



Board of Directors

Hybrid Meeting Agenda

December 8th, 2022

**Board of Directors Members Present
in Person:**

**Board of Directors Members Present
Virtually:**

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

- 1. Call to Order and Introductions** – Chair
- 2. Revisions to the Agenda** – Chair
 - Request to move up the Introduction Item located at the bottom of the agenda
(Proposal to Authorize the NS BH-ASO to provide specified administrative support to the new North Sound Regional Opioid Abatement Council)
Jason Cummings (and other regional PAs are calling in at 2:00 p.m.
- 3. Approval of the November 10th, 2022, Minutes, Motion #22-63** – Chair.....
Attachment
- 4. Comments & Announcements from the Chair**
- 5. Reports from Members**
- 6. Comments from the Public**
- 7. Report from the Advisory Board** Attachment
- 8. Report from the Finance Officer** Attachment
- 9. Report from the Governance Operations Committee**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent AgendaAttachment
Motion #22-64

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from November 1st, through November 30th, in the amount of \$3,779,154.08.
- Payroll for the month of November in the amount of \$166,743.19 and associated employer benefits in the amount of \$73,072.64.

10. Action Items

For Board Approval

North Sound BH-ASO 2023 Recommended Operating BudgetAttachment
https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Proposed%202023%20Budget_with%20COLA_final.pdf

▪ **Motion: #22-65**

To approve the North Sound BH-ASO 2023 Operating Budget

North Sound Re-Stated Interlocal Agreement

▪ **Motion: #22-66**

The North Sound BH-ASO attorney will draft and submit to the member counties a proposed amendment to paragraph 7.7 of the Restated Interlocal Agreement allowing Board members to attend and vote at Board meetings by video conference or otherwise acceptable electronic means

Contracts

The contracts below fall into four distinct categories:

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2023, through December 31, 2023, the contract term is January 1, 2023, through December 31, 2025.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/Federal Block Grant (Mental health and Substance use) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority

- K- is providing the GF-S funding for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant funds for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

Motion #22-67

- HCA-NS BH-ASO-K-- providing the ASO GF-S funding and legislative provisos for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant Funding for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

GF-S Mandatory Services

The following contracts are providing mandatory/proviso behavioral health services.

- Compass Health
 - Mobile Crisis Outreach, Child/Youth Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services (E&T) Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - PACT
- Evergreen Recovery Centers
 - Homeless Outreach Stabilization Team (HOST)
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- San Juan County

- Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #22-68

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-San Juan County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Federal Block Grant (FBG) Priority Services

The following contracts are providing priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team and Skagit & Whatcom HARPS subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #22-69

- NS BH-ASO-Brigid Collins-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-CCS NW-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

GF-S/Federal Block Grant Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services
- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections

- SUD Outpatient services
 - Recovery Housing
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services
- Whatcom County
 - Co-responder project
- WCHS-Bellingham Treatment Solutions
 - Medication Assisted Treatment (MAT)

Motion #22-70

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-WCHS-Bellingham Treatment Services-ICN-23-25 to provide the funding for Medication Assisted Treatment services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

11. Introduction Item

Proposal to Authorize the NS BH-ASO to provide specified administrative support to the new North Sound Regional Opioid Abatement Council (OAC)

12. Report from the Executive DirectorAttachments

13. Adjourn

Next Meeting: January 12, 2023



Board of Directors

Hybrid Meeting Minutes

November 10th, 2022

Board of Directors Members Present in person:

- **Peter Browning**, Commissioner; Skagit County, Board Chair
- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Human Services, designated alternate for Dave Somers; County Executive, Snohomish County
- **Jill Johnson**, Commissioner, Island County
- **Sam Low**, County Council; Snohomish County
- **George Kosovich**, Public Health, designated alternate for Peter Browning, Commissioner; Skagit County

Virtual:

- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Chair
- **Barbara LaBrash**, Human Services Manager, designated alternate for Cindy Wolf, County Council Member; San Juan County
- **Perry Mowery**, Behavioral Health Supervisor, designated alternate for Satpal Sidhu, County Executive; Whatcom County
- **Kathy Kershner**, County Council; Whatcom County
- **Lynda Austin**, Human Services, designated alternate for Commissioner Jill Johnson, Island County

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

- o **Joe Valentine**, Executive Director, North Sound BH-ASO
- o **Margaret Rojas**, Assistant Executive Director, North Sound BH-ASO
- o **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- o **Charles DeElena**, Business Improvement Manager, Compliance Officer, North Sound BH-ASO
- o **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

Guests Present:

Jason Cummings
Amy Vera
Karen Frakes
Joe Fuller
Rose Dennis
Greg Banks

Call to Order and Introductions – Chair

The Chair called the meeting to order and initiated introductions of the members in attendance both in person and on-line (via Zoom)

Revisions to the Agenda – Chair

The Chair asked if there were any revisions to the agenda, there were none

Approval of the October 11th, 2022, Minutes, Motion #22-61

Sam Low moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, motion #22-61 carried

Comments & Announcements from the Chair

The Chair noted that he would be leaving the meeting at 2:30 today and the Vice-Chair would finish leading the meeting

Reports from Members

Board members gave behavioral health updates from their respective counties

Comments from the Public

There were no comments from the public

Recommendation from North Sound Prosecuting Attorneys regarding Distribution of Opioid Settlement Funds- North Sound Prosecuting Attorneys (Jason Cummings)

Jason Cummings, a Snohomish County Deputy Prosecuting Attorney, in conjunction with the other North Sound County Prosecuting Attorneys, presented a proposed plan for management of the Opioid Settlement Funds to be presented to the five North Sound counties.

Their recommendation included a role for the North Sound BH-ASO to provide administrative support by including a hyper-link on the BH-ASO's website which would route viewers to the respective county and city websites regarding the usage of the opioid funds from the settlement. It was also proposed that the North Sound BH-ASO would provide administrative support to the region's Opioid Abatement Council (OAC). This might include utilizing the BH-ASO's conference room and/or Zoom platform to for the OAC to use for their meetings, and to take minutes during the meetings and keep them on record for distribution as needed.

The Prosecuting Attorneys will present draft wording for an Interlocal agreement to be signed by all five counties to support this plan at the next Board of Directors meeting.

It was also noted that the BH-ASO could invoice the counties monthly to cover their administrative costs.

The elected official board members from all five counties were in favor of the recommendation regarding the BH-ASO's role, although no formal vote was taken

Report from the Advisory Board

Pat O'Maley Lanphear, North Sound BH-ASO Advisory Board Chair, gave the report from the Advisory Board and answered questions

Report from the Finance Officer

Joe Valentine gave the Report from the Finance Officer and answered questions

Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.

Consent Agenda

Motion #22-62

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from October 1st, 2022, through October 31st, 2022, in the amount of **\$3,975,021.45**.
- Payroll for the month of October in the amount of **\$168,486.58** and associated employer benefits in the amount of **\$87,949.37**.

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, Motion # 22-62 carried

The G&O Committee has asked the ASO attorney to draft language amending the Inter-local Agreement to allow for voting using a virtual platform

Introduction Items

- The Vice Chair noted the Public Hearing for the North Sound BH-ASO 2023 Proposed Operating Budget opened at 2:32 p.m.

North Sound BH-ASO Proposed Budget Hearing

https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Proposed%202023%20Budget_with%20COLA_final.pdf

Joe Valentine gave an overview of the North Sound's 2023 Proposed Operating Budget. A question-and-answer session followed.

The Vice Chair asked if there were any comments from the public regarding the North Sound BH-ASO 2023 Proposed Budget. There were none

- The Vice Chair noted the Public Hearing closed at 2:37 p.m.

Introduction Motions

The contracts being introduced this month fall into four distinct categories:

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2023, through December 31, 2023, the contract term is January 1, 2023, through December 31, 2025.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
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Health Care Authority

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Motion #XX-XX

- HCA-NS BH-ASO-K-- providing the ASO GF-S funding and legislative provisos for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant Funding for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

GF-S Mandatory Services

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- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - PACT
- Evergreen Recovery Centers
 - Homeless Outreach Stabilization Team (HOST)
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Snohomish County-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Skagit County-Interlocal-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Federal Block Grant (FBG) Priority Services

The following contracts are providing priority Services:

- Brigid Collins
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 - PPW Housing Support Services
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team and Skagit & Whatcom HARPS subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #XX-XX

- NS BH-ASO-Brigid Collins-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-CCS NW-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract
- NS BH-ASO-Snohomish County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

GF-S/Federal Block Grant Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services

- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services
- Whatcom County
 - Co-responder project
- WCHS-Bellingham Treatment Solutions
 - Medication Assisted Treatment (MAT)

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-WCHS-Bellingham Treatment Services-ICN-23-25 to provide the funding for Medication Assisted Treatment services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

The introductory motions listed above were reviewed and questions were answered. It was noted that action will take place during the December 8th, 2022, meeting.

Report from the Executive Director

Joe Valentine gave an overview of the Report from the Executive Director and referenced the accompanying attachments. Below are the topics:

- BEHAVIORAL HEALTH SERVICES COORDINATING COUNCIL -DISCUSSION ON NETWORK ADEQUACY
- RECOVERY NAVIGATOR PROGRAM
- EXTENSION OF COVID RELIEF FEDERAL BLOCK GRANT FUNDS EXPENDITURE PERIOD
- CRISIS SERVICES UPDATE
- UPDATE ON BALANCED BILLING ACT – HB 1688

- NEW NORTH SOUND BH-ASO POSITION OPENINGS POSTED
- END OF STATE COVID EMERGENCY ORDER
- OCTOBER PROVIDER BULLETIN

Adjourn 2:59 pm

Next Meeting: December 8th, 2022

DRAFT



Advisory Board Brief

December 6th, 2022

The Advisory Board met on December 6, and the following items were discussed:

— Advisory Board

- **Pre-Meeting: Pat Morris, Consultant and Michael McAuley, North Sound BH-ASO; Clinical Director provided an overview of the starting phase of the client customer use of the crisis system work plan. Members provided feedback.**
- **Co-Occurring Disorders Conference:** Members that attended spoke of the meaningfulness of the conference.
- Board approved the membership of Rose Dennis from Island County.
- Official vote for the 2023 officers occurred. Pat from Snohomish County, Advisory Board Chair and Kara from Whatcom County, Vice Chair will resume their roles as Chair and Vice Chair
- Nominations for Chair and vice Chair were taken; voting will take place in December.

— Executive Director

- The Executive Director reported on
 - North Sound Behavioral Health Needs Assessment
 - Closure of Pioneer Center North
 - Extension of COVID Relief Federal Block Grant Funds Expenditures Period
 - Crisis Services Update
 - Update of Balanced Billing Act
 - Behavioral Health Services Coordinating Council – Discussion on Network Adequacy
 - Update on Workforce Development Strategies
 - Mount Vernon Co-Responder Project
 - North Sound BH-ASO Fiscal Appointment
 - End of State COVID Emergency Order

- The Action Items were passed and recommended to the Board of Directors for approval.

- **Finance/Executive Committee**

- The November Expenditures were passed and recommended to the Board of Directors for approval.

- The Advisory Board 2023 Operating Budget was passed onto the Board of Directors Approval

- The North Sound BH-ASO 2023 Operating Budget was moved to the Board of Directors for approval

North Sound Behavioral Health Administrative Services Organization December 8th, 2022, Board of Directors Financial Notes

HIGHLIGHTS

1. The Budget to Actuals Looks pretty good. Our state funds are still showing a large positive variance. Inpatient Treatment is still over budget, ITA Judicial is over budget, Mental Health crisis stabilization is currently showing a large variance, and Withdrawal Management is continuing to increase, also of note E&T services are increasing lately as is Mental Health Outpatient Services. HARPS and DOC housing is showing a large variance, I believe this is due to underestimating the expense and revenue when I built the budget, it may require a budget amendment later in the year, since this is an expense reimbursement program there won't be any financial impact. Most of the large positive expense variances are due to programs not running yet. Other SUD services has a large positive variance due mainly to the Recovery Navigator programs getting a late start.
2. The Revenue and Expense statement is still showing a large income which is mainly due to the payment of the November amendment amounts in January and additional annual Proviso payments received in July. I finished the 9/30/22 R&E report for the State, that analysis shows that most of our State fund balance is tied to Proviso dollars, our available fund balance increased from \$3,458,081.11 to \$4,863,981.65 mostly due to using more block grant and moving some Proviso dollars over that we earned through deliverables. Our Minimum Reserve requirement is \$3,090,242.00.
3. The one thing to note is the Medicaid fund balance, it has all been drawn down and the negative fund balance of \$930,537.00 had to be covered with State General Fund dollars, which we had enough of to cover but it has decreased our reserve to a low level. The good news is that we have had meetings with all five MCOs and they have all agreed to increase their PMPM payments. We have received a retro rate adjustment payment which will recover about half of the negative MCO fund balance, so hopefully as the other MCOs make retro payments to us we will recover most of the negative amount.
4. We have included a January to December projection of our revenues and expenditures to try and forecast possible areas of concern. There are some large projected variances including Inpatient, ITA Judicial, and Harps and DOC. Withdrawal Management and Crisis Stabilization are continuing to run higher than budgeted. The bottom line shows us as still running \$992,271 under budget for the year.

NOTES

1. We are presenting the financial statements for November 2022 for the Behavioral Health Administrative Services Organization (ASO).
2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenues nor expenditures occur on an equal 1/12 amount each month.
3. The North Sound BH-ASO adopts "calendar year" budgets, but the allocations from the state are done on a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.
4. Revenues and expenses are managed independently within each of the major fund categories: Medicaid, State General Fund, Mental Health Block Grant, Substance Abuse Block Grant, and SAMHSA [a direct grant we receive from the federal government for our rural Medication Assistance Treatment program].
5. Within 'State General Funds', allocations are further subdivided between general state funds, and the multiple "Proviso" funds allocated for specific services.
6. We have added two new lines at the bottom of the "Revenue and Expense" tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. I also added some additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.
7. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year to date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for NOVEMBER 2022*
BUDGET TO ACTUALS**

<u>REVENUES</u>	2022 Budget	YTD 2022 Budget	YTD 2022 Actual	Variance Favorable (Unfavorable)	
Intergovernmental Revenues					
HRSA	\$ 333,333	305,555	297,027	(8,528)	
MHBG	3,088,440	2,831,070	1,918,565	(912,505)	
SABG	5,339,865	4,894,876	4,408,032	(486,844)	
State Funds	25,083,404	22,993,120	30,091,711	7,098,591	Got Novemb
Medicaid (MCO)	5,102,632	4,677,413	5,724,474	1,047,061	
Total Intergovernmental Revenues	38,947,674	35,702,035	42,439,809	6,737,774	
Misc. Revenue **	0	0	227,771	227,771	Transfer fro
Interest Revenue	3,500	3,208	30,333	27,125	
TOTAL REVENUES	\$ 38,951,174	\$ 35,705,243	\$ 42,697,913	\$ 6,992,670	
<u>EXPENDITURES</u>					
Inpatient Treatment	\$ 1,150,000	1,054,167	\$ 1,475,628	(421,461)	Received an
ITA Judicial	2,300,000	2,108,333	2,399,786	(291,452)	Running a bi
Crisis Services	14,639,597	13,419,631	11,904,110	1,515,521	Budget inclu
MH Crisis Stabilization	1,500,000	1,375,000	1,896,777	(521,777)	Appears to b
E&T Services	1,100,000	1,008,333	1,179,860	(171,527)	Have been ir
E&T Discharge Planner	107,294	98,353	120,916	(22,563)	
Jail Services	367,536	336,908	284,458	52,450	
PACT Services	511,716	469,073	501,515	(32,442)	
MHBG Expenditures ***	1,371,893	1,257,569	738,958	518,611	
HARPS & DOC Housing	1,197,343	1,097,564	2,404,223	(1,306,659)	Budgeted to
DMA County Contracts	581,292	532,851	426,365	106,486	
SABG Expenditures ****	3,920,240	3,593,553	2,864,781	728,773	
Withdrawal Management	900,000	825,000	1,300,960	(475,960)	Running a bi
HRSA	304,921	279,511	363,698	(84,187)	
Juvenile Drug Court	139,800	128,150	119,942	8,208	
Other MH Services *****	1,244,501	1,140,793	1,686,389	(545,596)	Increase in C
Other SUD Services	3,046,419	2,792,551	882,499	1,910,052	Recovery Na
Ombuds	216,000	198,000	102,391	95,609	
Advisory Board	19,998	18,332	6,588	11,744	
Subtotal - Services	34,618,550	31,733,671	30,659,842	1,073,829	
Administration	4,332,624	3,971,572	3,514,428	457,144	
TOTAL EXPENDITURES	\$ 38,951,174	\$ 35,705,243	\$ 34,174,270	\$ 1,530,973	

Excess of Revenues Over (Under) Expenditure. \$ 8,523,643

* THIS IS AN UNAUDITED STATEMENT

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for NOVEMBER 2022***

REVENUES	YTD 2022 Totals	YTD 2022 Medicaid	YTD 2022 State	YTD 2022 MHBG	YTD 2022 SABG	YTD 2022 HRSA
Intergovernmental Revenues						
HRSA	297,027					297,027
MHBG	1,918,565			1,918,565		
SABG	4,408,032				4,408,032	
State Funds	30,091,711		30,091,711			
Medicaid (MCO)	5,724,474	5,724,474				
Total Intergovernmental Revenues	42,439,809	5,724,474	30,091,711	1,918,565	4,408,032	297,027
Misc. Revenue **	227,771		227,771			
Interest Revenue	30,333		30,333			
TOTAL REVENUES	\$ 42,697,913	\$ 5,724,474	\$ 30,349,815	\$ 1,918,565	\$ 4,408,032	\$ 297,027

EXPENDITURES

Inpatient Treatment	\$ 1,475,628		\$ 1,475,628			
ITA Judicial	2,399,786		2,399,786			
Crisis Services	11,904,110	6,378,530	3,551,955	1,029,556	944,068	
MH Crisis Stabilization	1,896,777		1,146,344	750,433		
E&T Services	1,179,860		1,179,860			
E&T Discharge Planner	120,916		120,916			
Jail Services	284,458		284,458			
PACT Services	501,515		501,515			
MHBG Expenditures ***	738,958			738,958		
HARPS & DOC Housing	2,404,223		2,404,223			
DMA County Contracts	426,365		426,365			
SABG Expenditures ****	2,864,781				2,864,781	
Withdrawal Management	1,300,960		654,828		646,132	
HRSA	363,698					363,698
Juvenile Drug Court	119,942		119,942			
Other MH Services *****	1,686,389		1,686,389			
Other SUD Services	882,499		882,499			
Ombuds	102,391	68,641	33,750			
Advisory Board	6,588		6,588			
Subtotal - Services	30,659,842	6,447,171	16,875,046	2,518,947	4,454,980	363,698
Administration	3,514,428	739,016	2,733,722			41,689
TOTAL EXPENDITURES	\$ 34,174,270	\$ 7,186,187	\$ 19,608,768	\$ 2,518,947	\$ 4,454,980	\$ 405,387
Net Income	\$ 8,523,643	\$ (1,461,714)	\$ 10,741,048	\$ (600,383)	\$ (46,948)	\$ (108,360)

Beginning Fund Balance 12/31/21	5,704,731	531,177	6,219,280	(96,902)	(942,437)	(6,387)
Ending Fund Balance	14,228,374	(930,537)	16,960,328	(697,285)	(989,385)	(114,747)

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures

* THIS IS AN UNAUDITED STATEMENT

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue reimbursement method. Expenses are recognized when the bill is received.

** Room Rental Fees, Tribal Conference, Salish Contract

*** Includes Peer Bridger, PATH and COVID. Does not include Crisis or E&T

**** Includes Opiate Outreach, PPW Housing Supports and Per Pathfinder. Does not in

***** Includes CORS, AOT, Trueblood, FYSPRT, Outpatient Services

FINANZATION
DECEMBER 2022*

Slow billing on Covid grants

Got November's off cycle amendment in January. Extra CBRA funds.
Increased rates for second half

Transfer from Skagit for E&T

Two large bills for \$348,156 in the first half of the year
Continuing to increase

Continuing to increase

Budgeted to low for CBRA housing funds

Running a bit high

Recovery Navigator Program had a late start

Still under budget overall

NORTH SOUND BH-ASO**Warrants Paid****November 2022**

Type	Date	Num	Name	Amount
Bill Pmt -Check	11/04/2022	553728	American Behavioral Health Systems	-7,150.00
Bill Pmt -Check	11/04/2022	553757	Brigid Collins	-10,268.45
Bill Pmt -Check	11/04/2022	553759	Buri Funston Mumford Furlong	-90.00
Bill Pmt -Check	11/04/2022	553765	Catholic Community Services	-7,392.81
Bill Pmt -Check	11/04/2022	535786	Compass Health	-66,019.30
Bill Pmt -Check	11/04/2022	553788	Consejo Counseling	-9,901.41
Bill Pmt -Check	11/04/2022	553991	Haggen/Safeway	-16.08
Bill Pmt -Check	11/04/2022	553837	Harborview Medical Center	-14,307.02
Bill Pmt -Check	11/04/2022	553848	Island County Human Services	-76,608.66
Bill Pmt -Check	11/04/2022	553886	King County BHO	-202,534.28
Bill Pmt -Check	11/04/2022	553892	Lake Whatcom Center	-7,987.76
Bill Pmt -Check	11/04/2022	553904	Lifeline Connections	-60,865.06
Bill Pmt -Check	11/04/2022	553943	NW ESD 189	-8,829.22
Bill Pmt -Check	11/04/2022	553949	Office Depot	-56.36
Bill Pmt -Check	11/04/2022	553967	Providence-Everett	-3,643.60
Bill Pmt -Check	11/04/2022	553995	Save on Storage	-495.00
Bill Pmt -Check	11/04/2022	553997	Sea Mar	-10,406.21
Bill Pmt -Check	11/04/2022	554022	Snohomish Co Human Services	-153,259.26
Bill Pmt -Check	11/04/2022	554023	Snohomish Co Juvenile	-11,899.79
Bill Pmt -Check	11/04/2022	554047	Therapeutic Health Services	-4,937.48
Bill Pmt -Check	11/04/2022	554045	Tulalip Tribes	-1,527.39
Bill Pmt -Check	11/04/2022	554065	US Bank	-2,238.77
Bill Pmt -Check	11/04/2022	554071	Volunteers of America	-454,204.26
Bill Pmt -Check	11/04/2022	554026	WA State Auditors Office	-17,037.68
Bill Pmt -Check	11/04/2022	553726	Wellfound Behavioral Health Hospita	-9,972.06
Bill Pmt -Check	11/04/2022	554083	Whatcom County Health Department	-57,198.74
Bill Pmt -Check	11/10/2022	554132	Callahan, Cameron	-502.50
Bill Pmt -Check	11/10/2022	554153	Community Action of Skagit Co	-49,354.98
Bill Pmt -Check	11/10/2022	554156	Consejo Counseling	-1,796.75
Bill Pmt -Check	11/10/2022	554276	Drake, Megan-reimbursement	-278.80
Bill Pmt -Check	11/10/2022	554253	Lake Whatcom Center	-4,332.15
Bill Pmt -Check	11/10/2022	554261	Lifeline Connections	-35,983.03
Bill Pmt -Check	11/10/2022	554280	Osborne, Michelle, JD Associates LI	-7,000.00
Bill Pmt -Check	11/10/2022	554776	Rojas, Margaret-Reim	-229.00
Bill Pmt -Check	11/10/2022	554343	Shred-it	-120.25
Bill Pmt -Check	11/10/2022	554352	Skagit County Public Health	-41,157.75
Bill Pmt -Check	11/10/2022	554363	Snohomish Co Human Services	-427,976.70
Bill Pmt -Check	11/10/2022	554369	SRS Property Management	-10,952.00
Bill Pmt -Check	11/10/2022	554392	Therapeutic Health Services	-2,486.70
Bill Pmt -Check	11/10/2022	554417	WA State Assoc of Co-WSACA	-16,320.00
Bill Pmt -Check	11/10/2022	54433	Whatcom County Health Department	-54,483.45

NORTH SOUND BH-ASO**Warrants Paid****November 2022**

Bill Pmt -Check	11/18/2022	554457	Access	-1,363.32
Bill Pmt -Check	11/18/2022	554531	Evergreen Recovery	-8,572.12
Bill Pmt -Check	11/18/2022	554536	Firstline Communications (All Phase)	-1,088.98
Bill Pmt -Check	11/18/2022	554584	Foster, Katherine	-705.00
Bill Pmt -Check	11/18/2022	554594	Lake Whatcom Center	-3,916.00
Bill Pmt -Check	11/18/2022	554540	Lippman, Glenn	-3,237.50
Bill Pmt -Check	11/18/2022	554718	Maharaj-Lewis, Starleen	-300.00
Bill Pmt -Check	11/18/2022	554661	Pioneer Center	-31,213.00
Bill Pmt -Check	11/18/2022	554713	Snohomish Co Juvenile	-5,419.00
Bill Pmt -Check	11/18/2022	554712	Snohomish Co Prosecutor	-25,573.87
Bill Pmt -Check	11/18/2022	554725	T-Mobil	-1,637.16
Bill Pmt -Check	11/18/2022	554726	Telecare Corporation	-60,324.91
Bill Pmt -Check	11/18/2022	554574	Valentine, Joe - Reimb	-243.63
Bill Pmt -Check	11/18/2022	554763	Wave Business	-1,803.60
Bill Pmt -Check	11/23/2022	554793	American Behavioral Health Systems	-2,340.00
Bill Pmt -Check	11/23/2022	554808	AT&T	-81.48
Bill Pmt -Check	11/23/2022	554824	Buri Funston Mumford Furlong	-467.50
Bill Pmt -Check	11/23/2022	554835	Catholic Community Services	-32,215.12
Bill Pmt -Check	11/23/2022	554859	Comcast	-365.08
Bill Pmt -Check	11/23/2022	554862	Compass Health	-1,113,789.24
Bill Pmt -Check	11/23/2022	554978	Crothers, Linda-Reim	-226.00
Bill Pmt -Check	11/23/2022	554873	Davenport Group Inc	-4,977.61
Bill Pmt -Check	11/23/2022	554929	Dixon, James-Reim	-50.00
Bill Pmt -Check	11/23/2022	554895	Evergreen Recovery	-125,043.58
Bill Pmt -Check	11/23/2022	554904	Frontline Cleaning Services LLC	-650.00
Bill Pmt -Check	11/23/2022	554924	Island County Human Services	-7,769.14
Bill Pmt -Check	11/23/2022	554989	McDonald, Mark - AdBrd	-369.27
Bill Pmt -Check	11/23/2022	555011	Mount Baker Presbyterian Church	-2,116.07
Bill Pmt -Check	11/23/2022	554778	NSBH-ASO Advance Travel	-36.00
Bill Pmt -Check	11/23/2022	554777	NSBH-ASO Petty Cash	-36.00
Bill Pmt -Check	11/23/2022	554776	NSBHO-FSA	-36.00
Bill Pmt -Check	11/23/2022	555039	Pioneer Center	-156,318.67
Bill Pmt -Check	11/23/2022	555044	Providence-Everett	-161,112.56
Bill Pmt -Check	11/23/2022	555106	Snohomish Co Human Services	-167,855.38
Bill Pmt -Check	11/23/2022	555133	Tulalip Tribes	-2,580.58
Bill Pmt -Check	11/30/2022	EFT	Skagit County Auditor	-3,500.00
				-3,779,154.08
				-3,779,154.08
				-3,779,154.08



2023 North Sound BH-ASO Proposed Operating Budget Overview

Presented by:
Joe Valentine, Executive Director

Agenda

- Budget Highlights
- Key Events
- 2023 Strategic Goals
- Revenues and Expenditures 2022 vs. 2023
- Revenue Forecast
- 2023 Organizational Chart

Budget Highlights

- 2023 will be our 4th year of operation as a BH-ASO
- Administering the Crisis Services system continues to be our core responsibility
- Over the last two (2) years the legislature has added new programs to expand the scope of non-Medicaid services
- COVID relief related federal block grant funds allowed us to expand and provide other new services
- Continued roll out of the 988 line and the other crisis services enhancements established by HB 1477 will also be a major priority

Key Events

- Implemented and put contracts in place for new programs:
 - Recovery Navigator
 - Community Behavioral Health Rental Assistance
 - Children, Youth, and Family Crisis Teams
 - Homeless Outreach Stabilization Team
- Continued expansion of “co-responder” teams: Whatcom, Skagit, Mt. Vernon, Island, Snohomish County

Key Events

- Continued the Diversity, Racism, Equity, and Inclusion project. Most of the training has been completed, work on strategic plan begun
- Provided start-up funding to support a new behavioral health clinic in Mt. Vernon operated by Consejo Counseling and Referral Services
- Provided start-up funding to assist with the opening of a new Evaluation & Treatment Facility in Sedro Wooley
- Contracted for an updated behavioral health needs assessment

Key Events

- Provided an update presentation on BH-ASO programs and services to all 5 County Councils and Commissions
- Successfully passed the annual Team Monitor Review by HCA
- Re-opened the North Sound BH-ASO office for staff to work on site and began to hold on-site team meetings and hybrid meetings for the Advisor Board and Board of Directors

2023 Strategic Goals

1. Remain fully compliant with the HCA-BH ASO Contract
2. Support continuous process improvement of the Crisis Services System
3. Implement the updated Quality Management Plan
4. Support regional and state planning efforts to improve access to care for behavioral health services
5. Develop and implement a plan to address social equity and systemic racism
6. Advocate for funding to meet the behavioral health needs of all at-risk persons

Revenues & Expenditures

2022 vs. 2023

BUDGET	REVENUES	EXPENDITURES
2022 ADOPTED	\$38,951,174	\$38,951,174
2022 PROJECTED	\$42,291,833*	\$37,020,345
2023 PROPOSED	\$43,365,760	\$43,365,760

*Includes (1) revenue allocated in 2021 but not received until 2022, and (2) funds for new programs where there was a delay in start-up

Revenue Forecast

REVENUE SOURCE	2022 ADOPTED	2023 PROPOSED
Mental Health Block Grant	3,278,880 (1)	2,458,494
Substance Abuse Block Grant	5,330,865 (1)	4,679,433
Other Federal Grant [HRSA]	333,333	333,333
MCO Medicaid PMPM	5,102,632	8,751,820
State General Fund	15,186,567	15,742,824
State Provisos	9,706,397	11,389,856
Investment Interest	3,500	10,000
TOTAL REVENUE	38,951,174	43,365,760

(1) Initial 2022 FBG allocations included more than 12 months

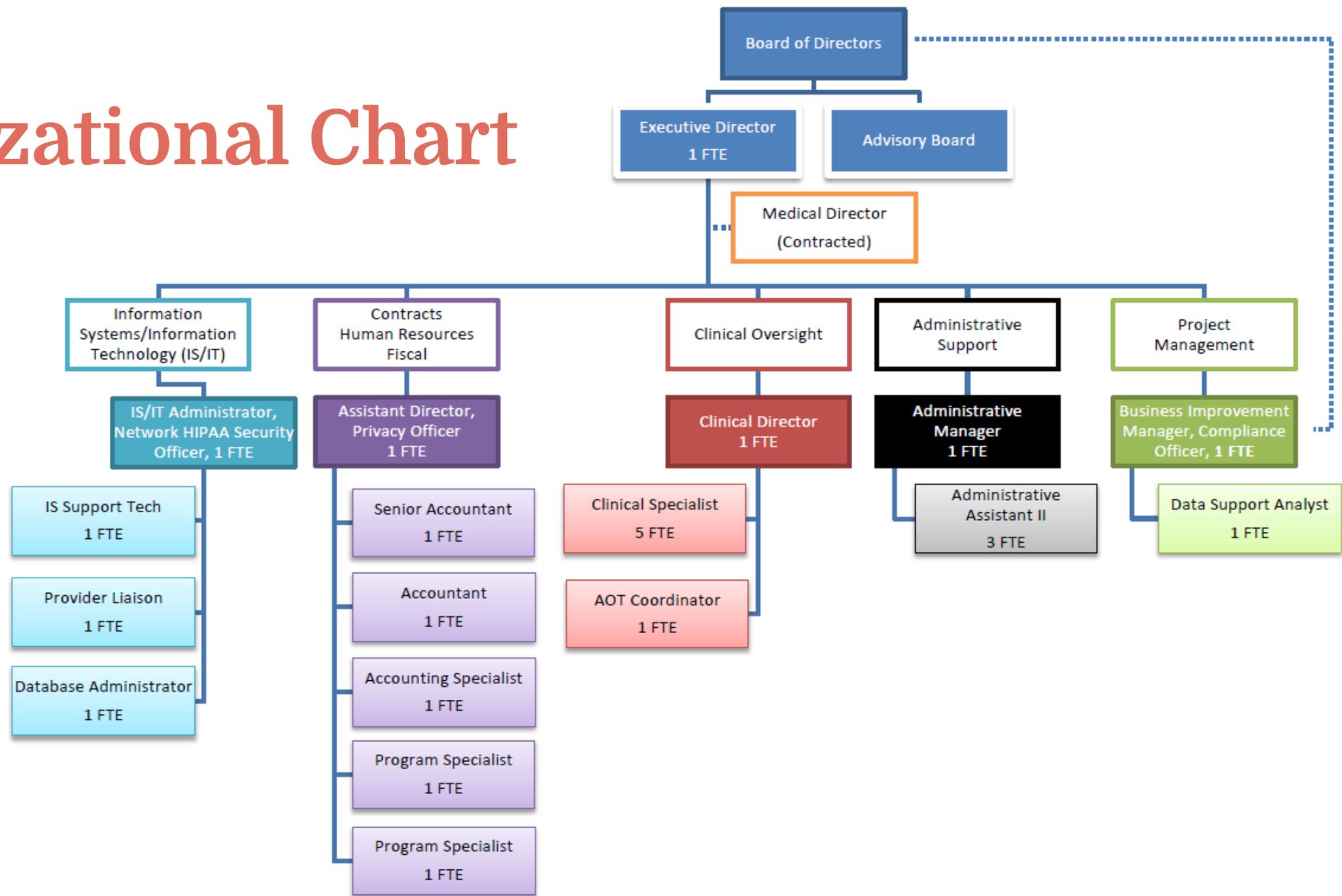
Expenditure Detail

CATEGORY	2022	2023	Difference	Percent	Notes
Salaries & Benefits	3,163,633	3,556,086	392,453	12.41%	Addition of 2 FTE
Other Administrative (1)	1,188,989	870,182	(318,807)	(26.81%)	Reductions in administrative reserve and professional services
Total Administration	4,352,622	4,426,268	73,646	1.69%	15% Admin limit = 6,129,801
Behavioral Health Services (2)	34,598,552	38,939,492	4,340,940	12.55%	Increased revenue (see previous slide)
TOTAL	31,338,766	43,365,760			

(1) Includes Advisory Board

(2) Includes Hospital Inpatient

2023 Organizational Chart





Empowering individuals and families to improve their health and well-being.

Serving Island, San Juan, Skagit, Snohomish and Whatcom Counties

1. NORTH SOUND BEHAVIORAL HEALTH NEEDS ASSESSMENT

- In June, 2022, the North Sound BH-ASO Board of Directors approved a contract with the Cumming Management Group [in partnership with Percival Health] to update the original 2017 Behavioral Health Needs Assessment.
- The original needs assessment focused primarily on facility-based services. At the direction of the Board, the BH-ASO updated the scope of work to include outpatient services as well and the Percival Health became the lead for this new project.
- Percival Health collected utilization data, demographic data needs surveys collected from a variety of stakeholders.
- A draft of the Executive Summary is attached. [Attachment 1]
- We will be presenting the final report at the January Advisory Board and Board of Directors meetings.
- I will be proposing that an ad-hoc workgroup of County Coordinators and Advisory Board Members be formed to develop recommendations based on the report.

2. CLOSURE OF PIONEER CENTER NORTH

- Pioneer Human Services has notified us that it will be closing Pioneer Center North effective January 31, 2023. [see letter – Attachment 2]
- They will cease admitting new clients as of December 1, 2022 and will notify current clients as of that date.
- Admitted clients will continue to receive treatment through January 31, and will discharge or transfer admitted clients on that date.
- They will continue to operate their other existing facilities.

3. EXTENSION OF COVID RELIEF FEDERAL BLOCK GRANT FUNDS EXPENDITURE PERIOD

- CMS has agreed to extend the period the state can use the COVID relief Substance Abuse Block Grant funds in addition to Mental Health Block Grant funds through September 2023.
- The state anticipates receiving the next round of Block Grant Relief Funds – American Rescue Act funds – in July. They will allow the state and regions to continue to fund programs funded with the COVID relief funds.
- The North Sound BH-ASO however, will review the level of actual utilization of these funds and will recommend changes to better align with emerging needs and the capacity to sue these funds.

4. CRISIS SERVICES UPDATE

- The Weekly Crisis Capacity Indicator snapshot through November 26 is attached [Attachment 3].
- Also attached is the monthly Dashboard [Attachment 4].

5. UPDATE ON BALANCED BILLING ACT – HB 1688

- The state workgroup developing recommendations for the method by which commercial health carriers will reimburse providers of emergency behavioral health services has submitted its recommended plan that will be transmitted to the legislature.
- Under this proposal, the ASOs would collect the encounter data from providers of mobile crisis outreach services and report it to the commercial carriers. ASOs would continue to reimburse the providers at the normal rate and collect the resulting reimbursements from the commercial carriers.
- The proposed plan recommends that the new process would be implemented by January 2024. In the meantime, however, commercial carriers must accept and process “fee for service” claims as out of network services if providers so choose to bill them.
- Commercial carriers must also reimburse services provided in crisis stabilization facilities, but the plan calls for facilities to bill commercial carriers directly for these services.

6. BEHAVIORAL HEALTH SERVICES COORDINATING COUNCIL - DISCUSSION ON NETWORK ADEQUACY

- The Behavioral Health Services Coordinating Council [BHSCC] workgroup on “network adequacy” continues to meet and refine its recommendations regarding strengthening the requirements for MCOs to ensure “network adequacy” and improve access to care.
- The plan is to improved standards, measurements, and accountability to be included in the next round of Integrated Managed Care contracts for January, 2025.
- In support of this effort, HCA staff is working on a grid detailing the various state efforts underway to better measure and monitor access to care, including the work on several legislative provisos such as the “rural behavioral health timely access study”.
- The next meeting of the workgroup is on December 12.

7. UPDATE ON WORKFORCE DEVELOPMENT STRATEGIES

- We have requested an update summary from HCA on the status of state led workforce development strategies, including the status of efforts authorized by last year’s legislature.
- The funding for additional strategies may be included in the Governor’s 2023 budget request which may be out next week.

8. MOUNT VERNON POLICE CO-RESPONDER PROJECT

- We received a progress report from the Mount Vernon police on the status of the co-responder project that we are funding with a combination of Proviso and Block Grant funds. This project is formally titled as the Mount Vernon “Integrated Outreach Services.”
- Two of the four positions have been hired and on-boarding begun.
- Attached is a report on some of their early accomplishments. [Attachment 5]

9. NEW NORTH SOUND BH-ASO FISCAL APPOINTMENT

- We have filled the newly created positions of Accountant. Kimberly Nakatani will be joining us on December 1. She has extensive experience with fiscal operations.

10. END OF STATE COVID EMERGENCY ORDER

- The Governor’s COVID Emergency Declaration ended October 31. Our Attorney has researched our options for continuing to use a “hybrid” model for Board of Director meetings under the Open Public Meetings Act.
- The OPMA requires that meetings be open to the public and available for public comment. Meetings that include a link for virtual participation can meet this requirement, however, the North Sound BH-ASO LLC’s own by-laws only allow for voting in person.
- The Governance and Operations Committee has recommended that these by-laws be changed to also allow for voting on the virtual platform as well. The North Sound BH-ASO will be drafting the proposed language for the change.



DRAFT

North Sound BH-ASO Fall 2022 Assessment

Executive Summary

Contents: Exec Summary and Full Report

DRAFT



Demographics

Recent Volume
Trends and
Projected
Growth

Survey
Results

Provider
Inventory

Inpatient
Bed
Need
Analysis

Outpatient
Service
Analysis

Full report in development:

- ***Draft shared with NSBH-ASO (40+ pages)***
- ***Executive Summary/High Level Findings Shared Here***

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Current and Projected Demographics: Summary

Demographic Forecasts Overview:

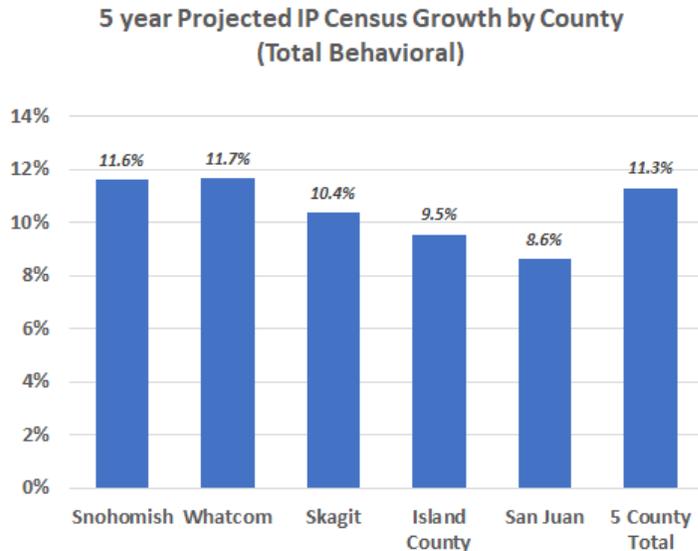
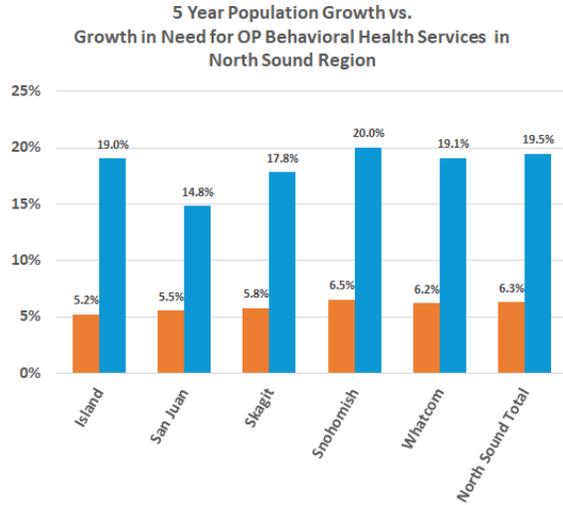
County	Population Growth by County				
	Total Population		5 Year Growth		
	2022	2027	No.	%	CAGR
Island	87,561	92,137	4,576	5.2%	1.0%
San Juan	17,745	18,727	982	5.5%	1.1%
Skagit	135,186	143,000	7,814	5.8%	1.1%
Snohomish	846,950	902,089	55,139	6.5%	1.3%
Whatcom	233,236	247,668	14,432	6.2%	1.2%
Total North Sound	1,320,678	1,403,621	82,943	6.3%	1.2%

Age Cohort	5 County Population Growth by Age Cohort				
	Total Population		5 Year Growth		
	2022	2027	No.	%	CAGR
0-17	280,722	294,521	13,799	4.9%	1.0%
18-44	475,579	485,127	9,548	2.0%	0.4%
45-64	330,469	341,183	10,714	3.2%	0.6%
65+	233,908	282,790	48,882	20.9%	3.9%
Total North Sound	1,320,678	1,403,621	82,943	6.3%	1.2%

Maps in the full report show much of this visually

- ▶ Medicare population (age 65+) will grow 20%+ over next 5 years
- ▶ The total numbers of **uninsured and Medicaid recipients is forecast to be fairly static** over the next several years – with declines in some areas
- ▶ **Growth in the pediatric population overall will be moderate** in coming years
- ▶ From an **absolute perspective, overall population growth will be concentrated in western Snohomish County**; From a **percentage perspective, overall population growth will be seen in pockets throughout the region – notably many island communities**
- ▶ The proportions of the population that are uninsured or Medicaid recipients increases as one moves north across the region

Recent Trends and Projected Growth: Summary



- ▶ A complete picture of recent trends in volume for crisis mental health services is difficult to paint given the lack of volume data made available by the Medicaid MCOs. **Available data for the last couple years from NSBH-ASO suggests overall increases in crisis services volumes** although the data is somewhat volatile.
- ▶ Survey Respondents indicate that recent volumes have shown increases and respondents are considering this **“the new normal”**
- ▶ **Overall growth and aging of the population suggests that the need for both inpatient and outpatient behavioral health services will increase at a higher rate than the population itself:**
 - Growth in **outpatient behavioral health modalities is projected to increase 15%+** across services over the next 5 years.
 - **Growth in inpatient behavioral health modalities is projected to increase ~10%** over the next 5 years.

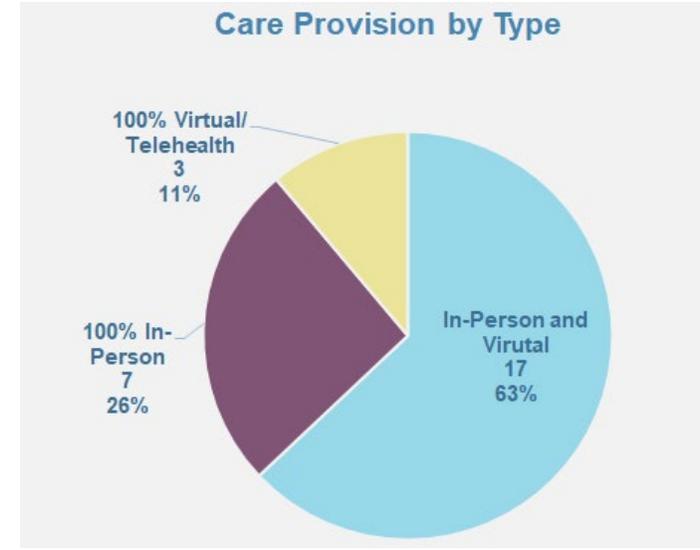
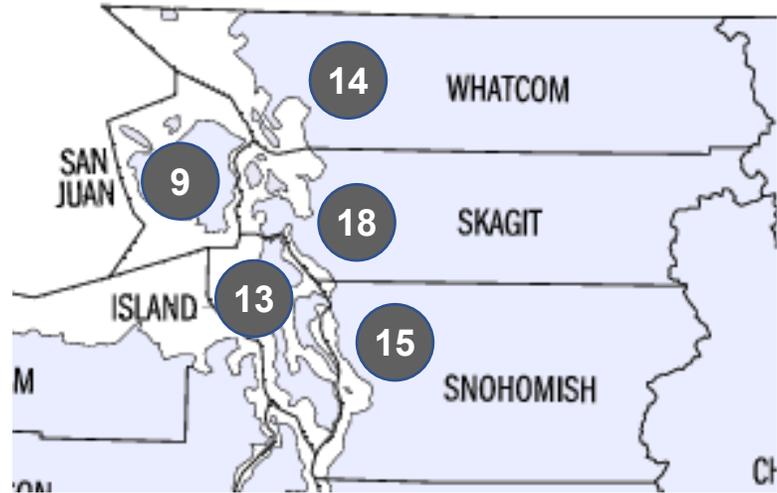
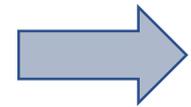
Stakeholder Survey: Summary

DRAFT

27 Respondents

Counties Served by Respondent:

(Respondents could select more than one geography)



Key Themes:

- ▶ **Staffing, Staffing, Staffing:** staffing across all levels/licensed clinician staffing
- ▶ **Inpatient/Residential Bed** available is frequently mentioned
- ▶ **SUD Service Expansion**
- ▶ Other needs mentioned by survey recipients included: **Outpatient service availability, transitional housing options, care coordination/follow up**
- ▶ **Transition to Medicaid MCOs** has generally added unwanted complexity to system

Provider Inventory: Summary

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Key Themes:

- ▶ Provider profile very different county-to-county in the North Sound Region
- ▶ Some areas are clear destinations for care; some areas show relatively little available services
- ▶ Maps created with facility profiles – shown in full report

Island

- ▶ Island County has no Inpatient Facilities
- ▶ OP facilities are concentrated in Oak Harbor and Coupeville

San Juan

- ▶ San Juan County has no IP Facilities
- ▶ OP facilities on three different islands

Skagit

- ▶ Behavioral health facilities are predominantly centered on I-5 Corridor with others along Rte 20 from Sedro-Wooley to Anacortes

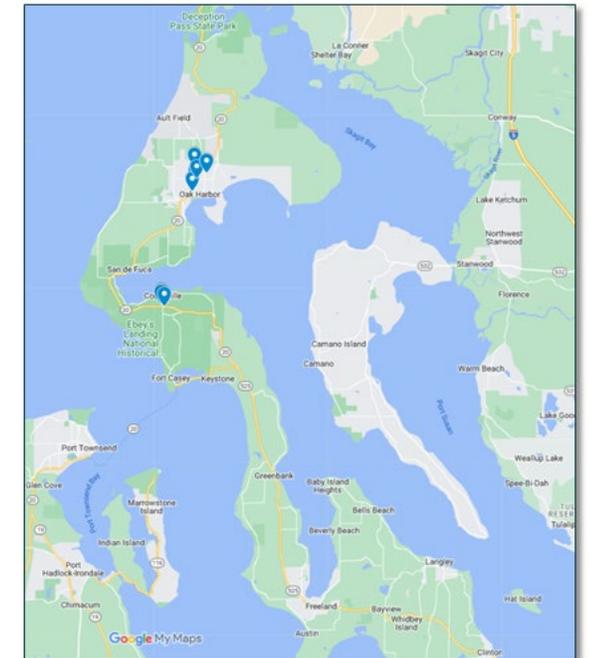
Snohomish

- ▶ There are a larger number of facilities in Snohomish County (reflecting its larger population)
- ▶ Facilities are distributed geographically across the county

Whatcom

- ▶ IP/OP behavioral facilities are concentrated in and around Bellingham with some located North and West

 = Behavioral Health Facility



Sample Map (Island County)

Inpatient Bed Need Analysis: Supply vs. Demand

DRAFT

- ▶ There are **currently deficits in both Mental Health and Substance Use Disorder** beds in the 5-County region in total

- ▶ Although demand is projected to grow, the anticipated new beds coming online should largely equalize bed supply and demand for Mental Health, although **Substance Use Disorder will still show deficits**

North Sound - 5 County Region
Inpatient Behavioral Health Supply vs Demand

	Bed Demand		Bed Supply		2022 Surplus (Deficit) Current Demand vs. Current Supply <i>(c - a)</i>	2027 Surplus (Deficit) Future Demand vs. Future Supply <i>(b - d)</i>
	2022 <i>(a)</i>	2027 <i>(b)</i>	Current <i>(c)</i>	Future* <i>(d)</i>		
Mental Health						
Evaluation & Treatment	114.8	126.6	60.0	106.0	(54.8)	(20.6)
Mental Health Triage	52.0	57.2	42.0	90.0	(10.0)	32.8
Subtotal	166.8	183.8	102.0	196.0	(64.8)	12.2
Substance Use Disorder						
Intensive Inpatient	162.3	191.9	123.0	123.0	(39.3)	(68.9)
Long-Term Residential	53.9	63.6	16.0	32.0	(37.9)	(31.6)
Recovery House	62.4	73.7	32.0	48.0	(30.4)	(25.7)
Acute Detox	72.3	85.4	50.0	66.0	(22.3)	(19.4)
Subtotal	278.6	329.3	221.0	269.0	(57.6)	(60.3)
Other						
Pregnant and Parenting Women	25.4	27.9	21.0	21.0	(4.4)	(6.9)
Total	470.7	541.0	344.0	486.0	(126.7)	(55.0)

(a) Estimated for this engagement using bed to population ratios adjusted for anticipated utilization
 (b) Estimated for this engagement using bed to population ratios adjusted for anticipated utilization
 (c) As provided by NSBHO - includes only currently active beds (as of October, 2022)
 (d) Includes projected/approved beds currently expected to come on line over next 2-3 years

Outpatient Service Analysis: Summary - Part 1

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At a high level, the outpatient service analysis suggest the following:

- ▶ For most of the more prevalent services, San Juan, Skagit, and Whatcom Counties are generally near or above the state average in per-capita service availability. However, **the 5-County total is less than the state in nearly every prevalent category.**
- ▶ There are important differences county by county: For example - **Despite having the largest number of services/population, Snohomish County trails Whatcom and Skagit counties in per-capita availability in a number of services** (county level detail provided in full report)

Sample Analysis:

OP Mental Health Services: **5 County Total**

Outpatient Service Inventory	5 County Total		Wash State Total	
	5 County Total	Wash State Total	5 County Total	Wash State Total
Mental Health Services	Number of Centers Who Offer This Outpatient Service		Facilities per 100,000 Population	
✓ Individual Treatment	100	648	7.6	8.3
✓ Group Therapy	91	566	6.9	7.2
✓ Rehabilitative Case Management	78	502	5.9	6.4
✓ Psychiatric Medication and Medication Support	73	470	5.5	6.0
✓ Family Therapy	64	492	4.8	6.3
✓ LRA or Conditional Release Support	55	282	4.2	3.6
✓ Brief Intervention Treatment	50	372	3.8	4.7
✓ Peer Support	46	442	3.5	5.6
✓ Crisis Outreach	19	217	1.4	2.8
✓ Wraparound Facilitation	15	123	1.1	1.6
✓ Problem and Pathological Gambling	9	90	0.7	1.1
✓ Crisis Peer Support	9	111	0.7	1.4
✓ Applied Behavior Analysis (ABA)	9	58	0.7	0.7
✓ Day Support	8	126	0.6	1.6
✓ Crisis Stabilization	4	113	0.3	1.4
✓ Adult Evaluation and Treatment	4	36	0.3	0.5
✓ Voluntary Triage	3	6	0.2	0.1
✓ Crisis Telephone Support	3	136	0.2	1.7
✓ Clubhouse	2	12	0.2	0.2
✓ Involuntary Triage	1	2	0.1	0.0
✓ Youth Evaluation and Treatment	1	8	0.1	0.1

Outpatient Service Analysis: Summary - Part 2

Analysis done at the county-level; sample from Island County shown here

- ▶ There are a number of outpatient services for which Island County has does not have a facility (the dashes in the table at right)
- ▶ In this example, specific services that are relatively prevalent state-wide that Island County has **less availability include Family Therapy and Peer Support**
- ▶ The county-by-county detail provides a good starting point for focusing analysis on service availability

Sample Analysis:

OP Mental Health Services in **Island County**

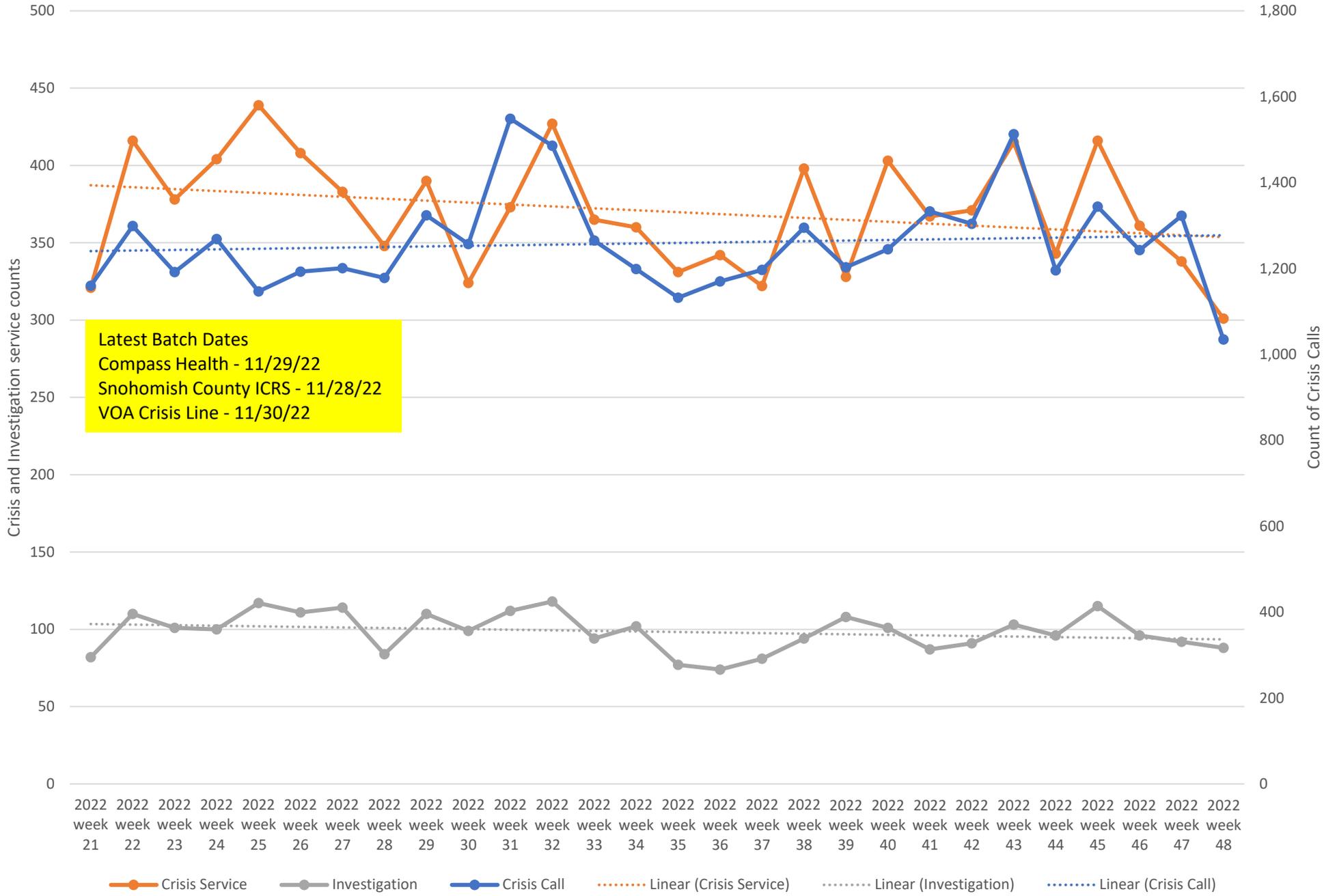
Outpatient Service Inventory	Island County		Wash State Total	
	Island County	Wash State Total	Island County	Wash State Total
	Number of Centers Who Offer This Outpatient Service		Facilities per 100,000 Population	
Mental Health Services				
✓ Individual Treatment	6	648	6.9	8.3
✓ Group Therapy	6	566	6.9	7.2
✓ Rehabilitative Case Management	7	502	8.0	6.4
✓ Psychiatric Medication and Medication Support	5	470	5.7	6.0
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▶ ✓ Brief Intervention Treatment	4	372	4.6	4.7
▶ ✓ Peer Support	1	442	1.1	5.6
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✓ Problem and Pathological Gambling	-	90	-	1.1
✓ Crisis Peer Support	1	111	1.1	1.4
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✓ Youth Evaluation and Treatment	-	8	-	0.1



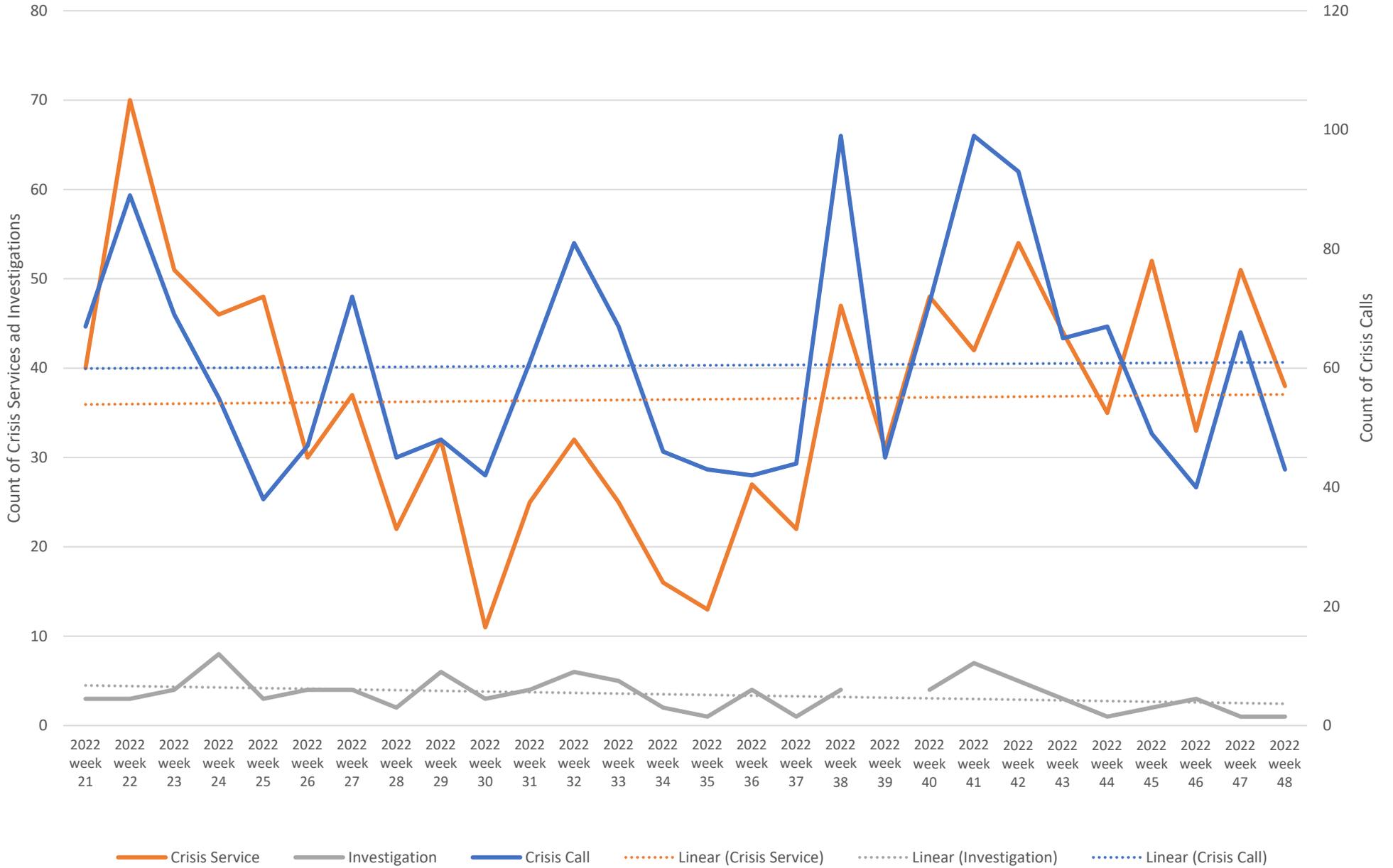
Weekly Crisis Capacity Indicator Snapshot

Page 2	Crisis Data - dates 05/15/22 to 11/26/22
Page 3	Crisis Data: Ages 0-17 - dates 05/15/22 to 11/26/22
Page 4	All DCR Dispatches - dates 05/15/22 to 11/26/22
Page 5	Weekly Staff Count - Staff providing Crisis or Investigation services 05/15/22 to 11/26/22
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 05/15/22 to 11/26/22
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	New COVID-19 Cases Reported Weekly per 100,000 population - 09/01/21 to 11/30/22
Page 13	Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average
Page 14	North Sound BH ASO Walkaway Chart 05/15/22 to 11/26/22

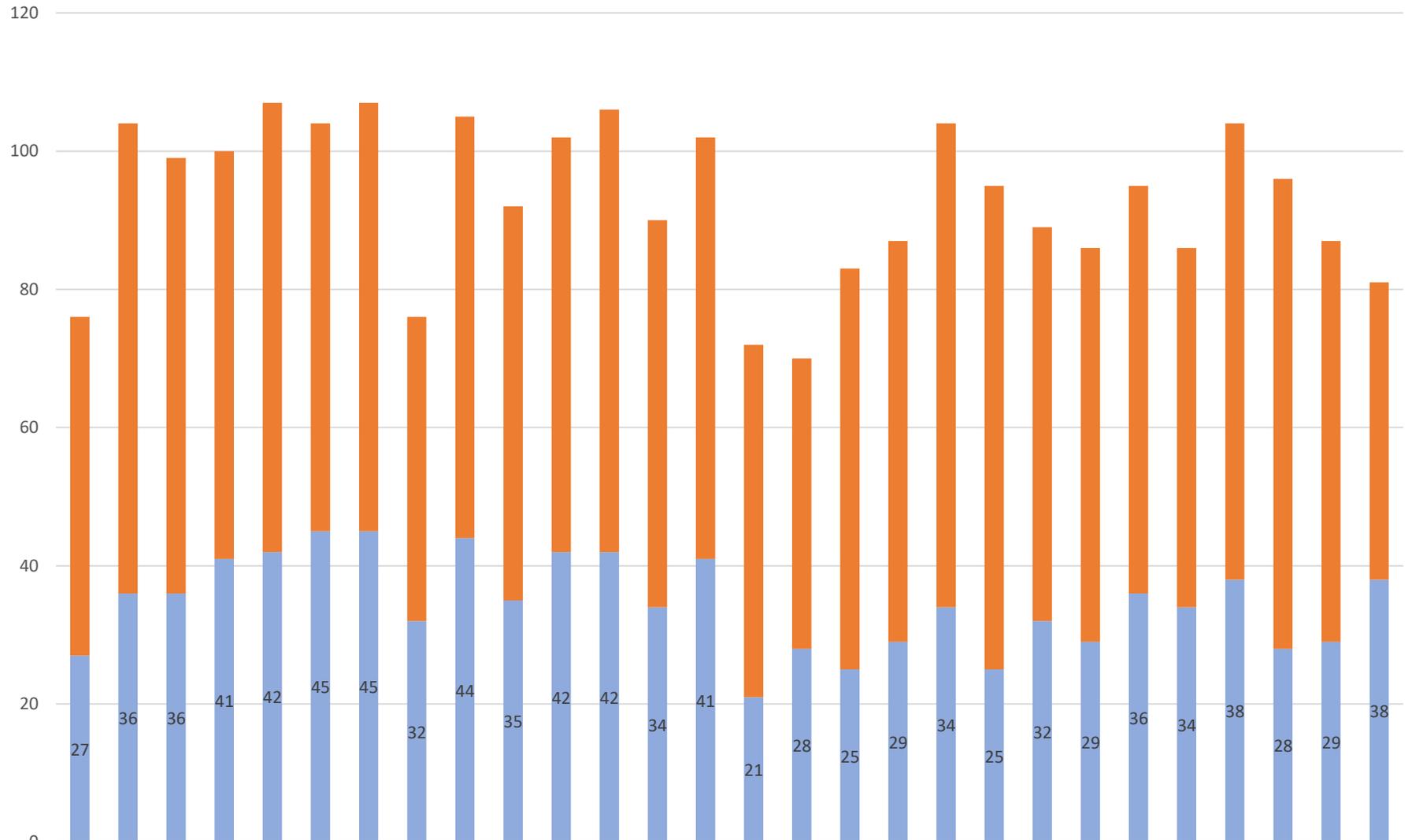
Crisis Data - dates 05/15/22 to 11/26/22



Crisis Data: Ages 0-17 - dates 05/15/22 to 11/26/22

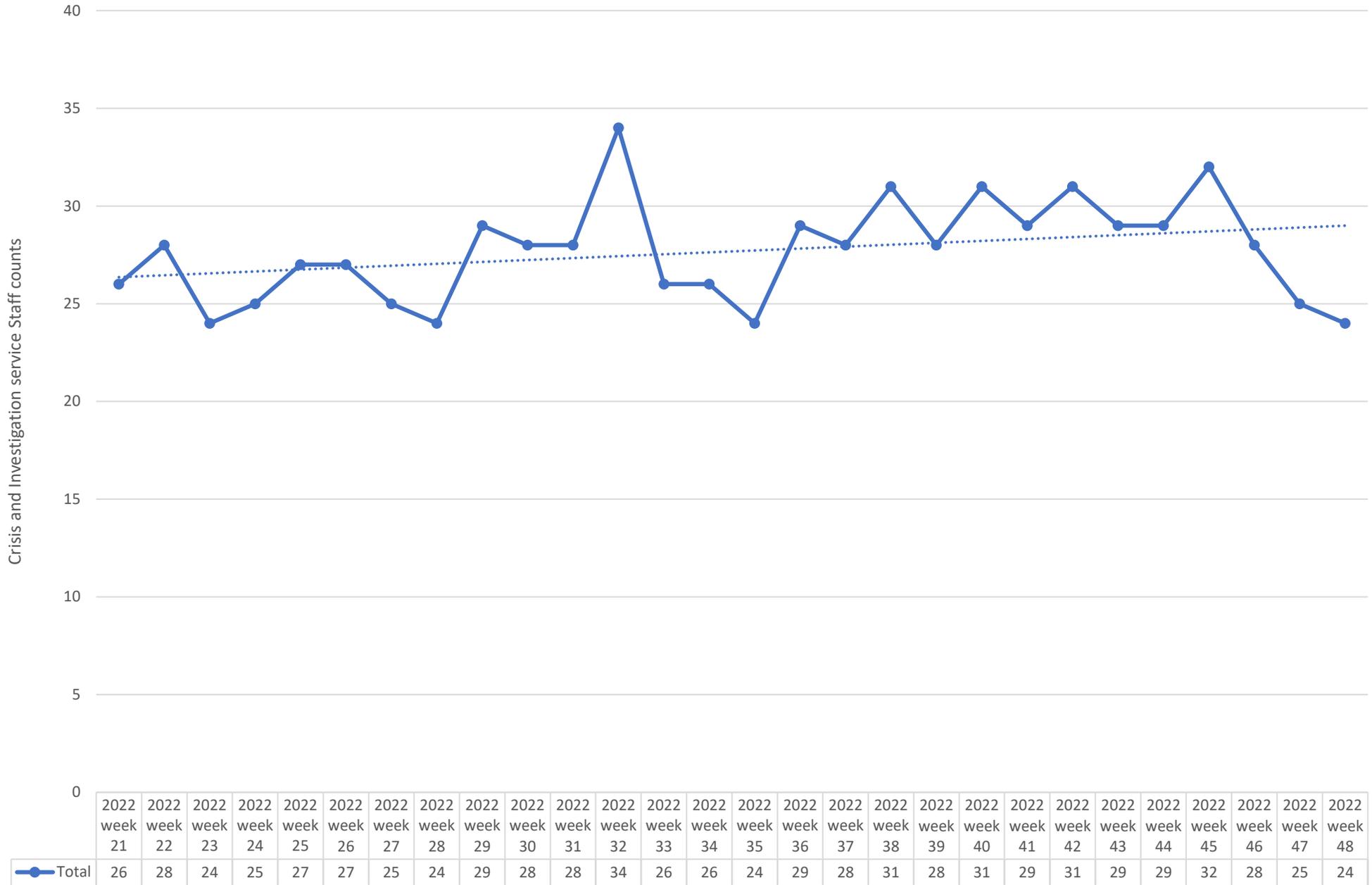


All DCR Dispatches - dates 05/15/22 to 11/26/22



dispatch resulting in other outcome	49	68	63	59	65	59	62	44	61	57	60	64	56	61	51	42	58	58	70	70	57	57	59	52	66	68	58	43
dispatch resulting in detention	27	36	36	41	42	45	45	32	44	35	42	42	34	41	21	28	25	29	34	25	32	29	36	34	38	28	29	38

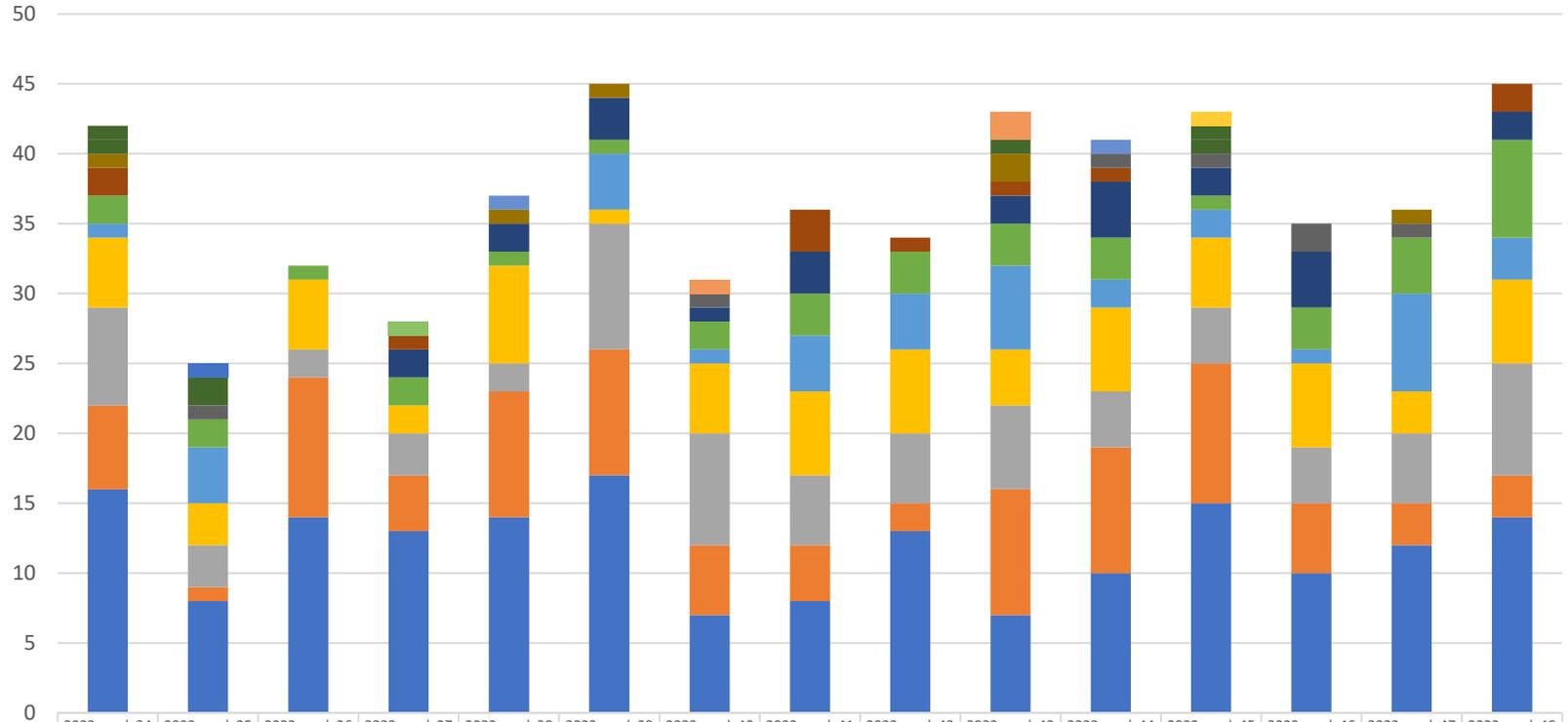
Weekly Staff Count - Staff providing Crisis or Investigation services 05/15/22 to 11/26/22



2022 week 48 ending 01/00/00

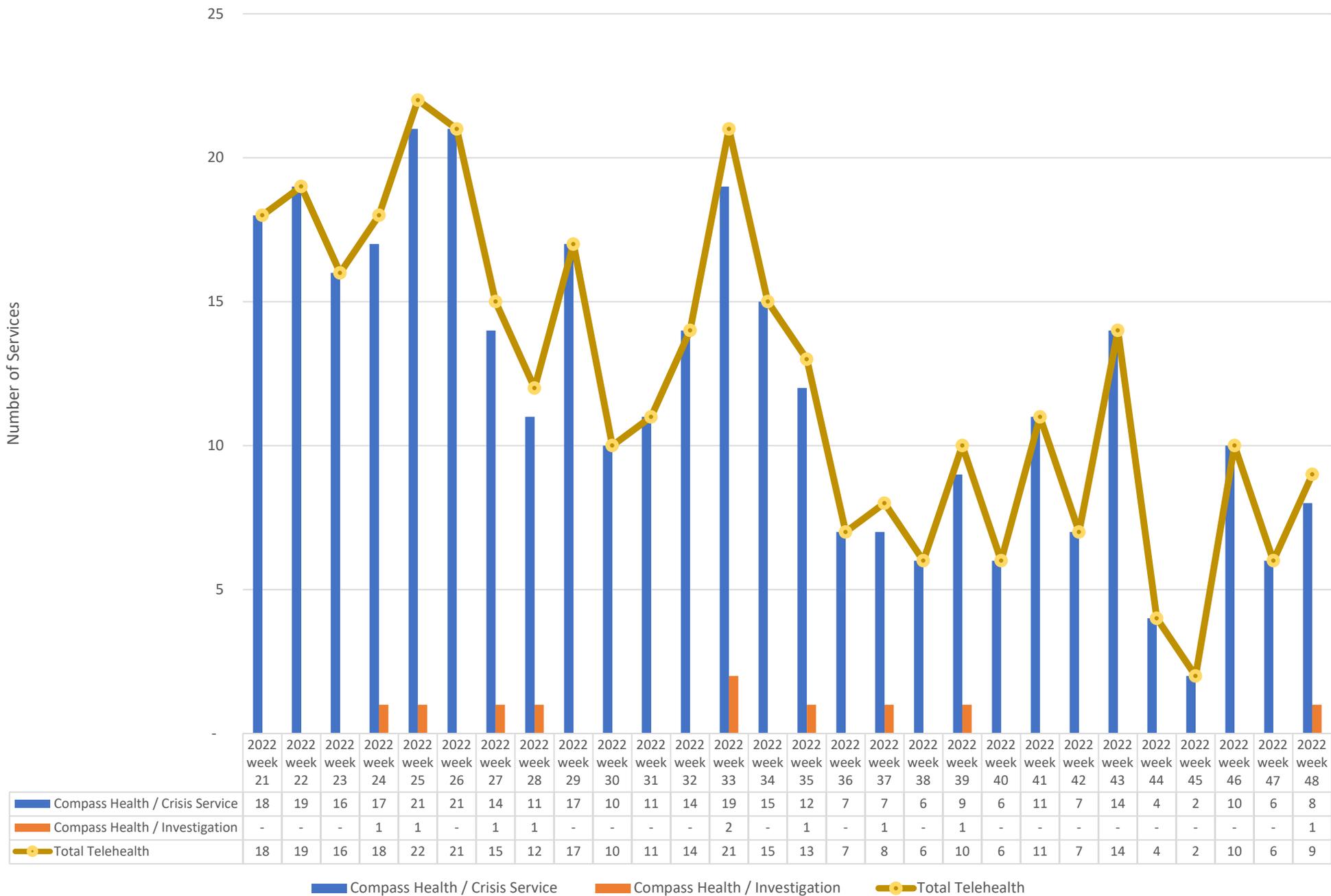
Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low

Count of hospital placement locations in the dispatch record

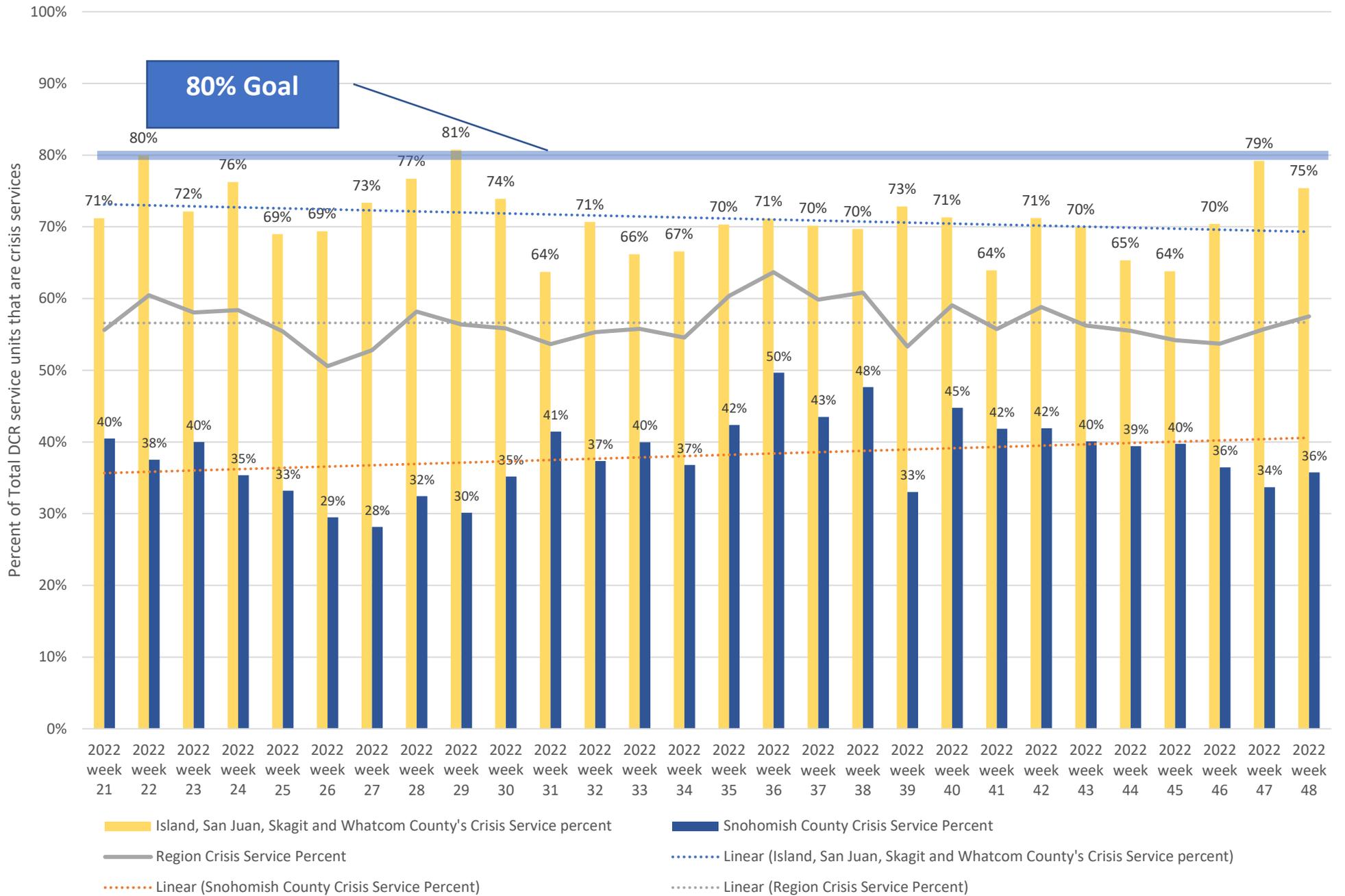


	2022 week 34	2022 week 35	2022 week 36	2022 week 37	2022 week 38	2022 week 39	2022 week 40	2022 week 41	2022 week 42	2022 week 43	2022 week 44	2022 week 45	2022 week 46	2022 week 47	2022 week 48
Cascade Behavioral Hospital LLC				1											
SWEDISH MEDICAL CENTER CHERRY HILL							1								
South Sound Vest Thurston												1			
Multicare Behavioral Health Inpatient Services - Auburn		1													
Western State										2					
Tacoma General					1						1				
THURSTON/MASON EandT FACILITY	1											1			
Swedish Mill Creek	1	2								1		1			
VALLEY GENERAL HOSPITAL	1				1	1				2				1	
ABHS Chehalis		1					1				1	1	2	1	
Telecare North Sound Evaluation and Treatment	2			1				3	1	1	1				2
Mukilteo				2	2	3	1	3		2	4	2	4		2
SMOKEY POINT BEHAVIORAL HOSPITAL	2	2	1	2	1	1	2	3	3	3	3	1	3	4	7
BHC Fairfax Hospital INC	1	4				4	1	4	4	6	2	2	1	7	3
Skagit Valley Hospital	5	3	5	2	7	1	5	6	6	4	6	5	6	3	6
SWEDISH EDMONDS	7	3	2	3	2	9	8	5	5	6	4	4	4	5	8
Peacehealth Bellingham	6	1	10	4	9	9	5	4	2	9	9	10	5	3	3
Providence Everett	16	8	14	13	14	17	7	8	13	7	10	15	10	12	14

Telehealth only, crisis and investigation services from 05/15/22 to 11/26/22



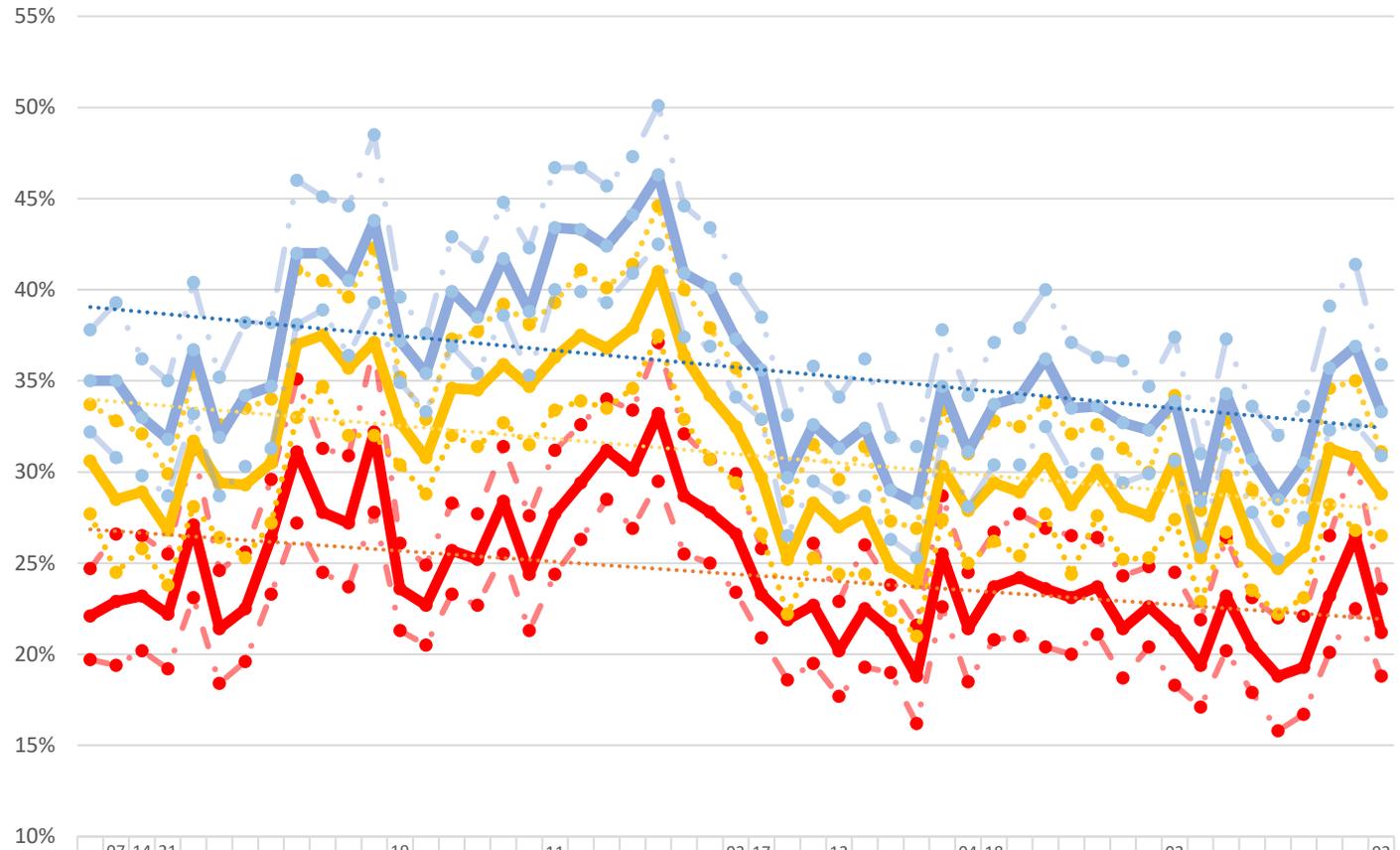
Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units



Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

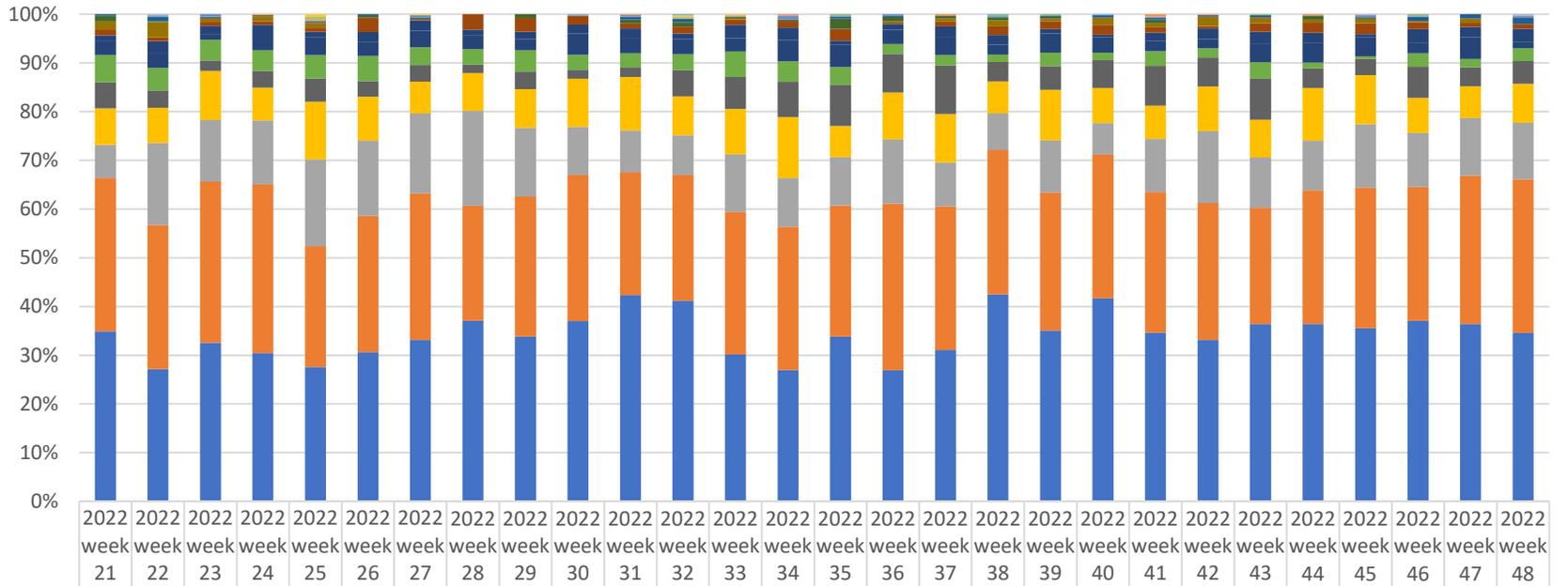
The U.S. Census Bureau, in collaboration with five federal agencies, launched the Household Pulse Survey to produce data on the social and economic impacts of Covid-19 on American households. The Household Pulse Survey was designed to gauge the impact of the pandemic on employment status, consumer spending, food security, housing, education disruptions, and dimensions of physical and mental wellness.

<https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Report/8pt5-q6wp>



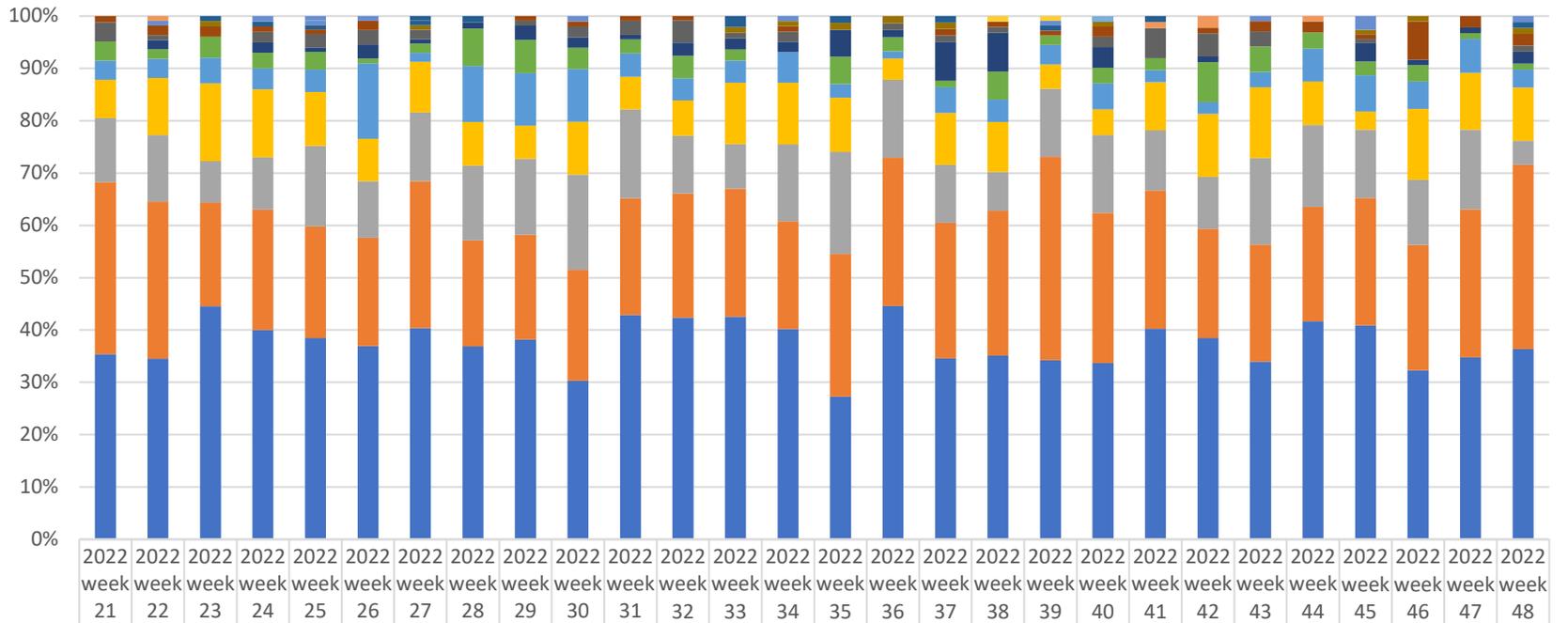
	23 Apr-05	07 May	14 May	21 May	28 May	04 Jun	11 Jun	18 Jun	25 Jun	02 Jul	09 Jul	16 Jul	19 Aug	02 Sep	16 Sep	30 Sep	14 Oct	28 Oct	11 Nov	25 Nov	09 Dec	23 Dec	06 Jan	20 Jan	03 Feb	17 Feb	03 Mar	17 Mar	31 Mar	14 Apr	28 Apr	12 May	26 May	09 Jun	23 Jun	07 Jul	21 Jul	04 Aug	18 Aug	01 Sep	15 Sep	29 Sep	13 Oct	27 Oct	10 Nov	24 Nov	08 Dec					
% with Symptoms of Depressive Disorder low conf. level	20%	19%	20%	19%	23%	18%	20%	23%	27%	25%	24%	28%	21%	22%	32%	32%	26%	21%	24%	26%	29%	27%	0%	26%	25%	23%	21%	19%	20%	18%	19%	16%	23%	19%	19%	16%	23%	19%	12%	20%	21%	19%	20%	18%	17%	20%	23%	19%				
% with Symptoms of Depressive Disorder value	22%	23%	23%	22%	27%	12%	23%	26%	1%	28%	7%	2%	24%	23%	26%	25%	28%	2%	24%	28%	9%	1%	0%	3%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%		
% with Symptoms of Depressive Disorder high conf. level	25%	27%	27%	26%	31%	25%	26%	30%	5%	1%	8%	7%	2%	6%	2%	8%	1%	2%	8%	1%	3%	4%	3%	7%	3%	2%	1%	0%	2%	6%	2%	6%	2%	6%	2%	4%	2%	2%	1%	2%	2%	1%	2%	3%	2%	2%	2%	2%	2%	2%		
% with Symptoms of Anxiety Disorder low conf. level	28%	25%	26%	24%	28%	26%	25%	27%	3%	5%	2%	2%	0%	2%	9%	2%	1%	3%	2%	3%	4%	4%	5%	8%	3%	1%	2%	9%	2%	2%	5%	2%	4%	2%	2%	1%	2%	7%	2%	6%	2%	5%	2%	2%	2%	2%	2%	2%	2%	2%	2%	
% with Symptoms of Anxiety Disorder value	31%	29%	29%	27%	32%	29%	1%	7%	8%	6%	7%	3%	1%	5%	5%	6%	5%	6%	8%	7%	8%	1%	6%	4%	3%	0%	2%	5%	2%	8%	2%	7%	2%	8%	2%	5%	2%	4%	0%	2%	8%	2%	9%	2%	5%	2%	6%	1%	2%	9%		
% with Symptoms of Anxiety Disorder high conf. level	34%	33%	28%	0%	6%	3%	4%	4%	1%	4%	1%	0%	2%	5%	3%	7%	8%	9%	8%	9%	4%	1%	4%	5%	4%	0%	8%	1%	4%	0%	8%	6%	3%	2%	8%	0%	1%	2%	7%	7%	3%	1%	3%	3%	4%	2%	3%	1%	0%	4%		
% with Symptoms of Anxiety or Depressive Disorder low conf. level	32%	1%	0%	2%	9%	3%	2%	9%	0%	1%	8%	9%	6%	9%	5%	3%	7%	5%	9%	4%	0%	9%	4%	1%	4%	3%	7%	7%	4%	3%	7%	0%	2%	9%	2%	6%	2%	5%	2%	2%	8%	0%	0%	3%	0%	1%	2%	9%	0%	1%	2%	
% with Symptoms of Anxiety or Depressive Disorder value	35%	5%	3%	3%	2%	7%	2%	4%	5%	4%	2%	4%	7%	5%	4%	0%	8%	4%	3%	4%	2%	4%	7%	4%	6%	1%	0%	7%	6%	0%	3%	1%	2%	2%	9%	2%	6%	2%	5%	1%	4%	4%	6%	4%	3%	2%	4%	2%	8%	4%	1%	2%
% with Symptoms of Anxiety or Depressive Disorder high conf. level	38%	9%	6%	5%	4%	5%	8%	8%	6%	4%	5%	4%	9%	4%	8%	3%	4%	5%	4%	2%	4%	7%	4%	6%	7%	0%	5%	3%	1%	9%	3%	6%	4%	6%	2%	1%	8%	4%	7%	8%	4%	7%	8%	4%	7%	6%	6%	5%	7%	1%	7%	

Place of Service -Crisis Services, percent of total by week



	2022 week 21	2022 week 22	2022 week 23	2022 week 24	2022 week 25	2022 week 26	2022 week 27	2022 week 28	2022 week 29	2022 week 30	2022 week 31	2022 week 32	2022 week 33	2022 week 34	2022 week 35	2022 week 36	2022 week 37	2022 week 38	2022 week 39	2022 week 40	2022 week 41	2022 week 42	2022 week 43	2022 week 44	2022 week 45	2022 week 46	2022 week 47	2022 week 48
Community Mental Health Center		1																							1			1
Custodial Care Facility		1								1	1							1		1								
Skilled Nursing Facility					2		1				1	1																
On Campus Outpatient Hospital					2						1				1			1	1				1			1		
Nursing Facility				1	2						1	1		1			1				2	1		1				
Psych. Residential			2		1		2				1		1	3	1	1					1				1	1		1
Group Home	1	4	1			1					2	3			1	1		1	1	2	1	1	2		1	3	3	4
Homeless Shelter	4	1		1	1	2	1		3	3	4	1	1	7	3	2	2	1		3				3	1			
School	5	13	3	4	4								1			1	2	5	2	6	3	7	5	2	4	1	3	
Inpatient Hospital	4	3	3	3	4	12	1	11	11	6	4	6	4	5	8	1	3	7	5	8	4	2	7	7	9	5	3	3
Inpatient Psychiatric Facility	4	10	7	12	5	8	8	4	6	6	7	5	10	9	3	4	7	8	3	2	6	8	10	7	3	10	7	8
Prison Correctional Facility	9	13	4	9	16	12	13	10	9	14	12	13	10	16	15	10	12	8	13	13	8	7	16	14	16	8	15	4
Telehealth	18	19	16	17	21	21	14	11	17	10	11	14	19	15	12	7	7	6	9	6	11	7	14	4	2	10	6	8
Assisted Living Facility	17	15	8	14	21	13	13	6	14	6	7	23	24	26	28	27	32	16	16	23	30	22	35	14	14	23	13	14
Emergency Room Hospital	24	30	38	27	52	37	25	27	31	32	41	34	34	45	21	33	32	26	34	29	25	34	32	37	42	26	22	24
Home	22	70	48	53	78	63	63	68	55	32	32	35	43	36	33	45	29	30	35	26	40	55	43	35	54	40	40	35
Other Place of Service	101	123	125	140	109	114	115	82	112	97	94	110	107	106	89	117	95	118	93	119	106	104	99	94	120	99	103	95
Office	112	113	123	123	121	125	127	129	132	120	158	176	110	97	112	92	100	169	115	168	127	123	151	125	148	134	123	104

Place of Service -Investigations, percent of total by week



	2022 week 21	2022 week 22	2022 week 23	2022 week 24	2022 week 25	2022 week 26	2022 week 27	2022 week 28	2022 week 29	2022 week 30	2022 week 31	2022 week 32	2022 week 33	2022 week 34	2022 week 35	2022 week 36	2022 week 37	2022 week 38	2022 week 39	2022 week 40	2022 week 41	2022 week 42	2022 week 43	2022 week 44	2022 week 45	2022 week 46	2022 week 47	2022 week 48
Custodial Care Facility																												
On Campus Outpatient Hospital																			1	1								
Skilled Nursing Facility			1				1														1							
School		1																			1	2		1				
Homeless Shelter				1	1								1							1				1				
Community Mental Health Center		1			1	1				1																3		1
Telehealth				1	1		1	1					2		1		1		1									1
Psych. Residential			1				1						1	1	1	1	1			1					1	1		1
Group Home	1	2	2	1	1	2			1	1	1	1		1			1	1	1	2		1	2	2	1	7	2	2
Assisted Living Facility	3	1		2	3	3	2		1	2	3	5	1	2		1	1	1		2	5	4	3		1			1
Home		2		2	1	3	1	1	3	2	1	3	2	2	4	1	6	7		4		1			4	1	1	2
Office	3	2	4	3	4	1	2	6	7	4	3	5	2		4	2	1	5	2	3	2	7	5	3	3	3	1	1
Inpatient Hospital	3	4	5	4	5	16	2	9	11	10	5	5	4	6	2	1	4	4	4	5	2	2	3	6	8	5	6	3
Inpatient Psychiatric Facility	6	12	15	13	12	9	11	7	7	10	7	8	11	12	8	3	8	9	5	5	8	11	14	8	4	13	10	9
Prison Correctional Facility	10	14	8	10	18	12	15	12	16	18	19	13	8	15	15	11	9	7	14	15	10	9	17	15	15	12	14	4
Other Place of Service	27	33	20	23	25	23	32	17	22	21	25	28	23	21	21	21	21	26	42	29	23	19	23	21	28	23	26	31
Emergency Room Hospital	29	38	45	40	45	41	46	31	42	30	48	50	40	41	21	33	28	33	37	34	35	35	35	40	47	31	32	32

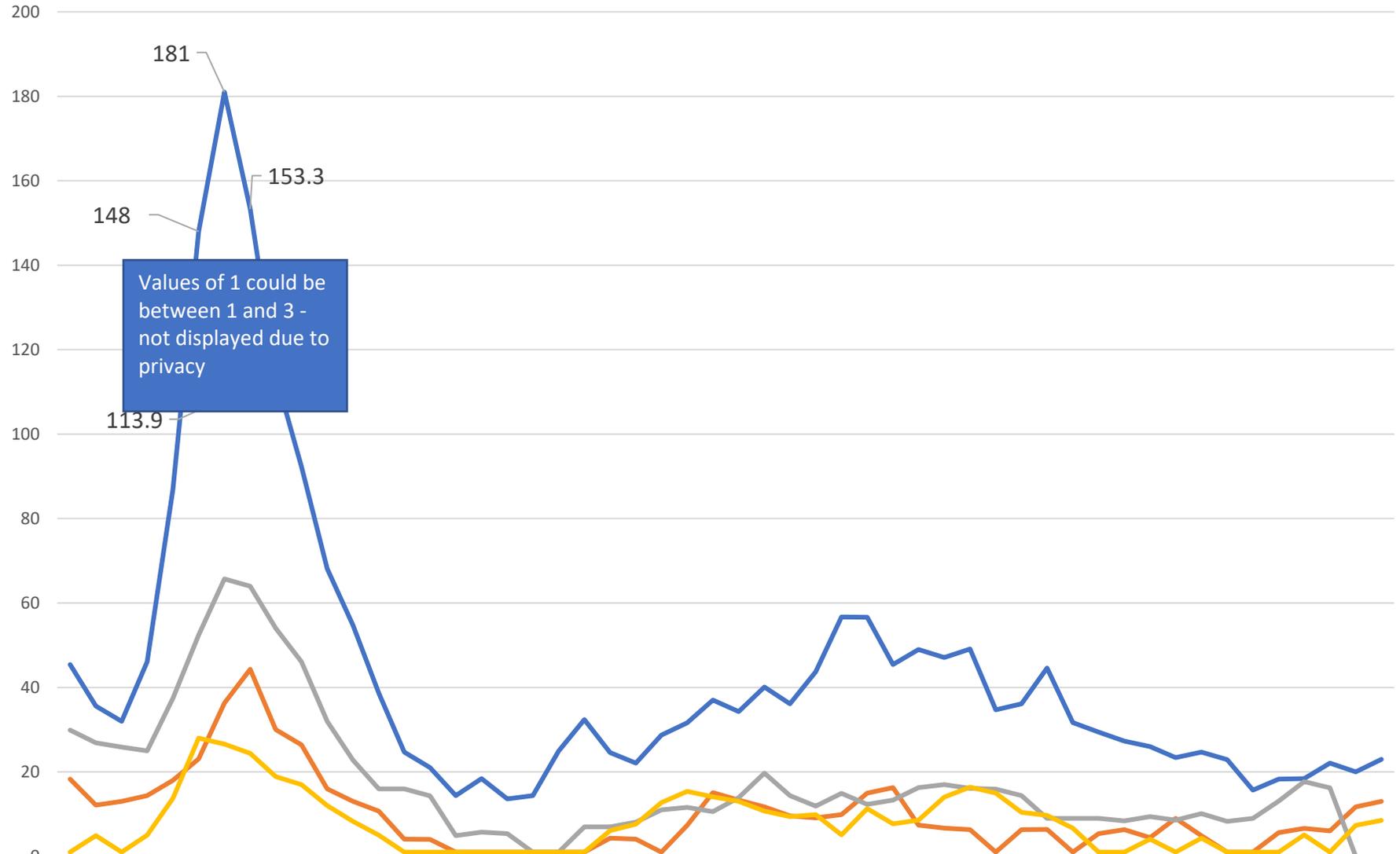
New COVID-19 Cases Reported Weekly per 100,000 population - 09/01/21 to 11/30/22

New Cases reported weekly per 100,000

3,500
3,000
2,500
2,000
1,500
1,000
500
0

	2021-09-01	2021-09-08	2021-09-15	2021-09-22	2021-09-29	2021-10-06	2021-10-13	2021-10-20	2021-10-27	2021-11-03	2021-11-10	2021-11-17	2021-11-24	2021-12-01	2021-12-08	2021-12-15	2021-12-22	2022-01-05	2022-01-12	2022-01-19	2022-01-26	2022-02-02	2022-02-09	2022-02-16	2022-02-23	2022-03-01	2022-03-08	2022-03-15	2022-03-22	2022-03-29	2022-04-05	2022-04-12	2022-04-19	2022-04-26	2022-05-03	2022-05-10	2022-05-17	2022-05-24	2022-05-31	2022-06-07	2022-06-14	2022-06-21	2022-06-28	2022-07-05	2022-07-12	2022-07-19	2022-07-26	2022-08-02	2022-08-09	2022-08-16	2022-08-23	2022-08-30	2022-09-06	2022-09-13	2022-09-20	2022-09-27	2022-10-04	2022-10-11	2022-10-18	2022-10-25	2022-11-01	2022-11-08	2022-11-15	2022-11-22	2022-11-29	
Island	23	14	12	20	19	23	16	15	12	17	87	15	11	15	92	10	88	13	21	52	87	69	4	92	36	62	35	64	70	60	41	39	38	53	53	78	16	15	15	17	13	21	17	22	20	18	20	23	18	13	13	13	10	80	77	52	12	94	93	80	53	52	43	67	12	20
San Juan	-	12	41	58	41	23	12	47	82	29	-	21	17	70	58	76	64	70	70	70	53	65	58	35	15	52	70	23	24	17	29	99	23	10	14	23	54	51	41	17	23	16	82	70	12	12	12	12	12	12	12	12	12	12	6	17	87	41	35	17	47	58	10			
Skagit	22	18	21	18	20	19	16	20	21	23	27	16	16	10	12	86	13	21	52	87	69	4	92	36	62	35	64	70	60	41	39	38	53	53	78	16	15	15	17	13	21	17	22	20	18	20	23	18	13	13	13	10	80	77	52	12	94	93	80	53	52	43	67	12	20	
Snohomish	21	19	21	18	19	17	13	16	18	17	15	22	14	10	17	11	16	36	85	1	1	3	1	25	25	49	94	69	71	56	79	21	91	11	20	23	27	20	21	30	25	31	23	24	18	13	13	13	10	85	66	51	89	77	63	59	46	53	58	69	62	16				
Whatcom	25	22	26	13	17	17	15	18	18	17	17	15	11	20	13	13	24	66	1	1	2	1	50	22	13	12	78	85	83	67	74	98	95	13	27	20	21	30	21	29	24	18	21	18	16	14	14	11	10	85	66	51	89	77	63	59	46	53	58	69	62	16				
Region	22	19	21	17	18	17	14	16	18	17	16	20	14	11	17	11	14	30	74	1	1	3	1	31	22	10	93	68	76	59	69	15	86	10	17	23	23	26	28	22	29	22	22	23	23	24	22	19	16	15	13	11	11	80	61	12	94	91	75	55	56	55	65	68	16	

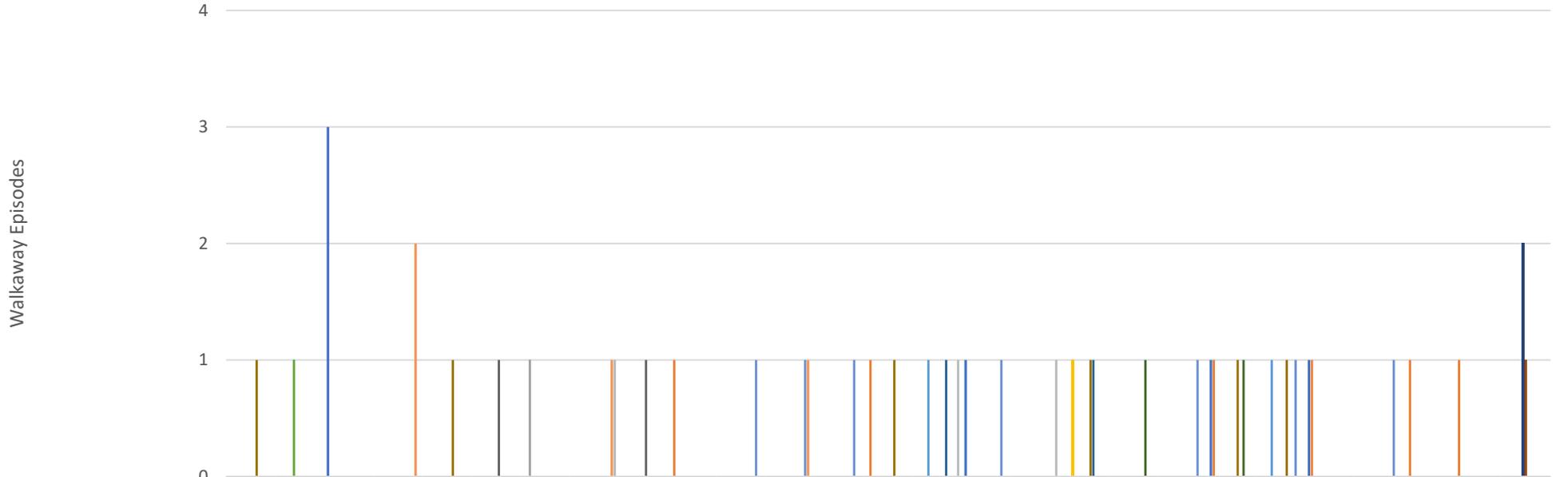
Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average



Values of 1 could be between 1 and 3 - not displayed due to privacy

	12/3/21	12/10/21	12/17/21	12/24/21	12/31/21	1/7/22	1/14/22	1/21/22	1/28/22	2/4/22	2/11/22	2/18/22	2/25/22	3/4/22	3/11/22	3/18/22	3/25/22	4/1/22	4/8/22	4/15/22	4/22/22	4/29/22	5/6/22	5/13/22	5/20/22	5/27/22	6/3/22	6/10/22	6/17/22	6/24/22	7/1/22	7/8/22	7/15/22	7/22/22	7/29/22	8/5/22	8/12/22	8/19/22	8/26/22	9/2/22	9/9/22	9/16/22	9/23/22	9/30/22	10/7/22	10/14/22	10/21/22	10/28/22	11/4/22	11/11/22	11/18/22	11/25/22
Prov. Everett	45	36	32	46	87	148	181	153.3	114	92	68	55	39	25	21	14	18	14	14	25	32	25	22	29	32	37	34	40	36	44	57	57	45	49	47	49	35	36	45	32	29	27	26	23	25	23	16	18	18	22	20	23
SVH	18	12	13	14	18	23	36	44	30	26	16	13	11	4.1	4	1	1	1	1	1	1	4.3	4.1	1	7.3	15	13	12	9.6	9.1	9.9	15	16	7.4	6.7	6.3	1	6.3	6.4	1	5.4	6.3	4.4	9	4.9	1	1	5.6	6.6	6	12	13
ST Joe	30	27	26	25	37	52	66	64	54	46	32	23	16	16	14	4.9	5.7	5.4	1	1	7	7	8.1	11	12	11	14	20	14	12	15	12	13	16	17	16	16	14	9	9	9	8.4	9.4	8.6	10	8.3	9	13	18	16	0	0
Swedish Edmonds	1	4.9	1	5	14	28	27	24	19	17	12	8.3	5	1	1	1	1	1	1	1	1	6.1	7.6	13	15	14	13	11	9.4	9.9	5.1	11	7.7	8.6	14	16	15	10	9.7	6.7	1	1	4.1	1	4.3	1	1	1	5.1	1	7.3	8.5

North Sound BH ASO Walkaway Chart 05/15/22 to 11/26/22



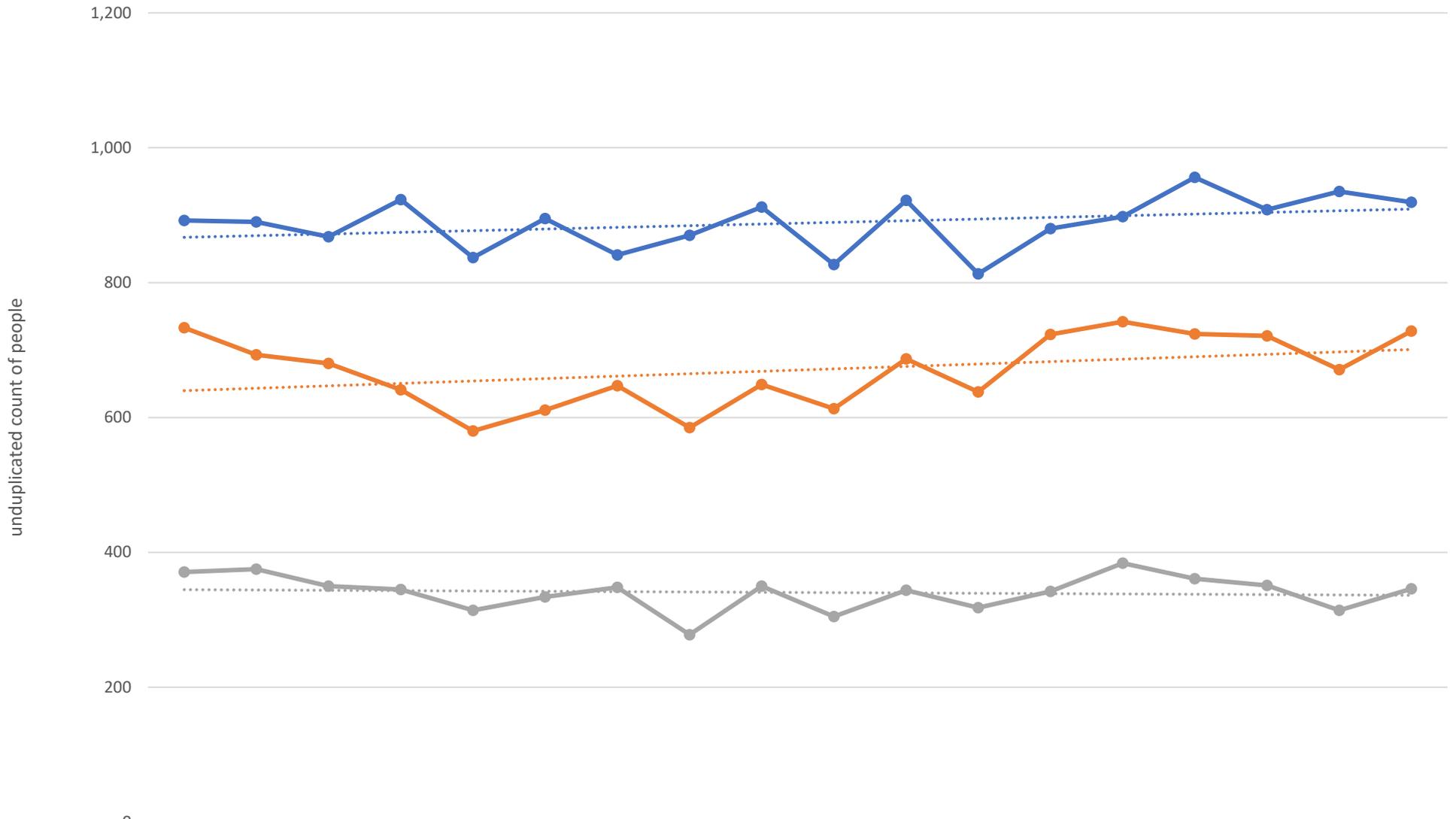
	2022 Week 01	2022 Week 02	2022 Week 03	2022 Week 04	2022 Week 09	2022 Week 11	2022 Week 12	2022 Week 13	2022 Week 15	2022 Week 16	2022 Week 17	2022 Week 18	2022 Week 19	2022 Week 22	2022 Week 24	2022 Week 25	2022 Week 26	2022 Week 27	2022 Week 28	2022 Week 30	2022 Week 32	2022 Week 33	2022 Week 37	2022 Week 39	2022 Week 40	2022 Week 41	2022 Week 43
Cascade Valley Hospital			3													1					1		1				
Island Hospital				2						1				1								1		1	1	1	
Olympic Medical Center							1																				
Peace Island Health																			1								
Providence															1								1				
Providence - Colby		1																									
Providence, Everett																											2
San Juan Co Jail																											1
Skagit Valley						1			1																		
St. Joseph	1				1									1							1		1				
Swedish Edmonds															1						1						
Swedish Mill Creek																				1		1					
United General											1	1	1			1					1		1		1		
Whidbey Health				2				1				1															
Whidbey Health ED								1							1		1										



North Sound Crisis System Dashboard

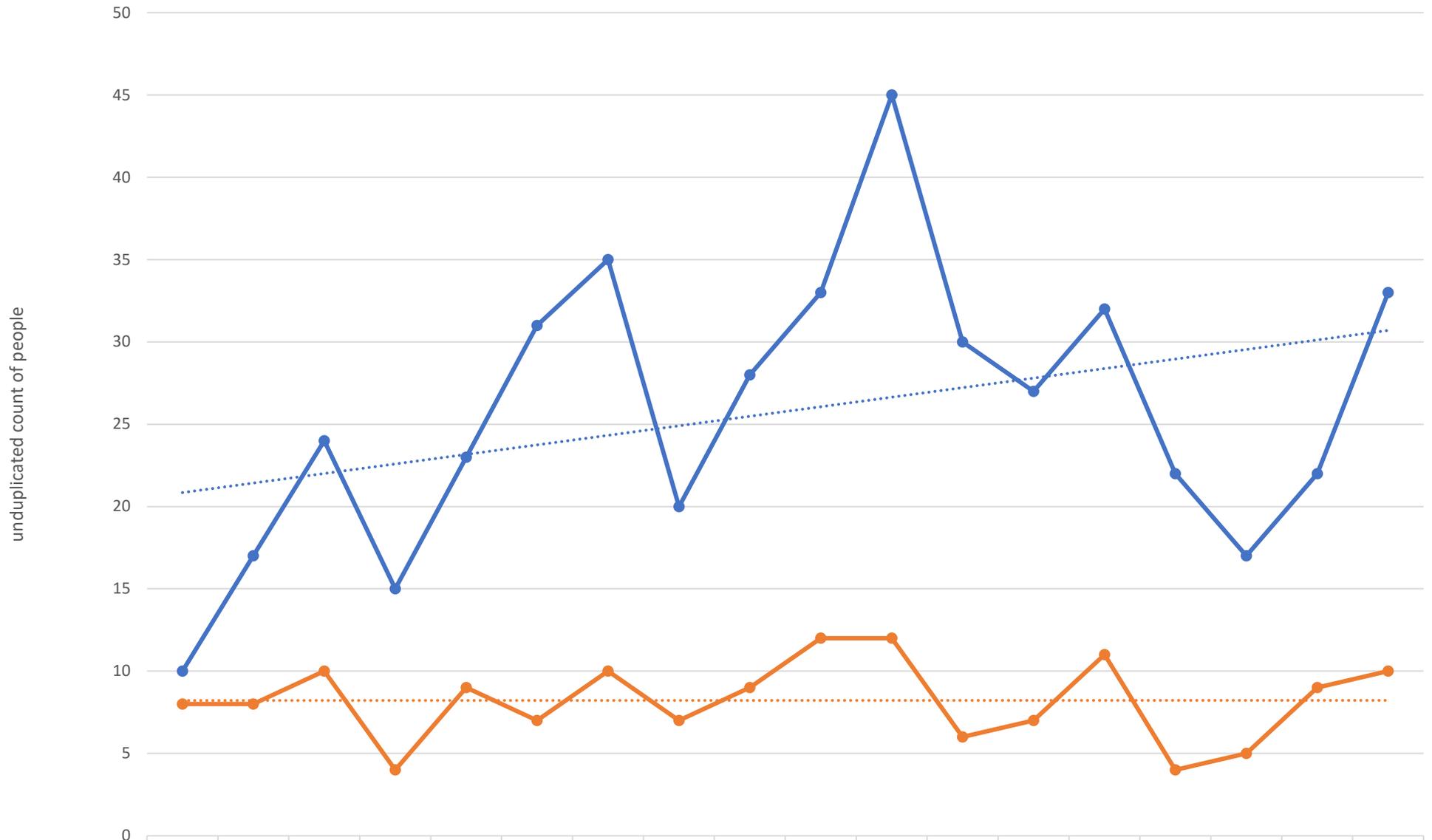
Page 2	Unduplicated People receiving a crisis system service
Page 3	Island - Unduplicated People receiving a crisis system service
Page 4	San Juan - Unduplicated People receiving a crisis system service
Page 5	Skagit - Unduplicated People receiving a crisis system service
Page 6	Snohomish - Unduplicated People receiving a crisis system service
Page 7	Whatcom - Unduplicated People receiving a crisis system service
Page 8	Region Designated Crisis Responder (DCR) Investigations
Page 9	Region DCR Investigation Referral Sources
Page 10	Region DCR Investigation Outcomes

Unduplicated People receiving a crisis system service



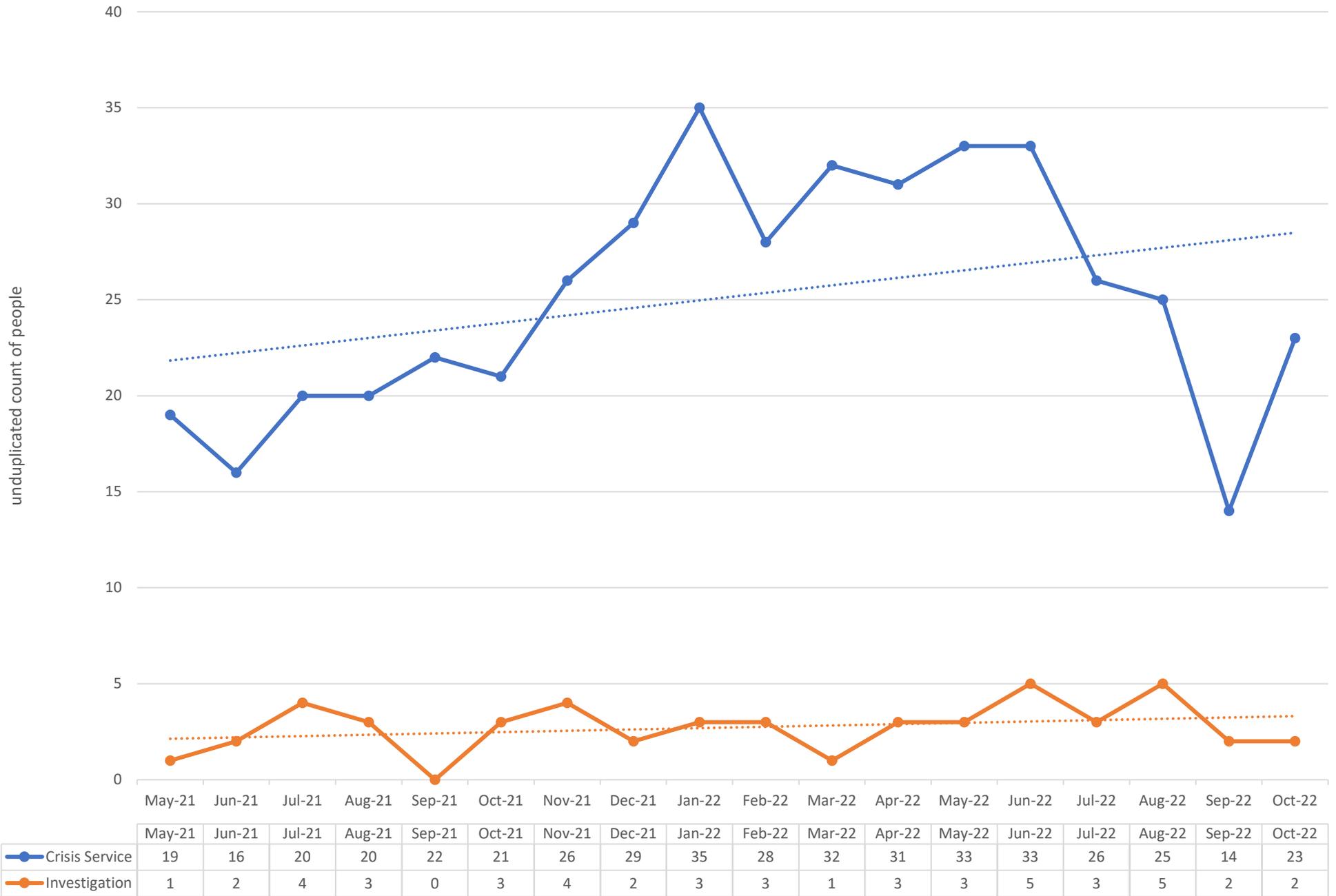
	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22
● Crisis Call	892	890	868	923	837	895	841	870	912	827	922	813	880	898	956	908	935	919
● Crisis Service	733	693	680	641	580	611	647	585	649	613	687	638	723	742	724	721	671	728
● Investigation	371	375	350	345	314	334	348	278	350	305	344	318	342	384	361	351	314	346

Island - Unduplicated People receiving a crisis system service

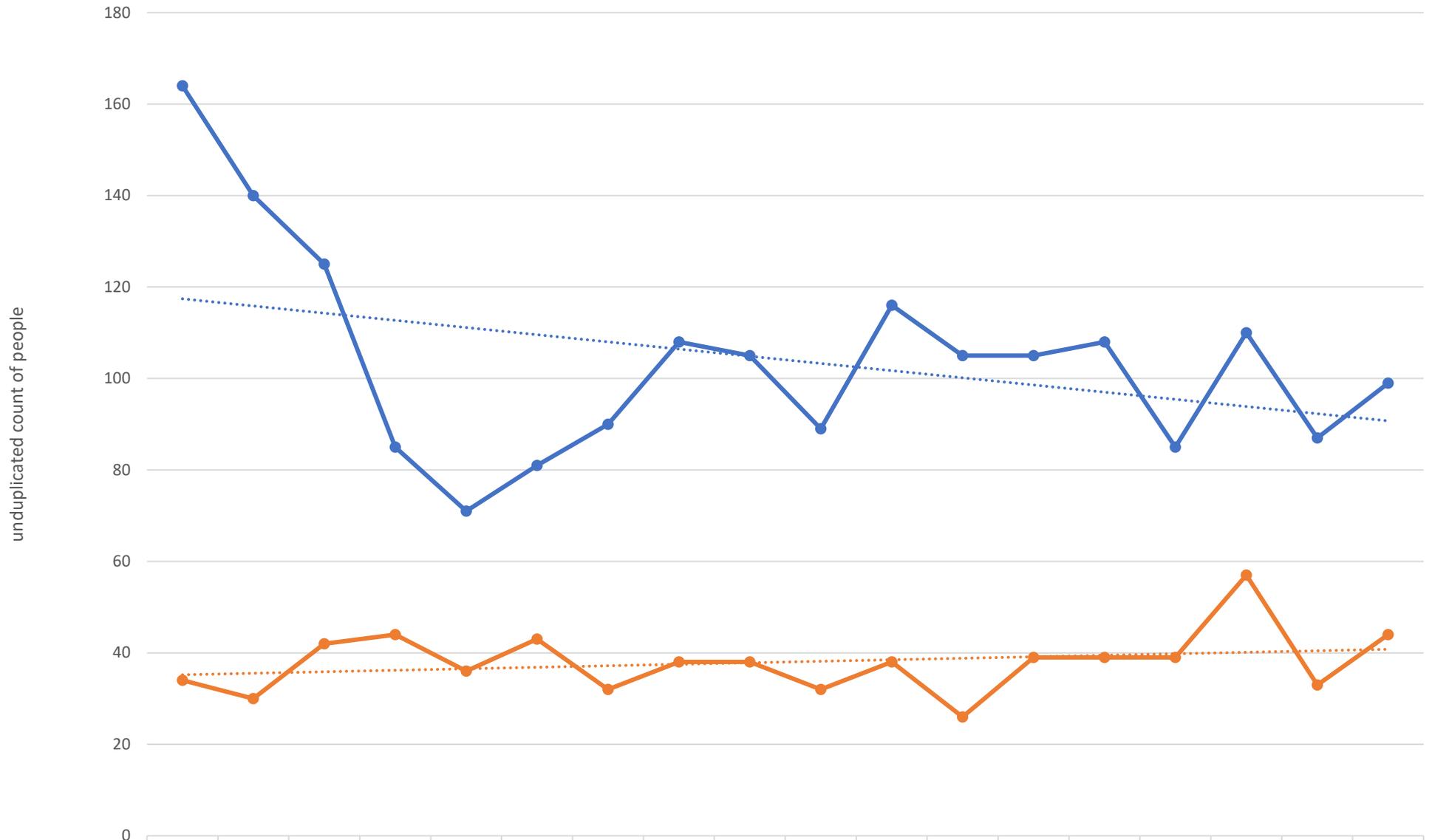


	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22
● Crisis Service	10	17	24	15	23	31	35	20	28	33	45	30	27	32	22	17	22	33
● Investigation	8	8	10	4	9	7	10	7	9	12	12	6	7	11	4	5	9	10

San Juan - Unduplicated People receiving a crisis system service

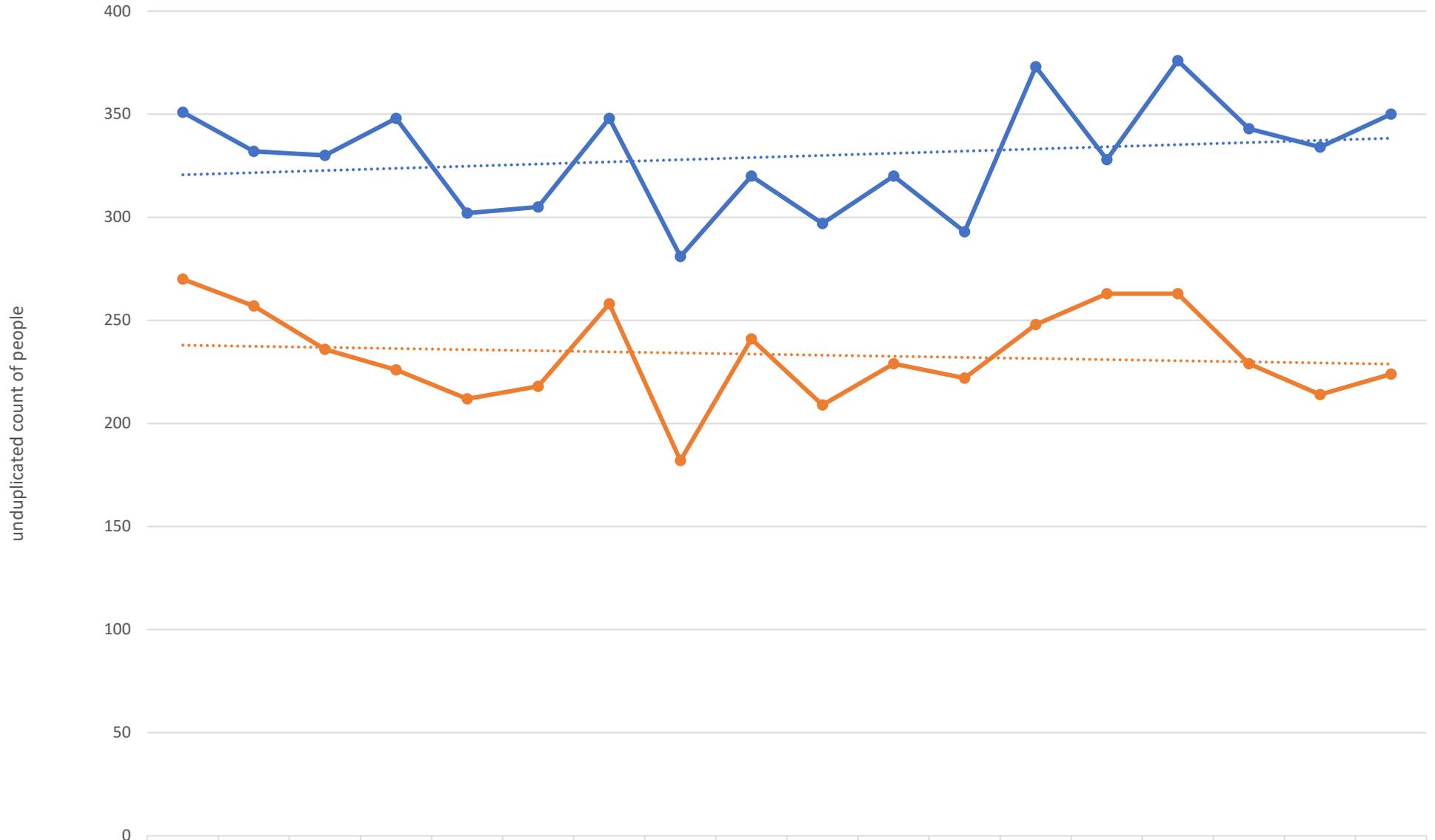


Skagit - Unduplicated People receiving a crisis system service



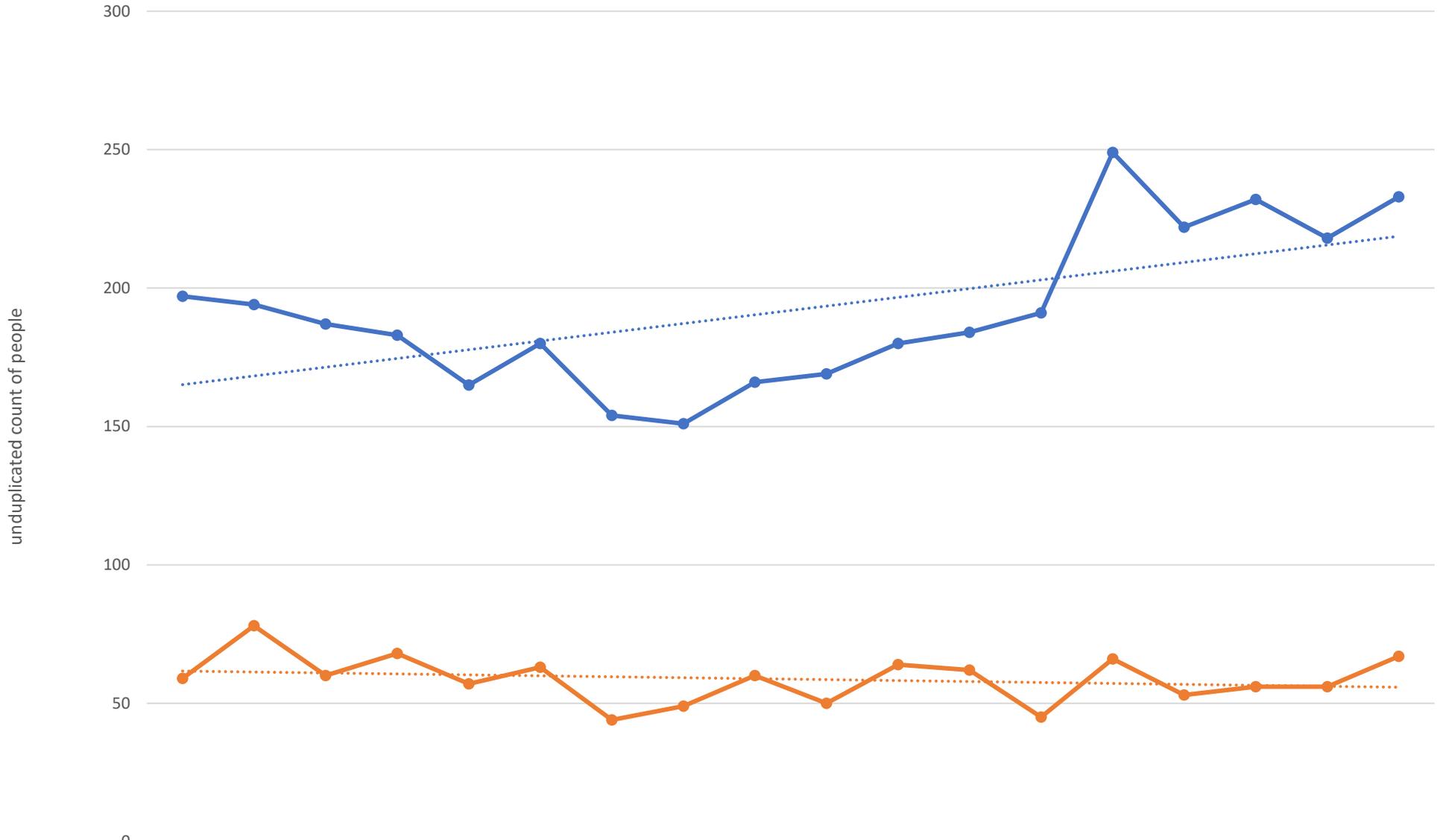
	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22
● Crisis Service	164	140	125	85	71	81	90	108	105	89	116	105	105	108	85	110	87	99
● Investigation	34	30	42	44	36	43	32	38	38	32	38	26	39	39	39	57	33	44

Snohomish - Unduplicated People receiving a crisis system service



	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22
● Crisis Service	351	332	330	348	302	305	348	281	320	297	320	293	373	328	376	343	334	350
● Investigation	270	257	236	226	212	218	258	182	241	209	229	222	248	263	263	229	214	224

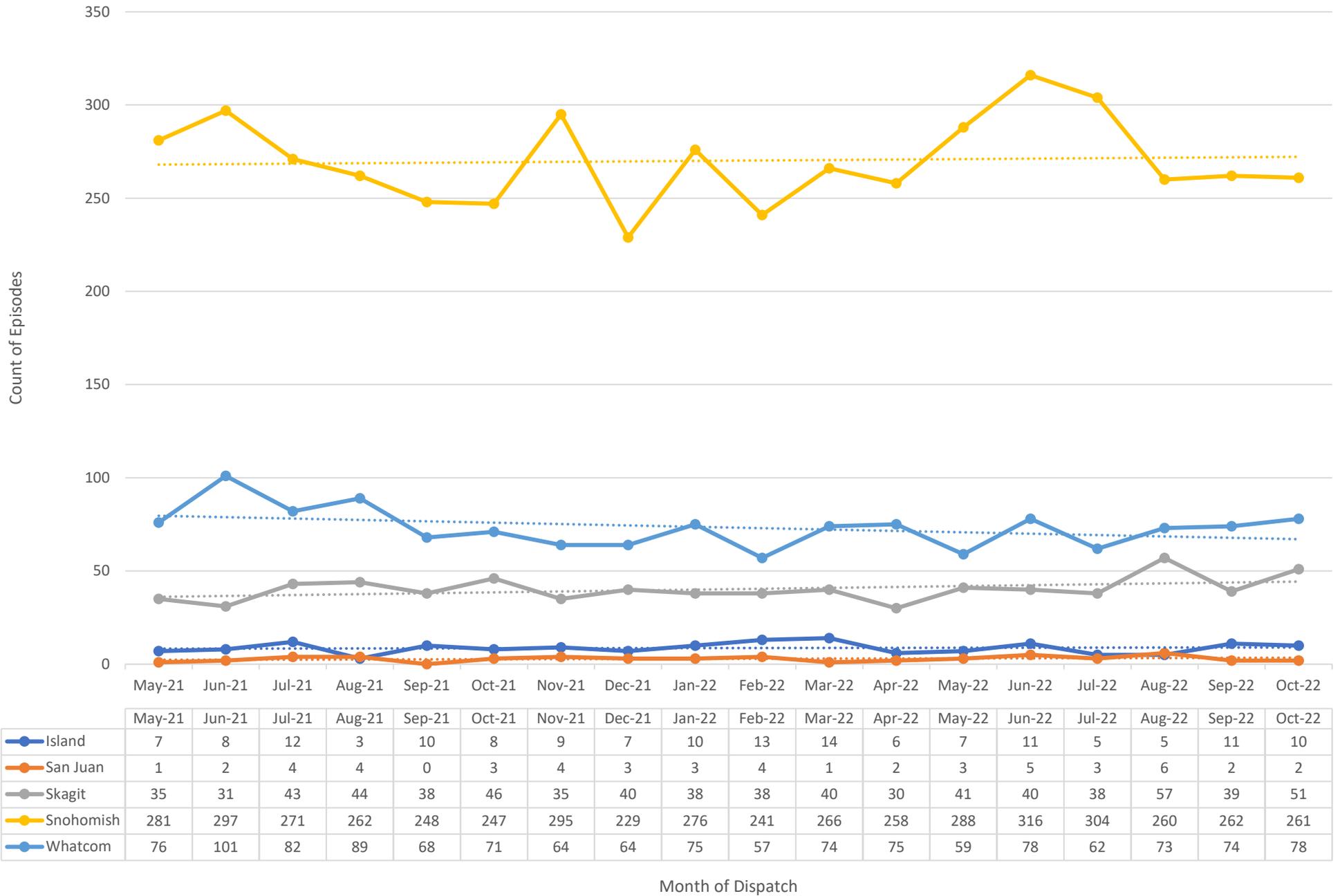
Whatcom - Unduplicated People receiving a crisis system service



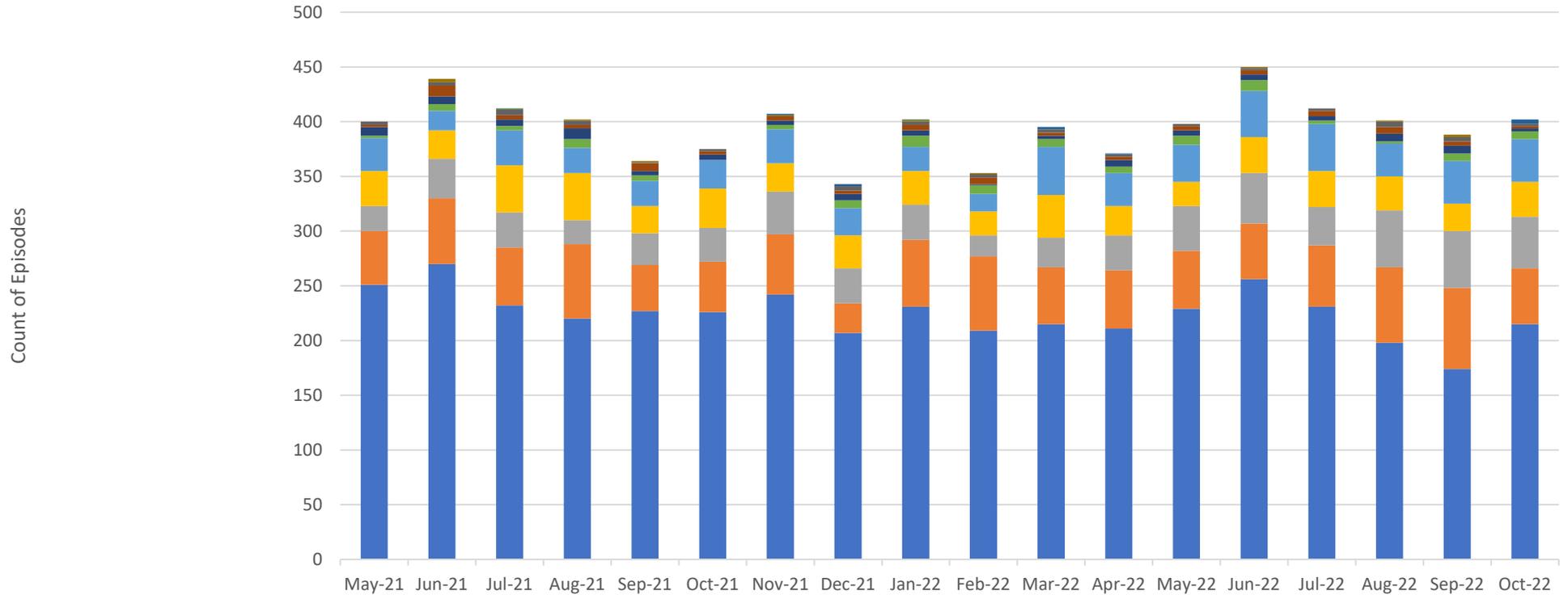
	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22
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● Crisis Service	197	194	187	183	165	180	154	151	166	169	180	184	191	249	222	232	218	233
● Investigation	59	78	60	68	57	63	44	49	60	50	64	62	45	66	53	56	56	67

Region Designated Crisis Responder (DCR) Investigations



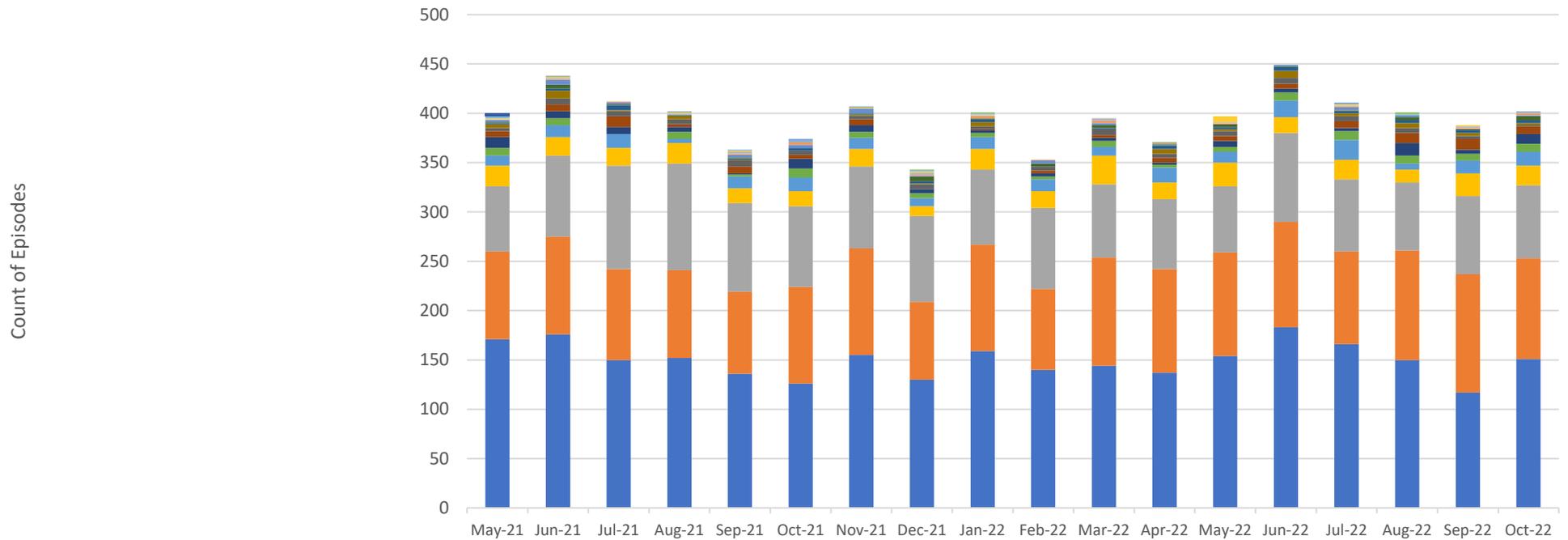
Region DCR Investigation Referral Sources



	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22
Impact Team Law Enforcement Referral	0	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0
School	0	0	0	0	0	0	1	2	0	0	2	1	0	0	0	0	0	4
Referral from MCR to DCR	0	3	0	1	1	0	1	0	1	1	0	0	0	1	0	1	2	0
Community	3	3	5	4	1	2	0	4	3	3	3	2	2	2	2	5	4	2
Social Service Provider	2	10	4	3	7	3	4	3	5	6	3	3	4	4	5	6	4	2
Care Facility	8	7	6	10	4	5	4	6	5	1	3	6	5	5	4	7	7	3
Legal Representative	2	6	4	8	5	0	4	7	10	8	7	6	8	10	3	2	7	7
Professional	30	18	32	23	23	26	31	25	22	16	44	30	34	42	43	30	39	39
Law Enforcement	32	26	43	43	25	36	26	30	31	22	39	27	22	33	33	31	25	32
Other	23	36	32	22	29	31	39	32	32	19	27	32	41	46	35	52	52	47
Family	49	60	53	68	42	46	55	27	61	68	52	53	53	51	56	69	74	51
Hospital	251	270	232	220	227	226	242	207	231	209	215	211	229	256	231	198	174	215

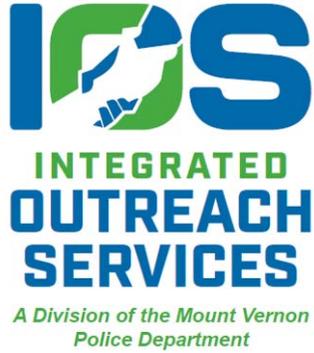
Month of Dispatch

Region DCR Investigation Outcomes



	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22
Referred to chemical dependency residential program	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Petition filed for outpatient evaluation	0	0	0	0	0	0	0	1	1	0	0	1	0	0	0	2	0	0
Referred to chemical dependency inpatient program	2	1	0	1	1	3	1	1	1	0	0	0	0	0	2	1	0	1
Referred to acute detox	1	1	0	1	1	0	1	1	1	0	0	0	6	0	1	0	1	0
Referred to chemical dependency intensive outpatient program	1	1	0	1	2	0	0	2	1	0	3	0	1	0	1	0	2	1
Referred to sub acute detox	0	1	1	0	1	3	0	1	2	1	2	1	1	0	1	0	1	2
Detention to Secure Detox facility (72 hours as identified under 71.05)	2	5	2	1	3	3	5	1	0	3	2	1	0	1	3	2	0	1
No detention - E&T provisional acceptance did not occur within statutory timeframes	1	4	1	1	1	0	1	5	1	3	3	1	3	1	1	3	1	4
Filed petition - recommending LRA extension.	1	2	5	0	1	3	1	2	3	0	1	3	2	4	2	3	3	3
No detention - Unresolved medical issues	4	8	1	3	1	0	1	1	4	0	0	5	2	7	3	5	3	2
Referred to crisis triage	3	6	5	5	6	4	3	5	3	4	6	4	5	6	5	5	3	1
Non-emergent detention petition filed	6	7	11	3	7	4	6	0	1	3	3	5	5	5	7	10	11	8
Referred to non-mental health community resources.	11	7	7	5	1	10	7	4	3	3	3	2	6	4	3	13	4	10
Returned to inpatient facility/filed revocation petition.	8	7	0	7	2	9	6	5	4	3	6	3	5	8	9	8	7	8
Did not require MH or CD services	10	12	14	4	12	14	11	8	12	12	9	15	11	17	20	6	13	14
Referred to voluntary inpatient mental health services.	21	19	18	21	15	15	18	10	21	17	29	17	24	16	20	13	23	20
Other	66	82	105	108	90	82	83	87	76	82	74	71	67	90	73	69	79	74
Referred to voluntary outpatient mental health services.	89	99	92	89	83	98	108	79	108	82	110	105	105	107	94	111	120	102
Detention (72 hours as identified under the Involuntary Treatment Act, RCW 71.05).	171	176	150	152	136	126	155	130	159	140	144	137	154	183	166	150	117	151

Month of Dispatch



OUTREACH SERVICES

2022 Accomplishment Highlights

Client Effect

Changed or improved a quality-of-life goal for the individual.

Client I.L.

I.L. has been enrolled in PACT services for many years until this year when he was disenrolled from their program while he was incarcerated. Between 2018 and 2022, I.L. has had 53 arrestable contacts, 72 warrants, been formally trespassed from Mount Vernon businesses 64 times, and has been in jail at least 31 times. This year alone, he has been contacted by the police for welfare checks/vagrancy issues at least 70 times. He has been trespassed from every hotel in Skagit Valley and has been evicted from several apartments. As he continued to deteriorate while living on the streets, MVPD and the Outreach Coordinator (OC) received many calls to help him. In August 2022, his safety and health were of great concern, MVPD began to plan how to obtain an involuntary detention for him. Because he is known throughout the crisis mental health system and the local emergency department, every time he is seen, he's evaluated for how close to his "baseline" he is. Most of the time, he is released quickly either by the ED staff or the DCRs. In August of this year, we asked the County Health Department to help us develop a plan for his care. North Sound ASO, his managed care organization and MVPD joined forces. We developed a timeline for I.L. to be hospitalized with a plan for staying in a 90-day bed in another hospital and, eventually, discharging to a different PACT program. This effort took the involvement of law enforcement, the civil commitment court, the County prosecutor, SVH psychiatrist and staff, his MCO, and North Sound E&T. He is currently in a 90-day placement through the end of November. This is the longest time that he has received consistent care.

Client E.T.

E.T. is a Developmental Disabilities Administration (DDA) client. The only service provider in this area disenrolled him from services last year. Subsequently, DDA found one caregiver to assist E.T. At the time, E.T. was refusing to take his medications. This led to E.T. becoming combative and uncooperative. The caregiver quit; DDA had not found anyone to replace him. E.T. is known to the people without homes in our downtown area and a homeless couple moved into his apartment. At first, because E.T. was very lonely, he allowed this. Eventually the couple forbade E.T. from returning to his own home; he became himself to be homeless. Many 911 calls were generated about him. Because he didn't have

access to his home or medications, his negative behaviors increased. He was banned from many places in Mount Vernon, including Skagit Transit and incurred some legal problems too He has now agreed to move to any other part of Washington State to be able to have services and a new home. OC staff visited him every weekday to offer support, take him grocery shopping, help him reestablish his volunteer position at the Senior Center and ask the numerous other homeless people to leave his apartment when they have stayed overnight, and E.T. requests their eviction. We had to involve a MVPD Lieutenant in the coordination with Developmental Disabilities Administration (DD) and the Omsbud for DDA to obtain the cooperation of DDA leadership to find E.T. a more appropriate living situation. These efforts occurred between January 3, 2022, and June 22, 2022.

Client R.W.

R.W. is an individual that we classify as having a history of being one of the higher utilizers of 911 services in Skagit County. He has been banned from every hotel except one in the Skagit Valley, the First Steps Shelter and was a high utilizer of inappropriate ER services in both UGH and SVH. He became homeless when his family (mother, father and sister) all moved into a skilled nursing facility. R.W. was then banned from their home. He was invited into the Bridges Program at the Best Western Plus but was soon asked to leave due to some behaviors and high medical care needs. OC staff was able to work him into another motel sheltering program a few months ago and OC staff was providing the case management coordinating with Development Disabilities Administration, NW Regional Council, Skagit Regional Clinics, Take Aim, Development Disabilities Administration and Ombuds for DDA. He had contact with the OC staff 4 times per week. These efforts occurred between May 21, 2022, and October 21, 2022, when he moved to an adult family home in Snohomish County for a more permanent solution.

Providing Law Enforcement Based Outreach Services

Provide an alternative response to service calls historically handled by police.

Bridges Hotel Program began in February 2022. We have invited 17 people from Mount Vernon into the program over the course of its existence. One person passed away and seven of the individuals were asked to leave to be replace by others. We now have 14 people in 10 rooms. Throughout this time, OC staff have visited the hotel at least 3x/week. 2 people have completed all three Housing Authority's applications, several were connected to physical and behavioral health providers. Five have demonstrated ongoing, consistent reticence to connect to our Outreach Program or any other services. One is a graduate of Pioneer Center North, two are active in Drug Court. Erin receives at least 10 inquiries/week since March about this program.

4 people connected to SUDs services

3 people connected to mental health services

1 family of four returned to their home in Montana.

4 people located and connected to their 90 stay at First Steps.

15 law enforcement drop offs to First Steps.

1 person connected to Safe Parking

25 Housing Assessments completed

46 identification cards and/or drivers licenses obtained.

Systemic Effect - Behavioral health care for individuals coming through LE system

Improved ability to access behavioral health care/address systemic issues that create barriers.

Outreach Coordinator has been participating in various larger scale improvement projects, including the Skagit County's NorthStar Project, the Community Action's Recovery Navigation policy stakeholder group, and the Outreach Provider meetings, participating in the creation of a 2 day Recovery Services workshop, and collaborating with Seattle Times mental health project journalists to highlight some of the challenges this area faces.