



Board of Directors

Hybrid Meeting Agenda

August 11th, 2022

Board of Directors Members Present:

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

1. **Call to Order and Introductions** – Chair
2. **Revisions to the Agenda** – Chair
3. **Approval of the June 9th, 2022, Minutes, Motion #22-38** – Chair..... Attachment
 - *Note: There was no meeting in July, so no minutes are available*
4. **Comments & Announcements from the Chair**
5. **Reports from Members**
6. **Comments from the Public**
7. **Compensation Works Assessment Presentation**
8. **Report from the Advisory Board** (Available at Meeting) Attachment
9. **Report from the Finance Officer** (Available at Meeting) Attachment
10. **Report from the Governance Operations Committee**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.

Consent Agenda (Available at Meeting)Attachment

Motion #22-39

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from June 1st, 2022, through June 30th, 2022, in the amount of \$2,445,222.15.
- Payroll for the month of June in the amount of \$168,666.30 and associated employer benefits in the amount of \$72,846.21.
- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from July 1st, 2022, through July 31st, 2022, in the amount of \$3,948,649.08.
- Payroll for the month of July in the amount of \$168,150.42 and associated employer benefits in the amount of \$91,024.19.

11. Action Items

For Board Approval

Summary:

Department of Commerce-Community Behavioral Health Rental Assistance

The funding for rental assistance is provided by the Department of Commerce. All five counties have received CBRA funds for individuals discharging from inpatient/residential/corrections facilities. The rental assistance is intended to stabilize the individual in permanent supportive housing; however, short term housing can be accessed with these funds until a long-term housing solution is found. Three providers requested additional funds for case management funded through our federal block grant. The CBRA and FBG funding is renewable and is provided in six-month allocations. The providers and funding for each county are listed below.

- Island County-Pioneer Human Services \$140,182
- San Juan County-Compass Health \$68,227
- Skagit County-Lifeline Connections (HARPS provider) \$88,523
- Snohomish County-Compass Health \$674,685 and Bridgeways \$122,187
- Whatcom County-Lifeline Connections (HARPS provider) \$188,249 and Lake Whatcom Center \$209,724

Motion #22-40

- North Sound BH-ASO-PHS-CBRA-22-23 to provide the CBRA rental assistance and case management services in Island County. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Bridgeways-CBRA ICN-21-23 to provide the CBRA rental assistance and case management services in Snohomish County. The contract term is November 1, 2021,

through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-Lifeline Connections-MHBG-21-23 Amendment 4 to provide the CBRA rental assistance in Skagit County. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-CBRA ICN-21-23 to provide the CBRA rental assistance in Island, San Juan and Snohomish Counties and case management services in Island and San Juan counties. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lake Whatcom-CBRA ICN-21-23 to provide the CBRA rental assistance in Whatcom County. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Summary:

Lake Whatcom Center (LWC)

Lake Whatcom is the provider for the COVID behavioral health services, serving Whatcom County. This funding is from Health Care Authority contract K7455.

Motion #22-41

- North Sound BH-ASO-LWC-COVID PSC-20-23 to provide behavioral health services to individuals experiencing behavioral health challenges due to the pandemic. The maximum consideration on this amendment is \$94,000. The contract term is December 1, 2020, through June 30, 2023, based on continued compliance with the terms of the contract

For Board of Directors Ratification

Summary:

Health Care Authority

HCA is renewing the COVID mental health and substance use grant for individuals affected by COVID-19 and struggling with their mental health wellness and/or experiencing problematic substance use.

Motion #22-42

Health Care Authority-North Sound BH-ASO-K7455 Amendment 2 for the provision of behavioral health services. The term of this amendment is July 1, 2022, through June 30, 2023. The maximum amount on this amendment is \$94,000.

Summary:

Tulalip Tribes-Family Haven

Family Haven receives Federal Block Grants funds for an at-risk youth program focusing on reengaging the youth in behavioral health services, school, and family connections. (\$74,850)

Motion #22-43

- North Sound BH-ASO-Family Haven-MHBG-19-23 Amendment 4 to provide intervention and support to at-risk youth. The contract term is September 12, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Summary:

Recovery Navigator Program (RNP)

Recovery Navigator Program is a legislative proviso delineated in the Blake Bill (ESB 5476), the funding is to establish a RNP in all five counties. The RNP is an outreach and engagement service to individuals with substance use disorders, co-occurring disorders who are risk of arrest and/or have frequent contact with law enforcement. Services include, but are not limited to, facilitation and coordination of community resources, coordination and communication with law enforcement, prosecutors, program staff and other partners. Intensive case management and care coordination are the cornerstones of the services.

- Snohomish County's contract has been approved previously with the full annual funding.

Motion #22-44

- North Sound BH-ASO-Island County-RNP-22-23 for the provision of RNP services in Island County. The annual funding for this contract is \$528,855. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Community Action of Skagit County-RNP-22-23 for the provision of RNP services in Skagit County. The annual funding for this contract is \$528,855. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Compass Health-RNP-22-23 for the provision of RNP services in San Juan County. The annual funding for this contract is \$528,855. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Whatcom County-RNP-22-23 for the provision of RNP services in Whatcom County. The annual funding for this contract is \$512,455. The contract term is

March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract

12. Introduction Items

Personnel

Assisted Outpatient Treatment (AOT) Coordinator

- Health Care Authority has funded a Full Time Equivalent (FTE) to coordinate the AOT program in the North Sound region. Assisted Outpatient Treatment is an order for Less Restrictive Alternative Treatment, this position will coordinate with local courts, behavioral health providers and Health Care Authority. The funding available for this position is \$140,000 annually.

Accountant

- During our succession planning process, we decided it would be prudent to add an accounting position to the 2023 ASO budget. With increases in funding, the complexity of the funding and frequent reporting it is a high priority for the organization. We anticipate recruitment will begin in early 2023.

Child/Youth Mobile Crisis Team

- We have concluded the Child/Youth Mobile Crisis Team Request for Qualifications. The evaluation team met on August 4th and is recommending the Compass Health as the successful bidder for serving Skagit, Snohomish, and Whatcom counties.

13. Report from the Executive Director (Draft) Attachment

- **Update on RFP for Children and Youth Mobile Crisis Teams**

Margaret Rojas

- **Update on Recovery Navigator Program (RNP).....Attachments**

James Dixon

14. Adjourn

Next Meeting: September 8th, 2022



Board of Directors

Hybrid Meeting Agenda

June 9th, 2022

Board of Directors Members Present:

- **Peter Browning Chair**, Commissioner, Skagit County; Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Snohomish County Human Services; designated alternate for Dave Somers, Snohomish County Executive
- **George Kosovich**, Skagit County Public Health; designated alternate for Peter Browning
- **Nicole Gorle**, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, Snohomish County Council
- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Vice Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- **Darcy Cheeseman**, Legislative Aid to Council Member, Sam Low

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

Guests Present:

None

Call to Order and Introductions – Chair

Chair Browning called the meeting to order and initiated introductions of the attendees who participated in person as well as those who participated via Zoom

Revisions to the Agenda – Chair

The Chair asked that a revision to the agenda be made due to the ASO’s server room being in jeopardy of potentially having to go offline (un-announced) because of an air conditioner water leak near the servers. The revision was to move the Action Items to the top of the agenda. The Board approved.

Approval of the May 12th, 2022, Minutes, Motion #22-26 – Chair.... Attachment

The Chair asked if there were any revisions to the May Minutes, there were none. Cindy Wolf moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #22-26 carried.

Comments & Announcements from the Chair

The Chair noted that he had been out for a while and is glad to be back. He also added that Skagit County is struggling with housing and noted we need to be thoughtful regarding new businesses opening in Skagit. He also mentioned Skagit County is hoping to host an event on substance use disorder (SUD) fentanyl use. Discussion followed. Joe Valentine added that the ASO could assist. He said he can assign ASO staff to work with appropriate regional SUD providers who work with the folks who have the needed knowledge and data.

Reports from Members

- **San Juan:** 16% growth in county population. There are housing tension issues due to those leaving the island
- **Snohomish:** Managed Care Organizations (MCOs)-conversations are taking place regarding SUD issues; two Designated Crisis Responders (DCRs) were hired; Gov. Inslee toured the Behavioral Health Treatment Center; Sheriff’s Department is now a more specialized unit as of June 16th
- **Skagit:** Co-responder model is working with the IMPACT in-house team; the needs assessment housing and behavioral health project is underway (North Star Project) there is limited capacity; Martha’s place is still under construction and will be open early next year
- **Island:** No board member in attendance today
- **Whatcom:** There are upticks in behavioral health issues in the county; struggles with hospital discharges and workforce issues with the response systems division

Comments from the Public

There were no comments from the public

Report from the Advisory Board (there was no meeting in June)

Pat O’Maley Lanphear, Advisory Board (AB) Chair, noted that the AB will be having their annual retreat in July and discussing their advocacy and support to the ASO for upcoming future (1–5-year plan)

Report from the Finance Officer (Available at Meeting) Attachment

Joe Valentine gave the report from the Finance Officer and answered questions from Board members

Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda (Available at Meeting)Attachment

Motion #22-27

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from May 1st, 2022, through May 31st, 2022, in the amount of \$2,424,416.22.
- Payroll for the month of May in the amount of \$166,006.50 and associated employer benefits in the amount of \$73,592.15.

Peter Browning moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-27 carried

Action Items

For Board Approval

Summary:

Homeless Outreach Stabilization and Transition Team (HOST)

Evergreen Recovery Centers was the successful bidder for the HOST Request for Qualifications (RFQ). The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The annual funding for this project is \$956,080 in GF-S funds.

Motion # 22-28

- North Sound BH-AS)-ERC-ICN-19-23 Amendment 7 for the provision of a HOST services in Snohomish County. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year

renewal on July 1, 2023, based on continued compliance with the terms of the contract

Cammy Hart Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-28 carried

Summary:

Health Care Authority

K-4949 is providing the GF-S funding for the period of July 1, 2022, through December 31, 2022, and Federal Block Grant funds for the period of July 1, 2022, through June 30, 2023.

New GF-S funding is expected for the period of July – December 2022, however the details have not been finalized by HCA to date.

Motion #22-29

- HCA-NS BH-ASO-K-4949-Amendment 5 providing the ASO GF-S funding and legislative provisos for the period of July 1, 2022, through December 31, 2022, and Federal Block Grant Funding for the period of July 1, 2022, through June 30, 2023.

Cindy Wolf moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #22-29 carried

Summary

Housing and Recovery through Peer Support Services

K-5390 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting. Amendment #3 is one time funding for Housing Subsidies to be expended by June 30, 2022.

Motion #22-30

- HCA-NS BH-ASO-K5390-22-23 Amendment 1 for the purpose of funding an additional Peer on the HARPS team. The maximum amount on this amendment is **\$80,000** effective upon execution through March 14, 2023.
- HCA-NS BH-ASO-K5390-22-23 Amendment 2 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is **\$616,440** with a term of July 1, 2022, through June 30, 2023.
- HCA-NS BH-ASO-K5390-22-23 Amendment 3 for the purpose of one-time funding for HARPS subsidies. The maximum amount on this contract is **\$200,000** with a term of July 1, 2022, through June 30, 2023.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-30 carried

Summary:

Department of Commerce

Department of Commerce contract for Community Behavioral Health Rental Assistance (CBRA) is renewing our contract for fiscal year 2023 to support individuals with behavioral health disorders needing housing. These subsidies are intended to support individuals until a permanent housing option is found. The funding allocation is the same as FY 2022.

Motion #22-31

- Department of Commerce-North Sound BH-ASO-#23-46409-002 for the provision of housing subsidies in the North Sound Regional Service Area. The maximum consideration on this contract is **\$1,366,830** for a term of July 1, 2022, through June 30, 2023.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor, motion # 22-31 carried

**

Summary:

Bellingham School District

The legislature provided funding for Whatcom County Schools to establish a Trauma Informed Counseling program in schools eligible for high-poverty allocations from the learning assistance program. The Bellingham School District #501 will serve the Bellingham area and Compass Health will serve county-based schools.

The funding for this project is **\$300,000** annually, because we have a reserve of funding due to the difficulty in finding providers, we are asking for approval at the June meeting. The total funding for fiscal year 2022 and 2023 is **\$600,000**. The funding was distributed based on proposals presented to Whatcom County Human Services by Bellingham School District and Compass Health. This funding is not renewable, the county is exploring ongoing funding post June 30, 2023.

Motion #22-32

North Sound BH-ASO-Bellingham School District-ICN-22-23 for the provision of trauma informed counseling in the identified high-poverty Bellingham Schools. The maximum consideration on this contract is \$265,338 with a term of July 1, 2022, through June 30, 2023.

North Sound BH-ASO-Compass Health-ICCN-19-23 Amendment 9 for the provision of trauma informed counseling in the identified high-poverty Whatcom County Schools. The maximum consideration on this contract is \$334,662 with a term of July 1, 2022, through June 30, 2023.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-32 carried

Summary:

GF-S Mandatory Services

The following contracts are providing mandatory behavioral health services.

- Compass Health
 - Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Community Action of Skagit County (CASC)
 - Ombuds Services (services for July 1, 2022-October 1, 2022)
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - PACT
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Cannabis Account
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #22-33

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-Telecare-ICCN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Nicole Gorle seconded, all in favor, motion #22-33 carried

Summary:

SABG and MHBG Mandatory Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies

- Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder Incarceration Transition Pilot,
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #22-34

- NS BH-ASO-Brigid Collins-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-20-23 Amendment 4 to provide additional funding to the Peer Path Finder services under this contract. The contract term is July 1, 2019, through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-19-22 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Summary:

GF-S/SABG/MHBG Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services
- City of Mount Vernon
 - Integrated co-responder outreach project
- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
 - HARPS Team with Skagit & Whatcom subsidies
 - One-time HARPS subsidies expended prior to June 30, 2022
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services

Motion #22-35

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is July 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-City of Mount Vernon-Interlocal-23 to provide funding for the integrated co-responder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding for co-responder services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract

Cammy Hart-Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-35 carried

Summary:

Professional Service Agreement

- Hands Up Project is a non-profit in Snohomish County assisting individuals with a behavioral health concerns access housing. The priority population is individuals exiting inpatient and/or residential facilities. This contract adds one-time funding of \$100,000 of HARPS subsidies to be expended by June 30, 2022. It also continues funding the next 6-month period of federal block grant housing subsidies in the amount of \$200,000.

Motion #22-36

- North Sound BH-ASO-Hands Up-PSC-22 for the provision of housing subsidies to individuals in Snohomish County who are unhoused. The maximum consideration on this agreement is \$300,00, with \$100,00 expended by June 30, 2022. The term of this agreement is December 1, 2020, through December 31, 2022.

Discussion took place regarding this motion. It was noted by the chair that approval will take place with the amendment that the ASO will look into the accounting practices of Hands Up within the next 6 months.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor of motion #22-36 with the amendment.

Summary:

Behavioral Health Needs Assessment

- Cumming Management Group will be providing Phase 0 of the Behavioral Health Needs Assessment: Project Mobilization, and Initial Work Plan.
- Phase 0 will consist of the following work:
 - Engagement management, team structure and coordination, project mobilization
 - Finalized scope, work plan, schedule, and deliverables (note this will be adjusted after the kickoff meeting)
 - Information request and list of data resources to be utilized
 - Key stakeholder interview list and associated discussion guide
 - Final proposed project fee

Motion #22-37

- NS BH-ASO-Cumming-Agreement-22 for the purpose of engaging Cumming Management Group in a North Sound Behavioral Health Needs Assessment. The maximum consideration for Phase 0 is **\$12,000** with an effective date of July 1, 2022

Discussion took place regarding this motion and the auditor regulations on the bidding process. Darrell and Joe will investigate this and bring the results back to the Board during the August meeting. The motion was moved by Cindy Wolf and seconded by Jackie Mitchell. All in favor, motion #22-37 carried.

Report from the Executive Director Attachment
Joe Valentine gave the Report from the Executive Director and answered questions from Board members

Adjourn 2:47 p.m.

Next Meeting: August 11th, 2022 (No July Meeting)

1. ACTIVATION OF STATE-WIDE 988 LINE

- The state-wide “988” line became officially active as of July 16. It is essentially similar to the National Suicide Prevention line operated by VOA for the North Sound region.
- Attached is a fact sheet distributed by HCA. More extensive public information will be provided in late 2022 or early 2023 when the three “988” hubs in Washington State will have ramped up their capacity to handle the increased call volume [Attachment 1]

2. ASO/County Behavioral Health Legislative Priorities for 2023

- Attached is a summary of key statewide ASO legislative priorities. These have also been reviewed by the Association of County Human Services. [Attachment 2]
- The proposed priorities include:
 - 1) Development of more robust network adequacy standards and monitoring
 - 2) Full and separate funding for ITA Court Costs
 - 3) Build what already works in the ‘988’ crisis system redesign and maintain county/ASO involvement
 - 4) Streamline legislative proviso funding – allow for more flexibility and coordination to meet local needs

3. CRISIS SERVICES UPDATE

- Weekly Crisis Capacity Indicator snapshot and Dashboard [Attachments 3 and 4].
- There continued to be a steady increase in crisis services calls and mobile crisis team dispatches through the end of June. The numbers reported for the first few weeks of July had declined and then picked up again in the latest reporting week. This may be temporary trend or a lag in the data being reported to us.

4. TRANSITION OF THE OMBUDS SERVICES CONTRACT

- Effective October 1, 2022, the existing regionally organized behavioral health ombuds offices will be replaced by a State Office of Behavioral Health Advocacy as a result of Engrossed Second Substitute House Bill 1086.
- In the North Sound region, the ASO had contracted with Community Action of Skagit County [CASC] to provide these services. However, CASC has notified us they will stop providing these services as of August 1.
- Since the ASO is contractually required to ensure Ombuds services are provided until October 1, we have arranged for internal ASO staff to handle any requests for Ombuds services in the interim.
- The state has awarded the new state-wide contract to “Peer Washington”. They will be making a presentation at our September Advisory Board meeting.

- The recruitment for the new regional Ombuds coordinator for the North Sound region is still underway.
- Peer Washington is also recruiting community members for their new statewide Quality Review Team.
- Interested persons can apply at:
- <https://docs.google.com/forms/d/e/1FAIpQLSeh9o7ymKlkx8Zn0WxAceN8r72eHMwwWG3CQRtBxlu-VezAeg/viewform>

5. SUCCESSION PLANNING

- At the request of the Board of Directors, the ASO Leadership Team has developed a Succession plan that addresses key positions within the organization.
- For each position, the succession plan identifies the key skills needed and opportunities to develop the skills of some of the existing staff to perform these functions.
- The Succession planning process also included an “Environmental Scan” to identify the key challenges and opportunities in the future we must be ready to address.

6. FACILITY NEEDS ASSESSMENT

- Cummings LLC has begun the work to update the 2016 Behavioral Health Needs Assessment.
- They have divided their proposed scope of work into four phases:
 - 1) Phase 0 – Project Mobilization
 - 2) Phase 1 – Market and Strategic Priorities
 - 3) Phase 2 – Demographics, Volume Projections & Gap Analysis
 - 4) Phase 3 – Final Report
- The First step is to survey key stakeholder groups on where they see the gaps and need for both inpatient and outpatient services. Counties and Advisory Board members will be included in the survey.

7. UPDATE ON RFP FOR CHILDREN AND YOUTH MOBILE CRISIS TEAMS

Assistant Director Margaret Rojas will provide a verbal update.

8. UPDATE ON RECOVERY NAVIGATOR PROGRAM [RNP]

North Sound RNP Administrator James Dixon will provide an update.

9. MENTAL HEALTH AND SUBSTANCE ABUSE BLOCK GRANT PLANS

- The Advisory Board approved the plan for the 2022-2023 Federal Block Grant plan. Attached is a summary of the changes from 2021-2022. [Attachment 5]

10. TEAMonitor Review

- HCA will be conducting its annual “TEAMonitor” review meeting of the North Sound BH-ASO on August 9.
- At the review meeting they will provide us their assessment of the degree to which we have demonstrated compliance with the HCA contract requirements.

DRAFT



Mental Health Block Grant 2022-23

Summary of Changes

Introduction

The below is an overview of the changes for the 2022-2023 North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) *Mental Health Block Grant (MHBG) Plan* in comparison to the 2021 – 2022 MHBG Plan. North Sound BH-ASO has a total of **\$1,186,032** MHBG funds for the 2022 – 2023 plan.

Changes/updates are based upon the following:

- Increase of \$75,000 from the original 2021 – 2022 MHBG amount of \$1,111,032.
 - Note: North Sound BH-ASO received an amendment increase of \$75,000 in October 2021, which was allocated to Mount Vernon Police Department for co-responder services.
- Identified funding priorities
- Reallocation of funds from categories due to lack of expenditures (billings received from providers)

Summary of Changes

IMPORTANT: 2021 – 2022 allocations are based on the original 2021 – 2022 MHBG plan and do not reflect the \$75,000 amendment increase that was noted in the introduction.

Category	Subcategory	2022-2023 Allocation	2021 – 2022 Allocation	Overview
Engagement Services	Outreach	\$75,000	\$70,000	<ul style="list-style-type: none"> ▪ Increase of \$5,000 ▪ 2022 – 2023 funding is being provided to the Mount Vernon Police Department for co-responder services ▪ In the 2021 – 2022 MHBG Plan, funding was directed to the GRACE Program in Whatcom County, which is now being funded by the county directly.
Community Support (Rehabilitative)	Traditional Healing Services	\$74,850	\$74,850	<ul style="list-style-type: none"> ▪ No change ▪ Services continue to be provided by Family Haven of the Tulalip Tribes
Out of Home Residential Services	Crisis Residential/Stabilization	\$470,000	\$400,00	<ul style="list-style-type: none"> ▪ Increase of \$70,000 ▪ Allocated amount has been increased as the ASO recognizes the need to provide larger capacity payments to help Crisis Triage doors remain open
Acute Intensive Services	Mobile Crisis	\$566,182	\$566,182	<ul style="list-style-type: none"> ▪ No change ▪ North Sound BH-ASO continues to have two (2) mobile crisis providers serving the five (5) counties in the region



Substance Abuse Block Grant 2022-23

Summary of Changes

Introduction

The below is an overview of the changes for the 2022-2023 North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) *Substance Abuse Block Grant (SABG) Plan* in comparison to the 2021 – 2022 SABG Plan. North Sound BH-ASO has a total of **\$3,314,438** SABG funds for the 2022 – 2023 plan.

Changes/updates are based upon the following:

- Increase of \$25,000 from the original 2021 – 2022 SABG amount of \$3,289,438.
 - Note: North Sound BH-ASO received an amendment increase of \$25,000 in October 2021, which was allocated to Mount Vernon Police Department for co-responder services.
- Identified funding priorities
- Reallocation of funds from categories due to lack of expenditures (billings received from providers)

Summary of Changes

IMPORTANT: 2021 – 2022 allocations are based on the original 2021 – 2022 SABG plan and do not reflect the \$25,000 amendment increase that was noted in the introduction.

Category	Subcategory	2022-2023 Allocation	2021 – 2022 Allocation	Overview
Prevention & Wellness	Outreach to Individuals Using Intravenous Drugs (IUID)	\$816,632	\$816,632	<ul style="list-style-type: none"> ▪ No change in amount ▪ Pregnant and Parenting Women (PPW) included
Prevention & Wellness	Drug Screening	\$0	\$5,000	<ul style="list-style-type: none"> ▪ Decrease of \$5,000 ▪ Funds reallocated due to no billings received from providers ▪ Reallocated to acute withdrawal management
Engagement Services	Assessment	\$0	\$5,000	<ul style="list-style-type: none"> ▪ Decrease of \$5,000 ▪ Funds reallocated due to no billings received from providers ▪ Reallocated to acute withdrawal management
Engagement Services	Engagement & Referral	\$1,041,768	\$1,016,768	<ul style="list-style-type: none"> ▪ Increase of \$25,000 ▪ Additional funds allocated to Mount Vernon Police Department for co-responder services
Outpatient Services	Medication Assisted (MAT) – Opioid Substitution Treatment	\$290,000	\$300,000	<ul style="list-style-type: none"> ▪ Decrease of \$10,000 ▪ Funds decreased based upon billings received from providers ▪ Reallocated funds moved to acute withdrawal management
Community Support (Rehabilitative)	Recovery Housing	\$229,000	\$229,000	<ul style="list-style-type: none"> ▪ No change in amount ▪ ASO continuing funding until utilization increases

Category	Subcategory	2022-2023 Allocation	2021 – 2022 Allocation	Overview
Other Support (Habilitative)	PPW Housing Support Services	\$692,038	\$792,038	<ul style="list-style-type: none"> Decrease of \$100,000 Funds decreased based upon lack of billings from providers Reallocated funds moved to sub-acute withdrawal management
Out of Home Residential Services	Sub-acute Withdrawal Management	\$205,000	\$105,000	<ul style="list-style-type: none"> Increase of \$100,000 Expenditures (billings) from providers increasing
Acute Intensive Services	Acute Withdrawal Management	\$40,000	\$10,000	<ul style="list-style-type: none"> Increase of \$30,000 Amount includes reallocated funds from Engagement Services – Assessment; Outpatient Services – MAT Opioid Substitutions Treatment; and Recovery Supports – Transportation Services are provided by Evergreen Recovery Services in Lynnwood, WA
Recovery Supports	Transportation	\$0	\$10,000	<ul style="list-style-type: none"> Decrease of \$10,000 Funds reallocated due to no billings received from providers Reallocated to acute withdrawal management