



Board of Directors

Meeting Minutes

December 8th, 2022

Board of Directors Members Present in Person:

- **Peter Browning**, Commissioner; Skagit County, Board Chair
- **Jill Johnson**, Commissioner, Island County
- **George Kosovich**, Public Health, designated alternate for Peter Browning, Commissioner; Skagit County
- **Cammy Hart-Anderson**, Human Services, designated alternate for Dave Somers; County Executive, Snohomish County

Board of Directors Members Present Virtually:

- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Perry Mowery**, Behavioral Health Supervisor, designated alternate for Satpal Sidhu, County Executive; Whatcom County
- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Chair
- **Nicole Gorle**, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, Snohomish County Council
- **Darcy Cheeseman**, Legislative Aid to Council Member, Sam Low, Snohomish County

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Charles DeElena**, Business Improvement Manager, Compliance Officer, North Sound BH-ASO
- **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

Guests Present:

Karen Frakes (via Zoom)

Jason Cummings (in person)

Call to Order and Introductions – Chair

Chair Browning called the meeting to order and initiated introductions of members, guests and ASO staff that were present via Zoom as well as in person

Revisions to the Agenda – Chair

There was a request to move up the Introduction Item located at the bottom of the agenda (*Proposal to Authorize the NS BH-ASO to provide specified administrative support to the new North Sound Regional Opioid Abatement Council*)

Jason Cummings attended in person. There was an additional PA who called in via Zoom at 2:00 (Karen).

Approval of the November 10th, 2022, Minutes, Motion #22-63 – Chair

Cammy Hart-Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, Motion #22-63 carried

Comments & Announcements from the Chair

There were no comments or announcements from the Chair

Reports from Members

Members gave updates from their respective counties

Comments from the Public

There were no comments from the public

Report from the Advisory Board

Pat O'Maley Lanphear, Advisory Board Chair, gave the report from the Advisory Board

Report from the Finance Officer

Joe Valentine gave the Report from the Finance Officer and answered questions from Board members

Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda

Motion #22-64

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from November 1st, through November 30th, in the amount of \$3,779,154.08.
- Payroll for the month of November in the amount of \$166,743.19 and associated employer benefits in the amount of \$73,072.64.

Cammy Hart-Anderson moved the motion for approval, Jill Johnson seconded, all in favor, motion #22-64 carried

Action Items

For Board Approval

North Sound BH-ASO 2023 Recommended Operating BudgetAttachment

https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Proposed%202023%20Budget_with%20COLA_final.pdf

▪ **Motion: #22-65**

To approve the North Sound BH-ASO 2023 Operating Budget

Jill Johnson moved the motion for approval, Cammy Hart Anderson seconded, all in favor, motion #22-65 carried

North Sound Re-Stated Interlocal Agreement

▪ **Motion: #22-66**

The North Sound BH-ASO attorney will draft and submit to the member counties a proposed amendment to paragraph 7.7 of the Restated Interlocal Agreement allowing Board members to attend and vote at Board meetings by video conference or otherwise acceptable electronic means

It was noted that this motion will be voted on during the January 2023 meeting.

Cindy Wolf moved the motion for approval, Jill Johnson seconded, all in favor, motion # #22-66 carried

Contracts

The contracts below fall into four distinct categories:

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2023, through December 31, 2023, the contract term is January 1, 2023, through December 31, 2025.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)

- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/Federal Block Grant (Mental health and Substance use) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority

- K- is providing the GF-S funding for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant funds for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

Motion #22-67

- HCA-NS BH-ASO-K-- providing the ASO GF-S funding and legislative provisos for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant Funding for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

Cammy Hart Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-67 carried

GF-S Mandatory Services

The following contracts are providing mandatory/proviso behavioral health services.

- Compass Health
 - Mobile Crisis Outreach, Child/Youth Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services (E&T) Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - PACT
- Evergreen Recovery Centers
 - Homeless Outreach Stabilization Team (HOST)
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #22-68

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an

automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Perry Mowery seconded, all in favor, motion #22-68 carried

Federal Block Grant (FBG)) Priority Services

The following contracts are providing priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach

- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team and Skagit & Whatcom HARPS subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #22-69

- NS BH-ASO-Brigid Collins-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Jill Johnson seconded, all in favor, motion #22-69 carried

GF-S/Federal Block Grant Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services
- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services

- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services
- Whatcom County
 - Co-responder project
- WCHS-Bellingham Treatment Solutions
 - Medication Assisted Treatment (MAT)

Motion #22-70

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-WCHS-Bellingham Treatment Services-ICN-23-25 to provide the funding for Medication Assisted Treatment services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-70 carried

Introduction Item

Proposal to Authorize the NS BH-ASO to provide specified administrative support to the new North Sound Regional Opioid Abatement Council (OAC)

Discussion took place regarding the above topic. Jason Cummings brought a draft version of the Memorandum of Understanding (MOU) between the North Sound Region Participating Local Governments and North Sound BH-ASO. There was a request for minor revisions and clarity in certain areas of the MOU. Jason said he would make the revisions and send it out to the Board Members.

Report from the Executive Director

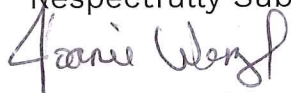
Joe Valentine gave the Report from the Executive Director and referenced the following topics included in the report:

- NORTH SOUND BEHAVIORAL HEALTH NEEDS ASSESSMENT
- CLOSURE OF PIONEER CENTER NORTH
- EXTENSION OF COVID RELIEF FEDERAL BLOCK GRANT FUNDS EXPENDITURE PERIOD
- CRISIS SERVICES UPDATE
- UPDATE ON BALANCED BILLING ACT – HB 1688
- BEHAVIORAL HEALTH SERVICES COORDINATING COUNCIL -DISCUSSION ON NETWORK ADEQUACY
- UPDATE ON WORKFORCE DEVELOPMENT STRATEGIES
- MOUNT VERNON POLICE CO-RESPONDER PROJECT
- NEW NORTH SOUND BH-ASO FISCAL APPOINTMENT
- END OF STATE COVID EMERGENCY ORDER

Adjourn: 2:35 p.m.

Next Meeting: January 12, 2023

Respectfully Submitted,

A handwritten signature in dark ink, appearing to read "Joanie Wenzl". The signature is written in a cursive, flowing style.

Joanie Wenzl
Clerk of the Board

APPROVED

