNIQUE?

◆ Partnership

- Juvenile Justice System
- Mental Health Court
- Drug Court
- Family Court
- Veterans Court

◆ Integrated Behavioral Health Organization:

- Mental Health, Psychiatric Care, Substance Use Disorder,
- Naturopathic Medicine and Nutrition
- Primary care MOU's with Health Point, Country Doctor, Swedish Cherry Hill, Peninsula health services and community Health Clinic among others.

❖ Care coordination services with Hospitals and primary care clinics

❖ Use of collective Technologies and Electronic Health Records



MENTAL HEALTH CLINICAL SERVICES

- ❖ Behavioral health Outreach and engagement
- ❖ Mental Health Screenings
- ❖ Behavioral Health Assessments
- ❖ Individual Psycho-Therapy
- ❖ Group/Family therapy
- ❖ Trauma-informed care
- ❖ Case Management services
- ❖ Care Coordination and system navigation services
- ❖ Peer services
- ❖ Less Restrictive Alternatives (LRA)
- ❖ Psychiatric evaluations
- ❖ Medication management
- ❖ Tele- medicine/Tele-psychiatry
- ❖ Services to children, youth, adults, and older adults
- ❖ School-Based services to children and adolescents
- ❖ Wellness services for all clients
- ❖ COVID-19 Community response services (Rental Assistance, immigrant relief fund, energy assistance, Emergency food cards, vaccine education, vaccine clinics)
- ❖ Adult and Older adult day support service pre-pandemic



SUD OUTPATIENT CLINICAL SERVICES

- ❖ SUD Screenings
- ❖ SUD Bio-Psychosocial assessments
- ❖ SUD Individual therapy
- ❖ SUD Group therapy
- ❖ Case Management Services
- ❖ Care coordination and system navigation services
- ❖ Alcohol/Drug Screening (UAs)
- ❖ Trauma informed Care
- ❖ Recovery Coach Services
- ❖ Outpatient treatment- **Level I**
- ❖ Intensive Outpatient treatment- **Level II**
- ❖ Relapse Prevention
- ❖ Aftercare services
- ❖ DUI assessments
- ❖ Court Mandated Treatment
- ❖ Therapeutic Court Services
- ❖ Drug and Alcohol Information School
- ❖ Services to youth and adults clients
- ❖ School-Based services to children and adolescents
- ❖ Wellness services for all clients
- ❖ COVID-19 Community response services (Rental Assistance, immigrant relief fund, energy assistance, Emergency food cards, vaccine education, vaccine clinics)



NORTH SOUND IMPLEMENTATION

- ❖ Obtain a Telehealth License under the Healthcare Authority Guidelines
- ❖ Obtain a Contract from the North South BH-ASO to provide outpatient service to Non-Medicaid clients
- ❖ Established Managed Care Contracts with
 - ✓ Molina, United Behavioral Health, Community Health Plan of Washington, Coordinated Care and Amerigroup
- ❖ Established a service contract with the **San Juan County Juvenile Rehabilitation** to serve youth under on probation
- ❖ Establish a MOU with the **Lopez Island** School District
- ❖ **Negotiating an MOU with the Orca's Island** School District
- ❖ **Negotiating an MOU with the Sultan Island** School District
- ❖ Working in partnership with the Whatcom County Public Health home visiting program
- ❖ Currently providing an 8 week community outreach and education to the **Monroe community** in Partnership with the faith community.

NORTH SOUND IMPLEMENTATION

- ❖ Conducted 36 Screenings
- ❖ Conducted 17 Assessments
- ❖ Provided a total of 118 Routine services (including screenings, assessments, individual TX services, case management and UAs.)
- ❖ Coordinated services with
 - ✓ San Juan Family Resource Center
 - ✓ Collaborating with Paul Berry from the North Sound Mobile Crisis Outreach Team (MCOT)
 - ✓ Orcas Community Resource Center
 - ✓ The Funhouse Commons
- ❖ We have received referrals from Snohomish, Skagit, Island, Whatcom and San Juan County.
- ❖ Currently in conversations with **Carolyn Mason from Lifeline Connections** to support their jail assessments.
- ❖ 55% Medicaid referral 45% Non-Medicaid referrals.

NORTH SOUND 2020-2021

INFORMATION SYSTEM IMPLEMENTATION PLAN

- ❖ We are in the process of configuring our export report for data transmission and our claims file submission for services
- ❖ Working closely with our EHR company and the North Sound BH-ASO IS team to ensure that these configurations are done correctly.
- ❖ The data report export has been built in our EHR and we are currently testing to ensure successful posting of all required transactions
- ❖ Our EHR company is almost finished with our claims file setup. We will test as soon as that is complete.
- ❖ Provide Tele-health services for 12-24 months
- ❖ Seek local and state financial resources to open a physical location late 2022- or Mid 2023.
- ❖ The most central location identified at this time are the Mount Vernon, Burlington.



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