



**BOARD OF DIRECTORS
MEETING AGENDA**

**September 12,
2019**

Board of Directors Members present:

North Sound Behavioral Health Organization Administrative Services (ASO) staff present:

Guests present:

1. **Call to Order and Introductions** – Chair Johnson
2. **Revisions to the Agenda** – Chair Johnson
3. **Approval of the July 12th 2019, Minutes**, (no meeting in August) **Motion #19-47** – Chair Johnson.....**Tab 1**
4. **Comments & Announcements from the Chair**
5. **Reports from Members**
6. **Comments from the Public**
7. **Report from the Advisory Board**.....(Available at Meeting).....**Tab 2**
8. **Correspondence**.....(Available at Meeting).....**Tab 3**
9. **Ombud’s Presentation**; Boone Sureepisarn and Katelyn Morgan ...(Available at Meeting).....**Tab 4**
10. **Compliance Report**; Charles DeElena.....(Available at Meeting).....**Tab 5**
11. **RCW 43.160.040 Conflicts of Interest—Code of Ethics**.....**PLEASE FILL OUT & RETURN TO JOANIE****Tab 6**
12. **Report from the Executive Director**(Available at Meeting).....**Tab 7**
 - **Crisis Services Budget Projection**.....(Available at Meeting).....Red Tab
 - **Early Warning Report**.....(Available at Meeting).....Blue Tab
13. **Report from the Finance Officer**(Available at Meeting).....**Tab 8**

14. **Report from the Governance Operations Committee**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

- To review and approve the North Sound Behavioral Health **Administrative Services Organization** (ASO) claims paid from August 1, 2019, through August 31, 2019 in the amount of **\$273,499.23**. Payroll for the month of August in the amount of **\$164,311.14** and associated employer benefits in the amount of **\$64,667.86**.
- To review and approve the North Sound **Behavioral Health Organization** claims paid from August 1, 2019, through August 31, 2019 in the amount of **\$4,885,955.80**.

Consent Agenda for the BHO and the ASO – Jill Johnson – Motion #19-48 Tab 6

15. Action Items

For Executive Committee Approval

Mental Health Block Grant (MHBG)

Summary:

Family Haven (Tulalip Tribes) is an At-Risk Tribal Youth Outreach program designed to engage youth that have left the home, dropped out of school and are struggling with a mental illness or a co-occurring disorder.

Motion #19-49

- North Sound BH-ASO-Family Haven-MHBG-19-20 provides the funding for the Family Haven at Risk Tribal Youth outreach program in the amount of **\$74,850** with a term of July 1, 2019 through June 30, 2020.

Telecare

Summary:

Telecare is providing the Peer Bridger Program for the region. The Peers work at Western State Hospital helping individuals who are discharging connect with resources, housing, treatment and transportation among a host of other supports they may need once discharged.

Motion #19-50

- North Sound BH-ASO-Telecare Corp.-MHBG-19-20 provides the funding for the Peer Bridger program in the amount of **\$240,000** with a term of July 1, 2019 through June 30, 2020.

Compass Health Triage

Summary:

Compass Health Triage implemented 24x7 nursing staff in the Triage facility during the period of January 1, 2019 through June 30, 2019. This motion adds the additional funds of \$135,000 to the contract to cover the costs of the nursing services for said period. Financial liabilities survive the expiration of the contract, the additional funding of \$135,000 is BHO closeout funds.

Motion #19-51

- North Sound BHO-Compass Health-Triage-16-18 Amendment 6 to provide funding in the amount of \$135,000 for nursing services in the Triage Centers in Snohomish and Whatcom Counties for a new maximum consideration of \$5,478,588 with the term of April 1, 2016 through June 30, 2019.

For Executive Committee Ratification**Health Care Authority (HCA)****Summary:**

The HCA ASO contract is providing the funding July 1, 2019 through December 31, 2019 for the following programs:

- Non-Medicaid Crisis Services
- ASO Reserves
- Designated Marijuana Account
- Criminal Justice Treatment Account
- Program for Assertive Community Treatment
- Ombuds Services
- E&T Discharge Planners
- Jail Transition Services
- 6032 Behavioral Health Enhancements funds
- Juvenile Drug Court
- Advisory Board

The HCA ASO contract also provides FY 2020 Federal Block Grant funds, Peer Bridger and Family Youth System Partnership Roundtable (FYSPRT) funding for the period of July 1, 2019 through June 30, 2020. We anticipate an amendment extending the contract on or before January 1, 2020.

Motion #19-52

- Health Care Authority-North Sound BH-ASO-K3185-19 to provide funding in the amount of \$14,937,493; \$7,162,419 in Non-Medicaid funds for six months, \$4,709,918 in Federal Block Funds, Peer Bridger and FYSPRT for 12 months and \$3,065,156 in ASO reserve funds for 12 months. The term of the contract is July 1, 2019 through December 31, 2019.

Housing and Recovery through Peer Supports (HARPS)

Summary:

HCA is providing the HARPS team and subsidy funds for the Compass Health team in Snohomish County. Island, San Juan, Skagit and Whatcom counties receive a portion of the subsidy funding for individuals residing and/or moving to their county, Snohomish County has opted to provide their portion of HARPS funding to the HARPS team.

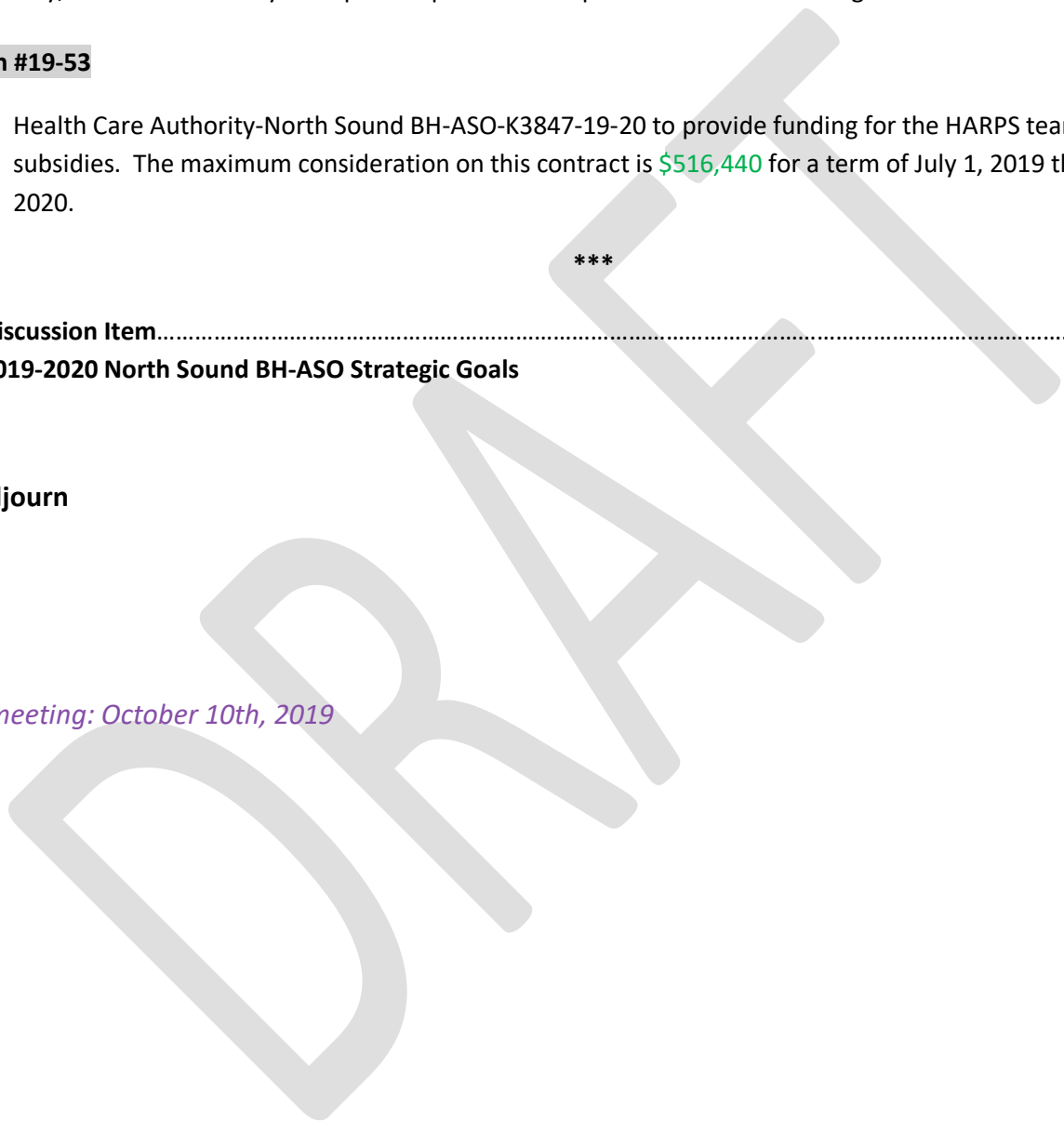
Motion #19-53

- Health Care Authority-North Sound BH-ASO-K3847-19-20 to provide funding for the HARPS team and HARPS subsidies. The maximum consideration on this contract is \$516,440 for a term of July 1, 2019 through June 30, 2020.

16. Discussion Item.....Tab 7
2019-2020 North Sound BH-ASO Strategic Goals

17. Adjourn

Next meeting: October 10th, 2019





NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

BOARD OF DIRECTORS MEETING MINUTES

July 11, 2019

Board of Directors Members present:

- Jill Johnson, North Sound Behavioral Health Organization (BHO) CAEC Chair; County Commissioner, Board of Island County
- Regina Delahunt, Whatcom County Health Department Director; designated alternate for Jack Louws, County Executive
- Pat O'Maley Lanphear, North Sound BHO Advisory Board (AB) Chair
- Darcy Cheesman, Snohomish County Council Legislative Aid; designate alternate for Sam Low, County Council Member
- Anne Deacon, Whatcom County Human Services Manager, County Coordinator; designated alternate for Rud Browne
- Julie de Losada, Public Health Analyst, Division Manager, Prevention and Community Health Partnerships, Skagit County Public Health; designated alternate for Ken Dahlstedt, Skagit County Commissioner
- Nicole Gorle, Legislative Analyst; Snohomish County, designated alternate for Stephanie Wright, Snohomish County Council
- Barbara LaBrash, San Juan County Coordinator; designated alternate for Jamie Stephens, San Juan County Council Member
- Carola Schmid, Human Resources, designated alternate for Dave Somers

North Sound Behavioral Health Organization Administrative Services (BH-ASO) staff present:

- Joe Valentine, Executive Director, North Sound BH-ASO
- Maria Arreola, Administrative Assistant, North Sound BH-ASO
- Lisa Hudspeth, Administrative Assistant III, North Sound BH-ASO (standing in for Charles DeElena, Compliance Officer)
- Bill Whitlock, Fiscal Officer, North Sound BH-ASO

Guests present:

No guests were present

Call to Order and Introductions – Chair Johnson

The Chair called the meeting to order and initiated introductions

Revisions to the Agenda – Chair Johnson

No revisions were requested

Approval of the June 13th, Minutes, Motion # 19-37 – Chair Johnson

Darcy Cheesman moved the motion for approval, Anne Deacon seconded, all in favor, motion #19-37 carried

Comments & Announcements from the Chair

Jill Johnson welcomed the Board Members. She noted this is the first meeting since the Behavioral Health Organization transitioned into its new role of an ASO

Reports from Members

- **Snohomish County:** Carola Schmidt: voluntary crisis services are being implemented
- **Whatcom County:** Anne Deacon stated a construction bid was received for the Whatcom Stabilization Facility. The Ground-level Response and Coordinated Engagement (GRACE) program is fully staffed. Out of 110 people served, 25 have graduated.
- **Skagit County:** Julie DeLosada stated on June 19th the county hosted the state Senate Behavioral Health Subcommittee Meeting along with a roundtable discussion. The topics discussed included issues currently happening in the new system transition. Adequate funding for the crisis system was discussed, Involuntary Treatment Act (ITA) hearing costs, flexible general funds, (to ensure the ASO is able to serve all individuals not just those on Medicaid). In August, the Essential Public Facilities hearing for the stabilization campus in Sedro Woolley will take place.
- **San Juan County:** Barbara LaBrash stated the drug court is up and running. A small jail transition services plan is being worked on for the detention facility in Friday Harbor. The idea is to have a staff member from Compass Health be available to reach out to those who have behavioral health needs.

Comments from the Public

No comments were made from the public

Report from the Advisory Board

Pat O/Maley Lanphear, Chair of the North Sound Advisory Board, gave the monthly report. Below are the topics:

- July 9th, Annual Advisory Board Retreat/Advocacy in the new system, support of the Managed Care Organizations and the 2019-2020 Workplan
- Open Panel Discussion/United Healthcare, Molina, Coordinated Care and Community Health Plan of Washington

Report from the Executive Director

- **Compliance Training**
 - Lisa Hudspeth reported on behalf of Charles DeElena, North Sound BH-ASO Compliance Officer. She stated the Board Members and designated alternates are required to complete the Center for Medicaid/Medicare Services (CMS) training. Lisa will be sending out an email to all board members and their designated alternates with the training materials attached. Lisa requested the training be completed by the September 12th Board of Directors meeting. It was advised to sign the attestation form when the training is complete and turn the form during the September 12th meeting (or send it via email to Lisa or Charles).
- **Executive Director's Report**
 - Joe Valentine gave the Executive Director's Report and spoke on the following topics:
 - Transition to Integrated Care
 - a) BH-ASO Contract
 - b) Institution for Mental Diseases (IMD) Audit
 - c) Integrated Care Planning
 - d) BH-ASO Budget Model
 - e) Provider Readiness
 - f) Communications
 - Behavioral Health Facilities Update
 - North Sound BH-ASO Facility Changes

Report from the Finance Officer

Bill Whitlock gave the financial report and answered questions from the board members.

Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.

To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from June 1st, 2019, through June 30th, 2019 in the amount of **\$19,952,132.57**. Payroll for the month of June in the amount of **\$250,968.60** and associated employer benefits in the amount of **\$148,228.48**.

Consent Agenda – Jill Johnson – Motion #19-38

Barbara LaBrash moved the motion for approval, Julie De Losada seconded, all in favor, motion #19-38 carried

Action Items

For Executive Committee Approval

Authorized Signatories

Summary:

Some of the previous signatories are no longer employed, we need to identify new signatories to ensure we have a sufficient number.

Motion #19-39

- To approve adding Darren Martin, IS/IT Manager, as a signing authority (replacing Sharon Toquinto) and Michael McAuley, Clinical Manager, (replacing Elizabeth Kruse), on North Sound BH-ASO's accounts at Skagit County Auditor's Office, Skagit County Treasurer's Office and the bank accounts at Skagit State Bank for: Petty Cash, Advanced Travel and the employee Flexible Spending Account.

The designated North Sound BH-ASO signatories shall have the authorization privileges for disbursements over Petty Cash, Advanced Travel and Flexible Spending accounts, vouchers, payroll and investing. Other authorized signors remain the same: Joe Valentine, Executive Director and Margaret Rojas, HR/Contracts Manager.

Regina Delahunt moved the motion for approval, Anne Deacon seconded, all in favor, motion #19-39 carried

Crisis Services

Summary:

To provide funding to Compass Health and Snohomish County Human Services for Mobile Outreach Crisis Services. They will earn the Mental Health and Substance Abuse Block Grant funds by submitting eligibility criteria and earn Medicaid funds by submitting Medicaid encounters. The Medicaid estimate is based on a baseline of 25% of outreaches being Medicaid reimbursable.

Motion #19-40

- To approve a six (6) month budget for Compass Health Crisis Services in the amount of \$1,792,799 State Funds, \$119,820 in Mental Health Block Grant Funds, \$228,000 in Substance Abuse Block Grants Funds and \$711,727 in Medicaid Funds.

Anne Deacon moved the motion for approval, Barbara LaBrash seconded, all in favor, motion #19-40 carried

Motion # 19-41

- To approve a six (6) month budget for Snohomish County Crisis Services in the amount of \$951,002 State Funds, \$195,495 in Mental Health Block Grant Funds, \$372,000 in Substance Abuse Block Grants Funds and \$494,479 in Medicaid Funds.

Anne Deacon moved the motion for approval, Barbara LaBrash seconded, all in favor, motion #19-41 carried

Crisis Line**Summary:**

To provide funding for Volunteers of America for the toll-free crisis hotline and the crisis outreach dispatch.

Motion #19-42

- To approve a six (6) month budget for Volunteer of America 24-hour Crisis Hotline in the amount of \$582,864.50 in State Funds and \$278,087.50 in Medicaid Funds.

Volunteers of America (VOA)

- Toll Free Crisis Hotline
- Crisis Outreach Dispatch

Anne Deacon moved the motion for approval, Regina Delahunt seconded, all in favor, motion #19-42 carried

Housing and Recovery through Peer Services (HARPS)**Summary:**

This contract funds the HARPS team with Mental Health Block Grant Funds and HARPS subsidies with Department of Commerce and General State funds.

Motion #19-44

- North Sound ASO-Compass Health-HARPS-19 to fund the program in the amount of \$95,220 in Mental Health Block Grant Funding, \$118,122 in General State Funding and \$81,302 Department of Commerce funding for a maximum consideration of \$294,644 with a term of July 1, 2019 through December 31, 2019.

Anne Deacon moved the motion for approval, Barbara LaBrash seconded, all in favor, motion #19-44 carried

County Interlocal and Integrated Care Network Contracts

Summary:

The San Juan and Skagit County Interlocal contracts listed below are presented for approval for Jail Transition, Dedicated Marijuana Account, HARPS subsidies and Criminal Justice Treatment Account Services (San Juan County only).

The Island, Snohomish and Whatcom County Integrated Care Network (ICN) contracts listed below are being amended for approval of the budgets for Jail Transition, Dedicated Marijuana Account, HARPS subsidies and Opiate Outreach services.

Motion# 19-45

- North Sound ASO-Island County-ICN-19 Amendment 1 in the amount of \$11,194.05 for Jail Transition Services, \$35,489 for Dedicated Marijuana Account services, \$53,126 for Opiate Outreach services and \$8,561 in HARPS subsidies for a maximum consideration of \$108,370.05 with a term of July 1, 2019 through December 31, 2109
- North Sound ASO-San Juan County-Interlocal-19 in the amount of \$11,194.05 for Jail Transition Services, \$2,096.00 for Criminal Justice Account Services, \$35,489 for Dedicated Marijuana Account services and \$1,715 in HARPS subsidies for a maximum consideration of \$50,494.05 with a term of July 1, 2019 through December 31, 2109
- North Sound ASO-Skagit County-Interlocal-19 in the amount of \$22,860.33 for Jail Transition Services, \$35,490 for Dedicated Marijuana Account services and \$12,714 in HARPS subsidies for a maximum consideration of \$71,064.33 with a term of July 1, 2019 through December 31, 2109.
- North Sound ASO-Snohomish County-ICN-19 Amendment 1 in the amount of \$100,508.48 for Jail Transition Services, \$142,459 for Dedicated Marijuana Account services and \$60,000 for Opiate Outreach services for a maximum consideration of \$302,967.48 with a term of July 1, 2019 through December 31, 2109.
- North Sound ASO-Whatcom County-ICN-19 Amendment 1 in the amount of \$34,195.09 for Jail Transition Services, \$41,719 for Dedicated Marijuana Account services, \$58,864 for Opiate Outreach services and \$21,888 in HARPS subsidies for a maximum consideration of \$156,666.09 with a term of July 1, 2019 through December 31, 2109

Anne Deacon moved the motion for approval, Darcy Cheesman seconded, all in favor, motion #19-45 carried

Pregnant and Parenting Women (PPW) Housing Supports

Summary:

The contracts below are being amended to provide the budgets for PPW Housing funds through December 31, 2019.

Motion #19-46

- North Sound ASO-Brigid Collins-ICN-19 Amendment 1 to provide \$50,000 in Substance Abuse Block Grant Funding with the term of July 1, 2019 through December 31, 2019.
- North Sound ASO-Catholic Community Services-ICN-19 Amendment 1 to provide \$95,000 in Substance Abuse Block Grant Funding with the term of July 1, 2019 through December 31, 2019.
- North Sound ASO-Evergreen Recovery Centers-ICN-19 Amendment 1 to provide \$30,000 in Substance Abuse Block Grant Funding with the term of July 1, 2019 through December 31, 2019

Regina Delahunt moved the motion for approval, Anne Deacon seconded, all in favor, motion #19-46 carried

For Executive Committee Ratification

North Sound ASO Mission, Vision and Values Statement

Summary:

The North Sound BHO/CAEC approved the North Sound BHO's Mission, Vision and Values Statement on 11/10/2016, via motion #16-96.

The 2016 approved version incorporated the input of the committee members.

North Sound Behavioral Health Administrative Services Organization's name was added on 7/1/2019, with no revisions.

Motion #19-43

- To approve the North Sound ASO Mission, Vision and Values Statement as written.

Barbara LaBrash moved to approve the motion, Julie de Losada seconded, all in favor, motion #19-43 carried

Adjourn 2:46 p.m.

Next meeting: September 12th, 2019 (No meeting in August; summer break)

1. Fully Operationalize the HCA-BH ASO Contract

- Operationalize all ASO contract requirements
- Prepare for 6-month post-implementation review
- Secure our role as the BH-ASO for North Sound in the future

2. Support Continuous Improvement of the Crisis Services System

- Support our 3 contracted Crisis Services Agencies in a process of continuous improvement of the Crisis Line and the integrated Mobile Crisis Mobile Outreach Teams
- Develop care coordination protocols to improve coordination between the BH ASO, Crisis Services, the Medicaid Integrated Care network
- Rebuild the Medicaid funding base for Crisis Services
- Develop Tribal Coordination agreements to improve coordination of crisis services to Tribal members

3. Effectively Manage Other Non-Medicaid Funded Programs

- Strengthen oversight of and evaluate the effectiveness of non-Medicaid funded programs, such as: HARPS, DMA, Jail Transition Services, Opioid Outreach, Opioid Treatment, etc.
- Develop new strategies to support the discharge of non-Medicaid persons from Western State Hospital

4. Support Regional Planning for Behavioral Health Services

- Support system planning activities: Interlocal Leadership Structure [ILS], Joint Operating Committee [JOC], Early Warning Workgroup, Provider Forums
- Support and actively push for improved care coordination between Crisis Services and Medicaid behavioral health services and MCOs
- Support the “Capacity Building” discussions at the Interlocal Leadership Structure, including support for the new behavioral health facilities the counties are developing
- Continue to actively support and work with NSACH to implement previously identified goals and strategies for Opioid addiction reduction and prevention

5. Support Advocacy for Funding and Strategies to meet the Behavioral Health Needs of All At-Risk North Sound Persons

- Continue to act as the joint voice for the North Sound Counties regarding the behavioral health service needs of their citizens
- Support the Advisory Board in their advocacy work
- Join with Counties and Other BHOs/ASOs in advocating for better funding for non-Medicaid services
- Act as another forum for behavioral health providers to bring their concerns to
- Explore new funding sources to support other behavioral health services