



## Board of Directors

### Hybrid Meeting Agenda

June 9<sup>th</sup>, 2022

#### Board of Directors Members Present:

- **Peter Browning Chair**, Commissioner, Skagit County; Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Snohomish County Human Services; designated alternate for Dave Somers, Snohomish County Executive
- **George Kosovich**, Skagit County Public Health; designated alternate for Peter Browning
- **Nicole Gorle**, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, Snohomish County Council
- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Vice Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- **Darcy Cheeseman**, Legislative Aid to Council Member, Sam Low

#### North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

#### Guests Present:

None

### **Call to Order and Introductions – Chair**

Chair Browning called the meeting to order and initiated introductions of the attendees who participated in person as well as those who participated via Zoom

### **Revisions to the Agenda – Chair**

The Chair asked that a revision to the agenda be made due to the ASO's server room being in jeopardy of potentially having to go offline (un-announced) because of an air conditioner water leak near the servers. The revision was to move the Action Items to the top of the agenda.

The Board approved.

### **Approval of the May 12th, 2022, Minutes, Motion #22-26 – Chair.... Attachment**

The Chair asked if there were any revisions to the May Minutes, there were none. Cindy Wolf moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #22-26 carried.

### **Comments & Announcements from the Chair**

The Chair noted that he had been out for a while and is glad to be back.

He also added that Skagit County is struggling with housing and noted we need to be thoughtful regarding new businesses opening in Skagit.

He also mentioned Skagit County is hoping to host an event on substance use disorder (SUD) fentanyl use. Discussion followed. Joe Valentine added that the ASO could assist. He said he can assign ASO staff to work with appropriate regional SUD providers who work with the folks who have the needed knowledge and data.

### **Reports from Members**

- **San Juan:** 16% growth in county population. There are housing tension issues due to those leaving the island
- **Snohomish:** Managed Care Organizations (MCOs)-conversations are taking place regarding SUD issues; two Designated Crisis Responders (DCRs) were hired; Gov. Inslee toured the Behavioral Health Treatment Center; Sheriff's Department is now a more specialized unit as of June 16<sup>th</sup>
- **Skagit:** Co-responder model is working with the IMPACT in-house team; the needs assessment housing and behavioral health project is underway (North Star Project) there is limited capacity; Martha's place is still under construction and will be open early next year
- **Island:** No board member in attendance today
- **Whatcom:** There are upticks in behavioral health issues in the county; struggles with hospital discharges and workforce issues with the response systems division

### **Comments from the Public**

There were no comments from the public

### **Report from the Advisory Board (there was no meeting in June)**

Pat O'Maley Lanphear, Advisory Board (AB) Chair, noted that the AB will be having their annual retreat in July and discussing their advocacy and support to the ASO for upcoming future (1–5-year plan)

**Report from the Finance Officer** (Available at Meeting) ..... Attachment  
Joe Valentine gave the report from the Finance Officer and answered questions from Board members

**Report from the Governance Operations Committee**

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.*

**Consent Agenda** (Available at Meeting) .....Attachment

**Motion #22-27**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from May 1<sup>st</sup>, 2022, through May 31<sup>st</sup>, 2022, in the amount of \$2,424,416.22.
- Payroll for the month of May in the amount of \$166,006.50 and associated employer benefits in the amount of \$73,592.15.

Peter Browning moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-27 carried

**Action Items**

**For Board Approval**

**Summary:**

**Homeless Outreach Stabilization and Transition Team (HOST)**

Evergreen Recovery Centers was the successful bidder for the HOST Request for Qualifications (RFQ). The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The annual funding for this project is \$956,080 in GF-S funds.

**Motion # 22-28**

- North Sound BH-AS)-ERC-ICN-19-23 Amendment 7 for the provision of a HOST services in Snohomish County. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year

renewal on July 1, 2023, based on continued compliance with the terms of the contract

Cammy Hart Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-28 carried

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**Summary:**

**Health Care Authority**

K-4949 is providing the GF-S funding for the period of July 1, 2022, through December 31, 2022, and Federal Block Grant funds for the period of July 1, 2022, through June 30, 2023.

New GF-S funding is expected for the period of July – December 2022, however the details have not been finalized by HCA to date.

**Motion #22-29**

- HCA-NS BH-ASO-K-4949-Amendment 5 providing the ASO GF-S funding and legislative provisos for the period of July 1, 2022, through December 31, 2022, and Federal Block Grant Funding for the period of July 1, 2022, through June 30, 2023.

Cindy Wolf moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #22-29 carried

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**Summary**

**Housing and Recovery through Peer Support Services**

K-5390 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting. Amendment #3 is one time funding for Housing Subsidies to be expended by June 30, 2022.

**Motion #22-30**

- HCA-NS BH-ASO-K5390-22-23 Amendment 1 for the purpose of funding an additional Peer on the HARPS team. The maximum amount on this amendment is \$80,000 effective upon execution through March 14, 2023.
- HCA-NS BH-ASO-K5390-22-23 Amendment 2 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is \$616,440 with a term of July 1, 2022, through June 30, 2023.
- HCA-NS BH-ASO-K5390-22-23 Amendment 3 for the purpose of one-time funding for HARPS subsidies. The maximum amount on this contract is \$200,000 with a term of July 1, 2022, through June 30, 2023.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-30 carried

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**Summary:**

**Department of Commerce**

Department of Commerce contract for Community Behavioral Health Rental Assistance (CBRA) is renewing our contract for fiscal year 2023 to support individuals with behavioral health disorders needing housing. These subsidies are intended to support individuals until a permanent housing option is found. The funding allocation is the same as FY 2022.

**Motion #22-31**

- Department of Commerce-North Sound BH-ASO-#23-46409-002 for the provision of housing subsidies in the North Sound Regional Service Area. The maximum consideration on this contract is \$1,366,830 for a term of July 1, 2022, through June 30, 2023.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor, motion # 22-31 carried

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**Summary:**

**Bellingham School District**

The legislature provided funding for Whatcom County Schools to establish a Trauma Informed Counseling program in schools eligible for high-poverty allocations from the learning assistance program. The Bellingham School District #501 will serve the Bellingham area and Compass Health will serve county-based schools.

The funding for this project is \$300,000 annually, because we have a reserve of funding due to the difficulty in finding providers, we are asking for approval at the June meeting. The total funding for fiscal year 2022 and 2023 is \$600,000. The funding was distributed based on proposals presented to Whatcom County Human Services by Bellingham School District and Compass Health. This funding is not renewable, the county is exploring ongoing funding post June 30, 2023.

**Motion #22-32**

North Sound BH-ASO-Bellingham School District-ICN-22-23 for the provision of trauma informed counseling in the identified high-poverty Bellingham Schools. The maximum consideration on this contract is \$265,338 with a term of July 1, 2022, through June 30, 2023.

North Sound BH-ASO-Compass Health-ICCN-19-23 Amendment 9 for the provision of trauma informed counseling in the identified high-poverty Whatcom County Schools. The maximum consideration on this contract is \$334,662 with a term of July 1, 2022, through June 30, 2023.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-32 carried

**Summary:**

**GF-S Mandatory Services**

The following contracts are providing mandatory behavioral health services.

- Compass Health
  - Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
  - Mobile Crisis Outreach, ITA services
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
  - Toll Free Crisis Hotline
- Telecare
  - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
  - Secure Withdrawal Management
- Community Action of Skagit County (CASC)
  - Ombuds Services (services for July 1, 2022-October 1, 2022)
- Sea Mar
  - Assisted Outpatient Treatment
- Lifeline Connections
  - PACT
- Snohomish County Superior Court
  - Juvenile Treatment Services
- Island County
  - Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Cannabis Account

- San Juan County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
  - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

**Motion #22-33**

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an

automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Nicole Gorle seconded, all in favor, motion #22-33 carried

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### **Summary:**

#### **SABG and MHBG Mandatory Services**

The following contracts are providing SABG priority Services:

- Brigid Collins
  - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
  - PPW Housing Support Services
- Catholic Community Services
  - PPW Housing Support Services
- Compass Health
  - San Juan HARPS subsidies
  - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
  - Medication Assisted Treatment
- Island County
  - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
  - Opiate Outreach
- Snohomish County
  - Opiate Outreach
- Whatcom County
  - Opiate Outreach
- Lifeline Connections
  - Peer Pathfinder Incarceration Transition Pilot,
- Telecare Corp.
  - Peer Bridger Program, Peer Bridger Participant Relief Funds

#### **Motion #22-34**

- NS BH-ASO-Brigid Collins-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-CCS NW-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-20-23 Amendment 4 to provide additional funding to the Peer Path Finder services under this contract. The contract term is July 1, 2019, through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-19-22 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Jackie Mitchell moved the motion for approval, Nicole Gorle seconded, all in favor, motion #22-34 carried

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**Summary:**

**GF-S/SABG/MHBG Services within Available Resources**

- Compass Health
  - SUD outpatient services in San Juan County
  - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
  - Mental health outpatient services
  - Substance use outpatient services
- City of Mount Vernon
  - Integrated co-responder outreach project
- Evergreen Recovery Centers
  - Withdrawal Management Services
  - Mental Health Infant Specialist
- Island County



- Co-Responder project
- Lifeline Connections
  - SUD Outpatient services
  - Recovery Housing
  - HARPS Team with Skagit & Whatcom subsidies
  - One-time HARPS subsidies expended prior to June 30, 2022
- Lake Whatcom Center
  - PACT
  - Mental Health outpatient services
  - Substance Use outpatient services
- Pioneer Human Services
  - Skagit & Whatcom withdrawal management services
  - SUD residential services
- Sea Mar
  - Mental health outpatient services
  - Substance use outpatient services
  - SUD residential services
- Sunrise Services
  - Mental health outpatient services
  - Substance use outpatient services
- Volunteers of America (VOA)
  - Emergency Response for Suicide Prevention (ERSP)
  - Peer Outreach follow up services

**Motion #22-35**

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is July 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-City of Mount Vernon-Interlocal-23 to provide funding for the integrated co-responder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding for co-responder services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-LWC-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract

Cammy Hart-Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-35 carried

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**Summary:**

**Professional Service Agreement**

- Hands Up Project is a non-profit in Snohomish County assisting individuals with a behavioral health concerns access housing. The priority population is individuals exiting inpatient and/or residential facilities. This contract adds one-time funding of \$100,000 of HARPS subsidies to be expended by June 30, 2022. It also continues funding the next 6-month period of federal block grant housing subsidies in the amount of \$200,000.

**Motion #22-36**

- North Sound BH-ASO-Hands Up-PSC-22 for the provision of housing subsidies to individuals in Snohomish County who are unhoused. The maximum consideration on this agreement is \$300,00, with \$100,00 expended by June 30, 2022. The term of this agreement is December 1, 2020, through December 31, 2022.

Discussion took place regarding this motion. It was noted by the chair that approval will take place with the amendment that the ASO will look into the accounting practices of Hands Up within the next 6 months.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor of motion #22-36 with the amendment.

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**Summary:**

**Behavioral Health Needs Assessment**

- Cumming Management Group will be providing Phase 0 of the Behavioral Health Needs Assessment: Project Mobilization, and Initial Work Plan.
- Phase 0 will consist of the following work:

- o Engagement management, team structure and coordination, project mobilization
- o Finalized scope, work plan, schedule, and deliverables (note this will be adjusted after the kickoff meeting)
- o Information request and list of data resources to be utilized
- o Key stakeholder interview list and associated discussion guide
- o Final proposed project fee

**Motion #22-37**

- NS BH-ASO-Cumming-Agreement-22 for the purpose of engaging Cumming Management Group in a North Sound Behavioral Health Needs Assessment. The maximum consideration for Phase 0 is \$12,000 with an effective date of July 1, 2022

Discussion took place regarding this motion and the auditor regulations on the bidding process. Darrell and Joe will investigate this and bring the results back to the Board during the August meeting. The motion was moved by Cindy Wolf and seconded by Jackie Mitchell. All in favor, motion #22-37 carried.

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**Report from the Executive Director** ..... Attachment

Joe Valentine gave the Report from the Executive Director and answered questions from Board members

**Adjourn** 2:47 p.m.

*Next Meeting: August 11<sup>th</sup>, 2022 (No July Meeting)*

Respectfully Submitted,

Joanie Wenzl  
Clerk of the Board